

The Geauga senior news



Geauga County Department on Aging

August 2023



Senior Day at the Great Geauga County Fair Friday, September 1st

Geauga County Department on Aging will host a hospitality and refreshment area from 9:00am to 2:00pm.

We will be at the Vernon Howard Pavilion
(located at the south end of the fairgrounds,
across from red anniversary building).

Matter of Balance Classes – 3 Classes Being Offered!

Are you concerned about falling? Interested in improving balance, flexibility, and strength? Falls are preventable, and this class can make a difference! Set realistic goals for staying active, learn how to stay safe at home, complete exercises to increase strength and balance, and learn how to identify/control your fear of falling. Class is free for registered seniors. Space is limited. Sponsored by UH Geauga Medical Center. To register, call Melissa Wheeler at 440-279-2167.

CLASS ONE: August 8th - August 31st – Every Tuesday & Thursday from 1:30-3:30pm.
Ohman Family Living at Briar / 15950 Pierce Street / Middlefield 44062

CLASS TWO: September 11th - October 5th – Every Monday & Thursday from
12:00-2:00pm. West Geauga Senior Center / 8090 Cedar Road / Chesterland 44026

CLASS THREE: September 13th - October 6th - Every Wednesday & Friday from
12:00-2:00pm. Bainbridge Senior Center (Located in the Bainbridge Community United
Church of Christ) / 17751 Chillicothe Road / Chagrin Falls 44023



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Get "Extra Help" With Medicare Part D Prescription Drug Costs!

Extra Help is a Medicare program that helps people with limited income and resources pay Medicare prescriptions drug costs. You may qualify if your monthly income and total resources are below these limits:

**Single: \$1,843/monthly & resources below \$16,660; or
Married \$2,485/monthly & resources below \$33,240.**

**Contact a Geauga Department on Aging Social Worker for assistance with
your application at (440) 279-2130!**

Deadline for the news and information items is the **5th of the month prior to publication.**

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging.
Located at 12611 Ravenwood Dr., Suite 200, Chardon, Oh 44024.

The newsletter is published monthly, and has a circulation of approximately 4,200 hard copy and 700 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130.

BOARD OF COMMISSIONERS

Geauga County Ohio

JAMES W. DVORAK TIMOTHY C. LENNON RALPH SPIDALIERI

Please let us know if you have a change of address.

LEADERSHIP TEAM

Jessica Boalt – Director | Kathy Petrella – Asst. Director

Reba Dykes - Administrative Services Manager

Sandy McLeod – Senior Centers Supervisor | Karen M. Stone – Internal Operations Manager

Platinum Patrons

The Stone Family, in Memory of Dale & Joan Spangenberg

Members of the Newbury Class of 1956

Catherine & Curtis Leary

Dan and Gwenn Brown

Joy Bramley in Memory of Jim Bramley (husband) & Rob Warren (Grandson)

Vince Lisi, in memory of Evelyn Lisi

Adult Day Services

Are you caring for a Geauga County Senior who has beginning stages of dementia?

Are you feeling overwhelmed by the daily responsibilities and could use a break?

If so, then call the Department on Aging's Adult Day Service (ADS) Program. The Adult Day Service staff can care for your loved one in a safe, structured environment, while you take some needed time. The Adult Day Service Program is located at 8090 Cedar Rd, in Chesterland and open Monday through Friday, from 8:30am until 2:30pm. Seniors are greeted as they enter ADS by caring staff members who work with the seniors throughout the day. ADS participants are offered a nutritious lunch, cognitive stimulation, physical exercise and socialization as part of the program. This is not a medically based program, meaning medications are not given and seniors must be able to toilet and feed themselves. ***There is no fee for the ADS Program.***

We will gladly accept donations to help enhance and grow the program. **If you are interested in hearing more about this program, or would like to schedule a visit, call (440) 279-2149 or email vzanella@co.geauga.oh.us.**

**Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?
If you meet the income guidelines below, contact the Geauga Department on Aging at
279-2130 for assistance to apply! Medicare Savings Programs (MSPs)**

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work. Contact the Dept. on Aging worker for more information.

QMB			SLMB			QI		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,235	\$9,090	Single	\$1,478	\$9,090	Single	\$1,661	\$9,090
Married	\$1,664	\$13,630	Married	\$1,992	\$13,630	Married	\$2,239	\$13,630

Contact a Geauga Department on Aging Social Worker for assistance with your Application!

Monthly Highlights

Thursday, August 3rd: Free Lunch and Movie
UH Geauga Age Well Be Well Program.
Call 440-214-3180 to register. 12:00pm. Free.

August 8th—August 31st: Matter of Balance
Every Tuesday and Thursday from 1:30-3:30pm.
Are you concerned about falling? Join this FREE class that includes setting realistic goals for staying active, learning how to stay safe at home, completing exercises to increase strength and balance, and more! Call Melissa at 440-279-2167 to register. Sponsored by UH Geauga.

Wednesday, August 9th: Senior Day Aboard the Good Time III Depart at 10:30am from your pick-up location. Enjoy a relaxing motor coach ride to 9th street pier. You will be served a delicious luncheon buffet on board and entertained with a narrated tour of our historic Cleveland Lakefront. **This event is full!**

Wednesday, August 16th: Learning for a Lifetime Held at Kent State Geauga (14111 Claridon Troy Rd, Burton 44021). Choose from a list of classes to make your own schedule for the day! Our classes cover a wide spectrum of interests and provides you with an opportunity to challenge and invigorate yourself. Registration forms available at your local senior center.

Tuesday, August 22nd: Bike Ride at Presque Isle
Meet at Parking Lot #1 on the right side, just past the Park Entrance Gate for Presque Isle (301 Peninsula Dr, Erie 16505). The ride is 13.5 miles. We will have lunch following at Sard's Restaurant (25 Peninsula Dr, Erie 16505). Please RSVP to Sandy McLeod at 440-279-2137.

Parkinson's Boxing Classes: This class is for seniors diagnosed with Parkinson's whose symptoms are mild to moderate. The goal of this non-contact boxing program is to delay the progression of Parkinson's symptoms. Please call Sandy McLeod at 440-279-2137 for more info.

Balance Exercise Classes: Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person and live on WebEx. Call Melissa Wheeler at 440-279-2167 for more info.

Gauga Cyclists: Every Tuesday. Meet at the Eagles Baseball Field on Park Avenue (Chardon). We will ride on the Maple Highland Trail. You must have your own bike and have transportation to the park. Please wear helmets for safety, carry water, and follow park etiquette. Call Melissa for questions at 440-279-2167. 9:00am.

August 2023

MONDAY		TUESDAY	
			1
Sandy McLeod Senior Centers' Supervisor 440-279-2137 Melissa Wheeler Asst. Senior Centers' Supervisor 440-279-2167		9:00-10:30 Gauga Cyclists OS 10:00-11:00 Strength & Cardio WG & WX 11:00-11:45 Balance Exercise CSC & WX 11:30-12:30 Pedaling for Parkinson's OH 1:00-2:30 Gauga Walkers OS	
	7		8
9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Boxing Class CSC 12:00-12:30 Floor Exercises CSC 12:30-3:00 Diabetes Self- Management Class WG		9:00-10:30 Gauga Cyclists OS 10:00-11:00 Strength & Cardio WG & WX 11:00-11:45 Balance Exercise CSC & WX 11:30-12:30 Pedaling for Parkinson's OH 1:00-2:30 Gauga Walkers OS 1:30-3:30 Matter of Balance Briar	
	14		15
9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Boxing Class CSC 12:00-12:30 Floor Exercises CSC 12:30-3:00 Diabetes Self- Management Class WG		9:00-10:30 Gauga Cyclists OS 10:00-11:00 Strength & Cardio WG & WX 11:00-11:45 Balance Exercise CSC & WX 11:30-12:30 Pedaling for Parkinson's OH 12:30-1:30 Parkinson's Support CSC 2:00-3:00 Diabetes Support Group CSC 1:00-2:30 Gauga Walkers OS 1:30-3:30 Matter of Balance Briar	
	21		22
9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Boxing Class CSC 12:00-12:30 Floor Exercises CSC 12:30-3:00 Diabetes Self- Management Class WG		9:30-1:00 Bike Trip OS 10:00-11:00 Strength & Cardio WG & WX 11:00-11:45 Balance Exercise CSC & WX 11:30-12:30 Pedaling for Parkinson's OH 1:00-2:30 Gauga Walkers OS 1:30-3:30 Matter of Balance Briar	
	28		29
9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Boxing Class CSC 12:00-12:30 Floor Exercises CSC 12:30-3:00 Diabetes Self- Management Class WG		9:00-10:30 Gauga Cyclists OS 10:00-11:00 Strength & Cardio WG & WX 11:00-11:45 Balance Exercise CSC & WX 11:30-12:30 Pedaling for Parkinson's OH 1:00-2:30 Gauga Walkers OS 1:30-3:30 Matter of Balance Briar	

