

# The Geauga senior news

Geauga County Department on Aging

**November 2024**

**You may never give your next  
meal a second thought...**

'tis the  
**Season**  
of  
**Giving** 

But that is not true for many Geauga  
County Senior Citizens!

What a gift it would be if you could  
help!

**Give a Home Delivered Meal to  
someone local and in need!**

1 meal = \$5.00

1 week of meals = \$25.00

1 month of meals = \$104.00

1 year of meals = \$1,250

Last year we delivered **52,763** meals in  
to  
**478** seniors

We have **203** Home  
Delivered Meal drivers

**94,833.25** miles were  
donated by our drivers

Turn to page 21 for the Seasons of Giving Donation Form

## **Home Delivered Holiday Meals for Geauga County Seniors**

The Geauga County Department on Aging and local Thanksgiving Sponsors, Cherished Companions, University Hospitals Geauga Medical Center, Richard Doerr and the Chardon VFW will offer a **FREE** traditional holiday meal to any Geauga County Seniors, age sixty (60) and older, who will be home and alone on Thanksgiving Day, November 28.

There will be no regular Home Delivered Meal delivery or congregate meals on Thanksgiving. Instead, holiday meals are available by preorder only.

In order to ensure your holiday meal delivery, please contact the Department on Aging as soon as possible. Thanksgiving Day Meal requests are due by November 22.

If you are a Geauga County Senior, or you know of a Geauga County Senior, who will be home and alone on the holidays and need a meal, please call the Geauga Department on Aging at 440-279-2163 or 440-279-2130.



# What's New in this Issue

|   |         |   |    |
|---|---------|---|----|
| SEASON OF GIVING .....                  | 1       | BINGO-PA-LOOZA, BIG BREAKFAST .....       | 17 |
| THANKSGIVING MEALS .....                | 1       | OUT TO LUNCH, FASCINATING WOMEN .....     | 17 |
| INDEX, NEWSLETTER INFO .....            | 2       | BOOK DISC, FRIENDSGIVING, ART CLASS ..... | 17 |
| PLATINUM PATRONS .....                  | 2       | LIFELONG LEARNING, MOVIE & LUNCH .....    | 18 |
| MEDICARE SAVINGS & EXTRA HELP .....     | 3       | TRIVINGO, LEARN BRIDGE .....              | 18 |
| HEAP INFORMATION .....                  | 3       | LUNCH & LEARN, TREE PAINTING .....        | 18 |
| COMMUNITY CALENDAR .....                | 4 & 5   | OUT TO LUNCH, MEIDCARE COMP .....         | 19 |
| CHARDON CALENDAR .....                  | 6 & 7   | CONVERSATION, GPD CRITTERS .....          | 19 |
| BAINBRIDGE CALENDAR.....                | 8 & 9   | WEST G BREAKFAST, PHOTO CLUB .....        | 19 |
| WEST GEAUGA CALENDAR .....              | 10 & 11 | COMEBACK CRITTERS .....                   | 19 |
| MIDDLEFIELD CALENDAR .....              | 12 & 13 | BOOK DISC, THANKSGIVING FEAST .....       | 20 |
| ADVANCE DIRECTIVES .....                | 14      | DOYLE PRESENTS, FACTS & TRIVIA .....      | 20 |
| DIABETES & PARKINSON SUPPORT .....      | 14      | LEGO CLUB, LUNCH & MOVIE .....            | 20 |
| LIMITLESS LEARNING, MOVIE & SNACK ..... | 14      | FALL DRESS REHEARSAL .....                | 20 |
| DOYLE PRESENTS KENNEDY'S .....          | 15      | MAHJONG MIXER, LUNCH & LEARN .....        | 21 |
| MEDICARE, NEVER END KNOWLEDGE .....     | 15      | TECH HELP, BREAKFAST CLUB .....           | 21 |
| THANKSGIVING LUNCHEON .....             | 15      | ARMCHAIR TRAVEL, CHAIR VBALL .....        | 21 |
| BOOK CLUB, MAHJONG .....                | 15      | SEASONS OF GIVING REGISTRATION .....      | 21 |
| CUPS & CANVAS HOLIDAY .....             | 15      | REGISTRATION FOR EVENTS .....             | 22 |
| WALKING WELLNESS, GEAUGA WALK .....     | 16      | MONTHLY FOOD MENU .....                   | 23 |
| YOUNG OF HEART .....                    | 16      | SOCIAL SERVICES OFFERED .....             | 24 |

**Deadline** for the news and information items is the **1st of the month prior to publication.**

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging.

Located at 12611 Ravenwood Dr., Suite 200, Chardon, Oh 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and 230 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130.

### BOARD OF COMMISSIONERS

Geauga County Ohio

**JAMES W. DVORAK    TIMOTHY C. LENNON    RALPH SPIDALIERI**

*Please let us know if you have a change of address.*

### LEADERSHIP TEAM

Jessica Boalt – Director | Reba Dykes - In-Home Services Manager

Sandy McLeod – Senior Centers' Manager | Karen Stone – Administrative Services Manager

## Platinum Patrons

The Stone Family, in memory of Dale & Joan Spangenberg

The York Family, in memory of Karole York (Wife & Mother)

Chester Study Club, Members of Newbury Class of 1956, Newbury

Joy Bramley in memory of Jim Bramley (husband) & Rob Warren (Grandson)

Vince Lisi, in memory of Evelyn Lisi

The Wilson Family, in memory of Annamae and Leanne Wilson

The Jones Family, in memory of Plato E. Anton

Daniel & Gwenn Brown, Alan and Peggy Bialosky

## Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

Contact a GDA Social Worker at (440) 279-2130, for assistance with your application!

### Medicare Savings Programs (MSPs) & “Extra Help” Program

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

Extra Help is a Medicare program that helps people with limited income and resources pay Medicare prescriptions drug costs.

| QMB            |         |          | SLMB           |         |          | QI             |         |          | Extra Help     |         |          |
|----------------|---------|----------|----------------|---------|----------|----------------|---------|----------|----------------|---------|----------|
| <u>Limits:</u> | Income  | Assets   | <u>Limits:</u> | Income  | Assets   | <u>Limits:</u> | Income  | Assets   | <u>Limits:</u> | Income  | Assets   |
| Single         | \$1,275 | \$ 9,430 | Single         | \$1,526 | \$ 9,430 | Single         | \$1,715 | \$ 9,430 | Single         | \$1,903 | \$17,220 |
| Married        | \$1,724 | \$14,130 | Married        | \$2,064 | \$14,130 | Married        | \$2,320 | \$14,130 | Married        | \$2,575 | \$34,360 |

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$5,717.23 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

### Heating Assistance Available

The Ohio Department of Development and the Geauga County Department on Aging want to remind Ohioans assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the federal poverty guidelines pay their heating bills.

Ohioans can visit [energyhelp.ohio.gov](http://energyhelp.ohio.gov) to apply online, download a copy of the application, or find contact information for a local Energy Assistance Provider. Senior citizens may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application.

Individuals will need to have copies of the following documents to include with their application:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual’s energy bill after Jan. 1. If you need immediate assistance with your energy bills, please contact your local Energy Assistance Provider. A list of providers can be found at [energyhelp.ohio.gov](http://energyhelp.ohio.gov).

The last day to apply for the regular HEAP benefit is May 31, 2025. For more information or assistance with applying for a HEAP benefit, contact the Geauga Department on Aging at (440) 279-2130.

For more information on the programs, visit [energyhelp.ohio.gov](http://energyhelp.ohio.gov) or call your local Energy Assistance Provider.

# Monthly Highlights

**Monday, November 4th: Thanksgiving Games** Sandy & Melissa are back to host games and trivia surrounding our November holiday, Thanksgiving. Light refreshments and a favorite fall dessert, pumpkin pie, will be served. 2:00pm. Free. Call Melissa at 440-279-2167 to register.


**Thursday, November 7th: Free Lunch & Movie** UH Geauga Age Well Be Well Program. Call 440-214-3180 to register. 12:00pm. Free.

**Tuesday, November 12th: Siegel Lifelong Learning** Held at Ohman Family Living at Holly (10190 Fairmount Rd, Newbury 44065). Program presented by Case Western Reserve University Faculty. TOPIC: Esperanto: The Rise, Fall, and Rise of the International Language. The constructed language Esperanto was invented in 1887 to facilitate international communication and understanding. Esperanto was designed to be easy to learn with phonetic pronunciation and a simple consistent grammar. The Esperanto movement grew rapidly but suffered a severe setback in the run up to the Second World War. The language was specifically condemned by Hitler. Stalin labeled it "the language of spies." In recent decades, Esperanto has regained ground with the rise of the internet. Today the Esperanto movement is a growing transnational community of speakers who regularly communicate either virtually or in person. 9:30am. Cost: Lifelong Learning Member: \$15, Non-member: \$20. Register at: [www.case.edu/lifelonglearning/lectures/ohman](http://www.case.edu/lifelonglearning/lectures/ohman) or call 216.368.2090.

**Thursday, November 14th: Paganini** Join us for a cooking demonstration and lunch at the Loretta Paganini School of Cooking (8700 Mayfield Rd, Chesterland 44026). Take a seat a watch the chef instructor and assistants demonstrate, prepare, and serve the items. Autumn in Italy Menu: Savory Tomato and Cheese Tart with Ricotta & Mozzarella; Ro- maine Caesar Salad with Herb Croutons and Homemade Dressing; Creamy Parmesan Ri- sotto; Orange-Rosemary Marinated Shrimp Skewers; Cranberry-Apple Crisp with Oatmeal Topping. Call Melissa Wheeler with questions at 440-279-2167. 12:00pm. \$55 per person.

**Balance Exercise Classes:** Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person and live on Microsoft Teams. Call Melissa Wheeler at 440-279-2167 for more info.

