

# The Geauga Senior News

Geauga County Department on Aging

April 2025

## Learning for a Lifetime

Thursday, May 15, 2025

The Geauga County Department on Aging,  
in conjunction with  
Kent State University Geauga Campus,  
invites you to join us for the annual  
Learning for a Lifetime event  
at Kent State Geauga Campus in Burton  
14111 Claridon Troy Road, Burton



Each senior will choose from the classes listed below to create their own schedule. This year's selection covers a wide spectrum of interests and provides a unique opportunity to challenge and invigorate yourself. Space is limited, so please complete the registration form to secure your spot.

Cost: \$10 per registered senior - lunch is included

### 9:30 a.m. Session 1 Pick top two classes from the following choices:

**1. Spaced Out - presented by Jann Glove**

A lighthearted look back at a galaxy far, far away when aging baby boomers were upstart space cowboys and juvenile jet-setters! This session will encourage attendees to reflect on their space-age heritage and the significant impact the Space Race had on their lives.

**2. Stay Savvy Online: Spotting Scams and Fake News - presented by Chris Burnworth, Kent Geauga**

Learn essential skills to identify fake news and scams online. Get practical tips to distinguish credible sources from misinformation, empowering you to stay informed and safe.

**3. 18 Sites on the National Register of Historic Place - presented by Dr. Bari Stith**

Explore the historic sites in Geauga County and understand their significance. Take an armchair tour before heading out to visit these compelling places.

**4. Right-Sizing Your Retirement - presented by Chase Mize**

Experts from Transitional Designs discuss the question: "Do I own my stuff, or does my stuff own me?" Learn tips to simplify your belongings, reduce clutter, and kick-start the downsizing journey.

**5. Breathwork for Everyday Wellness - presented by Michelle Urban, LMT, CCT, CBC, co-owner of Chardon Integrated Wellness Center**

Improve your health by learning proper breathing techniques. Discover how controlled breathing enhances memory, digestion, sleep, and vagal tone.

**6. How to Grow Fresh Vegetables on Your Patio - presented by Master Gardener Pat Apanovitch**

Don't have garden space? Learn how to grow fresh food in a container garden, from plant selection to maintenance.

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**Deadline for the news and information items is the 1st of the month prior to publication.**

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,200 hard copy and 700 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

### BOARD OF COMMISSIONERS

**Geauga County Ohio**  
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Jessica Boalt – Director  
Reba Dykes - In-Home Services Manager  
Sandy McLeod – Senior Centers Manager  
Karen M. Stone – Administrative Services Manager

*continued from pg. 1*

## 10:45 a.m. Session 2

### **Pick top two classes from the following choices:**

- 1. South Newbury Union Chapel: A Bold Past, A Bright Future - presented by Dr. Bari Stith**  
 Discover the fascinating history of South Newbury Union Chapel, from its founding in 1858 following a freedom of speech controversy to its role in temperance, social reform, and activism.
- 2. Making Technology Work for You - presented by Chris Burnworth, Kent Geauga**  
 Learn how technology can simplify daily tasks, enhance entertainment, improve accessibility, and support health and fitness. Explore how AI can integrate into your everyday life.
- 3. The Unsung Heroes - presented by Kathy Doyle**  
 Explore the evolving role of military nurses, from the Civil War to Vietnam, and how they saved lives while shaping the future of nursing.
- 4. Queen Victoria and Her Lifetime - presented by Dr. Molly Sergi, Ph.D.**  
 Examine the 63-year reign of Queen Victoria and her profound impact on British and world history.
- 5. Recognizing Early Signs of Respiratory Illnesses - presented by Alex Mostoller, RRT, RPSGT, director of respiratory therapy at Ohman Family Living**  
 Learn to identify early symptoms of respiratory illnesses and understand when to seek medical attention.
- 6. Cardio Drumming - presented by the Geauga County Department on Aging**  
 Looking for a fun way to exercise? This cardiovascular workout combines drumming movements with music — no experience needed!

### **Event Details:**

**Location:** Kent State Geauga, 14111 Claridon Troy Road, Burton, OH 44021  
**Cost:** \$10 for three sessions and a boxed lunch  
**Registration deadline:** Wednesday, May 7 or until classes are full

**How to Register:** *Complete the form below and mail it with a \$10 check payable to:*  
 Department on Aging, 12611 Ravenwood Drive, Suite 200, Chardon, OH 44024 or it off at your nearest senior center.

**12:30 p.m. Session 3 Pick top two classes from the following choices:**

- 1. History of the Geauga County Historical Society & Century Village Museum - presented by Stefanie O'Connor, curator/archivist**  
Learn about the origins of Century Village and the key figures who shaped its development.
- 2. Your Kids Don't Want It — What to Do with Your Stuff - presented by Emmalee Ford**  
Discover how to downsize and re-home items you no longer need. Learn about local thrift store options and strategies for decluttering.
- 3. O' The Joys of Pioneering: Vision and Reality for Women on the Western Reserve Frontier - presented by Dr. Bari Stith**  
Explore the lives of early 19th-century women settlers in Northeast Ohio, their expectations versus realities, and their role in shaping communities.
- 4. How Smoothies Support Your Health as You Age - presented by Chef Joe Matteucci and Clinical Dietitian Stephanie Jarrett, University Hospitals**  
Learn how nutrient-packed smoothies can boost immunity, digestion, and energy levels. Enjoy samples during this session!
- 5. Righteous Among Nations: Unsung Heroes of the Holocaust - presented by Kathy Doyle**  
Discover the stories of non-Jewish individuals who risked their lives to save Jewish people during the Holocaust.
- 6. Brain Health: Exercise for the Mind - presented by Dawn Damante, MHA, CDP, Ohman Family Living**  
Explore ways to maintain cognitive function, improve mental clarity, and reduce the risk of cognitive decline through continuous learning and physical activity.

**Registration Form**

**Event:** Learning for a Lifetime **Date:** Thursday, May 15, 2025 **Deadline:** Wednesday, May 7, 2025 (or until classes are full)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Are you registered this year?  Yes  No

**Select Your Educational Sessions:**

*Please note that seating in classrooms may be limited. Classes will be filled on a first come, first serve basis. Please choose two subjects per session. We cannot guarantee a spot if only one subject is chose.*

**Session 1 9:30 - 10:30 a.m.**

1st Choice: \_\_\_\_\_

Class # and Title

2nd Choice: \_\_\_\_\_

Class # and Title

**Session 2 10:45 - 11:45 a.m.**

1st Choice: \_\_\_\_\_

Class # and Title

2nd Choice: \_\_\_\_\_

Class # and Title

**Session 3 12:30 - 1:30 p.m.**

1st Choice: \_\_\_\_\_

Class # and Title

2nd Choice: \_\_\_\_\_

Class # and Title

Choose one of the following for lunch selection:  Turkey & Cheddar Wrap  Veggie Wrap

**OFFICE USE:** Date Received \_\_\_\_\_ Staff Initial \_\_\_\_\_ Receipt # \_\_\_\_\_

COMMUNITY EVENT

**Lunch with the Curator**

**Tuesday, April - 12:00 p.m.**

Held at Century Village Auburn Church.

**Topic: Military People from Geauga County.** Presented by Stefanie O'Connor.

Learn about the brave men and women who fought in the Civil War & others. What kind of casualties did we have and what kind of support did they receive from the people back home. What was the daily life of our soldiers like, and more.

Box lunch provided for \$5.

RSVP 440-279-2137. \$5 at the door.

**Free Lunch & Movie**

**Thursday, April 3, 12:00 p.m.**

**UH Geauga Age Well Be Well Program.**

Call 440-214-3180 to register. Free.

**Mamma Mia!**

**Friday, April 11, 8:30 a.m.**

Held at Berkshire High School. We will provide coffee & donuts upon your arrival! Told through the legendary music of ABBA, Mamma Mia! has become a worldwide sensation that has audiences everywhere dancing. RSVP 440-279-2137. Free.

**Earth Day Program**

**Monday, April 14, 2:00 p.m.**

Held in the Dining Room at Jennings Apartment building at Notre Dame Village. We will talk trees and all their benefits, play trivia games, and enjoy a delicious afternoon snack. We will discuss the meaning and impact that 55 years of Earth Day has had on our world and what we can do to impact this year's theme.

RSVP 440-279-2137. Free.

**Empowering Your Brain**

**Friday, April 25, 12:00 p.m.**

Held at Munson Town Hall. This event is dedicated to raising awareness about the importance of maintaining a healthy brain throughout life. Join us for an expert talk with QR8|Health, enjoy interactive games and practical tips to enhance cognitive function, prevent decline, and boost mental well-being. Lunch provided by UH Geauga Medical Center. RSVP 440-279-2167. Free.

**Balance Exercise Classes:**

Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person and live on Microsoft Teams.

RSVP 440-279-2167.