SENIOR COMMUNITY EVENTS

WEDNESDAY	THURSDAY	FRIDAY
2 9:30-11:00 Parkinson's Boxing CSC 11:30-12:30 Book Discussion GW	3 9:00-10:30 Walking for Wellness OS 10:00-11:00 Strength & Cardio WG & WX 12:00-2:30 Lunch & Movie WG 2:00-3:00 Pedaling for Parkinson's OH	4 9:30-11:00 Parkinson's Boxing CSC 11:15-12:00 Balance Exercise CSC & WX
9 NO PARKINSON'S BOXING TODAY 10:30-3:00 SENIOR DAY OS	10 9:00-10:30 Walking for Wellness OS 10:00-11:00 Strength & Cardio WG & WX 1:30-3:00 Book Discussion BL 1:30-3:30 Matter of Balance Briar 2:00-3:00 Pedaling for Parkinson's OH	11 9:30-11:00 Parkinson's Boxing CSC 11:15-12:00 Balance Exercise CSC & WX
16 NO PARKINSON'S BOXING TODAY 9:30-1:30 Learning for a Lifetime OS	17 9:00-10:30 Walking for Wellness OS 11:00-11:00 Strength & Cardio WG & WX 11:00-2:30 GPD Elderberries OS 1:30-3:30 Matter of Balance Briar 2:00-3:00 Pedaling for Parkinson's OH	18 9:30-11:00 Parkinson's Boxing CSC 11:15-12:00 Balance Exercise CSC & WX
23 9:30-11:00 Parkinson's Boxing CSC	24 9:00-10:30 Walking for Wellness OS 10:00-11:00 Strength & Cardio WG & WX 1:30-3:30 Matter of Balance Briar 2:00-3:00 Pedaling for Parkinson's OH	25 9:30-11:00 Parkinson's Boxing CSC 11:15-12:00 Balance Exercise CSC & WX
30 9:30-11:00 Parkinson's Boxing CSC	31 9:00-10:30 Walking for Wellness OS 10:00-11:00 Strength & Cardio WG & WX 1:30-3:30 Matter of Balance Briar 2:00-3:00 Pedaling for Parkinson's OH	BL - Burton Library CL - Chardon Library CSC - Chardon Senior Center GW - Geauga West Library OH - Ohman Family Living at Holly OS - Offsite WG - West Geauga Senior Center WX - WebEx (Online)

Call 440-279-2126 to register for any of the following programs:

Wednesday, August 2: Sweet Treat Drive Thru AT Heather Hill. This month's drive-thru will include a farmers' market (market is not drive-thru). Prior reg.

Friday, August 4: Lunch and Learn with UH Geauga: Geriatric Assessment Overview. FREE. Prior reg.

Thursday, August 10: Brunch Bunch at Bob Evans in Chardon. Please call 279-2126 to let us know you'll be there!

Thursday, August 10: Lunch and Learn with Geauga Park District: Monarchs on the Move! Prior reg.

Friday, August 11: Breakfast and Learn with Ameri-Corps. Interested in making a difference? Come find out what you can do for your community! Prior reg.

Monday, August 14: Book Club: August's book is "The Surgeon's Daughter," by Audrey Blake.

Tuesday, August 15: Iris Folding Workshop with instructor, Phyllis Knapp. \$1.50 per card.

Tuesday, August 15: Lunch and Learn with Geauga Public Health and AAA: The Basics of Driving Safety as We Age. Prior reg.

Wednesday, August 16: Heather Hill Luncheon and Cooking Demo. Space is limited. Thanks to our sponsor Heather Hill! Prior reg.

Thursday, August 17: Monthly Breakfast at the Senior Center. \$5 per person with registration.

Friday, August 18: Breakfast and Speaker with Kathie Doyle.: "History of the Orphan Train." Prior registration required.


Friday, August 18: Monthly Art Club with EZA ARTS! Create a collage of watercolors on various textures, to create a beautiful summer flower! Everything you need is supplied! \$25 per person with prior registration.

Thursday, August 24: Ladies' Luncheon and Spa Day, sponsored by the Residence of Chardon. Space is limited. Call today to register! \$5 per person.

Friday, August 25: Monthly Birthday BINGO and Pizza Party. \$5 per person/August Birthdays FREE. Thanks to our BINGO & Cake sponsor, Chardon Healthcare!

Chardon Senior Center 440-279-2126	
MONDAY	TUESDAY
Becky O'Reilly Recreation & Education Coordinator Betty Conti Recreation & Education Assistant Coordinator	1 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 11:00-11:45 Balance Exercises 12:30-4:00 Game Day 2:00-3:30 Raccoon County Ramblers practice
7 10:00-12:00 Rug Hooking 10:00-12:00 Quilting 11:00-11:45 Strength Training \$2 12:45-1:45 Line Dancing \$3 (on break) 1:00-3:00 Ceramics 1:00-3:00 Rummikub	8 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 11:00-11:45 Balance Exercises 12:30-4:00 Game Day 2:00-3:30 Raccoon County Ramblers practice
14 10:00-12:00 Rug Hooking 10:00-12:00 Quilting 11:00-11:45 Strength Training \$2 12:30-3:30 Book Club 12:45-1:45 Line Dancing \$3 (on break) 1:00-3:00 Rummikub	15 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 10:00-11:00 Iris Folding 11:00-11:45 Balance Exercises 12:00-1:30 Lunch and Learn with Geauga Public Health and AAA-prior reg. 12:30-1:30 Parkinson's Group 2:00-3:00 Diabetic Support
21 10:00-12:00 Rug Hooking 10:00-12:00 Quilting 11:00-11:45 Strength Training \$2 12:45-1:45 Line Dancing \$3 (on break) 1:00-3:00 Ceramics 1:00-3:00 Rummikub	22 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 11:00-11:45 Balance Exercises 12:30-4:00 Game Day 2:00-3:30 Raccoon County Ramblers practice
28 10:00-12:00 Rug Hooking 10:00-12:00 Quilting 11:00-11:45 Strength Training \$2 12:45-1:45 Line Dancing \$3 (on break) 1:00-3:00 Rummikub	29 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 11:00-11:45 Balance Exercises 12:30-2:00 Game Day 12:00-2:00 Raccoon County Ramblers practice Senior Center Closed at 2:00 Today for Staff Meeting.

Chardon Senior Center
470 Center, Bldg. 8, Chardon, OH 44024

WEDNESDAY	THURSDAY	FRIDAY
<p>2 9:00-11:00 Pinochle 10-12:30 Dulcimer Groups 11:00-11:45 Strength Training \$2 11:15-12:00 NO Bal. Ex. today 12:00-12:30 Sweet Treat Drive - Thru at Heather Hill —prior reg. 1:00-2:30 Chair Volleyball 1:30-4:00 Mexican Train 1:00-4:00 Mah Jongg</p>	<p>3 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:30-4:00 Duplicate Bridge 12:30-4:00 Game Day 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>4 9:30-11:30 Stained Glass 11:00-12:00 NO BINGO 11:00-12:30 Lunch and Learn with UH Geauga —prior reg. 11:15-12:00 Balance Exercise 1:00-2:30 Chair Volleyball 1:00-4:00 Bridge Group 2:30-4:00 Corn Hole</p>
<p>9 Senior Day Trip</p> <div style="text-align: center;">  </div> <p style="text-align: center;">All other activities are cancelled today. Senior Center will be closed while we are on the trip (prior reg. for trip).</p>	<p>10 9:30-11:00 Brunch Bunch at Bob Evans Chardon 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:00-1:30 Lunch and Learn with GPD -prior reg. 12:30-4:00 Duplicate Bridge 12:30-4:00 Game Day 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>11 9:30-11:30 Stained Glass 10:00-11:30 Breakfast and Learn with Ameri -Corps. -prior reg. 11:30-12:00 BINGO * note time 11:15-12:00 Balance Exercise 1:00-2:30 Chair Volleyball 1:00-4:00 Bridge Group 2:30-4:00 Corn Hole</p>
<p>16 9:00-11:00 Pinochle 10-12:30 Dulcimer Groups 11:00-11:45 Strength Training \$2 11:15-12:00 Balance Exercise 12:00-1:00 Heather Hill Lunch 1:00-2:30 Chair Volleyball 1:30-4:00 Mexican Train 1:00-4:00 Mah Jongg</p>	<p>17 9:00-10:00 Monthly Breakfast -prior reg. 10:00-11:00 No -Bake Class 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:30-4:00 Duplicate Bridge 12:30-4:00 Game Day 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>18 9:30-11:30 Stained Glass 10:00-11:30 Breakfast and Speaker Series with Kathie Doyle -prior reg. 11:30-12:00 BINGO * note time 11:15-12:00 Balance Exercise 1:00-2:30 Chair Volleyball 1:00-4:00 Bridge Group 1:00-3:00 NEW Art Club —</p>
<p>23 9:00-11:00 Pinochle 10-12:30 Dulcimer Groups 11:00-11:45 Strength Training \$2 11:15-12:00 Balance Exercise 1:00-2:30 Chair Volleyball 1:30-4:00 Mexican Train 1:00-4:00 Mah Jongg</p>	<p>24 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:00-1:30 Ladies' Luncheon and Spa Day -prior reg. 12:30-4:00 Duplicate Bridge 12:30-4:00 Game Day 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>25 9:30-11:30 Stained Glass 11:00-12:00 Birthday BINGO and Pizza Party —prior regis- tration 11:15-12:00 Balance Exercise 1:00-2:30 Chair Volleyball 1:00-4:00 Bridge Group 2:30-4:00 Corn Hole</p>
<p>30 9:00-11:00 Pinochle 10-12:30 Dulcimer Groups 11:00-11:45 Strength Training \$2 11:15-12:00 Balance Exercise 1:00-2:30 Chair Volleyball 1:30-4:00 Mexican Train 1:00-4:00 Mah Jongg</p>	<p>31 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:30-4:00 Duplicate Bridge 12:30-4:00 Game Day 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>Beth Oliverio Information and Referral Specialist</p> <p>Karen Fueger Kitchen Coordinator</p>

