

# The Geauga Senior News



Geauga County Department on Aging

September 2025

## 2026 MEDICARE PART D & ADVANTAGE PLAN COMPARISONS

Compare Medicare Plan options and you could save money in 2026! The Ohio Department of Insurance has trained Geauga County Department on Aging Staff & Volunteers to offer one on one reviews at Geauga Department on Aging, 12611 Ravenwood Dr, suite 200, in Chardon.

Appointments are available from Tuesday, October 15<sup>th</sup> through Monday, December 1<sup>st</sup>. Call (440) 279-2130, Monday through Friday 8:00 a.m. until 4:00 p.m., to schedule your appointment starting October 1<sup>st</sup>. Make sure to bring your list of current medicines and your Insurance cards to the appointment.

For those who would like to review options for Part D or Medicare Advantage plans, seniors can do so online at Medicare.gov: from Oct. 15<sup>th</sup> through Dec. 7<sup>th</sup>.

MEDICARE		HEALTH INSURANCE	
1-800-MEDICARE (1-800-633-4227)			
NAME OF BENEFICIARY JOHN DOE			
MEDICARE CLAIM NUMBER 000-00-0000-A	SEX MALE	EFFECTIVE DATE	
IS ENTITLED TO HOSPITAL (PART A) MEDICAL (PART B)	01-01-2007 01-01-2007		
SIGN HERE _____			



## Threads of Valor Event at Century Village

Tuesday, October 14<sup>th</sup>  
12:00-2:00 p.m.

Join us for a guided tour of the Threads of Valor exhibit at Century Village (14653 East Park St., Burton), which honors the men and women who served in the wars. This exhibit features 15 to 25 military uniforms & artifacts from 4 different wars all from Geauga County veterans. “**Threads of Valor**” features an inspiring collection of original uniforms, medals, personal belongings, and other historical artifacts that share the personal stories of military service members. Stefanie O’Connor explains that “Each piece is carefully curated to highlight its historical and emotional significance, offering visitors a deeper understanding of the lives and legacies of those who served. More than a display, this exhibit is a tribute to courage and a testament to the enduring spirit of our nation’s defenders.” We will tour the exhibit & Gun Collection and enjoy a picnic lunch and hot apple crisp with ice cream on the grounds. **\$10 per person, \$5 for Veterans. Call Sandy McLeod with questions at 440-279-2137.**

## WHO WILL MAKE YOUR HEALTH CARE DECISIONS IF YOU ARE NOT ABLE?

Attention Geauga County senior citizens, sixty (60) years of age and older. Do you have Advance Directives in place? Join us for an informative free program to consider and make your plan. The Geauga County Bar Association Advance Directives Committee and Hospice of the Western Reserve will present information and answer questions regarding health care powers of attorney and living wills at the next scheduled meetings. They will distribute the standard forms and return the following week with attorneys from the Geauga Bar, who will help you complete the forms and notarize them. **Call today. Space is limited!**

**There will be two different opportunities to attend Advance Directive meetings for 2025!**

**Option 1:** Middlefield Senior Center, 15820 Ridgewood Rd, in Middlefield. Thursday, October 2 for the panel discussion (10:00 a.m. - 12:00 p.m.) and Thursday, October 9 for the signing day (half hour appointments will be assigned). Call the Middlefield Senior Center at (440) 632-0611 to reserve a space.

**Option 2:** Bainbridge Senior Center, 17751 Chillicothe Rd in Bainbridge. Thursday, October 16 for the panel discussion (10:00 a.m. -12:00 p.m.) and Thursday, October 23 for the signing day (half hour appointments will be assigned). Call the Bainbridge Senior Center at (440) 279-1313 to reserve a space.



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**Deadline for the news and information items is the 1st of the month prior to publication.**

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,200 hard copy and 700 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

### BOARD OF COMMISSIONERS

**Geauga County Ohio**  
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### LEADERSHIP TEAM

**Jessica Boalt** – Director  
**Reba Dykes** - In-Home Services Manager  
**Sandy McLeod** – Senior Centers Manager  
**Karen M. Stone** – Administrative Services Manager

## GEAUGA YOUNG OF HEART

Meet at 11:30 a.m. at St. Anselm’s Parish Center, 12969 Chillicothe Rd. in Chesterland on the first and third Friday of the month. Bring your brown bag lunch. Entertainment and refreshments will be provided.

On **September 4** we will be entertained by Tom Todd, with his guitar, banjo, and vocals. On **September 19**, Ginny Jeschelning will tell us about the story of Laura Corrigan and how she gets the last laugh.

We will be going to the Aurora Atlas Movie Theater (Rt. 306 and Rt. 82) on Wednesday, **September 24**. The movie is TBD. It will start at 11:00. Cost is \$5 for movie or \$10 for movie, drink, and popcorn.

A trip to the Sight & Sound Theater in Lancaster, PA to see “Noah” will be on **October 8-10**. Cost is \$565 pp. Call Kimber if you would like to be put on the waiting list, 440-668-3293.

## Celebrate Fall with Friends, Food & Fun!

**Thursday, October 2<sup>nd</sup> from 3–5 p.m.!**

Join us at the new cottages at Briar in Middlefield for a festive Fall Fest. Enjoy seasonal snacks, engaging activities, and the chance to laugh, mingle, and make new friends. *For details, call Dawn Damante at 440-632-3653.*



## Geauga County Veteran Food Pantry

*Serving those who have served*

This is a pantry exclusively for Veterans and their families in Geauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

**As a member, we offer:**

- **Fresh Fruits and Vegetables**
- **A variety of Canned goods**
- **Beef, Chicken, Pork, Venison, Butter and Eggs.**

**This is our way of giving back to those who have given so much.**

For information about Veteran eligibility and registration, call Geauga County Veterans Services at: 440-279-1860. Services are income/need based.

# SENIOR COMMUNITY EVENTS

## 10-Day Southern Caribbean with Martinique on the Enchanted Princess Cruise

February 24 - March 7, 2026

**Tuesday, February 24:** Depart Cleveland Hopkins for Ft. Lauderdale. We will be checking into our hotel, and the evening is free to explore.

**Wednesday, February 25:** Embarkation on the Enchanted Princess - We will have transportation from the hotel to the Port to board the Enchanted Princess.

**Thursday, February 26:** Princess Cays, Bahamas (water shuttle required). Our private resort at Princess Cays is situated on more than 40 acres and features over a half mile of white sand shoreline, all at the southern tip of the island.

**Friday, February 27:** At Sea, **Saturday, February 28:** St Thomas, Virgin Islands, **Sunday, March 1:** Dominica, **Monday, March 2:** Barbados, **Tuesday, March 3:** Martinique, **Wednesday, March 4:** Antigua, **Thursday, March 5:** At Sea, **Friday, March 6:** At Sea, **Saturday, March 7:** Disembarkation - Flight back to Cleveland.

Inside Cabin: \$3,925 per person\*, Balcony Cabin: \$4,325 per person\*, Deluxe Balcony Cabin: \$4,625 per person\*, Mini-Suite Cabin: \$4,875 per person\*

*\*Price is based on double occupancy & availability. Excursions in each port are an additional charge. Airfare is subject to change. PASSPORTS REQUIRED.*

### Price Includes:

- Roundtrip Airfare from Ohio
- One night of rooms in Ft. Lauderdale
- Transfers
- Insurance
- Taxes & Port Charges
- All meals onboard the ship

*\$500 Deposit to Hold per person, 2nd Deposit of \$1000 Due October 1, 2025. Final Payment Due November 15, 2025, Credit Cards are accepted, or checks made out to: Great Day Tours. Detailed itineraries and paperwork are available at your local senior centers. **Great Day Tours and the Geauga Department on Aging will hold an informational session for this trip on Tuesday, September 16 at 1:00 p.m. at the Geauga County Office Building (12611 Ravenwood Dr, Chardon 44024) in Room B167. For more info, please call Melissa Wheeler at 440-279-2167.***



## Lunch with the Curator

### History of Farming & Farming Equipment

Tuesday, October 7<sup>th</sup>, Noon-1 p.m.

Century Village Auburn Church  
(14653 East Park St., Burton)

Geauga County's agricultural history is closely linked to the development and use of agricultural equipment. From early tools to modern machinery, agricultural equipment has significantly impacted farming practices and efficiency in the county.

\$5 per person at the event. A box lunch can be provided through the Geauga Department on Aging for an additional \$5. When calling please let us know if you would like lunch, otherwise you may bring a bag lunch! **Call Sandy McLeod at 440-279-2137 to register.**

## Walk the Path to Wellness Event "Step into Good Health"

Tuesday, October 21<sup>st</sup> 12:00 to 3:00 p.m.

Munson Town Hall - 12210 Auburn Rd, Chardon

Please join us for this interactive health and wellness event around fall prevention. It will be both educational and engaging as you enjoy lunch and listen to our speaker on "Keeping a Strong Body as we Age". After the presentation you will participate in hands-on activities, balance challenge station, games, strengthening exercise demos, nutrition station for bones & balance, fall risk screenings, getting a stronger core and much more! Lunch is sponsored by University Hospitals Geauga Campus. In collaboration with Ohman Family Living. **Space is limited; you must call Melissa Wheeler at 440-279-2167 to RSVP.**

# BAINBRIDGE SENIOR CENTER

**CLOSED 9/1 in honor of LABOR DAY**  
**CLOSED 9/30 at 2 p.m.**  
**for staff development**

## BSC HEALTH FAIR

**Tuesday, September 9<sup>th</sup>**

**11:00 a.m. - 2:00 p.m.**

Featuring the UH Mobile Mammogram Unit as well as balance, glucose, and blood pressure screenings and holistic providers— Come join us to find out the latest info & learn about the equipment & services that can keep you healthier and in your home longer! There will also be giveaways -with special goodie bags for mammo patients! Refreshments provided! Call 440-279-1313 if interested in getting a mammogram!

## BACK 2 SCHOOL DAZE DANCE

**Friday, September 12<sup>th</sup>**

**Noon - 3:00 p.m.**

Join us for our Back to School Daze Dance. Come dressed in your old school duds and cut a rug while our DJ spins your fave tunes! Fun school themed games and competitions will be spread throughout the afternoon. Lunch will be provided. *Cost is \$15, register before 9/8 or until event full.*

## BIG BREAKFAST

**Thursday, September 25**

Join BSC for our monthly big breakfast. Veterans and September birthdays are free to attend. The cost is \$5 for everyone else. Menu: French Toast Casserole.. *\*Donuts Provided by Regency at Chagrin Falls\** Please RSVP by Monday 9/22.