# November 2024

| MONDAY   |  | TUESDAY  |  |
|--|--|--|--|
| <p><b>Sandy McLeod</b><br/>Senior Centers' Supervisor<br/>440-279-2137</p> <p><b>Melissa Wheeler</b><br/>Asst. Senior Centers' Supervisor<br/>440-279-2167</p> |  | <p><b>BL</b> - Burton Library<br/><b>BSC</b> - Bainbridge Senior Center<br/><b>CSC</b> - Chardon Senior Center<br/><b>GW</b> - Geauga West Library<br/><b>OH</b> - Ohman Family Living at Holly<br/><b>OS</b> - Offsite<br/><b>VT</b> - Virtual Teams (Online)<br/><b>WG</b> - West Geauga Senior Center</p>       |  |
| <p>4</p> <p>9:30-11:00 Parkinson's Boxing <b>CSC</b><br/>2:00-3:00 Thanksgiving Program <b>JND</b></p>   |  | <p>5</p> <p>10:00-11:00 Strength &amp; Cardio <b>WG &amp; VT</b><br/>11:00-12:00 Balance Exercise <b>CSC &amp; VT</b><br/>11:15-12:15 Pedaling for Parkinson's <b>OH</b><br/>1:00-2:30 Geauga Walkers <b>OS</b></p>  |  |
| <p>11</p>  <p><b>OFFICES CLOSED FOR HOLIDAY</b></p>                         |  | <p>12</p> <p>9:30-11:00 Siegel Lifelong Learning <b>OH</b><br/>10:00-11:00 Strength &amp; Cardio <b>WG &amp; VT</b><br/>11:00-12:00 Balance Exercise <b>CSC &amp; VT</b><br/>11:15-12:15 Pedaling for Parkinson's <b>OH</b><br/>1:00-2:30 Geauga Walkers <b>OS</b></p>   |  |
| <p>18</p> <p>9:30-11:00 Parkinson's Boxing <b>CSC</b></p>  |  | <p>19</p> <p>10:00-11:00 Strength &amp; Cardio <b>WG &amp; VT</b><br/>11:00-12:00 Balance Exercise <b>CSC &amp; VT</b><br/>11:15-12:15 Pedaling for Parkinson's <b>OH</b><br/>12:30-1:30 Parkinson's Support <b>CSC</b><br/>1:00-2:30 Geauga Walkers <b>OS</b><br/>2:00-3:00 Diabetes Support Group <b>CSC</b></p> |  |
| <p>25</p> <p>9:30-11:00 Parkinson's Boxing <b>CSC</b></p>  |  | <p>26</p> <p>10:00-11:00 Strength &amp; Cardio <b>WG &amp; VT</b><br/>11:00-12:00 Balance Exercise <b>CSC &amp; VT</b><br/>11:15-12:15 Pedaling for Parkinson's <b>OH</b><br/>1:00-2:30 Geauga Walkers <b>OS</b></p>   |  |

# SENIOR COMMUNITY EVENTS

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**1**

**9:30-11:00** Parkinson's Boxing **CSC**  
**11:00-12:00** Balance Exercise **CSC & VT**

**6**

**7**

**8**

**9:30-11:00** Parkinson's Boxing **CSC**  
**11:00-12:00** Balance Exercise **CSC & VT**  
**11:30-12:30** Book Discussion **GW**  
**1:00-3:30** Diabetes Self-Management **WG**  
**1:00-2:30** Walking for Wellness **OS**

**10:00-11:00** Strength & Cardio **WG & VT**  
**11:00-12:00** Advance Directives **GCOB**  
**11:15-12:15** Pedaling for Parkinson's **OH**  
**12:00-2:30** Lunch & Movie **WG**

**9:30-11:00** Parkinson's Boxing **CSC**  
**11:00-12:00** Balance Exercise **CSC & VT**

**13**

**14**

**15**

**9:30-11:00** Parkinson's Boxing **CSC**  
**11:00-12:00** Balance Exercise **CSC & VT**  
**1:00-2:30** Walking for Wellness **OS**

**9:00-3:00** Advance Directives **GCOB**  
**10:00-11:00** Strength & Cardio **WG & VT**  
**11:15-12:15** Pedaling for Parkinson's **OH**  
**12:00-2:00** Paganini Cooking Class **OS**  
**1:30-3:00** Book Discussion **BL**

**9:30-11:00** Parkinson's Boxing **CSC**  
**11:00-12:00** Balance Exercise **CSC & VT**

**20**

**21**

**22**

**9:30-11:00** Parkinson's Boxing **CSC**  
**11:00-12:00** Balance Exercise **CSC & VT**  
**11:00-2:30** Rat Pack Christmas Show **OS**  
**1:00-2:30** Walking for Wellness **OS**

**10:00-11:00** Strength & Cardio **WG & VT**  
**11:15-12:15** Pedaling for Parkinson's **OH**  
**1:00-2:30** GPD Elderberries **OS**

**8:15-10:00** Berkshire Dress Rehearsal **OS**  
**9:30-11:00** Parkinson's Boxing **CSC**  
**11:00-12:00** Balance Exercise **CSC & VT**

**27**

**9:30-11:00** Parkinson's Boxing **CSC**  
**11:00-12:00** Balance Exercise **CSC & VT**  
**1:00-2:30** Walking for Wellness **OS**



**Offices Closed**  
 Thursday the 28th  
 & Friday the 29th  
 for Holiday



# Chardon Senior Center

440-279-2126

Call Chardon Senior Center to register for any of the following events! Space is limited on some events. Call at least one week in advance.

**Tuesday, 11/5 & 11/19:** Guest Speaker: Presentation on Fascinating Women of the Old Testament. Prior registration is required.

**Wednesday, 11/6:** The Sweet Treat Drive-Thru at Heather Hill. Prior Registration.

**Thursday, 11/7:** Lunch and No-Bake Class. \$2 with prior registration. Learn to make a no-bake dessert!

**Friday, 11/8:** Lunch & Speaker, Kathie Doyle. FREE, but registration required.

**Thursday, 11/14:** Breakfast Club at Bob Evans! Cost is "on your own." Call the center to let us know you'll be joining us!

**Friday, 11/15:** Thanksgiving Luncheon. \$10 with registration. Enjoy a thanksgiving lunch with your senior center family!


**Monday, 11/18:** Book Club: Salt to the Sea, by Ruta Sepetys.  
**Tuesday, 11/19:** Iris Folding. \$1.50 per card, payable to instructor, day of.  
**Tuesday, 11/19:** Brain Games with Ohman Family Living. FREE. Call to register. Give that brain a workout!

**Wednesday, 11/20:** Luncheon with Heather Hill. FREE with prior registration.


**Thursday, 11/21:** Out to Lunch Group at Spinner's in Chardon.

**Friday, 11/22:** Birthday Bingo and Pizza Party. November birthdays are free. \$5 for everyone else!

**Monday, 11/25:** Craft Making to send out to Home Delivered Meals Recipients.

| MONDAY  | TUESDAY   |
|---|---|
| <b>Becky O'Reilly</b><br>Recreation & Education Coordinator<br><br><b>Beth Oliverio</b><br>Information and Referral Specialist<br><br><b>Ellie Rickard</b><br>Food Service Coordinator  |   |
| <b>4</b><br><b>8:30-10:00</b> Chess Club<br><b>10:00-11:00</b> Line Dancing \$3 (Off Site)<br><b>10:00-12:00</b> Rug Hooking<br><b>10:00-12:00</b> Quilting Club<br><b>11:00-11:45</b> Balance Exercise<br><b>11:00-11:45</b> Strength Training \$2<br><b>12:00-2:00</b> Lunch and Movie - You've Got Mail  | <b>5</b><br><b>9:00-11:30</b> Woodcarving<br><b>10:00-12:00</b> Knit and Crochet<br><b>10:00-10:45</b> Tai Chi \$3<br><b>11:00-11:45</b> Balance Exercises<br><b>1:00-2:00</b> Fascinating Women of the Old Testament Presentation<br><b>2:00-3:30</b> RCR Practice   |
| <b>CENTER CLOSED TODAY 11</b><br>   | <b>12</b><br><b>9:00-11:30</b> Woodcarving<br><b>10:00-12:00</b> Knit and Crochet<br><b>10:00-10:45</b> Tai Chi \$3<br><b>11:00-11:45</b> Balance Exercises<br><b>2:00-3:30</b> RCR Practice  |
| <b>18</b><br><b>8:30-10:00</b> Chess Club<br><b>10:00-11:00</b> Line Dancing \$3 (Off Site)<br><b>10:00-12:00</b> Rug Hooking<br><b>10:00-12:00</b> Quilting Club<br><b>11:00-11:45</b> Balance Exercise<br><b>11:00-11:45</b> Strength Training \$2<br><b>12:00-2:00</b> Lunch and Movie - Sleepless in Seattle<br><b>1:00-2:00</b> Book Club  | <b>19</b><br><b>9:00-11:30</b> Woodcarving<br><b>10:00-12:00</b> Knit and Crochet<br><b>10:00-10:45</b> Tai Chi \$3<br><b>11:00-11:45</b> Balance Exercises<br><b>1:00-2:00</b> Fascinating Women of the Old Testament Presentation<br><b>1:00-2:00</b> Brain Health Games<br><b>2:00-3:30</b> RCR Practice |
| <b>25</b><br><b>8:30-10:00</b> Chess Club<br><b>10:00-11:00</b> Line Dancing \$3 (Off Site)<br><b>10:00-12:00</b> Rug Hooking<br><b>10:00-12:00</b> Quilting Club<br><b>11:00-11:45</b> Balance Exercise<br><b>11:00-11:45</b> Strength Training \$2<br><b>12:00-2:00</b> Lunch and Movie - Miracle on 34th Street<br><b>2:00-4:00</b> Craft Making to send out to Home Delivered Meals Clients | <b>26</b><br><b>9:00-11:30</b> Woodcarving<br><b>10:00-12:00</b> Knit and Crochet<br><b>10:00-10:45</b> Tai Chi \$3<br><b>11:00-11:45</b> Balance Exercises<br><b>12:00-2:00</b> Raccoon County Ramblers Practices<br><br><b>Center Closed at 2:00 Today</b>  |