Geauga County  
Department on Aging

**APRIL 2025**

MONDAY		TUESDAY	
			<b>1</b>
	<p><b>Sandy McLeod</b> <i>Senior Centers' Supervisor</i> 440-279-2137</p> <p><b>Melissa Wheeler</b> <i>Asst. Senior Centers' Supervisor</i> 440-279-2167</p>	<p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>12:00-1:00 Lunch w/ Curator OS</p> <p>1:00-2:30 Geauga Walkers OS</p> <p>1:30-3:30 MOB Classes BSC</p>	
	<b>7</b>		<b>8</b>
9:30-11:00	Parkinson's Boxing CSC	<p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>1:00-2:30 Geauga Walkers OS</p> <p>1:30-3:30 MOB Classes BSC</p>	
	<b>14</b>		<b>15</b>
9:30-11:00	Parkinson's Boxing CSC	<p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>12:30-1:30 Parkinson's Support OS</p> <p>1:00-2:30 Geauga Walkers OS</p> <p>1:30-3:30 MOB Classes BSC</p> <p>2:00-3:00 Diabetes Support Group CSC</p>	
2:00-3:00	Earth Day Program JND		
	<b>21</b>		<b>22</b>
9:30-11:00	Parkinson's Boxing CSC	<p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>1:00-2:30 Geauga Walkers OS</p> <p>1:30-3:30 MOB Classes BSC</p>	
	<b>28</b>		<b>29</b>
9:30-11:00	Parkinson's Boxing CSC	<p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>1:00-2:30 Geauga Walkers OS</p>	



# SENIOR COMMUNITY EVENTS

Geauga County  
Department on Aging

WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;"><b>2</b></p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>11:30-12:30 Book Discussion GW</p> <p>1:00-2:30 Walking for Wellness OS</p>	<p style="text-align: right;"><b>3</b></p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>12:00-2:30 Lunch &amp; Movie WG</p> <p>1:30-3:30 MOB Classes BSC CSC &amp; VT</p>	<p style="text-align: right;"><b>4</b></p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC &amp; VT</p>
<p style="text-align: right;"><b>9</b></p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>1:00-2:30 Walking for Wellness OS</p>	<p style="text-align: right;"><b>10</b></p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>1:30-3:00 Book Discussion BL</p> <p>1:30-3:30 MOB Classes BSC</p>	<p style="text-align: right;"><b>11</b></p> <p>8:30-10:30 Mamma Mia Play OS</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC &amp; VT</p>
<p style="text-align: right;"><b>16</b></p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>1:00-2:30 Walking for Wellness OS</p>	<p style="text-align: right;"><b>17</b></p> <p>9:00-11:00 GPD Elderberries OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>1:30-3:30 MOB Classes BSC</p>	<p style="text-align: right;"><b>18</b></p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC &amp; VT</p>
<p style="text-align: right;"><b>23</b></p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>1:00-2:30 Walking for Wellness OS</p>	<p style="text-align: right;"><b>24</b></p> <p>9:30-3:30 Cleveland Museum of Art OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>1:30-3:30 MOB Classes BSC</p>	<p style="text-align: right;"><b>25</b></p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>12:00-2:00 Empowering your Brain OS</p>
<p style="text-align: right;"><b>30</b></p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC &amp; VT</p> <p>1:00-2:30 Walking for Wellness OS</p>	<p>BL Burton Library CSC Chardon Senior Center GW Geauga West Library GCOB Geauga County Office Building JND Jennings at Notre Dame Village OBR Ohman Family Living at Briar OH Ohman Family Living at Holly OS Off-site VT Virtual Teams (Online) WG West Geauga Senior Center</p>	

# BAINBRIDGE SENIOR CENTER

We will close at 2 p.m. on April 29 for a staff meeting.

## Big Breakfast

Thursday, April 24

Join BSC for our monthly big breakfast. Veterans and April birthdays are free to attend. The cost is \$5 for everyone else. On the menu: French Toast Casserole  
Donuts provided by Cherished Companions. RSVP by Friday, April 18.

## Movie Matinee

Every Monday, 12 p.m.

Lunch and movie free of charge. April's theme is "April." Reservations are not required but encouraged to ensure a meal for all attendees.

## FREE Phone Help

April 21, 11 a.m.

Steve from Verizon will be here on to help you out, regardless of your plan or carrier. Call 440-279-1313 to register.

## Soup & Sandwich Lunch

Join us on April 8 for a relaxed homemade lunch of Butternut Squash Soup and Chicken Salad Sandwiches. \$5. Registration required by Friday, April 4.

## Dyngus Day Party

April 18, Noon-2:30 p.m.

Na Zdrowie! Celebrate Dyngus Day early with BSC and the Chardon Polka Band! Enjoy a delicious lunch featuring pierogies, kielbasa, and sauerkraut, and work off those tasty bites by showing off your best polka moves! \$15. Registration required by April 14 or until the event is full.

## South Russell PD Open Forum

April 16, 12:30 p.m.

South Russell Police Department will hold an open-forum lunch and discussion at BSC. Get to know Chief Rizzo and fellow officers over free lunch and donuts. This Q&A session will cover safety and community topics that matter to you! The deadline to register is April 7 or until the event is full.



Geauga County  
Department on Aging

# APRIL 2025

MONDAY		TUESDAY	
<b>New for April</b>			<b>1</b>
<ul style="list-style-type: none"> <li>• Karaoke with Matt on Mondays</li> <li>• Chair Massage on Mondays</li> <li>• Board Game Fun on Thursdays</li> </ul>		9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 12:00-1:00 Social Work Appts 1:30-3:30 Matter of Balance Class	
8:30-9:30 All-Around Exercise (\$3) <b>7</b> 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch & a Movie (April Morning- 1988) 12:30-3:00 Chair Massage appts, \$15		9:45-10:15 Balance Class <b>8</b> 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 12:00-1:00 Soup & Sandwich Lunch Butternut Squash Soup and Chicken Salad Sandwiches (\$5 registration req'd) 1:30-3:30 Matter of Balance Class	
8:30-9:30 All-Around Exercise (\$3) <b>14</b> 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch & a Movie The April Fools -1969 12:30-3:00 Chair Massage appts, \$15 2:30-3:30 Karaoke w/ Matt		9:45-10:15 Balance Class <b>15</b> 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 1:30-3:30 Matter of Balance Class	
8:30-9:30 All-Around Exercise (\$3) <b>21</b> 9:40-10:30 Chair Yoga-cise (\$3) 9:00-2:30 Reliable Nurse Foot Care 10:00-2:00 Poker 11:00-12:00 Tech Help w/ Steve 12:00-2:30 Lunch & a Movie (Enchanted April—1991) 12:30-3:00 Chair Massage appts, \$15 2:30-3:30 Karaoke w/ Matt		9:45-10:15 Balance Class <b>22</b> 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 12:00-1:00 Book Club 12:00-3:00 Ladies Day with The Muse, \$40 - registration req'd 1:30-3:30 Matter of Balance Class	
8:30-9:30 All-Around Exercise (\$3) <b>28</b> 9:40-10:30 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-2:30 Lunch & a Movie (Pieces of April -2003) 12:00-2:00 FREE Lunch & Learn Down-sizing Tips n' Tricks 12:30-3:00 Chair Massage appts, \$15 2:30-3:30 Karaoke w/ Matt		9:45-10:15 Balance Class <b>29</b> 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 12:00-2:00 FREE Lunch&Learn on STRESS Management w/ Jenna from Regency of Chagrin Falls 10:00-2:00 Mahjong CLOSING AT 2PM FOR A STAFF MEETING	

# BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>		<b>3</b>		<b>4</b>	
8:30-9:30	All-Around Exercise (\$3)	9:45-10:15	Balance Class	8:30-9:30	All-Around Exercise (\$3)
9:40- 10:20	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming	9:40-10:25	Chair Yoga-cise (\$3)
10:00-12:00	Diamond Painting	10:00-12:00	Knit and Crochet	10:00- 12:00	Mahjong
11:00-12:00	Bingo w/ Cindy from Caring Senior Choices	10:00-3:00	Pinochle		
10:30-11:30	Line Dancing	12:00-12:30	Lunch		
12:30-2:00	OTL Group (Imperial Wok—Solon)	1:30-3:30	Matter of Balance Class		
		12:30-2:30	Board Game Fun		
<b>9</b>		<b>10</b>		<b>11</b>	
8:30-9:30	All-Around Exercise \$3	9:45-10:15	Balance Class	8:30-9:30	All-Around Exercise (\$3)
9:40- 10:20	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming	9:40-10:25	Chair Yoga-cise (\$3)
10:00-12:00	Diamond Painting	10:00-12:00	Knit and Crochet	10:00- 12:00	Mahjong
11:00-12:00	Bingo w/ Ohman Family	10:00-3:00	Pinochle		
10:30-11:30	Line Dancing	12:00-13:30	Lunch		
12:30-2:00	OTL Group (El Camino-Aurora)	1:30-3:30	Matter of Balance Class		
1:30-3:00	Alzheimer's and Dementia Support Group	12:30-2:30	Board Game Fun (\$3)		
<b>16</b>		<b>17</b>		<b>18</b>	
8:30-9:30	All-Around Exercise (\$3)	9:45-10:15	Balance Class	8:30-9:30	All-Around Exercise (\$3)
9:40- 10:20	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming	9:40-10:25	Chair Yoga-cise (\$3)
10:00-12:00	Diamond Painting	10:00-12:00	Knit and Crochet	10:00- 12:00	Mahjong
11:00-12:00	Bingo w/ Justin from Seniors Helping Seniors	10:00-3:00	Pinochle	12:00-2:30	Dyngus Day Party w/ The Chardon Polka Band
10:30-11:30	Line Dancing	12:00-12:30	Lunch		
12:30-2:00	FREE Lunch & Open Forum w/ S. Russell PD	1:30-3:30	Matter of Balance Class		
12:30- 2:30	OTL Group (Mavis Public House —Solon)	12:30-2:30	Board Game Fun		
<b>23</b>		<b>24</b>		<b>25</b>	
8:30-9:30	All-Around Exercise (\$3)	9:00-10:00	BIG BREAKFAST (registration req'd) *Donuts by Cherished Companions*	8:30-9:30	All-Around Exercise (\$3)
9:40- 10:20	Chair Yoga-cise (\$3)	10:00-12:00	Knit and Crochet	9:40-10:25	Chair Yoga-cise (\$3)
10:00-12:00	Diamond Painting	10:00-3:00	Pinochle	10:00- 12:00	Mahjong
11:00-12:00	Bingo	12:00-12:30	Lunch		
10:30-11:30	Line Dancing	1:30-3:30	Matter of Balance		
12:30-2:00	OTL Group (Oak & Ember— Chesterland)	12:30-2:30	Board Game Fun		
<b>30</b>		<b>Free Lunch &amp; Learns</b>			
8:30-9:30	All-Around Exercise (\$3)	<b>Keri Skrtic</b> <i>Recreation &amp; Education Coordinator</i>  <b>Matt Samardge</b> <i>Recreation &amp; Education Assistant</i>		<ul style="list-style-type: none"> <li>• <b>April 29</b> - Jenna from Regency of Chagrin Falls will present a free lunch and learn on stress management.</li> <li>• <b>April 28:</b> Sharon Waite will provide a free lunch and learn offering tips and tricks for downsizing your home. Registration required for each!</li> </ul>	
9:40- 10:20	Chair Yoga-cise (\$3)				
10:00-12:00	Diamond Painting				
11:00-12:00	Bingo				
10:30-11:30	Line Dancing				
12:30-2:00	OTL Group Coyote's - Chagrin Falls				

# CHARDON SENIOR CENTER

## April Fools' Breakfast!

Tuesday, April 1

## Sweet Treat Drive-Thru

Wednesday, April 2

at Chardon Woods (formerly Heather Hill).