## NEW ! BEGINNER Line Dancing

**Every Wednesday - 10:30-11:00 a.m.** Followed by the **regular line dancing session 11 a.m.-12 p.m.** Learn and then apply your new moves with your new friends! No need to register—just drop in!

## NEW! Grief Support Group

**Starting September 18 at 1:00 p.m.** Rev. Erin Proie will be leading a monthly grief support group right here at BSC!

## FREE Tech Help at BSC

**September 15 at 11:00 a.m.**

Steve from Verizon will be here to help you out regardless of your plan or carrier. *Call 440-279-1313 to register.*

## NEW! Canasta & Scrabble

Canasta Every Wednesday starting at Noon. Scrabble Monthly - September 18.



# SEPTEMBER 2025

MONDAY		TUESDAY	
		<b>1</b>	<b>2</b>
		9:45-10:15 Balance Class*	10:30-11:00 Cardio Drumming*
			*Sponsored by Cherished Companions*
		10:00-12:00 Mexican Train	10:00-3:00 Mahjong
		12:00-12:30 Geauga Cty Public Library Drop off & Pick up	12:00-1:00 Social Work Appts.
<b>8:30-9:30</b>	<b>All-Around Exercise (\$3)</b>	<b>8</b>	<b>9</b>
<b>9:40-10:25</b>	<b>Chair Yoga-cise (\$3)</b>		9:45-10:15 Balance Class*
<b>10:00-2:00</b>	<b>Poker</b>		11:00-2:00 BSC HEALTH FAIR
<b>12:00-12:30</b>	<b>Lunch</b>		10:00-12:00 Mexican Train
<b>1:30-3:00</b>	<b>Karaoke</b>		10:00-3:00 Mahjong
			1:00-2:30 Drawing with Matt \$5.00 p/person, registration required
<b>8:30-9:30</b>	<b>All-Around Exercise (\$3)</b>	<b>15</b>	<b>16</b>
<b>9:40-10:25</b>	<b>Chair Yoga-cise (\$3)</b>		9:45-10:15 Balance Class*
<b>9:00-2:00</b>	<b>Reliable Nurse Footcare</b>		10:30-11:00 Cardio Drumming*
<b>10:00-2:00</b>	<b>Poker</b>		*Sponsored by Cherished Companions*
<b>11:00-12:00</b>	<b>Tech Help w/ Steve</b>		10:00-12:00 Mexican Train
<b>12:00-12:30</b>	<b>Lunch</b>		10:00-3:00 Mahjong
<b>1:30-3:00</b>	<b>Karaoke</b>		12:00-12:30 Geauga Cty Public Library Drop off & Pick up
<b>8:30-9:30</b>	<b>All-Around Exercise (\$3)</b>	<b>22</b>	<b>23</b>
<b>9:40-10:25</b>	<b>Chair Yoga-cise (\$3)</b>		9:45-10:15 Balance Class*
<b>10:00-2:00</b>	<b>Poker</b>		10:30-11:00 Cardio Drumming*
<b>12:00-12:30</b>	<b>Lunch</b>		*Sponsored by Cherished Companions*
<b>1:30-3:00</b>	<b>Karaoke</b>		10:00-12:00 Mexican Train
			10:00-3:00 Mahjong
			1:00-2:30 Drawing with Matt — \$5.00 p/person, registration required
		<b>29</b>	<b>30</b>
<b>8:30-9:30</b>	<b>All-Around Exercise (\$3)</b>		9:45-10:15 Balance Class*
<b>9:40-10:25</b>	<b>Chair Yoga-cise (\$3)</b>		10:30-11:00 Cardio Drumming*
<b>10:00-2:00</b>	<b>Poker</b>		*Sponsored by Cherished Companions*
<b>12:00-12:30</b>	<b>Lunch</b>		10:00-12:00 Mexican Train
<b>1:30-3:00</b>	<b>Karaoke</b>		10:00-2:00 Mahjong
			12:00-12:30 Geauga County Public Library Drop off & Pick up
			<b>CLOSING AT 2 p.m.</b> <b>FOR A STAFF MEETING</b>

# BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY	THURSDAY	FRIDAY
<p>8:30-9:30 All-Around Exercise \$3 <b>3</b></p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Diamond Painting</p> <p>10:30-11:00 Beginner Line Dancing</p> <p>11:00-12:00 Line Dancing</p> <p>11:00-12:00 Bingo w/ Cindy from Caring Senior Choices</p> <p>12:00-2:00 Canasta</p> <p>12:30-2:00 OTL Group (Mavis Public House—Solon)</p>	<p>9:45-10:15 Balance Class* <b>4</b></p> <p>10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions*</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-12:30 Lunch</p>	<p>8:30-9:30 All-Around Exercise (\$3) <b>5</b></p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Mahjong</p> <p>12:00-2:30 Lunch &amp; a Movie (The Band Wagon -1953)</p>
<p>8:30-9:30 All-Around Exercise \$3 <b>10</b></p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Diamond Painting</p> <p>10:30-11:00 Beginner Line Dancing</p> <p>11:00-12:00 Line Dancing</p> <p>11:00-12:00 Bingo w/ Inn at the Pines</p> <p>12:30-2:00 OTL Group 56 Kitchen Solon</p> <p>12:00-2:00 Canasta</p> <p>1:30-3:00 Alzheimer's' Caregiver Support Group</p>	<p>9:45-10:15 Balance Class* <b>11</b></p> <p>10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions*</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-12:30 Lunch</p> <p>12:30-3:00 RETRO GAMING</p> <p>12:30-2:00 ART CLASS by Fairmount Center for the Arts</p>	<p>8:30-9:30 All-Around Exercise (\$3) <b>12</b></p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Mahjong</p> <p>12:00-2:30 Lunch &amp; a Movie (All About Eve—1950)</p> <p>12:00-3:00 BACK 2 SCHOOL DAZE DANCE</p>
<p>8:30-9:30 All-Around Exercise (\$3) <b>17</b></p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Diamond Painting</p> <p>10:30-11:00 Beginner Line Dancing</p> <p>11:00-12:00 Line Dancing</p> <p>11:00-12:00 Bingo</p> <p>12:00-2:00 Canasta</p> <p>12:30-2:30 OTL Group (Fun Buffet—Twinsburg)</p>	<p>9:45-10:15 Balance Class* <b>18</b></p> <p>10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions*</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-12:30 Lunch</p> <p>1:00-2:30 Grief Support Group</p> <p>12:30-2:30 Scrabble - NEW!!</p>	<p>8:30-9:30 All-Around Exercise (\$3) <b>19</b></p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Mahjong</p> <p>12:00-2:30 Lunch &amp; a Movie (Noises Off! - 1992)</p>
<p>8:30-9:30 All-Around Exercise (\$3) <b>24</b></p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Diamond Painting</p> <p>10:30-11:00 Beginner Line Dancing</p> <p>11:00-12:00 Line Dancing</p> <p>11:00-12:00 Bingo w/ Home Instead</p> <p>12:00-2:00 Canasta</p> <p>12:30-2:30 OTL Group (Burntwood Tavern—Solon)</p>	<p>9:00-10:00 BIG BREAKFAST <b>25</b> (reg req'd) *Regency @ Chagrin Falls*</p> <p>9:45-10:30 Music is Medicine <i>Presentation by Yuhva Karthikeyan</i></p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-12:30 Lunch</p> <p>12:30-2:00 ART CLASS by Fairmount Center for the Arts</p>	<p>8:30-9:30 All-Around Exercise (\$3) <b>26</b></p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-12:00 Mahjong</p> <p>12:00-2:30 Lunch &amp; a Movie (A Chorus Line—1985)</p>

**Keri Skrtic**  
*Recreation & Education*  
*Coordinator*

**Matt Samardge**  
*Recreation & Education*  
*Assistant*

## NEW! Friday Film

Every Friday, join the Bainbridge Senior Center for a lunch and movie at 12 pm, free of charge. September's theme is **BACK-STAGE DRAMA**. Reservations are not required but encouraged to ensure a meal for all attendees.

# CHARDON SENIOR CENTER

Call Chardon Senior Center to register for any of our events, lunches, or classes! Space is limited on some events. Call at least one week in advance.