**Chardon Senior Center**  
**470 Center, Bldg. 8, Chardon, OH 44024**

| <b>WEDNESDAY</b>  | <b>THURSDAY</b>  | <b>FRIDAY</b>  |
|---|--|--|
|   |  | <b>1</b><br><b>9:30-11:30</b> Stained Glass<br><b>9:30-10:30</b> Chair Volleyball<br><b>11:00-11:45</b> Balance Exercise<br><b>1:00-2:00</b> Photography Club<br><b>1:00-4:00</b> Bridge Group<br><b>1:00-4:00</b> Rummikub  |
| <b>6</b><br><b>9:00-11:00</b> Pinochle<br><b>11:00-11:45</b> Strength Training \$2<br><b>11:00-12:00</b> Balance Exercise<br><b>12:00-12:30</b> Sweet Treat Drive Thru at Heather Hill<br><b>12:30-2:00</b> Chair Volleyball<br><b>12:30-4:00</b> Mexican Train<br><b>1:00-4:00</b> Mah Jongg | <b>7</b><br><b>10:30-12:00</b> Choral Group<br><b>11:00-11:45</b> Balance Exercise<br><b>12:00-1:00</b> Lunch and No-Bake Class<br><b>12:30-4:00</b> Duplicate Bridge<br><b>1:30-3:30</b> Line Dancing \$5 (off site)                | <b>8</b><br><b>9:30-11:30</b> Stained Glass<br><b>9:30-10:30</b> Chair Volleyball<br><b>11:00-11:45</b> Balance Exercise<br><b>12:00-1:30</b> <b>Lunch and Speaker Series with Kathie Doyle</b><br><b>1:00-4:00</b> Bridge Group<br><b>1:00-2:00</b> Photography Club<br><b>1:00-4:00</b> Rummikub |
| <b>13</b><br><b>9:00-11:00</b> Pinochle<br><b>11:00-11:45</b> Strength Training \$2<br><b>11:00-12:00</b> Balance Exercise<br><b>12:30-2:00</b> Chair Volleyball<br><b>12:30-4:00</b> Mexican Train<br><b>1:00-4:00</b> Mah Jongg   | <b>14</b><br><b>9:30</b> <b>Breakfast Club at Bob Evans</b><br><b>10:30-12:00</b> Choral Group<br><b>11:00-11:45</b> Balance Exercise<br><b>12:30-4:00</b> Duplicate Bridge<br><b>1:30-3:30</b> Line Dancing \$5 (off site)          | <b>15</b><br><b>9:30-11:30</b> Stained Glass<br><b>9:30-10:30</b> Chair Volleyball<br><b>11:00-11:45</b> Balance Exercise<br><b>12:00</b> <b>Thanksgiving Luncheon</b><br><b>1:00-2:00</b> Photography Club<br><b>1:00-4:00</b> Bridge Group<br><b>1:00-4:00</b> Rummikub                          |
| <b>20</b><br><b>9:00-11:00</b> Pinochle<br><b>11:00-11:45</b> Strength Training \$2<br><b>11:00-12:00</b> Balance Exercise<br><b>12:00-1:00</b> Heather Hill Luncheon<br><b>1:00-2:00</b> Chair Volleyball<br><b>12:30-4:00</b> Mexican Train<br><b>1:00-4:00</b> Mah Jongg                   | <b>21</b><br><b>10:30-12:00</b> Choral Group<br><b>11:00-11:45</b> Balance Exercise<br><b>12:00-2:00</b> Out to Lunch Group—Spinner's, Chardon<br><b>12:30-4:00</b> Duplicate Bridge<br><b>1:30-3:30</b> Line Dancing \$5 (off site) | <b>22</b><br><b>9:30-11:30</b> Stained Glass<br><b>9:30-10:30</b> Chair Volleyball<br><b>11:00-11:45</b> Balance Exercise<br><b>11:00-1:00</b> <b>Birthday Bingo and Pizza Lunch</b><br><b>1:00-2:00</b> Photography Club<br><b>1:00-4:00</b> Bridge Group<br><b>1:00-4:00</b> Rummikub            |
| <b>27</b><br><b>9:00-11:00</b> Pinochle<br><b>11:00-11:45</b> Strength Training \$2<br><b>11:00-12:00</b> Balance Exercise<br><b>12:30-2:00</b> Chair Volleyball<br><b>12:30-4:00</b> Mexican Train<br><b>1:00-4:00</b> Mah Jongg   |  <p style="text-align: center;"><b>HAPPY</b><br/> <i>Thanksgiving</i></p>  |  |

## **Bainbridge Bulletin**

**We will be CLOSED:  
Monday Nov 11th for Veteran's Day  
& Thursday Nov 28th & Friday Nov  
29th for Thanksgiving.**

### **Lunch & Learn**

Laurels of Chagrin Falls will provide a free Lunch & Learn Session on Wednesday Nov 20th at Noon to discuss home safety and preventing falls. \*Registration Req. before 11/18

**MAHJONG MIXER 11/27- Please call  
440-479-1313 to RSVP**

### **Tuesday, November 19th:**

The Bainbridge Book Club will be discussing Chess Prodigies. Please call to get a list of suggested books and register if you would like a complimentary lunch, (440) 279-1313.

### **Thursday November 21st:**

Big Breakfast Join the Bainbridge Senior Center for our monthly big breakfast. Veterans and November birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Savory Ham & Veggie Quiche & fruit. Please RSVP by Friday, 11/15.

### **Movie Matinee**

Every Monday the Bainbridge Senior Center offers a lunch and movie at 12 pm, free of charge. November's theme is Modern Musicals. Reservations are not required but encouraged to ensure a meal for all attendees.

### **Geauga Park District 11/15**

On Friday at Noon for a pay-your-own-lunch from Topsy Bull Tavern and a presentation provided by GPD. Titled "Comeback Critters" they'll discuss restoration efforts that have resulted in some of Ohio's wild life making a remarkable comeback!

### **Thanksgiving Feast 11/8**

Kick off the holiday season with friends at BSC! Sit down and enjoy roast turkey and all the fixings. \$12, Register by Monday 11/4.

### **Limitless Learning**

Schedule further back in newsletter for the lineup and program details about this engaging and informative documentary series!

### **Cooking with Keri**

Learn how to make super easy, 3 ingredient tomato pasta dish on a sheet pan on Thursday, November 14th Cost is \$5; registration and payment are due by Friday, Nov 8th.