## Photography Club Monthly Meeting

Friday, April 4

## Art Club

Tuesday, April 8

with Amber from Ariel Inspired Art Studio and Gallery.

## Breakfast Club at Bob Evans

Thursday, April 10

## Fascinating Women of the Old Testament Series

Thursday, April 10 & 24

## Lunch & Learn

Friday, April 11

Getting Your Home's Heating and Cooling System Ready for Spring and Warmer Weather!

## Book Club

Monday, April 14

The Secret of the Nightingale Palace, by Dana Sachs.

## Iris Folding

Tuesday, April 15

## Mid-Month Lunch with Chardon Woods

Wednesday, April 16

## Lunch and Creative Cooking Class

Thursday, April 17

## Earth Day

Tuesday, April 22

Learn to Make Spring Planters Presentation.

## Aromatherapy Series

Wednesday, April 23 & 30

## Lunch and Learn with Geauga Park District

Friday, April 25

## Birthday Bingo and Pizza Party

Friday, April 25

## Pierogi-Making Class

with Kathie Doyle

Monday, April 28



Gauga County  
Department on Aging

# APRIL 2025

MONDAY		TUESDAY	
		<b>1</b>	
<b>Monday Noon Lunch &amp; Movie:</b>		9:00-10:00 April Fools' Breakfast \$	
4/7: Mr. Holland's Opus		9:00-11:30 Woodcarving	
4/14: Miss Congeniality		10:00-12:00 Knit and Crochet	
4/21: Mrs. Doubtfire		10:00-10:45 Tai Chi \$3	
4/28: Mr. Mom		11:00-11:45 Balance Exercises	
		2:00-3:30 RCR Practice	
		<b>8</b>	
8:30-10:00 Chess Club	<b>7</b>	9:00-11:30 Woodcarving	
10:00-11:00 Line Dancing \$3 (Off Site)		10:00-12:00 Knit and Crochet	
10:00-12:00 Rug Hooking		10:00-10:45 Tai Chi \$3	
10:00-12:00 Quilting Club		11:00-11:45 Balance Exercises	
11:00-11:45 Balance Exercise		1:00-3:00 Art Club with Amber \$	
11:00-11:45 Strength Training \$2		1:00-4:00 Scrabble Club	
1:00-3:00 Diamond Art		2:00-3:30 Raccoon County Ramblers Practice	
1:00 Tech Help by appt.			
		<b>15</b>	
8:30-10:00 Chess Club	<b>14</b>	9:00-11:30 Woodcarving	
10:00-11:00 Line Dancing \$3 (Off Site)		10:00-12:00 Knit and Crochet	
10:00-12:00 Rug Hooking		10:00-10:45 Tai Chi \$3	
10:00-12:00 Quilting Club		10:00-12:00 Iris Folding	
11:00-11:45 Balance Exercise		11:00-11:45 Balance Exercises	
11:00-11:45 Strength Training \$2		1:00-2:00 Brain Games	
1:00 Diamond Art / Book Club		2:00-3:00 Diabetes Support Group	
1:00 Tech Help by appt.		2:00-3:30 RCR Practice	
		<b>22</b>	
8:30-10:00 Chess Club	<b>21</b>	9:00-11:30 Woodcarving	
10:00-11:00 Line Dancing \$3 (Off Site)		10:00-12:00 Knit and Crochet	
10:00-12:00 Rug Hooking		10:00-10:45 Tai Chi \$3	
10:00-12:00 Quilting Club		10:00-12:00 Iris Folding	
11:00-11:45 Balance Exercise		11:00-11:45 Balance Exercises	
11:00-11:45 Strength Training \$2		1:00-2:00 Earth Day "Planters"	
1:00-3:00 Diamond Art		1:00-4:00 Scrabble Club	
1:00 Tech Help by appt.		2:00-3:00 Diabetes Support Group	
		<b>29</b>	
8:30-10:00 Chess Club	<b>28</b>	9:00-11:30 Woodcarving	
10:00-11:00 Line Dancing \$3 (Off Site)		10:00-12:00 Knit and Crochet	
10:00-12:00 Rug Hooking		10:00-10:45 Tai Chi \$3	
10:00-12:00 Quilting Club		11:00-11:45 Balance Exercises	
11:00-11:45 Balance Exercise		12:30-2:00 Raccoon County Ramblers Practice	
11:00-11:45 Strength Training \$2			
1:00-3:00 Diamond Art			
1:00 Tech Help by appt.			
1:00-3:00 Pierogi-Making Class \$			

**Senior Center Closes at 2:00 today for Staff Development**

# CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>9:00-11:00 Pinochle            11:00-11:45 Strength Training \$2            11:00-12:00 Balance Exercise            12:00-12:30 Sweet Treat Drive-Thru at Chardon Woods            12:30-2:00 Chair Volleyball            12:30-4:00 Mexican Train            1:00-4:00 Mah Jongg</p>	<p><b>3</b></p> <p>10:30-12:00 Choral Group            11:00-11:45 Balance Exercise            12:15-4:00 Duplicate Bridge            1:30-3:30 Line Dancing \$5 (off site)</p>	<p><b>4</b></p> <p>9:30-11:30 Stained Glass            9:30-10:30 Chair Volleyball            11:00-11:45 Balance Exercise            1:00-4:00 Bridge Group            1:00-4:00 Rummikub            1:00-2:00 Photography Club            1:30-2:30 Cardio-Drum Video</p>
<p><b>9</b></p> <p>9:00-11:00 Pinochle            11:00-11:45 Strength Training \$2            11:00-12:00 Balance Exercise            12:30-2:00 Chair Volleyball            12:30-4:00 Mexican Train            1:00-4:00 Mah Jongg</p>	<p><b>10</b></p> <p>9:30 Breakfast Club at Bob Evans \$            10:30-12:00 Choral Group            11:00-11:45 Balance Exercise            12:15-4:00 Duplicate Bridge            1:00-2:00 Fascinating Women of the Old Testament Presentation            1:30-3:30 Line Dancing \$5 (off site)</p>	<p><b>11</b></p> <p>9:30-11:30 Stained Glass            9:30-10:30 Chair Volleyball            11:00-11:45 Balance Exercise            12:00-1:00 Lunch &amp; Learn - Heating and Cooling Program            1:00-4:00 Bridge Group            1:00-4:00 Rummikub            1:30-2:30 Cardio-Drumming</p>
<p><b>16</b></p> <p>9:00-11:00 Pinochle            11:00-11:45 Strength Training \$2            11:00-12:00 Balance Exercise            12:00-1:00 Luncheon with Chardon Woods            12:30-2:00 Chair Volleyball            12:30-4:00 Mexican Train            1:00-4:00 Mah Jongg</p>	<p><b>17</b></p> <p>10:30-12:00 Choral Group            11:00-11:45 Balance Exercise            12:00-1:00 Lunch and Creative Cooking Class \$            12:15-4:00 Duplicate Bridge            1:30-3:30 Line Dancing \$5 (off site)</p>	<p><b>18</b></p> <p>9:30-11:30 Stained Glass            9:30-10:30 Chair Volleyball            11:00-11:45 Balance Exercise            1:00-4:00 Bridge Group            1:00-4:00 Rummikub            1:30-2:30 Cardio-Drumming Video</p>
<p><b>23</b></p> <p>9:00-11:00 Pinochle            11:00-11:45 Strength Training \$2            11:00-12:00 Balance Exercise            12:30-2:00 Chair Volleyball            12:30-4:00 Mexican Train            1:00-2:00 Aromatherapy Series, Part 1 of 2 \$            1:00-4:00 Mah Jongg</p>	<p><b>24</b></p> <p>10:30-12:00 Choral Group            11:00-11:45 Balance Exercise            12:15-4:00 Duplicate Bridge            1:00-2:00 Fascinating Women of the Old Testament Presentation            1:30-3:30 Line Dancing \$5 (off site)</p>	<p><b>25</b></p> <p>9:30-11:30 Stained Glass            9:30-10:30 Chair Volleyball            11:00-11:45 Balance Exercise            11:00 Birthday Bingo &amp; Pizza \$            12:00-1:30 Lunch &amp; Learn with Geauga Park District            1:00-4:00 Bridge Group            1:30-2:30 Cardio-Drumming</p>
<p><b>30</b></p> <p>9:00-11:00 Pinochle            11:00-11:45 Strength Training \$2            11:00-12:00 Balance Exercise            12:30-2:00 Chair Volleyball            12:30-4:00 Mexican Train            1:00-2:00 Aromatherapy Series, Part 2 of 2 \$            1:00-4:00 Mah Jongg</p>	<p>Becky O'Reilly  <i>Recreation &amp; Education Coordinator</i>            Jackie Kleve  <i>Rec &amp; Ed Assistant Coordinator</i>            Beth Oliverio  <i>Information and Referral Specialist</i>            Ellie Rickard  <i>Food Service Coordinator</i></p> <p><b>Call Chardon Senior Center 440-279-2126 to register for any of the following events! Space is limited on some events. Call at least one week in advance.</b></p>	

# MIDDLEFIELD SENIOR CENTER

## Monday Crafts - April 7

Tye dying! Bring your own shirt and we will provide the dye. Donation.

