

Newsorthy Notes

MAY 2024 WEST G. SENIOR CENTER

8090 Cedar Rd Chesterland, 44026 * 440-279-2163

ALL classes with the (VT) symbol listed after it, are available LIVE and on Teams

Never Ending Knowledge –Churches Wednesdays 1-2pm

MAY 1- #1 St. Peter's Basilica

#2 The Wieskirche in Bavaria

MAY 8th- #1 ~La Compania and Las Lajas Sanctuary

#2 ~Guadalupe and the Cathedral of Mexico City

MAY 15th #1~Four Great American Churches

#2 La Sagrada Familia

MAY 22nd #1 ~Iceland's Hallgrimskirkja

#2 Two Churches in Seoul, Korea

END OF CHURCHES—Next UP "The Wonder of Birds"

The Genius of Michaelangelo—Thursdays 11:30-12:30pm

MAY 2nd #1 ~The Laurentian Library

#2 Florence—A Republic under Siege, 1527–34

MAY 9th #1 A New Aesthetic—The "Non-Finito"

#2 Michelangelo's Drawings, 1520–40

MAY 16th #1 The "Last Judgment"

#2 The "Last Judgment," Part 2

MAY 23rd #1 The Pauline Chapel

#2 The Completion of the Julius Tomb; Poetry

WGSC Mystery Breakfast & More.....

MAY 17th 8:30-10:30 -MAY IS **MYSTERY** month, and

WEST G is celebrating with a MYSTERY Breakfast &

More.....We'll start out the morning with a filling breakfast,

maybe play some games, maybe have a speaker, who

knows, its all a mystery. What we do know is You'll Have

FUN!! **Cost: \$5, RSVP and \$\$\$ Due by May 10th**

AARP SAFE DRIVER COURSE

MAY 17th 9:00-1:30pm ~Bring your Drivers License and

AARP CARD, Pre-Registration starts at 8:45am. Cost for

AARP members is \$20 ~ Non members \$25. Hot lunch is

available however you must order your lunch when register-

ing for the course. Deadline is May 6th. Make checks paya-

ble to AARP and give directly to the instructor.

Call to register by MAY 6th* Call 440-279-2163

Cookies with the Chief

May 20th at 12:30pm. Seniors will have the chance to meet

Chief Young in an informal setting. Chief Young will give

seniors information important to their community. **This is a**

free event RSVP required by May 13th.

Craft with Millissa

MAY 21st~ 12:30-1:30 Craft will be a wooden Bead

Wreath-You'll receive all the supplies needed plus

instructions to make your own 14 inch wreath. **Cost is**

\$10, RSVP & Payment due by MAY 13th

Arm Chair Travel with a TWIST

MAY 28th 12:30-2:30 We will visit GRANADA SPAIN!

Begin your Travels listening to music while you sample

small plates of cuisine from the area. Following, refresh-

ments, enjoy a documentary featuring the area we are visit-

ing. After the documentary we will make a craft popular to

the area – For Granada, we'll make paper mache trinket

bowls. **Cost:\$5 RSVP BY MAY 20, 2024**

Lunch & TRIVINGO

MAY 31st- For the Very First Time, we introduce to you a

new game, created by Christine Bacon, its called

"TRIVINGO". This is NOT your ordinary letter and number

Bingo Game. This is a form of picture bingo (ALL CLASSIC

TV SHOW TITLES), along with Trivia questions from each

of the classic tv shows from the past! All trivia is multiple

choice, and you do not have to participate in it, you can just

say "PASS" and we will move on to the next person. A

Boxed Lunch is Included, and there will be MANY PRIZES,

including a GRAND PRIZE at the end of the event! **Cost \$7,**

RSVP and payment due by 5-24-24. 440-279-2163

MONDAY

Recreation/Education Coordinator

~Christine Bacon 440-214-3505

Rec/Ed Assistant Coordinators

~Millissa Norris 440-279-2183

~Laura Reed 440-279-2163

I&R Assistant: Debbie M.

