

The Geauga Senior News



Geauga County Department on Aging

July 2025

Geauga Senior Technology Expo

Embracing the Digital Age

Friday August 15, 2025
10:00 a.m. - 2:00 p.m.

Berkshire High School
14155 Claridon Troy Rd
Burton, Ohio 44021

Technology Speakers on the Following Topics:

You Tube: As a learning hub, a place to find information, and entertainment.

Senior Friendly Apps: We've done the work for you. A discussion on the best apps with seniors in mind!

Cyber Security: Phishing, cyber scams and security of online banking & shopping.

Staff and volunteers will be onsite to provide one-on-one technology help with your smart phones, tablets, apps, and more. A variety of vendors will be able to help you individually connect or understand the current technology that is out. Lunch is sponsored by UH Geauga. Door prizes provided by the vendors. Don't let this opportunity pass you by! Free to Geauga County Senior Citizens registered with GDA. You must RSVP for this event by calling the Department on Aging at 440-279-2130.



Grandparent's Day!

Wednesday, July 30th • 10:45 a.m. - 2:00 p.m.

Join us this summer for our annual Grandparent's Day. Bring the grandkids to Claridon Woodlands Park (11383 Claridon Troy Rd, Chardon) for a fun-filled day of entertainment and lunch!

Karie, from Geauga Park District, will start the morning with nature activities, then a picnic style lunch will be served

After lunch, Dr. U.R. Awesome will join us for bubble demonstrations and interactive show. He has several Guinness

World Records with bubbles! There is no better way to express the joy of togetherness by having this friendly creative bubble fest!

Cost is \$10 per person, kids aged 2 and under are free.

Call Melissa at (440) 279-2167 for questions.



Parade of Homes – Bus Tour

Tuesday, July 22nd at 9:00 a.m.

“We’ve Got Your Care Covered” in Geauga County

On this informative tour, we will be exploring the Rehab facilities available to you throughout the county. You will learn what your options are in case you ever need additional care for an injury, or therapy. For added pleasure, this tour also includes a progressive lunch! Please choose the pickup location of your choice by selecting the Bus Tour group that interests you most. Transportation is provided, so please be at the corresponding location by 8:45 a.m. to board your bus. We will depart at 9:00 a.m.

Bus # 1: Depart from Chardon Senior Center (470 Center St, Chardon): Chardon Health Care, Mapleview Country Villa, Chardon Woods & Ohman Family Living at Holly.

Bus # 2: Depart from Newbury Post Office Plaza (10756 Kinsman Rd, Newbury): Eliza at Chagrin Falls, Ohman Family Living at Holly, Ohman Family Living at Briar, and Burton Health Care.

You must RSVP by calling Melissa Wheeler at 440-279-2167.



In this Issue

Geauga Senior Technology Expo,
Grandparents Day and Parade of Homes..... 1
 Trash Pick Up Days2
 Vetrean’s Pantry2
 Senior Community Events3
 Senior Community Calendar..... 4-5
 Bainbridge Senior Center Calendar 6-7
 Chardon Senior Center Calendar..... 8-9
 Middlefield Senior Center Calendar 10-11
 West Geauga Senior Center Calendar 12-13
 Senior Community Events 14-15
 Bainbridge Senior Center Events16
 Chardon Senior Center Events 17-18
 Middlefield Senior Center Events19
 West Geauga Senior Center Events..... 19-20
 Monthly Menu21
 Geauga Young at Heart.....22
 HEAP/PIPP changes22
 Medicare Program.....22
 Event Registration Form.....23
 Veteran’s Resource Fair23
 Platinum Patrons24

Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,200 hard copy and 700 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age of older, call (440) 279-2130. *Let us know if you have a change of address.*

BOARD OF COMMISSIONERS

Geauga County Ohio
JAMES W. DVORAK
CAROLYN BRAKEY, Esq
RALPH SPIDALIERI

LEADERSHIP TEAM

Jessica Boalt – Director
Reba Dykes - In-Home Services Manager
Sandy McLeod – Senior Centers Manager
Karen M. Stone – Administrative Services Manager

2025 Geauga County Depart. on Aging Trash Pick-Up Days!

Local townships, villages and city road crews will again work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors Garages and yards during locally scheduled pick-ups. Seniors *must be registered* with the Department on Aging for 2025 one week prior to the pick-up to be placed on the pickup list. Call (440) 279-2130 for more information on the pick ups and/or to register.

Troy Twp	July 24-25
Village of Middlefield	Aug 14
Chesterland Twp	Sept. 8-10
City of Chardon	Sept. 26
Middlefield Twp	Oct 1-2



Geauga County Veteran Food Pantry

Serving those who have served

Welcome to a pantry **exclusively for veterans and their families**. As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

At our pantry, we offer:

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

Our geedunk—Navy slang for social room—provides fresh coffee and Maggie’s treats, along with a complimentary luncheon on the last Friday of each month.

There is no charge for veterans or their families.* This is our way of giving back to those who have given so much.

To register, call Geauga County Veterans Services at 440-279-1860.

To register, please call Geauga County Veterans Services at 440-279-1860. *Services are income/need based.

SENIOR COMMUNITY EVENTS

West Geauga KIWANIS CLUB will be hosting the Summer concert series

Beginning on July 9 on Wednesdays at 7:00 p.m., for 7 weeks at the Chesterland Gazebo at the corner of Rt. 306 and Mayfield Rd.

July 9 — The Prime Time Big Band

July 16 — RockAbility

(a band made up of special needs musicians and Kiwanis Aktion Club will be there as well.)

July 23 — Livewire

July 30 — The Swamp Rattlers,

August 6 — Out of Control,

August 13 — The Great Geauga County Fair Band,

August 20 — Ted Riser

Cuisine & Culture: Asian Lantern Festival at the Cleveland Zoo

Friday, July 25th

Depart Chardon Senior Center (470 Center St, Building 8, Chardon) at 4:00 p.m. and head to West Geauga Senior Center (8090 Cedar Rd, Chesterland). At 4:30 p.m., come inside and enjoy an Asian dinner. Afterwards, we will travel to Cleveland to visit the Asian Markets. We will shop from 6:00-7:00 p.m. Finally, we will depart for the zoo to see the Asian Lantern Festival from 7:30-10:00 p.m. This will be a self-guided walking tour through the zoo. Return to West Geauga SC at approximately 10:30 p.m. and Chardon SC at 11:00 p.m. Please indicate pick-up location on your registration form. \$55 per person.

Bike Trip & Lunch: Valley Parkway Trail – Lakewood to North Olmstead

Tuesday, July 29th at 10:00 a.m.

Meet at Emerald Necklace Marina (1500 Cleveland Metro Park Dr., Lakewood) and our ride will begin at 10:00am. We will ride south from the Marina to the Rocky River Nature Center and back on the Valley Parkway Trail. This is approximately 20 miles round trip on pavement. Afterwards, we will return to Emerald Necklace Marina for lunch around 12:00 p.m. Lunch is on your own. Please RSVP by calling Melissa Wheeler at 440-279-2167

Cuisine & Culture: West Side Market Trip

Wednesday, August 20th

Depart West Geauga Senior Center (8090 Cedar Rd, Chesterland) at 9:30 a.m. or Bainbridge Senior Center (17751 Chillicothe Rd, Chagrin Falls) at 10:00 a.m. for the West Side Market in Cleveland. Bring a cold bag for your purchases. Arrive at Cleveland's oldest market at 10:45 a.m. It is home to 100 vendors offering meats, seafood, fruits, vegetables, baked goods, dairy, flowers, ready-to-eat foods, spices and nuts. Shop at your leisure then enjoy lunch on your own, we'll pass out a list of restaurants on the bus. Please indicate pick-up location on your registration form. \$25 per person. Questions? Call Melissa Wheeler at 440-279-2167.

Kimberly Akimbo – Playhouse Square

Tuesday, July 15th

In conjunction with Geauga Young of Heart. Depart West Geauga Plaza by Chase Bank (12644 W Geauga Plaza, Chesterland) at 4:00 p.m. or Tanglewood Square by Verizon (8560 Bainbridge Rd, Chagrin Falls) at 4:30 p.m. Arrive at BJ's Restaurant Brewhouse at 4:45 p.m. for a dinner buffet. Menu includes: Parmesan Crusted Chicken, Deep Dish Ziti, House Salad, Steamed Broccoli, non-alcoholic beverage of choice, and dessert. After dinner, head to Playhouse Square for the performance of "Kimberly Akimbo" at 7:30 p.m. Return to Bainbridge at approximately 10:30 p.m. and Chesterland at approximately 11:00 p.m.

About the Performance: "A new musical about growing up and growing old" (in no particular order), KIMBERLY AKIMBO is the winner of 5 Tony Awards including BEST MUSICAL. Kimberly is about to turn 16 and recently moved with her family to a new town in suburban New Jersey. In this "howlingly funny heartbreaker of a show" (The New Yorker), Kim is forced to navigate family dysfunction, a rare genetic condition, her first crush ... and possible felony charges. Ever the optimist, she is determined to find happiness against all odds and embark on a great adventure."

\$140 per person – Checks made out to Geauga Young of Heart, but can be mailed to the Department on Aging or turned into your local senior center. Please indicate pick-up location on registration form.

Questions? Call Kimber DeMauro at 440-668-3293

Lunch with the Curator

Tuesday, July 1st - 12:00 p.m.

