

The Geauga Senior News



Geauga County Department on Aging

June 2025

Geauga Senior Technology Expo

Embracing the Digital Age

Friday August 15, 2025
10:00 a.m. - 2:00 p.m.

Berkshire High School
14155 Claridon Troy Rd
Burton, Ohio 44021

Technology Speakers on the Following Topics:

You Tube: As a learning hub, a place to find information, and entertainment.

Senior Friendly Apps: We've done the work for you. A discussion on the best apps with seniors in mind!

Cyber Security: Phishing, cyber scams and security of online banking & shopping.



Live and Age Better by Understanding and Connecting with the Tech World!

- Hands-on education with current technology: smart phones, smart speakers, apps & more.
- A virtual experience where technology and medicine integrate
- Training and educational resources on how technology can help you age well.

A variety of vendors will be onsite to help you individually connect or understand the current technology that's available to you.

We will have one-on-one phone and tablet tech help throughout the entirety of the event, three guest speakers, door prizes, and a lunch is provided.

Don't let this opportunity pass you by!

FREE to Geauga County Senior Citizens registered with the Department on Aging
RSVP is required by calling the Geauga County Department on Aging at 440-279-2130





In this Issue

Geauga Senior Technology Expo	1
Senior Community Events	2-3
Senior Community Calendar.....	4-5
Bainbridge Senior Center Calendar	6-7
Chardon Senior Center Calendar.....	8-9
Middlefield Senior Center Calendar	10-11
West Geauga Senior Center Calendar	12-13
Senior Community Events	14-15
Bainbridge Senior Center Events	16
Chardon Senior Center Events	17-18
Middlefield Senior Center Events	19
West Geauga Senior Center Events.....	19-20
Monthly Menu	21
HEAP and Medicare Programs	22
Event Registration Form.....	23
Trash Pick Up Days	24
Platinum Patrons	24

Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,200 hard copy and 700 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

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LEADERSHIP TEAM

Jessica Boalt – Director
Reba Dykes - In-Home Services Manager
Sandy McLeod – Senior Centers Manager
Karen M. Stone – Administrative Services Manager

GEAUGA YOUNG OF HEART

Meet at 11:30 a.m. at St. Anselm’s Parish Center, 12969 Chillicothe Rd. in Chesterland on the first and third Friday of the month.

Bring your brown bag lunch. Entertainment and refreshments will be provided.

At the **June 6** meeting, Janet Weir Creighton will tell us about the Gardens of the White House. We will have our annual Birthday Party on **June 20 at 11:30** in Kelly Hall with a 4th of July theme for members only. This will be a Pot Luck, so bring your favorite dish to share. For reservations sign up at a meeting or call Mary Ann at 440-729-7489 by June 16.

We will be going to the Aurora Atlas Movie Theater (Rt. 306 and Rt. 82) on **Thursday, June 26**. The movie is TBD. It will start at 11:00. Cost is \$5 for movie or \$10 for movie, drink, and popcorn.

A bus trip is planned for **July 15** to Playhouse Square to see the Tony award winning show, “Kimberly Akimbo.” Dinner before the show will be at BJ’s Steakhouse/ Brewhouse. Cost is \$140.

A trip to the Sight & Sound Theater in Lancaster, PA to see “Noah” will be on **October 8-10**. Much more is included. Cost is \$565 pp. A \$50 deposit is due at sign up. Call Kimber for information for these trips, 440-668-3293.



Geauga County Veteran Food Pantry

Serving those who have served

Welcome to a pantry **exclusively for veterans and their families**. As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

At our pantry, we offer:

- **Fresh fruits and vegetables**
- **A variety of canned goods**
- **Beef, chicken, pork, venison, butter and eggs**

Our geedunk—Navy slang for social room—provides fresh coffee and Maggie’s treats, along with a complimentary luncheon on the last Friday of each month.

There is no charge for veterans or their families.* This is our way of giving back to those who have given so much.

To register, call Geauga County Veterans Services at 440-279-1860.

To register, please call Geauga County Veterans Services at 440-279-1860. *Services are income/need based.

SENIOR COMMUNITY EVENTS

Kimberly Akimbo – Playhouse Square Tuesday, July 15th

In conjunction with Geauga Young of Heart. Depart West Geauga Plaza by Chase Bank (12644 W Geauga Plaza, Chesterland) at 4:00 p.m. or Tanglewood Square by Verizon (8560 Bainbridge Rd, Chagrin Falls) at 4:30 p.m. Arrive at BJ's Restaurant Brewhouse at 4:45 p.m. for a dinner buffet. Menu includes: Parmesan Crusted Chicken, Deep Dish Ziti, House Salad, Steamed Broccoli, non-alcoholic beverage of choice, and dessert. After dinner, head to Playhouse Square for the performance of **"Kimberly Akimbo" at 7:30 p.m.** Return to Bainbridge at approximately 10:30 p.m. and Chesterland at approximately 11:00 p.m.

About the Performance: "A new musical about growing up and growing old" (in no particular order), KIMBERLY AKIMBO is the winner of 5 Tony Awards including BEST MUSICAL. Kimberly is about to turn 16 and recently moved with her family to a new town in suburban New Jersey. In this "howlingly funny heartbreaker of a show" (The New Yorker), Kim is forced to navigate family dysfunction, a rare genetic condition, her first crush ... and possible felony charges. Ever the optimist, she is determined to find happiness against all odds and embark on a great adventure."

\$140 per person – Checks made out to Geauga Young of Heart, but can be mailed to the Department on Aging or turned into your local senior center. Please indicate pick-up location on registration form.

Questions? Call Kimber DeMauro at 440-668-3293

Thompson – Concerts on the Square

Thompson Activities will be hosting three concerts this summer on the Thompson Square (6740 Madison Rd, Thompson). All concerts will begin at 7:00pm. Open to the public, and free! Well-behaved pets are welcome. The Geauga Department on Aging will be set up with a table at all concerts for seniors to stop by and learn about our services and senior center programs. Refreshments available by local organizations for a donation. Bring your own lawn chairs to sit and enjoy the music!

Tuesday, June 10th: Two Kings (Easy Listening).
Thompson Church on the Square – Refreshments

Tuesday, July 8th: Big North Band (Country).
St. Patrick's Church - Refreshments

August 12th: Castaways (Rock-n-Roll).
Thompson Garden Club - Refreshments

Lunch with the Curator **Hats Thru History**

Tuesday July 1, Noon-1 p.m.
Century Village Auburn Church
(14653 East Park St., Burton).

The journey of women's hat fashion is a testament to their role as symbols of empowerment, creativity, and identity throughout history. As social norms continue to evolve, so will the styles and significance of women's hats, ensuring their place within the fashion landscape for years to come. Hats remain more than just functional accessories; they are potent symbols of personal expression and cultural identity. Presented by Carane Ladd & Cindy Hopikins. \$5 per person at the event. A box lunch can be provided through the Geauga Department on Aging for an additional \$5. When calling please let us know if you would like lunch, otherwise you may bring a bag lunch!

Call Sandy McLeod at 440-279-2137 to register. Still time to register for June 3rd: The Art & Mystery of Apothecary.

NYC at Christmastime! **Monday, December 1st –** **Thursday, December 4th, 2025**

Day 1 - Depart from Chardon Senior Center (470 Center Street, Chardon) at 8:00 a.m. for New York City. Restroom and lunch (on own) stops as we travel. Three nights of rooms at the Fairfield by Marriot Times Square. Dinner included upon arrival (tax & gratuity included).

Day 2 - Breakfast included at the hotel. Full day of exploring NYC with a Licensed Guide. Dinner included at Ellen's Stardust Diner (tax & gratuity included). Orchestra tickets to the 8 p.m. Rockettes Christmas Spectacular at Radio City Music Hall.

Day 3 - Breakfast included at the hotel. Full day to explore NYC at your leisure. Passengers will walk or arrange cab transportation on own. Admissions to the Top of the Rock Observation Deck at Rockefeller Center. Dinner included at the Original Puglia Restaurant (tax & gratuity included).

Day 4 - Breakfast included at the hotel. Depart for home. Lunch stop enroute (on your own). Evening arrival back in Chardon.

\$1,535 per person (Double Occupancy), \$2,295 (Single Occupancy). \$755 Deposit due upon signing – Final Balance due September 12th. Checks made out to: Great Day Tours. Trip Packets available at your local senior center. For more information, please call Hannah Heinz at 440-632-0611.

Lunch with the Curator

Tuesday, June 3 - 12:00 p.m.

Held at Century Village Auburn Church
Topic: Hats Thru History. The journey of women’s hat fashion is a testament to their role as symbols of empowerment, creativity, and identity throughout history. As social norms continue to evolve, so will the styles and significance of women’s hats, ensuring their place within the fashion landscape for years to come. Hats remain more than just functional accessories; they are potent symbols of personal expression and cultural identity. Presented by Carane Ladd & Cindy Hopikins. Box lunch can be provided for an additional \$5. Call Sandy McLeod at 440-279-2137 to RSVP. \$5 at the door.