## Monthly Breakfast

Tuesday, September 2 - \$5

## National Cheese Pizza Day Lunch and Trivia with Jackie!

Friday, September 5 - \$5

## Apple Tart Making Class with Val!

Tuesday, September 9 - \$10

## Breakfast Club at Spinner's Diner!

Thursday, September 11

## Guided Meditation with Maggie

Thursday, September 11 - \$3

## Chair Volleyball Scrimmage and Skills Challenge!

Friday, September 12

## Book Club

Monday, September 15

The Chocolatier, by Jan Moran

## What WOOD You Paint?

### Creative Art Class

Tuesday, September 16 • \$5

## Lunch and Creative Cooking Class

Thursday, September 18 • \$5

## 90th Birthday Party!

Friday, September 19

## Ice Cream Social with the Raccoon County Ramblers!

Tuesday, September 23 • \$2

## Breakfast & Speaker Series with Kathie Doyle!

Thursday, September 25

Interesting Contests & Competitions Throughout History. \$5

## Guided Meditation with Maggie

Thursday, September 25 • \$3

## Birthday Bingo and Pizza Party!

Friday, September 26 • \$5

## Lunch and Learn with

### Geauga Park District!

Friday, September 26



Geauga County  
Department on Aging

# SEPTEMBER 2025

MONDAY		TUESDAY	
		<b>1</b>	<b>2</b>
8:00-9:00	Chair Volleyball	8:30	Monthly Breakfast \$
8:30-10:00	Chess Club	9:00-11:30	Woodcarving
10:00-11:00	Line Dancing \$3 (Off Site)	10:00-12:00	Knit and Crochet
10:00-12:00	Rug Hooking/Quilting	10:00-10:45	Tai Chi \$3
11:00-11:45	Balance Exercise	11:00-12:00	Balance Exercises
11:00-11:45	Strength Training \$2	12:30-4:00	Rummikub
1:00-3:00	Diamond Art	2:00-3:30	RCR Practice
1:00	Tech Help by Appt.		
8:00-9:00	Chair Volleyball <b>8</b>	9:00-11:30	Woodcarving <b>9</b>
8:30-10:00	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 (Off Site)	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking	11:00-12:00	Balance Exercises
10:00-12:00	Quilting Club	12:30-4:00	Rummikub
11:00-11:45	Balance Exercise	1:00-3:00	Apple Tart Making Class with Valerie \$
11:00-11:45	Strength Training \$2	2:00-3:30	RCR Practice
1:00	Diamond Art/ Tech Help/ Book Club		
8:00-9:00	Chair Volleyball <b>15</b>	9:00-11:30	Woodcarving <b>16</b>
8:30-10:00	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 (Off Site)	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking	11:00-12:00	Balance Exercises
10:00-12:00	Quilting Club	12:30-4:00	Rummikub
11:00-11:45	Balance Exercise	1:00-3:00	What WOOD You Paint? \$
11:00-11:45	Strength Training \$2	2:00-3:00	Diabetes Support
1:00	Diamond Art/ Tech Help/ Book Club	2:00-3:30	RCR Practice
8:00-9:00	Chair Volleyball <b>22</b>	9:00-11:30	Woodcarving <b>23</b>
8:30-10:00	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 (Off Site)	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking	11:00-12:00	Balance Exercises
10:00-12:00	Quilting Club	12:30-4:00	Rummikub
11:00-11:45	Balance Exercise	2:00-3:30	Ice Cream Social with the Raccoon County Ramblers \$
11:00-11:45	Strength Training \$2		
1:00	Diamond Art/ Tech Help Appts.		
8:00-9:00	Chair Volleyball <b>29</b>	9:00-11:30	Woodcarving <b>30</b>
8:30-10:00	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 (Off Site)	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking	11:00-12:00	Balance Exercises
10:00-12:00	Quilting Club	12:30-4:00	Rummikub
11:00-11:45	Balance Exercise	12:00-1:30	County Ramblers Practice
11:00-11:45	Strength Training \$2		
1:00-3:00	Diamond Art		
1:00	Tech Help by appt.		

CLOSED AT 2:00 TODAY

# CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

## WEDNESDAY

## THURSDAY

## FRIDAY

<p>9:00-11:00 Pinochle <b>3</b>            11:00-12:00 "Marbles &amp; Jokers"            11:00-11:45 Strength Training \$2            11:00-12:00 Balance Exercise            12:45-2:00 Chair Volleyball            1:00-4:00 Mah Jongg            Geauga Renaissance Choral Group sings the National Anthem at the Lake County Captains Game!</p>	<p>10:30-12:00 Choral Group <b>4</b>            11:00-11:45 Balance Exercise            12:15-4:00 Duplicate Bridge            12:30-4:00 Scrabble Club            12:30-4:00 "Marbles &amp; Jokers"            1:30-3:30 Line Dancing \$5(off site)</p>	<p>9:30-11:30 Stained Glass <b>5</b>            9:30-10:30 Chair Volleyball            11:00-12:00 Balance Exercise            12:00 National Cheese Pizza Day Lunch and Trivia \$            1:00 Social Worker Appts.            1:00 Photo Club (off-site)            1:00-4:00 Bridge / Rummikub</p>
<p>9:00-11:00 Pinochle <b>10</b>            11:00-12:00 "Marbles &amp; Jokers"            11:00-11:45 Strength Training \$2            11:00-12:00 Balance Exercise            12:45-2:00 Chair Volleyball            1:00-4:00 Mah Jongg</p>	<p>9:30 Breakfast at Spinner's \$ <b>11</b>            10:30-12:00 Choral Group            11:00-11:45 Balance Exercise            12:15-4:00 Duplicate Bridge            12:30-4:00 Scrabble Club            12:30-4:00 "Marbles &amp; Jokers"            1:00-2:00 Guided Meditation \$            1:30-3:30 Line Dancing \$5 (off site)</p>	<p>9:30-11:30 Stained Glass <b>12</b>            10:00-12:00 Chair Volleyball Scrimmage &amp; Skills Challenge            11:00-12:00 Balance Exercise            1:00-4:00 Bridge/Rummikub            1:30-2:30 Cardio-Drum video            2:30-3:30 Cornhole</p>
<p>8:00-9:00 Wahoo Wednesday <b>17</b>            Coffee Chat about CLE Guards            9:00-11:00 Pinochle            11:00-12:00 "Marbles &amp; Jokers"            11:00-11:45 Strength Training \$2            11:00-12:00 Balance Exercises            12:45-2:00 Chair Volleyball            1:00-4:00 Mah Jongg</p>	<p>10:30-12:00 Choral Group <b>18</b>            11:00-11:45 Balance Exercise            12:00-1:00 Lunch and Creative Cooking Class \$            12:15-4:00 Duplicate Bridge            12:30-4:00 Scrabble Club            12:30-4:00 "Marbles &amp; Jokers"            1:30-3:30 Line Dancing \$5 (off site)</p>	<p>9:30-11:30 Stained Glass <b>19</b>            9:30-10:30 Chair Volleyball            11:00 90th Birthday Party at St. Mary's—prior registration            11:00-12:00 Balance Exercise            1:00-4:00 Bridge / Rummikub            1:30-2:30 Cardio-Drum Video            2:30-3:30 Cornhole</p>
<p>8:00-9:00 Wahoo Wednesday <b>24</b>            Coffee Chat about CLE Guards            9:00-11:00 Pinochle            11:00-12:00 "Marbles &amp; Jokers"            11:00-11:45 Strength Training \$2            11:00-12:00 Balance Exercises            12:45-2:00 Chair Volleyball            1:00-4:00 Mah Jongg</p>	<p>9:00-10:30 B'fast &amp; Speaker \$ <b>25</b>            10:30-12:00 Choral Group            11:00-11:45 Balance Exercise            12:15-4:00 Duplicate Bridge            12:30-4:00 Scrabble Club            12:30-4:00 "Marbles &amp; Jokers"            1:00-2:00 Guided Meditation \$            1:30-3:30 Line Dancing \$5 (off site)</p>	<p>9:30-11:30 Glass <b>26</b>            9:30-10:30 Chair Volleyball            11:00-12:00 Balance Exercise            11:00 Birthday Bingo &amp; Pizza \$            12:00-1:30 Lunch and Learn with Geauga Park District            1:00-4:00 Bridge / Rummikub            1:30-2:30 Cardio-Drum Video</p>

Becky O'Reilly  
*Recreation & Ed. Coordinator*  
 Jackie Kleve, Chris Mackar & Val Garland  
*Rec & Ed Assistant Coordinators*  
 Beth Oliverio  
*Information and Referral Specialist*  
 Ellie Rickard  
*Food Service Coordinator*

**Noon Lunch & Movie Mondays:**  
 9/8: Rebel Without a Cause (PG-13)  
 9/15: Stand and Deliver (PG)  
 9/22: Footloose (PG)  
 9/29: Lean on Me (PG-13)

# MIDDLEFIELD SENIOR CENTER

## Monday Crafts

Sept. 8<sup>th</sup> Stone Bird Picture \$3  
 Sept. 15<sup>th</sup> Water bottle Flower  
 Sept. 22<sup>nd</sup> Crafting with Marsha  
 Sept. 29<sup>th</sup> Coffee Creations

## Make and Take

Thursday, September 4<sup>th</sup>  
 Healthy snacks and small meal prep ideas. • \$8

## New to the schedule

### Mexican Train

Thursdays at 11 a.m.

**10 a.m. Monthly breakfast \$3**

**10:30 a.m. Kathie Doyle**

Friday, September 5<sup>th</sup>

Presentation History of Disney World

## Myofit of Middlefield

Thursday, September 11<sup>th</sup>

Presentation. Back and Hip

## Chardon & Middlefield Chair Volleyball Scrimmage & Skills Challenge at CSC

Friday, September 12<sup>th</sup>

Must Register For Lunch

## Book Club

Thursday, September 18<sup>th</sup>

This month lets try something new!  
 Bring your favorite book to discuss with the group.

## Falling into the 60s & 70s

Thursday, September 16<sup>th</sup>

11 a.m. Music BINGO inspired by the 60s and 70s. 12 p.m. Apple themed lunch \$5. Bring an Apple dessert to share! Prizes for best dessert and best dressed!

## Knowledge with Dawn!

Thursday, September 16<sup>th</sup>

Balance and Safety

## National Coffee Day!!!

Thursday, September 29<sup>th</sup>

Presentation from Ferroni's



Geauga County  
 Department on Aging

# SEPTEMBER 2025

## MONDAY

## TUESDAY



**1**

**2**

10am Chair Yoga Video  
 11am Walking at Mineral Lake  
 11am Line Dancing \$3  
 12pm Lunch  
 1pm Chair Volleyball

**8**

**9**

10am Crafting Club  
 11am Balance Exercise  
 12pm Lunch  
 12pm-3pm Painting Pals  
 1pm Crafting  
 Stone Birds Picture \$3

10am Chair Yoga Video  
 11am Walking at Mineral Lake  
 11am Line Dancing \$3  
 12pm Lunch  
 1pm Chair Volleyball

**15**

**16**

10am Crafting Club  
 11am Balance Exercise  
 12pm Lunch  
 12pm-3pm Painting Pals  
 1pm Crafting  
 Water bottle flowers on canvas  
 Donation

10am Chair Yoga Video  
 11am Falling into the 60s & 70s Music BINGO  
 12pm Apple themed lunch \$5  
 12:30pm Best apple dessert contest  
 1pm Chair volleyball

**22**

**23**

9am Touring with Ginny  
 10am Crafting Club  
 11am Balance Exercise  
 12pm Lunch  
 12pm-3pm Painting Pals  
 1pm Crafting with Marsha!

