Newsworthy Notes

ALL classes with the (VT) symbol listed after it, are Virtual on Teams

SATURDAY DECEMBER 16th

Join us at WGSC for a holiday performance b the students at Fairmount Center for the Arts. Pancake & Sausage Breakfast followed by the performance..

10:00-11:00 Breakfast11:00-12:15 Showtime FREE EVENT-Space is Limited to 60 RSVP BY DEC 13th @ 440-279-2163

Craft with Millissa

Dec 18, 19 & 20 -3 Days of Gift Making 12/18-Dip Mix Ornaments set of 5 \$7 12/19-Christmas Cookie Tray \$6 12/20-Winter Door Wreath \$9

RSVP by DEC 8th 440-279-2163

Card Making Circle with Millissa Dec 14th \$1 per card, Each class will featur two predetermined cards along with supplies make up to three of your own. Register by De 7th, 440-279-2163

Never Ending Knowledge Schedule World Heritage Sites Continues...

DEC 6th - #1 "Australia's Great Barrier Reef" #2"The Mogao Grottoes & Manuscripts" Dec 13th -#1 "Persepolis, the Great Persian Capita

#2 "Easter Island and the Moai." Dec 20th #1 "Canada's Rocky Mountains" #2 "Teotihuac'an, Largest City of Mesoamerica" Dec 27th - #1"Samarkand, Crossroad of Central Asi **#2** "Ancient Egyptian Thebes"

RSVP Deadline is one Day Prior to each Class ART History Continues.... Leonardo Davino

DEC 7th #1 "Colossus, The Sculpture for Ludovico Sforza" #2 "Mantua, Isabella d'Este, and Venice" DEC 14th #1- "Back to Florence - Exhibition of Sfumate

#2 -Leonardo, Cesare Borgia, and Machiavelli DEC 21st #1 "Michelangelo and Leonardo" #2 -"Mona Lisa - La Gioconda"

DEC 28th #1 -"Raphael and Leonardo" #2 -Leonardo in Milan and Pope Julius II in Rome **RSVP** Deadline is one Day Prior to each Class

Lunch & Learns in DECEMBER ALL Presentations are FREE

Dec 8th 12:00-1:00 UH Hospitals presen Good Health for the Holidays -*Lunch \$5* Register by Dec 1st 440-279-2163

DEC 22nd -"The Winter Blues" Presented Ravenwood. Learn all about the many reasons we can fall victim to this seasonal disc der, and tips to avoid it. Lunch \$5 presenta tion ONLY is free. *Register by DEC 15th* Out to Lunch Bunch

DEC 21st—Meet up at Noon (Silver Skillet in Chesterland) Cost On your own RSVP by 12/19 Lunch in and Movie

Dec 26th "The Greatest Showman" FREE MOVIE w/Peanuts & Cracker Jacks! Lunch is available for a cost of \$6. Lunch Menu: Corr dogs, French Fries, Funnel Cake and Beverage. RSVP by Dec 19th 440-279-2163