Held at Century Village Auburn Church (14653 East Park St.). **Topic: Hats Thru History.** The journey of women's hat fashion is a testament to their role as symbols of empowerment, creativity, and identity throughout history. As social norms continue to evolve, so will the styles and significance of women's hats, ensuring their place within the fashion landscape for years to come. Hats remain more than just functional accessories; they are potent symbols of personal expression and cultural identity. *Presented by* Carane Ladd & Cindy Hopkins. Box lunch can be provided for an additional \$5. Call Sandy McLeod to RSVP. \$5 at the door.

Free Lunch & Movie

Thursday, July 3rd - 12:00 p.m.

UH Geauga Age Well Be Well Program. Free.

Thompson Square Concert

Tuesday, July 8th at 7:00 p.m.

Held on Thompson Square (6740 Madison Rd, Thompson). Big North Band (Country Music) will be the band for July. Well-behaved pets are welcome. The Geauga Department on Aging will be set up with a table for seniors to stop by and learn about our services and senior center programs. Refreshments available by local organizations for a donation. Bring your own lawn chairs to sit and enjoy the music! Free.

Valley Parkway Bike Trip

Tuesday, July 29th at 10:00 a.m.

Meet at Emerald Necklace Marina (1500 Cleveland Metro Park Dr., Lakewood). We will ride south from the Marina to the Rocky River Nature Center and back on the Valley Parkway Trail. This is approximately 20 miles round trip on pavement. Afterwards, we will return to Emerald Necklace Marina for lunch around 12:00 p.m. Lunch is on your own. Please RSVP by calling Melissa Wheeler at 440-279-2167.

Balance Exercise Classes

Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person and live on Microsoft Teams.

Geauga Walkers & Walking for Wellness

Geauga Walkers & Walking for Wellness Monthly schedules are posted in the newsletter for locations. If you would like a schedule for the year/quarter, call Melissa Wheeler at 440-279-2167.



Geauga County
Department on Aging

JULY 2025

MONDAY		TUESDAY	
BL Burton Library CSC Chardon Senior Center GW Geauga West Library GCOB Geauga County Office Building JND Jennings at Notre Dame Village OBR Ohman Family Living at Briar OH Ohman Family Living at Holly OS Off-site VT Virtual Teams (Online) WG West Geauga Senior Center			1
	9:00-10:30 Geauga Cyclists OS 11:00-12:00 Balance Exercise CSC & VT 12:00-1:00 Lunch w/ Curator OS 1:00-2:30 Geauga Walkers OS		
9:30-11:00 Parkinson's Boxing CSC	7	9:00-10:30 Geauga Cyclists OS 9:30-11:00 Siegal Lifelong Learning OH 11:00-12:00 Balance Exercise CSC & VT 1:00-2:30 Geauga Walkers OS 7:00-8:30 Thompson Square Concert OS	8
9:30-11:00 Parkinson's Boxing CSC	14	9:00-10:30 Geauga Cyclists OS 11:00-12:00 Balance Exercise CSC & VT 12:30-1:30 Parkinson's Support CSC 1:00-2:30 Geauga Walkers OS 2:00-3:00 Diabetes Support Group CSC 4:00-11:00 Kimberly Akimbo Trip OS	15
9:30-11:00 Parkinson's Boxing CSC	21	9:00-10:30 Geauga Cyclists OS 9:00-3:00 Parade of Homes Trip OS 11:00-12:00 Balance Exercise CSC & VT 1:00-2:30 Geauga Walkers OS	22
9:30-11:00 Parkinson's Boxing CSC	28	10:00-1:30 Bike Trip OS 11:00-12:00 Balance Exercise CSC & VT 1:00-2:30 Geauga Walkers OS	29




SENIOR COMMUNITY EVENTS

Geauga County
Department on Aging

WEDNESDAY

THURSDAY

FRIDAY

2	<p>NO PARKINSON'S BOXING TODAY</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>11:30-12:30 Book Discussion GW</p>	3	<p>9:00-10:30 Walking for Wellness OS</p> <p>12:00-2:30 Lunch & Movie WG</p>	4	 <p>ALL SITES CLOSED TODAY</p>
9	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>	10	<p>9:00-10:30 Walking for Wellness OS</p> <p>1:30-3:00 Book Discussion BL</p> <p>6:00-7:00 Garden Party OBL</p>	11	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC</p>
16	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Simple Cooking with Heart OS</p>	17	<p>9:00-10:30 Walking for Wellness OS</p> <p>9:00-12:00 GPD Elderberries OS</p>	18	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
23	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>	24	<p>9:00-10:30 Walking for Wellness OS</p>	25	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>4:00-11:00 Asian Lantern Festival Trip</p>
30	<p>9:30-11:00 Parkinson's Boxing CSC</p> <p>10:45-2:00 Grandparent's Day OS</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>	31	<p>9:00-10:30 Walking for Wellness OS</p>	<p>Sandy McLeod <i>Senior Centers' Supervisor</i> 440-279-2137</p> <p>Melissa Wheeler <i>Asst. Senior Centers' Supervisor</i> 440-279-2167</p>	

BAINBRIDGE SENIOR CENTER

CLOSED 7/4 in honor of Independence Day

CLOSED 7/23 ALL DAY for Staff Development

BIG BREAKFAST

Thursday, July 31 - 12:00 p.m.

Join BSC for our monthly big breakfast. Veterans and July birthdays are free to attend. The cost is \$5 for everyone else.

Menu: Cheesy Hash Brown Casserole

Donuts Provided by Mobility Plus

Please RSVP by Monday 7/28

Movie Matinee

Every Monday- 12:00 p.m.

Lunch and movie free of charge. July's theme is Hallmark Christmas in July.

Reservations are not required but encouraged to ensure a meal for all attendees.

Free Lunch & Learn

Thursday, July 10 at Noon

Jen Jones from the Geauga-Trumbull Waste Management District will be here to discuss the services they offer and the basics of recycling! Registration required by July 7.

FREE Tech Help

Do you have questions or need help with your cell phone? Steve from Verizon will be here on 7/14 at 11am to help you out regardless of your plan or carrier.

Call 440-279-1313 to register

Drawing with Matt

See pg.16 of the newsletter for more info!

Balance Class & Cardio Drumming

Join us Tuesdays and Thursdays for one or both of these fitness classes taught by certi-fied instructor, Alaina Hession! Thanks to Cherished Companions, these classes are free for registered members to attend!

Geauga County Public Library

Geauga County Public Library will be stopping in 3 times this month with new selections of various media for you to borrow and also to take your returns back to the library. So drop in any day to save yourself a stop and relax with a cup of coffee while you peruse!

SCRABBLE TOURNAMENT ALERT!

Wednesday, July 17th at 12:30 p.m.

Think you've got the words to win? Join us for a friendly but fierce Scrabble showdown.

More details on pg. 16.



Geauga County
Department on Aging

JULY 2025

MONDAY		TUESDAY	
		9:45-10:15 Balance Class* 1	
		10:30-11:00 Cardio Drumming*	
		Sponsored by Cherished Companions	
		10:00-12:00 Mexican Train	
		10:00-3:00 Mahjong	
		12:00-12:30 Geauga County Public Library Drop off & Pick up	
		12:00-1:00 Social Work Appts	
		1:00-2:30 Drawing with Matt \$5.00 p/person, registration required	
8:30-9:30 All-Around Exercise (\$3) 7		9:45-10:15 Balance Class* 8	
9:40-10:30 Chair Yoga-cise (\$3)		10:30-11:00 Cardio Drumming*	
10:00-2:00 Poker		*Sponsored by Cherished Companions*	
12:00-2:30 Lunch & a Movie (The Christmas House)		10:00-12:00 Mexican Train	
2:30-3:30 Karaoke w/ Matt		10:00-3:00 Mahjong	
8:30-9:30 All-Around Exercise (\$3) 14		9:45-10:15 Balance Class* 15	
9:40-10:25 Chair Yoga-cise (\$3)		10:30-11:00 Cardio Drumming*	
10:00-2:00 Poker		*Sponsored by Cherished Companions*	
11:00-12:00 Tech Help w/ Steve		10:00-12:00 Mexican Train	
12:00-2:30 Lunch & a Movie (Christmas in Evergreen)		10:00-3:00 Mahjong	
2:30-3:30 Karaoke w/ Matt		12:00-12:30 Geauga County Public Library Drop off & Pick up	
		1:00-2:30 Drawing with Matt \$5.00 p/person, registration required	
8:30-9:30 All-Around Exercise (\$3) 21		9:45-10:15 Balance Class* 22	
9:40-10:25 Chair Yoga-cise (\$3)		10:30-11:00 Cardio Drumming*	
10:00-2:00 Poker		*Sponsored by Cherished Companions*	
12:00-2:30 Lunch & a Movie (Christmas at the Plaza)		10:00-12:00 Mexican Train	
2:30-3:30 Karaoke w/ Matt		10:00-3:00 Mahjong	
	28		29
8:30-9:30 All-Around Exercise (\$3)		9:45-10:15 Balance Class*	
9:40-10:25 Chair Yoga-cise (\$3)		10:30-11:00 Cardio Drumming*	
10:00-2:00 Poker		*Sponsored by Cherished Companions*	
12:00-2:30 Lunch & a Movie (The Holiday Stocking)		10:00-12:00 Mexican Train	
2:30-3:30 Karaoke w/ Matt		10:00-2:00 Mahjong	
		12:00-12:30 Geauga County Public Drop off & Pick up	

BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY

THURSDAY

FRIDAY

2

8:30-9:30 All-Around Exercise \$3
 9:40- 10:25 Chair Yoga-cise (\$3)
 10:00-12:00 Diamond Painting
 10:30-11:30 Line Dancing
 11:00-12:00 Bingo w/ Cindy from Caring Senior Choices
 12:30-2:00 OTL Group (First Watch—Solon)

3

9:45-10:15 Balance Class*
 10:30-11:00 Cardio Drumming*
 Sponsored by Cherished Companions
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle
 12:00-12:30 Lunch

4



ALL SITES CLOSED TODAY

9

8:30-9:30 All-Around Exercise \$3
 9:40- 10:25 Chair Yoga-cise (\$3)
 10:00-12:00 Diamond Painting
 10:30-11:30 Line Dancing
 11:00-12:00 Bingo w/ Ohman Family
 12:30-2:00 OTL Group (Tavern 6—Chagrin Falls)
 1:30-3:00 Alzheimer's and Dementia Support Group

10

9:45-10:15 Balance Class*
 10:30-11:00 Cardio Drumming*
 Sponsored by Cherished Companions
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle
 12:00-12:30 Lunch
 12:00-1:30 FREE Lunch & Learn, Recycling 101 by the Geauga - Trumbull Waste Mgmt

11

8:30-9:30 All-Around Exercise (\$3)
 9:40-10:25 Chair Yoga-cise (\$3)
 10:00- 12:00 Mahjong

16

8:30-9:30 All-Around Exercise (\$3)
 9:40- 10:25 Chair Yoga-cise (\$3)
 10:00-12:00 Diamond Painting
 10:30-11:30 Line Dancing
 11:00-12:00 Bingo
 10:30-11:30 Line Dancing
 12:30- 2:30 OTL Group (El Granero @ Aurora Premium Outlets)

17

9:45-10:15 Balance Class*
 10:30-11:00 Cardio Drumming*
 Sponsored by Cherished Companions
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle
 12:00-12:30 Lunch
 12:30-3:00 SCRABBLE TOURNAMENT

18

8:30-9:30 All-Around Exercise (\$3)
 9:40-10:25 Chair Yoga-cise (\$3)
 10:00-12:00 Mahjong

23

CLOSING ALL DAY FOR A STAFF MEETING

24

9:45-10:15 Balance Class*
 10:30-11:00 Cardio Drumming*
 Sponsored by Cherished Companions
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle
 12:00-12:30 Lunch

25

8:30-9:30 All-Around Exercise (\$3)
 9:40-10:25 Chair Yoga-cise (\$3)
 10:00- 12:00 Mahjong

30

8:30-9:30 All-Around Exercise (\$3)
 9:40- 10:25 Chair Yoga-cise (\$3)
 10:00-12:00 Diamond Painting
 10:30-11:30 Line Dancing
 11:00-12:00 Bingo w/ Home Instead
 10:30-11:30 Line Dancing
 12:30- 2:30 OTL Group (Oak & Ember—Chesterland)

31

9:00-10:00 BIG BREAKFAST (reg req'd)
 Donuts by Mobility Plus
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle
 12:00-12:30 Lunch

Keri Skrtic
Recreation & Education Coordinator

Matt Samardge
Recreation & Education Assistant

CHARDON SENIOR CENTER

Call Chardon Senior Center to register for any of our events, lunches, or classes! Space is limited on some events. Call at least one week in advance.

The All-American Game Show Extravaganza
Tuesday, July 1

Chardon Polka Band Concert
Monday, July 7

National Fried Chicken Day
Tuesday, July 8
Lunch in from Popeye's \$10

Breakfast Club at Bob Evans
Thursday, July 10

History's Mysteries Lunch and Learn with Kathie Doyle
Friday, July 11
"Strange and Odd Diseases"

Book Club

Monday, July 14
The Fountains of Silence,
by Ruta Sepetys

Monthly Breakfast
Tuesday, July 15 • \$5

Lunch and Creative Cooking Class
Thursday, July 24 • \$2

Lunch Out at Tavern Six
Tuesday, July 22

Birthday Bingo and Pizza Party
Friday, July 25 • \$5

Lunch and Learn with Geauga Park District
Friday, July 25

Movie & Lunch

Mondays at Noon:

- 7/7: No Movie Today
- 7/14: Mr. Smith Goes to Washington (James Stewart)
- 7/21: Miracle (Kurt Russell)
- 7/28: American Graffiti (Richard Dreyfuss, Ron Howard, Cindy Willimas, Harrison Ford, Paul LeMat, Charles Martin)




Geauga County
Department on Aging

JULY 2025

MONDAY		TUESDAY	
<p>Call Chardon Senior Center 440-279-2126 to register for any of the following events! Space is limited on some events. Call at least one week in advance.</p>		<p>9:00-11:30 Woodcarving 1</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-10:45 Tai Chi \$3</p> <p>11:00-11:45 Balance Exercises</p> <p>1:00 The All-American Game Show Extravaganza and Indoor Picnic! \$</p> <p>2:00-3:30 Raccoon County Ramblers Practice</p>	
<p>8:30-10:00 Chess Club 7</p> <p>10:00-12:00 Polka Your Putt Off \$</p> <p>10:00-11:00 Line Dancing \$3 (Off Site)</p> <p>10:00-12:00 Rug Hooking/Quilting</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00-11:45 Strength Training \$2</p> <p>12:00 Chardon Polka Band! \$</p> <p>1:00 Tech Help Appts./Diamond Art</p>		<p>9:00-11:30 Woodcarving 8</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-10:45 Tai Chi \$3</p> <p>11:00-11:45 Balance Exercises</p> <p>12:00-12:30 National Fried Chicken Day—Lunch-In from Popeye's \$</p> <p>2:00-3:30 RCR Practice</p>	
<p>8:30-10:00 Chess Club 14</p> <p>10:00-11:00 Line Dancing \$3 (Off Site)</p> <p>10:00-12:00 Rug Hooking</p> <p>10:00-12:00 Quilting Club</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00-11:45 Strength Training \$2</p> <p>1:00 Diamond Art / Tech Help Appts</p>		<p>9:00-11:30 Woodcarving 15</p> <p>9:00-9:45 Monthly Breakfast \$</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-10:45 Tai Chi \$3</p> <p>11:00-11:45 Balance Exercises</p> <p>1:00-2:00 Mental Aerobics</p> <p>2:00-3:00 Diabetes Support</p> <p>2:00-3:30 RCR Practice</p>	
<p>8:30-10:00 Chess Club 21</p> <p>10:00-11:00 Line Dancing \$3 (Off Site)</p> <p>10:00-12:00 Rug Hooking</p> <p>10:00-12:00 Quilting Club</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00-11:45 Strength Training \$2</p> <p>1:00 Diamond Art / Tech Help Appts</p>		<p>9:00-11:30 Woodcarving 22</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-10:45 Tai Chi \$3</p> <p>11:00-11:45 Balance Exercises</p> <p>12:00 Lunch Out at Tavern Six</p> <p>2:00-3:30 RCR Practice</p>	
<p>8:30-10:00 Chess Club 28</p> <p>10:00-11:00 Line Dancing \$3 (Off Site)</p> <p>10:00-12:00 Rug Hooking</p> <p>10:00-12:00 Quilting Club</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00-11:45 Strength Training \$2</p> <p>1:00-3:00 Diamond Art</p> <p>1:00 Tech Help by appt</p>		<p>9:00-11:30 Woodcarving 29</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-10:45 Tai Chi \$3</p> <p>11:00-11:45 Balance Exercises</p> <p>2:00-3:30 Raccoon County Ramblers Practice</p>	

CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">2</p> <p>8:00-9:00 Wahoo Wednesday Coffee Chat about CLE Guards</p> <p>9:00-11:00 Pinochle</p> <p>11:00-12:00 "Marbles & Jokers"</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercises</p> <p>12:30-2:00 Chair Volleyball</p> <p>1:00-4:00 Mah Jongg</p>	<p style="text-align: right;">3</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercise</p> <p>12:15--4:00 Duplicate Bridge</p> <p>12:30-4:00 Scrabble Club</p> <p>12:30-4:00 "Marbles & Jokers"</p> <p>1:30-3:30 Line Dancing \$5 (off site)</p>	<p style="text-align: right;">4</p>  <p style="text-align: center;">ALL SITES CLOSED TODAY</p>
<p style="text-align: right;">9</p> <p>9:00-11:00 Pinochle</p> <p>11:00-12:00 "Marbles & Jokers"</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 No Balance Ex. Today</p> <p>12:30-2:00 Chair Volleyball</p> <p>1:00-4:00 Mah Jongg</p>	<p style="text-align: right;">10</p> <p>9:30 Breakfast Club at Bob Evans \$</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercise</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 Scrabble Club</p> <p>12:30-4:00 "Marbles & Jokers"</p> <p>1:30-3:30 Line Dancing \$5 (off site)</p>	<p style="text-align: right;">11</p> <p>9:30-11:30 Stained Glass</p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-11:45 Balance Exercise</p> <p>12:00-1:00 Histories Mysteries</p> <p>1:00-4:00 Bridge Group</p> <p>1:00-4:00 Rummikub</p> <p>1:30-2:30 Cardio-Drum video</p> <p>2:30-3:30 Cornhole</p>
<p style="text-align: right;">16</p> <p>8:00-9:00 Wahoo Wednesday Coffee Chat about CLE Guards</p> <p>9:00-11:00 Pinochle</p> <p>11:00-12:00 "Marbles & Jokers"</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercises</p> <p>12:30-2:00 Chair Volleyball</p> <p>1:00-4:00 Mah Jongg</p>	<p style="text-align: right;">17</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercise</p> <p>12:15--4:00 Duplicate Bridge</p> <p>12:30-4:00 Scrabble Club</p> <p>12:30-4:00 "Marbles & Jokers"</p> <p>1:30-3:30 Line Dancing \$5 (off site)</p>	<p style="text-align: right;">18</p> <p>9:30-11:30 Stained Glass</p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-11:45 Balance Exercise</p> <p>1:00-4:00 Bridge/Rummikub</p> <p>1:30-2:30 Cardio-Drumming Video</p> <p>2:30-3:30 Cornhole</p>
<p style="text-align: right;">23</p> <p>8:00-9:00 Wahoo Wednesday Coffee Chat about CLE Guards</p> <p>9:00-11:00 Pinochle</p> <p>11:00-12:00 "Marbles & Jokers"</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercises</p> <p style="text-align: center;">Senior Center Closes at 12:00 today</p>	<p style="text-align: right;">24</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercise</p> <p>12:00-1:00 Lunch and Creative Cooking Class \$</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 Scrabble Club</p> <p>12:30-4:00 "Marbles & Jokers"</p> <p>1:30-3:30 Line Dancing \$5(off site)</p>	<p style="text-align: right;">25</p> <p>9:30-11:30 Stained Glass</p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-11:45 Balance Exercise</p> <p>11:00 Birthday Bingo & Pizza \$</p> <p>12:00 Lunch and Learn—GPD</p> <p>1:00-4:00 Bridge / Rummikub</p> <p>1:30-2:30 Cardio-Drum Video</p> <p>2:30-3:30 Cornhole</p>
<p style="text-align: right;">30</p> <p>8:00-9:00 Wahoo Wednesday Coffee Chat about CLE Guards</p> <p>9:00-11:00 Pinochle</p> <p>11:00-12:00 "Marbles & Jokers"</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercise</p> <p>12:30-2:00 Chair Volleyball</p> <p>1:00 Mah Jongg</p>	<p style="text-align: right;">31</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercise</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 Scrabble Club</p> <p>12:30-4:00 "Marbles & Jokers"</p> <p>1:30-3:30 No Line Dance Today</p>	<p>Becky O'Reilly <i>Recreation & Ed. Coordinator</i></p> <p>Jackie Kleve and Chris Mackar <i>Rec & Ed Assistant Coordinators</i></p> <p>Beth Oliverio <i>Infomation and Referral Specialist</i></p> <p>Ellie Rickard <i>Food Service Coordinator</i></p>

MIDDLEFIELD SENIOR CENTER

Monday Crafts

July 7 - Fairy Garden \$5

July 14 - Sea glass bowl \$5

July 21 - Encyclopedia book creation
No cost!

July 28 - Crafting with Marsha!

New to the Schedule!

Thursdays at 10 a.m.

Cornhole on the deck

Thursday July 3rd

12 p.m. Potluck on the Deck

Bring a dish to share!

Thursday July 15th

CPR Overview

This class is an overview not a certification. Class will cover CPR on adults and children. How to properly use an AED (Automated External Defibrillator) and choking. Led by instructors from University Hospitals.

Tuesday July 15th

Summer Kick-off Block Party at the Cottages

Join us for a fun summer night!
Live entertainment, food and games!

Friday July 18th

10 a.m. Monthly breakfast \$3

10:30 a.m. Kathie Doyle presents the History of Christmas Carols!

Thursday July 24th

Book Club

The Gown

Author: Jennifer Robson

Friday July 25th

Christmas in July Party!

10:30 a.m. Decorate cookie

11 a.m. music BINGO

12 p.m. Christmas dinner \$5

Thursday July 31st

Perogies making class with

Kathie Doyle!

Make and take your own perogies!

Limited space available.



Geauga County
Department on Aging

JULY 2025

MONDAY

TUESDAY

Please call to register for lunch, crafting & special events.
440-632-0611

1

10am Chair Yoga Video
11am Line Dancing \$3
12pm Lunch
1pm Chair Volleyball

7

10am Crafting Club
11am Balance Exercise
12pm Lunch
12pm-3pm Painting Pals
1pm Crafting
Fairy Garden \$5

8

10am Chair Yoga Video
11am Line Dancing \$3
12pm Lunch
1pm Chair Volleyball

14

10am Crafting Club
11am Balance Exercise
12pm Lunch
12pm-3pm Painting Pals
1pm Crafting
Sea Glass Bowl \$5

15

10am CPR overview class presented by UH
12pm Lunch
1pm Chair Volleyball
4:30-630 Summer Kick-off & Block Party (must pre-register)

21

10am Crafting Club
11am Balance Exercise
12pm Lunch
12pm-3pm Painting Pals
1pm Crafting
Encyclopedia book creations
No cost

22


10am Chair Yoga Video
11am Line Dancing \$3
12pm Lunch
1pm Chair Volleyball

28

10am Crafting Club
11am Balance Exercise
12pm Lunch
12pm-3pm Painting Pals
1pm Crafting with Marsha

29

10am Chair Yoga Video
11am Line Dancing \$3
12pm Lunch
1pm Chair Volleyball

WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">2</p> <p>10am Balance Exercise 11am BINGO 12pm Lunch 1pm Trivia Mania 2pm Chair Volleyball</p>	<p style="text-align: right;">3</p> <p>10am Cornhole on the deck 12pm Lunch 12pm 4th of July potluck 1pm Chair Volleyball</p>	<p style="text-align: right;">4</p>  <p style="text-align: center;">ALL SITES CLOSED TODAY</p>
<p style="text-align: right;">9</p> <p>8am Social Work Appts 10am Balance Exercise 11am BINGO 12pm Lunch 1pm Trivia Mania 2pm Chair Volleyball</p>	<p style="text-align: right;">10</p> <p>10am Cornhole on the deck 12pm Lunch 1pm Chair Volleyball</p>	<p style="text-align: right;">11</p> <p>10am Chair Yoga Video 11am Deck social 12pm Hot dog lunch \$3 1pm Chair volleyball</p>
<p style="text-align: right;">16</p> <p>10am Balance Exercise 11am BINGO with Dawn! 12pm Lunch 1pm Trivia Mania 2pm Chair Volleyball</p>	<p style="text-align: right;">17</p> <p>10am Cornhole on the deck 12pm Lunch 1pm Chair Volleyball</p>	<p style="text-align: right;">18</p> <p>10am Monthly Breakfast \$3 10:30am Kathie Doyle 12pm Lunch 1pm Chair Volleyball</p>
<p style="text-align: right;">23</p> <p>10am Balance Exercise</p> <p style="text-align: center;">Closed at 11:00am for staff development</p>	<p style="text-align: right;">24</p> <p>10am Cornhole on the deck 11am Book Club The Gown 12pm Lunch 1pm Chair Volleyball 2pm Movie at Briar Christmas with the Kranks</p>	<p style="text-align: right;">25</p> <p>10:30 Christmas in July party! 11am Music Bingo 12pm Christmas dinner \$5 1pm Chair volleyball</p>
<p style="text-align: right;">30</p> <p>10am Balance Exercise 11am Trivia Mania 12pm Lunch 1pm BINGO Sponsored by Burton Health Care 2pm Chair Volleyball</p>	<p style="text-align: right;">31</p> <p>10am Cornhole on the deck 10:30am Perogies class With Kathie Doyle \$5 12pm Lunch 1pm Chair Volleyball</p>	<p>Hannah Heinz <i>Recreation & Education Coordinator</i></p> <p>Ginny Lester <i>Recreation & Education Assistant</i></p>

WEST GEAUGA SENIOR CENTER

Breakfast & BINGO

July 11th - 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of home made strada with Sausage & mushrooms, hashbrowns, fruit cup and beverage. Bingo will be after breakfast from 9:00-10:00 a.m.

Cost \$6 Registration Required.

Deadline is July 7th.

UH Hospital Geauga Lunch & Learn

July 7th - 12:00-1:00 p.m.

Join us for a presentation by a UH Hospital Representative. Hot Lunch included

(Meal of the Day) Presentation is **Brain**

Health: Exercise for the Mind: Maintaining brain health is crucial for overall well-being, as it supports cognitive function, emotional stability, and memory. Staying mentally active through learning and problem-solving, alongside regular physical activity, can enhance brain resilience, reduce the risk of cognitive decline, and improve mood and mental clarity throughout life.

RSVP by July 1st @ 440-279-2163.

Cognitive Building Games w/Christine

July 3rd 2:00-3:30 p.m.

Join Christine here at WG to learn about cognitive reserve, and how to build more of this brain function to help memory. We will play some cognitive building games together as well

. Call to sign up by July 1st @ 440-279-2163

Baking Demo with Val

July 17th 1:00-2:30 p.m.

Join Val at WGSC for a baking Demo and make your very own fresh Fruit Tarts. All ingredients will be included, you will need to bring a rolling pin and a 8-9 inch tart pan. **Cost: \$7 Payment & Registration is**

REQUIRED by July 14th

Lunch & Movie "I Still Believe"

July 18th 12:00-2:00 p.m.