10am Chair Yoga Video  
 11am Walking at Mineral Lake  
 11am Line Dancing \$3  
 12pm Lunch  
 1pm Chair Volleyball

**29**

**30**

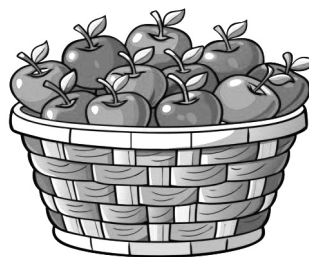
10am National Coffee Day  
 11am Balance Exercise  
 12pm Lunch  
 12pm-3pm Painting Pals  
 1pm Crafting Coffee  
 Creations Donation

10am Chair Yoga Video  
 11am Walking at Mineral Lake  
 11am Line Dancing \$3  
 12pm Lunch  
 1pm Chair Volleyball  
 Closed at 2pm for staff development

**MIDDLEFIELD SENIOR CENTER** 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>3</b>	<b>4</b>	<b>5</b>
10am Balance Exercise 11am BINGO 12pm Lunch 1pm Trivia Mania 2pm Chair Volleyball	10am Mexican Train 11am Make & Take healthy snacks \$8 12pm Lunch 1pm Chair Volleyball	10am Monthly Breakfast \$3 10:30am Kathie Doyle History of Disney World 12pm Lunch 1pm Chair volleyball
<b>10</b>	<b>11</b>	<b>12</b>
8am Social Work Appts 10am Balance Exercise 11am BINGO Sponsored by Inn at the Pines 12pm Lunch 1pm Trivia Mania 2pm Chair Volleyball	10am Myofit Fit Presentation Back & Hip 11am Grooving with Ginny 12pm Lunch 1pm Chair Volleyball	10am-12pm Volleyball Mixer At CSC 10am Chair Yoga Video 12pm Lunch 1pm Chair volleyball
<b>17</b>	<b>18</b>	<b>19</b>
8 am Social Work Appts 10am Balance Exercise 11am BINGO with Dawn! 12pm Lunch 1pm Trivia Mania 2pm Chair Volleyball	10am Mexican Train 11am Grooving with Ginny 11am Book Club <i>(Bring your favorite book to share!)</i> 12pm Lunch 1pm Chair Volleyball	10am Chair Yoga Video 12pm Lunch 1pm Chair volleyball
<b>24</b>	<b>25</b>	<b>26</b>
10am Balance Exercise 11am Trivia Mania 12pm Lunch 1pm BINGO Sponsored by Burton Health Care 2pm Chair Volleyball	10am Mexican Train 11am Knowledge with Dawn! Balance & Safety 12pm Lunch 1pm Chair Volleyball 2pm Movie at Briar (Nonnas)	10am Chair Yoga Video 12pm Lunch 1pm Chair volleyball

**Please call to register  
for lunch,  
crafting & special  
events.  
440-632-0611**



**Hannah Heinz**  
*Recreation &  
Education Coordinator*

**Ginny Lester**  
*Recreation &  
Education Assistant*

# WEST GEAUGA SENIOR CENTER

## Breakfast & BINGO

Sept. 5<sup>th</sup> - 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of blueberry pancakes, sausage patties, yogurt and beverage. Bingo will be after breakfast from 9:00-10:00 a.m. **Cost \$6 Registration Required. Deadline is Sept. 3<sup>rd</sup>.**

## Lunch & Movie "Conclave"

Sept. 26<sup>th</sup> 12:00-2:00 p.m.

Join us for a hot lunch (*meal of the day*) followed by the movie "Conclave". A 2024 political thriller centered around the election of a new Pope. Following the unexpected death of the current Pope, Cardinal Lawrence (*played by Ralph Fiennes*) is tasked with leading the conclave, a secret gathering of Cardinals in the Vatican to elect his successor. The film explores the intricate power dynamics, hidden agendas, and potential scandals within the Church as the Cardinals grapple with tradition, ambition, and the future of the papacy.

**Register by Sept. 15<sup>th</sup> @ 440-279-2163.**

## Lunch & Learn with Geauga Parks

Sept. 18<sup>th</sup> - 11:00 a.m. - 12:30 p.m.

Join us for a nature presentation by a GP Naturalist "Gauga's Natural Wonders". A hot lunch will be served after the program from 12:00-12:30. **Register by Sept 8<sup>th</sup> FREE Event, call 440-279-2163 for more info.**

## Never Ending Knowledge

Sept. 17<sup>th</sup> 1:00-2:30 p.m.

New series begins "The Great Castles of Europe". Take a fascinating tour of Europe's great medieval castles and discover the ways in which these astonishing buildings shaped the political, economic and social evolution of Europe. This is an ongoing program, see page 20 for details.

## Music History Mondays in September

Mondays Sept. 8<sup>th</sup> thru Sept. 29<sup>th</sup>  
12:00-1:30 p.m.

Join us for a hot lunch along with lectures on Music History through the Great Courses Plus. The Topic will be *Mozart ~His life and Music*. **Register one week prior to each Monday you will attend to receive the meal. 440-279-2163.**

## Lunch and TV Trivingo

Sept. 19<sup>th</sup> 12:00-2:00 p.m.

Join us for lunch of soup and sandwiches, potato salad and dessert. Lunch will be from 12:00-12:30, and Trivingo from 12:30-2:00. **Cost is \$7, Registration deadline is Sept 15<sup>th</sup>. Call 440-279-2163 for more info.**

VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

# AUGUST 2025

## MONDAY



**1**

9:00-10:00 Water Exercise Metz Pool **8**  
10:00-11:00 Strength & Cardio VT  
11:00-12:00 Gentle Stretch Chair Yoga  
12:00-1:00 Water Exercise Metz Pool  
12:00-1:30 Music History Mondays  
1:00-3:00 Mahjong  
1:00-3:00 Diamond Art \$  
2:00-3:00 Line Dancing \$2

9:00-10:00 Water Exercise - Metz Pool **15**  
10:00-11:00 Strength & Cardio VT  
11:00-12:00 Gentle Stretch Chair Yoga  
12:00-1:00 Water Exercise Metz Pool  
12:00-1:30 Music History Mondays  
1:00-3:00 Mahjong  
1:00-3:00 Diamond Art \$  
2:00-3:00 Line Dancing \$2

9:00-10:00 Water Exercise - Metz Pool **22**  
10:00-11:00 Strength & Cardio VT  
11:00-12:00 Gentle Stretch Chair Yoga  
12:00-1:00 Water Exercise Metz Pool  
12:00-1:30 Music History Mondays  
1:00-3:00 Diamond Art \$  
2:00-3:00 Line Dancing \$2

9:00-10:00 Water Exercise - Metz Pool **29**  
10:00-11:00 Strength & Cardio  
11:00-12:00 Chair Yoga  
12:00-1:00 Water Exercise-Metz Pool  
12:00-1:30 Music History Mondays  
1:00-3:00 MahJong  
1:00-3:00 Diamond Art \$  
2:00-3:00 Line Dancing \$2

## TUESDAY

9:00-11:30 Stained Glass \$5 **2**  
9:00-10:00 Water Exercise-Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-ChiFit \$3  
12:30-2:30 Knit & Crochet

9:00-11:30 Stained Glass \$5 **9**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-ChiFit \$3  
12:30-2:30 Knit & Crochet

9:00-11:30 Stained Glass \$5 **16**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-ChiFit \$3  
12:30-2:30 Knit & Crochet

9:00-11:30 Stained Glass \$5 **23**  
9:00-10:00 Water Exercise - Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-Chi Fit \$3  
12:30-2:30 Knit & Crochet

9:00-11:30 Stained Glass \$5 **30**  
9:00-10:00 Water Exercise-Metz Pool  
10:00-10:30 Beginner Spin Class  
11:00-11:45 Seated Strength/ Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-ChiFit \$3  
12:30-2:30 Knit & Crochet

# WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY	THURSDAY	FRIDAY
<p>9:00-10:00 Water Exercise - Metz Pool <b>3</b></p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Strength &amp; Cardio VT</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p>	<p>9:00-10:00 Water Exercise - Metz Pool <b>4</b></p> <p>10:00-10:30 Beginner Spin Class</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Seated Strength &amp; Balance</p> <p>1:00-2:00 Chair Volleyball</p> <p>2:00-3:00 Cognitive Building Brain Games</p>	<p>8:30-10:00 Breakfast &amp; BINGO \$6 <b>5</b></p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-11:45 Cardio Drumming Video</p> <p>2:30-3:30 Senior Spin Class</p>
<p>9:00-10:00 Water Exercise - Metz Pool <b>10</b></p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Strength &amp; Cardio VT</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Ancient Egypt"</p> <p>12:30-4:00 Mahjong Mixer</p>	<p>9:00-10:00 Water Exercise-Metz Pool <b>11</b></p> <p>10:00-10:30 Beginner Spin Class</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Seated Strength &amp; Balance</p> <p>1:00-2:00 Chair Volleyball</p> <p>1:00-2:30 Arm Chair Travel "Germany &amp; Austria"</p> <p>1:00-3:00 Mahjong Lessons</p>	<p>9:00-11:30 Stained Glass \$5 <b>12</b></p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-11:45 Cardio Drumming VIDEO</p> <p>12:00-1:30 Lunch &amp; BINGO</p> <p>2:30-3:30 SENIOR SPIN Class</p>
<p>9:00-10:00 Water Exercise-Metz Pool <b>17</b></p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Strength &amp; Cardio VT</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Great Castles of Europe"</p>	<p>9:00-11:00 Water Exercise-Metz Pool <b>18</b></p> <p>10:00-10:30 Beginner Spin Class</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Seated Strength &amp; Balance</p> <p>11:00-12:30 Lunch &amp; Learn with Geauga Parks "Gauga's Natural Wonders"</p> <p>1:00-2:00 Chair Volleyball</p> <p>2:00-3:30 Cognitive Building Brain Games</p>	<p>9:00-11:30 Stained Glass \$5 <b>19</b></p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-11:45 Cardio Drumming VIDEO</p> <p>12:00-2:00 Lunch and Trivingo \$7</p> <p>2:30-3:30 SENIOR SPIN Class</p>
<p>9:00-10:00 Water Exercise-Metz Pool <b>24</b></p> <p>9:00-11:30 Stained Glass \$5</p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Strength &amp; Cardio VT</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-2:30 Never Ending Knowledge "Great Castles of Europe"</p>	<p>9:00-11:00 Water Exercise-Metz Pool <b>25</b></p> <p>10:00-10:30 Beginner Spin Class</p> <p>10:00-11:00 Water Exercise-Metz Pool</p> <p>11:00-11:45 Seated Strength &amp; Balance</p> <p>1:00-2:00 Chair Volleyball</p> <p>1:00-2:30 Arm Chair Travel "Germany &amp; Austria"</p> <p>1:00-3:00 Mahjong Lessons</p> <p>5:00-7:00 WG DINE NITE OUT</p>	<p>9:00-11:30 Stained Glass \$5 <b>26</b></p> <p>9:30-10:30 Senior Spin Class 1</p> <p>10:00-11:00 Gentle Chair Yoga VIDEO</p> <p>10:30-11:30 Senior Spin Class 2</p> <p>11:00-11:45 Cardio Drumming Video</p> <p>12:00-2:00 Lunch &amp; Movie "Conclave"</p> <p>2:30-3:30 SENIOR SPIN Class</p>

### SENIOR SPIN CLASSES

Wednesdays & Fridays  
9:30-10:30 a.m.  
and again 10:30-11:30 a.m.  
Friday Afternoon's 2:30-3:30 p.m.

