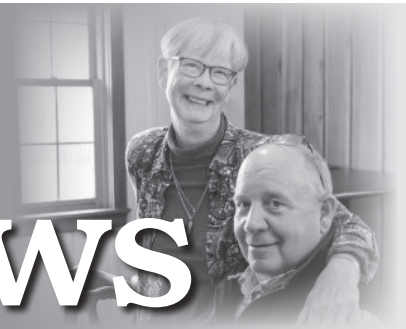


The Geauga Senior News



Geauga County Department on Aging

May 2025



Annual Senior Day

Cleveland Tour &
Music Box Supper Club

Wednesday, June 11th

\$65 per person



- 9:30 a.m.** Depart for Cleveland by motorcoach bus from your pick-up location.
- 10:15 a.m.** Arrive at the International Women's Air & Space Museum to pick up our guides from Discover My Cleveland. 2 hour guided tour will include Cleveland Public Square, Downtown, University Circle, Euclid Ave (Millionaires' Row), the Flats and Tremont area.
- 12:30 p.m.** Arrive at Music Box Supper Club. The Sunrise Jones will perform a variety of pop and rock from the 60's and 70's as we enjoy lunch!
- 3:00 p.m.** Approximate return time to all sites

This is a 2-sneaker trip: it requires the ability to stand, walk and navigate large bus steps. Please indicate which location you would like to be picked up from: Bainbridge Senior Center, Burton Fairgrounds, Chardon Senior Center, or West Geauga Senior Center.

Lunch Options

Lunches will include a side salad, dessert, & beverage.

Braised Short Rib

Port wine reduction, mashed potatoes, and vegetable.

Chicken Marsala

Marsala sauce, mashed potatoes, and vegetable.

Grilled Portabella Mushroom Linguini

Grilled portabella mushrooms bias sliced and served over blistered tomatoes, asparagus, linguine tossed in pesto.

SPONSORED
BY:



Complete registration form on page 2 with your meal choice, and mail back with your payment to:
12611 Ravenwood Dr, Ste 200, Chardon 44024



Make a Difference: Volunteer for Home-Delivered Meals

The Geauga County Department on Aging is seeking volunteers to deliver meals to seniors in Geauga County. Drivers are needed in Middlefield, Claridon, Troy, Parkman, Thompson, Newbury and Chesterland.

Volunteers play a vital role in the Home-Delivered Meals program, ensuring homebound seniors receive warm, nutritious lunches. Routes begin at the one of the four Senior Centers and deliveries take place Monday through Friday from 11:00 a.m. to 1:00 p.m.

Individuals, agencies, church groups, and organizations are encouraged to help. Volunteers must be at least 18 years old and have a valid driver's license. A brief orientation and paperwork are required. Flexible scheduling is available, with options for daily, weekly, or substitute shifts.

Join us in supporting local seniors! To sign up or learn more, contact Nathan Gorton at 440-279-2138 or NGorton@co.geauga.oh.us.





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Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,200 hard copy and 700 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

BOARD OF COMMISSIONERS

Geauga County Ohio
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LEADERSHIP TEAM

Jessica Boalt – Director
Reba Dykes - In-Home Services Manager
Sandy McLeod – Senior Centers Manager
Karen M. Stone – Administrative Services Manager

REGISTRATION FORM

Senior Day 2025 • Wednesday, June 11th, 2025

Name of Participant _____

Address _____

Address _____

Phone _____

Name of emergency contact for this trip
(Preferably NOT your traveling companion) _____

Emergency contact telephone # _____

Registered for 2025? Yes _____ No _____

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above described program. This includes all risks that are connected with this activity whether foreseen or un-foreseen. I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property re-sulting from my negligence and/or intentional acts. I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program. " I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully in-formed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

Signature: X _____

\$65 per person.

Checks make payable to: Geauga County Department on Aging. Deadline is: Friday, May 23rd (or until full)

Choose one of the following locations for your Coach

Pick-Up Location:

- _____ **Bainbridge Senior Center**, 11751 Chillicothe Rd, Chagrin Falls, Ohio 44023
- _____ **Chardon Senior Center**, 470 Center St, Building 8, Chardon, Ohio 44024
- _____ **West Geauga Senior Center**, 8090 Cedar Rd, Chesterland, Ohio 44026
- _____ **Burton Fairgrounds**, 14373 N. Cheshire St. Burton, Ohio 44021

Choose one of the following meals:

- _____ Braised Short Rib _____ Chicken Marsala
- _____ Portabella Mushroom Linguini

Site:

Community Amount: _____ Receipt #: _____

Date: _____ Initials: _____

SENIOR COMMUNITY EVENTS



Geauga County Veteran Food Pantry

Serving those who have served

Welcome to a pantry **exclusively for veterans and their families**. As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

At our pantry, we offer:

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

Our geedunk—Navy slang for social room—provides fresh coffee and Maggie’s treats, along with a complimentary luncheon on the last Friday of each month.

There is no charge for veterans or their families.* This is our way of giving back to those who have given so much.

To register, call Geauga County Veterans Services at 440-279-1860.

To register, please call Geauga County Veterans Services at 440-279-1860. *Services are income/need based.

National Parks of the Southwest

Sunday, Aug. 3 – Monday, Aug. 11

Day 1: Arrive in Salt Lake City, Utah.

Day 2: Salt Lake City and Dead Horse Point State Park.

Day 3: Arches National Park and Colorado Float Trip.

Day 4: Monument Valley Jeep Tour.

Day 5: Horseshoe Bend and Lake Powell Cruise. Dinner at the famed Rainbow Room.

Day 6: Discover the Grand Canyon’s North Rim.

Day 7: Bryce Canyon National Park.

Day 8: Zion National Park and Las Vegas.

Day 9: Homeward Bound.

\$5038 per person (Double Occupancy), \$6537 (Single Occupancy). \$549 Deposit due upon signing. Final Balance due June 3rd. This price includes round-trip transfer to Cleveland Airport, round trip airfare from Cleveland and Travelers Protection Plan. Credit Cards are accepted, or checks made out to: Great Day Tours. Detailed itineraries and paperwork are available at your local senior centers. For more info, please call Melissa Wheeler at 440-279-2167.

Lunch with the Curator

The Art & Mystery of Apothecary

Special speaker Dr. Karen Hale

June 3, noon-1 p.m.

Century Village Auburn Church
(14653 East Park St., Burton).

Apothecary is an archaic English term for a medical professional who formulate and dispensed medicine. The “Cottage Grocery Store built in the 1870’s is on the grounds at Century village. It was restored as an 1880’s apothecary shop and 1945 doctor’s office as fitting tribute to Geauga Counties rich medical and health care heritage. Cost: \$5 per person; an optional box lunch is available for an additional \$5. Call Sandy at 440-279-2137 to register. **Still time to register for May 6th: Native Americans in Geauga County**

Water Rate Reduction Program

Geauga County seniors aged 60 and older may qualify for assistance with their water or sewer bill. To be eligible, seniors must have an income of 175 percent of the federal poverty level or less and receive a bill from the Geauga County Department of Water Resources. **The application period runs from April 1 through May 30, 2025.** For more details, call 440-279-2130.

Live Well Festival

June 4, 11:00 a.m. -3:00 p.m.

Geauga County Park District -
Claridon Woodlands Lodge

11383 Claridon Troy Road, Chardon



Free event featuring food, entertainment, and health vendors. Call 440-285-2282 for details.

Photo Fun with AI

Friday, May 16, at 1:00 p.m. Bainbridge Senior Center

Have you ever wanted to take a picture with the pope, fight a gorilla, or ride a broom through the night sky? Bring in an old photo (or we’ll take a new one), and with your imagination turbocharged by AI, we will change or add anything you want! We will print and frame your photo, too. Cost: \$5, limited to 10 people. Call 440-279-1313 to register.

Lunch with the Curator

Tuesday, May 6 - 12:00 p.m.

Held at Century Village Auburn Church
Topic: The Art & Mystery of Apothecary.
 Presented by Dr. Karen Hale. Apothecary is an archaic English term for a medical professional who formulate and dispensed medicine. The “Cottage Grocery Store built in the 1870’s is on the grounds at Century village. It was restored as an 1880’s apothecary shop and 1945 doctor’s office as fitting tribute to Geauga Counties rich medical and health care heritage. Box lunch can be provided for an additional \$5. Call Sandy McLeod at 440-279-2137 to RSVP. \$5 at the door.