Free Lunch & Movie

Thursday, June 5 - 12:00 p.m.

UH Geauga Age Well Be Well Program.
 Call 440-214-3180 to register. Free.

Thompson Square Concert

Tuesday, June 10 - 7:00 p.m.

Held on Thompson Square (6740 Madison Rd, Thompson). Two Kings will be the band for June, known for their “Easy Listening” music. Well-behaved pets are welcome. The Geauga Department on Aging will be set up with a table for seniors to stop by and learn about our services and senior center programs. Refreshments available by local organizations for a donation. Bring your own lawn chairs to sit and enjoy the music! Free.

WR Greenway Bike Trip

Tuesday, June 24, 9:30 a.m.

Meet at the Austinburg Parking Lot (next to Jewel’s Dance Hall – 1770 Mill St, Austinburg) and we will bike south on the Western Reserve Greenway Trail and back. This will be approximately 16 miles round trip. After our ride, we will head to Cask 307 (7259 Warner Rd, Madison) to grab a bite to eat. Lunch is on your own. Please RSVP by calling Melissa Wheeler at 440-279-2167.

Balance Exercise Classes

Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person and live on Microsoft Teams. Call Melissa Wheeler at 440-279-2167 for more info.

Gauga Walkers & Walking for Wellness

Monthly schedules are posted in the newsletter for locations. If you would like a schedule for the year/quarter.



Geauga County
 Department on Aging

JUNE 2025

MONDAY		TUESDAY	
2		3	
9:30-11:00	Parkinson’s Boxing CSC	9:00-10:30	Gauga Cyclists OS
12:30-3:00	Diabetes Self- Management Class CSC	11:00-12:00	Balance Exercise CSC & VT
Nashville & Bourbon Trail Trip		11:15-12:15	Pedaling for Parkinson’s OH
		12:00-1:00	Lunch w/ Curator OS
		1:00-2:30	Gauga Walkers OS
9		10	
9:30-11:00	Parkinson’s Boxing CSC	9:00-10:30	Gauga Cyclists OS
12:30-3:00	Diabetes Self- Management Class CSC	11:00-12:00	Balance Exercise CSC & VT
		11:15-12:15	Pedaling for Parkinson’s OH
		1:00-2:30	Gauga Walkers OS
		2:00-3:00	Gardening with Residents OBL
		7:00-8:30	Thompson Square Concert OS
16		17	
9:30-11:00	Parkinson’s Boxing CSC	9:00-10:30	Gauga Cyclists OS
12:30-3:00	Diabetes Self- Management Class CSC	11:00-12:00	Balance Exercise CSC & VT
		11:15-12:15	Pedaling for Parkinson’s OH
		12:30-1:30	Parkinson’s Support CSC
		1:00-2:30	Gauga Walkers OS
		2:00-3:00	Diabetes Support Group CSC
23		24	
9:30-11:00	Parkinson’s Boxing CSC	9:30-1:00	Bike Trip OS
12:30-3:00	Diabetes Self- Management Class CSC	11:00-12:00	Balance Exercise CSC & VT
		11:15-12:15	Pedaling for Parkinson’s OH
		1:00-2:30	Gauga Walkers OS
30			
9:30-11:00	Parkinson’s Boxing CSC		




SENIOR COMMUNITY EVENTS

Geauga County
Department on Aging

WEDNESDAY

THURSDAY

FRIDAY

4	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>11:30-12:30 Book Discussion GW</p>	5	<p>9:00-10:30 Walking for Wellness OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>12:00-2:30 Lunch & Movie WG</p>	6	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
11	 <p>9:30-3:30 Senior Day - Cleveland OS</p>	12	<p>9:00-10:30 Walking for Wellness OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p> <p>1:30-3:00 Book Discussion BL</p>	13	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
18	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>	19	<p>9:00-10:30 Walking for Wellness OS</p> <p>9:00-11:00 GPD Elderberries OS</p> <p style="text-align: center;">OFFICES CLOSED JUNETEENTH</p>	20	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
25	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>	26	<p>9:00-10:30 Walking for Wellness OS</p> <p>11:15-12:15 Pedaling for Parkinson's OH</p>	27	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>

- BL Burton Library
- CSC Chardon Senior Center
- GW Geauga West Library
- GCOB Geauga County Office Building
- JND Jennings at Notre Dame Village
- OBR Ohman Family Living at Briar
- OH Ohman Family Living at Holly
- OS Off-site
- VT Virtual Teams (Online)
- WG West Geauga Senior Center

Sandy McLeod
Senior Centers' Supervisor
440-279-2137

Melissa Wheeler
Asst. Senior Centers' Supervisor
440-279-2167

BAINBRIDGE SENIOR CENTER

CLOSED 6/19 in honor of Juneteenth Freedom Day.

We will close at 2pm on 6/24 for a staff meeting.

Big Breakfast

Thursday, June 26th

Join BSC for our monthly big breakfast. Veterans and June birthdays are free to attend. The cost is \$5 for everyone else. **On the menu:** Veggie and Sausage Strata. *Donuts Provided by ACCAA* Please RSVP by Friday, 6/20.

Movie Matinee

Every Monday, 12 p.m.

Every Monday we offer a lunch and movie at 12 p.m., free of charge. June's theme is Baseball. Reservations are encouraged to ensure a meal for all attendees.

Soup & Sandwich Lunch

June 10

Join us for a relaxed homemade lunch of Chopped Chickpea Salad and Veggie Flatbreads \$5, registration required

Free Lunch & Learns

Monday, June 16

Mobility Plus will provide a free Lunch and Learn to discuss ways to stay in your home for longer and stay mobile and healthy! Registration Required before 6/13

Fisher's Geodes & Gems Pop-up Shop

Wednesday, May 21st

Immediately following Big Breakfast on 6/26, 10 yr old entrepreneur, Fisher will provide an informative presentation on ge-odes and gems as well as having items for sale!

FREE Tech Help at BSC

Do you have questions or need help with your cell phone? Steve from Verizon will be here on 6/16 at 11am to help you out regardless of your plan or carrier. Call 440-279-1313 to register.

Drawing with Matt—NEW

See the pg. 16 of the newsletter for more info!



JUNE 2025

MONDAY		TUESDAY	
8:30-9:30	All-Around Exercise (\$3) 2	9:45-10:15	Balance Class 3
9:40-10:30	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming
10:00-2:00	Poker	10:00-12:00	Mexican Train
12:00-2:30	Lunch & a Movie (A League of Their Own—1992)	10:00-3:00	Mahjong
12:30-3:00	Chair Massage appts, \$15	12:00-1:00	Social Work Appts.
2:30-3:30	Karaoke w/ Matt	1:00-2:30	Drawing with Matt—NEW!
8:30-9:30	All-Around Exercise (\$3) 9	9:45-10:15	Balance Class 10
9:40-10:30	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming
10:00-2:00	Poker	10:00-12:00	Mexican Train
12:00-2:30	Lunch & a Movie (The Bad News Bears— 1976)	10:00-3:00	Mahjong
12:30-3:00	Chair Massage appts, \$15	12:00-1:00	Salad & Sandwich Lunch Chopped Chickpea Salad and Veggie Flatbreads (\$5, registration req'd)
2:30-3:30	Karaoke w/ Matt		
8:30-9:30	All-Around Exercise (\$3) 16	9:45-10:15	Balance Class 17
9:40-10:30	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming
9:00-2:30	Reliable Nurse Foot Care	10:00-12:00	Mexican Train
10:00-2:00	Poker	10:00-3:00	Mahjong
11:00-12:00	Tech Help w/ Steve	1:00-2:30	Drawing with Matt —NEW! -
12:00-2:00	FREE Lunch & Learn w/ Mobility Plus		
12:00-2:30	Lunch & a Movie (Angels in the Outfield - 1951)		
12:30-3:00	Chair Massage appts, \$15		
2:30-3:30	Karaoke w/ Matt		
8:30-9:30	All-Around Exercise (\$3) 23	9:45-10:15	Balance Class 24
9:40-10:30	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming
10:00-2:00	Poker	10:00-12:00	Mexican Train
12:00-2:30	Lunch & a Movie (The Sandlot—1993)	10:00-2:00	Mahjong
12:30-3:00	Chair Massage appts, \$15	CLOSING AT 2PM FOR A STAFF MEETING	
2:30-3:30	Karaoke w/ Matt		
	30		
8:30-9:30	All-Around Exercise (\$3)		
9:40-10:30	Chair Yoga-cise (\$3)		
10:00-2:00	Poker		
12:00-2:30	Lunch & a Movie (Field of Dreams—1989)		
12:30-3:00	Chair Massage appts, \$15		
2:30-3:30	Karaoke w/ Matt		


BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY

THURSDAY

FRIDAY

4	<p>8:30-9:30 All-Around Exercise \$3</p> <p>9:40- 10:20 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Diamond Painting</p> <p>10:30-11:30 Line Dancing</p> <p>11:00-12:00 Bingo</p> <p>12:30-2:00 OTL Group Welshfield Inn—Burton</p>	5	<p>9:45-10:15 Balance Class</p> <p>10:30-11:00 Cardio Drumming</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-12:30 Lunch</p> <p>12:30-2:30 Board Game Fun</p>	6	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Mahjong</p> <p>12:00-2:30 SUMMER COOKOUT w/ Mick & Rick</p>
11	<p>8:30-9:30 All-Around Exercise \$3</p> <p>9:40- 10:20 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Diamond Painting</p> <p>11:00-12:00 Bingo w/ Cindy from Caring Senior Choices</p> <p>12:30-2:00 OTL Group (Thai Story—Chagrin Falls)</p> <p>1:30-3:00 Alzheimer's and Dementia Support Group</p>	12	<p>9:45-10:15 Balance Class</p> <p>10:30-11:00 Cardio Drumming</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-13:30 Lunch</p> <p>12:30-2:30 Board Game Fun (\$3)</p>	13	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Mahjong</p>
18	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40- 10:20 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Diamond Painting</p> <p>10:30-11:30 Line Dancing</p> <p>11:00-12:00 Bingo w/ Home Instead</p> <p>10:30-11:30 Line Dancing</p> <p>12:30- 2:30 OTL Group (Aladdin's—Bainbridge)</p>	<p>19</p> <p>ALL SITES CLOSED TODAY</p> 		20	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Mahjong</p>
25	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40- 10:20 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Diamond Painting</p> <p>10:30-11:30 Line Dancing</p> <p>11:00-12:00 Bingo w/ Ohman Family's</p> <p>12:30-2:00 OTL Group (Burgers 2 Beer—Solon)</p>	26	<p>9:00-10:00 BIG BREAKFAST (reg req'd) *Donuts by ACCAA*</p> <p>9:30-12:20 Fisher's Geodes and Gems, presentation and pop up shop</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-12:30 Lunch</p>	27	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00- 12:00 Mahjong</p>

Keri Skrtic
Recreation & Education
Coordinator

Matt Samardge
Recreation & Education
Assistant

Summer Cookout

FRIDAY, JUNE 6th • NOON – 2:30 p.m.

Join us us for an afternoon of delicious food, great music, and even better company! -Hot Dogs & Homemade Sides -Potluck Dessert Table – Bring a Treat to Share! -Live Music by Mick & Rick – Playing Your Favorite Oldies!

Let's kick off summer with laughter, food, and dancing in the sun!

\$10.00 per person, registration required!

CHARDON SENIOR CENTER

Call Chardon Senior Center to register for any of our events, lunches, or classes! Call at least one week in advance.

Monthly Breakfast \$5
Tuesday, June 3

Photography Club Meeting
Friday, June 6

Book Club

Monday, June 9
The Magnificent Life of Marjoree Post,
by Allison Pataki.

Art Club w Amber of Ariel Inspired
Tuesday, June 10
Project: Garden Stones

Breakfast Club at Bob Evans
Thursday, June 12

**Polka Your Putt Off
Miniature-Golf Tournament**
Mondays, June 16 - July 7
at Chip's Clubhouse \$20

Lunch and Creative Cooking Class
Thursday, June 26 • \$2

Lunch Out at the Hambone
Tuesday, June 17

Birthday Bingo and Pizza Party
Friday, June 20 • \$5

**UH Lunch and Learn w Pharmacist
OTC Medication Label Safety**
Tuesday, June 24

Art and Craft Showcase
Friday, June 27

Movie & Lunch
Mondays at Noon:
June 2: Momma Mia
June 9: Castaway
June 16 Beach Blanket Bingo
June 23: Fool's Gold
June 30: Blue Hawaii



JUNE 2025

MONDAY		TUESDAY	
8:30-10:00	Chess Club 2	9:00-11:30	Woodcarving 3
10:00-11:00	Line Dancing \$3 (Off Site)	9:00-10:00	Monthly Breakfast \$
10:00-12:00	Rug Hooking	10:00-12:00	Knit and Crochet
10:00-12:00	Quilting Club	10:00-10:45	Tai Chi \$3
11:00-11:45	Balance Exercise	11:00-11:45	Balance Exercises
11:00-11:45	Strength Training \$2	2:00-3:30	Raccoon County Ramblers Practice
1:00-3:00	Diamond Art		
1:00	Tech Help by appt.		
8:30-10:00	Chess Club 9	9:00-11:30	Woodcarving 10
10:00-11:00	Line Dancing \$3 (Off Site)	10:00-12:00	Knit and Crochet
10:00-12:00	Rug Hooking	10:00-10:45	Tai Chi \$3
10:00-12:00	Quilting Club	11:00-11:45	Balance Exercises
11:00-11:45	Balance Exercise	1:00-3:00	Art Club with Amber of Ariel Inspired \$
11:00-11:45	Strength Training \$2	2:00-3:30	Raccoon County Ramblers Practice
1:00-3:00	Diamond Art / Book Club		
1:00	Tech Help by appt.		
8:30-10:00	Chess Club 16	9:00-11:30	Woodcarving 17
10:00-12:00	Polka Your Putt Off \$	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 (Off Site)	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking	11:00-11:45	Balance Exercises
10:00-12:00	Quilting Club	12:30	Lunch Out at the Hambone
11:00-11:45	Balance Exercise	12:30-1:30	Parkinson's Support
11:00-11:45	Strength Training \$2	2:00-3:00	Diabetes Support
1:00	Diamond Art	2:00-3:30	Raccoon County Ramblers Practice
1:00	Tech Help by appt.		
8:30-10:00	Chess Club 23	9:00-11:30	Woodcarving 24
10:00-11:00	Line Dancing \$3 (Off Site)	10:00-12:00	Knit and Crochet
10:00-12:00	Rug Hooking	10:00-10:45	Tai Chi \$3
10:00-12:00	Quilting Club	11:00-11:45	Balance Exercises
11:00-11:45	Balance Exercise	12:00-1:30	UH Lunch and Learn
11:00-11:45	Strength Training \$2	12:30-2:00	Raccoon County Ramblers Practice
1:00-3:00	Diamond Art		
1:00	Tech Help by appt.		
8:30-10:00	Chess Club 30		
10:00-12:00	Polka Your Putt Off \$		
10:00-11:00	Line Dancing \$3 (Off Site)		
10:00-12:00	Rug Hooking		
10:00-12:00	Quilting Club		
11:00-11:45	Balance Exercise		
11:00-11:45	Strength Training \$2		
1:00-3:00	Diamond Art		
1:00	Tech Help by appt.		

**Senior Center Closes
at 2:00 today**

CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>8:00-9:00 Wahoo Wednesday Coffee Chat about CLE Guards</p> <p>9:00-11:00 Pinochle</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercises</p> <p>12:30-2:00 Chair Volleyball</p> <p>12:30-4:00 Mexican Train</p> <p>1:00-4:00 Mah Jongg</p>	<p>5</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercise</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 Scrabble Club</p> <p>1:30-3:30 Line Dancing \$5 (off site)</p>	<p>6</p> <p>9:30-11:30 Stained Glass</p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-11:45 Balance Exercise</p> <p>1:00-4:00 Bridge Group/Rummikub</p> <p>1:00-2:00 Photography Club</p> <p>1:00-3:00 Social Work Appts</p> <p>1:00-2:00 GOTL Presentation</p> <p>1:30-2:30 Cardio-Drum Video</p>
<p>11</p> <p>9:00-11:00 Pinochle</p> <p>9:30 DEPART FOR SENIOR DAY BUS TRIP</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 No Balance Ex. Today</p> <p>12:30-2:00 Chair Volleyball</p> <p>12:30-4:00 Mexican Train</p> <p>1:00-4:00 Mah Jongg</p>	<p>12</p> <p>9:30 Breakfast Club at Bob Evans \$</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercise</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 Scrabble Club</p> <p>1:30-3:30 Line Dancing \$5 (off site)</p>	<p>13</p> <p>9:30-11:30 Stained Glass</p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-11:45 Balance Exercise</p> <p>1:00-4:00 Bridge Group</p> <p>1:00-4:00 Rummikub</p> <p>1:30-2:30 Cardio-Drumming Video</p> <p>2:30-3:30 Cornhole</p>
<p>18</p> <p>8:00-9:00 Wahoo Wednesday Coffee Chat about CLE Guards</p> <p>9:00-11:00 Pinochle</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercises</p> <p>12:30-2:00 Chair Volleyball</p> <p>12:30-4:00 Mexican Train</p> <p>1:00-4:00 Mah Jongg</p>	<p>19</p> <p>ALL SITES CLOSED TODAY</p> 	<p>20</p> <p>9:30-11:30 Stained Glass</p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00 Birthday Bingo & Pizza \$</p> <p>1:00-4:00 Bridge Group/Rummikub</p> <p>1:30-2:30 Cardio-Drumming Video</p> <p>2:30-3:30 Cornhole</p>
<p>25</p> <p>8:00-9:00 Wahoo Wednesday Coffee Chat about CLE Guards</p> <p>9:00-11:00 Pinochle</p> <p>11:00-11:45 Strength Training \$2 Lake County Captains Game</p> <p>11:00-12:00 Balance Exercise</p> <p>12:30-2:00 Chair Volleyball</p> <p>12:30 Mexican Train/ 1:00 Mah Jongg</p>	<p>26</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercise</p> <p>12:00-1:00 Lunch and Creative Cooking Class \$</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 Scrabble Club</p> <p>1:30-3:30 Line Dancing \$5 (off site)</p>	<p>27</p> <p>9:30-11:30 Stained Glass</p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00-1:00 Art & Craft Show</p> <p>1:00-4:00 Bridge / Rummikub</p> <p>1:30-2:30 Cardio-Drumming Video</p> <p>2:30-3:30 Cornhole</p>

Ongoing!