### BEGINNER SPIN CLASSES

Tuesdays & Thursdays  
10:00 a.m.-10:30 a.m.  
**SIGN-UP REQUIRED,  
NO WALK-INS.**

Lunch is served Mon thru Fri from 12:00-12:30 pm. ALL Seniors **MUST** make a **RESERVATION IN ADVANCE** to receive a lunch. Reservations must be received by Monday of the week prior to your lunch request. ALL lunch reservations can be made by calling the WGSC at 440-279-2163

Recreation/Education Coordinator  
Christine Bacon 440-279-2163

Rec/Ed Assistants  
Jeannie Molzon 440-279-2183  
Amy Walsh 440-279-2163

I&R Assistant: Debbie M.

Stained Glass Class Appts:  
Call Don Trask 440-759-9691

# SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

## Parkinson's Support Group – Sugar Cravings & Parkinsons

Tuesday, September 16th at 12:30 p.m.

Chardon Senior Center, 470 Center St., Bldg. 8, Chardon

Davis Phinney video on Sugar Cravings will give you a new insight as to how your diet is affecting your Parkinson's symptoms. This dietician is known as the brain dietician, and she will talk about how elevated blood sugar affects all the organs in your body.

Call Sandy McLeod at 440-279-2137 with questions.

## Walking for Wellness Summer- Every Thursday at 9:00 a.m.

Join the Geauga County Department on Aging and UH Geauga for our "Walking for Wellness" program. Walking has shown to help with weight management, reducing stress, and increasing energy levels. This group focuses on keeping a steady pace, and our goal is 3 miles each walk. Call Melissa Wheeler at 440-279-2167 with questions.



## Daytime Senior Book Discussions

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Sandy McLeod at 440-279-2137.

*Discussion books are available to loan at hosting Library's front desk, call to have them reserve a book for you!*

- **Sept. 3 (1st Wednesday) 11:30 a.m. - 12:30 p.m.** at Geauga West Library, with an out to lunch to follow **Discussing: *First Ladies*** by Marie Benedict
- **Sept. 11 (2nd Thursday): 1:30 - 3:00 p.m.** at Burton Library **Discussing: *The last Bookshop in London*** by Madeline Martin

## Free Lunch and a Movie

Thursday, September 4<sup>th</sup> from 12:00 - 2:30 p.m.

West Geauga Senior Center (8090 Cedar Road, Chesterland)

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. ***Due to very limited space, and to ensure a fun experience for all, registration is required by calling 440-214-3180.***

## Geauga Walkers

All walks begin promptly at 1:00.

\*A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules."

Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
9/2	Wildwood Cultural Center 7645 Little Mountain Road, Mentor
9/9*	Frohring Meadows 16780 Savage Road, Bainbridge Twp
9/16*	Camp Ho Mita Koda 14040 Auburn Road, Newbury Township
9/23*	Observatory Park 10610 Clay Street, Montville, Between Rt 6 & Rt 322
9/30*	Red Oak Camp @ Lantern Court 9203 Kirtland Chardon Road, Willoughby Drive past gatehouse and main house to parking lot

## Bike Trip & Lunch:

### Western Reserve Greenway Trail

Tuesday, September 30<sup>th</sup>

We will meet in the parking lot of Los Venados (513 E. Main St, Orwell) and begin our ride at 10:00 a.m. for approximately 8 miles south on the Western Reserve Greenway Trail and return to the restaurant. This trail is on pavement and is flat. We will have lunch following the ride at Los Venados around 11:30 a.m. Lunch is on your own. ***Please RSVP by calling Melissa Wheeler at 440-279-2167.***

# SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

## Geauga Cyclists

Every Tuesday at 9:00 a.m.

The Department on Aging will be holding weekly bicycle rides every Tuesday at 9:00 a.m. for senior citizens. Meet at Eagles Baseball Field on Park Avenue in Chardon. We ride southeast on the Maple Highland Trail and back between 10-15 miles. You must bring your own bike and have transportation to the park. Please wear helmets for safety, carry water, and follow park etiquette. **Should you have any additional questions, please call Melissa Wheeler at 440-279-2167.**

## Diabetes Support Group – Diabetes and Technology

Tuesday, September 16<sup>th</sup> at 2:00 p.m.

Chardon Senior Center, 470 Center St., Building 8, Chardon.

Join us to learn about the benefits of exercise. Exercise helps control weight, lowers blood pressure, and helps with lowering cholesterol. There are added benefits for people with diabetes: exercise lowers blood glucose levels and boosts your body's sensitivity to insulin, countering insulin resistance. Learn some great ways to add exercise to your life and see what benefits you'll get! **Call Sandy McLeod at 440-279-2137 to RSVP.**

## Simple Cooking with Heart – Presented by UH Geauga

Wednesday, September 17<sup>th</sup> at 3:00 p.m.

Meet in the Conference Center at UH Geauga Medical Center (13207 Ravenna Rd, Chardon) for a fun and delicious cooking demonstration focused on healthy eating as we roll into fall! Learn easy, heart-healthy recipes and enjoy a tasty fall harvest meal. **Space is limited, so be sure to reserve your spot by calling 440-241-3180. Don't miss this chance to nourish your body and savor the season.**

## Free Senior Health and Wellness Fair!

Monday, October 6<sup>th</sup> from 9 a.m. - 12 p.m.

Geauga YMCA - 12460 Bass Lake Road in Chardon

The YMCA is partnering with University Hospitals Geauga Medical Center who will be offering free screenings (cholesterol, glucose, blood pressure, and balance). There will also be 35 other vendors offering free information, services, free gifts and items to purchase.

**Questions? Call the YMCA at (440) 285-7543 Ext 3025.**

*What a wonderful time we had at the Ohman Family Living Garden Club Party! Our residents have poured their hearts into creating a beautiful, thriving garden — and it truly shows. Their dedication, creativity, and love for nature have made our space something special. A huge thank you to the Geauga County Department on Aging for all of their support and for hosting such a fun and engaging garden trivia game! Your partnership helped make this celebration even more memorable.*



## A Women's Day

Thursday, September 11 from 9:30 a.m.- 2:00 p.m.

Women, come join us and “unplug” for a day of relaxation & rejuvenation in nature! Meet at the Boathouse at beautiful Headwaters Park (13365 Old State Rd, Huntsburg). A variety of activities will include kayaking, hiking, crafting, and more! This year's lunch speaker will be talking on “Caring for Aging Skin”. Morning pastries and lunch are included for the day. Partnership between UH Geauga Hospital and Geauga Park District. **\$20 per person. Call Sandy McLeod with questions at 440-279-2137.**

## Wellness in the Lobby: Healthy Aging Month

September 24<sup>th</sup> from 11:00 a.m. to 1:30 p.m.

UH Geauga! Join us in the main lobby  
(13207 Ravenna Rd, Chardon)

Join us for free health screenings, valuable community resources, refreshments, and much more. Learn from educational displays, enter our basket raffle, and discover tips for aging well. This is a great opportunity to connect, stay informed, and take steps toward a healthier future. **Don't miss it! No registration required!**

## SENIOR COMMUNITY EVENTS

For more information on any event, call the Geauga County Department on Aging at 440-279-2167.

### CWRU Siegel Lifelong Learning Speaker

Tuesday, September 9<sup>th</sup>

Ohman Family Living at Holly - 10190 Fairmount Rd, Newbury

Breakfast will be served at 9:30 a.m., followed by the lecture “Living in the New Age of Artificial Intelligence” beginning at 10:00 a.m. Presented by Alfred R. Cowger, Jr, Attorney and Instructor of Lifelong Learning. We continually hear about Artificial Intelligence (AI), often with bold claims that it will fundamentally change our society in the coming decades. But how will AI really impact the average person? Even if you don’t consider yourself tech-savvy, AI is already a part of our day-to-day activities, whether we realize it or not. We will explore how AI is shaping our legal rights, our finances, and our everyday lives. We will discuss both the benefits and threats to the average citizen, as well as strategies for minimizing those threats. And a promise: high tech vocabulary will be kept to a minimum!

**Cost: \$15 for members, \$20 non-members. Registration is required by visiting [www.case.edu/lifelonglearning](http://www.case.edu/lifelonglearning) or calling 216-368-2090. You may also pay the day of the event but need to RSVP by calling Dawn at 440-632-3653.**

### Aging Well in Geauga: Services, Support and Resources In-Person

Tuesday, September 9, 2025

2:00 p.m. - 3:00 p.m.

Geauga West Branch  
13455 Chillicothe Rd, Chesterland  
in the Eykyn Room

Learn about the key services and programs offered by the Geauga County Department on Aging to support older adults and caregivers. The presenter will provide an overview of available resources, including senior nutrition, transportation, caregiver support, and aging-in-place initiatives. This brief session is ideal for anyone looking to better understand how to access and connect others to essential aging services in the community. **You can register online at [GauguLibrary.net](http://GauguLibrary.net) OR call the library at 440-729-4250**

## BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

### Fairmount Art Classes Are BACK!

Art Classes Are Back at BSC This September! We’re excited to welcome Fairmount Center for the Arts back for another inspiring session of art classes!

*You spoke, we listened — this time around, classes will feature:*

- Longer sessions (now 90 minutes!)
- More hands-on instruction for a deeper creative experience

Just \$35 for six 90-minute classes, and all supplies are included! **Classes start at 12:30-2:00 p.m. on Thursday September 11 and will continue bi-weekly through November.**

Sign up today and let your creativity shine!

### NEW! GAMES AT BSC!

CANASTA – Every Wednesday starting at Noon!

SCRABBLE – Will be MONTHLY starting September 18<sup>th</sup> at 12:30 p.m.