Stained Glass Class Appointments:

Call Don Trask 440-759-9691

TUESDAY

Lunch is served Mon thru Fri from 12:00-12:30pm. ALL Seniors MUST make a RESERVATION *IN ADVANCE* to receive a lunch. Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163

WEDNESDAY

1

8:30-10:30 Italian Card Game
9:00-10:00 Water Exercise-Metz Pool
9:00-11:30 Stained Glass Class \$5
10:00-10:55 Strength & Cardio (VT)
11:00-12:00 Gentle Chair Yoga
12:30-1:15 Balance Exercise
1:00-2:00 Never Ending Knowledge
 ~Worlds Greatest Churches

THURSDAY

2

9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Water Exercise-Metz Pool
10:00-11:00 Exercise w/Sandy (VT)
10:00-12:00 Mahjongg
11:00-11:30 Seated Strength & Weights
11:30-12:30 Never Ending Knowledge
 ~ART History
2:00-3:00 Senior Spin at "O" Holly
3:00-4:00 Senior Spin at "O" Holly

FRIDAY

3

8:30-10:30 Italian Card Game
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Gentle Chair Yoga VIDEO
11:00-11:45 Cardio Drumming
12:30-1:15 Balance Exercise
1:00-3:00 Board Games

6

8:30-10:30 Italian Card Game
9:00-10:00 Water Exercise-Metz Pool
10:00-10:55 Strength & Cardio (VT)
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise-Metz Pool
1:00-3:00 Mahjongg

7

9:00-11:30 Stained Glass Class \$5
9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Exercise -Sandy (VT)
11:00-11:30 Seated Strength & Weights
12:00-3:00 Bridge Group
12:30-1:30 Taiji-FIT \$3
12:30-2:30 Knit & Crochet
2:30-4:00 Visual Arts w/ Fairmount
3:00-4:00 Senior Spin at "O" Holly

8

8:30-10:30 Italian Card Game
9:00-10:00 Water Exercise-Metz Pool
9:00-11:30 Stained Glass Class \$5
10:00-10:55 Strength & Cardio (VT)
11:00-12:00 Gentle Chair Yoga
12:30-1:15 Balance Exercise
1:00-2:00 Never Ending Knowledge
 ~Worlds Greatest Churches

9

9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Water Exercise-Metz Pool
10:00-11:00 Exercise w/Sandy (VT)
10:00-12:00 Mahjongg
11:00-11:30 Seated Strength & Weights
11:30-12:30 Never Ending Knowledge
 ~ART History
12:00-1:00 *Music Moves You w/Laura*
2:00-3:00 Senior Spin at "O" Holly
3:00-4:00 Senior Spin at "O" Holly

10

8:30-10:30 Italian Card Game
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Gentle Chair Yoga VIDEO
11:00-11:45 Cardio Drumming
12:30-1:15 Balance Exercise
1:00-3:00 Board Games

13

8:30-10:30 Italian Card Game
9:00-10:00 Water Exercise-Metz Pool
10:00-10:55 Strength & Cardio (VT)
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise-Metz Pool
12:30-5:30 *Matinee Movie & a Meal Out*
1:00-3:00 Mahjongg

14

9:00-11:30 Stained Glass Class \$5
9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Exercise -Sandy (VT)
11:00-11:30 Seated Strength & Weights
12:00-3:00 Bridge Group
12:30-1:30 Taiji-FIT \$3
12:30-2:30 Knit & Crochet
2:30-4:00 Visual Arts w/ Fairmount
3:00-4:00 Senior Spin at "O" Holly

15

8:30-10:30 Italian Card Game
9:00-10:00 Water Exercise-Metz Pool
9:00-11:30 Stained Glass Class \$5
10:00-10:55 Strength & Cardio (VT)
11:00-12:00 Gentle Chair Yoga
12:30-1:15 Balance Exercise
1:00-2:00 Never Ending Knowledge
 ~Worlds Greatest Churches