## **Bainbridge Senior Center**

**440-279-1313**

### **MONDAY**

#### **Recreation & Education**

##### **Coordinator:**

*Keri Skrtic*

#### **Recreation & Education**

##### **Assistant:**

*Valerie Garland*

**4**

**8:30-9:30 All-Around Exercise (\$3)**

**9:40-10:30 Chair Yoga-cise (\$3)**

**10:00-2:00 Poker**

**12:00-2:30 Lunch & a Movie  
(Mamma Mia)**

**11**



**18**

**8:30-9:30 All-Around Exercise (\$3)**

**9:40-10:30 Chair Yoga-cise (\$3)**

**10:00-2:00 Poker**

**12:00-2:30 Lunch & a Movie  
(Les Miserables)**

**25**

**8:30-9:30 All-Around Exercise (\$3)**

**9:40-10:30 Chair Yoga-cise (\$3)**

**10:00-2:00 Poker**

**12:00-2:30 Lunch & a Movie  
(Into the Woods)**

### **TUESDAY**

**5**

**9:45-10:15 Balance Class**

**10:30-11:00 Cardio Drumming**

**10:00-12:00 Mexican Train**

**10:00-12:00 Mahjong**

**12:00-1:00 Soup & Salad Lunch  
Tomato Soup and Grilled Cheese  
(\$5, registration required)**

**12**

**9:45-10:15 Balance Class**

**10:30-11:00 Cardio Drumming**

**10:00-12:00 Mexican Train**

**10:00-12:00 Mahjong**

**12:30-1:30 Art Class (thru Fairmount Center for the Arts)**

**19**

**9:45-10:15 Balance Class**

**10:30-11:00 Cardio Drumming**

**10:00-12:00 Mexican Train**

**10:00-12:00 Mahjong**

**12:00-12:30 Lunch**

**12:00-1:00 Bainbridge Book Club –Chess Prodigies**

**26**

**9:45-10:15 Balance Class**

**10:30-11:00 Cardio Drumming**


**10:00-12:00 Mexican Train**

**10:00-12:00 Mahjong**

**12:00-12:30 Lunch**

**2:00—CLOSED, Staff Meeting**

**Bainbridge Senior Center**  
**17751 Chillicothe Rd. Bainbridge, OH 44023**

| <b>WEDNESDAY</b>  | <b>THURSDAY</b>   | <b>FRIDAY</b>  |
|---|---|--|
|   |   | <p align="right"><b>1</b></p> <p><b>8:30-9:30</b> All-Around Exercise (\$3)<br/> <b>9:40-10:20</b> Chair Yoga-cise (\$3)<br/> <b>10:00-12:00</b> Mahjong<br/> <b>1:00-2:00</b> Limitless Learning</p>  |
| <p align="right"><b>6</b></p> <p><b>8:30-9:30</b> All-Around Exercise (\$3)<br/> <b>9:40-10:20</b> Chair Yoga-cise (\$3)<br/> <b>10:00-12:00</b> Diamond Painting<br/> <b>11:00-12:00</b> Bingo<br/> <b>10:30-11:30</b> Line Dancing<br/> <b>12:30-2:00</b> Out to Lunch Group<br/> <b>(First Watch—Solon)</b><br/> <b>1:00-2:00</b> Limitless Learning</p>                 | <p align="right"><b>7</b></p> <p><b>9:45-10:15</b> Balance Class<br/> <b>10:30-11:00</b> Cardio Drumming<br/> <b>11:30-12:30</b> Tiramisu Tutorial w/<br/> Valerie \$5, registration required)<br/> <b>10:00-12:00</b> Knit and Crochet<br/> <b>10:00-3:00</b> Pinochle<br/> <b>12:00-12:30</b> Lunch<br/> <b>2:00-3:00</b> Yoga Nidra</p>                          | <p align="right"><b>8</b></p> <p><b>8:30-9:30</b> All-Around Exercise (\$3)<br/> <b>9:40-10:20</b> Chair Yoga-cise (\$3)<br/> <b>10:00-12:00</b> Mahjong<br/> <b>1:00-2:00</b> Limitless Learning<br/> <b>1:00-3:00</b> <b>Thanksgiving Feast</b><br/> <b>(\$12, Registration Req'd)</b></p> |
| <p align="right"><b>13</b></p> <p><b>8:30-9:30</b> All-Around Exercise (\$3)<br/> <b>9:40-10:20</b> Chair Yoga-cise (\$3)<br/> <b>10:00-12:00</b> Diamond Painting<br/> <b>11:00-12:00</b> Bingo<br/> <b>10:30-11:30</b> Line Dancing<br/> <b>12:30-2:00</b> Out to Lunch Group<br/> <b>(El Camino—Aurora)</b><br/> <b>1:00-2:00</b> Limitless Learning</p>                 | <p align="right"><b>14</b></p> <p><b>9:45-10:15</b> Balance Class<br/> <b>10:30-11:00</b> Cardio Drumming<br/> <b>10:00-12:00</b> Knit and Crochet<br/> <b>10:00-3:00</b> Pinochle<br/> <b>12:00-12:30</b> Lunch<br/> <b>2:00-3:00</b> Yoga Nidra<br/> <b>3:00-4:00</b> Cooking with Keri<br/> (\$5, prior registration req'd—<br/> Easy Sheethpan Pasta Sauce)</p> | <p align="right"><b>15</b></p> <p><b>8:30-9:30</b> All-Around Exercise (\$3)<br/> <b>9:40-10:20</b> Chair Yoga-cise (\$3)<br/> <b>10:00-12:00</b> Mahjong<br/> <b>12:00-12:30</b> Geauga Park District<br/> Presentation –Comeback Critters<br/> <b>1:00-2:00</b> Limitless Learning</p>     |
| <p align="right"><b>20</b></p> <p><b>8:30-9:30</b> All-Around Exercise (\$3)<br/> <b>9:40-10:20</b> Chair Yoga-cise (\$3)<br/> <b>10:00-12:00</b> Diamond Painting<br/> <b>11:00-12:00</b> Bingo<br/> <b>10:30-11:30</b> Line Dancing<br/> <b>12:00-1:00</b> <b>Lunch &amp; Learn, FALL</b><br/> <b>PREVENTION</b><br/> <b>12:30-2:00</b> Out to Lunch(Thai<br/> Story)</p> | <p align="right"><b>21</b></p> <p><b>9:00-10:00</b> <b>BIG BREAKFAST</b><br/> (Prior Registration Required)<br/> <b>10:00-12:00</b> Knit and Crochet<br/> <b>10:00-3:00</b> Pinochle<br/> <b>12:00-12:30</b> Lunch<br/> <b>12:30-2:30</b> Iris Folding</p>  | <p align="right"><b>22</b></p> <p><b>8:30-9:30</b> All-Around Exercise (\$3)<br/> <b>9:40-10:20</b> Chair Yoga-cise (\$3)<br/> <b>10:00-12:00</b> Mahjong<br/> <b>1:00-2:00</b> Limitless Learning</p>   |
| <p align="right"><b>27</b></p> <p><b>8:30-9:30</b> All-Around Exercise (\$3)<br/> <b>9:40-10:20</b> Chair Yoga-cise (\$3)<br/> <b>10:00-12:00</b> Diamond Painting<br/> <b>11:00-12:00</b> Bingo<br/> <b>10:30-11:30</b> Line Dancing<br/> <b>12:30-2:00</b> Out to Lunch Group<br/> <b>(56 Kitchen— Solon)</b><br/> <b>1:00-2:00</b> Limitless Learning</p>                |  <p align="center">Happy<br/> <b>Thanksgiving</b></p>   |  |

# Newsorthy Notes

VT= Virtual Teams (available virtually)  
CALL 440-279-2163 to Register!

**\*\*\*Mahjong Lessons with Christine \*\*\***

NOV 8th & NOV 22nd 1:00-3:00pm-Call to sign up, this is basic beginners Mahjong, and all are welcome. Sign Up 440-279-2163

**\*\*\*Lunch and Movie\*\*\***

Nov 15th 12-2pm Join us for the Hot Lunch of the day, as well as a showing of The 2024 film "Arthur the King". If you like heartwarming movies about dogs and their bond with humans, you will definitely LOVE this MOVIE!!!! FREE Event-Donations accepted for meal. Call to sign up by NOV 4th . 440-279-2163

**\*\*Lunch and Learn~American Sign Language\*\***

NOV 14th & NOV 21st Join us for a hot lunch (Meal of the Day), followed by a video series by The Great Courses teaching American Sign Language. FREE Class \*LUNCH IS DONATIONS\* Registration deadline is Nov 4th for First Class, and NOV 12th for second class. 440-279-2163

**\*\*\*Lunchtime Trivingo\*\*\***

NOV 19th 12:00-2:00 ~Join us for a hot lunch (Meal of the Day), including dessert and beverage. There will be FUN Prizes, as well as a GRAND PRIZE!! Cost is FREE, donations collected for the meal, Register by NOV 12th call for more info...440-279-2163

**\*\*\*Diamond Art Class with Christine\*\*\***

NOV 4th & NOV 18th 1-3 pm~Join us for this Class, you can be a beginner, and start with a small simple project for \$5, or if you are more advanced, you may want to purchase larger more Intermediate level projects. There are many Christmas Holiday projects available, Cost Varies per Project, up to \$20. You may also already have a project you are working on, so just bring it with you. Register One week Prior to each Class. Adaptive equipment available to us Payment due when you choose/ receive your project. 440-279-2163

**\*\*\*Senior Breakfast\*\*\***

NOV 21st 8:30-10:00 ~Join us for a Breakfast of Sausage Biscuits and Gravy, fried potatoes, fruit cup and beverage. Immediately following we will engage in brain stimulating, mind challenging brain games. Cost: \$5 Register by Nov 14th

**\*\*Lunchtime Seminar by Keller Williams \*\*\* NOV**

20th 12:00-1:30pm ~Join us for a hot lunch (meal of the day) followed by a presentation/seminar by Keller Williams. Topic will be all about selling your home. A representative will be here to explain everything step by step, as well as to provide resources for anything related to the process of selling. A question and answer session will also be available. Call to sign up by NOV 12th. FREE EVENT donations collected for the meal, 440-279-2163


**\*\*Dinner and the Arts by Fairmount School\*\***

NOV 7th 4:00-6:00 Join us at West G for an evening dinner of Chicken Alfredo, Roasted Sweet Potatoes, and Broccoli. Dessert and beverage is included. After dinner we will have the Fairmount school for the arts students present an hour long presentation for you! Cost for dinner is \$7 Presentation ONLY is FREE. Come to one or both, registration due by NOV 4th

**\*\*Out to Lunch Bunch\*\***

NOV 12th 12:30-2:30 at Bob Evans Restaurant Mayfield Hts. Cost is on your own, call to let us know you are coming so we can reserve a seat for you. RSVP by NOV 8th 440-279-2163

## West Geauga Senior Center 440-279-2163

| MONDAY   | TUESDAY  |
|--|--|
| <p><b>Recreation/Education Coordinator</b><br/>~Christine Bacon 440-214-3505</p> <p><b>Rec/Ed Assistant</b><br/>~Laura Reed 440-279-2163<br/>~Jackie Kleve 440-279-2183</p> <p><b>I&amp;R Assistant: Debbie M.</b></p> <p><b>Stained Glass Class Appointments:<br/>Call Don Trask 440-759-9691</b></p>   |  |
| 4  | 5  |
| <p><b>9:00-10:00</b> Water Exercise-Metz Pool<br/> <b>10:00-11:00</b> Strength &amp; Cardio<br/> <b>11:00-12:00</b> Gentle Chair Yoga<br/> <b>12:00-1:00</b> Water Exercise<br/>                     -Metz Pool<br/> <b>1:00-3:00</b> Mah-Jong<br/> <b>1:30-4:00</b> Diamond Art Class \$<br/> <b>2:00-3:00</b> Line Dance w/ Fairmount</p>    | <p><b>9:00-11:30</b> Stained Glass \$5<br/> <b>9:00-10:00</b> Water Exercise-Metz Pool<br/> <b>11:00-11:45</b> Seated Strength &amp; Balance<br/> <b>12:00-3:00</b> Bridge Group<br/> <b>12:30-1:30</b> Taichi-Fit \$3<br/> <b>12:30-2:30</b> Knit &amp; Crochet</p>   |
| 11   | 12   |
|  <p><b>ALL SITES CLOSED</b></p>  | <p><b>9:00-11:30</b> Stained Glass \$5<br/> <b>9:00-10:00</b> Water Exercise-Metz Pool<br/> <b>11:00-11:45</b> Seated Strength &amp; Balance<br/> <b>12:00-3:00</b> Bridge Group<br/> <b>12:30-1:30</b> Taichi-Fit \$3<br/> <b>12:30-2:30</b> Knit &amp; Crochet<br/> <b>12:30-2:30 OUT TO LUNCH BUNCH at BOB EVANS in Mayfield Hts.</b></p> |
| 18   | 19   |
| <p><b>9:00-10:00</b> Water Exercise-Metz Pool<br/> <b>10:00 -11:00</b> Strength &amp; Cardio VT<br/> <b>11:00-12:00</b> Gentle Chair Yoga<br/> <b>12:00-1:00</b> Water Exercise<br/>                     -Metz Pool<br/> <b>1:00-3:00</b> Mah-Jong<br/> <b>1:30-4:00</b> Diamond Art Class \$<br/> <b>2:00-3:00</b> Line Dance w/Fairmount</p> | <p><b>9:00-11:30</b> Stained Glass \$5<br/> <b>9:00-10:00</b> Water Exercise-Metz Pool<br/> <b>11:00-11:45</b> Seated Strength &amp; Balance<br/> <b>12:00-2:00</b> Lunchtime Trivingo<br/> <b>12:00-3:00</b> Bridge Group<br/> <b>12:30-1:30</b> Taichi-Fit \$3<br/> <b>12:30-2:30</b> Knit &amp; Crochet</p>                               |
| 25   | 26   |
| <p><b>9:00-10:00</b> Water Exercise-Metz Pool<br/> <b>10:00 -11:00</b> Strength &amp; Cardio VT<br/> <b>11:00-12:00</b> Gentle Chair Yoga<br/> <b>12:00-1:00</b> Water Exercise<br/>                     -Metz Pool<br/> <b>1:00-3:00</b> Mah-Jong<br/> <b>2:00-3:00</b> Line Dance w/Fairmount</p>  | <p><b>9:00-11:30</b> Stained Glass \$5<br/> <b>9:00-10:00</b> Water Exercise-Metz Pool<br/> <b>11:00-11:45</b> Seated Strength &amp; Balance<br/> <b>12:00-3:00</b> Bridge Group<br/> <b>12:30-1:30</b> Taichi-Fit \$3<br/> <b>12:30-2:30</b> Knit &amp; Crochet</p>   |