### BSC HEALTH FAIR

Featuring the UH Mobile Mammogram Unit as well as balance, glucose, and blood pressure screenings and holistic providers—Come join us from 11am-2pm to find out the latest information and learn about the equipment and services that can keep you healthier and in your home for longer! There will also be giveaways (with special goodie bags for mammogram participants!) and refreshments provided!

**Call 440-279-1313 if interested in getting a mammogram!**

### NEW! Beginner Line Dancing

Every Wednesday from 10:30 -11 a.m. for beginner’s class then stay for the regular line dancing session 11 a.m. - 12 p.m. Learn and then apply your new moves with your new friends! **No need to register—just drop in!**

### FREE Tech Help

September 15<sup>th</sup> at 11:00 a.m.

Steve from Verizon will be here at 11 a.m. to help you out regardless of your plan or carrier. **Call 440-279-1313 to register.**

# BAINBRIDGE SENIOR CENTER EVENTS

## Balance Class & Cardio Drumming

Join us Tuesdays and Thursdays for one or both of these fitness classes taught by certified instructor, Alaina Hession! Thanks to Cherished Companions, these classes are free for registered members to attend!

## Special Presentation - Music is Medicine

Immediately following Big Breakfast on September 25, Yuhva Karthikeyan will present short program titled "Music is Medicine", combining live performances with a message about how music can support emotional wellness and brain health. Yuhva Karthikeyan is a rising senior at Solon High School with a deep passion for singing and connecting with others through music. She has performed at Carnegie Hall and has earned several international accolades

## Big Breakfast

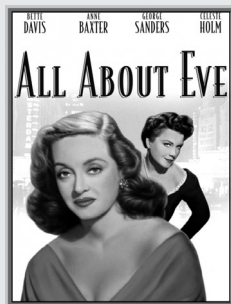
Thursday, September 25<sup>th</sup>

Join BSC for our monthly big breakfast. Veterans & September birthdays are free to attend. The cost is \$5 for everyone else. *On the menu: French Toast Casserole.* \*Donuts Provided by Regency at Chagrin Falls\*  
*Please RSVP by Monday 9/22.*

## NEW! Friday Film

Every Friday, join the Bainbridge Senior Center for a lunch and movie at 12 pm, free of charge. September's theme is BACKSTAGE DRAMA. Reservations are not required but encouraged to ensure a meal for all attendees.

- 9/5 - **The Band Wagon** -  
1953 Cyd Charisse
- 9/12 - **All About Eve** -  
1950, Bette Davis
- 9/19 - **Noises Off!** -  
1992, Christopher Reeve
- 9/26 - **A Chorus Line** -  
1985, Michael Douglas



## Back to School Daze Dance

Join us at the Bainbridge Senior Center for our Back-to-School Daze Dance on September 12<sup>th</sup>! Come dressed in your old school duds and cut a rug. We will have a live DJ with special performances by Bainbridge's own MATT! Fun school themed games and competitions will be spread throughout the afternoon. Lunch will be provided. The cost is \$15 and registration closes on September 8<sup>th</sup> or until event full.

## Geauga County Public Library at BSC September 2<sup>nd</sup>, 16<sup>th</sup> and 30<sup>th</sup>

Geauga County Public Library will be stopping in with new selections of various media for you to borrow.

## Reliable Nurse Footcare

Jen Vanek is coming to BSC monthly now!!  
Call 216-956-0293 to book an appointment!

## New! Grief Support Group

Starts Thursday, September 18<sup>th</sup> at 1 p.m. at BSC!

Led by Rev. Erin McCreight Proie from Bluedot Cares of Ohio. Erin has over 15 years of experience across multiple healthcare settings as a Chaplain, primarily serving older adults through hospice and senior living communities. She has led bereavement groups, family support groups, and is committed to helping others find their meaning and purpose.  
*Call 440-279-1313 to register!*

## Ashtabula Covered Bridge and Barn Quilt Tour

Thursday, October 16<sup>th</sup>

Hop on the trolley and join in on the fun as we travel through Ashtabula County on Thursday, October 16<sup>th</sup> and visit some of the beautiful, covered bridges and barn quilts. We will stop at the Covered Bridge Pizza Parlor for lunch with a pit stop at Brant's Apple Orchard. The trolley will depart from Geauga County Sheriff's Department at 9:30 a.m. and we will return around 3:30 p.m. The cost is \$35 and covers the transportation and gratuity. Lunch will be on your own. Snacks and drinks will be provided. Registration open till October 9<sup>th</sup> or until the event is full.



*Christmas in July party at the Middlefield Senior Center turned out amazing from graham cracker house making to music bingo interrupted by good ole Santa Claus then an amazing lunch with desserts!!*



# CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

## Halloween Chili Cook-Off Party!

October 31<sup>st</sup> - 1:00-3:00 p.m.  
at Chardon Senior Center

Middlefield Senior Center, Community Programming, and Chardon Senior Center invite you to vote on the "People's Choice" award for our first annual Halloween Chili Cook-Off Party! Come dressed in your favorite Halloween Costume, vote on the staff-made chili, and enjoy the sounds of our very own D.J. Big Business (Chris from CSC)! A light lunch will be available with the chili samples. *Registration is required by 10/17. \$5 per person.*



*Chardon Senior Center was the place to be July 7th. We hosted a full house at lunchtime, with entertainment provided by Chardon Polka Band!*

## Chair Volleyball Scrimmage and Skills Challenge

Friday, September 12, from 10 a.m. – 12 noon,  
with lunch served at noon.

Middlefield and Chardon Senior Centers are teaming up to host a fun chair volleyball mixer! It will be held at Chardon Senior Center. Anyone interested in a friendly scrimmage and skills challenge is welcome! *Registration is required by calling either Middlefield Senior Center at 440-632-0611 or Chardon Senior at 440-279-2126.*

## Ice Cream Social with the Raccoon County Ramblers Stringed Instruments Group

Tuesday, September 23, at 2:00 p.m.  
Chardon Senior Center

Enjoy a fabulous musical performance, sweet ice cream treats, and have a delightful time with friends!  
*\$2 per person with registration.*

## Art Club with Amber from Ariel Inspired Studio

Tuesday, October 14, from 1 p.m. – 3 p.m.  
at Chardon Senior Center

This month's project is a beautiful framed ghost made out of pearls! No experience needed. No supplies needed. Amber will walk you through the painting process, step-by-step! \$40 with registration.

## What WOOD You Paint? Creative Art Class

Tuesday, September 16, from 1 p.m. – 3 p.m.

This creative art project involves using acrylic paint and driftwood. What image in the grain will inspire you to paint an original piece of art? All supplies will be available at the class. \$5 with registration.

## Meditation with Maggie

Thursday, September 11 AND  
Thursday, September 25, at 1:00 p.m.

. Come spend time in this meditation class. New to the concept of meditating? No worries, our instructor, Maggie Kimble, will walk you through the process. \$3.00 per person and per session, with registration.  
*Call 440-279-2131 with interest.*

## Apple Tart Make & Take Class

Tuesday, September 9, from 1 p.m. – 3 p.m.

Enjoy a hands-on baking project, as you are given step-by-step instruction on creating your very own apple tarts! \$10 per person with registration. Space is limited!

# CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

## National Cheese Pizza Day Lunch and Trivia!

Friday, September 5, from 12 noon – 1 p.m.

Let's get together and make personal-size pizzas! Lunch will include our personal pizzas and salad! \$5 with registration.

## Pumpkin Decorating Contest "GOURDGEIOUS CREATIONS"

Sponsored by Jennings Notre Dame Village

Decorate a faux pumpkin to enter into our "Gourdgeous Creations" contest! Pumpkins will be available to decorate at either Middlefield Senior Center, or Chardon Senior Center **every Monday in October, from 8-4** on a drop-in basis at your leisure. The pumpkins will then be displayed and voted on at our Halloween Chili Cook-Off Party on October 31. A limited number of pumpkins are available, so reserve your today! To reserve a pumpkin in Middlefield, call 440-632-0611. To reserve a pumpkin in Chardon, call 440-279-2126. One pumpkin per person, in total. Which creation will be the cutest little pumpkin? Thank you to our sponsor, Jennings Notre Dame Village!

## Lunch and Learn with Geauga Park District

Friday, September 26, from 12 noon – 1:30 p.m.

This month's topic is: Geauga's Natural Wonders. Registration is FREE, but is required by September 12 by calling 440-279-2126.

## Book Club; "Dessert and Discuss"

Monday, September 15, from 1-2 p.m.

We will be discussing *The Chocolatier*, by Jan Moran, while enjoying a deliciously baked dessert. A limited supply of books will be available at the Chardon Senior Center, and can be reserved on a first come, first served basis by calling 440-279-2126.

## Wahoo Wednesdays Casual Chat and Coffee Hour

Wednesdays from 8 a.m. – 9 a.m.

Join us for a casual discussion about the Cleveland Guardians.

Another fun Themed Trivia Lunch at Chardon Senior Center! The theme was in line with National Fried Chicken Day, so our theme was appropriately "Chicken Trivia!" Participants enjoyed takeout fried chicken and were challenged to trivia to go along with our theme!



## "Marbles and Jokers"

Wednesdays from 11 a.m. – 12 p.m.,  
and Thursdays beginning at 1 p.m.

Come join us for this fun game, new to our senior center! One of our snowbirds brought this game back from Florida and we are having a great time learning to play! No need to pre-register, but please call before coming out! 440-279-2126.

## The Breakfast Club of Chardon

Thursday, September 11, at 9:30 a.m.

Join us for a breakfast at Spinner's Diner in Chardon. Enjoy breakfast, coffee, and conversation with others! Cost is "on your own." Call 440-279-2126, so we know who to expect!

## History's Mysteries with Kathie Doyle Breakfast and Speaker Series

Thursday, Sept. 25, from 9:00 a.m. – 10:30 a.m.  
at Chardon Senior Center

This month's topic is: *Interesting Contests and Competitions Throughout History*. Breakfast is included with this event! Registration is required at 440-279-2126. \$5 per person.

## Spelling Bee

Monday, October 6, from 1 p.m. – 2 p.m.

Calling all Wordsmiths! Join us at Chardon Senior Center for our 1st annual Geauga County Department on Aging Spelling Bee. Who will be crowned "Queen (or King) Bee?" Call to register at 440-279-2126.