The Big Show Choir

Tuesday, May 6th, 12:30 p.m.

Held at Berkshire High School
 Enjoy the music and give students a live audience for their dress rehearsal. Light refreshment with students in the Commons immediately following the show. Additional parking and bus shuttles will be available at Kent State Geauga (14111 Claridon Troy Rd, Burton 44021). Please RSVP to Sandy McLeod 440-279-2137. Free.

Mother’s Day Tea

Monday, May 12th, 2:00 p.m.

Held in the Dining Room at Jennings Apartment building at Notre Dame Village
 Celebrate Mother’s Day with tea, desserts, and Mary Fields! Also known as Stagecoach Mary, she was the first African American woman to be employed as a star route postwoman in the United States. In 1895 she became a U.S. mail coach driver for the Cascade County region of central Montana. She and her mule, Moses, never missed a day, and it was in this capacity that she earned her nickname of “Stagecoach”, for her unflinching reliability. Please RSVP to Melissa Wheeler at 440-279-2167. Free.

Spring Gala

Tuesday, May 13th, 5:00 p.m.

Held at Berkshire High School A fabulous dinner, provided by UH Geauga Medical Center, will be served at 5:00pm by the students in the Commons of the high school. You can enjoy an art show with live music by the Berkshire students, dancing, and much more! Students will be sharing their gifts and talents all evening long. Cost is \$10.00 per person - Payable to Berkshire Local Schools. All donations will go to support Berkshire Cheerleaders. Call Sandy McLeod 440-279-2137 with questions.



Geauga County
 Department on Aging

MAY 2025

MONDAY		TUESDAY	
BL Burton Library CSC Chardon Senior Center GW Geauga West Library GCOB Geauga County Office Building JND Jennings at Notre Dame Village OBR Ohman Family Living at Briar OH Ohman Family Living at Holly OS Off-site VT Virtual Teams (Online) WG West Geauga Senior Center			
	5		6
9:30-11:00	Parkinson’s Boxing CSC	9:00-10:30	Geauga Cyclists OS
		11:00-12:00	Balance Exercise CSC & VT
		11:15-12:15	Pedaling for Parkinson’s OH
		12:00-1:00	Lunch w/ Curator OS
		12:30-2:00	Big Show Choir OS
		1:00-2:30	Geauga Walkers OS
	12		13
9:30-11:00	Parkinson’s Boxing CSC	9:00-10:30	Geauga Cyclists OS
2:00-3:00	Mother’s Day Tea JND	9:30-11:00	Siegal Lifelong Learning OH
		11:00-12:00	Balance Exercise CSC & VT
		11:15-12:15	Pedaling for Parkinson’s OH
		1:00-2:30	Geauga Walkers OS
		5:00-7:00	Spring Gala OS
	19		20
9:30-11:00	Parkinson’s Boxing CSC	9:00-10:30	Geauga Cyclists OS
12:30-3:00	Diabetes Self-Management Class CSC	11:00-12:00	Balance Exercise CSC & VT
		11:15-12:15	Pedaling for Parkinson’s OH
		1:00-2:30	Geauga Walkers OS
		1:00-2:00	Parkinson’s & Diabetes Support Groups CSC
	26		27
	<p>Memorial Day</p>	9:00-10:30	Geauga Cyclists OS
		11:00-12:00	Balance Exercise CSC & VT
		11:15-12:15	Pedaling for Parkinson’s OH
		12:30-3:00	Diabetes Self-Management Class
		1:00-2:30	Geauga Walkers OS



SENIOR COMMUNITY EVENTS

Geauga County
Department on Aging

WEDNESDAY	THURSDAY	FRIDAY
<p>Sandy McLeod <i>Senior Centers' Supervisor</i> 440-279-2137</p> <p>Melissa Wheeler <i>Asst. Senior Centers' Supervisor</i> 440-279-2167</p>	<p style="text-align: right;">1</p> <p>9:00-10:30 Walking for Wellness OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>12:00-2:30 Lunch & Movie WG</p>	<p style="text-align: right;">2</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
<p style="text-align: right;">7</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>11:30-12:30 Book Discussion GW</p>	<p style="text-align: right;">8</p> <p>9:00-10:30 Walking for Wellness OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>1:30-3:00 Book Discussion BL</p>	<p style="text-align: right;">9</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
<p style="text-align: right;">14</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>	<p style="text-align: right;">15</p> <p>9:00-10:30 Walking for Wellness OS</p> <p>9:00-11:00 GPD Elderberries OS</p> <p>9:30-1:30 Learning for a Lifetime OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p>	<p style="text-align: right;">16</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
<p style="text-align: right;">21</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>	<p style="text-align: right;">22</p> <p>9:00-10:30 Walking for Wellness OS</p> <p>9:30-3:30 Kent State Fashion Museum OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p>	<p style="text-align: right;">23</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
<p style="text-align: right;">28</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>	<p style="text-align: right;">29</p> <p>9:00-10:30 Walking for Wellness OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p>	<p style="text-align: right;">30</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>

BAINBRIDGE SENIOR CENTER

CLOSED 5/26 for Memorial Day

We will close at 2pm on 5/20 for a staff meeting.

Big Breakfast

Thursday, May 29

Join BSC for our monthly big breakfast. Veterans and May birthdays are free to attend. The cost is \$5 for everyone else.

On the menu: Sunrise Egg & Corned Beef Bake. *Donuts Provided by Seniors Helping Seniors* RSVP by Friday, 5/23.

Movie Matinee

Every Monday, 12 p.m.

Lunch and movie free of charge.

May's theme is Movie Heartthrobs.

Reservations are not required but encouraged to ensure a meal for all attendees.

Soup & Sandwich Lunch

May 6

Join us for a relaxed homemade lunch of Mediterranean Orzo Soup & Olive Tapenade Crostinis \$5, registration required.

Free Lunch & Learns

Friday 5/9— OTC Medication Label Safety with the Pharmacist presented by University Hospitals

Tuesday 5/13—Coping with Grief and Loss by CarePatrol

Friday 5/23—Managing Money by the Alz-heimer's Association

Registration required for each!

Stan Hywet Hall & Gardens Bus Trip

Wednesday May 21st

This trip will include transportation to and from the museum, a guided tour of the manor house and a premium boxed lunch. Feel free to wander the gardens after your tour is complete!

Photo Fun with AI

Friday 5/16 at 1:00 p.m.

Bring in an old photo (or we will take a new one) and with your imagination turbo-charged by AI, we will change or add anything you want! We will print and frame your photo too! \$5 and limited to 10 people.



Geauga County
Department on Aging

MAY 2025

MONDAY

TUESDAY

Keri Skrtic
Recreation & Education Coordinator

Matt Samardge
Recreation & Education Assistant

8:30-9:30 All-Around Exercise (\$3) 5
9:40-10:30 Chair Yoga-cise (\$3)
10:00-2:00 Poker
12:00-2:30 Lunch & a Movie (Cat on a Hot Tin Roof— 1958)
12:30-3:00 Chair Massage appts, \$15
2:30-3:30 Karaoke w/ Matt

9:45-10:15 Balance Class 6
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
12:00-1:00 Social Work Appts
10:00-3:00 Mahjong
12:00-1:00 Soup & Sandwich Lunch Mediterranean Orzo Soup & Olive Tapenade Crostinis (\$5 registration req'd)

8:30-9:30 All-Around Exercise (\$3) 12
9:40-10:30 Chair Yoga-cise (\$3)
10:00-2:00 Poker
12:00-2:30 Lunch & a Movie (Splendor in the Grass—1961)
12:30-3:00 Chair Massage appts, \$15
2:30-3:30 Karaoke w/ Matt

9:45-10:15 Balance Class 13
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-3:00 Mahjong
12:00-1:00 -FREE Lunch & Learn by CarePatrol— Coping w/ Grief and Loss

8:30-9:30 All-Around Exercise (\$3) 19
9:40-10:30 Chair Yoga-cise (\$3)
9:00-2:30 Reliable Nurse Foot Care
10:00-2:00 Poker
11:00-12:00 Tech Help w/ Steve
12:00-2:30 Lunch & a Movie (The Way We Were—1973)
12:30-3:00 Chair Massage appts, \$15
2:30-3:30 Karaoke w/ Matt