Bainbridge Bulletin

Movie Matinee

Every Monday the Bainbridge Senior Center offers a lunch and movie at 12 pm, free of charge. August's theme is **Royal Titles**. Reservations are not required but encouraged to ensure a meal for all attendees.

NEW ON FRIDAYS!

We bringing back Scrabble to the Bainbridge Senior Center on Fridays from 11:00 am to 1:00 pm. Everyone is welcome and no registration is needed. This is in addition to our normally scheduled Game Time from 10:00 am-12:00 pm on Fridays. Bring a game if you have something specific in mind, we will provide a few ourselves; Rummikub, Set, Zeus on the Loose, & more. For more information, call the Bainbridge Senior Center, (440) 279-1313.

Thursday, August 10:

David Explains: Pirates: Facts & Myths

Black Beard, Captain Kidd, and Jean Lafitte may come to mind when you think of piracy. Ever since humans took to the sea, pirates have been there to loot and plunder ships. David will take a look at modern portrayals of pirates and what piracy has looked and its place in modern society. Please register by calling (440) 279-1313.

Friday, August 18:

Football Pool: High school football kicks off on August 18 and that means another season of Pick'em. Each week you pick the winners of 15 high school, college, and pro games and vie for fabulous prizes. The sheets will be available at all Geauga County Senior Centers or emailed to seniors directly. Call David at (440) 279-1313 with any questions or for more information.

Thursday, August 31:

Big Breakfast Join the Bainbridge Senior Center for our monthly big breakfast. Veterans and August birthdays are free to attend. The cost is \$5 for everyone else. Belgian waffles, sausage, and fruit are on the menu for August. Please RSVP by Friday, August 25th.

Bainbridge Senior Center


440-279-1313

MONDAY

TUESDAY

<div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>Recreation & Education Coordinator <i>David Craig</i></p> <p>REC Assistant <i>Laura Reed</i></p> </div>	<p>1</p> <p>8:00 – 9:00 Walking Group 9:45 -10:15 Balance Exercise 10:00 -12:00 Mexican Train 12:00 -12:30 Lunch 12:00 -2:00 Social Work Appts. 12:30 -2:30 Intermediate Mahjong</p>
<p style="text-align: right;">7</p> <p>8:30 -9:30 All-Around Exercise (\$3) 9:40 -10:30 Chair Yoga -cise (\$3) 10:00 -2:00 Poker 12:00 -2:30 Lunch and Movie Matinee <i>(Robin Hood: Prince of Thieves)</i> 12:30 -2:30 Beginner 's Mahjong 2:30 -3:15 Cardio Drumming</p>	<p>8</p> <p>8:00 – 9:00 Walking Group 9:45 -10:15 Balance Exercise 10:00 -12:00 Mexican Train 12:00 -12:30 Lunch 12:30 -2:30 Intermediate Mahjong</p>
<p style="text-align: right;">14</p> <p>8:30 -9:30 All-Around Exercise (\$3) 9:40 -10:30 Chair Yoga -cise (\$3) 10:00 -2:00 Poker 12:00 -2:30 Lunch and Movie Matinee <i>(The Princess Diaries)</i> 12:30 -2:30 Beginner 's Mahjong 2:30 -3:15 Cardio Drumming</p>	<p>15</p> <p>8:00 – 9:00 Walking Group 9:45 -10:15 Balance Exercise 10:00 -12:00 Mexican Train 12:00 -12:30 Lunch 12:30 -2:30 Intermediate Mahjong</p>
<p style="text-align: right;">21</p> <p>8:30 -9:30 All-Around Exercise (\$3) 9:40 -10:30 Chair Yoga -cise (\$3) 10:00 -2:00 Poker 12:00 -2:30 Lunch and Movie Matinee <i>(The King 's Speech)</i> 12:30 -2:30 Beginner 's Mahjong 2:30 -3:15 Cardio Drumming</p>	<p>22</p> <p>8:00 – 9:00 Walking Group 9:45 -10:15 Balance Exercise 10:00 -12:00 Mexican Train 12:00 -12:30 Lunch 12:30 -2:30 Intermediate Mahjong</p>
<p style="text-align: right;">28</p> <p>8:30 -9:30 All-Around Exercise (\$3) 9:40 -10:30 Chair Yoga -cise (\$3) 10:00 -2:00 Poker 12:00 -2:30 Lunch and Movie Matinee <i>(The Queen)</i> 12:30 -2:30 Beginner 's Mahjong 2:30 -3:15 Cardio Drumming</p>	<p>29</p> <p>8:00 – 9:00 Walking Group 9:45 -10:15 Balance Exercise 10:00 -12:00 Mexican Train 12:00 -12:30 Lunch 12:30 -2:30 Intermediate Mahjong</p>

