New
Intro to Chair Volleyball
Wednesdays at 2pm
No experience needed!

Monday Crafts:

5th Valentines Day arrangement.
Cost:\$5.00

12th Valentines Day
Cards to Give
No Cost.

26th Crafting With Marsha No Cost.

Make and Take Fridays
2nd Valentines Chocolate
\$5.00
23rd Fun Size Snacks \$5.00

Tuesday, February 1st
Eclipse of a Lifetime
Presented by Geauga Park
District.

Tuesday, February 6th
Virtual Touring with Ginny
No cost.
12pm Middlefield Tavern
Cost on your own.

Wednesday, February 14th
BINGO with friendintines
Valentines Day Lunch & Tea
Lunch cost \$5.00

Thursday February 15th
Book Club

<u>Friday, February 16th</u> February Breakfast \$3.00

Friday, February 16th
Kathie Doyle
Presents Famous
Couples in History.

Wednesday, February 21st
Out to lunch- Kaballos
Cost on your own.



February 2024 - Middlefield Senior Center 440-632-0611

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Coffee & Conversation Every day starting at 8am Rummikub Played Every day At 9am	Recreation & Education Coordinator Hannah Heinz Assistant Recreation & Education Coordinator Ginny Lester Nancy Niehus		1 10am Movement with Ginny 11am Eclipse of a Lifetime presented by Geauga Parks 12pm Lunch 1pm Chair Volleyball	10am Chair Exercise Video 11am Make and Take 12pm Lunch 1pm Chair Volleyball
10am Crafting Monday 11am Balance Exercise 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting	10am Chair Yoga Video 11am Virtual Touring w/Ginny 12pm Out to Lunch 12pm Lunch 1pm Chair Volleyball	10am Balance Exercise 12pm Lunch & Learn Heart Health with Chardon Health Care. 1pm Trivia and Popcorn 2pm Intro to Chair Volleyball	10am Movement with Ginny 12pm Lunch 1pm Chair Volleyball	10am Chair Exercise Video 12pm Lunch 1pm Chair Volleyball
10am Crafting Monday 11am Balance Exercise 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting	13 10am Chair Yoga Video 11am Mardi Gras Craft & Paczki (\$3) 12pm Lunch 1pm Chair Volleyball	10am Balance Exercise 12pm Valentines Day Lunch and Tea (\$5) 1pm BINGO with Friendintines 2pm Intro to Chair Volleyball	15 10am Movement with Ginny 11am Book Club 12pm Lunch 1pm Chair Volleyball 1pm Movie at Briar	16 10am Monthly Breakfast (\$3) 10:30am Kathie Doyle 12pm Lunch 1pm Chair Volleyball
Closed in observance of Presidents Day. **** Closed in observance of Presidents Day. *** **** **** *** *** *** ***	10am Chair Yoga Video 11am Health BINGO with UH 12pm Lunch 1pm Chair Volleyball	10am Balance Exercise 12pm Lunch 12pm Out to Lunch Kaballos 2pm Intro to Chair Volleyball	10am Movement with Ginny 12pm Lunch 1pm Chair Volleyball	10am Chair Exercise Video 11am Make and Take 12pm Lunch 1pm Chair Volleyball
10am Crafting Monday 11am Balance Exercise 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting with Marsha	10am Chair Yoga Video 12pm Lunch 12:30 Chair Volleyball Closed at 2pm for Staff Development	10am Balance Exercise 12m Lunch 1pm BINGO Sponsored by Burton Health Care 2pm Intro to Chair Volleyball	10am Movement with Ginny 12pm Lunch 1pm Chair Volleyball	Please call to register for lunch, crafting and special events. GDA Lunch Served Every day at 12pm (unless otherwise noted)