9:45-10:15 Balance Class 20
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-2:00 Mahjong

CLOSING AT 2PM FOR A STAFF MEETING

26

27



9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-2:00 Mahjong

BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY	THURSDAY	FRIDAY
	<p style="text-align: right;">1</p> <p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 1:30-3:30 Matter of Balance Class 12:30-2:30 Board Game Fun</p>	<p style="text-align: right;">2</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong</p>
<p style="text-align: right;">7</p> <p>8:30-9:30 All-Around Exercise \$3 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 11:00-12:00 Bingo w/ Cindy from Caring Senior Choices 12:30-2:00 OTL Group (Station 43 Tavern—Solon)</p>	<p style="text-align: right;">8</p> <p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-13:30 Lunch 12:30-2:30 Board Game Fun (\$3)</p>	<p style="text-align: right;">9</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 12:00-2:00 FREE Lunch & Learn, OTC Medication Label Safety with the Pharmacist presented by University Hospitals</p>
<p style="text-align: right;">14</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 11:00-12:00 Bingo 10:30-11:30 Line Dancing 12:30-2:30 OTL Group (Mangia Mangia—Newbury) 1:30-3:00 Alzheimer's and Dementia Support Group</p>	<p style="text-align: right;">15</p> <p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:30 Board Game Fun</p>	<p style="text-align: right;">16</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 1:00-2:30 Photo Fun with AI</p>
<p style="text-align: right;">21</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 11:00-12:00 Bingo w/ Justin from Seniors Helping Seniors 10:30-11:30 Line Dancing 12:30-2:00 OTL Group (Samurai Japanese Steakhouse—Aurora)</p>	<p style="text-align: right;">22</p> <p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:30 Board Game Fun</p>	<p style="text-align: right;">23</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 12:00-2:00 FREE Lunch & Learn, Managing Money by Alzheimer's Association</p>
<p style="text-align: right;">28</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:20 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 11:00-12:00 Bingo 10:30-11:30 Line Dancing 12:30-2:00 OTL Group (Fun Buffet—Twinsburg)</p>	<p style="text-align: right;">29</p> <p>9:00-10:00 BIG BREAKFAST (reg req'd) *Donuts by Seniors Helping Seniors* 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:30 Board Game Fun</p>	<p style="text-align: right;">30</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong</p>

CHARDON SENIOR CENTER

**Photography Club
Monthly Meeting**
Friday, May 2

Social Work appointments offered
Friday, May 2

Monthly Breakfast \$5
Tuesday, May 6

Meditation with Maggie \$3
Tuesday, May 6

Breakfast Club at Bob Evans
Thursday, May 8

**Lunch and Speaker Series with
Kathie Doyle**
Friday, May 9

Book Club
Monday, May 12
Under the Tulip Tree, by Michelle
Shocklee

Reiki Overview and Try
Tuesday, May 13

Lunch and Creative Cooking Class
Thursday, May 15

Birdhouse Making Workshop (2)
Thursday, May 15

Iris Folding
Tuesday, May 20

**Parkinson's Support Group and
Diabetes Support Group**
Tuesday, May 20 at 1:00 p.m.

Lunch Out at El Patron in Chardon
Thursday, May 29

Birthday Bingo and Pizza Party
Friday, May 30



Geauga County
Department on Aging

MAY 2025

MONDAY	TUESDAY
<p>Monday Noon Lunch & Movie:</p> <p>5/5: No Movie</p> <p>5/12: The Kid (Bruce Willis) 2000</p> <p>5/19: Saving Mr. Banks (Tom Hanks) 2013</p>	<p>Becky O'Reilly <i>Recreation & Ed. Coordinator</i></p> <p>Jackie Kleve <i>Rec & Ed Assistant Coordinator</i></p> <p>Beth Oliverio <i>Info. and Referral Specialist</i></p> <p>Ellie Rickard <i>Food Service Coordinator</i></p>
<p>8:30-10:00 Chess Club 5</p> <p>10:00-11:00 Line Dancing \$3 (Off Site)</p> <p>10:00-12:00 Rug Hooking</p> <p>10:00-12:00 Quilting Club</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00-11:45 Strength Training \$2</p> <p>1:00-3:00 Diamond Art</p> <p>1:00 Tech Help by appt.</p>	<p>9:00-11:30 Woodcarving 6</p> <p>9:00-10:00 Monthly Breakfast \$</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-10:45 Tai Chi \$3</p> <p>11:00-11:45 Balance Exercises</p> <p>1:00-3:00 Meditation with Maggie \$</p> <p>1:00-4:00 Scrabble Club</p> <p>2:00-3:30 Raccoon County</p>
<p>8:30-10:00 Chess Club 12</p> <p>10:00-11:00 Line Dancing \$3 (Off Site)</p> <p>10:00-12:00 Rug Hooking</p> <p>10:00-12:00 Quilting Club</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00-11:45 Strength Training \$2</p> <p>1:00 Diamond Art / Book Club</p> <p>1:00 Tech Help by appt.</p>	<p>9:00-11:30 Woodcarving 13</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-10:45 Tai Chi \$3</p> <p>11:00-11:45 Balance Exercises</p> <p>1:00-2:45 Reiki Overview Class</p> <p>2:00-3:30 RCR Practice</p>
<p>8:30-10:00 Chess Club 19</p> <p>10:00-11:00 Line Dancing \$3 (Off Site)</p> <p>10:00-12:00 Rug Hooking</p> <p>10:00-12:00 Quilting Club</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00-11:45 Strength Training \$2</p> <p>1:00-3:00 Diamond Art</p> <p>1:00 Tech Help by appt.</p>	<p>9:00-11:30 Woodcarving 20</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-10:45 Tai Chi \$3</p> <p>10:00-12:00 Iris Folding</p> <p>11:00-11:45 Balance Exercises</p> <p>1:00-4:00 Scrabble Club</p> <p>1:00-2:00 Parkinson's Support and Diabetes Support Groups</p>
<p>26</p>	<p>9:00-11:30 Woodcarving 27</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-10:45 Tai Chi \$3</p> <p>11:00-11:45 Balance Exercises</p> <p>12:30-2:00 Raccoon County Ramblers Practice</p> <p>Senior Center Closes at 2:00 today for Staff Development</p>



CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY	THURSDAY	FRIDAY
<p>Call Chardon Senior Center 440-279-2126 to register for any of the following events! Space is limited on some events. Call at least one week in advance.</p>	<p>1</p> <p>10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:15-4:00 Duplicate Bridge 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>2</p> <p>9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-11:45 Balance Exercise 1:00-4:00 Bridge Group 1:00-4:00 Rummikub 1:00-2:00 Photography Club 1:00-3:00 Social Work Appts 1:30-2:30 Cardio-Drum Video</p>
<p>7</p> <p>9:00-11:00 Pinochle 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercise 12:30-2:00 Chair Volleyball 12:30-4:00 Mexican Train 1:00-4:00 Mah Jongg</p>	<p>8</p> <p>9:30 Breakfast Club at Bob Evans \$ 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:15-4:00 Duplicate Bridge 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>9</p> <p>9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-11:45 Balance Exercise 12:00-1:00 Lunch and Speaker Series with Kathie Doyle 1:00-4:00 Bridge Group 1:00-4:00 Rummikub 1:30-2:30 Cardio-Drumming</p>
<p>14</p> <p>9:00-11:00 Pinochle 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercise 12:30-2:00 Chair Volleyball 12:30-4:00 Mexican Train 1:00-4:00 Mah Jongg</p>	<p>15</p> <p>10:00-1:30 Birdhouse Making Class (2) 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:00-1:00 Lunch and Creative Cooking Class \$ 12:15-4:00 Duplicate Bridge 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>16</p> <p>9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-11:45 Balance Exercise 1:00-4:00 Bridge Group 1:00-4:00 Rummikub 1:30-2:30 Cardio-Drumming Video</p>
<p>21</p> <p>9:00-11:00 Pinochle 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercise 12:30-2:00 Chair Volleyball 12:30-4:00 Mexican Train 1:00-4:00 Mah Jongg</p>	<p>22</p> <p>10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:15-4:00 Duplicate Bridge 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>23</p> <p>9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-11:45 Balance Exercise 1:00-4:00 Bridge Group 1:30-2:30 Cardio-Drumming Video</p>
<p>28</p> <p>9:00-11:00 Pinochle 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercise 12:30-2:00 Chair Volleyball 12:30-4:00 Mexican Train 1:00-4:00 Mah Jongg</p>	<p>29</p> <p>10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:15--4:00 Duplicate Bridge 12:30-1:30 Lunch Out at El Patron, Chardon 1:30-3:30 Line Dancing \$5 (off site)</p>	<p>30</p> <p>9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-11:45 Balance Exercise 11:00 Birthday Bingo & Pizza \$ 1:00-4:00 Bridge Group 1:00-4:00 Rummikub 1:30-2:30 Cardio-Drumming Video</p>

MIDDLEFIELD SENIOR CENTER

Monday Crafts

May 5th Clay Leaf Jewelry Dish

\$3 Please bring a leaf!