Bainbridge Senior Center
17751 Chillicothe Road, Bainbridge, OH 44023

WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">2</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:30 Line Dancing (\$3) 10:30-11:45 Bingo 12:00-12:30 Lunch (<i>senior center</i>) 12:30-2:00 Out to Lunch Group (<i>Cowboys, Bainbridge</i>) 2:30-3:15 Cardio Drumming</p>	<p style="text-align: right;">3</p> <p>9:45 -10:15 Balance Exercise 10:00 -12:00 Knit and Crochet 10:00 -3:00 Pinochle 10:30 - 12:00 Chair Volleyball 12:00 -12:30 Lunch</p>	<p style="text-align: right;">4</p> <p>8:30 -9:30 All-Around Exercise (\$3) 9:40 -10:25 Chair Yoga-cise (\$3) 10:00 -12:00 Game Time 10:00 - 12:00 Mahjong 11:00 -1:00 Scrabble 12:00 -12:30 Lunch 2:30 -3:15 Cardio Drumming</p>
<p style="text-align: right;">9</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:30 Line Dancing (\$3) 10:30-11:45 Bingo 12:00-12:30 Lunch (<i>senior center</i>) 12:30-2:30 Podiatrist 12:30-2:00 Out to Lunch Group (<i>Rise & Dine, Chesterland</i>) 2:30-3:15 Cardio Drumming</p>	<p style="text-align: right;">10</p> <p>9:45 -10:15 Balance Exercise 10:00 -12:00 Knit and Crochet 10:00 -3:00 Pinochle 10:30 - 12:00 Chair Volleyball 12:00 -12:30 Lunch 1:00 -2:00 David Explains: Pirates: Facts and Myths</p>	<p style="text-align: right;">11</p> <p>8:30 -9:30 All-Around Exercise (\$3) 9:40 -10:25 Chair Yoga-cise (\$3) 10:00 -12:00 Game Time 10:00 - 12:00 Mahjong 11:00 -1:00 Scrabble 12:00 -12:30 Lunch 2:30 -3:15 Cardio Drumming</p>
<p style="text-align: right;">16</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:30 Line Dancing (\$3) 10:30-11:45 Bingo 12:00-12:30 Lunch (<i>senior center</i>) 12:30-2:00 Out to Lunch Group (<i>Lee Angelo's, Aurora</i>) 2:30-3:15 Cardio Drumming</p>	<p style="text-align: right;">17</p> <p>9:45 -10:15 Balance Exercise 10:00 -12:00 Knit and Crochet 10:00 -3:00 Pinochle 10:30 - 12:00 Chair Volleyball 12:00 -12:30 Lunch 12:30 -2:00 Iris Folding Class</p>	<p style="text-align: right;">18</p> <p>8:30 -9:30 All-Around Exercise (\$3) 9:40 -10:25 Chair Yoga-cise (\$3) 10:00 -12:00 Game Time 10:00 - 12:00 Mahjong 11:00 -1:00 Scrabble 12:00 -12:30 Lunch 2:30 -3:15 Cardio Drumming</p>
<p style="text-align: right;">23</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:30 Line Dancing (\$3) 10:30-11:45 Bingo 12:00-12:30 Lunch (<i>senior center</i>) 12:30-2:00 Out to Lunch Group (<i>JC's Restaurant, Burton</i>) 2:30-3:15 Cardio Drumming</p>	<p style="text-align: right;">24</p> <p>10:00 -12:00 Knit and Crochet 10:00 -3:00 Pinochle 10:30 - 12:00 Chair Volleyball 12:00 -12:30 Lunch</p>	<p style="text-align: right;">25</p> <p>8:30 -9:30 All-Around Exercise (\$3) 9:40 -10:25 Chair Yoga-cise (\$3) 10:00 -12:00 Game Time 10:00 -12:00 Mahjong 11:00 -1:00 Scrabble 12:00 -12:30 Lunch 2:30 -3:15 Cardio Drumming</p>
<p style="text-align: right;">30</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:30 Line Dancing (\$3) 10:30-11:45 Bingo 12:00-12:30 Lunch (<i>senior center</i>) 12:30-2:00 Out to Lunch Group (<i>Papous Tap & Grille, Aurora</i>) 2:30-3:15 Cardio Drumming</p>	<p style="text-align: right;">31</p> <p>9:00 -10:00 Big Breakfast! <i>Prior registration required</i> 10:00 -12:00 Knit and Crochet 10:00 -3:00 Pinochle 10:30 - 12:00 Chair Volleyball 12:00 -12:30 Lunch</p>	

Newsorthy Notes

ALL events/classes with the (WX) symbol listed after it, are available both LIVE and on Webex.

Craft with Millissa

AUG 16th-Join us in making Stained Glass Fairy Light Jars! Cost is \$5 per set of 3 jars -LIMIT 2 sets per person. All supplies provided, NO Experience Necessary. RSVP and Money **Due by AUG 9th**

Monthly Breakfast & Bingo

AUG 18th- Join us for a home made meal of Tater tot Breakfast Casserole, Cinnamon Rolls, and beverage. Bingo immediately follows. Cost for **meal is \$4, BINGO IS FREE, RSVP by AUG 11th**

Never Ending Knowledge Schedule

AUG 2nd -Zion, Gunnison's Black Canyon, Capitol Reef, Mesa Verde and Ancient Settlements.

AUG 16th -The Colorado Rocky Mountains, Montana's Glacier and the Canadian Rockies.

AUG 23rd -Big Bend on the Rio Grand & Saguaro, Mammoth Cave, Wind Cave and Carlsbad Caverns.

AUG 30th -The everglades, Congaree Bottomland, Voyageurs, Isle Royale and the Canadian Shield.

Lunch & Learns in AUGUST

AUG 11th- Fall Prevention and Balance Screenings by UH Geauga Hospital.

AUG 25th-Home Safety Presentation by Josh Burton from GDA's Chore & Home Safety Program.

Lunch in and Movie

AUG 29 -Join us for a FREE showing of "The Little Rascals" **Lunch is available for a cost of \$6, Movie and Popcorn is FREE.** Lunch will be Peanut Butter & Jelly Sandwiches, mini veggie dip tray, cookie & beverage. **Register by AUG 22nd**

DINE NITE OUT with WGSC

AUG 31st -Meet up time is at 5:00pm, location is Joeys Italian Grill in Chardon. Call ahead to let us know you are coming by **AUG 28th 440-279-2163**



Tech Help appointments w/ Christine. Call to schedule your 30 minute appointment. 440-214-3505

West Geauga Sr. Center 440-279-2163

MONDAY

TUESDAY

Recreation/Education Coordinator

~Christine Bacon 440-214-3505

Rec/Ed Assistant Coordinator

~Millissa Brosch 440-279-2183

I&R Assistant: Debbie M.

Stained Glass Class Appointments:

Call Don Trask 440-759-9691

8:30-10:30 Italian Card Game **7**
9:00-10:00 Water Exercise-Metz Pool
10:00-10:55 Strength & Cardio
11:00-12:00 Gentle Chair Yoga
11:00-1:00 **Monarchs & More with Geauga Parks & Lunch \$5**
12:00-1:00 Water Exercise-Metz Pool
1:00-3:00 Beginners Mahjongg
12:30-3:00 **Diabetes Self Management**
2:00-3:00 Line Dance Class

8:30-10:30 Italian Card Game **14**
9:00-10:00 Water Exercise-Metz Pool
10:00-10:55 Strength & Cardio **VIDEO**
11:00-12:00 Gentle Chair Yoga **VIDEO**
12:00-1:00 Water Exercise-Metz Pool
1:00-3:00 Beginners Mahjongg
12:30-3:00 **Diabetes Self Management**
2:00-3:00 Line Dance Class

8:30-10:30 Italian Card Game **21**
9:00-10:00 Water Exercise-Metz Pool
10:00-10:55 Strength & Cardio **VIDEO**
11:00-12:00 Gentle Chair Yoga **VIDEO**
12:30-3:00 **Diabetes Self Management**
1:00-3:00 Beginners Mahjongg
12:00-1:00 Water Exercise-Metz Pool
2:00-3:00 Line Dance Class

8:30-10:30 Italian Card Game **28**
9:00-10:00 Water Exercise-Metz Pool
10:00-10:55 Strength & Cardio (WX)
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise-Metz Pool
12:30-3:00 **Diabetes Self Management**
2:00-3:00 Line Dance Class

8:30-10:30 Italian Card Game **1**
9:00-11:30 Stained Glass Class \$5
9:00-10:00 Water Exercise-Metz Pool
9:00-11:00 Pinochle
10:00-11:00 Exercise -Sandy (WX)
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet
1:30-2:15 Balance Exercise
2:30-3:00 EZ Chair Exercise (WX)
3:00-4:00 Visual Arts w/Fairmount

8:30-10:30 Italian Card Game **8**
9:00-11:30 Stained Glass Class \$5
9:00-10:00 Water Exercise-Metz Pool
9:00-11:00 Pinochle
10:00-11:00 Exercise -Sandy (WX)
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet
1:30-2:15 Balance Exercise
2:30-3:00 EZ Chair Exercise (WX)
3:00-4:00 Visual Arts w/Fairmount

8:30-10:30 Italian Card Game **15**
9:00-11:30 Stained Glass Class \$5
9:00-10:00 Water Exercise-Metz Pool
9:00-11:00 Pinochle
10:00-11:00 Exercise -Sandy (WX)
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet
2:30-3:00 EZ Chair Exercise (WX)
3:00-4:00 Visual Arts w/Fairmount

9:00-11:30 Stained Glass Class \$5 **22**
9:00-11:00 Pinochle
9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Exercise -Sandy (WX)
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet
1:30-2:15 Balance Exercise
2:30-3:00 EZ Chair Exercise (WX)
3:00-4:00 Visual Arts w/Fairmount


9:00-11:30 Stained Glass Class \$5 **29**
9:00-11:00 Pinochle
9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Exercise -Sandy (WX)
12:00-3:00 Bridge Group
12:00-2:00 **Lunch-in and Movie "The Little Rascals"**
12:30-2:30 Knit & Crochet
NO PM Exercise Class Due to Staff Meeting
3:00-4:00 Visual Arts w/Fairmount

