Call Chardon Senior Center to register for any of the following events!

Wednesday, 3/6: Sweet Treat Drive-Thru at Heather Hill. Call to register to get a lunch and delicious dessert, in our own drive-thru lane at Heather Hill!

Friday, 3/8: The MyMeds Ohio program focuses on medication management, offering a free review of prescribed medications by a licensed Pharmacist and/or qualified provider to determine medication-related problems. As a result, consumers may be better able to manage their medications and prevent adverse effects. Monday, 3/11: Book Club: "The Inno-

cent Man," by John Grisham.

Tuesday, 3/12: March Almanac Program with Ruben Lunch. Free, but call to sign up!

Friday, 3/15: Home Décor Make and Take Workshop \$8. Easter-themed home décor project.

Tuesday, 3/19: Apple Strudel Making Class. \$12.

Tuesday, 3/19: Iris Folding. \$1.50 per card.

Wednesday, 3/20: Heather Hill Luncheon at Chardon Senior Center.

Thursday, 3/21: Easter Breakfast. \$5.

Friday, 3/29: Birthday Bingo and Pizz Party. March birthdays are free, \$5 for everyone else!

We are looking to start a new Euchre Club and a new Chess Club at Chardon Senior Center. We are also looking for more Casual Bridge Players. If you are interested in any o these, give us a call at 440-279-2126!

A Peek Ahead! Looking into April:

4/2: Lunch and Learn: Caring for the Caregiver of a Loved One with Dementia.

4/3: Heather Hill Drive-Thru

4/5: Breakfast and Speaker Series with Kathie Doyle.



March 2024 - Chardon Senior Center

eds Ohio program	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
nanagement, of-					1
prescribed medica- macist and/or termine medica-		Becky O'Reilly Recreation & Education Coordinator	Beth Oliverio Information and Referral Specialist		9:30-11:30 Stained Glass 11:00-11:45 Balance Exercise
As a result, con- ble to manage their t adverse effects.		Nancy Niehus, Ginny Lester & Ellie Rickard Recreation & Education			1:00-2:00 Chair Volleyball 1:00-4:00 Bridge Group
Club: "The Inno- sham.		Assistant Coordinators	<u> </u>	7	•
Almanac Program e, but call to sign	4 10:00-12:00 Rug Hooking 10:00-12:00 Quilting 11:00-11:45 Strength Training \$2		6 9:00-11:00 Pinochle 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercise	10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:304:00 Duplicate Bridge	10:00-11:30 Breakfast and
écor Make and ster-themed home		11:00-11:45Balance Exercises12:30-4:00Game Day2:00-3:30Raccoon CountyRamblers Practice	12:00-12:30 Drive-Thru at Heather Hill—reservations re- quired 1:30-4:00 Mexican Train 1:00-4:00 Mah Jongg	1:30-3:30 Line Dancing \$5 (off site)	WRAAA Presentation on MyMeds Ohio 11:00-11:45 Balance Exercise 1:00-2:00 Chair Volleyball 1:00-4:00 Bridge Group
Strudel Making					
lding. \$1.50 per	11 10:00-12:00 Rug Hooking 10:00-12:00 Quilting 11:00-11:45 Strength Training \$2	10:00-10:45 Tai Chi \$3	13 9:00-11:00 Pinochle 10-12:30 Dulcimer Groups	10:30-12:00 Choral Group	15 9:30-11:30 Stained Glass 11:00-11:45 Balance Exercise
ather Hill Lunch- Center. r Breakfast. \$5. Bingo and Pizza	12:00-2:00 Lunch and Movie: "13 Going on 30." Free, but call to sign up. 1:00-2:00 Book Club: "The Innocent Man." 1:00-3:00 Ceramics	11:00-11:45 Balance Exercises 12:00-12:30 Special Ruben Lunch 12:30-2:00 March Almanac Program 2:00-3:30 RCR Practice	11:00-11:45 Strength Training\$2 11:00-12:00 Balance Exercise 1:30-4:00 Mexican Train 1:00-4:00 Mah Jongg	11:00-11:45 Balance Exercise 12:30-4:00 Duplicate Bridge 1:30-3:30 Line Dancing \$5 (off site)	1:00-3:00 Home Décor Make and Take \$8 1:00-2:00 Chair Volleyball 1:00-4:00 Bridge Group
are free, \$5 for t a new Euchre Club at er. We are also al Bridge erested in any of 440-279-2126!	12:00-2:00 Lunch and Movie:	19 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi \$3 10:00-12:00 Iris Folding 11:00-11:45 Balance Exercises 12:30-4:00 Apple Strudel Mak- ing Workshop \$12 12:30-1:30 Parkinson's Group 2:00-3:00 Diabetes Support	20 9:00-11:00 Pinochle 10-12:30 Dulcimer Groups 12:00-1:00 Heather Hill Cooking Demo 11:00-11:45 Strength Training\$2 11:00-12:00 Balance Exercise 1:30-4:00 Mexican Train 1:00-4:00 Mah Jongg	21 10:00-11:30 Easter Breakfast \$5 10:30 -12:00 Choral Group 11:00-11:45 Balance Exercise 12:30-4:00 Duplicate Bridge 1:30-3:30 Line Dancing \$5 (off site)	22 9:30-11:30 Stained Glass 11:00-11:45 Balance Exercise 1:00-2:00 Chair Volleyball 1:00-4:00 Bridge Group
ng into April: 1: Caring for the One with Demen- 7e-Thru eaker Series with	25 10:00-12:00 Rug Hooking 10:00-12:00 Quilting 11:00-11:45 Strength Training \$2 12:00-2:00 Lunch and Movie: "Jim Gaffigan, King Baby" Free, but call to sign up. 1:00-3:00 Ceramics	26 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi \$3 11:00-11:45 Balance Exercises 12:30-2:00 Game Day 12:30-2:00 Raccoon County Ramblers Practice Center Closed at 2:00 today	27 9:00-11:00Pinochle10-12:30Dulcimer Groups11:00-11:45Strength Training11:00-12:00Balance Exercise1:00-2:30Chair Volleyball1:30-4:00Mexican Train1:00-4:00Mah Jongg Mixer	28 10:30 -12:00 Choral Group 11:00-11:45 Balance Exercise 12:30-4:00 Duplicate Bridge 1:30-3:30 Line Dancing \$5 (off site)	29 9:30-11:30 Stained Glass 11:00-11:45 Balance Exercise 11:00-12:30 Birthday Bingo and Pizza Party 1:00-2:00 Chair Volleyball 1:00-4:00 Bridge Group

(440) 279-2126