

**Bainbridge Bulletin**

**Movie Matinee**

Every Monday the Bainbridge Senior Center offers a lunch and movie at 12 pm, free of charge. January's theme is **Plays turned Movies**.

Reservations are not required but encouraged to ensure a meal for all attendees.

**Wednesdays in January:**

**Limitless Learning:** The Bainbridge Senior Center is taking a page from West Geauga and offering courses from Wondrium, the Netflix of online learning. Each week 2 topics will be covered from 12:30 pm to 1:30 pm. Our first topic is Crimes of the Century: A Selective History of Infamy. The exact topics are listed later in the newsletter or call (440) 279-1313 with any questions.

**Tuesday, January 9:**

**Soup & Sandwich Lunch:** Join the Bainbridge Senior Center for a classic grilled cheese and tomato soup lunch. We will start serving at noon and have a soup bar with add-ons, along with a variety of cheeses and breads. \$5 is due at registration and due by Friday, January 5th, 2024.

**Thursday, January 11:**

**David Explains: Ellis Island**  
Learn the history of America's most famous immigration point of entry. The program begins at 1:00 pm, call (440) 279-1313 to register.

**Tuesday, January 16:**

The Bainbridge Book Club kicks off 2024 with **International Fiction**. Instead of reading a specific book, there is a new theme each month.


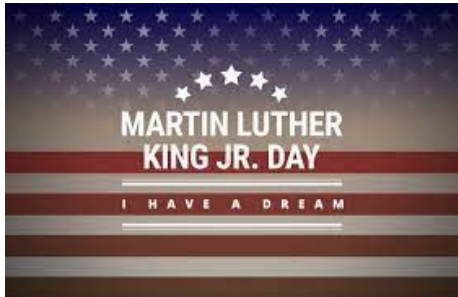
**Thursday, January 25:**

**Big Breakfast** Join the Bainbridge Senior Center for our monthly big breakfast. Veterans and January birthdays are free to attend. The cost is \$5 for everyone else. January's menu is breakfast casserole, sausage, and fruit. Please RSVP by Tuesday, January 16th.

**We are looking for bridge players to start a bridge group in Bainbridge. The time and date of the group is flexible so please call (440) 279-1313 if interested.**

# January 2024 - Bainbridge Senior Center

17751 Chillicothe Rd  
Bainbridge, OH 44023  
(440) 279-1313

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>1</p>	<p>2</p> <p>9:45-10:15 Balance Exercise 10:00-12:00 Mexican Train 12:00-12:30 Lunch 12:00-2:00 Social Work Appointments 12:30-2:30 Intermediate Mahjong</p>	<p>3</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:45 Bingo 10:45-11:30 Line Dancing (\$3) 12:00-12:30 Lunch (senior center) 12:30-2:00 Out to Lunch Group (Bob Evans, Aurora) 2:30-3:15 Cardio Drumming</p>	<p>4</p> <p>9:45-10:15 Balance Exercise 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 1:00-2:00 Music that Moves You</p>	<p>5</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00- 12:00 Mahjong 12:00-2:00 Scrabble 12:00-12:30 Lunch 2:30-3:15 Cardio Drumming</p>
<p>8</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch &amp; a Movie (A Few Good Men) 12:30-2:30 Mahjong 2:30-3:15 Cardio Drumming</p>	<p>9</p> <p>9:45-10:15 Balance Exercise 10:00-12:00 Mexican Train 12:00-12:30 Lunch 12:00-12:30 Sandwich &amp; Soup Lunch: Grilled Cheese &amp; Tomato Soup \$5 per person 12:30-2:30 Intermediate Mahjong</p>	<p>10</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:45 Bingo 10:45-11:30 Line Dancing (\$3) 12:00-12:30 Lunch (senior center) 12:30-2:00 Out to Lunch Group (Two and Company, Bainbridge) 2:30-3:15 Cardio Drumming</p>	<p>11</p> <p>9:45-10:15 Balance Exercise 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 1:00-2:00 David Explains: Ellis Island</p>	<p>12</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00- 12:00 Mahjong 12:00-2:00 Scrabble 12:00-12:30 Lunch 2:30-3:15 Cardio Drumming</p>
 <p>15</p>	<p>16</p> <p>9:45-10:15 Balance Exercise 10:00-12:00 Mexican Train 12:00-12:30 Lunch 12:30-1:30 Book Club January's theme: International Fiction 12:30-2:30 Intermediate Mahjong</p>	<p>17</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:45 Bingo 10:45-11:30 Line Dancing (\$3) 12:00-12:30 Lunch (senior center) 12:30-2:00 Out to Lunch Group (Aladdin's, Bainbridge) 2:30-3:15 Cardio Drumming</p>	<p>18</p> <p>9:45-10:15 Balance Exercise 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:30 Iris Folding 1:00-2:00 Music that Moves You</p>	<p>19</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00- 12:00 Mahjong 12:00-2:00 Scrabble 12:00-12:30 Lunch 2:30-3:15 Cardio Drumming</p>
<p>22</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch &amp; a Movie (Doubt) 12:30-2:30 Mahjong 2:30-3:15 Cardio Drumming</p>	<p>23</p> <p>9:45-10:15 Balance Exercise 10:00-12:00 Mexican Train 12:00-12:30 Lunch 12:30-2:30 Intermediate Mahjong</p>	<p>24</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:45 Bingo 10:45-11:30 Line Dancing (\$3) 12:00-12:30 Lunch (senior center) 12:30-2:00 Out to Lunch Group (Station 43, Aurora) 2:30-3:15 Cardio Drumming</p>	<p>25</p> <p>9:00-10:00 Big Breakfast! Prior registration required 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch</p>	<p>26</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00- 12:00 Mahjong 12:00-2:00 Scrabble 12:00-12:30 Lunch 2:30-3:15 Cardio Drumming</p>
<p>29</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch &amp; a Movie (Fences) 12:30-2:30 Mahjong 2:30-3:15 Cardio Drumming</p>	<p>30</p> <p>9:45-10:15 Balance Exercise 10:00-12:00 Mexican Train 12:00-12:30 Lunch 12:45-1:45 Intermediate Mahjong The senior center will be closing early for a staff meeting in Chardon.</p>	<p>31</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40- 10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:45 Bingo 10:45-11:30 Line Dancing (\$3) 12:00-12:30 Lunch (senior center) 12:30-2:00 Out to Lunch Group (Papous, Aurora) 2:30-3:15 Cardio Drumming</p>	<div style="border: 1px solid black; padding: 5px;"> <p><b>Recreation &amp; Education Coordinator</b> David Craig</p> <p><b>Recreation &amp; Education Assistants</b> Laura Reed Keri Skrtic</p> </div>	