

# The Geauga Senior News



Geauga County Department on Aging

January 2026

## Attention Tax Paying Seniors Citizens

Tax assistance will again be available to Geauga County seniors, sixty (60) years of age and older, at the Geauga County Department on Aging, located at 12611 Ravenwood Dr. Suite 200, in Chardon. **The Geauga Department on Aging will offer this free service by appointment only, from early February through Friday, April 10. The GDA will begin accepting appointment calls starting Monday, February 2.** Tax assistance will be available from IRS trained and certified personnel. Tax preparers will be using the electronic E-filing method.

The volunteers who help prepare taxes will need two **(2) forms of identification from each taxpayer who is receiving tax assistance;** one of the forms of identification must be a photo identification (passport, drivers license (U.S.), state identification card, military identification card, etc.). The second identification form can be an original or a copy of your social security card, ITIN card or letter, if applicable.

Do not discard your end of year Social Security Statement – this indicates the benefits you have received.

You will have the option to have your refund deposited directly into the bank account of your choice. Please bring bank routing and account numbers with you to your appointment.

**Please have the following items for your 2025 tax filing appointment:** Tax forms (Any 1099's or other tax forms), End of Year Social Security Statement (Form SSA-1099), W2's, 2 forms of identification, 2024 TAX RETURN for comparison, bank routing & account number, for direct deposit of refund check or direct debit of payment.

**Tax Credit Update:** 2025 will be the last year to qualify for the Energy Efficient Home Improvement Credit. Supporting documentation is required. These improvements include exterior doors, windows, insulation, heating and A/C systems, water heaters and Home Energy audits.

**To schedule an appointment for tax assistance, call 440-279-2130 on or after February 2, Monday through Friday, 8:30 a.m.-4:00 p.m. Tax appointments are limited.** Please leave your name/phone number on voice mail only once if lines are busy.

Thank you for your patience & understanding.

## Update your 2026 registration to continue services!

If you registered with the GDA in 2024 or 2025, and there have been no changes on your registration, (for example - change of address, new phone number, new emergency contact) just call or stop by your local senior center and ask to be re-registered. **If you don't call or stop in, you will not be registered for 2026!** If there has been a change in your registration information, fill out a 2026 registration form and bring it or send it to your nearest senior center.

Please note, all out of county seniors and guests under 60 years of age will be charged an annual fee of \$25 to register with the GDA. This annual fee does not include a subscription to the Geauga Senior Newsletter.

*If you have any questions, call your local senior center or the Main office at (440) 279-2130.*

## Home Safety

This program is designed to provide health safety, fire prevention, and ADA (Americans with Disabilities Act) adaptations to homes. Provided services include, but are not limited to, plumbing, heating/cooling, electrical work, grab bars, and railings. Materials for services are to be paid for by the individual requesting the service. All contracted services must be approved and authorized by the Department on Aging. Please note restrictions may apply. The Home Safety program is a non-emergency program. Should there be a need for immediate assistance outside normal business hours, seniors are responsible for contacting vendors for repairs and assume the cost for services. **For more information or to schedule services, please contact the Department on Aging Home Safety line Monday thru Friday at (440) 279-2135.**



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**Deadline for the news and information items is the 1st of the month prior to publication.**

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and 250 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

### BOARD OF COMMISSIONERS

**Geauga County Ohio**

**JAMES W. DVORAK**

**CAROLYN BRAKEY, Esq**

**RALPH SPIDALIERI**

### LEADERSHIP TEAM

Jessica Boalt – Director

Michelle Warren - In-Home Services Manager

Melissa Wheeler – Senior Centers Supervisor

Karen M. Stone – Administrative Services Manager

## Make a Difference: Volunteer for Home-Delivered Meals

The Geauga County Department on Aging is seeking volunteers to deliver meals to seniors in Geauga County. Drivers are needed in almost every community.

Volunteers play a vital role in the Home-Delivered Meals program, ensuring homebound seniors receive warm, nutritious lunches. Routes begin at one of the four local senior centers, and deliveries take place Monday through Friday from 11 a.m. to 1 p.m. Individuals, agencies, church groups, and organizations are encouraged to help. Volunteers must be at least 18 years old and have a valid driver's license.