Walking Challenge at Chardon Senior Center! Walk the milage equivalent to walking from Chardon to CLE.

Becky O'Reilly
Recreation & Ed. Coordinator
Jackie Kleve and Chris Mackar
Rec & Ed Assistant Coordinators
Beth Oliverio
Info. and Referral Specialist
Ellie Rickard
Food Service Coordinator

Call Chardon Senior Center 440-279-2126 to register for any of the following events! Space is limited on some events. Call at least one week in advance.

MIDDLEFIELD SENIOR CENTER

Monday Crafts

- June 2 - Resin Creations \$5
- June 9 - Pressed flower lanterns \$5
- June 19 - Creations with Cindy!
Dragonfly whisk \$3
- June 23 - Clay Pot Toadstool \$8
- June 30 - Silk Paintings \$38

New for June!

Join us on Fridays at 11a.m. socialize on the back deck followed by grilled hot dogs at 12 p.m. \$3

Wellness with Dawn

Thursday, June 5
Getting the Most from
Your Doctors Visit

Make every minute with your doctor count. Clear communication and active participation can help you get the answers you need and ensure your care is on the right track.

MFSC Strawberry Festival \$5

Thursday, June 12
MFSC Strawberry Festival \$5
Everything strawberry!
Games food and fun!

Crafting Provided by the Middlefield Library

Tuesday, June 24
No cost

Geauga Park Presentation

Insect Extravaganza
Thursday, June 26

By land, sea and air, insects are everywhere! Discover the world of insects and other “bugs” all around us. Learn which ones we can’t live without and some of their unusual body parts and life cycles

Book Club

Friday, June 27th
The Alice Network
Author: Kate Quinn
Historical Fiction




Geauga County
Department on Aging

JUNE 2025

MONDAY		TUESDAY	
	2		3
10am	Crafting Club	10am	Chair Yoga Video
11am	Balance Exercise	11am	Line Dancing \$3
12pm	Lunch	12pm	Lunch
12pm-3pm	Painting Pals	1pm	Chair Volleyball
1pm	Crafting Resin Creations \$5		
	9		10
10am	Crafting Club	10am	Chair Yoga Video
11am	Balance Exercise	11am	Line Dancing \$3
12pm	Lunch	12pm	Lunch
12pm-3pm	Painting Pals	1pm	Chair Volleyball
1pm	Crafting Pressed flower lanterns \$5		
	16		17
10am	Crafting Club	10am	Chair Yoga Video
11am	Balance Exercise	11am	Line Dancing
12pm	Lunch	12pm	Lunch
12pm-3pm	Painting Pals	1pm	Chair Volleyball
1pm	Crafting Bubble wrap painting \$5		
	23		24
10am	Crafting Club	10am	Chair Yoga Video
11am	Balance Exercise	11am	Line Dancing \$3
12pm	Lunch	11am	Craft with MF Library
12pm-3pm	Painting Pals	12pm	Lunch
1pm	Crafting Creations with Cindy Dragon Fly whisk \$3	1pm	Chair Volleyball Closed at 2pm For staff development
	30		
10am	Crafting Club		
11am	Balance Exercise		
12pm	Lunch		
12pm-3pm	Painting Pals		
1pm	Crafting Silk Painting \$38		

MIDDLEFIELD SENIOR CENTER 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

WEDNESDAY	THURSDAY	FRIDAY
4	5	6
10am Balance Exercise 11am BINGO 12pm Lunch 1pm Trivia Mania 2pm Chair Volleyball	11am Wellness with Dawn Getting the most from your doctors visits. 12pm Lunch 1pm Chair Volleyball	10am Chair Yoga Video 11am Friday Deck social And hot dog lunch \$3 12pm Lunch 1pm Chair Volleyball
11	12	13
8am Social Work Appts With Michele 10am Balance Exercise 11am BINGO with Dawn! 12pm Lunch 1pm Trivia Mania 2pm Chair Volleyball	1am MFSC Strawberry Festival \$5 12pm Lunch 1pm Chair Volleyball	10am Chair Yoga Video 11am Friday Deck social And hot dog lunch 12pm Lunch 1pm Chair Volleyball
18	19	20
10am Balance Exercise 11am BINGO 12pm Lunch 1pm Trivia Mania 2pm Chair Volleyball	ALL SITES CLOSED TODAY 	10am Chair Yoga Video 11am Friday Deck social And hot dog lunch \$3 1pm Chair Volleyball
25	26	27
10am Balance Exercise 11am Trivia Mania 12pm Lunch 1pm BINGO Sponsored by Burton Health Care 2pm Chair Volleyball	11am Geauga Parks Presents Insect Extravaganza 12pm Lunch 1pm Chair Volleyball 1pm Movie at Briar The Art of Racing in the Rain	9am Podiatrist 10am Chair Yoga Video 11am Book Club The Alice Network By Kate Quinn 12pm Lunch 1pm Chair Volleyball

Hannah Heinz
Recreation & Education Coordinator
 Ginny Lester
Recreation & Education Assistant

**Please call to register
 for lunch,
 crafting & special
 events.
 440-632-0611**

WEST GEAUGA SENIOR CENTER

VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

Eat & Educate by Kris Weir

June 12th - 12:00 - 1:30 p.m.

Join us for a hot lunch followed by a presentation by Kris Weir. She has over 33 years of experience in the massage profession, over 16 years as a Reiki Master, and 4 years as a NAET practitioner. She will present various lifestyles and possible injuries. Demonstrate and discuss ways to avoid said injuries and how to care for yourself if you do get one (muscle pull, strain, etc). Demonstration, discussion, and group participation. Free Event Donation accepted. Call to sign up by 6/3/25

Breakfast & BINGO

June 13th - 8:30-10:00 a.m.

8:30-10:00 a.m. Join us for a hot morning meal of Sausage, Egg and cheese breakfast Bake, fruit cup and beverage. BINGO will immediately follow with lots of neat prizes.

Cost: \$6, RSVP deadline is 6/9/25

Lunch & Movie "The Ride"

June 20th - 12:00 - 2:00 p.m.

Based on a True Story. After a violent, racially charged incident lands John in juvenile detention, he is finally placed with an unlikely set of foster parents, Eldridge and Marianna, an interracial couple. Eldridge makes it his mission to overcome the challenges of John's white supremacist upbringing, slowly beginning to forge a relationship through his foster son's fascination with extreme sports and BMX biking. Rooted by this newfound passion, the family builds a bond of mutual respect, love and redemption. Lunch will be the Hot meal of the day. FREE Event-Donations accepted, sign up by 6/12/25

DINE NITE OUT

June 26th - 5:00-7:00 p.m.

This month we will be at Chesterland Tavern. Meet-up time will be 5:00 p.m. Cost is on your own, just call ahead to let us know you will be there so we can save you a seat. RSVP by 6/23/25

SENIOR SPIN CLASSES

Wed. & Fri. - 2-3 p.m. and 3-p.m.

BEGINNER SPIN CLASSES

Tues. & Thurs. 10:00 a.m.-10:30 a.m.

SIGN-UP REQUIRED, NO WALK-INS.