**West Geauga Senior Center**  
**8090 Cedar Rd. Chesterland, OH 44026**

| WEDNESDAY  | THURSDAY   | FRIDAY   |
|--|--|--|
|  <p><b>HAPPY FALL</b></p>  | <p>Lunch is served Mon thru Fri from 12:00-12:30pm. <b>ALL Seniors MUST make a RESERVATION IN ADVANCE to receive a lunch.</b> Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163</p>  | <p><b>1</b></p> <p>9:00-11:30 Stained Glass \$5<br/>           10:00-11:00 Chair Yoga <b>VIDEO</b><br/>           11:00-11:45 Cardio Drumming<br/>           11:00-11:45 Balance Class <b>VT</b><br/>           12:00-1:30 Lunch &amp; BINGO<br/>           1:00-2:00 Chair Volleyball</p>   |
| <p>9:00-10:00 Water Exercise-Metz Pool <b>6</b><br/>           9:00-11:30 Stained Glass \$5<br/>           10:00-11:00 Strength &amp; Cardio <b>VT</b><br/>           11:00-12:00 Gentle Chair Yoga<br/>           1:00-2:00 Never Ending Knowledge<br/>               World's Greatest Structures<br/>           2:00-3:00 Yoga Nidra<br/>           3:00-4:00 Senior Spin Class @ O-Holly</p>  | <p><b>7</b></p> <p>9:00-11:00 Water Exercise-Metz Pool<br/>           10:00-12:00 Mah-Jong<br/>           1:00-11:45 Seated Strength &amp; Balance<br/>           12:00-2:00 <b>Age Well Be Well Lunch &amp; Movie</b><br/>           4:00-6:00 <b>Dinner and "The Arts" by Fairmount School \$7 dinner fee</b></p>                      | <p><b>8</b></p> <p>9:00-11:30 Stained Glass \$5<br/>           10:00-11:00 Gentle Chair Yoga <b>video</b><br/>           11:00-11:45 <b>Balance Class VT</b><br/>           11:00-11:45 Cardio Drumming<br/>           1:00-3:00 <b>Mahjong Lessons</b><br/>           1:00-2:30 Arm Chair Travel with "The Great Tours" England, Scotland, &amp; Wales "Welcome to Britain"<br/>           1:00-2:00 Chair Volleyball</p>   |
| <p>9:00-10:00 Water Exercise-Metz Pool <b>13</b><br/>           9:00-11:30 Stained Glass \$5<br/>           10:00-11:00 Strength &amp; Cardio <b>VT</b><br/>           11:00-12:00 Gentle Chair Yoga<br/>           1:00-2:00 Never Ending Knowledge<br/>               World's Greatest Structures<br/>           2:00-3:00 Yoga Nidra<br/>           3:00-4:00 Senior Spin Class @ O-Holly</p>   | <p><b>14</b></p> <p>9:00-11:00 Water Exercise-Metz Pool<br/>           10:00-12:00 Mah-Jong<br/>           11:00-11:45 Seated Strength &amp; Balance<br/>           12:00-1:30 <b>Lunch &amp; Learn</b><br/>               ~American Sign Language<br/>           12:30-2:30 <b>OUT TO LUNCH BUNCH at BOB EVANS in Mayfield Hts.</b></p> | <p><b>15</b></p> <p>9:00-11:30 Stained Glass \$5<br/>           10:00-11:00 Gentle Chair Yoga <b>VIDEO</b><br/>           11:00-11:45 Cardio Drumming<br/>           12:00-2:00 <b>Lunch &amp; MOVIE</b><br/>               <i>Arthur the King</i><br/>           1:00-2:00 Chair Volleyball</p>   |
| <p>9:00-10:00 Water Exercise-Metz Pool <b>20</b><br/>           9:00-11:30 Stained Glass \$5<br/>           10:00-11:00 Strength &amp; Cardio <b>VT</b><br/>           10:00-11:00 Gentle Chair Yoga<br/>           12:00-1:30 <b>Lunchtime Seminar by Keller Williams~Selling your Home</b><br/>           1:00-2:30 Never Ending Knowledge<br/>               World Heritage Sites II<br/>           3:00-4:00 Senior Spin Class @ O-Holly</p> | <p><b>21</b></p> <p>8:30-10:00 <b>Breakfast &amp; Brain Games \$5</b><br/>           9:00-11:00 Water Exercise-Metz Pool<br/>           10:00-12:00 Mah-Jong<br/>           11:00-11:45 Seated Strength &amp; Balance<br/>           12:00-1:30 <b>Lunch &amp; Learn</b><br/>               ~American Sign Language</p>                  | <p><b>22</b></p> <p>9:00-11:30 Stained Glass \$5<br/>           10:00-11:00 Gentle Chair Yoga <b>video</b><br/>           11:00-11:45 Cardio Drumming<br/>           11:00-11:45 Balance Class <b>VT</b><br/>           12:00-1:30 <b>Lunch &amp; BINGO</b><br/>           1:00-2:30 Arm Chair Travel with "The Great Tours" England, Scotland, &amp; Wales "Welcome to Britain"<br/>           1:00-3:00 <b>Mahjong Lessons</b><br/>           1:00-2:00 Chair Volleyball</p> |
| <p style="text-align: right;"><b>27</b></p> <p>9:00-10:00 Water Exercise-Metz Pool<br/>           9:00-11:30 Stained Glass \$5<br/>           10:00-11:00 Strength &amp; Cardio <b>VT</b><br/>           10:00-11:00 Gentle Chair Yoga<br/>           1:00-2:30 Never Ending Knowledge<br/>               World Heritage Sites II<br/>           3:00-4:00 Senior Spin Class @ O-Holly</p>   | <p><i>Happy Thanksgiving!</i></p> <p><b>ALL SITES CLOSED FOR THANKSGIVING HOLIDAY</b></p>  |  |

**Monday Crafts**  
**4th Thanksgiving Fall Wreath**  
 Lead by Andrea Lester \$5

**18th Ceramic Christmas Tree**  
 with lights. Class lead by Linda Williams. Different size trees, prices vary. Starting at \$20 Pay the day of class. Must sign up by Nov. 14th

**25th Crafting with Marsha**  
 Donation.

**Friday November 1st**  
 Kathie Doyle presentation History of the Kennedy's 10:30am  
 No Cost  
 10am Monthly Breakfast \$3



**Friday November 8th**  
 12pm soup social \$3  
 Join us for some homemade Soup and bread, stay for the conversation!

**Tuesday November 19th**  
 10am Coffee and Conversation With Dawn from Ohman Family Living. Join us for coffee and treats and to hear what's new and coming!

**Thursday November 21st**  
 11am Geauga Park presentation Comeback Critters  
 Learn about the changing landscape & land use has affected wildlife & the restoration efforts that has helped Geauga's wildlife make a comeback!

**Thursday November 21st**  
 1pm Movie at Briar  
 80 For Brady  
 Enjoy popcorn & snacks in the theater room!

**Friday November 22nd**  
 Friendsgiving!  
 We will provide the turkey, you provide the sides & friendship!

| <b>Middlefield Senior Center</b><br><b>440-632-0611</b>   |   |
|---|---|
| <b>MONDAY</b>   | <b>TUESDAY</b>  |
| Recreation & Education<br>Coordinator<br>Hannah Heinz<br><br>Recreation &<br>Education Assistant<br>Ginny Lester  | <b>Please call to register for lunch, crafting &amp; special events.</b><br><b>440-632-0611</b>                               |
| 4   | 5   |
| 10am Crafting Monday<br>11am Balance Exercise<br>12pm Lunch<br>12pm-3pm Painting Pals<br>1pm Crafting             | Closed for Voting<br><br>                  |
| 11  | 12  |
|                                | 10am Chair Yoga Video<br>11am Line Dancing \$3<br>12pm Lunch<br>1pm Chair Volleyball  |
| 18  | 19  |
| 10am Crafting Monday<br>11am Balance Exercise<br>12pm Lunch<br>12pm-3pm Painting Pals<br>1pm Crafting             | 10am Coffee & conversation With Dawn from Ohman Family Living<br>11am Line Dancing \$3<br>12pm Lunch<br>1pm Chair Volleyball  |
| 25  | 26  |
| 10am Crafting Monday<br>11am Balance Exercise<br>12pm Lunch<br>12pm-3pm Painting Pals<br>1pm Crafting with Marsha | 10am Chair Yoga Video<br>11am Line Dancing \$3<br>12pm Lunch<br>12:30 pm Chair Volleyball<br>2pm Closed For Staff Development |

**November 2024 - Middlefield Senior Center**  
**440-632-0611 | 15820 Ridgewood Rd., Middlefield, OH**

| <b>WEDNESDAY</b>  | <b>THURSDAY</b>  | <b>FRIDAY</b>   |
|---|--|---|
|   |  | <p align="right">1</p> <p>10am Monthly Breakfast \$3<br/>           10:30am Kathie Doyle<br/>           12pm Lunch<br/>           1pm Chair Volleyball</p>  |
| <p align="right">6</p> <p>10am Balance Exercise<br/>           11am BINGO<br/>           12pm Lunch<br/>           1pm Jeopardy and popcorn<br/>           2pm Chair Volleyball</p>             | <p align="right">7</p> <p>10am Crusin Cardio w/ Ginny<br/>           11am Brain Games<br/>           12pm Lunch<br/>           1pm Chair Volleyball</p> <p align="center">Veterans Day Lunch<br/>           11am-2pm</p> | <p align="right">8</p> <p>10am Chair Exercise Video<br/>           12pm Soup Social (\$3)<br/>           12pm Lunch<br/>           1pm Chair Volleyball</p> |
| <p align="right">13</p> <p>10am Balance Exercise<br/>           11am BINGO with Dawn<br/>           12pm Lunch<br/>           1pm Jeopardy and popcorn<br/>           2pm Chair Volleyball</p>  | <p align="right">14</p> <p>10am Crusin Cardio w/ Ginny<br/>           11am Brain Games<br/>           12pm Lunch<br/>           1pm Chair Volleyball</p>   | <p align="right">15</p> <p>10am Chair Exercise Video<br/>           12pm Lunch<br/>           1pm Chair Volleyball</p>                                      |
| <p align="right">20</p> <p>10am Balance Exercise<br/>           11am Fair Housing Outreach<br/>           12pm Lunch<br/>           1pm BINGO<br/>           2pm Chair Volleyball</p>           | <p align="right">21</p> <p>10am Crusin Cardio w/ Ginny<br/>           11am Geauga Park<br/>           Presentation<br/>           12pm Lunch<br/>           1pm Chair Volleyball<br/>           1pm Movie at Briar</p>   | <p align="right">22</p> <p>10am Chair Exercise Video<br/>           12pm Friendsgiving Lunch<br/>           1pm Chair Volleyball</p>                        |
| <p align="right">27</p> <p>10am Balance Exercise<br/>           11am Jeopardy and popcorn<br/>           12pm Lunch<br/>           1pm BINGO sponsored by<br/>           Burton Health Care</p> |    |   |

### **WHO WILL MAKE YOUR HEALTH CARE DECISIONS IF YOU ARE NOT ABLE?**

Attention Geauga County senior citizens, sixty (60) years of age and older. Do you have Advance Directives in place? Join us for an informative free program to consider and make your plan. The Geauga County Bar Association Advance Directives Committee and Hospice of the Western Reserve will present information and answer questions regarding health care powers of attorney and living wills at the first scheduled meeting. They will distribute the standard forms and return the following week with attorneys from the Geauga Bar, who will help you complete the forms and notarize them. This will allow you time to think about what you personally want and who you would want to speak on your behalf if you can't. Call today, as space is limited.