## Creative Cooking with Garth

Thursday, September 18, from 12 p.m. – 1 p.m.

Join us for lunch and learn how to make a delicious and simple recipe! Reservations are required at 440-279-2126. \$2 per person.

# CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

## Grow Great Garlic with Johnny Garlic!

Wednesday, October 15, from 1 p.m. – 2 p.m.

Chardon Senior Center Volunteer, John Nowicki, will give a presentation on garlic growing. John has been successfully gardening for years, and often shares his crop (including his garlic) with people at CSC. Come and find out his secret to growing great garlic yourself! Register by calling 440-279-2126.

## Scrabble Club is now meeting at Chardon Senior Center!

Every Thursday beginning at 1 p.m.

Do you love playing Scrabble? We have the game, you bring the skill, and together we will make the F-U-N (that's a 6-point word)! Call for details at 440-279-2126.

## Tech Help Appointments

Every Monday, from 1 to 3 p.m.

Dwight will offer one-on-one tech appts. to help with:

- iPhones and Android phones (30-minute appts.)
- iPads, tablets, and laptops (one-hour appts.)

Sorry, no desktop computer appointments at this time. Free. Call 440-279-2126 to schedule an appointment.

## Birthday Bingo & Pizza Party

Friday, September 26, at 11:00 a.m.

We will be celebrating all of those having celebrated birthdays in September! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! \$5.00 per person; and September birthdays are free! Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Cake Sponsor, Chardon Healthcare!



## Walking Club at Chardon Senior Center; Phase 2 – Walk from Cleveland to Kent Challenge

Stay active and walk with us at the Chardon Senior Center (cool and indoors). We feature the “Walk from Chardon to Cleveland” challenge & those who completed this challenge are welcome to start phase 2: the Cleveland to Kent, OH challenge. Log your mileage and after you complete the 30 mile journey we will have a certificate for you. This is a free program and is open to Seniors Mon-Fri, 8-4pm. Mileage walked outside of the center will also be accepted towards the goal.

# MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —

## Movie and Snack at Briarcliff Manor

Thursday, September 25<sup>th</sup> at 2 p.m.

Join the Middlefield Seniors for a movie at Briarcliff Manor. Enjoy a snack while watching a movie (*Nonnas*) in Briarcliff's theater room. (14807 N State Ave, Middlefield). Call 440-632-0611 to register.

## Kathie Doyle Presents the History of Disney World

Friday, September 5<sup>th</sup> at 10:30 a.m.

Monthly breakfast served at 10 a.m.

\$3.00 always homemade!

Call 440-632-0611 to let us know you will be here!



Kathie Doyle brought us a successful program teaching a class on how to make homemade perogies!!!

# MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —



*The Lady Caroline was a huge success this year!! Everyone enjoyed the ride, the food, and the entertainment!!!*



## Book Club

Thursday, September 18<sup>th</sup> 11 a.m.

This month let's try something different! Bring your favorite book or current read to discuss with the group! This will help the group decide what we want to read for the rest of the year.  
**Call 440-632-0611 to let us know if you will be here or with questions.**

## Knowledge with Dawn Balance and Safety

Thursday, September 25<sup>th</sup> at 11 a.m.

Maintaining good balance is key to staying independent and preventing falls. This month, we're focusing on simple ways to improve stability and stay safe at home and on the go. **Call 440-632-0611 to let us know you will be here!**

## National Coffee Day!

Monday, September 29<sup>th</sup> at 10 a.m.

Join Ginny and Hannah for our favorite day of the year! Presentation by Ferronies coffee at Middlefield Senior Center. Stay all day for special treats and surprise. Coffee themed craft at 1 p.m.  
**Call 440-632-0611 to let us know you will be here.**

## Myofit Of Middlefield

Thursday, September 11<sup>th</sup> • at 10 a.m.

Let's talk about hip and back pain. The PTA will give general information, show a demonstration of exercises and answer any questions you might have!

## Falling into the 60s & 70s

Tuesday, September 16<sup>th</sup> at 10:30 a.m.

11 a.m. Music BINGO inspired by the 60s and 70s  
12 p.m. Apple themed lunch \$5  
Bring an Apple dessert to share!  
Prizes for best dessert and best dressed

# WEST GEAUGA SENIOR CENTER EVENTS

## Lunch & Trivingo

Friday, September 19<sup>th</sup>, 12:00-2:00 p.m.

Join us for a Hot lunch (meal of the Day), followed by our famous Trivingo game!! This is a form of Bingo, on the same grid with 25 Squares & same game winning 5 in a row method. There are over 75 wild animal pictures used & scrambled on the cards, along with wildlife trivia questions. All trivia are multiple choice, & you do not have to participate in it, you can just say "PASS" & we will move onto the next person. Lunch will be soup, sandwiches, potato salad & dessert. **Register is Sept 15th Cost is \$7.**

## Breakfast and BINGO

Friday, September 5<sup>th</sup> • 8:30-10:00 p.m.

Join us at WG for a hot breakfast of Blueberry Pancakes, Sausage Patties, Yogurt & Beverage. Following Breakfast, we will have BINGO with Fun Prizes. **Cost: \$6, deadline is 9/3.**

## Dine Nite Out

Thursday, September 25<sup>th</sup> • 5:00-7:00 p.m.

Join your friends at West G for an evening dinner out at The Outback Steakhouse in Great Lakes Mall. Meet up time is 5:00 p.m. Register by Sept. 22<sup>nd</sup>. Call 440-279-2163.

## Mah-jongg Mixer

Wednesday, September 10<sup>th</sup> 12:30-4:00 p.m.

West Geauga Senior Center is having a MAH-JONGG MIXER!! This is a time to get together with other seniors from different centers and play the game of Mahjong!! Lunch from 12:30-1:00 (*meal of the day*), followed by 3 hours of mingling and playing Mah-Jongg. It will be a lot of FUN!!! Newbies are WELCOME!!! **Cost for lunch is a \$5 donation (paid the day of), Registration is Required, and the deadline is Sept. 2<sup>nd</sup>. 440-279-2163.**

# WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163. to register or with any questions. —

## Never Ending Knowledge Series

Wednesdays, 1:00-2:30 p.m. (three 30-minute lectures)

Join us as we conclude the series on **Egypt**, and begin our next course “**The Great Castles of Europe**”

Light snacks and refreshments provided.

REGISTRATION IS REQUIRED 440-279-2163

### History of Ancient Egypt:

#### Sept. 3:

1. The First Ptolemies
2. The Middle Ptolemies – The Decline
3. Animal Mummies

#### Sept. 10:

1. Cleopatra’s Family
2. Cleopatra – The Last Ptolemy
3. The Grand Finale

END OF COURSE

### Begin The Great Castles of Europe

8-week course – Take a fascinating tour of Europe’s great medieval castles and discover the ways in which these astonishing buildings shaped the political, economic and social evolutions of Europe.

#### Sept. 17

1. Castles for Defense & Chateau Gaillard
2. Castles for Residence & Enjoyment
3. Castles for Administration & Slot Loevestein

#### Sept. 24

1. Hen Domen & Earth-and-Timber Castles
2. Spanish Castillos, Alcazares, & Alcazabas
3. Norman Donjons & the Tower of London

## Cognitive Building Brain Games with Christine

September 4<sup>th</sup> from 2:00-3:00 p.m.

Two Thursdays each month. Learn about cognitive reserve, how to build it, & how it helps the aging brain. Engage in cognitive~ challenging; mind manipulating games, & have fun with your WG friends in the process!! RSVP required by the Monday before each scheduled date. A light snack & refreshments will be provided. *Call to sign up 440-279-2163.*

## Lunch & Bingo

Thursday September 12, 12:00-1:30 p.m.

Join us for a Hot Lunch (*meal of the day*), followed by 60 minutes of BINGO!!! There will be nice prizes and lots of fun if you are a BINGO enthusiast! Registration Deadline is September 3. FREE Event, Donations for meals will be requested. *Call to sign up!! 440-279-2163.*

## Music History Mondays at WGSC

Presented through The Great Courses Plus Weekly from 12:00-1:30 p.m. A biographical & musical study of Wolfgang Amadeus Mozart, who composed more than 600 works of beauty & brilliance in just over 20 years. A hot meal of the day is included. *Cost is free, however Donations for the meal is requested Deadline for registration is the Monday Before each class. 440-279-2163.*

Four consecutive Mondays in September 12:00-1:30 p.m.

Great Masters: Mozart – His Life & Music

#### Sept. 24

1. INTRODUCTION
2. Leopold and the Grand Tour

#### Sept. 24

1. Mozart the Composer – The early music
2. Mozart in Paris

#### Sept. 22

1. The flight from Salzburg and arrival in Vienna
2. Life in Vienna

#### Sept. 29

1. Operas in Vienna
2. The last years

## Lunch and Movie “CONCLAVE”

Friday, September 26, 12:00-2:00 p.m.

Join us here at WGSC for a Hot Lunch (Meal of the Day). Conclave Is 2024 Political thriller centered around the election of a new pope. Following the unexpected death of the current Pope, Cardinal Lawrence (played by Ralph Fiennes) is tasked with leading the conclave, a secret gathering of Cardinals in the Vatican to elect his successor. The film explores the intricate power dynamics, hidden agendas, & potential scandals within the church as the Cardinals grapple with tradition, ambition, & the future of the papacy. *FREE Event - Donations accepted for meal. Register by Sept. 15th 440-279-2163.*

## Lunch & Learn

### Geauga Parks Nature Presentation

Thursday, September 18, 11:00-12:30 p.m.