West Geauga Sr. Center
8090 Cedar Road, Chesterland

WEDNESDAY

THURSDAY

FRIDAY

<p>8:30-10:30 Italian Card Game 2 9:00-10:00 Water Exercise-Metz Pool 9:00-11:30 Stained Glass Class \$5 10:00-10:55 Strength & Cardio (WX) 11:00-12:00 Gentle Chair Yoga 1:00-2:00 Never Ending Knowledge 1:00-3:00 Canasta (players needed) 2:00-3:00 Yoga Nidra w/Darlene</p>	<p>8:30-10:30 Italian Card Game 3 9:00-10:00 Water Exercise-Metz Pool 10:00-11:00 Water Exercise-Metz Pool 9:00-11:00 Pinochle 10:00-11:00 Exercise w/Sandy (WX) 2:00-3:00 #1 Senior Spin at "O" Holly 3:00-4:00 #2 Senior Spin at "O" Holly</p>	<p>8:00-9:00 WG Walking Group 4 @ The Rookery 8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 1:30-2:00 Balance Exercise—Video 2:30-3:00 EZ Chair Exercise (WX)</p>
<p>SENIOR DAY ON THE GOODTIME 9</p>  <p>ALL SITES CLOSED</p>	<p>8:30-10:30 Italian Card Game 10 9:00-10:00 Water Exercise-Metz Pool 4:1:00 Water Exercise-Metz Pool 10:00-11:00 Water Exercise-Metz Pool 9:00-11:00 Pinochle 10:00-11:00 Exercise w/Sandy (WX) 2:00-3:00 #1 Senior Spin at "O" Holly 3:00-4:00 #2 Senior Spin at "O" Holly</p>	<p>8:00-9:00 WG Walking Group 11 @ Frohring Meadows 8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 12:00-1:00 Lunch & Learn \$5 1:30-2:15 Balance Exercise 2:30-3:00 EZ Chair Exercise (WX)</p>
<p>9:00-10:00 Water Exercise-Metz Pool 16 9:00-11:30 Stained Glass Class \$5 10:00-10:55 Strength & Cardio (WX) 11:00-12:00 Gentle Chair Yoga 12:30-1:30 Craft Class w/Millissa \$ 1:00-2:00 Never Ending Knowledge 1:00-3:00 Canasta (players needed) 2:00-3:00 Yoga Nidra w/Darlene</p>	<p>8:30-10:30 Italian Card Game 17 9:00-10:00 Water Exercise-Metz Pool 10:00-11:00 Water Exercise-Metz Pool 9:00-11:00 Pinochle 10:00-11:00 Exercise w/Sandy (WX) 2:00-3:00 #1 Senior Spin at "O" Holly 3:00-4:00 #2 Senior Spin at "O" Holly</p>	<p>8:00-9:00 WG Walking Group 18 @ Metzenbaum Park 8:30-9:45 Breakfast & Bingo \$4 8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 1:30-2:15 Balance Exercise 2:30-3:00 EZ Chair Exercise (WX)</p>
<p>8:30-10:30 Italian Card Game 23 9:00-10:00 Water Exercise-Metz Pool 9:00-11:30 Stained Glass Class \$5 10:00-10:55 Strength & Cardio (WX) 11:00-12:00 Gentle Chair Yoga 1:00-2:00 Never Ending Knowledge 1:00-3:00 Canasta (players needed) 2:00-3:00 Yoga Nidra w/Darlene</p>	<p>8:30-10:30 Italian Card Game 24 9:00-10:00 Water Exercise-Metz Pool 10:00-11:00 Water Exercise-Metz Pool 9:00-11:00 Pinochle 10:00-11:00 Exercise w/Sandy (WX) 2:00-3:00 #1 Senior Spin at "O" Holly 3:00-4:00 #2 Senior Spin at "O" Holly</p>	<p>8:00-9:00 WG Walking Group 25 @ Orchard Hills Park 8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 12:00-1:00 Lunch & Learn \$5 1:30-2:15 Balance Exercise 2:30-3:00 EZ Chair Exercise (WX)</p>
<p>8:30-10:30 Italian Card Game 30 9:00-10:00 Water Exercise-Metz Pool 9:00-11:30 Stained Glass Class \$5 10:00-10:55 Strength & Cardio (WX) 11:00-12:00 Gentle Chair Yoga 1:00-2:00 Never Ending Knowledge 1:00-3:00 Canasta (players needed) 2:00-3:00 Yoga Nidra w/Darlene</p>	<p>8:30-10:30 Italian Card Game 31 9:00-10:00 Water Exercise-Metz Pool 10:00-11:00 Water Exercise-Metz Pool 9:00-11:00 Pinochle 10:00-11:00 Exercise w/Sandy (WX) 2:00-3:00 #1 Senior Spin at "O" Holly 3:00-4:00 #2 Senior Spin at "O" Holly 5:00-7:00 DINE NITE OUT @ Joeys Italian Grill in Chardon</p>	<p>Lunch is served Mon thru Fri from 12:00-12:30pm. ALL Seniors MUST make a RESERVATION <i>IN ADVANCE</i> to receive a lunch. Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163</p>

Monday Crafts

7th Wooden Cat Painting \$3

14th Diamond Painting

Coasters (4 pack) \$5

21st Card Making for Home

Delivered Meal Clients

28th Crafting with Marsha

\$3 per craft.

Tuesday Aug. 2nd National Ice Cream Sandwich Day! Join us for dessert before lunch and fun facts. Cost Donation

Thursday, Aug. 17th

His Daughters presentation on natural cleaners.

Make and take at the end.

Cost \$5.00

Wednesday, Aug 16th

Burger Bar Lunch with all the toppings followed by Steven Johnson playing live music at 1pm. Cost \$8.00

Thursday, July 17th

Movie and snack at BriarCliff

Friday, Aug. 18th

Touring Geauga with Ginny! End Of The Commons General Store. Cost on your own

Wednesday Aug. 23nd

Farmers Market Bag.

Create a one of a kind painted canvas tote bag.

Class lead by Amber Ariel.

Cost \$32

Friday, Aug. 25th

Kathie Doyle presents the History of Polio. No Cost

Tuesday, Aug 29th

Card making with Bonnie learn how to make beautiful handmade cards. \$5.00 for pack of 3 cards.

Middlefield Sr. Center

440-632-0611

MONDAY

TUESDAY

**Coffee and Conversation
Everyday starting at 8am**

**GDA Lunch Served Everyday at
12pm
(unless otherwise noted)**

**10am Chair Exercise
12pm Lunch
1pm Chair Volleyball**

1

**10am Quilling Club
11am Balance Exercise
12pm Lunch
1pm Crafting
1pm Painting Pals**

**Senior Center Closed
For Voting**



8

**10am Quilling Club
11am Balance Exercise
12pm Lunch
1pm Crafting
1pm Painting Pals**

**10am Chair Exercise
11am Health BINGO with UH
12pm Lunch
1pm Chair Volleyball**

14

15

**10am Quilling Club
11am Balance Exercise
12pm Lunch
1pm Crafting
1pm Painting Pals**

**10am Chair Exercise
12pm Lunch
1pm Chair Volleyball**

21

22

**10am Quilling Club
11am Balance Exercise
12pm Lunch
1pm Crafting with Marsha
1pm Painting Pals**

**9:30am Card making with
Bonnie
12pm Lunch
1pm Chair Volleyball
Closed at 2pm for
staff development**

28

29

Middlefield Sr. Center
15820 Ridgewood Rd., Middlefield

WEDNESDAY	THURSDAY	FRIDAY
2	3	4
<p>10am Balance Exercise 11am National Ice Cream Sandwich Day 12pm Lunch 1pm BINGO</p>	<p>10am Chair Yoga \$3 12pm Lunch 1pm Chair Volleyball</p>	<p>11am Weight Exercise 12pm Lunch 1pm Chair Volleyball</p>
9	10	11
<p style="text-align: center;">Senior Day No activities today</p> 	<p>10am Chair Yoga \$3 12pm Lunch 1pm Chair Volleyball</p>	<p>11am Weight Exercise 12pm Lunch 1pm Chair Volleyball</p>
16	17	18
<p>10am Balance Exercise 12pm Burger Bar Lunch 1pm Live music with Steven Johnson</p>	<p>10am Chair Yoga \$3 11am His Daughter Presentation On Natural Cleaners 12pm Lunch 1pm Chair Volleyball 1pm Movie at BriarCliff</p>	<p>9am-12pm Podiatrist 11am Touring Geauga with Ginny 11am Weight Exercise 12pm Lunch 1pm Chair Volleyball</p>
23	24	25
<p>10am Balance Exercise 12pm Lunch 1pm Farmers Market Bags</p>	<p>10am Chair Yoga \$3 11am Tea and Me 12pm Lunch 1pm Chair Volleyball</p>	<p>10:30am Kathie Doyle 12pm Lunch 1pm Chair Volleyball</p>
30	31	
<p>10am Balance Exercise 12pm Lunch 1pm BINGO</p>	<p>10am Chair Yoga \$3 12pm Lunch 1pm Chair Volleyball</p>	<p style="text-align: center;">Rummikub Played Everyday At 9am Please call to register for lunch, crafting and special events! 440-632-0611</p>



Summer Crisis Program Starts July 1

The Ohio Department of Development and Geauga County Department on Aging will help income-eligible Ohioans stay cool during the hot summer months. The Home Energy Assistance Summer Crisis Program provides eligible Ohioans assistance paying an electric bill or assistance paying for central air conditioning repairs. The program runs from July 1-Sept. 30, 2023.