Geauga County
Department on Aging

JUNE 2025

MONDAY		TUESDAY	
2		3	
9:00-10:00	Water Exercise - Metz Pool	9:00-11:30	Stained Glass \$5
10:00-11:00	Exercise Class VIDEO	9:00-10:00	Water Exercise - Metz Pool
11:00-12:00	Chair Yoga VIDEO	NO SPIN CLASS TODAY	
12:00-1:00	Water Exercise - Metz Pool	11:00-11:45	Chair Exercise VIDEO
1:00-3:00	Mah-Jong	12:00-3:00	Bridge Group
1:00-3:00	Diamond Art \$	12:30-1:30	Tai-ChiFit \$3
		12:30-2:30	Knit & Crochet
9		10	
9:00-10:00	Water Exercise - Metz Pool	9:00-11:30	Stained Glass \$5
10:00-11:00	Strength & Cardio VT	9:00-10:00	Water Exercise - Metz Pool
11:00-12:00	Gentle Chair Yoga	10:00-10:30	Beginner Spin Class
1:00-3:00	Water Exercise - Metz Pool	11:00-11:45	Seated Strength & Balance
12:00-1:30	Mindfulness Mondays	12:00-3:00	Bridge Group
1:00-3:00	Mah-Jong	12:30-1:30	Tai-ChiFit \$3
1:00-3:00	Diamond Art \$	12:30-2:30	Knit & Crochet
16		17	
9:00-10:00	Water Exercise - Metz Pool	9:00-11:30	Stained Glass \$5
10:00-11:00	Strength & Cardio VT	9:00-10:00	Water Exercise - Metz Pool
11:00-12:00	Gentle Chair Yoga	10:00-10:30	Beginner Spin Class
11:00-12:00	Geauga Parks Presentation — Insect Extravaganza	11:00-11:45	Seated Strength & Balance
12:00-1:30	Mindfulness Mondays	12:00-3:00	Bridge Group
1:00-3:00	Mah-Jong	12:30-1:30	Tai-ChiFit \$3
1:00-3:00	Diamond Art \$	12:30-2:30	Knit & Crochet
23		24	
9:00-10:00	Water Exercise - Metz Pool	9:00-11:30	Stained Glass \$5
10:00-11:00	Strength & Cardio VT	9:00-10:00	Water Exercise - Metz Pool
11:00-12:00	Gentle Stretch Chair Yoga	10:00-10:30	Beginner Spin Class
12:00-1:00	Water Exercise - Metz Pool	11:00-11:45	Seated Strength & Balance
12:00-1:00	Mindfulness Mondays	12:00-3:00	Bridge Group
1:00-3:00	Mah-Jong	12:30-1:30	Tai-Chi Fit \$3
1:00-3:00	Diamond Art \$	12:30-2:30	Knit & Crochet
30		30	
9:00-10:00	Water Exercise-Metz Pool	Lunch is served Mon thru Fri from 12:00-12:30 pm. ALL Seniors MUST make a RESERVATION IN ADVANCE to receive a lunch. Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163	
10:00-11:00	Strength & Cardio VT		
11:00-12:00	Gentle Stretch Chair Yoga		
12:00-1:00	Water Exercise-Metz Pool		
1:00-3:00	Mah-Jong		
12:00-1:30	Mindfulness Mondays		
1:00-3:00	Diamond Art \$		

WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>9:00-10:00 Water Exercise - Metz Pool</p> <p>9:00-11:30 Stained Glass \$5</p> <p>10:00-11:00 Exercise Class VIDEO</p> <p>11:00-12:00 Chair Yoga VIDEO</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p> <p>2:00-3:00 Senior Spin Class 1</p> <p>3:00-4:00 Senior Spin Class 2</p>	<p>5</p> <p>9:00-10:00 Water Exercise - Metz Pool</p> <p>10:00-11:00 Water Exercise - Metz Pool</p> <p>NO SPIN CLASS TODAY</p> <p>11:00-11:45 Chair Exercise VIDEO</p> <p>12:00-2:00 Age Well-Be Well Lunch & Movie Today</p>	<p>6</p> <p>9:00-11:30 Stained Glass \$5</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>11:00-11:45 Cardio Drumming VIDEO</p> <p>2:00-3:00 Senior Spin Class 1</p> <p>3:00-4:00 Senior Spin Class 2</p>
<p>11</p> <p>Senior Day Today</p> <p>9:00-11:30 Stained Glass \$5</p> <p>10:00-11:00 Exercise VIDEO</p> <p>11:00-12:00 Chair Yoga VIDEO</p> <p>**NO SPIN CLASSES TODAY**</p>	<p>12</p> <p>9:00-10:00 Water Exercise - Metz Pool</p> <p>10:00-10:30 Beginner Spin Class</p> <p>10:00-11:00 Water Exercise - Metz Pool</p> <p>11:00-11:45 Seated Strength & Balance</p> <p>12:00-1:30 Eat & Educate Presentation by Kris Weir</p> <p>1:00-3:00 Mahjong Lessons</p>	<p>13</p> <p>8:30-10:00 Breakfast & BINGO \$6</p> <p>9:00-11:30 Stained Glass \$5</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>11:00-11:45 Cardio Drumming VIDEO</p> <p>1:00-2:30 Arm Chair Travel~ IRELAND</p> <p>2:00-3:00 Senior Spin Class 1</p> <p>3:00-4:00 Senior Spin Class 2</p>
<p>18</p> <p>9:00-10:00 Water Exercise - Metz Pool</p> <p>9:00-11:30 Stained Glass \$5</p> <p>10:00-11:00 Strength & Cardio VT</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p> <p>2:00-3:00 Senior Spin Class 1</p> <p>3:00-4:00 Senior Spin Class 2</p>	<p>19</p> <p>ALL SITES CLOSED TODAY</p> 	<p>20</p> <p>9:00-11:30 Stained Glass \$5</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>11:00-11:45 Cardio Drumming VIDEO</p> <p>12:00-2:00 Lunch & Movie "The Ride"</p> <p>2:00-3:00 Senior Spin Class 1</p> <p>3:00-4:00 Senior Spin Class 2</p>
<p>25</p> <p>9:00-10:00 Water Exercise - Metz Pool</p> <p>9:00-11:30 Stained Glass \$5</p> <p>10:00-11:00 Strength & Cardio VT</p> <p>11:00-12:00 Gentle Stretch Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p> <p>2:00-3:00 Senior Spin Class 1</p> <p>3:00-4:00 Senior Spin Class 2</p>	<p>26</p> <p>9:00-11:00 Water Exercise - Metz Pool</p> <p>10:00-10:30 Beginner Spin Class</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Seated Strength & Balance</p> <p>1:00-3:00 Mahjong Lessons</p> <p>5:00-7:00 DINE NITE OUT — Chester Tavern</p>	<p>27</p> <p>9:00-11:30 Stained Glass \$5</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>11:00-11:45 Cardio Drumming</p> <p>12:00-2:00 Lunch and BINGO</p> <p>1:00-2:30 Arm Chair Travel~ IRELAND</p> <p>2:00-3:00 Senior Spin Class 1</p> <p>3:00-4:00 Senior Spin Class 2</p>

Recreation/Education Coordinator
Christine Bacon 440-279-2163

Rec/Ed Assistant
Jeannie Molzon 440-279-2183
Valerie Garland 440-279-2163

I&R Assistant: Debbie M.

Stained Glass Class Appts:
Call Don Trask 440-759-9691

Featured Event of the Month

Mindfulness Mondays Join us for a weekly program beginning June 9th and continuing thru June 30th. Each Monday we will have lunch together (Meal of the Day) while learning about The power of Mind over Body. This 12 part series is through the Great Courses Plus. There will be 3 lectures per week for the four consecutive Mondays. Sign up required by the Monday prior to each class. Call to sign up 440-279-2163

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Parkinson's Support Group

Tuesday, June 17th at 12:30 p.m.

Chardon Senior Center, 470 Center St., Bldg. 8, Chardon

Mental Wellness Essentials for Parkinson's - A Davis Phinney Foundation Webinar with Dr. Greg Pontone, MD, MHS. We will watch the pre-recorded webinar with Dr. Pontone as he explores the topic of mental wellness and addresses common challenges such as anxiety, depression, apathy, anger and evidence-based strategies and treatment options to help..



Walking for Wellness - New Day & Time for Summer Walks!

Every Thursday at 9 a.m.

Join the Geauga County Department on Aging and UH Geauga for our "Walking for Wellness" program. Walking has shown to help with weight management, reducing stress, and increasing energy levels. This group focuses on keeping a steady pace, and our goal is 3 miles each walk. Call Melissa Wheeler at 440-279-2167 with questions.



Geauga Walkers

All walks begin promptly at 1:00.

All walks begin promptly at 1:00. * A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules."

Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
6/3*	Claridon Woodlands 11383 Claridon-Troy Road, Claridon Twp, North of Rt 322. Summer Picnic; Walk @ 12:00; Eat @ 1:00"
6/10	The Hickory Trail John Seese Community Gardens, 9622 Darrow Road (Rt 91), Twinsburg
6/17*	Chickagami Park 17957 Tavern Road (Rt 168), between Rt 422 & Nash Rd, Parkman
6/24	South Chagrin Reservation Henry Church (Squaw) Rock, Miles & River Roads Entrance, Bentleyville

DATE	PARK
6/5	Scenic River Retreat 10900 Mayfield Rd, Chardon
6/12	Holbrook Hollows 7250 Country Lane, Bainbridge
6/19	Veteran's Legacy Woods 14085 Ravenna Rd, Newbury
6/29	SPECIAL WALK @ 10:00am Headlands Dunes State Nature Preserve 9601 Headlands Rd, Mentor 44060 Afterwards, Lunch at Scooter's Famous Dawg House (9600 Blackbrook Rd, Mentor 44060)

Free Lunch and a Movie

Thursday, June 5th from 12:00-2:30 p.m.

West Geauga Senior Center (8090 Cedar Road, Chesterland)

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. Due to very limited space, and to ensure a fun experience for all, registration is required by calling 440-214-3180.

Simple Cooking with Heart – Reading Nutrition Labels

Wednesday, July 16th

Conference Center at UH Geauga Medical Center (13207 Ravenna Rd, Chardon 44024).