## Easter Candy - April 14

Make Easter chocolates with Ginny! \$5

## Birdseed Ornament

April 21

Perfect to hang outside and watch the birds from your window \$5

## Senior Prom Decorations

April 28

Help us get ready for Senior Prom May 9, 12-2 p.m.

## New to the Schedule!

## Movement with Kathy \$3

Enjoy fun in and out of the chair exercise class to up-beat music!

## Beginner Tai chi

April 2 & 9, 2-2:30 p.m.

## Out to lunch.

Friday, April 4, 12 p.m.

Tai Pan Middlefield

Cost on your own. Meet at restaurant.

## National Grilled Cheese Day!

Thursday, April 10

Stop in and enjoy a sandwich and soup. Cost \$3

## Trivia Party with Dennis Sutcliff

Friday, April 11

CLE Trivia questions covering people, place and events ranging from the early teens-70s, Fun interactive and of course snacks! \$5

## Maple Sugar Presentation

Tuesday, April 15

With Aggie Sojka Sperry. Learn about the sugaring process from one of Geauga's own!

## "Aging Gracefully"

Thursday, April 17

Managing Stress at any age Presented by Dawn

## Happy Earth Day!

Tuesday, April 22

Presentation by Middlefield Library



Geauga County  
Department on Aging

# APRIL 2025

## MONDAY

## TUESDAY

### Thursday April 3rd

Understanding Alzheimer

And Dementia

Presented by:

Vicki Zanella from GDA

11:00 a.m.

Stay for Lunch!

1 am Chair Yoga Video  
11am Line Dancing \$3  
12pm Lunch  
1pm Chair Volleyball

1

7

10am Crafting Club  
11am Balance Exercise  
12pm Lunch  
12pm-3pm Painting Pals  
1pm Crafting  
Tye-dying Cost  
Donation

10am Chair Yoga Video  
11am Line Dancing \$3  
12pm Lunch  
1pm Chair Volleyball

8

14

10am Crafting Club  
11am Balance Exercise  
12pm Lunch  
12pm-3pm Painting Pals  
1pm Crafting  
Easter Candy Making  
Cost \$5

10am Chair Yoga Video  
11am Maple Sugar  
Presentation  
12pm Lunch  
1pm Chair Volleyball

15

21

10am Crafting Club  
11am Balance Exercise  
12pm Lunch  
12pm-3pm Painting Pals  
1pm Crafting  
Birdseed Ornament  
\$5

10am Chair Yoga Video  
11am MF Library Earth Day  
Presentation  
12pm Lunch  
1pm Chair Volleyball

22

28

10am Crafting Club  
11am Balance Exercise  
12pm Lunch  
12pm-3pm Painting Pals  
1pm Crafting  
Senior Prom  
Decorations

10am Chair Yoga Video  
11am Line Dancing \$3  
12pm Lunch  
1pm Chair Volleyball

29

Closed at 2pm  
For Staff Development

**MIDDLEFIELD SENIOR CENTER** 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

WEDNESDAY		THURSDAY		FRIDAY	
<b>2</b>		<b>3</b>		<b>4</b>	
10am	Balance Exercise	10am	Movement with Kathy \$3	10am	Chair Exercise Video
11am	BINGO	11am	Understanding Alzheimer's & Dementia	12pm	Out to lunch Tai Pan Middlefield
12pm	Lunch	12pm	Lunch	12pm	Lunch
1pm	Jeopardy	1pm	Chair Volleyball	1pm	Chair Volleyball
2pm	Beginner Tai chi				
<b>9</b>		<b>10</b>		<b>11</b>	
8am	Social Work Appts	10am	Movement with Kathy \$3	11am	Trivia Party With Dennis Sutcliff \$5
10am	Balance Exercise	12pm	National Grilled Cheese Day lunch \$3	12pm	Boxed Lunch
11am	BINGO	12pm	Lunch	1pm	Chair Volleyball
12pm	Lunch	1pm	Chair Volleyball		
1pm	Jeopardy				
2pm	Beginner Tai chi				
<b>16</b>		<b>17</b>		<b>18</b>	
10am	Balance Exercise	10am	Movement with Kathy \$3	10am	Chair Exercise Video
11am	BINGO with Dawn!	11am	"Aging Gracefully" With Dawn	11am	Trees are more than leaves Geauga Parks
12pm	Lunch	12pm	Lunch	12pm	Lunch
1pm	Jeopardy	1pm	Chair Volleyball	1pm	Chair Volleyball
2pm	Chair Volleyball				
<b>23</b>		<b>24</b>		<b>25</b>	
10am	Balance Exercise	10am	Movement with Kathy \$3	10am	Chair Exercise Video
11am	BINGO	12pm	Lunch	12pm	Lunch
12pm	Lunch	1pm	Chair Volleyball	1pm	Chair Volleyball
1pm	Jeopardy	1pm	Movie at Briar "I Can Only Imagine"		
2pm	Chair Volleyball				
<b>30</b>		<p><b>Hannah Heinz</b> <i>Recreation &amp; Education Coordinator</i></p> <p><b>Ginny Lester</b> <i>Recreation &amp; Education Assistant</i></p> <p><b>Please call to register for lunch, crafting &amp; special events.</b> <b>440-632-0611</b></p>			
10am	Balance Exercise				
11am	Jeopardy				
12pm	Lunch				
1pm	BINGO Sponsored by Burton Health Care				
2pm	Chair Volleyball				

# WEST GEAUGA SENIOR CENTER

## VT= Virtual Teams

Exercise classes with this symbol are also available virtually

### Breakfast & BINGO

**April 10, 8:30-10:00 a.m.**

Join us for a hot breakfast of spinach quiche, bacon strips, hashbrowns and beverage. Cost: \$5. Deadline is 4/7/25  
Call 440-279-2163

### Lunch & Bingo

**April 17, 12:00-1:30 p.m.**

Join us for a hot lunch (meal of the Day), followed by an hour of BINGO with fun prizes. Register by April 7th FREE Event, Donations requested for the meal.

### Lunch and Movie "WICKED"

**April 18, 12:00-2:00 p.m.**

Join us for a hot lunch (meal of the day) and a showing of the movie "WICKED" FREE Event-Donations accepted for the meal. sign up by 4/7/25. 440-279-2163

### DINE NITE OUT

**April 24, 5:00-7:00 p.m.**

Join us for an evening out with friends. Meet up at The Brown Barn Tavern in Chardon by 5pm. Call to let us know you will be there. RSVP by 4/21.  
440-279-2163.

### AARP Safe Driver Course

**April 25, 9:00 a.m.-1:30 p.m.**

Join us at WG for this senior drivers course. Learn skills to be a safer driver, and get a discount on your auto insurance. Hot lunch is included, however you must register no later than April 14 to reserve the meal.  
Cost \$20 AARP Members.  
Call to sign up at 440-279-2163

### SENIOR SPIN CLASSES

Mon. & Wed.

2:00-3:00 p.m. and 3:00-4:00 p.m.

### BEGINNER SPIN CLASSES

Tues. & Thurs. 10:00 a.m.-10:30 a.m.

REGISTRATION REQUIRED,  
NO WALK-INS PLEASE



Geauga County  
Department on Aging

**APRIL 2025**

## MONDAY

## TUESDAY

**Recreation/Education Coordinator**  
Christine Bacon 440-279-2163  
**Rec/Ed Assistant**  
J Molzon 440-279-2163  
**I&R Assistant: Debbie M.**  
**Stained Glass Class Appts:**  
Call Don Trask 440-759-9691

9:00-11:30 Stained Glass \$5 **1**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
\*\*\*NO TAI CHI TODAY\*\*\*  
12:30-2:30 Knit & Crochet

**7**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-11:00 Strength & Cardio  
11:00-12:00 Gentle Chair Yoga  
1:00-3:00 Diamond Art \$  
1:00-3:00 Mah-Jong

9:00-11:30 Stained Glass \$5 **8**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
\*\*\*NO TAI CHI TODAY\*\*\*  
12:30-2:30 Knit & Crochet

**14**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-11:00 Strength & Cardio  
11:00-12:00 Gentle Chair Yoga  
12:00-1:00 Lunch & Learn American Sign Language  
12:00-1:00 Water Exercise - Metz Pool  
1:00-3:00 Mah-Jong

9:00-11:30 Stained Glass \$5 **15**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
\*\*\*NO TAI CHI TODAY\*\*\*  
12:30-2:30 Knit & Crochet

**21**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-11:00 Strength & Cardio VT  
11:00-12:00 Gentle Chair Yoga  
12:00-1:00 Water Exercise - Metz Pool  
1:00-3:00 Mah-Jong

9:00-11:30 Stained Glass \$5 **22**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-Chi Fit \$3  
12:30-2:30 Knit & Crochet

**28**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-11:00 Strength & Cardio  
11:00-12:00 Gentle Chair Yoga  
12:00-1:00 Lunch & Learn American Sign Language  
1:00-3:00 Diamond Art \$  
1:00-3:00 Mah-Jong

9:00-11:30 Stained Glass \$5 **29**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-Chi Fit \$3  
12:30-2:30 Knit & Crochet

# WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY		THURSDAY		FRIDAY	
9:00-10:00	Water Exercise - Metz Pool	9:00-10:00	Water Exercise - Metz Pool	9:00-11:30	Stained Glass \$5
9:00-11:30	Stained Glass \$5	10:00-11:00	Water Exercise - Metz Pool	10:00-11:00	Gentle Chair Yoga VIDEO
10:00-11:00	Strength & Cardio VT	10:00-10:30	Beginner Spin Class	11:00-11:45	Cardio Drumming VIDEO
11:00-12:00	Gentle Chair Yoga	11:00-11:45	Seated Strength & Balance	2:00-3:00	Senior Spin Class 1
1:00-2:30	Never Ending Knowledge African Safari	12:00-2:00	Age Well-Be Well	3:00-4:00	Senior Spin Class 2
2:00-3:00	Senior Spin Class 1	<b>Lunch &amp; Movie Today</b>			
3:00-4:00	Senior Spin Class 2				
9:00-10:00	Water Exercise - Metz Pool	8:30-10:00	Breakfast & BINGO	9:00-11:30	Stained Glass \$5
9:00-11:30	Glass \$5	9:00-10:00	Water Exercise - Metz Pool	10:00-11:00	Gentle Chair Yoga VIDEO
10:00-11:00	Strength & Cardio	10:00-10:30	Beginner Spin Class	11:00-11:45	Cardio Drumming VIDEO
11:00-12:00	Chair Yoga	10:00-11:00	Water Exercise - Metz Pool	1:00-2:30	Arm Chair Travel "England, Scotland & Wales"
1:00-2:30	Never Ending Knowledge "African Safari"	11:00-11:45	Seated Strength & Balance	2:00-3:00	Senior Spin Class 1
2:00-3:00	Senior Spin Class 1	1:00-3:00	Mahjong Lessons	3:00-4:00	Senior Spin Class 2
3:00-4:00	Senior Spin Class 2				
9:00-10:00	Water Exercise - Metz Pool	9:00-10:00	Water Exercise - Metz Pool	9:00-11:30	Stained Glass \$5
9:00-11:30	Stained Glass \$5	10:00-10:30	Beginner Spin Class	10:00-11:00	Gentle Chair Yoga VIDEO
10:00-11:00	Strength & Cardio VT	10:00-11:00	Water Exercise - Metz Pool	11:00-11:45	Cardio Drumming VIDEO
11:00-12:00	Gentle Chair Yoga	11:00-11:45	Seated Strength & Balance	12:00-2:00	Lunch and MOVIE "WICKED"
1:00-2:30	Never Ending Knowledge "African Safari"	12:00-1:30	Lunch & BINGO	2:00-3:00	Senior Spin Class 1
2:00-3:00	Senior Spin Class 1			3:00-4:00	Senior Spin Class 2
3:00-4:00	Senior Spin Class 2				
9:00-10:00	Water Exercise - Metz Pool	9:00-11:00	Water Exercise - Metz Pool	9:00-1:30	AARP SAFE Drivers Course \$20
9:00-11:30	Stained Glass \$5	9:00-12:00	MIND CHALLENGE Practice Round @ Kirtland SC	9:00-11:30	Stained Glass \$5
10:00-11:00	Strength & Cardio VT	***NO SPIN CLASS TODAY***		10:00-11:00	Gentle Chair Yoga VIDEO
11:00-12:00	Gentle Chair Yoga	10:00-11:00	Water Exercise-Metz Pool	11:00-11:45	Cardio Drumming VIDEO
1:00-2:30	Never Ending Knowledge "African Safari" 2	11:00-11:45	Seated Strength & Balance	1:00-2:30	Arm Chair Travel "Ireland & Northern Ireland"
2:00-3:00	Senior Spin Class 1	1:00-3:00	Mahjong Lessons	2:00-3:00	Senior Spin Class 1
3:00-4:00	Senior Spin Class 2	5:00-7:00	DINE NITE OUT @ Brown Barn Tavern	3:00-4:00	Senior Spin Class 2
9:00-10:00	Water Exercise - Metz Pool	<p><b>Lunch is served Mon thru Fri from 12:00-12:30 pm. ALL Seniors MUST make a RESERVATION IN ADVANCE to receive a lunch. Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163</b></p> <p>VT= <b>Virtual Teams</b> ~Exercise classes with this symbol are also available virtually</p>			
9:00-11:30	Stained Glass \$5				
10:00-11:00	Strength & Cardio VT				
11:00-12:00	Gentle Chair Yoga				
1:00-2:30	Never Ending Knowledge "African Safari"				
2:00-3:00	Senior Spin Class 1				
3:00-4:00	Senior Spin Class 2				

# SENIOR COMMUNITY EVENTS

## Diabetes Support Group

Tuesday, April 15, 2 p.m.

Chardon Senior Center, 470 Center St., Building 8, Chardon  
Join us for a discussion with a diabetes educator from UH Geauga Medical Center about the complications of diabetes and the most effective ways to avoid them. For questions and to RSVP, call Sandy McLeod at 440-279-2137.

## Parkinson's Support Group

Tuesday, April 15, 12:30 p.m.

Chardon Senior Center, 470 Center St.,  
Building 8, Chardon

April is Parkinson's Awareness Month, a time dedicated to spreading awareness and support for those affected. This month's meeting will include social time, a discussion on the challenges of Parkinson's disease, and a few surprises. RSVP to Sandy McLeod at 440-279-2137.

## Walking for Wellness - Winter Walks

Every Wednesday at 1:00 pm.

Join the Geauga County Department on Aging and UH Geauga for our "Walking for Wellness" program. Walking helps with weight management, stress reduction, and increased energy. This group maintains a steady pace, with a goal of three miles per walk. Call Melissa Wheeler at 440-279-2167 with questions.



DATE	PARK
4/2	<b>Affelder House</b> 15139 Chillicothe Rd., Novelty
4/9	<b>Burton Wetlands Nature Preserve</b> 15681 Old Rider Rd., Burton
4/16	<b>Headwaters Park</b> (Rt. 322 Entrance), 15055 Mayfield Rd. (Rt. 322), Huntsburg
4/23	<b>Swine Creek Reservation</b> 16004 Hayes Rd., Middlefield (Woods Edge Shelter)
4/30	<b>Penitentiary Glen Reservation</b> 8668 Kirtland-Chardon Rd., Kirtland Meet at Nature Center

## 55th Anniversary of Earth Day –

*Theme: Our Power, Our Planet!*

Monday, April 12, 2 p.m.

Notre Dame Village, Jennings Apartment Building Dining Room, 10950 Pine Grove Trl., Chardon

Join the Department on Aging as we discuss the impact of Earth Day over the past 55 years, play trivia games, and enjoy an afternoon snack. RSVP to Sandy McLeod at 440-279-2137.

## Geauga Walkers

All walks begin promptly at 1:00.

*\*A Naturalist will accompany us on these walks.*

Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules.

Any questions call: Carol Rinehart @ (440) 487-4346,  
Barbara Baker @ (440) 487-5838, or  
TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
4/1	<b>Mentor Lagoons</b> 8365 Harbor Drive, Mentor
4/8*	<b>Headwaters Park</b> Mayfield Road (Route 322), west side of East Branch Reservoir, Huntsburg/Claridon Township (carpool)
4/15	<b>Hogback Ridge Park</b> 4700 Emerson Road, Madison Township
4/22*	<b>The Rookery</b> 10110 Cedar Road, Munson (off Rockhaven, north of Fairmount or west of Auburn Center Road)
4/29*	<b>Eagle Creek State Nature Preserve</b> Hopkins Road, Route 305, east of Hiram, Nelson Township (carpool)

## The Big Show Choir - Dress Rehearsal

Tuesday, May 6, 12:30 p.m.

Berkshire High School, 14155 Claridon Troy Rd., Burton

Enjoy the music and give students a live audience for their dress rehearsal. Light refreshment with students in the Commons immediately following the show. Additional parking and bus shuttles will be available at Kent State Geauga (14111 Claridon Troy Rd, Burton). Please RSVP to Sandy McLeod 440-279-2137.

## Berkshire High School Mamma Mia! Spring Musical Dress Rehearsal

Join us on Friday, April 11th at 8:30 a.m. at Berkshire High School (14155 Claridon Troy Rd, Burton). We will provide coffee & donuts upon your arrival! Told through the legendary music of ABBA, Mamma Mia! has become a worldwide sensation that has audiences everywhere dancing. Additional parking and bus shuttles will be available at Kent State Geauga (14111 Claridon Troy Rd, Burton). Please RSVP to Sandy McLeod 440-279-2137.

# SENIOR COMMUNITY EVENTS

## Daytime Senior Book Discussions

If you love to read, join us for engaging book discussions. The yearly reading list is available by calling Sandy McLeod at 440-279-2137. Books are available for loan at the hosting library's front desk.

- **Wednesday, April 2** (*First Wednesday of ea. mo.*), **11:30 a.m. - 12:30 p.m.** at Geauga West Library, followed by lunch. Sign up with Sandy McLeod.  
**Discussing:** *One Plus One* by Jojo Moyes
- **Thursday, April 10** (*Second Thursday of ea. mo.*), **1:30 - 3 p.m.** at Burton Library.  
**Discussing:** *A Single Thread* by Tracy Chevalier

## National Parks of the Southwest

**Sunday, Aug. 3 – Monday, Aug. 11**

- Day 1:** Arrive in Salt Lake City, Utah.
- Day 2:** Explore Salt Lake City and Dead Horse Point State Park.
- Day 3:** Visit Arches National Park and enjoy a Colorado float trip.
- Day 4:** Experience a Monument Valley Jeep Tour.
- Day 5:** Horseshoe Bend and take a Lake Powell Cruise, followed by dinner at the famed Rainbow Room.
- Day 6:** Explore the Grand Canyon's North Rim.
- Day 7:** Bryce Canyon National Park.
- Day 8:** Explore Zion National Park and Las Vegas.
- Day 9:** Homeward Bound.

**Cost:** \$5,038 per person (*Double Occupancy*), \$6,537 (*Single Occupancy*). A \$549 deposit is due upon signing, with the final balance due June 3. This price includes round-trip transfer to Cleveland Airport, round-trip airfare from Cleveland, and Travelers Protection Plan. Credit cards are accepted, or checks may be made payable to Great Day Tours.



Detailed itineraries and paperwork are available at your local senior centers. For more information, please call Melissa Wheeler at 440-279-2167.

## Mother's Day Tea with Stagecoach Mary Fields

**Monday, May 12, 2 p.m.**

Join the Department on Aging as we celebrate Mother's Day with tea, desserts, and a guest speaker in the dining room at the Jennings Apartment building at Notre Dame Village (10950 Pine Grove Trail, Chardon).