To learn more about the program, or how to apply, contact the Geauga County Department on Aging at (440) 279-2130.

Clients need to bring copies of the following documents to their appointment:

- Copies of their most recent energy bills.
- A list of all household members and proof of income for the last 30 days or 12 months for each member.
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).
- Physician documentation that cooling assistance is needed for a household member's health (if there isn't a household member over the age of 60).

Last year, many families in Geauga County were assisted through the Home Energy Assistance Summer Crisis Program.

The Summer Crisis Program assists low-income households with an older household member (60 years or older) who can provide physician documentation that cooling assistance is needed for their health, have a disconnect notice, have been shut off, are trying to establish new service on their electric bill, or require air conditioning. Conditions can include such things as lung disease, Chronic Obstructive Pulmonary Disease, or asthma.

Eligible households can receive up to \$500 if they are a customer of a regulated utility, or \$800 if they are a customer of unregulated utilities such as electric cooperatives and municipal utilities. The assistance is applied to their utility bill, or to purchase an air conditioning unit or fan, or pay for central air conditioning repairs. Ohioans must have a gross income at or below 175% of the federal poverty guidelines to qualify for assistance. For a family of four the annual income must be at or below \$52,500.00.

Also, Ohioans enrolled in the Percentage of Income Payment Plan Plus (PIPP) program who meet the above criteria may be eligible for assistance towards their default PIPP payment, first PIPP payment, central air conditioning repairs, or may receive an air conditioning unit and/or fan.

For more information about the features of the Summer Crisis Program and what is needed to apply, contact Geauga County Department on Aging at (440) 279-2130. To be connected to your local Energy Assistance provider visit www.energyhelp.ohio.gov or call (800) 282-0880. The Ohio Department of Development empowers communities to succeed by investing in Ohio's people, places, and businesses. Learn more about our work at development.ohio.gov.

**Geauga County Department
on Aging Contact:**
(440) 279-2130

Development Contact:
Sarah Wickham
Sarah.Wickham@Development.ohio.gov

FUN & GAMES FRIDAY!

Come to the Bainbridge Senior Center Friday mornings for your favorite card and board games. Game Time starts at 10:00 am and you pick what you play. Rummikub? Rummi Yes! Phase 10? Phase Sure! Shoots & Ladders? Absolutely! We'll supply a few games but you are welcome to bring any game you like. Mahjong also begins at 10:00am and our Scrabble group starts at 11:00 am. You can play until 4:00 pm or earlier. No registration required. Everyone welcome.

MONARCHS AND MORE AT WGSC

Monday AUG 7th 11:00am - 1:00pm -Join us for a Geauga Parks presentation "Monarchs on the Move" from 11:00-12:00, followed by a hotdog style picnic lunch, and finally we will end the program with a butterfly craft for all to take home (Butterfly Candle Holder). This illustrated program includes butterfly life cycle, and how tagging them helps scientists learn more about their amazing transcontinental migration to Mexico. **Cost \$5** includes everything!!

Deadline to register is AUG 2nd. 440-279-2163

MONTHLY ART CLUB AT CHARDON SENIOR CENTER! TRY SOMETHING NEW!

EZA ARTS is hosting a new monthly art club at the Chardon Senior Center, which will take place on the 3rd Friday of every month. For August project, the class will start with learning watercolor techniques; then, each person will paint several sheets of paper with various textures using skills just learned. Afterwards, the papers will be cut into petals that will be layered onto a surface to create one beautiful flower. Come ready to paint and collage to create a summer masterpiece! Our instructor, Elizabeth, will walk you through the process of making this work of art, so you don't need to have prior art experience to join in the fun! This first project will be done on Friday, August 18 at 1:00PM., and the cost is \$20.00 per person. Registration is required by August 4.

PARKINSON'S SUPPORT GROUP

Join us on Tuesday, August 15th at 12:30pm at Chardon Senior Center (470 Center St, Building 8, Chardon). This month we have a fabulous opportunity to meet with audiologist, Dr. Curtis, who owns Sound of Life Hearing Center in Concord Twp, she will speak at 2:00pm, but you can make a hearing screening starting at 12:30pm. You must make an appointment if you want your hearing screened. For a screening appointment call Sandy McLeod at 440-279-2137.

NATIONAL ICE CREAM SANDWICH DAY

Wednesday, August 2nd at 11am join us at the Middlefield Senior Center for dessert before lunch and fun facts about the ice cream sandwich. Stay for lunch and BINGO.
Cost: Donation. Please call 440-632-0611 to let us know you will be here.

WOMEN'S DAY AT HO MITA KOTA

Come join us on Wednesday, September 13th from 9:30am to 2:30pm and "unplug" for a day as we head to the wooded acres & camp setting of Ho Mita Kota (14040 Auburn Rd, Newbury 44065) where you can relax in nature and enjoy some of the many activities a camp offers! You can participate in archery & hatchet throwing, hiking, crafts, kayaking, a scavenger hunt and more. We will be bringing back our wonderful speaker from last year's event who will be talking on strengthening your pelvic floor. Cost is \$20 per person, and it includes lunch.

You must preregister by September 5th, and for more information call Sandy McLeod 440-279-2137.

DAVID EXPLAINS

David Explains Pirates: Facts & Myths. Sort the facts from the fiction as far as piracy goes. An enterprise that has been around since we set sail on the seven seas. Join David on Thursday, August 10th at 1pm and maybe learn something new. Please call to register, (440) 279-1313.

NEVER ENDING KNOWLEDGE CLASSES AT WEST G SENIOR CENTER

Life-Long-Learning at its Finest!!! Every Wednesday from 1:00-2:30pm. Current Subject: Geology / Topic: The Geology of Our National Parks -Join us at WGSC & Attend weekly College/Lecture Style presentations. Each course averages 8-12 weeks in length, at 1.5 hour per class/week. This program will be ongoing with hundreds of topics to choose from, PDF Handouts will be available. Light snacks and refreshments served to all in attendance. A FREE PRG.RSVP is required by the Monday prior to each class. Call to sign up 440-279-2163

AUG 2nd – “Zion, Gunnison’s Black Canyon, Capitol Reef, Mesa Verde and Ancient Settlements”

AUG 16th – “The Colorado Rocky Mountains, Montana’s Glacier and the Canadian Rockies.”

AUG 23rd – “BIG Bend on the Rio Grande, Saguaro, Mammoth & Wind Cave & Carlsbad Caverns.”

AUG 30th – The Everglades, Congaree Bottomland, Isle Royale and the Canadian Shield.

This concludes the entire Geology of the National Parks Course.

September will start a NEW COURSE, beginning Sept 6th. “Experiencing America: A Smithsonian Tour through American History” Dive into a rich, visual history of the United States of America, as told using the Smithsonian’s one-of-a-kind collection of Iconic and symbolic American Artifacts.

This will run for 12 weeks-24 lectures in length.

LUNCH AND LEARN WITH UH, GEAUGA: GERIATRIC ASSESSMENT OVERVIEW

Friday, August 4, from 11:00-12:30, at Chardon Senior Center. Get equipped with the knowledge to help either yourself, a friend, or a family-member, of the UH Geriatric Assessment. Includes lunch.

This is a free program, but registration is required at 440-279-2126.

DIABETES SUPPORT GROUP – AUDIOLOGY & HEARING CARE

Tuesday, August 15th at 2:00pm at Chardon Senior Center (470 Center St, Building 8, Chardon 44024). This month we have a fabulous opportunity to meet with audiologist, Dr. Curtis, who will speak at 2:00pm, but you can make a hearing screening starting at 12:30pm.

You must make an appointment if you want your hearing screened.

For a screening appointment call Sandy McLeod at 440-279-2137.

DAYTIME SENIOR BOOK DISCUSSIONS

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Sandy McLeod at 440-279-2137. Discussion books are available to loan at hosting Library’s front desk, call to have them reserve a book for you!

Wednesday, August 2nd (1st Wednesday of each month) - at Geauga West Library from 11:30-12:30pm with an out to lunch to follow, please sign up with Sandy McLeod.

Discussing: *Mad Honey* by Jodi Picoult

Thursday, August 10th (2nd Thursday of each month) – at Burton Library from 1:30-3:00pm.