Join us for a hot lunch (meal of the day) followed by the Movie "I Still Believe". The true-life story of Christian music star Jeremy

Camp and his journey of love and loss, which attempts to prove there is always hope.

Register by July 7th by calling 440-2749-2163.

SENIOR SPIN CLASSES

Wednesdays & Fridays 9:30-10:30 a.m. and again 10:30-11:30 a.m.

Friday Afternoon's 2:30-3:30 p.m.

BEGINNER SPIN CLASSES

Tues. & Thurs. 10:00 a.m.-10:30 a.m.

SIGN-UP REQUIRED, NO WALK-INS.

VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

JULY 2025

MONDAY

TUESDAY

Lunch is served Mon thru Fri from 12:00-12:30 pm. ALL Seniors MUST make a RESERVATION IN ADVANCE to receive a lunch. Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163

9:00-11:30 Stained Glass \$5 **1**
 9:00-10:00 Water Exercise-Metz Pool
 10:00-10:30 Beginner Spin Class
 11:00-11:45 Seated Strength & Balance
 12:00-3:00 Bridge Group
 12:30-1:30 Tai-ChiFit \$3
 12:30-2:30 Knit & Crochet

9:00-10:00 Water Exercise Metz Pool **7**
 10:00-11:00 Strength & Cardio VT
 11:00-12:00 Gentle Stretch Chair Yoga
 12:00-1:00 Water Exercise Metz Pool
 12:00-1:00 Lunch & Learn with UH Geauga "Brain Health"
 1:00-3:00 Mahjong
 1:00-3:00 Diamond Art \$
 2:00-3:00 Line Dancing \$2

9:00-11:30 Stained Glass \$5 **8**
 9:00-10:00 Water Exercise - Metz Pool
 10:00-10:30 Beginner Spin Class
 11:00-11:45 Seated Strength & Balance
 12:00-3:00 Bridge Group
 12:30-1:30 Tai-ChiFit \$3
 12:30-2:30 Knit & Crochet

9:00-10:00 Water Exercise - Metz Pool **14**
 10:00-11:00 Strength & Cardio VT
 11:00-12:00 Gentle Stretch Chair Yoga
 12:00-1:00 Water Exercise Metz Pool
 1:00-3:00 Mahjong
 1:00-3:00 Diamond Art \$
 2:00-3:00 Line Dancing \$2

9:00-11:30 Stained Glass \$5 **15**
 9:00-10:00 Water Exercise - Metz Pool
 10:00-10:30 Beginner Spin Class
 11:00-11:45 Seated Strength & Balance
 12:00-3:00 Bridge Group
 12:30-1:30 Tai-ChiFit \$3
 12:30-2:30 Knit & Crochet

9:00-10:00 Water Exercise - Metz Pool **21**
 10:00-11:00 Strength & Cardio VT
 11:00-12:00 Gentle Stretch Chair Yoga
 12:00-1:00 Water Exercise -Metz Pool
 12:30-4:00 Mahjong MIXER
 1:00-3:00 Diamond Art \$
 2:00-3:00 Line Dancing \$2

9:00-11:30 Stained Glass \$5 **22**
 9:00-10:00 Water Exercise - Metz Pool
 10:00-10:30 Beginner Spin Class
 11:00-11:45 Seated Strength & Balance
 12:00-3:00 Bridge Group
 12:30-1:30 Tai-Chi Fit \$3
 12:30-2:30 Knit & Crochet

28
 9:00-10:00 Water Exercise-Metz Pool
 10:00-11:00 Strength & Cardio VIDEO
 11:00-12:00 Gentle Chair Yoga VIDEO
 12:00-1:00 Water Exercise-Metz Pool
 1:00-3:00 MahJong
 1:00-3:00 Diamond Art \$
 2:00-3:00 Line Dancing \$2

9:00-11:30 Stained Glass \$5 **29**
 9:00-10:00 Water Exercise-Metz Pool
 NO SPIN CLASS TODAY
 11:00-11:45 Seated Strength/ Balance VIDEO
 12:00-3:00 Bridge Group
 12:30-1:30 Tai-ChiFit \$3
 12:30-2:30 Knit & Crochet

WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY	THURSDAY	FRIDAY
<p>9:00-10:00 Water Exercise-Metz Pool 2</p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Strength & Cardio VT</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p>	<p>9:00-10:00 Water Exercise-Metz Pool 3</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Seated Strength & Balance</p> <p>12:00-2:00 Age Well-Be Well Lunch & Movie Today</p> <p>2:00-3:30 Cognitive Building Games w/ Christine</p>	 <p>4</p> <p>ALL SITES CLOSED TODAY</p>
<p>9:00-10:00 Water Exercise-Metz Pool 9</p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Strength & Cardio VT</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p>	<p>9:00-10:00 Water Exercise-Metz Pool 10</p> <p>10:00-10:30 Beginner Spin Class</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Seated Strength & Balance</p> <p>1:00-3:00 Mahjong Lessons</p>	<p>8:30-10:00 Breakfast & BINGO \$6 11</p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-11:45 Cardio Drumming VIDEO</p> <p>1:00-2:30 Arm Chair Travel~ IRELAND</p> <p>2:30-3:30 SENIOR SPIN Class</p>
<p>9:00-10:00 Water Exercise-Metz Pool 16</p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Strength & Cardio VT</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p>	<p>9:00-11:00 Water Exercise-Metz Pool 17</p> <p>10:00-10:30 Beginner Spin Class</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Seated Strength & Balance</p> <p>1:00-2:30 Baking Demo with Val \$7 Fresh Fruit Tarts</p>	<p>9:00-11:30 Stained Glass \$5 18</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-11:45 Cardio Drumming VIDEO</p> <p>12:00-2:00 Lunch & Movie "I Still Believe"</p> <p>2:30-3:30 SENIOR SPIN Class</p>
<p>9:00-10:00 Water Exercise-Metz Pool 23</p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Strength & Cardio VT</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p>	<p>9:00-11:00 Water Exercise-Metz Pool 24</p> <p>10:00-10:30 Beginner Spin Class</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Seated Strength & Balance</p> <p>1:00-3:00 Mahjong Lessons</p> <p>5:00-7:00 WG DINE NITE OUT @ Cowboys - Food & Drink in Bainbridge</p>	<p>9:00-11:30 Stained Glass \$5 25</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-11:45 Cardio Drumming Video</p> <p>1:00-2:30 Arm Chair Travel~ IRELAND</p> <p>**NO Afternoon Spin Class Today**</p>
<p>9:00-10:00 Water Exercise-Metz Pool 30</p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Exercise Video</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-12:00 Chair Yoga Video</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p>	<p>31</p> <p>9:00-11:00 Water Exercise-Metz Pool</p> <p>NO SPIN Class Today</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Exercise/Balance Video</p> <p>12:00-1:30 Lunch & Bingo</p>	<p>Recreation/Education Coordinator Christine Bacon 440-279-2163</p> <p>Rec/Ed Assistants Jeannie Molzon 440-279-2183 Valerie Garland 440-279-2163</p> <p>I&R Assistant: Debbie M.</p> <p>Stained Glass Class Appts: Call Don Trask 440-759-9691</p>

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Simple Cooking with Heart – Reading Nutrition Labels

Wednesday, July 16th

Conference Center at UH Geauga Medical Center
(13207 Ravenna Rd, Chardon 44024).

Please join the Department on Aging and UH Geauga Medical Center for a healthy, hands-on cooking demonstration presented by registered Dietician Stephanie and Executive Chef Joe. “**Reading Nutrition Labels**” presentation at 3:00 p.m., followed by the cooking demonstration that includes a complementary dinner. *Space is limited. Please call 440-214-3180 to register.*

Walking for Wellness - New Day & Time for Summer Walks! Every Thursday at 9 a.m.

Join the Geauga County Department on Aging and UH Geauga for our “Walking for Wellness” program. Walking has shown to help with weight management, reducing stress, and increasing energy levels. This group focuses on keeping a steady pace, and our goal is 3 miles each walk. Call Melissa Wheeler at 440-279-2167 with questions.



DATE	PARK
7/3	Welton's Gorge 13973 Hale Rd, Burton
7/10	Frohring Meadows 16780 Savage Rd, Bainbridge
7/17	Headwaters Park 13365 Old State Rd, Huntsburg
7/24	Skok Meadow 12415 Concord Hambden Rd, Concord
7/31	South Russell Village Park 1000 Bell Rd, Chagrin Falls 44022 Afterwards, Breakfast at the Sleepy Rooster (5210 Chillicothe Rd, Chagrin Falls)

Free Lunch and a Movie

Thursday, July 3rd from 12:00 - 2:30 p.m.

West Geauga Senior Center (8090 Cedar Road, Chesterland)

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. Due to very limited space, and to ensure a fun experience for all, registration is required by calling 440-214-3180.

Daytime Senior Book Discussions

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Sandy McLeod at 440-279-2137. *Discussion books are available to loan at hosting Library's front desk, call to have them reserve a book for you!*

- **July 2 (1st Wednesday) 11:30 a.m. - 12:30 p.m.**
at Geauga West Library, with an out to lunch to follow **Discussing: *Once Upon a Wardrobe*** by Patti Callahan
- **July 10 (2nd Thursday): 1:30 - 3:00 p.m.**
at Burton Library. **Discussing: *The Wives*** by Simone Gorrindo.

Diabetes Support Group – Ask a Pharmacist

Tuesday July 15th at 2:00 p.m.

Chardon Senior Center, 470 Center St., Building 8, Chardon.