Mary Fields, also known as Stagecoach Mary, was the first African American woman employed as a star route postwoman in the United States. In 1895, she became a U.S. mail coach driver for the Cascade County region of central Montana. She and her mule, Moses, never missed a day, and it was in this capacity that she earned her nickname "Stagecoach" for her unfailing reliability.

Robin Echols Cooper, who portrays Mary Fields, grew up in Chardon, Ohio, where she enjoyed listening to songs and stories. She has been telling stories professionally since 1992. Ms. Echols Cooper's unique style takes you on an animated journey as she weaves the tale of Stagecoach Mary. Please call Melissa Wheeler at 440-279-2167 to register.

## Lunch with the Curator

### – Native Americans in Geauga County

Join us for a new historical series presented by Stefanie O'Connor. This Lunch and Learn event will take place **May 6 from noon to 1 p.m. at Century Village Auburn Church** (14653 East Park St., Burton). The series will be held on the first Tuesday of the month through October.

This session will explore the rich heritage of Native American tribes in Geauga County, their historical significance, and the importance of cultural preservation. Whether you're a history enthusiast, a local resident, or simply curious, this event promises to be an educational and enriching experience.

Admission is \$5 per person. A box lunch can be provided through the Geauga Department on Aging for an additional \$5. When calling to RSVP, please indicate if you would like a lunch or if you plan to bring your own. To register, call Sandy McLeod at 440-279-2137

## Spring Gala - An Evening of Arts, Entertainment & Fine Dining!

**Tuesday, May 13 at Berkshire High School** A fabulous dinner meal, provided by UH Geauga Medical Center, will be served at 5:00 p.m. by the students in the Commons of the high school. You can enjoy an art show with live music by the Berkshire students, dancing, and much more! Students will be sharing their gifts and talents all evening long. Cost is \$10.00 per person - Payable to Berkshire Local Schools. All donations will go to support Berkshire Cheerleaders. Don't miss this intergenerational event and an opportunity to support this evening of arts and entertainment! To register call Sandy McLeod 440-279-2137.

## SENIOR COMMUNITY EVENTS

### Nashville & The Kentucky Bourbon Trail

Monday, June 2 – Thursday, June 5, 2025

**Day 1:** Depart from Chardon Senior Center (470 Center St., Chardon 44024) at 7 a.m. for Nashville. Restroom and lunch stops (on your own) as we travel. Two nights of accommodations at the Drury Inn & Suites Nashville Airport. Dinner and drinks at the hotel (tax and gratuity included).

**Day 2:** Breakfast included at the hotel. Three-hour guided step-on tour of Nashville – Music City, USA. Buffet lunch with live entertainment at Blake Shelton's Ole Red (tax and gratuity included). Free time for shopping and exploring Broadway (aka Honky Tonk Highway) in downtown Nashville. Return to the hotel to freshen up. Time to shop and/or dine at the Opry Mills Mall. Reserved seats for the Grand Ole Opry – Nashville's ultimate live music experience, and the show that made country music famous!

**Day 3:** Breakfast included at the hotel. Depart Nashville and travel to Kentucky with a fast-food lunch stop enroute (on your own). Guided tour and tasting at Maker's Mark Distillery – time to shop after the tour. Admissions to The Oscar Getz Museum. Dinner at Talbot Tavern (tax and gratuity included) – Built in 1779 and home to the oldest bourbon bar in the world. Everyone will enjoy a Mint Julep, the Kentucky Derby's signature cocktail, with their meal. One night of accommodations at La Quinta Inn & Suites Bardstown.

**Day 4:** Breakfast included at the hotel. Admissions to the Kentucky Derby Museum – Includes two floors of interactive exhibits, 360-degree theater viewing of The Greatest Race, and a guided visit of the world-famous Churchill Downs Racetrack. Tour and tasting at the Frazier Kentucky History Museum – Includes Museum admissions, a guided tour of the Spirit of Kentucky Bourbon exhibit, and samples of three 100-proof bourbons from different distilleries. Lunch on the way home in the Newport, KY area (tax and gratuity included).

**Cost:** \$1,015 per person (double occupancy), \$1,275 (single occupancy).

**Deposit:** \$400 due upon signing; final balance due April 18. Checks made out to Great Day Tours.

*For more information, call Melissa Wheeler at 440-279-2167.*

### Senior Day 2025 Cleveland Tour & Music Box Supper Club

Depart for Cleveland on Wednesday, June 11 by motorcoach bus from your pick-up location at 9:30 a.m. Arrive at the International Women's Air & Space Museum to meet our guides from Discover My Cleveland. This 2-hour guided tour will include Cleveland Public Square, Downtown, University Circle, Euclid Ave (Millionaires' Row), the Flats, and Tremont area.

Arrive at Music Box Supper Club at 12:30 p.m. The Sunrise Jones will perform a variety of pop and rock hits from the '60s and '70s as we enjoy lunch! Return to pick-up locations around 3 p.m. This trip requires the ability to stand, walk, and navigate large bus steps. Please indicate on your registration form your pick-up location and lunch choice:

• Bainbridge Senior Center • Chardon Senior Center • West Geauga Senior Center • Burton Fairgrounds

#### Lunch Options:

- Braised Short Rib: Port wine reduction, mashed potatoes, and vegetables
- Chicken Marsala: Marsala sauce, mashed potatoes, and vegetables
- Grilled Portabella Mushroom Linguini: Grilled portabella mushrooms, blistered tomatoes, asparagus, and linguine tossed in pesto

All lunches include a side salad, dessert, and beverage.

**Make checks payable to:** *Gauga Department on Aging.*

The deadline is May 23 or until filled. The cost is \$65 per person.

Senior Day 2025 is sponsored by Ohman Family Living at Blossom, Briar, Holly, and At Home.



O H M A N  
FAMILY LIVING

## SENIOR COMMUNITY EVENTS

### Kent State University Fashion Museum Trip

Thursday, May 22, 9:30 a.m.

Depart from the Chardon Safety Center (12450 Merritt Rd, Chardon) at 9:30 a.m. and arrive at the Kent State University Museum at 10:30 a.m. for a 1-hour guided tour with a specially trained docent. After the tour, enjoy shopping at the museum store, which features art, jewelry, books, and more!

At 1 p.m., we will head to Mike's Place for lunch. We will return to Chardon at approximately 3:30 p.m.

**Active Mobility:** Participants must be able to get on and off the bus, walk longer distances, and have the energy and stamina to navigate through the Kent State Museum.

**Cost:** \$45 per person. Please indicate your lunch choice on the registration form:

- **Reuben Sandwich** – Corned beef stacked high with sauerkraut, Swiss cheese, and 1000 Island dressing on rye bread, with a side of French fries.
- **Rolando's BBQ Melt** – BBQ pulled pork on grilled sourdough, crisp onion rings, and pepper jack cheese, with a side of French fries.
- **Cup of Beef Vegetable Soup & ½ Chef Salad** – Salad includes ham, turkey, Swiss, American, and mozzarella cheeses, tomato, hard-boiled egg, onion, and choice of dressing.
- **Flatbread Pizza** – Vegetarian option with cheese, onions, tomatoes, and green peppers.

For questions, call Sandy McLeod at 440-279-2137.

## MIDDLEFIELD SENIOR CENTER EVENTS

### Geauga Park Presentation Trees are more than Leaves

Friday, April 18, 11 a.m. at Middlefield Senior Center

Did you know that trees may be able to save the world? Learn how trees play a much more important role in our lives than we realize. From bowling pins and baseball bats to turpentine and maple syrup, trees have fascinating stories to tell. Join us as we share interesting facts about how trees are more than just their leaves. Call 440-632-0611 to let us know you will attend!

### Movie and Snack at Briarcliff Manor

April 24th, at 1:00 p.m. Join the Middlefield Seniors for a movie and snack at Briarcliff Manor. (14807 N State Ave, Middlefield). Enjoy a snack while watching a movie in Briarcliff's theater room. Call 440-632-0611 to register.

### CLE Trivia Party with Dennis Sutcliff

Friday, April 11, 11 a.m.

CLE Trivia questions cover people, places, and events ranging from the early 1910s to the 1970s. This fun, interactive event includes, of course, snacks! Stay after for a boxed picnic-style lunch. Call 440-632-0611 to let us know you will attend! Cost \$5.

### Maple Sugar Presentation Tuesday April 15th

With Aggie Sojka Sperry. Learn about the sugaring process from one of Geauga's own!

### Aging Gracefully:

#### Managing Stress at Any Age

Thurs., April 17, 11 a.m., Middlefield Senior Center

*Presenter: Dawn Damante*

Aging gracefully is about embracing the aging process with positivity and well-being. Learn strategies to maintain physical, emotional, and mental health as we grow older. This session highlights the importance of self-care, staying active, and cultivating a fulfilling lifestyle to promote a sense of vitality and resilience.

*Call 440-632-0611 to reserve your spot.*

### Senior Prom

Friday, May 9, 12–2 p.m., Middlefield Senior Center

Enjoy live music, a sit-down catered lunch, dessert, and, of course, dancing! Join us as we recreate prom night with pictures, corsages, and decorations. Entertainment is sponsored by Burton Health Care. Prom attire is encouraged but not required. RSVP by May 5, 2025. Call 440-632-0611

### Understanding Alzheimer's and Dementia

Thursday, April 3, 11 a.m., Middlefield Senior Center

*Presenter: Vicki Zanella*

Join us to learn about the impact of Alzheimer's and the differences between Alzheimer's and dementia. Alzheimer's is not a normal part of aging; it is a disease of the brain that causes memory problems. We will discuss the stages, risk factors, and current research. Call 440-632-0611 to let us know you will attend!