No discussion this month – annual group lunch out

HIS DAUGHTER NATURAL CLEANERS AROUND THE HOUSE

Thursday, August 17th 11am at the Middlefield Senior Center. Felica the owner of His Daughter will be talking about Natural Cleaners around the house. Make and take a sample. Cost 5.00 Please call us by Monday, August 14th to let us know you will be here 440-632-0611

MEDICARE OPEN ENROLLMENT

Attention Geauga Seniors sixty (60) years of age and older. Are you just starting your journey into the Medicare network? The Geauga County Department on Aging will help you navigate into Medicare with an introductory overview. This Medicare Open Enrollment class is being offered on August 4 at 2:00PM, at the Bainbridge Library, located at 17222 Snyder Road in Bainbridge. This program is designed for those new to Medicare (those seniors who will be turning 65). Topics include Medicare Parts A, B, C, D, and Medicare Supplementals." The Geauga County Department on Aging's own Kathy Petrella will be there to educate and guide the seniors through their first experience with Medicare. To register, call the Bainbridge Library at 440-543-5611. Space is limited, so call today.

GEAUGA WALKERS

All walks begin promptly at 1:00. * A Naturalist will accompany us on these walks. Please continue to register for all GPD-led walks online at GeaugaParkDistrict.org or call GPD at (440) 286-9516. This request allows park to notify attendees if unexpected park closure or severe weather. Any questions call: Carol Rinehart @ (440) 487-4346, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

Date	Park	Address
8/1/2023*	Whitlam Woods	12500 Pearl Road, Hambden Township
8/8/2023	Thompson Ledges	16755 Thompson Road, East off Thompson Square, Thompson. Carpool, if possible.
8/15/2023*	Swine Creek	16004 Hayes Road, Middlefield, Woods Edge
8/22/2023	Observatory Park	10610 Clay Street, Montville, Between Rt 6 & Rt 322
8/29/2023*	Big Creek Park	9160 Robinson Road, Chardon, Deep Woods

BAINBRIDGE WALKING GROUP

With spring returning, so is the Bainbridge Walking Group. Meet a staff member at a local park for nice relaxing walk every Tuesday morning at 8:00 am. Call (440) 279-1313 for more information.

June's schedule is listed below:

August 1: Frohring Meadow (Bainbridge)

August 8: Holbrook Hollow (Bainbridge)

August 15: Beartown Lake (Auburn)

August 22: River Road Park (Bainbridge)

August 29: West Woods (Russell)

BREAKFAST & BINGO AT WEST G SENIOR CENTER

AUGUST 18th-8:30AM-9:30AM - \$4.00/PERSON -RSVP by 8/11/2023. Menu: Tater-Tot breakfast Casserole, Cinnamon Bun and beverage. IF you Just want to join us for Bingo, there is no reservation or money needed! Bingo starts at 9:00am. **For info call 440-279-2163.**

BREAKFAST AND LEARN WITH AMERICORPS

Friday, August 11, from 10-11:30AM, at the Chardon Senior Center. Interested in making a difference? Come learn about volunteer opportunities right here in our community. Learn about AmeriCorps in this informative session. This is a FREE program, but registration is required.

THE BAINBRIDGE BIG BREAKFAST!

Join us at Bainbridge Senior Center on Thursday, August 31st from 9am-10am for our monthly Big Breakfast! Veterans and August Birthdays eat FREE; everyone else pays \$5. Registration and payment are due no later than Friday, August 25th. Please indicate if you are a Veteran or if your Birthday's in August. Our menu for August is Belgian waffles (with fruit topping), sausage, and fruit.

TOURING GEAUGA COUNTY WITH GINNY

Friday, August 18th at 11AM. Experience the hidden gems of Geauga County with Ginny! Ginny will be going to End of The Commons General Store. Transportation from the Senior center available. Limited space call 440-632-0611. Cost: on your own.

LUNCH-IN AND FREE MOVIE & POPCORN – “THE LITTLE RASCALS”

August 29th 12:00-2:00pm—Join us at the West G Senior Center for a showing of “*The Little Rascals*” **Registration Deadline for lunch is AUG 22**, Call WGSC to sign up 440-279-2163, **pre-payment of \$6 Required**. Menu is Peanut Butter & Jelly Sandwich (Regular Peanut Butter or Nutella, and choice of Grape or Strawberry Jelly) mini veggie dip tray, cookie & beverage. **FREE**

BREAKFAST AND SPEAKER SERIES WITH KATHIE DOYLE AT THE CHARDON SENIOR CENTER

Friday, August 18, from 10:00 – 11:30AM., at the Chardon Senior Center. This month's topic is The History of the Orphan Train. This is a free event, but registration is required by calling 440-279-2126. Space is limited.

KATHIE DOYLE PRESENTS THE SAGA AND HISTORY OF POLIO

Friday, August 25th 10:30AM at Middlefield Senior Center. Free! call 440-632-0611 to register.

DINE NITE OUT WITH YOUR WEST G SENIOR CENTER FRIENDS

Thursday AUGUST 31st –Meet up time is 5:00pm at Joeys Grill in Chardon. Just call ahead to give us a head count for the reservation. 440-279-2163. **Cost on your own. RSVP by 8/28/23**

BIKE TRIP & LUNCH: PRESQUE ISLE

Join GDA and UH Geauga for a bike ride on Tuesday, August 23rd at 9:30am. We will meet at Parking Lot #1 on the right side, just past Park Entrance Gate for Presque Isle (301 Peninsula Dr, Erie). The ride is 13.5 miles. We will have lunch following the ride at Sara's Restaurant (25 Peninsula Dr, Erie 16505). Please RSVP by calling Sandy McLeod at 440-279-2137.

WALKING FOR WELLNESS – SUMMER HOURS!

Every Thursday at 9:00am. Join the Geauga County Department on Aging and UH Geauga for our “Walking for Wellness” program. Walking has shown to help with weight management, reducing stress, and increasing energy levels. This group focuses on keeping a steady pace, and our goal is 3 miles each walk. Call Melissa Wheeler at 279-2167 with questions.

Date	Park	Address
8/3/2023	Skok Meadow	12415 Concord Hambden Rd, Concord
8/10/2023	Frohring Meadows	16780 Savage Rd, Bainbridge
8/17/2023	Big Creek Park	9160 Robinson Rd, Chardon Meet at the Donald W. Meyer Center
8/24/2023	Sunnybrook Preserve	12474 Heath Rd, Chesterland
8/31/2023	Russell Uplands	15200 Russell Rd, Chagrin Falls

PARKMAN 55 PLUS CLUB

For our August meeting, our club will be going to the West Woods Park at 11:30 for our annual summer picnic. We will have a park ranger for our guest speaker. Please bring a dish to pass and sandwiches will be provided. New members are always welcome. For further information call Linda Bell at (440) 554-9201 or Retha Petrick (330) 416-1355.

CARD MAKING WITH BONNIE

Learn how to make beautiful handmade cards. Tuesday, August 29th at 9:30AM. Cost is \$5.00 for 3 cards. Call the Middlefield Senior Center at 440-632-0611 to register. Deadline August 21.

IRIS FOLDING GREETING CARD MAKING WORKSHOP AT BAINBRIDGE SENIOR CENTER

Iris folding is a paper craft technique that involves folding strips of colored paper in such a way to form a design. The center of the design forms an iris—a shape reminiscent of the iris diaphragm of a camera lens. Instructor Phyllis Knapp brings all the supplies you will need, and guides you how to make beautiful greeting cards! \$1.50 per card, payable to the instructor the day class.

The class begins at 12:30 p.m. on July 20, 2023 at the Bainbridge Senior Center (17751 Chillicothe Road, Bainbridge). Call (440) 279-1313 to register or for more information.

GEAUGA CYCLISTS

Gauga Department on Aging and UH Geauga & Geauga Parks will hold weekly Tuesday bicycle rides for seniors from May through October. Rides begin at 9:00am and we meet at Eagles Baseball Field on Park Avenue (Chardon) located between Chase Bank and Tilden Avenue. We ride on the Maple Highland Trail. You must have your own bike and transportation to the park. Please wear helmets for safety, carry water, and follow park etiquette. Should you have any questions, please call Sandy at 440-279-2137.

CRAFT CLASS WITH MILLISSA AT WEST G SENIOR CENTER

Wednesday AUG 16th 12:30pm – Join us in making Stained Glass Fairy Light Jars! Cost is \$5 per set of three jars-LIMIT two sets per person. All supplies Provided. No Experience Necessary. Money and RSVP due by AUG 9th. Call for INFO 440-279-2163.

LUNCH AND LEARN WITH GEAUGA PUBLIC HEALTH AND AAA

Tuesday, August 15, at 12:00 (noon) at Chardon Senior Center. Geauga Public Health's Safe Communities Initiative and AAA will discuss safe driving as we age. Lunch is included in this free event, but space is limited and registration is required by calling 440-279-2126.