Join us at West G Senior Center for a presentation by a GPD Naturalist. Geauga Park District’s natural areas are major sanctuaries of great significance in conservation. Discover some of the natural wonders found here that help make Geauga County a Biodiversity “HOT SPOT!” after the program a hot lunch (meal of the day) will be served. *A Free Event, however, donations for the lunches will be requested. Deadline to register is Sept 8th 440-279-2163.*

# Geauga Menu August 2025

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>All Sites CLOSED</b>	MACARONI & CHEESE BROCCOLI SWEET CORN FRUIT CUP APPLE-CINNAMON MINI LOAF	STUFFED GREEN CABBAGE w/ SPAGHETTI SAUCE ¼ C GREEN BEANS MASHED POTATOES FRUIT CUP BREAD	BURGER WITH CHEESE ROASTED POTATOES BAKED BEANS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	SLICED HAM W/PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS WG CORNBREAD LOAF FRUIT CUP
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
BBQ CHICKEN BREAST RICE – ½ CUP GREEN BEANS SWEET POTATOES APPLESAUCE CUP WG CORNBREAD LOAF	TERIYAKI CHICKEN W/ VEG FRIED BROWN RICE – 1 CUP BROCCOLI APPLESAUCE CUP	MEATBALLS w/PASTA w/SPAGHETTI SAUCE ½ C MIXED VEGETABLES FRUIT CUP BREAD	BREADED CHICKEN PATTY BAKED BEANS SWEET CORN FRUIT CUP WG HAMBURGER BUN BBQ CUP	SLOPPY JOE TATER TOTS CARROTS APPLESAUCE CUP WG HAMBURGER BUN
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
SALISBURY STEAK W/GRAVY RICE – ½ CUP SWEET CORN CARROTS FRUIT CUP APPLE-CINNAMON MINI LOAF	BREADED FISH TATER TOTS GREEN BEANS FRESH FRUIT WG HAMBURGER BUN TARTAR SAUCE & KETCHUP PC	TOMATO BASIL CHICKEN PASTA w/SPAGHETTI SAUCE ½ C CAPRI BLEND VEGETABLES FRUIT CUP DINNER ROLL	BONELESS WINGS-6 CARROTS BAKED BEANS STRAW-BAN APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	STUFFED GREEN PEPPERS W/SPAGHETTI SAUCE ¼ C MASHED POTATOES ESCALLOPED APPLES DINNER ROLL
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
MEATLOAF W/GRAVY MASHED POTATOES GREEN PEAS APPLESAUCE CUP BREAD	JUMBO RAVIOLI w/SPAGHETTI SAUCE 1/4 C YELLOW SQUASH MIXED VEGETABLES FRUIT CUP DINNER ROLL	TURKEY BURGER ROASTED POTATOES BROCCOLI STRAW-BAN APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	SWEDISH MEATBALLS w/NOODLES BROCCOLI CARROTS APPLESAUCE CUP BREAD	CHICKEN SALAD COLE SLAW THREE BEAN SALAD FRUIT CUP WG HAMBURGER BUN
<b>29</b>	<b>30</b>			
GRILLED CHICKEN BREAST GREEN PEAS DICED CARROTS ESCALLOPED APPLES WG HAMBURGER BUN MAYO PC	MACARONI & CHEESE BROCCOLI SWEET CORN FRUIT CUP APPLE-CINNAMON MINI LOAF			

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

**This institution is an equal opportunity employer. Menu Subject to Change. Milk included with each meal.**

Geauga County Department on Aging at the Maple Splash Raffle with many local organizations who provide beneficial programs and services to Geauga residents.



# Summer Crisis Program Begins July 1

More than 44,000 Ohio households served in 2024



The Ohio Department of Development and *Lifeline* are once again offering assistance to help Ohio’s families stay cool during the hot summer months.

From July 1 through Sept. 30, income-eligible Ohioans can receive assistance in paying their electric bill, purchasing an air conditioner or fan, or making repairs to their central air conditioning unit through the Ohio Department of Development’s **Home Energy Assistance Summer Crisis Program (HEAP)**.

“We’re proud to partner with community action agencies across the state to deliver this critical support during the hottest months of the year,” said Lydia Mihalik, director of the Ohio Department of Development, which administers the program. “Time after time, this program has proven to be a vital lifeline for countless Ohioans when temperatures start to rise.”

The Summer Crisis Program assists low-income households or those that have a disconnection notice, have been shut off, are trying to establish new service on their electric bill, require air conditioning, or those with a person 60 years or older living in the home, or who can provide physician documentation that cooling assistance is needed for their health. Qualifying medical conditions can include lung disease, Chronic Obstructive Pulmonary Disease, asthma, and others.

To qualify for assistance, Ohioans must have a gross income at or below 175 percent of the Federal Poverty Guidelines for a family of up to eight members, and 60 percent of the State Median Income for a family of nine or more members. For a family of four, the annual income must be at or below \$56,262.50.

Last year, the Summer Crisis Program assisted more than 44,000 households in Ohio, providing a total of \$13.5 million in benefits.

Starting this year, applying for assistance and managing an account will be easier than ever. A new, streamlined online portal will be available at [energyhelp.ohio.gov](http://energyhelp.ohio.gov). To get started, Ohioans must register for an OHID account, which provides a secure and convenient way to access their HEAP account.

We know that when someone is facing a crisis, every minute counts,” said Director Mihalik. “This new online system makes it faster and easier for Ohioans to apply for help — so they can get the support they need, when they need it most.”

Registration takes less than 7 minutes, and can be completed in these easy steps:

- Visit [energyhelp.ohio.gov](http://energyhelp.ohio.gov), and click “Log into the EA portal.”
- Click “Create an OHID,” and follow the six-step account creation process.
- Ensure account security by setting up multi-factor authentication.

To apply for the program, clients are required to schedule an appointment with **Lifeline at 12375 Kinsman Road, Building H, Suite 17, Newbury, OH 44065** Appointments can be scheduled by calling **440-381-8230**.

Clients need to bring copies of the following documents to their appointment:

- Copies of their most recent energy bills.
- A list of all household members and proof of income for the last 30 days or 12 months for each member.
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).
- Physician documentation that cooling assistance is needed for a household member’s health.

Ohioans enrolled in the Percentage of Income Payment Plan Plus (PIPP) program who meet the above criteria may also be eligible for assistance towards their default PIPP payment, first PIPP payment, or central air conditioning repairs, or may receive an air conditioning unit and/or fan.

For more information about the Summer Crisis Program, and what is needed to apply, contact **Lifeline at 440-381-8230**. To be connected to your local Energy Assistance Provider visit [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) or call **(800) 282-0880**.

The Ohio Department of Development empowers communities to succeed by investing in Ohio’s people, places, and businesses. Learn more about our work at [development.ohio.gov](http://development.ohio.gov).

## Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application! Medicare Savings Programs (MSPs) and Extra Help.

**Qualified Medicare Beneficiary (QMB):** Pays for Part A & B deductibles, coinsurance/copays and premiums.

**Specified Low Income Medicare Beneficiary (SLMB):** Pays for monthly Part B premium.

**Qualified Individual (QI):** Pays for monthly Part B premium (limited benefits) Qualified Disabled & Working

**Individuals (QDWI):** Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

**Contact a Geauga Department on Aging Social Worker for assistance with your Application!**

QMB			SLMB			QI			EXTRA HELP		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,325	\$9,660	Single	\$1,585	\$9,660	Single	\$1,781	\$9,660	Single	\$1,976	\$17,600
Married	\$1,783	\$14,470	Married	\$2,135	\$14,470	Married	\$2,400	\$14,470	Married	\$2,664	\$35,130

*This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,791.90 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.*

## GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

**\*\*Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: \_\_\_\_\_ Location: \_\_\_\_\_

Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date (s) \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_

Registered with GDA for 2025? Yes \_\_\_\_ No \_\_\_\_

Other Information: (menu or leave from options) \_\_\_\_\_

**Internal use** - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

Event: \_\_\_\_\_ Location: \_\_\_\_\_

Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date (s) \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_

Registered with GDA for 2025? Yes \_\_\_\_ No \_\_\_\_

Other Information: (menu or leave from options) \_\_\_\_\_

**Internal use** - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

In consideration of acceptance into the above-referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents, and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials, and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program and agree to abide by all rules and requirements of the program.

I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it.

I realize that by signing this document I am giving up legal rights to which I may be entitled.

X \_\_\_\_\_  
Signature of Participant Date

### Refund Policy for the Geauga Department on Aging

The Department of Aging will no longer issue refunds for programs and events to honor our commitment to our vendors and transportation companies. When signing up for programs and events, you become responsible for the reservation. If you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place, you must contact the Department on Aging with the individual's name and contact information.

In the unusual event that the Department on Aging cancels an event, we will refund the ticket price via check. We apologize for any inconvenience this may cause.

**Geauga Department on Aging**  
12611 Ravenwood Dr., Suite 200  
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.  
440-279-2130 SEPTEMBER 2025

**To stop this mailing**, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

## 2025 Geauga County Depart. on Aging Trash Pick-Up Days!

Local townships, villages and city road crews will again work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors Garages and yards during locally scheduled pick-ups. **Seniors must be registered with the Department on Aging for 2025 one week prior to the pick-up** to be placed on the pickup list. For more information or to sign up for your local trash pick-up, call (440) 279-2130.

<b>Chesterland Twp</b>	<b>Sept. 8-10</b>
<b>City of Chardon</b>	<b>Sept. 26</b>
<b>Middlefield Twp</b>	<b>Oct 1-2</b>

## Home Delivered Meals is in Need of Volunteers!

The Geauga County Department on Aging needs **Home Delivered Meal Volunteer drivers for the Troy and Parkman areas.** *The Meal route starts at the Middlefield Senior Center, located at 15820 Ridgewood Rd, in Middlefield.*

The HDM program delivers warm, nutritious lunches between the hours of 11:00 a.m.-1:00 p.m., Monday through Friday to homebound seniors in your community.

GDA is looking for area agencies, organizations, church and individuals 18 years old or older, with a valid driver's license. Training includes filing GDA HDM Volunteer paperwork and a short orientation about the program. Volunteers can deliver meals on a weekly basis, or as needed.

To sign up or for any questions, please contact Nathan Gorton at (440) 279-2138 or email at [NGorton@co.geauga.oh.us](mailto:NGorton@co.geauga.oh.us).



## PLATINUM PATRONS

**The Stone Family**  
in memory of Dale & Joan Spangenberg

**The Bramley Family**  
in memory of Jim & Joy Bramley  
& Rob Warren

**Daniel & Gwenn Brown**  
**Alan and Peggy Bialosky**

**G Rae Peck**  
in memory of Sigmund S Peck

**The Leon Wilson Family**  
in memory of Annamae & Leanne

**Burton Class of 1957/  
Joan & Michael Fath**  
in memory of Betty Stewart

**Robert Beutel and Claudia Euse**

To become a PLATINUM Patron for a year, submit \$110 - Please make checks payable to The Geauga County Department on Aging and write Newsletter in the memo.