What's new in Diabetes medication? What has your doctor prescribed for you? Let's talk about the new and old. Bring questions regarding your prescriptions.

Gauga Walkers

All walks begin promptly at 1:00.

All walks begin promptly at 1:00. * A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules.”

Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
7/1*	Big Creek Park, Aspen Grove 9160 Robinson Road, Chardon, Aspen Grove
7/8	Whitesburg Preserve End of High Street, Chagrin Falls CARPOOL
7/15*	Holbrook Hollows 7250 Country Lane, Bainbridge
7/22	Nero Preserve 12160 Bean Road, Munson Twp South of Chardon
7/29*	Whitlam Woods 12500 Pearl Road, Hambden Township

SENIOR COMMUNITY EVENTS

For more information on any event, call the Geauga County Department on Aging at 440-279-2167.

Lunch with the Curator

Who's Who in Families of Geauga County

Tuesday August 5, Noon-1 p.m.
Century Village Auburn Church
(14653 East Park St., Burton).

Who are these famous families we will be hearing about, Ueberfelds, Fords, Boughtons, Cooks, Hitchcocks and Hickox. Are any of their family homes still around, how did they contribute to the growth of Geauga County, come find out! \$5 per person at the event. A box lunch can be provided through the Geauga Department on Aging for an additional \$5. When calling please let us know if you would like lunch, otherwise you may bring a bag lunch!

Geauga Cyclists

Every Tuesday at 9:00 a.m.
The Department on Aging will be holding weekly bicycle rides every Tuesday at 9:00 a.m. for senior citizens. Meet at Eagles Baseball Field on Park Avenue in Chardon. We ride southeast on the Maple Highland Trail and back between 10-15 miles. You must bring your own bike and have transportation to the park. Please wear helmets for safety, carry water, and follow park etiquette.



Thompson – Concerts on the Square

Thompson Activities will be hosting concerts this summer on the Thompson Square (6740 Madison Rd, Thompson). All concerts will begin at 7:00 p.m. Open to the public, and free! Well-behaved pets are welcome. The Geauga Department on Aging will be set up with a table at all concerts for seniors to stop by and learn about our services and senior center programs. Refreshments available by local organizations for a donation. Bring your own lawn chairs to sit and enjoy the music!

Tuesday, July 8th: Big North Band (Country).
St. Patrick's Church - Refreshments

August 12th: Castaways (Rock-n-Roll).
Thompson Garden Club - Refreshments

CWRU Siegel Lifelong Learning Speaker – Picasso: The Man and His Art

Tuesday, July 8th at
Ohman Family Living at Holly
(10190 Fairmount Rd, Newbury)

Breakfast will be served at 9:30 a.m., followed by the lecture "Picasso: The Man and His Art" beginning at 10:00 a.m. Presented by Carol Salus, PhD, Professor at Kent State University. Pablo Picasso led a star-studded life through his nine decades. We will examine key examples from his prolific career, revealing the autobiographical nature of his art. We will learn of his love for Spain, some of his fears and the beautiful muses who inspired his work. Through a selection of his paintings, drawings, sculpture, and ceramics, we will uncover the incredible depth and mastery of his creativity and vision.

Cost: \$15 for members, \$20 non-members.
Registration is required by visiting www.case.edu/lifelonglearning or calling 216-368-2090. You may also pay the day of the event but need to RSVP by calling Dawn at 440-632-3653.

The Loretta Paganini School of Cooking

Wednesday, August 13th from 12:00 - 2:00 p.m.

Join us for a cooking demonstration and lunch at the Loretta Paganini School of Cooking (8700 Mayfield Road, Chesterland)! Take a seat and watch the chef-instructor and assistants demonstrate, prepare, and serve the items. **Americana Menu:** Creamy Potato Soup; BBQ Spice Rubbed Pork Tenderloin; Baked Macaroni & Cheese; Three Bean Baked Beans; Pound Cake with Seasonal Fruit. *This program is \$55 per person, make payable to the Geauga County Department on Aging.*

Parkinson's Support Group

Tuesday, July 15th at 12:30 p.m.

Chardon Senior Center
470 Center St., Bldg. 8, Chardon

This month we will be talking about our day to day lives. What should you be doing every day to help you live better with Parkinsons? We will share ideas on what helps you the most in your day-to-day challenges of this disease.

BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

Alzheimer's and Dementia Caregiver Support Group

Wednesday, July 9, 1:30 - 3:00 p.m.

The Alzheimer's Assoc. will be conducting a Caregiver Support Group here at Bainbridge Senior Center every month. Call 440-279-1313 to sign up!

FREE Tech Help

July 14 at 11:00 a.m.

Do you have questions or need help with your cell phone? Steve from Verizon will be here to help you out regardless of your plan or carrier.

Karaoke with Matt

Every Monday from 2:30 - 3:30 p.m.

Come sing your heart out and join in the fun or just come to enjoy the show!

Line Dancing

Every Wednesday from 10:30-11:30 a.m.

Brush up your moves for the upcoming summer wedding season and/or learn new dances. This is a "drop in" program – so no need to register, just come on down!

Free Lunch & Learn

Thursday, July 10 at 12:00 p.m.

Jennifer Jones from the Geauga- Trumbull Solid Waste Management District will be leading an FREE lunch and learn on what services the agency offers to the community along with a "Recycling 101: What can be recycled locally and why" to help clear up any confusion on the changing rules regarding recyclables.

Movie Matinee

Every Monday, Bainbridge Senior Center offers a lunch and movie at noon., free of charge. July's theme is **Hallmark Christmas in July**. Reservations are not required but encouraged to ensure a meal for all attendees.

7/7 **The Christmas House**

7/14 **Christmas in Evergreen**

7/21 **Christmas at the Plaza**



BSC Big Breakfast

July 31st

Join BSC for our monthly big breakfast. Veterans and July birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Cheesy hashbrown and sausage casserole. *Donuts Provided by Mobility Plus of Solon* *Please RSVP by Monday, 7/28.*



NEW! - Drawing with Matt

July 1st and 15th from 1:00 – 2:30 p.m.

Learn the fundamentals of drawing as Matt guides you through Mark Kistler's How to Draw book. Learn some simple techniques to level-up your drawing skills with Matt at BSC! \$5.00 p/person Materials included. 6 sessions total, but once you have attended 3 sessions – the rest are FREE! Call 400-279-1313 to register - Spots are limited! *This is an ongoing program, so make sure to check your August calendar for the next set of class dates!*

Geauga County Public Library at BSC

July 1st, 15th, & 29th from 12:00-12:30

Save yourself a stop and take advantage of a visit from the Geauga County Public Library right at Bainbridge Senior Center! A librarian will be on-site to suggest books and offer a curated selection of library materials for you to browse. You can also place requests for specific items, all while enjoying the free coffee and snacks!

SCRABBLE TOURNAMENT ALERT!

Wednesday, July 17th at 12:30 p.m.

Think you've got the words to win? Join us at Bainbridge Senior Center for a friendly but fierce Scrabble showdown. Format: 4 tables of 4 players – winners from each table face off in the final round! Heavy hors d'oeuvres + refreshments served all afternoon! Registration required. Bring your best words, your best game, and your appetite. *Spots are limited – RSVP now to secure your seat at the table!*

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —



Chardon Polka Band Concert

Monday, July 7, at 12 p.m. at Chardon Senior Center

Enjoy lunch, refreshments, and our mock-tail bar, along with fun and dancing with the Chardon Polka Band! We will also be awarding those who participated in the Miniature Golf League! Come join us for this fun afternoon! \$5 per person when registering.

Just in Case You Need a Reason to Party ... July 8 is National Fried Chicken Day!

Tuesday, July 8, at 12 p.m.

We will be bringing in lunch from Popeye's Chicken! \$10 per person with registration by July 1. Enjoy a lunch of fried chicken, sides, drink, as well as trivia!

Walking Club – Walk from Chardon to Cleveland Challenge

Did you know walking is the most popular form of exercise in the U.S.? Walking not only boosts your mood but also benefits your bones, joints, and muscles. Stay active and walk with us at Chardon Senior Center (cool and indoors). As a bonus, we are launching the "Walk from Chardon to Cleveland" program. Log your mileage, and after you complete the 30-mile journey, you will receive a certificate. This free program is open to seniors Monday through Friday, 8 a.m. to 4 p.m.

Creative Cooking with Garth

Thursday, July 24, from noon to 1:00 p.m.

Join us for lunch, then learn from our volunteer Garth how to make a simple and delicious recipe. Cost is \$2 per person. Reservations required.

Book Club "Dessert and Discuss"

Monday, July 14, from 1-2 p.m.

We will be discussing *The Fountains of Silence*, by Ruta Sepetys, while enjoying a deliciously baked dessert. A limited supply of books will be available at the Chardon Senior Center, and can be reserved on a first come, first served basis by calling 440-279-2126.

"Marbles and Jokers"

Wednesdays from 11 a.m. – 12 p.m.,
and Thursdays beginning at 1 p.m.

Come join us for this fun game, new to our senior center! One of our snowbirds brought this game back from Florida and we are having a great time learning to play! No need to pre-register, but please call before coming out! 440-279-2126.

Social Worker Appointments

Geauga County Department on Aging Social Service Worker, Kim, will be available to see clients the first Friday of every month from 1 p.m. to 3 p.m. Kim will be available by appointment to discuss agency resources and programs. Topics that can be discussed are:

- Medicare/Medicaid questions
- Home safety issues
- Housing assistance
- Durable medical equipment
- County medical transportation
- Program referrals

The first appointment date is Friday, July 11th.