Advance Directives will be held at the Geauga County Office Building, 12611 Ravenwood Dr. B167-B168 (First Floor Meeting Room), in Chardon Thursday November 7th for the panel discussion from 11:00am -12:00pm and signing on Thurs, November 14. Call 440-279-2167 to register. Deadline to enroll Wed, November 6th

### **Diabetes Support Group**

Join us on Tuesday, November 19th at 2:00pm at Chardon Senior Center (470 Center St, Building 8, Chardon 44024). Come learn breathing techniques for better breathing and stress management. Speaker will be from UH Geauga Pulmonary Department.

Call Sandy McLeod at 440-279-2137 to RSVP.

### **Parkinson's Support Group**

Join us on Tuesday, November 19th at 12:30pm at Chardon Senior Center (470 Center St, Building 8, Chardon 44024). Our speaker this month will be Richard's Huckabee. "Every Day I Fight" is his daily mantra. Richard will be introducing the New Hospital Safety Guide, giving a brief review of PD 101, sharing a bit of his story, and some personal anecdotes on how he fights Parkinson's disease every day! Call Sandy McLeod at 440-279-2137 to RSVP.

### **Limitless Learning at the Bainbridge Senior Center**

Bainbridge will be offering educational classes on Wednesday (1-2pm) and Friday (1-2 pm) afternoons. Each week two half-hour topics will be shown from the same course. Wednesdays we will start Warriors, Queens, and Intellectuals: 36 Great Women Before 1400 and Fridays we will continue the Great Castles of Europe.

**Nov 6th:** Julia Disobeys Emperor Augustus/Herodias Has John the Baptist Beheaded

**Nov 13th:** The Trung Sisters of Vietnam fight the Han/Boudicca Attacks the Romans

**Nov 20th:** Poppaea Helps Nero Persecute the Christians/Plotina Advises Emperor Trajan

**Nov 27th:** Perpetua is Martyred in the Arena/Julia Maesa Controls an Unusual Emperor.

**Nov 1st:** Frederick II and Castel del Monte/Monastic Castles of the Baltic and Cesis

**Nov 8th:** Malbork and the Teutonic Castles of Prussia/ Caenarfon and Edwards I's Welsh Castles

**Nov 15th:** Lordly Landscapes and Leeds Castle/Bodiam and the Symbolic Power of Castles

**Nov 22nd:** Carcassonne, Visby, & Urban Fortifications/Widows, Inheritance, & Chepstow Castle

### **Movie and Snack at Briarcliff Manor**

Join the Middlefield Seniors for a movie and snack at Briarcliff Manor on Thursday, November 21st, at 1:00PM, (14807 N State Ave, Middlefield, OH 44062). Enjoy a snack while watching a movie in Briarcliff's theater room. November Movie "80 For Brady". Please call 440-632-0611 to register.

### **Kathie Doyle Presents History of the Kennedys**

“The Kennedys” will be held at the Middlefield Senior Center on Friday November 1st at 10:30AM. No cost for this event. Monthly breakfast served at 10:00AM, only \$3. Please call 440-632-0611 to register.

### **Medicare Preventative Services**

Did you know that Medicare covers a full range of Preventative Services? These services include exams, screenings, shots, and lab tests and are available to Medicare enrollees to help keep you healthy. To learn more about Medicare covered Preventative Services visit Medicare.gov or contact Social Services at the Department on Aging for a free Guide to Medicare Preventative Services.

### **Never Ending Knowledge Series Continues at WGSC**

Schedule – November (The World’s Greatest Structures)

Wednesday afternoons 1:00-2:30pm (3 -30 minute lectures)

Light snacks and refreshments provided. REGISTRATION IS REQUIRED 440-279-2163

The World’s Greatest Structures

**NOV 6th** 1~The Great Skyscraper Race, 2~The Beauty & Versatility of Modern Concrete, 3~Amazing Thin Shells-Strength thru Curvature

**NOV 13th** 1~Vast Roof Systems of Iron & Steel, 2~Incredible Lightness of Tension Structures, 3~Strategies of understanding any structure.

**NOV 20th** 1~Ethiopia’s Rock-Hewn Churches, 2~The West Norwegian Fjords, 3~The Great Wall(s) of CHINA

**NOV 27th** 1~Mountain Railways of India, 2~Old Havana, Heart of Cuba’s Capital, 3~Bagan, Sacred Landscape of Myanmar

### **Thanksgiving Luncheon at Chardon Senior Center**

Friday, November 15, at 12:00 p.m., at the Chardon Senior Center. \$10 per person with registration. We will order in a delicious meal to enjoy with the Senior Center family! Call Becky for more details at 440-279-2131.

### **Bainbridge Book Club**

The Bainbridge Book Club will be discussing books about Chess Prodigies at Noon on Tuesday 11/19. Instead of reading a specific book, there is a new theme each month and you can choose any book within that theme. Please call to register for a complimentary lunch, (440) 279-1313.

### **Mahjong Lessons at WGSC**

Are you interested in learning to play Mahjong? Have you always been curious about the game, but just never had the opportunity to learn it? IF so, WGSC is offering Lessons for anyone who would like to learn to play this fun and popular game. We will be offering a 2-part series to learn the basics of how to play American Mahjong. NOV 8th & Nov 22nd, Time will be from 1:00-3:00pm. Additional dates/classes will be added as needed if interest is consistent. Instructor will be Christine Bacon, along with seasoned players from our Mahjong group. Call to sign up at 440-279-2163.

### **Cups and Canvas with a Twist! Holiday Wooden Coasters**

Event held on Monday, December 9th, at 1:00PM at the Middlefield Senior Center. Let’s get in the holiday spirit! Join us for a step-by-step class led by Amber owner of Ariel Inspired Art Studio. Amber will lead us in making a set of four wooden coasters painted in a winter tree/holiday theme! Perfect for gift giving or to keep. Cost is \$34 for the set and includes everything you need. Space is limited. You must pre-register for this class, by calling 440-632-0611.

### Walking for Wellness - Winter Walks

Every Wednesday at 1:00pm. Join the Geauga County Department on Aging and UH Geauga for our "Walking for Wellness" program. Walking has shown to help with weight management, reducing stress, and increasing energy levels. This group focuses on keeping a steady pace, and our goal is 3 miles each walk. Call Melissa Wheeler at 440-279-2167 with questions.

| DATE  | PARK             | ADDRESS                           |
|-------|------------------|-----------------------------------|
| 11/6  | Welton's Gorge   | 13973 Hale Rd, Burton 44021       |
| 11/13 | Orchard Hills    | 11340 Caves Rd, Chesterland 44026 |
| 11/20 | Frohring Meadows | 16780 Savage Rd, Bainbridge 44023 |
| 11/27 | The Rookery      | 10110 Cedar Rd, Munson 44026      |

### GEAUGA WALKERS

| DATE    | PARK                        | PARKING   |
|---------|-----------------------------|---|
| Nov 5*  | Big Creek Park, Aspen Grove | 9160 Robinson Road, Chardon, Aspen Grove            |
| Nov 12  | Oberland Park               | 14899 Auburn Rd, Newbury                            |
| Nov 19* | Eldon Russell Park          | 16315 Rapids Road, North of Rt 422, Troy Township   |
| Nov 26  | Penitentiary Glen           | Nature Center, 8668 Kirtland-Chardon Road, Kirtland |

All walks begin promptly at 1:00. \* A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules." Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

### GEAUGA YOUNG OF HEART

meet at 11:30 a.m. at St. Anselm's Parish Center, 12969 Chillicothe Rd. in Chesterland on the first and third Friday of the month. Bring your brown bag lunch. Entertainment and refreshments will be provided.

On November 1 Ginnie Jescheling will tell us about the Lake County Fires: buried alive and a sniper on Christmas Eve. At the November 15 meeting, Debbie Weinhamer will tell us about the Christmas traditions of James & Lucretia Garfield.

On November 13 we will be going to the Rivers Casino in Pittsburgh. There will be a \$20 coin bonus. Call Kimber for reservations at (440) 668-3293.

A trip has been planned for Wednesday, November 20, to Dickens Victorian Village in Cambridge, Ohio. Cost is \$95 pp. To see if space is still available for this trip, please call Kimber at (440) 668-3293 or Kit at (216) 543-4442.

St. Anselm Christmas Boutique - St. Anselm's Women's Guild will hold their annual Christmas Boutique on Saturday, November 9, from 9:00 to 4:00 at St. Anselm School, 13013 Chillicothe Rd., Chesterland (Rt. 306, 1/2 mile south of Rt. 322). Admission is \$1.00.

There will be over 70 craft vendors from the area. There will also be a bake sale, a snack bar, and a prize raffle with many great prizes, including tickets to Cleveland Browns games

Join the Boutique Bounce by also stopping at Old South Church, 9802 Chillicothe Rd. in Kirtland and St. Mark Lutheran Church at 11900 Chillicothe Rd. in Chesterland on the same day. Pick up a card at your first stop and have it stamped at each show for a chance to win one of three gift baskets. Drawing will be held on November 10.