# BAINBRIDGE SENIOR CENTER EVENTS

## Stan Hywet Hall & Gardens Bus Trip

On **Wednesday, May 21**, join us for a trip to Stan Hywet Hall and Gardens. Hosted by Bainbridge Senior Center, this trip includes transportation to and from the museum, a guided tour of the manor house, and a premium boxed lunch. Feel free to wander the gardens after your tour! Choose to depart from West Geauga Senior Center at 9 a.m. or Bainbridge Senior Center at 10 a.m. Approximate return times are 3:30 p.m. at BSC and 4 p.m. at WGSC. \$65 per person. This is a “3 sneaker” trip. You must be able to go up and down large bus steps, stand for the tour, and walk the grounds. Stop by any Geauga County Senior Center to register and pay. Please indicate your choice of lunch and departure location when signing up.

Call 440-279-1313 with any questions!

## Movie Matinee

Every Monday, Bainbridge Senior Center offers a lunch and movie at noon., free of charge. April's theme is “April.” Reservations are not required but encouraged to ensure a meal for all attendees. Call 440-279-1313 to reserve a spot!

- **April Morning – 1988**  
(Tommy Lee Jones, Chad Lowe)
- **The April Fools – 1969**  
(Catherine Deneuve, Jack Lemmon)
- **Enchanted April – 1991**  
(Jodi Benson)
- **Pieces of April – 2003**  
(Katie Holmes, Oliver Platt)



## Reliable Nurse Footcare

Jen Vanek is back and taking new clients for **April 21!** Call 216-956-0293 to book an appointment

## FREE Lunch and Learn on Stress Management

Join Jenna from Regency of Chagrin Falls for a FREE Lunch & Learn for Stress Awareness Month! On Tuesday, April 29, you will learn practical tips for managing stress, boosting mental well-being, and finding balance in your daily life. We'll explore self-care strategies, coping techniques, and resources to help you thrive. Call 440-279-1313 to register.

## New for April

We're excited to announce some fun new activities to brighten your Mondays and Thursdays!

- **Karaoke with Matt**  
Every Monday from 2:30 to 3:30 p.m., starting April 14. Come sing your heart out or just enjoy the show!
- **Chair Massage Monday**  
Every Monday, starting at 12:30 p.m. Relax and unwind! Appointments required, \$15 per person.
- **Board Game Fun**  
Every Thursday from 1:30 to 3:30 p.m. Gather your friends for friendly competition and tons of laughs!

## Line Dancing

Every Wednesday from 10:30 to 11:30 a.m.

Brush up your moves for the upcoming spring wedding season or learn new dances at Bainbridge Senior Center! This is a drop-in program, so no need to register — just come on down!

## Ladies' Day

Ladies, it's time to treat yourself! Join us at Bainbridge Senior Center for a special **Ladies' Day on April 22, starting at 1 p.m.!** We are excited to have Chardon's The Muse boutique providing these three services to all attendees: Henna “tattoos,” Tarot card reading, and a relaxing chair massage. Plus, enjoy a delicious lunch and mocktails with us, served before things get started!

**Cost:** \$40 per person. Registration is required – spots are limited! Call 440-279-1313 to RSVP and secure your spot for an afternoon of relaxation and self-care.

## FREE Lunch and Learn on Downsizing & Organizing Your Home

Are you having trouble finding things in your closet, or is your guest room no longer guest-friendly? If clutter is taking over, it's time to act! Join organizer Sharon for a FREE Lunch & Learn on Monday, April 28, at noon. Sharon will show you before-and-after photos of decluttered spaces, provide expert tips on how to organize your home, and offer strategies to keep clutter at bay. Don't miss this opportunity to transform your space! Call BSC at 440-279-1313 to register

## CHARDON SENIOR CENTER EVENTS

### Art Club

with Amber from  
Ariel Inspired Art Studio and Gallery!

Tuesday, April 8, 1 p.m.  
at the Chardon Senior Center.

April's art project is Alcohol Ink Coasters (*set of 4 drink coasters*). The cost is \$40, payable to Geauga County Department on Aging, with required registration. All supplies are included. No experience required! For more information, call 440-279-2126. *Space is limited.*

### Aromatherapy Basics Overview Class and Make & Take Class

#### A 2-Part Series

Wednesday, April 23, 1 p.m. –  
Learn a basic overview of aromatherapy.

Wednesday, April 30, 1 p.m. –  
Join the Make & Take class to create your own aromatherapy product to take home. A payment of \$15 with your reservation covers both classes. Call 440-279-2126 for more information.

### Fascinating Women of the Old Testament

A two-part presentation by Mary Lou Hope.  
Thursday, April 10 and April 24, 1-2 p.m.  
at the Chardon Senior Center.

Enjoy this historical look at the women from the Old Testament and life as they knew it. If you caught her presentations last November, be sure to catch these too! Mary Lou will be discussing a different set of women. Free, but please register and indicate if you would like lunch (served at noon) prior to the presentation. Call 440-279-2126.

### Pierogi-Making Class

with Kathie Doyle

Monday, April 28, 1-3 p.m.  
at the Chardon Senior Center.

Kathie takes a break from her usual speaker series but will join us to teach this hands-on Pierogi-Making Class! The cost is \$5 per person with registration. Space is limited. Call 440-279-2126.

### Learn to Make Spring Planters on Earth Day

Tuesday, April 22, from 1:00 p.m. – 2:00 p.m.,  
at the Chardon Senior Center.

Join our volunteer, John Nowicki, as he demonstrates how to plant and cultivate beautiful and flourishing spring planters. He can also address all of your gardening questions; as John is skilled in both flower and vegetable gardening. FREE, but please register by 4/11 and indicate if you would like lunch (served at noon) prior to the presentation. | 440-279-2126.

### Lunch and Learn with Gauga Park District

Friday, April 25, from 12:00 p.m. – 1:30 p.m.,  
at the Chardon Senior Center.

Join a Naturalist from Gauga Park District for a special presentation entitled, "Trees are More than Leaves." Learn how trees play a much more important role in our lives than we know! This is a free event, but registration is required by 4/11 by calling 440-279-2126.

### Cinco de Mayo Lunch and Learn

Monday, May 5, 1-2 p.m.  
at the Chardon Senior Center.

Enjoy a luncheon consisting of walking tacos, churros, beverages, and a special presentation by UH Gauga's Clinical Nutrition Manager on the health benefits of herbs and spices. Register by 4/18. Space is limited. Free, sponsored by Ohman Family Living and UH Gauga. Call with questions at 440-279-2126.

### Scrabble Club Now Meets at Chardon Senior Center!

Do you love Scrabble? Join the Scrabble Club, which meets every other Tuesday at Chardon Senior Center. We provide the game, you bring the skill, and together we'll make the fun! Call 440-279-2126 for details.

# WEST GEAUGA SENIOR CENTER EVENTS

## Never Ending Knowledge Series at WGSC

Wednesdays, 1-2:30 p.m. (three 30-minute lectures)

Join us as we continue the 24-part lecture series The Great Tours: African Safari. Experience a safari like no other and explore the environment and ecosystems of the African Pride lands. Don't forget to sign up for the May lectures as we conclude the series. Light snacks and refreshments will be provided. **Registration is required: 440-279-2163.**

### African Safari Lecture Schedule:

#### • April 2

1. Safaris in Southern Africa
2. Water Safaris
3. Desert Safaris

#### • April 9

1. Primate Safaris
2. Night Safaris
3. Photographic Safaris

#### • April 16

1. Walking Safaris
2. African Predators
3. African Herbivores and Antelopes

#### • April 23

1. Giants of the African Bush
2. Africa's Great Apes and Other Primates
3. Africa's Small Mammals



## Lunch and Learn: American Sign Language

**April 14 and April 28, noon-1 p.m.** Join us for a hot lunch followed by a video series on American Sign Language. Free class; donations will be collected for lunch. Registration deadline: April 7 for the first class, April 21 for the second class. To sign up: 440-279-2163.

## Lunch and Movie: Wicked

**Friday, April 18, noon-2 p.m.** Join us for lunch and a showing of Wicked, the musical. Popcorn will also be provided. Free event; donations for lunch are accepted. Register by April 7. To register: 440-279-2163.

## Dine Nite Out at Brown Barn Tavern

Thursday March 20th 12:00-1:30 p.m.

Join us for a hot lunch (Meal of the day, see MENU back page), followed by a Laughter Yoga session with Christine Smith. Learn all about this form of Yoga, and how it works, you will have LOTS OF FUN at this Event!! Free Program, Donations accepted for the meal. Call to sign-up by March 10th at 2:00 p.m. 440-279-2163.

## Diamond Art Class

April 7 and April 28, 1-3 p.m.

Beginners can start with a simple \$5 project, or more advanced participants may choose larger projects ranging from \$5 to \$20. Bring your own project if you're already working on one. Register one week prior to class. Adaptive equipment is available. Payment is due when you choose/receive your project. To register: 440-279-2163.

## Lunch & Bingo

**April 17, noon-2 p.m.** Enjoy a hot lunch followed by 90 minutes of Bingo with fun prizes! Registration deadline: April 7 by 2 p.m. This is a free event, and donations for the meal will be requested. To sign up: 440-279-2163.

## Mahjong Lessons

**April 10 and April 24, 1-3 p.m.** Interested in learning how to play Mahjong? We're offering lessons to teach the basics of American Mahjong. Additional classes may be added if there is consistent interest. Instructor: Christine Bacon, with seasoned players from the Mahjong group. Free classes. To sign up: 440-279-2163.

## AARP Safe Driver Course

April 25, 9 a.m. - 1:30 p.m.

Bring your driver's license and AARP card. Pre-registration starts at 8:45 a.m. The cost is \$20 for AARP members and \$25 for non-members. A hot lunch is available; however, you must order your lunch when registering for the course. **Deadline:** April 14. Make checks payable to AARP and give directly to the instructor. To pre-register: 440-279-2163.