May 12th Crafting with Cindy

Bubble wrap painting \$5

May 19th Canvas Tulip Painting

With Amber from Ariel Inspired Studio

\$32

SENIOR PROM

Friday, May 9th 12:00-2:00 p.m.

Join us for a sit down catered lunch followed by live entertainment. All the feels of prom! Flowers, dancing and decorations. Prom attire encouraged!

Cost is \$5

Meet & Great GDA

Thursday, May 15th

Interested in the services the

De-partment on Aging offers?

Stop in and meet some of our wonderful staff and find out!

10:00 a.m. Monthly Breakfast \$3

10:30 a.m. Kathie Doyle

Friday May, 16th

Presents Eponyms

The history behind words.

Wellness with Dawn

Thursday May, 22nd

Mental Health awareness and blood pressure awareness. Get your blood pressure checked and enjoy a relaxing craft with Dawn!

Ice Cream social and box lunches on the deck!

Friday, May 23rd

Cost donation.

Book Club

Thursday, May 29th

Things We Cannot Say

Author: Kelly Rimmer

Historical Fiction.

Join us at 11:00 a.m. to discuss the book and enjoy light refreshments.



Geauga County
Department on Aging

MAY 2025

MONDAY

TUESDAY

Hannah Heinz
Recreation & Education Coordinator

Ginny Lester
Recreation & Education Assistant

Please call to register for lunch, crafting & special events.

440-632-0611

5
10am Crafting Club
11am Balance Exercise
12pm Lunch
12pm-3pm Painting Pals
1pm Crafting
Clay Leaf Jewelry Dish \$3

6
Closed for Voting


12
10am Crafting Club
11am Balance Exercise
12pm Lunch
12pm-3pm Painting Pals
1pm Crafting
Bubble wrap painting \$5

13
10am Chair Yoga Video
11am Line Dancing
12pm Lunch
1pm Chair Volleyball

19
10am Crafting Club
11am Balance Exercise
12pm Lunch
12pm-3pm Painting Pals
1pm Crafting
Tulip Canvas painting with Amber! \$3

20
10am Chair Yoga Video
11am Line Dancing \$3
12pm Lunch
1pm Chair Volleyball

26

Memorial Day
Remember & Honor

27
10am Chair Yoga Video
11am Line Dancing \$3
12pm Lunch
1pm Chair Volleyball
Closed at 2pm For Staff Development

MIDDLEFIELD SENIOR CENTER 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

WEDNESDAY	THURSDAY	FRIDAY
	1	2
7	8	9
14	15	16
21	22	23
28	29	30



WEST GEAUGA SENIOR CENTER

VT= Virtual Teams

Exercise classes with this symbol are also available virtually

Cooking Demo with Valerie

May 12th 1:00-2:00 p.m.

Join us here at WGSC for a Cooking demonstration with Valerie. The Recipe will be "Homemade Scones" You will follow along as Valerie teaches you how to make your own Scones. *Cost \$6, includes all ingredients to make your own baggie of scones to take home. register by MAY 6th*

Breakfast & BINGO

May 15th 8:30-10:00 a.m.

Join us for a Hot Home made breakfast of Blueberry Pan-cakes, Bacon, Fruit/Yogurt parfait and beverage. Bingo with Prizes will follow. *Cost: \$6 Call to sign up May 12th 440-279-2163*

Lunch & Learn – UH Hospital Pharmacy

May 19th 12:00-1:00 p.m.

A representative from UH Hospitals pharmacy will be here to talk about Medications, ALL YOU NEED TO KNOW. A Hot lunch is included (meal of the Day), however you must register no later than May 12th to have the meal. Free Event (*Donations for Meal accepted*) Call to register by MAY 12th. 440-279-2163.

Lunch & Movie "The Unbreakable Boy"

May 23rd 12:00-2:00 p.m.

This movie is based on a true story. When Scott and Teresa learn that their son, Austin, is autistic and has brittle bone disease, they initially worry about his future. However, with Scott's growing faith and Austin's incredible spirit, they become unbreakable as they find joy, gratitude and courage in the most trying times. Lunch Menu will be the Hot meal of the day, see back page for monthly menu. *FREE Event-Donations accepted for the meal. sign up by 5/12.*

SENIOR SPIN CLASSES

Wednesdays & Fridays

2:00-3:00 p.m. and 3:00-4:00 p.m.

BEGINNER SPIN CLASSES

Tues. & Thurs. 10:00 a.m.-10:30 a.m.

SIGN-UP REQUIRED,
NO WALK-INS PLEASE



Geauga County
Department on Aging

MAY 2025

MONDAY

TUESDAY

Recreation/Education Coordinator
Christine Bacon 440-279-2163

Rec/Ed Assistant

Jeannie Molzon 440-279-2183
Valerie Garland 440-279-2163

I&R Assistant: Debbie M.

Stained Glass Class Appts:
Call Don Trask 440-759-9691

Lunch is served Mon thru Fri from 12:00-12:30 pm. ALL Seniors MUST make a RESERVATION IN ADVANCE to receive a lunch. Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163

9:00-10:00 Water Exercise - Metz Pool **5**
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
1:00-3:00 Water Exercise - Metz Pool
1:00-3:00 Mah-Jong
1:00-3:00 Diamond Art \$

9:00-11:30 Stained Glass \$5 **6**
9:00-10:00 Water Exercise - Metz Pool
10:00-10:30 Beginner Spin Class
11:00-11:45 Seated Strength & Balance
12:00-3:00 Bridge Group
12:30-1:30 Tai-ChiFit \$3
12:30-2:30 Knit & Crochet

9:00-10:00 Water Exercise - Metz Pool **12**
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise - Metz Pool
1:00-2:00 Cooking Demo w/Val \$6 "making scones"
1:00-3:00 Mah-Jong

9:00-11:30 Stained Glass \$5 **13**
9:00-10:00 Water Exercise - Metz Pool
10:00-10:30 Beginner Spin Class
11:00-11:45 Seated Strength & Balance
12:00-3:00 Bridge Group
12:30-1:30 Tai-ChiFit \$3
12:30-2:30 Knit & Crochet

9:00-10:00 Water Exercise - Metz Pool **19**
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Stretch Chair Yoga
12:00-1:00 Water Exercise - Metz Pool
12:00-1:00 Lunch & Learn with UH Pharmacy
1:00-3:00 Mah-Jong
1:00-3:00 Diamond Art \$

9:00-11:30 Stained Glass \$5 **20**
9:00-10:00 Water Exercise - Metz Pool
10:00-10:30 Beginner Spin Class
11:00-11:45 Seated Strength & Balance
12:00-3:00 Bridge Group
12:30-1:30 Tai-Chi Fit \$3
12:30-2:30 Knit & Crochet

26
MEMORIAL DAY
HONORING ALL WHO SERVED


9:00-11:30 Stained Glass \$5 **27**
9:00-10:00 Water Exercise - Metz Pool
10:00-10:30 Beginner Spin Class
11:00-11:45 Seated Strength & Balance
12:00-3:00 Bridge Group
12:30-1:30 Tai-Chi Fit \$3
12:30-2:30 Knit & Crochet

WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY	THURSDAY	FRIDAY
<p><u>Featured Event of the Month</u> Lunch & Learn w/Christine Bacon Topic: Shipwrecks of the Great Lakes May 22nd 12:00-1:30pm Lunch of Hamburger OR Hotdog, (cooked on the Grill), potato salad, baked beans, dessert and beverage. \$7. Deadline to register is May 19th or until filled.</p>	<p>9:00-10:00 Water Exercise - Metz Pool 1 10:00-11:00 Water Exercise - Metz Pool 10:00-10:30 Beginner Spin Class 11:00-11:45 Seated Strength & Balance 12:00-2:00 Age Well-Be Well Lunch & Movie Today</p>	<p>2 9:00-11:30 Stained Glass \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming VIDEO 1:00-2:30 Arm Chair Travel 2:00-3:00 Senior Spin Class 1 3:00-4:00 Senior Spin Class 2</p>
<p>9:00-10:00 Water Exercise - Metz Pool 7 9:00-11:30 Stained Glass \$5 10:00-11:00 Strength & Cardio VT 11:00-12:00 Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge "African Safari" 2:00-3:00 Senior Spin Class 1 3:00-4:00 Senior Spin Class 2</p>	<p>9:00-10:00 Water Exercise - Metz Pool 8 10:00-10:30 Beginner Spin Class 10:00-11:00 Water Exercise - Metz Pool 11:00-11:45 Seated Strength & Balance 1:00-3:00 Mahjong Lessons</p>	<p>9 9:00-11:30 Stained Glass \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming VIDEO 2:00-3:00 Senior Spin Class 1 3:00-4:00 Senior Spin Class 2</p>
<p>9:00-10:00 Water Exercise - Metz Pool 14 9:00-11:30 Stained Glass \$5 10:00-11:00 Strength & Cardio VT 11:00-12:00 Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge "African Safari" 2:00-3:00 Senior Spin Class 1 3:00-4:00 Senior Spin Class 2</p>	<p>8:30-10:00 Breakfast & BINGO \$6 15 9:00-10:00 Water Exercise - Metz Pool 10:00-10:30 Beginner Spin Class 10:00-11:00 Water Exercise - Metz Pool 11:00-11:45 Seated Strength & Balance</p>	<p>16 9:00-11:30 Stained Glass \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming VIDEO 1:00-2:30 Arm Chair Travel 2:00-3:00 Senior Spin Class 1 3:00-4:00 Senior Spin Class 2</p>
<p>9:00-10:00 Water Exercise - Metz Pool 21 9:00-11:30 Stained Glass \$5 10:00-11:00 Strength & Cardio VT 11:00-12:00 Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge "History of Ancient Egypt" 2:00-3:00 Senior Spin Class 1 3:00-4:00 Senior Spin Class 2</p>	<p>22 9:00-11:00 Water Exercise - Metz Pool 10:00-10:30 Beginner Spin Class 10:00-11:00 Water Exercise-Metz Pool 11:00-11:45 Seated Strength & Balance 12:00-1:30 Lunch & Learn "Shipwrecks of The Great Lakes" w/Christine \$7 1:00-3:00 Mahjong Lessons</p>	<p>23 9:00-11:30 Stained Glass \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming VIDEO 12:00-2:00 Lunch and MOVIE "The Unbreakable Boy" 2:00-3:00 Senior Spin Class 1 3:00-4:00 Senior Spin Class 2</p>
<p>9:00-10:00 Water Exercise - Metz Pool 28 9:00-11:30 Stained Glass \$5 10:00-11:00 Strength & Cardio VT 11:00-12:00 Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge "The History of Ancient Egypt" 2:00-3:00 Senior Spin Class 1 3:00-4:00 Senior Spin Class 2</p>	<p>29 9:00-10:00 Water Exercise -Metz Pool 10:00-10:30 Beginner Spin Class 10:00-11:00 Water Exercise -Metz Pool 11:00-11:45 Seated Strength & Balance 12:00-1:30 Lunch & BINGO 3:30-7:30 Dinner & Movie OUT</p>	<p>30 9:00-11:30 Stained Glass \$5 10:00-11:00 Gentle Chair Yoga VIDEO 11:00-11:45 Cardio Drumming VIDEO 2:00-3:00 Senior Spin Class 1 3:00-4:00 Senior Spin Class 2</p>

SENIOR COMMUNITY EVENTS

Diabetes Support Group & Parkinson's Support Group

Tuesday, May 20 at 1 p.m.

Chardon Senior Center, 470 Center St., Bldg. 8, Chardon

This month we will cover Stress Management. Stress is common and unavoidable part of life. What are some strategies to effectively manage your stress? How can you keep stress from affecting a diagnosis you already have? We will talk about relaxation techniques, lifestyle modifications, social interactions and support. For questions and to RSVP, call Sandy McLeod at 440-279-2137.

Walking for Wellness - New Day & Time for Summer Walks!

Every Thursday at 9 a.m.

Join the Geauga County Department on Aging and UH Geauga for our "Walking for Wellness" program. Walking has shown to help with weight management, reducing stress, and increasing energy levels. This group focuses on keeping a steady pace, and our goal is 3 miles each walk. Call Melissa Wheeler at 440-279-2167 with questions.



DATE	PARK
5/1	The West Woods 9465 Kinsman Rd, Novelty Meet Bridle Trail Parking Lot – First Lot on the right.
5/8	Welton's Gorge 15681 Old Rider Rd, Burton
5/15	Big Creek Park 9160 Robinson Rd, Chardon Meet at the Donald W. Meyer Center
5/22	Eldon Russell Park 16315 Rapids Rd, Burton
5/29	Thompson Ledges 16755 Thompson Rd, Thompson Afterwards, Breakfast at Stocker's on the Square (6831 Madison Rd, Thompson) - CASH ONLY



Medicare

Medicare Preventative Services

Medicare covers various preventative services, including exams, screenings, shots, and lab tests. For more information, visit Medicare.gov or call 440-279-2130.

Geauga Walkers

All walks begin promptly at 1:00.

All walks begin promptly at 1:00 p.m. Walks marked with an asterisk (*) include a naturalist. For more information, contact the Geauga Department on Aging at 440-279-2167.

DATE	PARK & PARKING
5/6*	Swine Creek – Lodge 16004 Hayes Road, Middlefield (Valley Trail) *
5/13*	Aurora Audubon Sanctuary 891 E. Pioneer Road, Aurora *
5/20*	Big Creek Park, Deep Woods 9160 Robinson Road, Chardon, Deep Woods Shelter *
5/27	Punderson State Park – Lodge 11755 Kinsman Road (Route 87), Newbury; walk trail at south end of parking lot

The Big Show Choir - Dress Rehearsal

Tuesday, May 6, 12:30 - 2:30 p.m.

**Berkshire High School,
14155 Claridon Troy Rd., Burton**

Enjoy the music and give students a live audience for their dress rehearsal. Light refreshments with students in the Commons immediately following the show. Additional parking and bus shuttles will be available at Kent State Geauga (14111 Claridon Troy Rd, Burton). Please RSVP to Sandy McLeod 440-279-2137.

CWRU Siegel Lifelong Learning Speaker – Establishing Human Rights

Tuesday, May 13, 9:30 a.m.

Ohman Family Living at Holly
10190 Fairmount Road, Newbury.

Breakfast will be served at 9:30am, followed by the lecture "Clara Barton and Henri Dunant: Establishing Human Rights" beginning at 10:00am. Presented by Jim Lane, Instructor of Lifelong Learning. Ever since the dawn of existence there has been conflict, violence and warfare. And for just as long, there has been the need for care, nurturing and humanitarianism. Two modern examples who demonstrate these traits in the 19th century are Henri Dunant and Clara Barton with their connection to the laws of war, the Geneva Conventions and the founding of the Red Cross. Cost: \$15 for members, \$20 non-members. Registration is required by visiting www.case.edu/lifelonglearning or calling 216-368-2090. You may also pay the day of the event but need to RSVP by calling Dawn at 440-632-3653.

SENIOR COMMUNITY EVENTS

Daytime Senior Book Discussions

Join us for engaging book discussions. Books are available at the hosting library's front desk. To reserve a book, call Sandy McLeod at 440-279-2137.

- **May 7 (1st Wednesday) 1:30 a.m. - 12:30 p.m.**
at Geauga West Library, followed by lunch.
Discussing: *Black Cake* by Charmaine Wilkerson
- **May 8 (2nd Thursday): 1:30 - 3:00 p.m.**
at Burton Library. **Discussing:** *Demon Copperhead*
by Barbara Kingsolver.

Spring Gala - An Evening of Arts, Entertainment & Fine Dining!