For further information call Shirley at (216) 832-5158.

### **Christmas-themed Bingo-Pa-Looza at Chardon Senior Center**

Tuesday, December 10, from 12:00 p.m. – 4:00 p.m., at the Chardon Senior Center. \$5 per person with registration, to cover the cost of lunch of pizza and salad! Awesome prize baskets to be won, and a wonderful way to get into the holiday spirit!

### **Big Breakfast at BSC**

Join the Bainbridge Senior Center for our monthly big breakfast on Thursday 11/21. Veterans and November birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Savory Ham & Veggie Quiche & fruit. Please RSVP by Friday, 11/15.

### **Out to Lunch Bunch with WGSC**

Thursday NOV 14th 12:30-2:30pm ~ Join us for an afternoon out with friends, as we meet for lunch at one of our local restaurants. This month will be Bob Evans in Mayfield Heights (1437 Golden Gate Blvd). Cost is on your own, just meet us there at 12:30. Call ahead & reserve your seat by NOV 12th. Call 440-279-2163

### **Presentation on Fascinating Women from the Old Testament at Chardon Senior Center**

A two-part presentation, by Mary Lou Hope. Tuesday, November 5, and November 19, from 1:00 p.m. – 2:00 p.m., at the Chardon Senior Center. Enjoy this historical look at the women of the old testament and life as they knew it. This is an interactive and relaxed presentation. Call 440-279-2131 for more information, or to register.

### **Daytime Senior Book Discussions**

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Sandy McLeod at 440-279-2137. Discussion books are available to loan at hosting Library's front desk, call to have them reserve a book for you!

Wednesday, November 6th (1st Wednesday of each month) - at Geauga West Library from 11:30-12:30pm with an out to lunch to follow, please sign up with Sandy McLeod.

Discussing: Where the Heart Is by Billie Letts

Thursday, November 14th (2nd Thursday of each month) – at Burton Library from 1:30-3:00pm. Discussing: The Christmas Escape by Sarah Morgan

### **Friendsgiving at Middlefield Senior Center: Friday, November 22nd, 12:00pm**

Join us at the Middlefield Senior Center for Thanksgiving lunch with friends! The senior center will provide the turkey, and we ask you our friends to provide the sides! Please call 440-632-0611 to let us know that you will be here and what side or desert you plan to bring.

### **Diamond Art Class at WGSC**

NOV 4th & NOV 18th 1:00-3:00pm ~Join us for this Class, you can be a beginner, and start with a small simple project for \$5, or if you are more advanced, you may want to purchase larger more Intermediate level projects. There are many Christmas Holiday projects available, Cost Varies per project, \$5 up to \$20. You may also already have a project you are working on, so just bring it with you. Register One week Prior to each Class. Adaptive equipment available. Payment due when you choose/receive your project. 440-279-2163.

### **Case Western Reserve University – Siegel Lifelong Learning Speaker Series**

Tuesday, November 12th at Ohman Family Living at Holly (10190 Fairmount Rd, Newbury 44065).

Breakfast will be served at 9:30am, followed by the lecture “Esperanto: The Rise, Fall, and Rise of the International Language” beginning at 10:00am. Presented by Jeremy Genevose, Emeritus Associate Professor of Human Development and Educational Psychology, Cleveland State University, Great Lakes Coordinator for Esperanto-US. The constructed language Esperanto was invented in 1887 to facilitate international communication and understanding. Esperanto was designed to be easy to learn with phonetic pronunciation and a simple consistent grammar. The Esperanto movement grew rapidly but suffered a severe setback in the run up to the Second World War. The language was specifically condemned by Hitler. Stalin labeled it “the language of spies.” In recent decades, Esperanto has regained ground with the rise of the internet. Today the Esperanto movement is a growing transnational community of speakers who regularly communicate either virtually or in person. Cost: \$15 for members, \$20 non-members. Registration is required by visiting [www.case.edu/lifelonglearning](http://www.case.edu/lifelonglearning) or calling 216-368-2090.

### **Movie Matinee and Free Lunch**

Every Monday the Bainbridge Senior Center offers a lunch and movie at 12 pm, free of charge. November’s theme is Modern Musicals. Reservations are not required but encouraged to ensure a meal for all attendees.

### **Lunchtime Trivingo at WGSC**

NOV 19th 12:00-2:00pm- Once Again, We are going to play “Trivingo” This is NOT your ordinary letter and number Bingo Game. This is a form of bingo, it’s on the same type of grid with 25 squares and same game winning 5 in a row method. There are over 75 song titles from the “Oldies” Era of music used and scrambled on the cards, along with Music trivia questions. All trivia is multiple choice, and you do not have to participate in it, you can just say “PASS” and we will move on to the next person. Lunch will be the hot meal of the day with dessert and beverage. There will be MANY PRIZES, including GRAND PRIZES at the end of the event! Cost is FREE, donations accepted for the meal. RSVP due by 11-12-24.!! Call 440-279-2163 for more Info.

### **Interested in learning to play Bridge?**

We would love to teach you! Chardon Senior Center has some wonderful volunteer instructors who will teach you all you need to know to join in the fun with one of our Bridge Groups! Call Chardon Senior Center for more information!

### **Lunch & Learn – Bainbridge Senior Center**

Laurels of Chagrin Falls will provide a free Lunch & Learn Session at BSC on Wednesday Nov. 20th at Noon to discuss home safety tips and preventing falls. \*Registration Required before 11/18

### **Ceramic Christmas Tree with Lights**

Join us Monday, November 18th, at the Middlefield Senior Center 1:00PM. Class led by Linda Williams. Different size trees available, prices vary. Starting at \$20 everything included to paint your tree, trees will be fired in the kiln and returned. Perfect for gift giving or keeping for yourself. Pay the day of class. Must sign up by Nov.14th. Call 440-632-0611 for more information.

### **Out to Lunch Group**

Thursday, November 21, at 12:00 noon, at Spinner's in Chardon. Meet up with Chardon Senior Center staff and other friends for a lunch out! Cost is "on your own." Call Chardon Senior Center to let us know you'll be joining us! 440-279-2126.

### **2025 Medicare Part D & Advantage Plan Comparisons**

Compare Medicare Plan options and you could save money in 2025! The Ohio Department of Insurance has trained Geauga County Department on Aging Staff & Volunteers to offer one on one reviews at Geauga Department on Aging, 12611 Ravenwood Dr, suite 200, in Chardon.

Appointments are available from Tuesday, October 15 through Monday, December 2. Call (440) 279-2130, Monday through Friday 8:00AM until 4:00PM, to schedule your appointment. Make sure to bring your list of current medicines and your insurance cards to the appointment.

For those who would like to review options for Part D or Medicare Advantage plans, seniors can do so online at Medicare.gov: from Oct 15 through Dec 7.

### **Coffee and Conversation with Dawn from Ohman Family Living**

Held on Tuesday, November 19th, at the Middlefield Senior Center starting at 10:00AM. Join us for coffee, conversation and treats with Dawn! Learn what is new and upcoming with the Ohman's, perfect opportunity to have questions answered! Please call 440-632-0611 to reserve your spot.

### **Geauga Park District – Bainbridge Senior Center**

On Friday 11/15 at Noon for a pay-your-own-lunch from Topsy Bull Tavern and a presentation provided by GPD. Titled "Comeback Critters" they discuss restoration efforts that have resulted in some of Ohio's wild life making a remarkable comeback!

### **Senior Breakfast at West G Senior Center**

NOV 21st 8:30-10:00am ~Join us for a homemade breakfast of Sausage Biscuits and Gravy, fried potatoes, fruit cup and beverage. Immediately following we will engage in brain stimulating, mind challenging brain games. Cost: \$5 Register by Nov 14th 440-279-2163.

### **Photography Club at Chardon Senior Center**

Our new Photography Club meets weekly at 1:00 p.m., for approximately an hour. We meet at a different location each week to snap shots of interesting and beautiful places around Geauga County. Absolutely no experience is needed. No fancy camera is needed either; a smartphone camera will do the trick! Call 440-279-2131 to express your interest and for schedule of meeting locations. Please note: this club involves walking on sometimes unlevel ground, gravel, and grass. Please be aware when signing up for this club that the group must progress at a certain pace, in order to work within the given time-frame.

Considerable walking! This is LIMITED; please call to reserve your space.

### **Comeback Critters presented by Geauga Parks**

Thursday, November 21st, at 11:00AM at the Middlefield Senior Center. Learn about the changing landscape & land use has affected wildlife & the restoration efforts that has helped Geauga's wildlife make a comeback! Please call 440-632-0611, to let us know you will be here.

## **An Intergenerational Book Discussion with Berkshire High School Students**

Tuesday, December 10th from 8:30-9:30am.

We will be discussing: A Thousand Splendid Suns by Khaled Hosseini.

Held in the Berkshire High School Auditorium (14155 Claridon Troy Road, Burton, OH, 44021). Due to school safety protocols, we will all meet in front of the school at 8:15am. Please park near door #9. Follow signs to the Board Office and park in either of the two closest parking lots. Everyone will need to sign in at the front office and then a staff member will direct us to the school auditorium. This may take a minute or two so please have patience during this process. Please spread out amongst the students so we have both students and seniors working together. For questions please do not call the school, all reservations are made thru Department on Aging. Please RSVP to: Sandy McLeod 440-279-2137.

### **Bainbridge Thanksgiving Feast**

Kick off the holiday season with friends at BSC! Sit down and enjoy roast turkey and all the fixings on Friday, November 8th from 1-3pm. \$12, Registration deadline is Monday 11/4.

### **Lunch and Speaker Series with Kathie Doyle at the Chardon Senior Center**

Friday, November 8, from 12:00 p.m. – 1:30 p.m., at the Chardon Senior Center. Kathie is a retired history teacher and loves to research different periods of history to present at the senior centers! This is a free event, but registration is required by calling 440-279-2126.

### **Thanksgiving Facts & Trivia**

Monday, November 4th from 2:00-3:00pm at Jennings at Notre Dame Village Apartments Cafeteria (10950 Pine Grove Trail, Chardon, OH 44024). Sandy and Melissa are back to host games and trivia surrounding our November holiday, Thanksgiving. Light refreshments and a favorite fall dessert, pumpkin pie, will be served! Call Melissa Wheeler at 440-279-2167 to RSVP for this free program.

