

Bainbridge Bulletin

Movie Matinee

Every Monday the Bainbridge Senior Center offers a lunch and movie at 12 pm, free of charge. February's theme is **Presidential Movies**. Reservations are not required but encouraged to ensure a meal for all attendees.

Wednesdays in February:

Limitless Learning: Each week 2 topics will be covered from 12:30 pm to 1:30 pm. We will finish **Crimes of the Century: A Selective History of Infamy** on Wednesday, February 7th and move into **The Great Revolutions of Modern History**. The exact topics are listed later in the newsletter or call (440) 279-1313 with any questions.

Thursday, February 8:

David Explains: Groundhog Day
Why do people take their weather forecast from a rodent? Is this a uniquely American tradition or do people around the world look to animals for weather reports? David will explain the history of Punxsutawney Phil and his less memorable friends. The program begins at 1:00 pm, call (440) 279-1313 to register.

Tuesday, February 13:

Soup & Sandwich Lunch: Join the Bainbridge Senior Center for a soup and sandwich lunch of Chicken Noodle Soup and Hot Ham & Cheese. We will start serving at noon and have a soup bar with add-ons and a variety of cheeses to choose from. \$5 is due at registration and due by Friday, February 9th, 2024.

Tuesday, February 20:



The Bainbridge Book Club kicks off 2024 with **Books to Movies**. Instead of reading a specific book, there is a new theme each month and you can choose any book within that theme.

Thursday, February 29:

Big Breakfast Join the Bainbridge Senior Center for our monthly big breakfast. Veterans and January birthdays are free to attend. The cost is \$5 for everyone else. January's menu is scrambled eggs, bacon, and fruit. Please RSVP by Tuesday, February 20th.

February 2024 - Bainbridge Senior Center

17751 Chillicothe Rd
Bainbridge, OH 44023
(440) 279-1313

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>If you are having trouble with your smartphone or new piece of technology the Bainbridge Senior Center is here to help. Call David or Keri to schedule an appointment to help you learn about your device, (440)-279-1313.</p>		<p>1 9:45-10:15 Balance Exercise 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch</p>	<p>2 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 12:00-2:00 Scrabble 12:00-12:30 Lunch 2:30-3:15 Cardio Drumming</p>
<p>5 8:30-9:30 All-Around Exercise (\$3) 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch & a Movie (<i>Air Force One</i>) 12:30-2:30 Mahjong 2:30-3:15 Cardio Drumming</p>	<p>6 9:45-10:15 Balance Exercise 10:00-12:00 Mexican Train 12:00-12:30 Lunch 12:30-2:30 Mahjong 1:00-2:00 Yoga Nidra with Fairmount Center for the Arts</p>	<p>7 8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:45 Bingo 10:45-11:30 Line Dancing (\$3) 12:00-12:30 Lunch (<i>senior center</i>) 12:30-1:30 Limitless Learning 12:30-2:30 Bridge 2:00-3:00 Art Class w/Fairmount 2:30-3:15 Cardio Drumming</p>	<p>8 9:45-10:15 Balance Exercise 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 1:00-2:00 David Explains: Groundhog Day 3:00-4:00 Sheet Pan Dinner \$5 due with registration</p>	<p>9 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 12:00-2:00 Scrabble 12:00-12:30 Lunch 2:30-3:15 Cardio Drumming</p>
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<p>26 8:30-9:30 All-Around Exercise (\$3) 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch & a Movie (<i>The American President</i>) 12:30-2:30 Mahjong 2:30-3:15 Cardio Drumming</p>	<p>27 9:45-10:15 Balance Exercise 10:00-12:00 Mexican Train 12:00-12:30 Lunch 12:45-1:45 Mahjong 1:00-2:00 Yoga Nidra with Fairmount Center for the Arts The senior center will be closing early for a staff meeting in Chardon.</p>	<p>28 8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:30-11:45 Bingo 10:45-11:30 Line Dancing (\$3) 12:00-12:30 Lunch (<i>senior center</i>) 12:30-1:30 Limitless Learning 12:30-2:30 Bridge 2:00-3:00 Art Class w/Fairmount 2:30-3:15 Cardio Drumming</p>	<p>29 9:00-10:00 Big Breakfast! <i>Prior registration required</i> 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch</p>	<div style="border: 1px solid black; padding: 5px;"> <p>Recreation & Education Coordinator <i>David Craig</i></p> <p>Recreation & Education Assistants <i>Keri Skrtic</i></p> </div>