A brief orientation and paperwork are required. Flexible scheduling is available, with options for daily, weekly, or substitute shifts.

Join us in supporting local seniors! To sign up or learn more, contact Nathan Gorton at 440-279-2138 or [NGorton@co.geauga.oh.us](mailto:NGorton@co.geauga.oh.us).

## Geauga County Veteran Food Pantry

*Serving those who have served*

This is a pantry exclusively for Veterans and their families in Geauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

**As a member, we offer:**

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

**This is our way of giving back to those who have given so much.**

For information about Veteran eligibility and registration, call Geauga County Veterans Services at: 440-279-1860. Services are income/need based.

## Ohio Firsts & Originals – Healthy Heritage 250

Thursday, January 22<sup>nd</sup> at 1:00 p.m.

Geauga County Office Building in Room A333  
12611 Ravenwood Dr, Chardon 44024

Western Reserve Historical Society will present on “Ohio Firsts & Originals” surrounding the America 250 celebration for 2026. From the first electric traffic signal, to Cleveland’s early car makers, and movie pioneers, Ohio has always been full of originals. Join us for a lively and entertaining look at the Buckeye State’s many “firsts,” featuring inventive minds like Garrett Morgan and Ned Jordan, and maybe a few surprises along the way! This engaging talk blends fascinating history with a touch of humor, perfect for lifelong learners who love discovering new sides of Ohio’s past. What other things are original to Ohio in our medical field? UH Geauga Medical Center will share that information with us and will be providing our dessert for the program – which is an Ohio original! Cost is \$5 per person. **Questions? Call Melissa Wheeler at 440-279-2167.**

## Winter Hallwalkers with Berkshire Middle School

Thursdays

February 5, 12, 19, 26

March 5, 12, 19

April 2, 9, 16, 23, 30

1:30-2:20 p.m.

**Berkshire Middle School**

14155 Claridon Troy Rd, Burton, OH 44021

Berkshire Local School District is excited to welcome local senior citizens to join us for our Winter Hallwalkers Program. This initiative provides a warm, safe, and climate-controlled space for community members to enjoy walking, wellness, and social connection throughout the winter months. Each visit will begin with check-in at Berkshire Middle School - 14155 Claridon Troy Rd, Burton.

The program is led by our Middle School Physical Education teacher, Mr. Montanero, who is joined by our enthusiastic middle school physical education students. Together, they greet participants, assist with the walking routes, and create a welcoming and encouraging atmosphere. Their involvement not only strengthens intergenerational relationships but also reinforces the value of community engagement for our students.

To ensure the safety of all students and maintain compliance with state requirements, we ask all Hallwalkers to submit a copy of their driver’s license or state-issued ID. This allows our district to run each participant’s information through the Raptor Security System prior to the program’s start. Copies of identification should be submitted to the Department on Aging by January 16, 2026. Participants will receive notification once their approval has been confirmed.

As a special addition to this year’s program, we invite participants to share their T-shirt size so that our vocational special education students may create a custom Hallwalkers shirt for each attendee. These personalized shirts represent the pride and care our students take in supporting the program and fostering a sense of belonging for our senior community members.

***We ask that you commit to participating on these dates Please call Melissa Wheeler at 440-279-2167 to register.***



*The Geauga County Department on Aging had the honor of hosting the annual Veterans Day Luncheon for Geauga County senior veterans. Nearly 250 attendees joined the celebration, including 200 veterans representing all branches of the U.S. military: nearly 100 Army veterans, with the remainder representing the Marines, Navy, Air Force, and Coast Guard. A special highlight of the event was the recognition of three World War II veterans, whose service and sacrifice were celebrated by all in attendance.*



# BAINBRIDGE SENIOR CENTER

**CLOSED 1/1 FOR NEW YEAR'S DAY  
AND 1/19 FOR MLK JR DAY  
CLOSED 1/27 AT 2:00 P.M.  
FOR STAFF DEVELOPMENT**

## BIG BREAKFAST

**Thursday, January 29<sup>th</sup>**

Veterans & January birthdays are free to attend. The cost is \$5 for everyone else.  
*On the menu: Sausage and Veggie Strata  
Please RSVP by Monday 1/26.*