Tuesday, May 13 • Berkshire High School

A fabulous dinner, provided by UH Geauga Medical Center, will be served at 5:00pm by the students in the Commons of the high school. You can enjoy an art show with live music by the Berkshire students, dancing, and much more! Students will be sharing their gifts and talents all evening long. Cost is \$10.00 per person - Payable to Berkshire Local Schools. All donations will go to support Berkshire Cheerleaders. Don't miss this intergenerational event and an opportunity to support this evening of arts and entertainment! To register call Sandy McLeod 440-279-2137.

Kent State University Fashion Museum Trip

Thursday, May 22, 9:30 a.m. - 3:30 p.m.

Depart from the Chardon Safety Center (12450 Merritt Rd, Chardon). Arrive at Kent State University Museum at 10:30am for a 1 hour guided tour with a specially trained docent. After the tour, enjoy shopping at the museum store that features art, jewelry, books and more! Afterwards we will head over to Mike's Place for lunch at 1:00pm. Return to Chardon at approximately 3:30pm. Active mobility: Must be able to get on and off bus, walk longer distances and have energy & stamina to navigate through Kent State Museum. \$45 per person. Please indicate which lunch option you would like on your registration form: *Reuben Sandwich - Corn beef stacked high with sauerkraut, Swiss cheese, & 1000 island dressing with rye bread and a side of French fries.* *Rolando's BBQ Melt - BBQ pulled pork on grilled sour dough, crisp onion rings and pepper jack cheese and a side of French fries.*

Geauga Young of Heart

May 2: Cinco de Mayo Social

St. Anselm's Parish Center, 12969 Chillicothe Rd, Chesterland.

May 21: Movie outing at Aurora Atlas Movie Theater.

Call Kimber at (440) 668-3293.

Mother's Day Tea with Stagecoach Mary Fields

Monday, May 12, 2 p.m.

Celebrate Mother's Day with tea, desserts, and a guest speaker in the Dining Room at Jennings Apartment building at Notre Dame Village. Mary Fields, also known as Stagecoach Mary, was the first African American woman to be employed as a star route postwoman in the United States. In 1895 she became a U.S. mail coach driver for the Cascade County region of central Montana. She and her mule, Moses, never missed a day, and it was in this capacity that she earned her nickname of "Stagecoach", for her unfailing reliability.

Robin Echols Cooper, who portrays Mary Fields, grew up in Chardon, where she enjoyed listening to songs and wonderful stories. She has been telling stories professional since 1992. Ms. Echols Cooper's unique style takes you on an animated journey as she weaves the tale of Stagecoach Mary. Call Melissa Wheeler at 440-279-2167 to register.

Diabetes Self-Management Class

May 19, 27, June 2, 9, 16, 23, 12:30-3 p.m.

Chardon Senior Center, 470 Center St., Building 8, Chardon.

Take charge of your health! If you or someone you know has diabetes, join our six-week workshop, Diabetes Self-Management (DSM). You'll get the support you need, find practical ways to deal with pain and fatigue, sugar control, discover better nutrition and exercise choices, understand new treatment choices, and learn better ways to talk with your doctor and family about your health. Learn from trained leaders who understand firsthand what you are experiencing. Set your own weekly goals and make a step-by-step plan to improve your health - and your life! This class is free for all registered seniors. Space is limited. To register, please call Melissa Wheeler at 440-279-2167.

Geauga Cyclists

- Weekly rides begin in May, every Tuesday at 9 a.m.
- Meet at Eagles Baseball Field on Park Avenue, Chardon.
- Call Melissa Wheeler at 440-279-2167 for more details.

For more information on any event, call the Geauga County Department on Aging at 440-279-2167.

BAINBRIDGE SENIOR CENTER EVENTS

Stan Hywet Hall & Gardens Bus Trip

On **Wednesday, May 21**, join us for a trip to Stan Hywet Hall and Gardens. Hosted by Bainbridge Senior Center, this trip includes transportation to and from the museum, a guided tour of the manor house, and a premium boxed lunch. Feel free to wander the gardens after your tour!

Choose to depart from West Geauga Senior Center at 9:00 a.m. or Bainbridge Senior Center at 10:00 a.m. Approximate return times are 3:30 p.m. at BSC and 4 p.m. at WGSC. Cost: \$65 per person.

This is a “three-sneaker” trip. You must be able to go up and down large bus steps, stand for the tour, and walk the grounds. Stop by any Geauga County Senior Center to register and pay. Please indicate your choice of lunch and departure location when signing up.

Call 440-279-1313 with any questions.

Movie Matinee

Every Monday, Bainbridge Senior Center offers a lunch and movie at noon., free of charge. May's theme is Movie Heartthrobs. Reservations are not required but encouraged to ensure a meal for all attendees. Call 440-279-1313 to reserve a spot!

- **Cat on a Hot Tin Roof (1958)**
Paul Newman
- **Splendor in the Grass (1961)**
Warren Beatty
- **The Way We Were (1973)**
Robert Redford



Alzheimer's and Dementia Caregiver Support Group

The Alzheimer's Association will conduct a Caregiver Support Group at Bainbridge Senior Center every month. This month, they meet Wednesday, May 14, from 1:30 to 3:00 p.m. Call 440-279-1313 to sign up!

FREE Lunch and Learn Medication Safety and Label Reading

Are you taking over-the-counter (OTC) medications? Join us for a free session to learn about medication safety, what to watch for, and how to avoid dangerous combinations. A pharmacist from University Hospitals will guide you through the proper ways to read labels and make safer choices. Registration required. Friday, May 9, at noon at Bainbridge Senior Center.

Coping with Grief and Loss: Strategies for Healing and Resilience

This free Lunch and Learn at Bainbridge Senior Center will be held on May 13 at noon. It explores practical strategies for navigating grief and loss, including healthy coping mechanisms, the stages of grief, and ways to build emotional resilience.



Attendees will learn how to recognize and process their emotions, develop self-compassion, and find meaningful ways to honor loved ones.

The session also addresses the importance of seeking support, creating new routines, and embracing hope during the healing journey. Whether you are grieving personally or supporting someone else, this presentation provides valuable tools for fostering strength and renewal. Call 440-279-1313 to register.

Line Dancing at BSC

Every Wednesday from 10:30 to 11:30 a.m.

Brush up your moves for the upcoming spring wedding season or learn new dances at Bainbridge Senior Center! This is a drop-in program, so no need to register — just come on down!

Managing Money: A Caregiver's Guide to Finances

It's never too early to put financial plans in place! Join Bainbridge Senior Center for this informative and free Lunch and Learn at noon on **Friday, May 23**. This program features tips for managing someone else's finances, preparing for future costs, and understanding the benefits of early planning. Register 440-279-1313.

BSC Big Breakfast

Thursday, May 29

Join BSC for our monthly, homemade Big Breakfast. Veterans and those with May birthdays attend for free. The cost is \$5 for all others. On the menu: sunrise egg and corned beef bake. Donuts provided by Seniors Helping Seniors. Please RSVP by Friday, May 23.

CHARDON SENIOR CENTER EVENTS

Art Club

with Amber from Ariel Inspired
Art Studio and Gallery!

Tuesday, June 10, at 1 p.m.
at the Chardon Senior Center.

Amber from Ariel Inspired Art Studio and Gallery will be joining us again due to popular demand! This month's project is garden stones. Cost is \$35. An example picture is available at Chardon Senior Center. Call 440-279-2126 if interested.

Geauga Seniors Art and Craft Showcase – Museum Day

Friday, June 27, from 11 a.m. to 1 p.m.

Chardon Senior Center

We have many talented crafters and artists in our Geauga senior community, and we will be showcasing their work. Come view the works museum-style and mingle with the artists. A light lunch will be available, so registration is required by June 6. Would you like to display your work? Call Becky O'Reilly at 440-279-2131 by May 30.



The All-American Game Show Extravaganza and Indoor Picnic

Tuesday, July 1, from noon to 2 p.m.

Join us for lunch and game-show-inspired games, with a chance to win fabulous prizes donated by the community! The format is similar to Bingo-Pa-Looza, so if you enjoy that event, you'll love this one! Cost is \$5, which includes refreshments at our mocktail bar. Call 440-279-2131 with questions.



Meditation with Maggie

Tuesday, May 6, at 1 p.m.

Cost is \$3 per person with registration. If you're new to meditation, no worries! Instructor Maggie Kimble will guide you through the process. Call 440-279-2131 to register.