Please join the Department on Aging and UH Geauga Medical Center for a healthy, hands-on cooking demonstration presented by registered Dietician Stephanie and Executive Chef Joe. "Reading Nutrition Labels" presentation at 3:00 p.m., followed by the cooking demonstration that includes a complementary dinner. Space is limited

SENIOR COMMUNITY EVENTS

For more information on any event, call the Geauga County Department on Aging at 440-279-2167.

Daytime Senior Book Discussions

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Sandy McLeod at 440-279-2137. Discussion books are available to loan at hosting Library's front desk, call to have them reserve a book for you!

- **June 4 (1st Wednesday) 11:30 a.m. - 12:30 p.m.** at Geauga West Library, followed by lunch. **Discussing:** *Verity* by Coleen Hoover
- **June 12 (2nd Thursday): 1:30 - 3:00 p.m.** at Burton Library. **Discussing:** *Sandwich* by Catherine Newman.

Bike Trip & Lunch: Western Reserve Greenway Trail

Tuesday, June 24th at 9:30 a.m.

Meet at the Austinburg Parking Lot (next to Jewel's Dance Hall – 1770 Mill St, Austinburg 44010) and we will bike south on the Western Reserve Greenway Trail and back. This will be approximately 16 miles round trip. After our ride, we will head to Cask 307 (7259 Warner Rd, Madison 44057) to grab a bite to eat. Lunch is on your own. Please RSVP by calling Melissa Wheeler at 440-279-2167.

Parade of Homes – Bus Tour

Tuesday, July 22nd at 9:00 a.m.

“We’ve Got Your Care Covered” in Geauga County

On this informative tour, we will be exploring the Rehab facilities available to you throughout the county. You will learn what your options are in case you ever need additional care for an injury, or therapy. For added pleasure, this tour also includes a progressive lunch! Please choose the pickup location of your choice by selecting the Bus Tour group that interests you most. Transportation is provided, so please be at the corresponding location by 8:45 a.m. to board your bus. We will depart at 9:00 a.m.

Bus # 1: Depart from Chardon Senior Center (470 Center St, Chardon): Chardon Health Care, Mapleview Country Villa, Chardon Woods & Ohman Family Living at Holly.

Bus # 2: Depart from Newbury Post Office Plaza (10756 Kinsman Rd, Newbury): Eliza at Chagrin Falls, Ohman Family Living at Holly, Ohman Family Living at Briar, and Burton Health Care. You must RSVP by calling Melissa Wheeler at 440-279-2167.

CWRU Siegel Lifelong Learning Speaker – Picasso: The Man and His Art

Tuesday, July 8th at

Ohman Family Living at Holly
(10190 Fairmount Rd, Newbury)

Breakfast will be served at 9:30am, followed by the lecture **“Picasso: The Man and His Art”** beginning at 10:00 a.m. Presented by Carol Salus, PhD, Professor at Kent State University. Pablo Picasso led a star-studded life through his nine decades. We will examine key examples from his prolific career, revealing the autobiographical nature of his art. We will learn of his love for Spain, some of his fears and the beautiful muses who inspired his work. Through a selection of his paintings, drawings, sculpture, and ceramics, we will uncover the incredible depth and mastery of his creativity and vision.

Cost: \$15 for members, \$20 non-members.

Registration is required by visiting www.case.edu/lifelonglearning or calling 216-368-2090. You may also pay the day of the event but need to RSVP by calling Dawn at 440-632-3653.

Diabetes Support Group – Foot Care

Tuesday June 17th at 2:00 p.m.

Chardon Senior Center, 470 Center St., Building 8, Chardon.

Learn how to prevent and manage foot care complications caused by diabetes. We will discuss things such as nerve damage, poor circulation and ways you can prevent or prolong damage. Find out how to wash, trim and protect your feet and when to see a doctor.

Geauga Cyclists

Every Tuesday at 9:00 a.m.

The Department on Aging will be holding weekly bicycle rides every Tuesday at 9:00 a.m. for senior citizens. Meet at Eagles Baseball Field on Park Avenue in Chardon. We ride southeast on the Maple Highland Trail and back between 10-15 miles.

You must bring your own bike and have transportation to the park. Please wear helmets for safety, carry water, and follow park etiquette.



BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

Movie Matinee

Every Monday, Bainbridge Senior Center offers a lunch and movie at noon., free of charge. June's theme is Baseball. Reservations are not required but encouraged to ensure a meal for all attendees.

- 6/2 **A League of their Own** –
1992, Geena Davis/Tom Hanks/Madonna
- 6/9 **The Bad News Bears** –
1976, Walter Mathau, Tatum O'Neal
- 6/16 **Angels in the Outfield** -1951, Janet leigh
- 6/23 **The Sandlot** – 1993
- 6/30 **Field of Dreams**, 1989, Kevin Costner

Alzheimer's and Dementia Caregiver Support Group

Wednesday, June 11, 1:30 - 3:00 p.m.

The Alzheimer's Association will conduct a Caregiver Support Group Call 440-279-1313 to sign up!

NEW! - Drawing with Matt

June will be June 3 and June 17 from 1:00-2:30 p.m.

Learn the fundamentals of drawing as Matt guides you through Mark Kistler's How to Draw book. Learn some simple techniques to level-up your drawing skills with Matt at BSC! \$5.00 p/person Materials included.

Call 400-279-1313 to register - Spots are limited! Classes will continue bi-weekly through July and August too!

NEW! – Geauga County Public Library Bookmobile

June 10 and June 24 from 12:00-12:30

A librarian will be on-site to suggest books and offer a curated selection of library materials for you to browse. You can also place requests for specific items, all while enjoying the free coffee and snacks!

Reliable Nurse Footcare

Monday, June 16

Jen Vanek is back and taking new clients. Call 216-956-0293 to book an appointment!

Karaoke with Matt

Every Monday from 2:30 - 3:30 PM at BSC. Come sing your heart out and join in the fun or just come to enjoy the show

Chair Massage Monday

Every Monday starting at 12:30 p.m. at BSC Relax and unwind! Appointments required, \$15 per person.

Line Dancing

Every Wednesday from 10:30-11:30 a.m.

Brush up your moves for the upcoming spring wedding season and/or learn new dances at Bainbridge Senior Center! This is a "drop in" program – so need to register, just come on down!

BSC Big Breakfast

Big Breakfast Join BSC for our monthly big breakfast. Veterans and May birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Veggie and Sausage Strata. *Donuts Provided by ACCAA* Please RSVP by Friday, 6/20

Board Game Fun at BSC

Every Thursday from 1:30 - 3:30 p.m.

Gather your friends for some friendly competition and tons of laughs!

Free Lunch & Learns

Monday, June 16

Mobility Plus will provide a free Lunch and Learn at Bainbridge Senior Center to discuss ways to stay in your home for longer and stay mobile and healthy! Registration Required before 6/13

Fisher's Geodes and Gems Pop-up Shop

Immediately following Big Breakfast on 6/26, 10-yr-old entrepreneur, Fisher will provide an informative presentation on geodes and gems as well as having items for sale! Call 440-279-1313 to register (for one or both) the Big Breakfast and Fisher's presentation!

Summer Cookout Party

Friday, June 6, Noon - 2:30 p.m.

Join us for an afternoon of delicious food, great music, and even better company! -Hot Dogs & Homemade Sides, – Potluck Dessert Table – Bring a Treat to Share if you'd like! -Live Music by Mick & Rick – Playing Your Favorite Oldies! Let's kick off summer with laughter, food, and dancing in the sun! \$10.00 per person, registration required!

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

Art Club

Tuesday, June 10, at 1 p.m.
at the Chardon Senior Center.

Amber from Ariel Inspired Art Studio and Gallery will be joining us again due to popular demand! This month's project is garden stones. Cost is \$35. An example picture is available at Chardon Senior Center.

Geauga Seniors Art and Craft Showcase – Museum Day

Friday, June 27, from 11 a.m. to 1 p.m.
Chardon Senior Center

We have many, many, many talented crafters and artists in our Geauga Senior community, and we will be showcasing their work. Come view the works, museum style, and mingle with the artists. A light lunch will be available along with the showcase, so registration is required by June 6. Would you like to be one of our crafters or artists on display? Call Becky O'Reilly at 440-279-2131 by June 6.

The All-American Game Show Extravaganza and Indoor Picnic

Tuesday, July 1, from noon to 2 p.m.

Join us for lunch and game-show-inspired games, with a chance to win fabulous prizes donated by the community! The format is similar to Bingo-Pa-Looza, so if you enjoy that event, you'll love this one! Cost is \$5, which includes refreshments at our mocktail bar.

Lunch and Learn with Geauga Park District

Friday, July 25, from 12 p.m. – 1:30 p.m.

By land, sea and air, insects are everywhere! Discover the world of insects and other “bugs” all around us. Learn which ones we can't live without and some of their unusual body parts of the life cycle. Register by July 11 at 440-279-2126. This is a free event and includes lunch.



