

Monday Crafts at 1pm

4th Wooden Bunny
Cost:\$3.00

11th Mason Jar Succulent
Cost: \$5.00

18th Sunflower Porch Painting
Cost:\$3.00

25th Crafting With Marsha
No Cost.

Food Club
Thursday March 7th
Thursday March 21st
Cost \$5.00
Try new and healthy foods!

Salad Lunch Fridays
\$3.00 each Friday

Line Dancing Tuesdays
Teacher Marlene Miller
1 hour class \$3.00

Wednesday March 13th
Scams with the Middlefield Police Department.

Thursday March 14th
How to better communicate with someone hard of hearing. Presented by Tiger K'lynn

Monday March 18th
Craft sponsored by Middlefield Library. No Cost.

Wednesday March 20th
Touring Geauga County With Ginny!

Thursday March 28th
Self Defense Class with the Middlefield Police Department 9am-12pm must pre register.

Matter of Balance Class
Wednesdays and Fridays in March 1-3pm pre registration required.

Please call to register for lunch, crafting and special events.

March 2024 - Middlefield Senior Center 440-632-0611



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Recreation & Education Coordinator Hannah Heinz Assistant Recreation & Education Coordinator Ginny Lester Nancy Niehus				10am Chair Exercise Video 12pm Salad Lunch \$3 12pm Lunch 1-3pm Matter of Balance
4 10am Crafting Monday 11am Balance Exercise 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting	5 10am Chair Yoga Video 11am Line Dancing \$3 12pm Lunch 1pm Chair Volleyball	6 10am Balance Exercise 1pm BINGO 12pm Lunch 1-3pm Matter of Balance Class	7 10am Movement with Ginny 11am Food Club \$5 12pm Lunch 1pm Chair Volleyball	8 10am Chair Exercise Video 12pm Salad Lunch \$3 12pm Lunch 1-3pm Matter of Balance
11 10am Crafting Monday 11am Balance Exercise 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting	12 10am Chair Yoga Video 11am Line Dancing \$3 12pm Lunch 1pm Chair Volleyball	13 8am-10am Social work appointments with Michele 10am Balance Exercise 11am Scams with the Middlefield police department 12pm Lunch 1-3pm Matter of Balance Class	14 10am Movement with Ginny 11am Better communication with someone hard of hearing. 12pm Lunch 12:30pm Rummikub Party 1pm Chair Volleyball	15 10am Chair Exercise Video 12pm Salad Lunch \$3 12pm Lunch 1-3pm Matter of Balance
18 10am Crafting Monday 10am Balance Exercise 11am Crafting Sponsored by Middlefield Library 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting	19 10am Chair Yoga Video 11am BINGO with Dawn Sponsored by Ohman Family Living 12pm Lunch 1pm Chair Volleyball	20 10am Balance Exercise 10:30am Touring with Ginny 12pm Lunch 1-3pm Matter of Balance Class	21 10am Movement with Ginny 11am Food Club \$5 12pm Lunch 1pm Chair Volleyball	22 10am Chair Exercise Video 12pm Salad Lunch \$3 12pm Lunch 1-3pm Matter of Balance
25 10am Crafting Monday 11am Balance Exercise 12pm Lunch 12pm-3pm Painting Pals 1pm Crafting with Marsha	26 10am Chair Yoga Video 11am Line Dancing \$3 12pm Lunch 12:30 Chair Volleyball Closed at 2pm for Staff Development	27 10am Balance Exercise 11am BINGO Sponsored by Burton Health Care 12pm Lunch 1-3pm Matter of Balance Class	28 9-12pm Self Defense Class with the Middlefield police department 12pm Lunch 1pm Chair Volleyball	29 9-12pm Podiatrist 10am Chair Exercise Video 11am Salad Lunch \$3 12pm Lunch 1-3pm Matter of Balance