

Newsorthy Notes

MARCH 2024 WEST G. SENIOR CENTER

8090 Cedar Rd Chesterland, 44026 * 440-279-2163

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

ALL events/classes with the (VT) symbol listed after it, are available both LIVE and on Virtual Teams

Never Ending Knowledge series

~Worlds Greatest Churches

MAR 6th #1 "Hagia, Sophia"

#2 "The Cave Churches of Cappadocia"

MAR 13th #1 "Great Churches of Russia"

#2 "The Painted Churches of Romania"

MAR 20th #1 "The Churches of Armenia"

#2 "The Churches of Georgia"

MAR 27 #1 "Rock-Hewn Churches of Ethiopia"

#2 The Mosque-Cathedral of Cordoba

Art History series

~The Genius of Michelangelo

MAR 7th #1 The "David" and "St. Matthew"

#1 "For the Republic-The Battle of Cascina"

MAR 14th #1 "The Taddei Tondo & Pitti Tondo"

#2 The "Doni Tondo"

An **MAR 21st #1** "Rome and the tomb of Julius II"

#2 "Bologna and the return to Rome"

MAR 28th NO CLASS TODAY-Out to Lunch

Craft with Millissa

MAR 19th 12:30-1:30pm Join us at the center as we make Mason Lid Suncatcher Chimes. All registered seniors will receive supplies for making the suncatchers, including the hanger, and hands on instructions. **cost is \$5, register by MAR 12th. Call 440-279-2163**

Arm Chair Travel with a Twist "Canada"

MAR 25th 12:30-2:30 We will be visiting **Canada & The Rocky Mountains**, begin your travels listening to music while you sample small plates of food from the area. Following refreshments, enjoy a travel documentary featuring this Location.

After the documentary, stay to make a craft native to the area. For Canada, we will make a Train Whistle. **Cost is \$5, register by MAR 18th. Call 440-279-2163**

Out to Lunch Bunch

MAR 28 12:00-2:00pm- Oak & Embers in Chesterland is the meet up restaurant. Call ahead to sign up so we know to save you a seat. **Deadline is MAR 25th cost is on your own. 440-279-2163**

Solar Eclipse Party w/Geauga Parks

MAR 29th 11:30-1:00 Play some "Out of this World" Trivia, Lunch (Rocket Dogs, Sun Chips and Moon Pies), Solar Eclipse Glasses and followed by Geauga Parks presenting "The Eclipse of A Lifetime" From Geauga Parks. **Cost for Lunch is \$5, Sign up deadline is MAR 22nd**

SPRING FLING with SAM FOSH

APRIL 10th 11:30-12:30pm -Join us as we welcome in SPRING!! There will be a cookout style lunch with Hamburgers, Hotdogs, baked beans, potato chips, Waldorf salad and beverages. After lunch we will be entertained by the GREAT SAM FOSH!! **Cost: \$10, RSVP deadline is APRIL 5th**

Recreation/Education Coordinator

~Christine Bacon 440-214-3505

Rec/Ed Assistant Coordinator

~Millissa Norris 440-279-2183

~Laura Reed 440-279-2163

I&R Assistant: Debbie M.

Stained Glass Class Appointments:

Call Don Trask 440-759-9691

Lunch is served Mon thru Fri from 12:00-12:30pm. ALL Seniors MUST make a RESERVATION *IN ADVANCE* to receive a lunch. Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163



<p>4</p> <p>8:30-10:30 Italian Card Game 9:00-10:00 Water Exercise-Metz Pool 10:00-10:55 Strength & Cardio 11:00-12:00 Gentle Chair Yoga 12:00-1:00 Water Exercise-Metz Pool 1:00-3:00 Mahjongg 2:00-3:00 Line Dance Class</p>	<p>5</p> <p>9:00-11:30 Stained Glass Class \$5 9:00-10:00 Water Exercise-Metz Pool 10:00-11:00 Exercise -Sandy (VT) 11:00-11:30 EZ-Chair Exercise 12:00-3:00 Bridge Group 12:30-1:30 Taiji-FIT \$3 12:30-2:30 Knit & Crochet</p>	<p>6</p> <p>8:30-10:30 Italian Card Game 9:00-10:00 Water Exercise-Metz Pool 9:00-11:30 Stained Glass Class \$5 10:00-10:55 Strength & Cardio (VT) 11:00-12:00 Gentle Chair Yoga 12:30-1:15 Balance Exercise 1:00-2:00 Never Ending Knowledge ~Worlds Greatest Churches</p>	<p>7</p> <p>9:00-10:00 Water Exercise-Metz Pool 10:00-11:00 Water Exercise-Metz Pool 10:00-11:00 Exercise w/Sandy (VT) 10:00-12:00 Mahjongg 11:00-11:30 EZ-Chair Exercise 11:30-12:30 Never Ending Knowledge ~ ART History 2:00-4:00 Senior Spin at "O" Holly 2 classes (2-3) & (3-4)</p>	<p>8</p> <p>8:30-10:30 Italian Card Game 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming 12:30-1:15 Balance Exercise</p>
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