16

8:30-10:30 Italian Card Game
9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Water Exercise-Metz Pool
10:00-11:00 Exercise w/Sandy (VT)
10:00-12:00 Mahjongg
11:00-11:30 Seated Strength & Weights
11:30-12:30 Never Ending Knowledge
 ~ART History
2:00-3:00 Senior Spin at "O" Holly
3:00-4:00 Senior Spin at "O" Holly

17

8:30-10:30 Italian Card Game
8:30-10:30 *Mystery Breakfast \$5*
9:00-1:30 *AARP SAFE Driver Course \$5*
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Gentle Chair Yoga VIDEO
NO CARDIO DRUMMING TODAY
12:30-1:15 Balance Exercise
1:00-3:00 Board Games

20

8:30-10:30 Italian Card Game
9:00-10:00 Water Exercise-Metz Pool
10:00-10:55 Strength & Cardio (VT)
11:00-12:00 Gentle Chair Yoga
12:30-1:30 *Cookies w/the Chief of Police*
12:00-1:00 Water Exercise-Metz Pool
1:00-3:00 Mahjongg

21

9:00-11:30 Stained Glass Class \$5
9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Exercise -Sandy (VT)
11:00-11:30 Seated Strength & Weights
12:00-3:00 Bridge Group
12:30-1:30 *Craft w/Millissa \$10*
12:30-1:30 Taiji-FIT \$3
12:30-2:30 Knit & Crochet
3:00-4:00 Senior Spin at "O" Holly

22

8:30-10:30 Italian Card Game
9:00-10:00 Water Exercise-Metz Pool
9:00-11:30 Stained Glass Class \$5
10:00-10:55 Strength & Cardio (VT)
11:00-12:00 Gentle Chair Yoga
12:30-1:15 Balance Exercise
1:00-2:00 Never Ending Knowledge
 ~Worlds Greatest Churches

23

9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Water Exercise-Metz Pool
10:00-11:00 Exercise w/Sandy (VT)
10:00-12:00 Mahjongg
11:00-11:30 Seated Strength & Weights
11:30-12:30 Never Ending Knowledge
 ~ART History
12:00-1:00 *Music Moves You w/Laura*
2:00-3:00 Senior Spin at "O" Holly
3:00-4:00 Senior Spin at "O" Holly

24

8:30-10:30 Italian Card Game
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Gentle Chair Yoga VIDEO
11:00-11:45 Cardio Drumming
12:30-1:15 Balance Exercise
1:00-3:00 Board Games

27

MEMORIAL DAY
ALL SITES CLOSED

MEMORIAL DAY
 HONORING ALL WHO SERVED



28

9:00-11:30 Stained Glass Class \$5
9:00-10:00 Water Exercise-Metz Pool
10:00-11:00 Exercise -Sandy (VT)
11:00-11:30 Seated Strength & Weights
12:00-3:00 Bridge Group
12:30-2:30 *Arm Chair Travel with a Twist "Granada SPAIN" \$5*
12:30-1:30 Taiji-FIT \$3
12:30-2:30 Knit & Crochet
3:00-4:00 Senior Spin at "O" Holly

29

8:30-10:30 Italian Card Game
9:00-10:00 Water Exercise-Metz Pool
9:00-11:30 Stained Glass Class \$5
10:00-10:55 Strength & Cardio (VT)
11:00-12:00 Gentle Chair Yoga
12:30-1:15 Balance Exercise
12:30-4:00 *Mahjong Mixer*

30

9:00-11:00 Water Exercise-Metz Pool
10:00-11:00 Exercise w/Sandy (VT)
10:00-12:00 Mahjongg
NO NEVER Ending Knowledge Today
2:00-3:00 Senior Spin at "O" Holly
3:00-4:00 Senior Spin at "O" Holly
5:00-7:00 *DINE NITE OUT ~TBA*

31

8:30-10:30 Italian Card Game
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Gentle Chair Yoga VIDEO
11:00-11:45 Cardio Drumming
12:00-2:00 *Lunch & Trivingo \$7*
NO BALANCE CLASS TODAY
1:00-3:00 Board Games