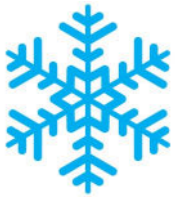


**New For January!**  
Intro to Chair Volleyball  
Wednesdays at 2pm  
No experience needed!



# January 2024 - Middlefield Senior Center 440-632-0611



**Monday Crafts:**

**8th Sock Snowman.**  
Cost:\$2.00

**22nd Winter Snow glob**  
Wall hanger.  
Cost: \$3.00

**29th Crafting With Marsha**  
No Cost.

**Make and take Thursday**  
11th: Healthy Snacks \$5.00  
25th Nancys Lunchables \$5.00

**Friday January 5th,12th &26th**  
**Soup lunch Fridays! Cost \$3**

**Tuesday, January 9th**  
Snowy luminaries craft  
Provided by Middlefield  
Library. No Cost.

**Wednesday January 10th**  
Virtual Tour with Ginny  
Explore Dollywood.  
No Cost.


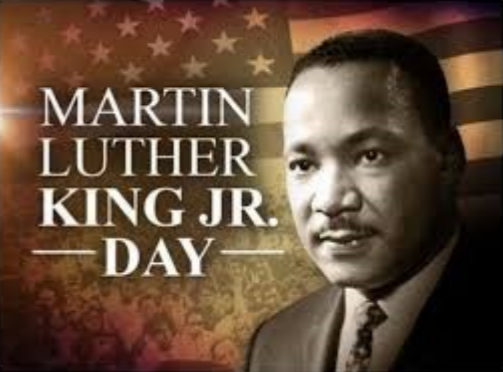
**Wednesday, January 10th**  
Baked potato bar with all the  
toppings! \$3

**Thursday, January 18th**  
Movie at Briar

**Thursday, January 18th**  
Calling all readers!  
New Book Club  
Book- *The Women*  
By Kristin Hannah

**Friday, January 19th**  
Kathie Doyle  
Presents the Civil Rights  
Movement. No Cost

**Tuesday, January 23rd**  
Knowledge with Nancy!  
Learn to make a digital  
photo book. No Cost.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	10am Chair Yoga Video 12pm Lunch 1pm Chair Volleyball	10am Balance Exercise 12pm Lunch 1pm BINGO 2pm Intro to Chair Volleyball	10am Movement with Ginny 12pm Lunch 1pm Chair Volleyball	11am Chair Exercise Video 12pm Lunch 12pm Soup Lunch (\$3) 1pm Chair Volleyball
10am Crafting Monday 11am Balance Exercise 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting	10am Chair Yoga Video 11am Craft with Middlefield Library 12pm Lunch 1pm Chair Volleyball	10am Balance Exercise 11am Virtual Tour with Ginny Dollywood 12pm Baked Potato Bar (\$3) 12pm Lunch 1pm Trivia & Popcorn 2pm Intro to Chair Volleyball	10am Movement with Ginny 11am Make and Take 12pm Lunch 1pm Chair Volleyball	10am Chair Exercise Video 12pm Lunch 12pm Soup Lunch (\$3) 1pm Chair Volleyball
	10am Chair Yoga Video 11am Health BINGO with UH 12pm Lunch 1pm Chair Volleyball	10am Balance Exercise 12pm Lunch 1pm BINGO 2pm Intro to Chair Volleyball	10am Movement with Ginny 11am Book Club <i>The Women</i> By Kristin Hannah 12pm Lunch 1pm Chair Volleyball 1pm Movie at Briar	9am-12pm Podiatrist 10am Breakfast (\$3) 10:30am Kathie Doyle 12pm Lunch 1pm Chair Volleyball
10am Crafting Monday 11am Balance Exercise 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting	10am Chair Yoga Video 11am Knowledge with Nancy 12pm Lunch 1pm Chair Volleyball	10am Balance Exercise 12pm Lunch 1pm Trivia & Popcorn 2pm Intro to Chair Volleyball	10am Movement with Ginny 11am Make and Take 12pm Lunch 1pm Chair Volleyball	10am Chair Exercise Video 12pm Lunch 12pm Soup Lunch (\$3) 1pm Chair Volleyball
10am Crafting Monday 11am Balance Exercise 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting with Marsha	10am Chair Yoga Video 12pm Lunch 12:30 Chair Volleyball Closed at 2pm for Staff Development	10am Balance Exercise 12m Lunch 1pm BINGO Sponsored by Burton Health Care 2pm Intro to Chair Volleyball	Coffee and Conversation Every day starting at 8am  Rummikub Played Every day At 9am	Please call to register for lunch, crafting and special events.  GDA Lunch Served Every day at 12pm (unless otherwise noted)