Wahoo Wednesdays Casual Chat and Coffee Hour

Wednesdays from 8 a.m. – 9 a.m.
Join us for a casual discussion about the Cleveland Guardians.



Social Worker Appointments

Geauga County Department on Aging Social Service Worker, Kim, will be available to see clients the first Friday of every month from 1 p.m. to 3 p.m. Kim will be available by appointment to discuss agency resources and programs. Topics that can be discussed are:

- Medicare/Medicaid questions
- Home safety issues
- Housing assistance
- Durable medical equipment
- County medical transportation
- Program referrals

The first appointment date is Friday, June 6.

The Breakfast Club of Chardon

Thursday, June 12, at 9:30 a.m.

Join us for breakfast at Bob Evans in Chardon. Enjoy breakfast, coffee, and conversation. Cost is on your own.

Energy 101 Class

Tuesday, August 26, at 12 p.m.

Join us for a Lunch and Learn with NOPEC on Energy 101. Learn all about electric and natural gas supply, get tips on saving energy, and better understand your energy bill. As your community's energy aggregator, NOPEC is here to answer your questions and help review your bill. This is a FREE presentation, but registration is a must by calling 440-279-2126 by 8/12.

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

Lunch and Learn with UH, Geauga

Tuesday, June 24, from 12 p.m. – 1:30 p.m.

Join us for a discussion with a UH, Geauga Pharmacist on Over-the-Counter Medication Label Safety. This FREE event.

Polka Your Putt-Off Seniors Miniature Golf League

Starting Monday, June 16 and running weekly through July 7, from 10 a.m.-12 p.m.

Geauga County Department on Aging is hosting a Seniors Miniature Golf League, which will take place at Chip's Clubhouse in Chardon – weekly. The final day of the league at 12 p.m., we will have an awards ceremony and lunch at the Chardon Senior Center during a special concert with The Chardon Polka Band! \$20 per person for all 4 weeks, combined (including the concert at the Chardon Senior Center on the last day of the league).

Scrabble Club

Do you love playing Scrabble? We now have a Scrabble Club meeting every Thursday at Chardon Senior Center, beginning at 1 p.m. We have the game, you bring the skill, and together we will make the fun!

History's Mysteries Lunch and Speaker Series

Friday, July 11, from Noon to 1:00 p.m.

Kathie Doyle will present on "Strange and Odd Diseases You've Never Heard Of."

Walking Club – Walk from Chardon to Cleveland Challenge

Did you know walking is the most popular form of exercise in the U.S.? Walking not only boosts your mood but also benefits your bones, joints, and muscles. Stay active and walk with us at Chardon Senior Center (cool and indoors). As a bonus, we are launching the "Walk from Chardon to Cleveland" program. Log your mileage, and after you complete the 30-mile journey, you will receive a certificate. This free program is open to seniors Monday through Friday, 8 a.m. to 4 p.m.

Creative Cooking with Garth

Thursday, June 26, from noon to 1:00 p.m.

Join us for lunch, then learn from our volunteer Garth how to make a simple and delicious recipe. Cost is \$2 per person. Reservations required.

Birthday Bingo & Pizza Party

Friday, June 20, at 11:00 a.m.

we will be celebrating all of those having celebrated birthdays in June! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! \$5.00 per person; and June Birthdays are free! Thank you to our Bingo and Cake Sponsor, Chardon Healthcare!

Tech Help Appointments

Every Monday, from 1 to 3 p.m.

Volunteer Dwight will offer one-on-one tech appts. to help with:

- iPhones and Android phones (30-minute appts.)
- iPads, tablets, and laptops (one-hour appts.)

Sorry, no desktop computer appointments at this time.

Free. Call 440-279-2126 to schedule an appointment.

Chardon Polka Band Concert

Monday, July 7, at 12 p.m. at Chardon Senior Center

Enjoy lunch, refreshments, and our mock-tail bar, along with fun and dancing with the Chardon Polka Band! We will also be awarding those who participated in the Miniature Golf League! Come join us for this fun afternoon! \$5



Geneva on the Lake, A History of Ohio's First Summer Resort Presentation

Friday, June 6, from 1 p.m. – 2 p.m., at the Chardon Senior Center. Join us as Author, Wendy Koile, discusses her book, "Geneva on the Lake, A History of Ohio's First Summer Resort." FREE event!

MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —

Wellness with Dawn

Thursday, June 5, 2025, 11 a.m.

Getting the Most from Your Doctors Visit

Make every minute with your doctor's count by arriving prepared with questions, a list of symptoms, and a record of any medications or treatments. Clear communication and active participation can help you get the answers you need and ensure your care is on the right track.

Geauga Parks Present Insect Extravaganza

Thursday, June 26th, at 11 a.m.

By land, sea and air, insects are everywhere! Discover the world of insects and other "bugs" all around us. Learn which ones we can't live without and some of their unusual body parts and life cycles.

Friday Deck Socials

Join us every Friday in June starting at 11 a.m. to socialize on our beautiful back deck, with plenty of shade or sun you choose. Light refreshments iced tea and lemonade served. Stay for hot dogs on the grill at 12pm for lunch \$3.00.

Strawberry Festival

Thursday, June 12th, at 11 a.m.

Join us for our annual Strawberry Festival! Everything strawberry from food to Ginny and Hannahs famous games! You do not want to miss the fun. Cost only \$5.00.



Book Club

Friday, June 27, 2025, 11 a.m.

The book we will be discussing is *The Alice Network* Author: Kate Quinn. Genre Historical Fiction. Join us for light refreshments and good conversation!

CPR Overview Class

Tuesday, July 15th, 10 a.m.

This class is an overview not a certification. The class will cover CRP on adults and children. How to properly use an AED (Automated External Defibrillator) and choking. Led by instructors from University Hospitals. Wonderful way to brush up on skills or learn new ones.

Movie and Snack at Briarcliff Manor

Thursday, June 26th, at 1 p.m.

(14807 N. State Ave., Middlefield, OH)

Join the Middlefield Seniors for a movie and snack at Briarcliff Manor. Enjoy a snack while watching *The Art of Racing in the Rain* in Briarcliff's theater room.

WEST GEAUGA SENIOR CENTER EVENTS

Lunch and Movie: "The Ride"

Friday June 20th • 12:00-2:00 p.m.

Join us here at WGSC for a Hot Lunch (Meal of the Day). The Movie is "The Ride". Based on a True Story of Scottish BMX rider John Bultjens. ~After a violent, racially charged incident lands John in juvenile detention, he is finally placed with an unlikely set of foster parents, Eldridge and Marianna, an interracial couple. Eldridge makes it his mission to overcome the challenges of John's white supremacist upbringing, slowly beginning to forge a relationship through his foster son's fascination with extreme sports and BMX biking. Rooted by this newfound passion, the family builds a bond of mutual respect, love and redemption. A Truly inspirational story!! Popcorn will also be provided. FREE Event-Donations accepted for meal.

Mahjong Lessons

June 12th & June 26th, 1:00-3:00 p.m.

Are you interested in learning to play Mahjong? Have you always been curious about the game, but just never had the opportunity to learn it? IF so, WGSC is offering Lessons for anyone who would like to learn to play this fun and popular game. We will be offering classes to learn the basics of how to play American Mahjong. Additional dates/classes will be added as needed if interest is consistent. Instructor will be Christine Bacon, along with seasoned players from our Mahjong group. FREE CLASSES

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163. to register or with any questions. —

Never Ending Knowledge Series

Wednesdays, 1:00-2:30 p.m. (three 30-minute lectures)

Light snacks and refreshments provided.

REGISTRATION IS REQUIRED 440-279-2163

History of Ancient Egypt:

June 4th:

1. The Rise of the Old Kingdom
2. Sneferu, the Pyramid Builder
3. The Great Pyramid of Giza

June 18th:

1. The End of the Old Kingdom
2. The First Intermediate Period
3. The Middle Kingdom-Dynasty XI

June 25th

1. The Middle Kingdom Dynasty XII
2. The Second Intermediate Period
3. Joseph in Egypt

Lunch & Bingo

Friday June 27th 12:00-1:30 p.m.

Join us for a Hot Lunch (meal of the day), followed by 90 minutes of BINGO!!! There will be nice prizes and lots of fun if you are a BINGO enthusiast! Registration Deadline is June 17th by 2:00pm. FREE Event, Donations for meal will be requested at lunchtime.

Diamond Art Class

Every Monday-Ongoing Class 1:00-3:00 p.m.

Join us for this Class, you can be a beginner, and start with a small simple project for \$5, or if you are more advanced, you may want to purchase larger Intermediate level projects. There are many different projects available, Cost Varies per project, \$5 up to \$20. You may also already have a project you are working on, so just bring it with you. Register One week Prior to each Class. Adaptive equipment available. Payment due when you choose/ receive your project.

Geauga Parks Presentation

Monday June 16, 11:00-12:00 noon.