New! Social Worker Appointments

Geauga County Department on Aging social worker Kim will be available for appointments on the first Friday of each month from 1 to 3 p.m. to discuss agency resources and programs, including:

- Medicare/Medicaid questions
- Home safety issues
- Housing assistance
- Durable medical equipment
- County medical transportation
- Program referrals

To sign up for an appointment, call Chardon Senior Center at 440-279-2126. The first appointment date is Friday, May 2.

The Breakfast Club of Chardon

Thursday, May 8, at 9:30 a.m.

Join us for breakfast at Bob Evans in Chardon. Enjoy breakfast, coffee, and conversation.

Cost is on your own. Call 440-279-2126 to RSVP.



History's Mysteries Lunch and Speaker Series

Friday, May 9, from noon to 1 p.m.

Kathie Doyle will present on Bletchley Park and codebreaking during World War II. Registration is required at 440-279-2126.

CHARDON SENIOR CENTER EVENTS

Learn About & Try Reiki

Tuesday, May 13, from 1 to 2:30 p.m.

Reiki (ray-kee) is a natural healing technique that uses gentle touch or no touch to channel energy, promoting healing and relaxation. Maggie Kimble, LMT, Reiki Master, Aromatherapist, and Life Skills Coach, will lead the class and offer short chair Reiki sessions afterward.



Topics include:

- How Reiki can help caregivers manage stress
- How it's being used for Alzheimer's patients
- How research supports Reiki for cancer treatments, autoimmune diseases, anxiety, and more
- How Reiki is used in hospitals and hospice care

Lunch will be served at noon; please indicate if you will be joining us for lunch before the program. This free class requires registration at 440-279-2126.

Scrabble Club

Love Scrabble? Join our Scrabble Club every other Tuesday at Chardon Senior Center. We provide the game, you bring the skill! Call 440-279-2126 for details.

Walking Club – Walk from Chardon to Cleveland Challenge

Did you know walking is the most popular form of exercise in the U.S.? Walking not only boosts your mood but also benefits your bones, joints, and muscles. Stay active and walk with us at Chardon Senior Center (cool and indoors). As a bonus, we are launching the “Walk from Chardon to Cleveland” program. Log your mileage, and after you complete the 30-mile journey, you will receive a certificate. This free program is open to seniors Monday through Friday, 8 a.m. to 4 p.m.



Creative Cooking with Garth

Thursday, May 15, from noon to 1:00 p.m.

Join us for lunch, then learn from our volunteer Garth how to make a simple and delicious recipe. Cost is \$2 per person. Reservations required at 440-279-2126.



Birthday Bingo and Pizza Party

Friday, May 30, at 11:00 a.m.

Celebrate May birthdays with bingo, pizza, and cupcakes! Cost is \$5 per person, but May birthdays are free! Call 440-279-2126 to RSVP. Thank you to Chardon Healthcare for sponsoring bingo and cake!



Tech Help Appointments

Every Monday, from 1 to 3 p.m.

Volunteer Dwight will offer one-on-one tech appts. to help with:

- iPhones and Android phones (30-minute appts.)
- iPads, tablets, and laptops (one-hour appts.)

Sorry, no desktop computer appointments at this time. Free. Call 440-279-2126 to schedule an appointment.



Brain Games with Ohman Family Living

Tuesday, May 20, from 1 to 2 p.m.

Dawn from Ohman Family Living will give our brains a workout with fun and engaging games. This free event requires registration at 440-279-2126.



MIDDLEFIELD SENIOR CENTER EVENTS

Kathie Doyle Presents **Eponyms: The History Behind Words**

Friday, May 16, 2025 | 10:30 a.m. | No cost
Monthly breakfast served at 10 a.m. | Cost: \$3
Please call to register: 440-632-0611.

Movie and Snack at Briarcliff Manor

Thursday, May 22, 2025, 1 p.m.
(14807 N. State Ave., Middlefield, OH 44062)
Join the Middlefield Seniors for a movie and snack at
Briarcliff Manor. Enjoy a snack while watching
Peanut Butter Falcon in Briarcliff's theater room.
Please call 440-632-0611 to register.

Book Club

Thursday, May 29, 2025, 11 a.m.
The book we will be discussing is *Things We
Cannot Say* by Kelly Rimmer. Join us for light
refreshments and good conversation!
RSVP 440-632-0611.

Tulip Canvas Painting with Ariel Inspired Studio

Monday, May 19, 2025, 1-3 p.m. | Cost: \$32
No experience needed to paint this beautiful canvas.
Please call 440-632-0611 to register!

Ice Cream Social

Friday, May 23, 2025, 12 p.m.

Join us for a boxed lunch and ice cream sundaes on
the beautiful back deck! A wonderful way to socialize
and meet new people. Cost: Donation. Please call to let
us know you will be here! 440-632-0611.



Friday, May 9, 12–2 p.m. | Cost: \$5

Live music, a sit-down catered lunch and dessert,
and of course, dancing! Join us as we recreate prom
night with pictures, corsages, and decorations.
Entertainment sponsored by Burton Health Care. Prom
attire encouraged but not required. RSVP by May 5.
Call 440-632-0611.

Wellness with Dawn

Thursday, May 22, 2025, 11 a.m.

May is Mental Health Awareness Month and Blood
Pressure Awareness Month! Did you know high blood
pressure can often be linked to stress and anxiety?
Regular blood pressure screenings are an easy and
effective way to monitor your health, while taking steps
to manage stress can help protect your heart and mind.
Join us to get your blood pressure checked and enjoy a
relaxing craft session with Dawn! Call 440-632-0661 to
let us know you will be here!

WEST GEAUGA SENIOR CENTER EVENTS

Lunch & Learn: Shipwrecks of the Great Lakes at WGSC

Thursday, May 22, 12-1:30 p.m.

Join us here at WGSC for a Lunch & Learn
presentation by Christine Bacon. . We will begin with
lunch including hamburger or hotdog (cooked on the
grill), baked beans, potato salad, dessert and beverage.
Cost is \$7 Registration deadline is May 16th, If you
wish to attend the Presentation ONLY, the program is
FREE. Call to register @ 440-279-2163

Mahjong Lessons

May 8 and May 22, 1-3 p.m.

Are you interested in learning to play Mahjong?
Have you always been curious about the game but just
never had the opportunity to learn it? If so, WGSC is
offering lessons for anyone who would like to learn to
play this fun and popular game. We will be offering
classes to learn the basics of American Mahjong.
Additional dates/classes will be added as needed if interest
is consistent. Instructor: Christine Bacon, along with
seasoned players from our Mahjong group. Free classes.
To register, call 440-279-2163.

WEST GEAUGA SENIOR CENTER EVENTS

Never Ending Knowledge Series at WGSC

Wednesdays, 1:00-2:30 p.m. (three 30-minute lectures)

Join us as we continue this 24-part lecture series of The Great Tours: AFRICAN SAFARI. Join us on a safari like NO OTHER, see the environment and ecosystems of the African Pride lands. Don't forget to sign up for the lectures in May as we conclude this series on May 14. Light snacks and refreshments provided. Registration is required: 440-279-2163.

African Safari Lecture Schedule:

• May 7:

1. Africa's Trees, Plants, and Flowers
2. Island and Beach Safaris
3. The Sounds of an African Safari

May 14:

1. Safari Destinations Off the Beaten Path
2. Cities and Other Safari Destinations
3. Tips for a Sustainable Safari
4. End of Course

History of Ancient Egypt Begins

• May 21:

1. Introduction to the Course
2. Prehistoric Egypt
3. Ancient Egyptian Thought

May 28:

1. Napoleon and the Beginning of Egyptology
2. The Rosetta Stone and Much More
3. The First Nation in History

Lunch & Bingo

Thursday, May 29, 12-1:30 p.m.

Join us for a hot lunch (meal of the day), followed by 90 minutes of bingo with prizes and fun! Registration deadline: May 19 by 2 p.m. Free event. Donations for the meal will be requested at lunchtime. Call to sign up: 440-279-2163

Diamond Art Class

May 5 and May 19, 1-3 p.m.

Join us for this class. You can be a beginner and start with a small, simple project for \$5, or if you are more advanced, you may want to purchase larger, more intermediate-level projects. There are many different projects available. Cost varies per project, \$5 to \$20. You may also bring your own project to work on. Registration is required one week prior to each class. Adaptive equipment available. Payment is due when you choose/receive your project. To register, call 440-279-2163.