S ted	DECEMBER 20 MONDAY	D23 WEST G. SE TUESDAY	NIOR CENTER WEDNESDAY	8090 Cedar Rd Chesterla THURSDAY	nd, 44026 * 440-279-2163 FRIDAY
e by ts. the ne ng	Recreation/Education Coordinator~Christine Bacon 440-214-3505Rec/Ed Assistant Coordinator~Millissa Brosch 440-279-2183I&R Assistant: Debbie M.Stained Glass Class Appointments:Call Don Trask 440-759-9691	Lunch is served Mon thru Fri from 12:00-12:30pm. ALL Seniors MUST make a RESERVATION <i>IN ADVANCE</i> to receive a lunch. Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163	Need Tech Image: Constraint of the second seco		1 8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 1:30-2:15 Balance Exercise 2:30-3:00 EZ Chair Exercise (VT)
ture es to Dec <u>e</u>	9:00-10:00 Water Exercise-Metz Pool 10:00-10:55 Strength & Cardio 11:00-12:00 Gentle Chair Yoga 12:00-1:00 Water Exercise-Metz Pool 1:00-3:00 Mahiongg	9:00-11:30 Stained Glass Class \$5 9:00-10:00 Water Exercise-Metz Pool 9:00-11:00 Pinochle 10:00-11:00 Exercise -Sandy (VT) 12:00-3:00 Bridge Group 12:30-1:30 Taiji-FIT \$3 12:30-2:30 Knit & Crochet 1:30-2:15 Balance Exercise	9:00-10:00 Water Exercise-Metz Pool 9:00-11:30 Stained Glass Class \$5 10:00-10:55 Strength & Cardio (VT) 11:00-12:00 Gentle Chair Yoga 1:00-2:00 Never Ending Knowledge ~World Heritage Sites 2:00-3:00 Yoga Nidra w/Darlene	7 8:30-10:30 Italian Card Game 9:00-10:00 Water Exercise-Metz Pool 10:00-11:`00 Water Exercise-Metz Pool 9:00-12:00 Pinochle 10:00-11:00 Exercise w/Sandy (VT) 10:00-12:00 Mahjongg 11:30-12:30 Never Ending Knowledge ~ART History 2:30-3:30 Senior Spin at "O" Holly	8 8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 12:00-1:00 Lunch & Learn \$5 (for Lunch) "Good Health for the Holidays" 1:30-2:15 Balance Exercise 2:30-3:00 EZ Chair Exercise (VT)
a" Asia" s <u></u> inci	9:00-10:00 Water Exercise-Metz Pool 10:00-10:55 Strength & Cardio 11:00-12:00 Gentle Chair Yoga 12:00-1:00 Water Exercise-Metz Pool 1:00-3:00 Mahjongg	9:00-11:30 Stained Glass Class \$5 9:00-10:00 Water Exercise-Metz Pool 9:00-11:00 Pinochle 10:00-11:00 Exercise -Sandy (\/T)	9:00-10:00 Water Exercise-Metz Pool 9:00-11:30 Stained Glass Class \$5 10:00-10:55 Strength & Cardio (VT) 11:00-12:00 Gentle Chair Yoga 1:00-2:00 Never Ending Knowledge ~World Heritage Sites	14 8:30-10:30 Italian Card Game 9:00-10:00 Water Exercise-Metz Pool 10:00-11:`00 Water Exercise-Metz Pool 9:00-12:00 Pinochle 10:00-11:00 Exercise w/Sandy (VT) 10:00-12:00 Mahjongg 11:30-12:30 Never Ending Knowledge ~ART History 1:00-2:00 Card Making Circle \$1 per card 2:30-3:30 Senior Spin at "O" Holly	15 8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 1:30-2:15 Balance Exercise 2:30-3:00 EZ Chair Exercise (VT)
ents d by a- işor-	18 8:30-10:30 Italian Card Game 9:00-10:00 Water Exercise-Metz Pool 10:00-10:55 Strength & Cardio 11:00-12:00 Gentle Chair Yoga 12:00-1:00 Water Exercise-Metz Pool 11:00-12:00 <i>Craft w/Millissa</i> <i>3 days of gift making #1</i> 1:00-3:00 Mahjongg	19 9:00-11:30 Stained Glass Class \$5 9:00-11:00 Pinochle 9:00-10:00 Water Exercise-Metz Pool 10:00-11:00 Exercise -Sandy (WX) 11:00-12:00 Craft w/Millissa 3 days of gift making #2 12:00-3:00 Bridge Group 12:30-1:30 Taiji-FIT \$3 12:30-2:30 Knit & Crochet 1:30-2:15 Balance Exercise 2:30-3:00 EZ Chair Exercise (VT)	9:00-10:00 Water Exercise-Metz Pool 9:00-11:30 Stained Glass Class \$5 10:00-10:55 Strength & Cardio (VT) 11:00-12:00 Gentle Chair Yoga 11:00-12:00 Craft w/Millissa 3 days of gift making #3 ALL SITES CLOSE at 12:30pm for All Staff Meeting	21 8:30-10:30 Italian Card Game 9:00-10:00 Water Exercise-Metz Pool 10:00-11:`00 Water Exercise-Metz Pool 9:00-12:00 Pinochle 10:00-11:00 Exercise w/Sandy (VT) 10:00-12:00 Mahjongg 11:30-12:30 Never Ending Knowledge ~ART History 12:00-2:00 Out to Lunch Bunch at Silver Skillet 2:30-3:30 Senior Spin at "O" Holly	22 8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 12:00-1:00 Lunch & Learn \$5 (for Lunch) "Mental Health-The Winter Blues 1:30-2:15 Balance Exercise 2:30-3:00 EZ Chair Exercise (VT)
	ALL SITLS CLOSED	9:00-11:00 Pinochle	9:00-10:00 Water Exercise-Metz Pool 9:00-11:30 Stained Glass Class \$5	28 8:30-10:30 Italian Card Game 9:00-10:00 Water Exercise-Metz Pool 10:00-11:`00 Water Exercise-Metz Pool 9:00-12:00 Pinochle 10:00-11:00 Exercise w/Sandy (VT) 10:00-12:00 Mahjongg 11:30-12:30 Never Ending Knowledge ~ART History 2:30-3:30 Senior Spin at "O" Holly	29 8:30-10:30 Italian Card Game 9:00-11:00 Pinochle 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 1:30-2:15 Balance Exercise 2:30-3:00 EZ Chair Exercise (VT)