Join us for a Presentation from a Geauga Parks Naturalist titled "Insect Extravaganza!" By land, sea and air, insects are everywhere! Discover the world of insects and other "bugs" all around us. Learn which ones we can't live without and some of their unusual body parts and life cycles. If you would like to stay and have a hot lunch after, just let us know when signing up for the program. Orders for lunches need to be made by June 10th.

Mindfulness Mondays

Four Mondays in June – 9th, 16th, 23rd, & 30th
12:00-1:30 p.m.

Join us for our hot lunch (meal of the Day), along with an educational program from the Great Courses plus. **The Power of Mind Over Body**, presented by Jo Marchant PHD in genetics & Medical Microbiology. Dr Marchant will dive into the science behind the Brain-Body connection to help you understand how our moods, mental states, and the circumstances of our lives impact us in both sickness and in health This course just might make you re-think the way you look at both medicine and healing. Call to sign up for this series at 440-279-2163. Deadline meal reservation for each week is the Monday one-week prior to your selected classes. If you wish to attend the presentation/Lectures ONLY, you may sign up anytime prior to the date of the program.

DINE NITE OUT with your WG Friends

Thursday June 26th: 5:00-7:00

Come and join your friends for a dinner out at Chesterland Tavern on Mayfield Rd. Enjoy good food, social time, and relaxing with friends Cost is on your own, sign up deadline is June 23rd. Meet up at 5:00pm, ask for Christine with the WGSC. Call 440-279-2163 to sign up.

Eat & Educate (Massetherapy & Bodywork Knowledge

Thursday June 12, 12:00-1:30 p.m.

Join us here at WGSC for a hot Lunch followed by a Learning Presentation with Kris Weir of Body, Mind & Soul here in Chesterland. Kris is an OH State Licensed Massage Therapist (LMT), Reiki Master/Teacher (RMT), and NAET (Allergy Elimination Practitioner). She has over 30 years of experience in the massage profession, over 15 years as a Reiki Master, and 3 years as a NAET practitioner. She will present various lifestyles and possible injuries, demonstrate and discuss ways to avoid said injuries and how to care for yourself if you do get one (muscle pull, strain, etc). The session will include demonstration, discussion, and group participation. This is a fun, information-filled session, and she is looking forward to sharing her bodywork knowledge with the community. RSVP by June 3rd if you want the hot meal, or you can sign up for the presentation ONLY, which has a deadline of June 10th 440-279-2163.

Geauga Menu June 2025

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
BREADED FISH TATER TOTS GREEN BEANS FRESH FRUIT WG CORNBREAD LOAF TARTAR SAUCE & KETCHUP PC	TOMATO BASIL CHICKEN PASTA W/ SPAGHETTI SAUCE 1/2 C CAPRI BLEND VEGETABLES FRUIT CUP DINNER ROLL	BONELESS WINGS - 6 CARROTS BAKED BEANS APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	STUFFED GREEN PEPPERS W/ SPAGHETTI SAUCE 1/4 C MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	SALISBURY STEAK W/ GRAVY RICE – ½ CUP SWEET CORN CARROTS FRUIT CUP BREAD
9	10	11	12	9
JUMBO RAVIOLI w/SPAGHETTI SAUCE 1/4 C YELLOW SQUASH MIXED VEGETABLES FRUIT CUP DINNER ROLL	TURKEY BURGER ROASTED POTATOES BROCCOLI APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	SWEDISH MEATBALLS w/NOODLES BROCCOLI CARROTS APPLESAUCE CUP BREAD	CHICKEN SALAD COLE SLAW THREE BEAN SALAD FRUIT CUP WG HAMBURGER BUN	MEATLOAF W/GRAVY MASHED POTATOES GREEN PEAS APPLESAUCE CUP BREAD
16	17	18	19	20
MACARONI & CHEESE BROCCOLI SWEET CORN FRUIT CUP APPLE-CINNAMON MINI LOAF	STUFFED GREEN CABBAGE w/SPAGHETTI SAUCE 1/4 C GREEN BEANS MASHED POTATOES FRUIT CUP BREAD	BURGER WITH CHEESE ROASTED POTATOES BAKED BEANS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	All Sites CLOSED	GRILLED CHICKEN BREAST GREEN PEAS DICED CARROTS ESCALLOPED APPLES WG HAMBURGER BUN MAYO PC
23	24	25	26	27
TERIYAKI CHICKEN W/ VEG FRIED BROWN RICE – 1 CUP BROCCOLI APPLESAUCE CUP	MEATBALLS w/PASTA w/SPAGHETTI SAUCE 1/2 C MIXED VEGETABLES FRUIT CUP BREAD	BREADED CHICKEN PATTY BAKED BEANS SWEET CORN FRUIT CUP CHEEZ-ITS BBQ CUP	SLOPPY JOE TATER TOTS CARROTS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC/ MUSTARD PC	BBQ CHICKEN BREAST RICE – 1/2 CUP GREEN BEANS SWEET POTATOES APPLESAUCE CUP WG CORNBREAD LOAF
30				
BREADED FISH TATER TOTS GREEN BEANS FRESH FRUIT WG CORNBREAD LOAF TARTAR SAUCE & KETCHUP PC				

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

This institution is an equal opportunity employer. Menu Subject to Change.

Heating Assistance Available

Application Deadline: May 31, 2025

The Ohio Department of Development and Geauga County Department on Aging want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to seven members and 60% of State Median Income for a household of eight or more members to pay their heating bills.

Applied directly to the customer’s utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- **Most recent utility bills.**
- **A list of all household members (including birth dates and Social Security numbers).**
- **Proof of income for the past 30 days for all household members (12 months for certain income types).**
- **Proof of U.S. citizenship or legal residency for all household members.**
- **Proof of disability (if applicable).**

HEAP benefits are applied to an individual’s energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2025.

For more information or assistance with applying for a HEAP benefit, contact Geauga County Department on Aging at (440) 279-2130.

To be connected to your local Energy Assistance Provider, call 800-282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energyhelp.ohio.gov.

Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application! Medicare Savings Programs (MSPs) and Extra Help

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits) Qualified Disabled & Working

Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

QMB			SLMB			QI			EXTRA HELP		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,325	\$9,660	Single	\$1,585	\$9,660	Single	\$1,781	\$9,660	Single	\$1,976	\$17,600
Married	\$1,783	\$14,470	Married	\$2,135	\$14,470	Married	\$2,400	\$14,470	Married	\$2,664	\$35,130

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,791.90 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

Contact a Geauga Department on Aging Social Worker for assistance with your Application!

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____ Location: _____
Cost: _____ Amount Enclosed _____ Event Date (s) _____
Name: _____ Phone: _____
Address: _____ City/Zip: _____
Emergency Contact _____ Phone # _____
Registered with GDA for 2025? Yes ____ No ____
Other Information: (menu or leave from options) _____
Internal use - Date Received _____ Staff Initials _____ Receipt # _____

Event: _____ Location: _____
Cost: _____ Amount Enclosed _____ Event Date (s) _____
Name: _____ Phone: _____
Address: _____ City/Zip: _____
Emergency Contact _____ Phone # _____
Registered with GDA for 2025? Yes ____ No ____
Other Information: (menu or leave from options) _____
Internal use - Date Received _____ Staff Initials _____ Receipt # _____

In consideration of acceptance into the above-referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents, and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials, and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program and agree to abide by all rules and requirements of the program.

I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it.

I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____
Signature of Participant Date

Refund Policy for the Geauga Department on Aging

The Department of Aging will no longer issue refunds for programs and events to honor our commitment to our vendors and transportation companies. When signing up for programs and events, you become responsible for the reservation. If you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place, you must contact the Department on Aging with the individual's name and contact information.

In the unusual event that the Department on Aging cancels an event, we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
12611 Ravenwood Dr., Suite 200
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
440-279-2130 JUNE 2025

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

2025 Geauga County Depart. on Aging **Trash Pick-Up Days!**

Local townships, villages and city road crews will again work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors Garages and yards during locally scheduled pick-ups. Seniors must be registered with the Department on Aging for 2025 one week prior to the pick-up to be placed on the pickup list. To register for the trash pick-ups, call (440) 279-2130.

Auburn Twp (100)	June 5-6
Huntsburg Twp	June 5-6
Newbury Twp	June 9-11
Parkman Twp	June 16-17
Troy Twp	July 24-25
Village of Middlefield	Aug 14
Chesterland Twp	Sept. 8-10
City of Chardon	Sept. 26
Middlefield Twp	Oct 1-2

PLATINUM PATRONS

The Stone Family
in memory of Dale & Joan Spangenberg

Members of Newbury Class of 1956

The Bramley Family
in memory of Jim & Joy Bramley
& Rob Warren

Daniel & Gwenn Brown
Alan and Peggy Bialosky

G Rae Peck
in memory of Sigmund S Peck

The Leon Wilson Family
in memory of Annamae & Leanne

Burton Class of 1957/Joan & Michael Fath
in Memory of Betty Stewart

To become a PLATINUM Patron for a year, submit \$110 -
Please make checks payable to The Geauga County Department
on Aging and write Newsletter in the memo.