Birthday Bingo & Pizza Party

Friday, July 25, at 11:00 a.m.

We will be celebrating all of those having celebrated birthdays in July! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! \$5.00 per person; and June Birthdays are free! Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Cake Sponsor, Chardon Healthcare!



CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

The Breakfast Club of Chardon

Thursday, July 10, at 9:30 a.m.

Join us for breakfast at Bob Evans in Chardon. Enjoy breakfast, coffee, and conversation. Cost is on your own.

History's Mysteries Lunch and Speaker Series

Friday, July 11, from Noon to 1:00 p.m.

Kathie Doyle will present on "Strange and Odd Diseases You've Never Heard Of."

Scrabble Club

Do you love playing Scrabble? We now have a Scrabble Club meeting **every Thursday at Chardon Senior Center, beginning at 1 p.m.** We have the game, you bring the skill, and together we will make the F-U-N (that's a 6-point word)! Call for details at 440-279-2126

Tech Help Appointments

Every Monday, from 1 to 3 p.m.

Volunteer Dwight will offer one-on-one tech appts. to help with:

- iPhones and Android phones (30-minute appts.)
- iPads, tablets, and laptops (one-hour appts.)

Sorry, no desktop computer appointments at this time. Free. Call 440-279-2126 to schedule an appointment.



Wahoo Wednesdays Casual Chat and Coffee Hour

Wednesdays from 8 a.m. – 9 a.m.

Join us for a casual discussion about the Cleveland Guardians.

Energy 101 Class

Tuesday, August 26, at 12 p.m.

Join us for a Lunch and Learn with NOPEC on Energy 101. Learn all about electric and natural gas supply, get tips on saving energy, and better understand your energy bill. As your community's energy aggregator, NOPEC is here to answer your questions and help review your bill. This is a FREE presentation, but registration is a must by calling 440-279-2126 by 8/12.

Lunch and Learn with Geauga Park District

Friday, July 25, from 12 p.m. – 1:30 p.m.,
at Chardon Senior Center

By land, sea and air, insects are everywhere! Discover the world of insects and other "bugs" all around us. Learn which ones we can't live without and some of their unusual body parts of the life cycle. Register by July 11 at 440-279-2126. This is a free event and includes lunch.



Gauga County Depart. on Aging's 90th Birthday Party!

Friday, September 19th
11:00 a.m. – 1:00 p.m.

A party honoring Geauga County residents, age 90 or older. Come reminisce with us as we celebrate yesteryear! We will have plenty of laughter, live music, dancing, lunch, and of course, cake! All we need is YOU!

Sponsored by Western Reserve Area Agency on Aging and University Hospitals Geauga Medical Campus! Held at The Banquet Room at St. Mary's 401 North St., in Chardon.

Cost is: FREE to Geauga County Seniors who are age 90 plus or \$20.00 for all other Guests and Friends. **Registration is required by August 18. If 90 or over, please indicate t-shirt size when registering.**

MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —

Garden Party at Ohman Family Living

Thursday, July 10, 6:00 p.m. – 7:30 p.m.

Join Us for an Evening of Music & Fun! Come relax on our beautiful garden patio for a delightful evening filled with entertainment, appetizers, and great company! Enjoy the summer vibes and make some wonderful memories with us! *Rain date – July 17th Space is limited – call Dawn today to reserve your spot! 440-632-3653.*

Christmas in July Party and Music BINGO

Friday July 25th, 10:30 a.m.

Join us for a fun day of Christmas! Christmas cookie decorating, Music BINGO and of course a Christmas feast for lunch! Many other fun surprises along the way, you do not want to miss out! *Cost \$5.00 for lunch.*

Summer Kick-off Block Party at The Cottages

Tuesday, July 15th, 4:30-6:30 p.m.

Located at the Cottages Live entertainment, games and dinner. Join us for a fun summer night in the neighborhood! Call the Middlefield Senior Center to register. 440-632-6011.

Perogies Making Class with Kathie Doyle

Thursday, July 31st, at 10:30 a.m.

Join our favorite baker Kathie for a make and take perogies class! Limited space available must pre-register!

Kathie Doyle Presents The History of Christmas Carols & Monthly Breakfast

Friday July 18th

10 a.m. Breakfast is only \$3.00.

The 10:30 a.m. presentation is no cost.

Book Club

Thursday, July 24th, 11 a.m.

The book we will be discussing is *The Gown*
Author: Jennifer Robson. Genre Historical Fiction. Join us for light refreshments and good conversation!

CPR Overview Class

Tuesday, July 15th, 10 a.m.

This class is an overview not a certification. The class will cover CPR on adults and children. How to properly use an AED (Automated External Defibrillator) and choking. Led by instructors from University Hospitals. Wonderful way to brush up on skills or learn new ones.

Movie and Snack at Briarcliff Manor

Thursday, July 24th, at 2 p.m.

(14807 N. State Ave., Middlefield)

Join the Middlefield Seniors for a movie at Briarcliff Manor. Enjoy a snack while watching *Christmas with the Kranks* in Briarcliff's theater room.

WEST GEAUGA SENIOR CENTER EVENTS

UH Hospital Lunch & Learn; BRAIN HEALTH

Monday, July 7, 12:00-1:00 p.m.

Join us for a Hot Lunch (*Meal of the Day*), along with a presentation on Brain Health from a UH Geauga Medical Center Representative. Topic will be: **Brain Health**. Maintaining brain health is crucial for overall well-being, as it supports cognitive function, emotional stability, and memory. Staying mentally active through learning and problem-solving, alongside regular physical activity, can enhance brain resilience, reduce the risk of cognitive decline, and improve mood and mental clarity throughout life. *A Free Event, however, donations will be collected for the meal. Register by July 2nd to receive the meal.*

DINE NITE OUT with your WG Friends

Thursday July 24, 5:00-7:00 p.m.

Come and join your friends for a dinner out at *Cowboy's Food & Drink* in Bainbridge (8586 E Washington Street). Enjoy good food, social time, and relaxing with friends. *Cost is on your own, sign up deadline is July 21st. Meet up at 5:00pm, ask for Christine with the WGSC.*

Baking Demo with Val – Fresh Fruit Tarts

Thursday, July 17, 1:00-2:30 p.m.

Valerie will be making fresh fruit tarts while you follow along to make your very own tarts to take home!! Ingredients included. Cost: \$7, bring your own rolling pin and 8-9-inch tart pans.

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163. to register or with any questions. —

Never Ending Knowledge Series

Wednesdays, 1:00-2:30 p.m. (three 30-minute lectures)

Join us as we continue this 16 week series of “The History of Ancient Egypt”. Learn about the Pharaoh’s, Dynasties and much more. Light snacks and refreshments provided. REGISTRATION IS REQUIRED

History of Ancient Egypt:

July 2nd:

1. The Beginning of the New Kingdom- The Fabulous XVIIIth Dynasty
2. Queen Hatshepsut
3. Obelisks

July 9th:

1. Tuthmosis III-King At Last
2. The Fabulous XVIIIth Dynasty Rolls On
3. Akhenaten the Heretic Pharaoh

July 16th

1. The Discovery of Tutankhamen’s Tomb
2. The Murder of Tutankhamen-A Theory
3. Medicine-The Necessary Art

July 23rd:

1. The End of Dynasty XVIII
2. Mummification – How We Know What We Know
3. What Mummies Tell Us

July 30th:

1. Making a Modern Mummy
2. Dynasty XIX Begins
3. Ramses the Great – The Early Years

Diamond Art Class

Mondays - 1:00 - 3:00 p.m.

Join us for this Class, you can be a beginner, and start with a small simple project for \$5, or if you are more advanced, you may want to purchase larger Intermediate level projects. There are many different projects available, Cost Varies per project, \$5 up to \$20. You may also already have a project you are working on, so just bring it with you. Register One week Prior to each Class. Adaptive equipment available. Payment due when you choose/receive your project. 440-279-2163.

Taichi-Fit Class with instructor Tim Shea

Tuesday Afternoons 12:30-1:30 p.m. If you are looking to join a Taichi class, we offer them here at WGSC every Wednesday Afternoon from 12:30-1:30 p.m. The benefits of this exercise include Better Balance/fall prevention, improved cardiovascular health, relieves pain, encourages Fat Loss, improves mood and mental health, improves cognitive function and reduces fatigue. Cost is \$3 per person (paid directly to instructor each class)

SAVE THE DATE!!! Ice Cream Social with Sam Fosh

August 26th, 1:00-2:30 p.m.

We will be having an Ice Cream Social here at WG and Sam Fosh will be the entertainment!! Registration Information will be in the August Newsletter.

Mah-Jongg Mixer

July 21, 12:30-4:00 p.m.

This is a time to get together with other seniors from different centers and play the game of Mahjong!! The afternoon will begin with Lunch from 12:30-1:00, followed by 3 hours of mingling and playing Mah-Jongg. It will be a lot of FUN!!! Newbies are WELCOME!!! *Cost for lunch is a \$5 donation (paid the day of), Registration is Required, by July 16th.*

Lunch and Movie: “I Still Believe”

Friday July 18, 12:00-2:00 p.m.