## GEAUGA YOUNG OF HEART

Meet at 11:30 a.m. at St. Anselm's Parish Center, 12969 Chillicothe Rd., Chesterland, on the first and third Friday of the month. Bring your brown bag lunch. Entertainment and refreshments will be provided. Kristen & Darren Lambert, with full headbands, will entertain us with many novelty songs. Please note: There will be no meeting on April 18 due to Good Friday. A bus trip to Seneca Allegany Casino in Salamanca, NY, has been planned for April 29. Players will receive \$20 for slot play and \$10 for dining. The cost is \$60. For reservations, call Kit at 216-543-4442.

## Do You Qualify for the Geauga County Water Resources Reduction Program?

Gauga County seniors age 60 and older may apply for assistance with their water or sewer bill. To qualify, seniors must have an income at or below 175 percent of the federal poverty level and receive a bill from the Geauga County Department of Water Resources.

For more details or to determine eligibility, call the Geauga County Department on Aging at 440-279-2130. The application period runs from April 1 through May 30, 2025. Don't wait—call today!

## Geauga Menu April 2025

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> BONELESS WINGS-6 CARROTS BAKED BEANS APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	<b>2</b> STUFFED GREEN PEPPERS W/SPAGHETTI SAUCE ¼ C MASHED POTATOES ESCALOPED APPLES DINNER ROLL	<b>3</b> SALISBURY STEAK W/ GRAVY RICE – 1/2 CUP SWEET CORN CARROTS FRUIT CUP BREAD	<b>4</b> BREADED FISH TATER TOTS GREEN BEANS FRESH FRUIT WG CORNBREAD LOAF TARTAR SAUCE & KETCHUP PC
<b>7</b> TURKEY BURGER ROASTED POTATOES BROCCOLI APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	<b>8</b> SWEDISH MEATBALLS w/NOODLES BROCCOLI CARROTS APPLESAUCE CUP BREAD	<b>9</b> CHICKEN SALAD THREE BEAN SALAD SALSA CUP TORTILLA CHIPS FRUIT CUP WG HAMBURGER BUN	<b>10</b> MEATLOAF W/GRAVY MASHED POTATOES GREEN PEAS APPLESAUCE CUP BREAD	<b>11</b> JUMBO RAVIOLI w/SPAGHETTI SAUCE ¼ C YELLOW SQUASH MIXED VEGETABLES FRUIT CUP DINNER ROLL
<b>14</b> STUFFED GREEN CABBAGE w/ SPAGHETTI SAUCE ¼ C GREEN BEANS MASHED POTATOES FRUIT CUP BREAD	<b>15</b> BURGER WITH CHEESE ROASTED POTATOES BAKED BEANS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	<b>16</b> SLICED HAM W/PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS DINNER ROLL FRUIT CUP	<b>17</b> GRILLED CHICKEN BREAST GREEN PEAS DICED CARROTS ESCALOPED APPLES WG HAMBURGER BUN MAYO PC	<b>18</b> MACARONI & CHEESE BROCCOLI SWEET CORN FRUIT CUP APPLE-CINNAMON MINI LOAF
<b>21</b> BREADED CHICKEN PATTY BAKED BEANS SWEET CORN FRUIT CUP CHEEZ-ITS BBQ CUP	<b>22</b> HOT DOG TATER TOTS CARROTS APPLESAUCE CUP WG HOT DOG BUN KETCHUP PC/MUSTARD PC	<b>23</b> BBQ CHICKEN BREAST RICE – ½ CUP GREEN BEANS SWEET POTATOES APPLESAUCE CUP WG CORNBREAD LOAF	<b>24</b> MEATBALLS w/PASTA w/SPAGHETTI SAUCE ½ C MIXED VEGETABLES FRUIT CUP BREAD	<b>25</b> BREADED FISH TATER TOTS GREEN BEANS FRESH FRUIT WG CORNBREAD LOAF TARTAR SAUCE & KETCHUP PC
<b>28</b> TOMATO BASIL CHICKEN PASTA W/ SPAGHETTI SAUCE 1/2 C CAPRI BLEND VEGETABLES FRUIT CUP DINNER ROLL	<b>29</b> BONELESS WINGS-6 CARROTS BAKED BEANS APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	<b>30</b> STUFFED GREEN PEPPERS W/ SPAGHETTI SAUCE 1/4 C MASHED POTATOES ESCALOPED APPLES DINNER ROLL	Each Monday Food reservations are due for the following week. Speak with your Site Coordinator today. <b>For home delivery, call: 440-279-2130.</b>	

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

# Heating Assistance Available

**Application Deadline: May 31, 2025**

The Ohio Department of Development and Geauga County Department on Aging want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to seven members and 60% of State Median Income for a household of eight or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) to apply online or to download a copy of the application.

*When applying, individuals need to have copies of the following documents:*

- **Most recent utility bills.**
- **A list of all household members (including birth dates and Social Security numbers).**
- **Proof of income for the past 30 days for all household members (12 months for certain income types).**
- **Proof of U.S. citizenship or legal residency for all household members.**
- **Proof of disability (if applicable).**

HEAP benefits are applied to an individual's energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2025.

For more information or assistance with applying for a HEAP benefit, contact Geauga County Department on Aging at (440) 279-2130.

To be connected to your local Energy Assistance Provider, call 800-282-0880 (hearing impaired clients may dial 711 for assistance) or visit [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov).

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## Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application! Medicare Savings Programs (MSPs) and Extra Help

*Qualified Medicare Beneficiary (QMB):* Pays for Part A & B deductibles, coinsurance/copays and premiums.

*Specified Low Income Medicare Beneficiary (SLMB):* Pays for monthly Part B premium.

*Qualified Individual (QI):* Pays for monthly Part B premium (limited benefits) Qualified Disabled & Working

*Individuals (QDWI):* Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

QMB			SLMB			QI			EXTRA HELP		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,325	\$9,660	Single	\$1,585	\$9,660	Single	\$1,781	\$9,660	Single	\$1,976	\$17,600
Married	\$1,783	\$14,470	Married	\$2,135	\$14,470	Married	\$2,400	\$14,470	Married	\$2,664	\$35,130

*This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,791.90 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.*

**Contact a Geauga Department on Aging Social Worker for assistance with your Application!**

## GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

**\*\*Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: \_\_\_\_\_ Location: \_\_\_\_\_  
Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date (s) \_\_\_\_\_  
Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_  
Registered with GDA for 2025? Yes \_\_\_\_ No \_\_\_\_  
Other Information: (menu or leave from options) \_\_\_\_\_  
**Internal use** - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

Event: \_\_\_\_\_ Location: \_\_\_\_\_  
Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date (s) \_\_\_\_\_  
Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_  
Registered with GDA for 2025? Yes \_\_\_\_ No \_\_\_\_  
Other Information: (menu or leave from options) \_\_\_\_\_  
**Internal use** - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

In consideration of acceptance into the above-referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents, and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials, and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program and agree to abide by all rules and requirements of the program.

I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it.

I realize that by signing this document I am giving up legal rights to which I may be entitled.

X \_\_\_\_\_  
Signature of Participant Date

### Refund Policy for the Geauga Department on Aging

The Department of Aging will no longer issue refunds for programs and events to honor our commitment to our vendors and transportation companies. When signing up for programs and events, you become responsible for the reservation. If you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place, you must contact the Department on Aging with the individual's name and contact information.

In the unusual event that the Department on Aging cancels an event, we will refund the ticket price via check. We apologize for any inconvenience this may cause.

**Geauga Department on Aging**  
12611 Ravenwood Dr., Suite 200  
Chardon, OH 44024

Days: Monday - Friday  
Hours: 8:00 a.m. - 4:30 p.m.  
440-279-2130  
APRIL

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**To stop this mailing**, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

## SSA Releasing Back Benefits

The Social Security Administration is implementing the Social Security Fairness Act and immediately releasing back benefits to millions of people whose monthly payments have increased with the elimination of the Windfall Elimination Provision and Government Pension Offset.

Learn more in today's blog: <https://ow.ly/11jt50V6yki>

## 2025 Geauga County Depart. on Aging

### Trash Pick-Up Days!

Local townships, villages and city road crews will work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors garages and yards during locally scheduled pick-ups. Seniors must be registered with the Department on Aging for 2025 one week prior to the pick-up to be placed on the pickup list. Dates for pick-up days are subject to change, so check the list each month.

<b>Munson Twp</b>	<b>April 1-4</b>	<b>Auburn Twp (100)</b>	<b>June 5-6</b>
<b>Hambden Twp</b>	<b>April 21-23</b>	<b>Huntsburg Twp</b>	<b>June 5-6</b>
<b>South Russell Vlg.</b>	<b>April 23-24</b>	<b>Newbury Twp</b>	<b>June 9-11</b>
<b>Bainbridge Twp</b>	<b>April 28-30</b>	<b>Parkman Twp</b>	<b>June 16-17</b>
<b>Claridon Twp</b>	<b>May 7</b>	<b>Troy Twp</b>	<b>July 24-25</b>
<b>Montville Twp</b>	<b>May 8-9</b>	<b>Vlg. of Middlefield</b>	<b>Aug 14</b>
<b>Burton Village</b>	<b>May 9</b>	<b>Chesterland Twp</b>	<b>Sept. 8-10</b>
<b>Burton Twp</b>	<b>May 15-16</b>	<b>City of Chardon</b>	<b>Sept. 26</b>
<b>Thompson Twp</b>	<b>May 16</b>	<b>Middlefield Twp</b>	<b>Oct 1-2</b>
<b>Chardon Twp</b>	<b>May 27-28</b>		

## PLATINUM PATRONS

### The Stone Family

in memory of  
Dale & Joan Spangenberg

Members of Newbury Class of 1956

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in memory of Jim & Joy Bramley  
& Rob Warren

### Daniel & Gwenn Brown

Alan and Peggy Bialosky

### G Rae Peck

in memory of Sigmund S Peck

### The Leon Wilson Family

in memory of Annamae & Leanne

To become a PLATINUM Patron for a year,  
submit \$110 - Please make checks payable to  
The Geauga County Department  
on Aging and write Newsletter in the memo.