Dinner and Movie Out – Fuji Japanese Steakhouse, Great Lakes Mall

Thursday, May 29, 3:30-7:30 p.m.

Come on out and join your friends for an early dinner at Fuji Steakhouse at Great Lakes Mall, followed by a movie at ATLAS Cinema. The movie schedule will be available one week prior, on May 23. We will discuss the choices at dinner and choose the movie at that time. We will meet at 3:30 p.m. at Fuji Steakhouse. RSVP required by May 27. Call 440-279-2163.

Annual Mind Challenge Competition

West Geauga Senior Center needs you! We are looking for players to join the WG-Chesterland Mind Challenge Team. This is a team competition. We work together as a team to answer trivia questions. No one person is ever called on to answer a question! It's a fun way to expand your mind, meet new people, and there is prize money for the top four senior centers that score the highest! **Competition begins May 8, 9:30-11:30 a.m. at Kirtland Senior Center.** Call to register: 440-279-2163.

Lunch and Movie: The Unbreakable Boy

Friday, May 23, 12-2 p.m.

Join us here at WGSC for a hot lunch (meal of the day), followed by the movie The Unbreakable Boy. Based on a true story, The Unbreakable Boy tells the story of Scott and Teresa, who learn their son, Austin, has autism and brittle bone disease. Initially worried about his future, they find joy, gratitude, and courage in the most trying times through Austin's incredible spirit. A truly inspirational movie! Popcorn will be provided. Free event. Donations accepted for the meal. Register by May 12. Call 440-279-2163.

Breakfast & Bingo at WGSC

Thursday, May 15, 8:30-10 a.m.

Join us on Thursday morning, May 15, for a homemade hot breakfast of blueberry pancakes, sausage, fruit/yogurt parfait, and beverage. Immediately following breakfast, we will have bingo with many fun prizes to choose from! Cost: \$6. Registration deadline: May 12. Call for more info: 440-279-2163.

Geauga Menu May 2025

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Each Monday Food reservations are due for the following week. Speak with your Site Coordinator today. For home delivery, call: 440-279-2130.</p> <p>Renal and Diabetic meals are available.</p>			1	2
			SALISBURY STEAK W/ GRAVY RICE – 1/2 CUP SWEET CORN CARROTS FRUIT CUP BREAD	BREADED FISH TATER TOTS GREEN BEANS FRESH FRUIT WG CORNBREAD LOAF TARTAR SAUCE & KETCHUP PC
5	6	7	8	9
TURKEY BURGER ROASTED POTATOES BROCCOLI APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	SWEDISH MEATBALLS w/NOODLES BROCCOLI CARROTS APPLESAUCE CUP BREAD	CHICKEN SALAD COLE SLAW THREE BEAN SALAD FRUIT CUP WG HAMBURGER BUN	MEATLOAF W/GRAVY MASHED POTATOES GREEN PEAS APPLESAUCE CUP BREAD	JUMBO RAVIOLI w/ SPAGHETTI SAUCE ¼ C YELLOW SQUASH MIXED VEGETABLES FRUIT CUP DINNER ROLL
12	13	14	15	16
STUFFED GREEN CABBAGE w/ SPAGHETTI SAUCE ¼ C GREEN BEANS MASHED POTATOES FRUIT CUP BREAD	BURGER WITH CHEESE ROASTED POTATOES BAKED BEANS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	SLICED HAM W/PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS DINNER ROLL FRUIT CUP	GRILLED CHICKEN BREAST GREEN PEAS DICED CARROTS ESCALLOPED APPLES WG HAMBURGER BUN MAYO PC	MACARONI & CHEESE BROCCOLI SWEET CORN FRUIT CUP APPLE-CINNAMON MINI LOAF
19	20	21	22	23
MEATBALLS w/PASTA w/SPAGHETTI SAUCE ½ C MIXED VEGETABLES FRUIT CUP BREAD	BREADED CHICKEN PATTY BAKED BEANS SWEET CORN FRUIT CUP CHEEZ-ITS BBQ CUP	SLOPPY JOE TATER TOTS CARROTS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP MUSTARD PC	BBQ CHICKEN BREAST RICE – ½ CUP GREEN BEANS SWEET POTATOES APPLESAUCE CUP WG CORNBREAD LOAF	TERIYAKI CHICKEN W/ VEG FRIED BROWN RICE – 1 CUP BROCCOLI APPLESAUCE CUP
26	27	28	29	30
All Sites Closed NO HDM TODAY	BONELESS WINGS - 6 CARROTS BAKED BEANS APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	STUFFED GREEN PEPPERS W/ SPAGHETTI SAUCE 1/4 C MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	SALISBURY STEAK W/ GRAVY RICE – ½ CUP SWEET CORN CARROTS FRUIT CUP BREAD	BREADED FISH TATER TOTS GREEN BEANS FRESH FRUIT WG CORNBREAD LOAF TARTAR SAUCE & KETCHUP PC

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Heating Assistance Available

Application Deadline: May 31, 2025

The Ohio Department of Development and Geauga County Department on Aging want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to seven members and 60% of State Median Income for a household of eight or more members to pay their heating bills.

Applied directly to the customer’s utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- **Most recent utility bills.**
- **A list of all household members (including birth dates and Social Security numbers).**
- **Proof of income for the past 30 days for all household members (12 months for certain income types).**
- **Proof of U.S. citizenship or legal residency for all household members.**
- **Proof of disability (if applicable).**

HEAP benefits are applied to an individual’s energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2025.

For more information or assistance with applying for a HEAP benefit, contact Geauga County Department on Aging at (440) 279-2130.

To be connected to your local Energy Assistance Provider, call 800-282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energyhelp.ohio.gov.

Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application! Medicare Savings Programs (MSPs) and Extra Help

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits) Qualified Disabled & Working

Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

QMB			SLMB			QI			EXTRA HELP		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,325	\$9,660	Single	\$1,585	\$9,660	Single	\$1,781	\$9,660	Single	\$1,976	\$17,600
Married	\$1,783	\$14,470	Married	\$2,135	\$14,470	Married	\$2,400	\$14,470	Married	\$2,664	\$35,130

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,791.90 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

Contact a Geauga Department on Aging Social Worker for assistance with your Application!

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date (s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2025? Yes ____ No ____

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date (s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2025? Yes ____ No ____

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

In consideration of acceptance into the above-referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents, and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials, and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program and agree to abide by all rules and requirements of the program.

I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it.

I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____
Signature of Participant Date

Refund Policy for the Geauga Department on Aging

The Department of Aging will no longer issue refunds for programs and events to honor our commitment to our vendors and transportation companies. When signing up for programs and events, you become responsible for the reservation. If you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place, you must contact the Department on Aging with the individual's name and contact information.

In the unusual event that the Department on Aging cancels an event, we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
12611 Ravenwood Dr., Suite 200
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
440-279-2130 MAY

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

2025 Geauga County Depart. on Aging **Trash Pick-Up Days!**

Local townships, villages and city road crews will work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors garages and yards during locally scheduled pick-ups. Seniors must be registered with the Department on Aging for 2025 one week prior to the pick-up to be placed on the pickup list. Dates for pick-up days are subject to change, so check the list each month.

Claridon Twp	May 7
Montville Twp	May 8-9
Village of Burton	May 9
Burton Twp	May 15-16
Thompson Twp	May 16
Chardon Twp	May 27-28
Auburn Twp (100)	June 5-6
Huntsburg Twp	June 5-6
Newbury Twp	June 9-11
Parkman Twp	June 16-17
Troy Twp	July 24-25
Village of Middlefield	Aug 14
Chesterland Twp	Sept. 8-10
City of Chardon	Sept. 26
Middlefield Twp	Oct 1-2

PLATINUM PATRONS

The Stone Family
in memory of Dale & Joan Spangenberg
Members of Newbury Class of 1956

The Bramley Family
in memory of Jim & Joy Bramley
& Rob Warren

Daniel & Gwenn Brown
Alan and Peggy Bialosky

G Rae Peck
in memory of Sigmund S Peck

The Leon Wilson Family
in memory of Annamae & Leanne

Burton Class of 1957/Joan & Michael Fath
in Memory of Betty Stewart

To become a PLATINUM Patron for a year, submit \$110 -
Please make checks payable to The Geauga County Department
on Aging and write Newsletter in the memo.