### **Lego Club at Chardon Senior Center**

Are you interested in building Lego kits with a group, as a way to relax and socialize? Please call the Chardon Senior Center at 440-279-2126, if you are interested in joining our Lego Club!

### **Free Lunch and a Movie**

Thursday, November 7th from 12:00-2:00pm at the West Geauga Senior Center (8090 Cedar Road, Chesterland 44026). Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. Due to very limited space, and to ensure a fun experience for all, registration is required by calling 440-214-3180.

### **Berkshire High School Fall Dress Rehearsal , with coffee and donuts**

Friday November 22, 8:15 am arrival. The Alibi Murder Mystery: When eccentric billionaire J. Leslie Arlington is murdered; a clueless detective finds the suspects are all reluctant to admit their alibis... because they were all committing other ridiculous crimes at the time.

Berkshire High School is located at 14155 Claridon Troy Road, Burton, OH 44021.

Due to school safety protocols, we will all meet in front of the school at 8:15am. Please park near door #9. Follow signs to the Board Office and park in either of the two closest parking lots. Everyone will need to sign in at the front office and then a staff member will direct us to the school auditorium.

This may take a minute or two so please have patience during this process. For questions please do not call the school, all reservations are made thru Department on Aging. Please RSVP to Sandy McLeod 440-279-2137.

**MAHJONG MIXER at Bainbridge on 11/27**

Please call 440-479-1313 to RSVP to guarantee a lunch! Join us for food, fun, friends and of course Mahjong! Lunch is at 12:30 with Mahjong games from at 1pm-4pm!

**Lunch and Learn ~American Sign Language at WGSC**

NOV 14th & NOV 21st 12:00-1:30pm ~Join us for a hot lunch (Meal of the Day), followed by a video series by The Great Courses teaching American Sign Language. FREE Class \*Donations collected for Lunch\* Registration deadline: Nov 4th for First Class, NOV 12th: second class. 440-279-2163.

**NEW! Tech Help Appointments at Chardon Senior Center!**

Every Monday, from 1:00 p.m. – 3:00 p.m., our Volunteer, Dwight, will do one-on-one tech appointments to help with issues about iPhones, Android phones, iPads, tablets, laptops – including windows and Apple products. This is by appointment only! ½ hour appointments for any phone help. One (1) hour appointments for iPad, tablet, or laptop appointments. Sorry, no desktop appointments at this time. FREE. Call 440-279-2126 to schedule an appointment!

**The Breakfast Club of Chardon**

Join us for a breakfast out at Bob Evan’s in Chardon on Thursday, November 14, at 9:30 a.m. Enjoy breakfast, coffee, and conversation with others! Cost is “on your own.” Call 440-279-2126, so we know who to expect!

**Arm Chair Travel with The Great Tours at West G Senior Center**

November 8th & 22nd 1:00-2:30pm ~Join us here at West G for our newest program “Arm Chair Travel with The Great Tours” ENGLAND, SCOTLAND & WALES. This 12 part series will be offered twice a month on select Friday afternoons. These Travel Tours offer beautiful video footage, as well as the history of the areas being covered. If you like Travel, and especially if you are interested in the current destination, come and join us for this Video series projected onto our BIG SCREEN at WGSC. Call to sign up 440-279-2163

**Chair Volleyball at WG Senior Center-PLAYERS NEEDED**

The West G Senior Center is in need of seniors to join us here on Friday afternoons to play Chair Volleyball from 1:00-2:00pm. If you enjoy the sport, we would LOVE to have you join us!!! Call 440-279-2163 to let us know if you are interested.

**Seasons of Giving Donation Form**

The Department on Aging will collect donations from November-December. Don’t forget, Giving Tuesday is on December 3rd.

For more information, call the Geauga County Department on Aging at (440) 279-2130. Thank you for your generosity!

I would like to sponsor \_\_\_\_ 1 Meal \_\_\_\_ 1 Week of Meals \_\_\_\_ 1 Month of Meals \_\_\_\_ 1 Year of Meals \_\_\_\_ Other

Name/Business: \_\_\_\_\_ Phone \_\_\_\_\_

Address: \_\_\_\_\_

Please cut this form out and mail your tax-deductible donation to: Geauga County Department on Aging, 12611 Ravenwood Drive, Suite 200, Chardon, Ohio 44024

The Geauga County Department on Aging is a government agency. Donors may deduct contributions as provided in IRC 170(c)(1) of the U.S. Tax Code.

**GEAUGA COUNTY SENIORS REGISTRATION FOR EVENTS**

\*\*Please fill out registration form and mail to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024

Event: \_\_\_\_\_ Location: \_\_\_\_\_  
 Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date (s) \_\_\_\_\_  
 Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_  
 Registered with GDA for 2024? Yes \_\_\_ No \_\_\_  
 Other Information: (menu or leave from options) \_\_\_\_\_  
 Internal use - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

Event: \_\_\_\_\_ Location: \_\_\_\_\_  
 Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date (s) \_\_\_\_\_  
 Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_  
 Registered with GDA for 2024? Yes \_\_\_ No \_\_\_  
 Other Information: (menu or leave from options) \_\_\_\_\_  
 Internal use - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

- I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X \_\_\_\_\_  
Signature of Participant Date

**REFUND POLICY FOR THE GEAUGA DEPARTMENT ON AGING**

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual’s name and contact information.

In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check.

We apologize for any inconvenience this may cause.

# Geauga Lunch Menu November 2024

| MON  | TUES  | WED  | THU  | FRI   |
|--|---|--|--|---|
|  |   |  |  | <b>1</b><br>MACARONI & CHEESE<br>BROCCOLI<br>SWEET CORN<br>FRUIT CUP<br>DINNER ROLL                       |
| <b>4</b><br>HOT DOG<br>TATER TOTS<br>BAKED BEANS<br>APPLESAUCE<br>WG HOT DOG BUN<br>KETCHUP PC/<br>MUSTARD PC    | <b>5</b><br>BBQ CHICKEN BREAST<br>RICE – ½ CUP<br>GREEN BEANS<br>SWEET POTATOES<br>APPLESAUCE<br>DINNER ROLL        | <b>6</b><br>MEATBALLS w/PASTA<br>w/SPAGHETTI<br>SAUCE ½ C<br>MIXED VEGETABLES<br>FRUIT CUP<br>BREAD  | <b>7</b><br>TERIYAKI CHICKEN W/<br>VEG FRIED BROWN<br>RICE - 1 CUP<br>BROCCOLI<br>ESCALOPED APPLES         | <b>8</b><br>BREADED CHICKEN<br>PATTY<br>CARROTS<br>SWEET CORN<br>FRUIT CUP<br>WG HAMBURGER BUN<br>MAYO PC |
| <b>11</b><br><br><b>CLOSED</b>   | <b>12</b><br>SALISBURY STEAK<br>W/GRAVY<br>RICE – ½ CUP<br>SWEET CORN<br>CARROTS<br>FRUIT CUP<br>WHITE BREAD        | <b>13</b><br>TOMATO BASIL<br>CHICKEN<br>PASTA w/SPAGHETTI<br>SAUCE ½ C<br>CAPRI BLEND<br>VEGETABLES<br>FRUIT CUP<br>DINNER ROLL                        | <b>14</b><br>TURKEY BURGER<br>ROASTED POTATOES<br>BROCCOLI<br>APPLESAUCE<br>WG HAMBURGER BUN<br>KETCHUP PC | <b>15</b><br>BONELESS WINGS<br>CARROTS<br>BAKED BEANS<br>FRESH FRUIT<br>GRAHAM CRACKERS<br>BBQ CUP        |
| <b>18</b><br>SLICED HAM<br>W/PINEAPPLE GLAZE<br>SWEET POTATOES<br>GREEN BEANS<br>DINNER ROLL<br>FRUIT CUP        | <b>19</b><br>MEATLOAF W/GRAVY<br>MASHED POTATOES<br>PEAS<br>BREAD<br>APPLESAUCE CUP                                 | <b>20</b><br><b>CELEBRATION CAKE DAY</b><br>BREADED FISH<br>TATER TOTS<br>MIXED VEGETABLES<br>FRUIT CUP<br>DINNER ROLL<br>TARTAR SAUCE &<br>KETCHUP PC | <b>21</b><br>SWEDISH MEATBALLS<br>w/NOODLES<br>BROCCOLI<br>CARROTS<br>APPLESAUCE<br>BREAD                  | <b>22</b><br>JUMBO RAVIOLI<br>w/SPAGHETTI<br>SAUCE ½ C<br>MIXED VEGETABLES<br>FRUIT CUP<br>DINNER ROLL    |
| <b>25</b><br>CHICKEN SALAD<br>THREE BEAN SALAD<br>SALSA CUP<br>TORTILLA CHIPS<br>FRESH FRUIT<br>WG HAMBURGER BUN | <b>26</b><br>GRILLED CHICKEN<br>BREAST<br>GREEN BEANS<br>CARROTS<br>ESCALOPED APPLES<br>WG HAMBURGER BUN<br>MAYO PC | <b>27</b><br>STUFFED GREEN CAB-<br>BAGE w/SPAGHETTI<br>SAUCE ½ C<br>MASHED POTATOES<br>FRUIT CUP<br>BREAD  | <b>28</b><br><br><b>CLOSED</b>   | <b>29</b><br><br><b>CLOSED</b>  |

## Menu Subject to Change

**ATTENTION:** The Geauga County Department on Aging cannot control or guarantee the continued wholesomeness and safety of any food or beverage once it leaves the Agency's facilities. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on Aging will not be liable for any damages arising from the consumption of any food or beverages outside of Department of Aging premises.

**Geauga Department on Aging**  
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Hours: 8:00 am - 4:30 pm  
440-279-2130  
NOVEMBER

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## **Geauga Department on Aging**

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### **SOCIAL SERVICES**

Helping Seniors Stay Connected Through Programs and Services

#### Programs

Senior Centers \* Assistance with Daily Living \* Legal Services \* Care Coordination \* Chore and Home Safety \* Senior News \* Home Delivered Meals \* Donated Medical Equipment \* Income Tax Preparation \* Out of County Medical Transportation

#### Services

Non-Medical In-Home Assistance \* Medicare Answers \* Living Wills & Health Care POA \* Housing Issues \* Financial Assistance Program Referrals \* Safety Issues \* Problem Solving Unique Concerns