DULCIMER GROUPS AT THE CHARDON SENIOR CENTER

If you are interested in playing the dulcimer, or need a refresher class, we have an opportunity for you at the Chardon Senior Center! Wednesdays from 10-10:45, Refresher Class for Beginners, and from 11:15-12:30, Intermediate Dulcimer Gathering. Call the senior center for more information, at 440-279-2126.

BURGER BAR LUNCH AND ENTERTAINMENT

Wednesday, August 16th at 12am at the Middlefield Senior Center. Burger Bar lunch with all the toppings. After lunch starting at 1pm Steven Johnson will be performing. Cost \$8.00. Call 440-632-0611 to register. Deadline Monday August 14th

CHARDON SENIOR CENTER BOOK CLUB

Mon, August 14, at 1:00PM, at CSC. August Book "The Surgeon's Daughter," by Audrey Blake.

TEA AND ME AT THE MIDDLEFIELD SENIOR CENTER

Thursday, August 24th at 10AM. We will provide the tea; you provide the stories! Bring in a photo or favorite item and share your story with the group, while enjoying tea. Please call 440-632-0611 to let us know you will be here. No Cost.

LUNCH AND LEARN WITH GEAUGA PARK DISTRICT

Thursday, August 10 at 12:00 (noon) at Chardon Senior Center. This month's topic is Monarchs on the Move! Come learn all about these beautiful creatures in Geauga County. Lunch included, and space is limited. Call 440-279-2126 to register for this free event.

CUPS AND CANVAS WITH A TWIST AT MIDDLEFIELD!

Wednesday, August 23rd at 1PM. Amber Ariel owner of Ariel Inspired Art Studio and Gallery will be helping us create and paint a one-of-a-kind farmers market canvas tote bag. Cost \$32.00
Please call 440-632-0611 to register. Deadline Monday, August 21st

NO-BAKE WITH BECKY

Thursday, August 17, from 10:00-11:00, at the Chardon Senior Center. Becky O'Reilly will demonstrate how to make a delicious no-bake dessert! This month's dessert will be Oreo Delight!
Registration is required!

MOVIE AND SNACK AT BRIARCLIFF MANOR

Join the Middlefield Senior Center for a movie and snack at BriarCliff Manor.
Thursday, August 17th at 1pm (14807 N State Ave, Middlefield, OH 44062) Enjoy a snack while watching *A Man Called Otto* in BriarCliffs theater room.
Please call 440-632-0611 to register. Deadline Monday, August 14th

FREE LUNCH AND A MOVIE PRESENTED BY AGE WELL BE WELL AND DEPARTMENT ON AGING

Thursday, August 3rd from 12:00-2:00pm at the West Geauga Senior Center (8090 Cedar Road, Chesterland 44026). Due to very limited space, and to ensure a fun experience for all, registration is required. Please call Dawn at 440-214-3180 to register.



TOUR THE USS COD

The Geauga Veterans Service Office will be hosting a FREE tour of the USS COD for veterans.
August 25, 2023, from 9:00 am to 1:00 pm
Bus transportation provided from 12611 Ravenwood Dr
RSVP BY August 11, 2023
seats are limited and you Must be able to navigate Confined Spaces.
For more information or to RSVP call 440-279-1860,
Or check us out at the code.



GEAUGA COUNTY SENIORS REGISTRATION FOR EVENTS

Please fill out registration form and mail to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024

✂

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date (s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2023? Yes ___ No ___

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

✂

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date (s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2023? Yes ___ No ___

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

- I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____
Signature of Participant and Date

REFUND POLICY FOR THE GEAUGA DEPARTMENT ON AGING

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

AUGUST 2023
GEAUGA DEPARTMENT OF AGING
LUNCH MENU

Subject to Change

Mon	Tue	Wed	Thu	Fri
	1	2	3	4
	SALISBURY STEAK W/GRAVY NOODLES PEAS & CARROTS WHITE BREAD DICED PEACHES CUP	BBQ CHICKEN BREAST GREEN PEAS DICED POTATOES DINNER ROLL APPLESAUCE CUP	ROAST TURKEY BREAST W/GRAVY MASHED POTATOES SWEET CORN WHITE BREAD APPLESAUCE CUP	JUMBO RAVIOLI w/SPAGHETTI SAUCE BROCCOLI FLORETS YELLOW SQUASH DINNER ROLL PINEAPPLE TIDBITS
7	8	9	10	11
BREADED CHICKEN LEG MACARONI & CHEESE GREEN BEANS SWEET CORN MINI SOFT PRETZEL DICED PEARS CUP	BREADED CHICKEN PATTY MAYO PC SLICED CARROTS WEDGE POTATOES WG HAMBURGER BUN APPLESAUCE CUP	All Sites Closed. Senior Day	SLICED HAM w/PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS DINNER ROLL DICED PEAR CUP	BREADED FISH TATER TOTS TARTAR SAUCE & KETCHUP PC BROCCOLI FLORETS HUSH PUPPIES MIXED FRUIT CUP
14	15	16	17	18
GRILLED CHICKEN BREAST BROWN RICE ZUCCHINI SQUASH SLICED CARROTS DINNER ROLL DICED PEAR CUP	STUFFED GREEN CABBAGE w/TOMATO SAUCE MASHED POTATOES SWEET CORN WHITE BREAD MANDARIN ORANGE CUP	CHICKEN SALAD COLE SLAW THREE BEAN SALAD WG HAMBURGER BUN WHOLE FRESH ORANGE	MEATBALLS w/TOMATO SAUCE w/PASTA CAULIFLOWER SPINACH DINNER ROLL DICED PEACHES CUP	SWEDISH MEATBALLS w/NOODLES MIXED VEGETABLES SLICED CARROTS WHITE BREAD MIXED FRUIT CUP
21	22	23	24	25
TOMATO BASIL CHICKEN PASTA w/TOMATO SAUCE MIXED VEGETABLES CORN w/RED PEPPERS DICED PEACHES CUP	DOUBLE CHEESEBURGER SEASONED WEDGED POTATOES KETCHUP PC GREEN BEANS WG HAMBURGER BUN DICED PEAR CUP	STUFFED GREEN PEPPERS W/TOMATO SAUCE MASHED POTATOES GREEN PEAS WHITE BREAD ESCALLOPED APPLES	MEATLOAF W/GRAVY BROWN RICE CALIFORNIA BLEND WHITE BREAD MANDARIN ORANGES CUP	MINI CORN DOGS TATER TOTS BROCCOLI YELLOW SQUASH DICED PEAR CUP
28	29	30	31	
CHICKEN ALA KING WHITE RICE GREEN BEANS SLICED CARROTS DINNER ROLL PINEAPPLE TIDBITS	SALISBURY STEAK W/GRAVY NOODLES PEAS & CARROTS WHITE BREAD DICED PEACHES CUP	BBQ CHICKEN BREAST GREEN PEAS DICED POTATOES DINNER ROLL APPLESAUCE CUP	BREADED FISH TATER TOTS TARTAR SAUCE & KETCHUP PC BROCCOLI FLORETS HUSH PUPPIES MIXED FRUIT CUP	

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Geauga Department on Aging
12611 Ravenwood Dr, Suite 200
Chardon, Ohio 44024



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REQUESTED**

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Hours: 8:00 am to 4:30 pm
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FAMILIES AND DEMENTIA

With help from the Geauga County Department on Aging, Jennings and the Center for Applied Research in Dementia, discover resources and discussions about living with dementia, managing stress, finding roles that fit the person, participating in meaningful activities, using non-verbal communication, and so much more. (All sessions present the same information.) Sessions offered at no charge with registration thanks in part to grant funding from Cleveland Foundation's Lake-Geauga Fund. Register at www.jenningsohio.org/caregiving or by contacting Kate Mach at (440) 279-9400 or kate.mach@jenningsohio.org.

ASK HOW TO PICK UP A COMPLIMENTARY BOOK!

August 17, 2023 at 1:00pm
Geauga County Public Library
Administrative Center Branch
12701 Ravenwood Dr, Chardon

August 31, 2023 at 6:30pm
Geauga County Public Library
Middlefield Branch
16167 E High St, Middlefield

August 24, 2023 at 6:30pm
West Geauga Senior Center
8090 Cedar Rd, Chesterland

September 25, 2023 at 5:30pm
Chagrin Falls Park Community Center
7060 Woodland Ave, Chagrin Falls

October 5, 2023 at 5:30pm
Jennings at Notre Dame Village
10950 Pine Grove Trail, Chardon