Join us here at WGSC for a Hot Lunch (*Meal of the Day*). The Movie is “I Still Believe”. The true-life story of Christian music star Jeremy Camp and his journey of love and loss, which attempts to prove there is always hope. A Truly inspirational story!! Popcorn will also be provided. *FREE Event-Donations accepted for meal. Register by July 7th.*

Line Dancing Classes

Mondays from 2:00-3:00 p.m. - Beginning June 9th

we will be offering Line Dance Classes with Christine. YouTube Tutorials for the select songs will be shown on the BIG Screen TV, while we follow along to learn the dances. A \$2 donation per class is requested, no need to sign up or anything!! Just come and join us!!

Cognitive Building Brain Games w/Christine

Thursday, July 3, 2:00-3:30 p.m.

We will learn about cognitive reserve, what it means, and how to build on it. Games will be played as a group, snacks and refreshments will also be provided for all in attendance.

Lunch & Bingo

Thursday July 31, 12:00-1:30 p.m.

Join us for a Hot Lunch (*meal of the day*), followed by 90 minutes of BINGO!!! There will be nice prizes and lots of fun if you are a BINGO enthusiast! Registration Deadline is July 21st by 2:00 p.m. *FREE Event, Donations for meal will be requested. Call to sign up!!*

Geauga Menu July 2025

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 TURKEY BURGER ROASTED POTATOES BROCCOLI STRAW-BAN APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	2 SWEDISH MEATBALLS w/NOODLES BROCCOLI CARROTS APPLESAUCE CUP BREAD	3 CHICKEN SALAD COLE SLAW THREE BEAN SALAD FRUIT CUP WG HAMBURGER BUN	4 CLOSED
7 MACARONI & CHEESE BROCCOLI SWEET CORN FRUIT CUP APPLE-CINNAMON MINI LOAF	8 STUFFED GREEN CABBAGE w/SPAGHETTI SAUCE 1/4 C GREEN BEANS MASHED POTATOES FRUIT CUP BREAD	9 BURGER WITH CHEESE ROASTED POTATOES BAKED BEANS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	10 SLICED HAM W/PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS WG CORNBREAD LOAF FRUIT CUP	11 GRILLED CHICKEN BREAST GREEN PEAS DICED CARROTS ESCALLOPED APPLES WG HAMBURGER BUN MAYO PC
14 TERIYAKI CHICKEN W/ VEG FRIED BROWN RICE – 1 CUP BROCCOLI APPLESAUCE CUP	15 MEATBALLS w/PASTA w/SPAGHETTI SAUCE 1/2 C MIXED VEGETABLES FRUIT CUP BREAD	16 CLOSED	17 SLOPPY JOE TATER TOTS CARROTS APPLESAUCE CUP WG HAMBURGER BUN	18 BBQ CHICKEN BREAST RICE – 1/2 CUP GREEN BEANS SWEET POTATOES APPLESAUCE CUP WG CORNBREAD LOAF
21 BREADED FISH TATER TOTS GREEN BEANS FRESH FRUIT WG HAMBURGER BUN TARTAR SAUCE & KETCHUP PC	22 TOMATO BASIL CHICKEN PASTA w/SPAGHETTI SAUCE 1/2 C CAPRI BLEND VEGETABLES FRUIT CUP DINNER ROLL	23 BONELESS WINGS - 6 CARROTS BAKED BEANS STRAW-BAN APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	24 STUFFED GREEN PEPPERS W/ SPAGHETTI SAUCE 1/4 C MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	25 SALISBURY STEAK W/GRAVY RICE – 1/2 CUP SWEET CORN CARROTS FRUIT CUP APPLE-CINNAMON MINI LOAF
28 JUMBO RAVIOLI w/SPAGHETTI SAUCE 1/4 C YELLOW SQUASH MIXED VEGETABLES FRUIT CUP DINNER ROLL	29 TURKEY BURGER ROASTED POTATOES BROCCOLI STRAW-BAN APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	30 SWEDISH MEATBALLS w/NOODLES BROCCOLI CARROTS APPLESAUCE CUP BREAD	31 CHICKEN SALAD COLE SLAW THREE BEAN SALAD FRUIT CUP WG HAMBURGER BUN	

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

This institution is an equal opportunity employer. Menu Subject to Change.

GEAUGA YOUNG OF HEART

Meet at 11:30 a.m. at St. Anselm’s Parish Center, 12969 Chillicothe Rd. in Chesterland on the first and third Friday of the month. Bring your brown bag lunch. Entertainment and refreshments will be provided.

There will be no meeting on the Fourth of July. On July 18 we will be entertained by Ron Papaleo with his vocals, accordion and keyboard.

We will be going to the Aurora Atlas Movie Theater (Rt. 306 and Rt. 82) on Tuesday, July 29. The movie is TBD. It will start at 11:00. Cost is \$5 for movie or \$10 for movie, drink, and popcorn.

A bus trip is planned for July 15 to Playhouse Square to see the Tony award winning show, “Kimberly Akimbo.” Dinner before the show will be at BJ’s Steakhouse/Brewhouse. Cost is \$140.

A trip to the Sight & Sound Theater in Lancaster, PA to see “Noah” will be on October 8-10. Included are a tour of Amish countryside, “Jacob’s Choice” movie, Miniature Horse Museum, Kitchen Kettle Village and more. Cost is \$565 pp. A \$50 deposit is due at sign up.

On August 20 we will be going to Mt. Vernon, Ohio. The main focal point in this town is the Dog Fountain which is surrounded by 18 dog sculptures and other animal sculptures. There are also murals on many buildings. Lunch will be at Der Dutchman Restaurant, then a tour of the 100-year-old family owned Red Velvet Ice Cream Factory. Cost is \$110 pp.

Call Kimber for further information on these trips, 440-668-3293.

ATTENTION HEAP/PIPP CLIENTS – PLEASE READ!!

Effective June 3, Geauga County Department of Job & Family Services no longer serves as the HEAP provider for Geauga County—the program is currently being transitioned to Lifeline, Inc.

For questions regarding the HEAP program, including PIPP and pending HEAP applications, please contact Lifeline’s Lake County HEAP Office at 440-350-9160 or heap@lclifeline.org

An announcement will be coming soon at Lifeline’s Geauga location and contact information, as well as information about the Summer Crisis Program.

Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application! Medicare Savings Programs (MSPs) and Extra Help

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits) Qualified Disabled & Working

Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

QMB			SLMB			QI			EXTRA HELP		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,325	\$9,660	Single	\$1,585	\$9,660	Single	\$1,781	\$9,660	Single	\$1,976	\$17,600
Married	\$1,783	\$14,470	Married	\$2,135	\$14,470	Married	\$2,400	\$14,470	Married	\$2,664	\$35,130

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,791.90 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

Contact a Geauga Department on Aging Social Worker for assistance with your Application!

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____ Location: _____
Cost: _____ Amount Enclosed _____ Event Date (s) _____
Name: _____ Phone: _____
Address: _____ City/Zip: _____
Emergency Contact _____ Phone # _____
Registered with GDA for 2025? Yes ____ No ____
Other Information: (menu or leave from options) _____
Internal use - Date Received _____ Staff Initials _____ Receipt # _____

Event: _____ Location: _____
Cost: _____ Amount Enclosed _____ Event Date (s) _____
Name: _____ Phone: _____
Address: _____ City/Zip: _____
Emergency Contact _____ Phone # _____
Registered with GDA for 2025? Yes ____ No ____
Other Information: (menu or leave from options) _____
Internal use - Date Received _____ Staff Initials _____ Receipt # _____

In consideration of acceptance into the above-referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents, and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials, and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program and agree to abide by all rules and requirements of the program.

I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it.

I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____

Signature of Participant

_____ Date

Refund Policy for the Geauga Department on Aging

The Department of Aging will no longer issue refunds for programs and events to honor our commitment to our vendors and transportation companies. When signing up for programs and events, you become responsible for the reservation. If you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place, you must contact the Department on Aging with the individual's name and contact information.

In the unusual event that the Department on Aging cancels an event, we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
12611 Ravenwood Dr., Suite 200
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
440-279-2130 JULY 2025

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

GEAUGA COUNTY VETERANS RESOURCE FAIR

Wednesday, July 30th
3 p.m. - 6 p.m.

Guido's Generations Event Center
12809 Chillicothe Rd, Chesterland

County, State and Federal Resources available:

- Jobs & Family Services • Snap & Medicaid • Mental Health & Addiction Services * The Vet Center • GMHA
- Veterans Food Pantry *Dept. of Veterans Affairs Benefits & Medical * • Adult Protective Services • Nursing Home
- VFW/ American Legion • Legal Aid • County Recorder
- UH - Veterans visiting Veterans • Fieldstone • Geauga Co Sheriff's Office, • Geauga Dept on Aging, & more...

Presented by Geauga County Veteran Service Office

Free parking in back and refreshments provided.

Registration required - Call 440-279-1860.



PLATINUM PATRONS

The Stone Family
in memory of Dale & Joan Spangenberg

The Bramley Family
in memory of Jim & Joy Bramley
& Rob Warren

Daniel & Gwenn Brown
Alan and Peggy Bialosky

G Rae Peck
in memory of Sigmund S Peck

The Leon Wilson Family
in memory of Annamae & Leanne

**Burton Class of 1957/
Joan & Michael Fath**
in memory of Betty Stewart

Robert Beutel and Claudia Euse

To become a PLATINUM Patron for a year, submit \$110 -
Please make checks payable to The Geauga County Department
on Aging and write Newsletter in the memo.