## ASSISTED STRETCHING WITH DAVVIE OF MANIFEST HOLISTIC CENTRE

**Every Wednesday at 12:30 p.m.**

Not ready to jump into a workout? Start here. This 6-week safe, gentle guided stretch class is designed just for seniors to help you move comfortably, reduce stiffness, and stay active without the stress of a traditional workout. \$3.00 per session. *This is a drop-in class — no need to pre-register!*

## FRIDAY FILM

Every Friday, join the Bainbridge Senior Center for a lunch and movie at 12:00 p.m. Free of charge. **January's theme is SPACE INVADERS.** Reservations are not required, but are encouraged to ensure a meal for all.

## ALZHEIMER'S CARE GIVER SUPPORT GROUP

**Wednesday, January 14<sup>th</sup> at 1:30 p.m.**

This is a safe, confidential, supportive environment and a chance for participants to develop connections. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. *No need to register, just come on in!*

## RELIABLE NURSE FOOTCARE

**Monday, January 26<sup>th</sup>**

Call 216-956-0293 to book an appointment.

## GRIEF SUPPORT GROUP

**Thursday, January 22<sup>nd</sup> at 1:00 p.m.**

Led by Rev. Erin McCreight Proie from Bluedot Cares of Ohio. Erin has over 15 years of experience as a Chaplain, primarily serving older adults through hospice and senior living communities. She has led bereavement groups and is committed to helping others find their meaning and purpose.  
*Call 440-279-1313 to register!*



# JANUARY 2026

### MONDAY

### TUESDAY

**Keri Skrtic**  
*Recreation & Education*  
*Coordinator*

**Matt Samardge**  
*Recreation & Education*  
*Assistant*

**5**

8:30-9:30 All-Around Exercise (\$3)  
9:40-10:25 Chair Yoga-cise (\$3)  
10:00-2:00 Poker  
12:00-12:30 Lunch  
1:30-3:00 Karaoke

**6**

9:45-10:15 Balance Class\*  
10:30-11:00 Cardio Drumming\*  
*\*Sponsored by Cherished Companions\**  
10:00-12:00 Mexican Train  
10:00-3:00 Mahjong

**12**

8:30-9:30 All-Around Exercise (\$3)  
9:40-10:25 Chair Yoga-cise (\$3)  
10:00-2:00 Poker  
11:00-12:00 Tech Help  
12:00-12:30 Lunch  
1:30-3:00 Karaoke

**13**

9:45-10:15 Balance Class\*  
10:30-11:00 Cardio Drumming\*  
*\*Sponsored by Cherished Companions\**  
10:00-12:00 Mexican Train  
10:00-3:00 Mahjong



**19**

**26**

8:30-9:30 All-Around Exercise (\$3)  
9:40-10:25 Chair Yoga-cise (\$3)  
9:00-2:00 Reliable Nurse Footcare  
10:00-2:00 Poker  
12:00-12:30 Lunch  
1:30-3:00 Karaoke

**20**

9:45-10:15 Balance Class\*  
10:30-11:00 Cardio Drumming\*  
*\*Sponsored by Cherished Companions\**  
10:00-12:00 Mexican Train  
10:00-3:00 Mahjong

**27**

9:45-10:15 Balance Class\*  
10:30-11:00 Cardio Drumming\*  
*\*Sponsored by Cherished Companions\**  
10:00-12:00 Mexican Train  
10:00-2:00 Mahjong  
**CLOSING AT 2:00 p.m.  
for Staff Development**

# BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

## WEDNESDAY

## THURSDAY

## FRIDAY



CLOSED FOR NEW YEAR'S DAY

	<p style="text-align: right;"><b>1</b></p>	<p style="text-align: right;"><b>2</b></p> <p>*8:30-9:30 All-Around Exercise (\$3)            9:40-10:25 Chair Yoga-cise (\$3)            10:00-12:00 Mahjong            12:00-2:30 Lunch &amp; a Movie            E.T. The Extraterrestrial—1982</p>
<p>8:30-9:30 All-Around Exercise (\$3) <b>7</b>            10:00-12:00 Diamond Painting            10:30-11:00 Beginner Line Dancing            11:00-12:00 Line Dancing            11:00-12:00 Bingo w/ Cindy from            Caring Senior Choices            12:00-2:00 Canasta            12:30-1:00 Assisted Stretch w/ Davvie (\$3)            12:30-2:30 OTL Group            (Thai Story—Chagrin Falls)</p>	<p style="text-align: right;"><b>8</b></p> <p>9:45-10:15 Balance Class*            10:30-11:00 Cardio Drumming*  <i>*Sponsored by Cherished Companions*</i>            10:00-12:00 Knit and Crochet            10:00-3:00 Pinochle            12:00-12:30 Lunch</p>	<p style="text-align: right;"><b>9</b></p> <p>8:30-9:30 All-Around Exercise (\$3)            9:40-10:25 Chair Yoga-cise (\$3)            10:00-2:00 Mahjong Mixer            12:00-2:30 Lunch &amp; a Movie            Close Encounters of the            Third Kind—1977</p>
<p>8:30-9:30 All-Around Exercise \$3 <b>14</b>            10:00-12:00 Diamond Painting            10:30-11:00 Beginner Line Dancing            11:00-12:00 Line Dancing            11:00-12:00 Bingo            12:00-2:00 Canasta            12:30-1:00 Assisted Stretch w/ Davvie \$3            12:30-2:30 OTL Group (Tavern Six -            Chagrin Falls)            1:30-3:00 ALZ Caregiver Support Group</p>	<p style="text-align: right;"><b>15</b></p> <p>9:45-10:15 Balance Class*            10:30-11:00 Cardio Drumming*  <i>*Sponsored by Cherished Companions*</i>            10:00-12:00 Knit and Crochet            10:00-3:00 Pinochle            12:00-12:30 Lunch</p>	<p style="text-align: right;"><b>16</b></p> <p>8:30-9:30 All-Around Exercise \$3            9:40-10:25 Chair Yoga-cise \$3            10:00-12:00 Mahjong            12:00-2:30 Lunch &amp; a Movie            Men in Black—1997</p>
<p>8:30-9:30 All-Around Exercise (\$3) <b>21</b>            10:00-12:00 Diamond Painting            10:30-11:00 Beginner Line Dancing            11:00-12:00 Line Dancing            11:00-12:00 Bingo w/ Home Instead            12:00-2:00 Canasta            12:30-1:00 Assisted Stretch w/ Davvie \$3            12:30-2:30 OTL Group            Bob Evans – Aurora</p>	<p style="text-align: right;"><b>22</b></p> <p>9:45-10:15 Balance Class*            10:30-11:00 Cardio Drumming*  <i>*Sponsored by Cherished Companions*</i>            10:00-12:00 Knit and Crochet            10:00-3:00 Pinochle            12:00-12:30 Lunch            1:00-2:30 Grief Support Group            12:30-2:30 Scrabble</p>	<p style="text-align: right;"><b>23</b></p> <p>8:30-9:30 All-Around Exercise \$3            9:40-10:25 Chair Yoga-cise \$3            10:00-12:00 Mahjong            12:00-2:30 Lunch &amp; a Movie            Signs— 2002</p>
<p>8:30-9:30 All-Around Exercise \$3 <b>28</b>            10:00-12:00 Diamond Painting            10:30-11:00 Beginner Line Dancing            11:00-12:00 Line Dancing            11:00-12:00 Bingo            12:30-1:00 Assisted Stretch w/ Davvie \$3            12:00-2:00 Canasta            12:30-2:30 OTL Group            Mangia Mangia—Newbury</p>	<p style="text-align: right;"><b>29</b></p> <p>9:00-10:00 Big Breakfast            (registration required)            10:00-12:00 Knit and Crochet            10:00-3:00 Pinochle            12:00-12:30 Lunch</p>	<p style="text-align: right;"><b>30</b></p> <p>8:30-9:30 All-Around Exercise \$3            9:40-10:25 Chair Yoga-cise \$3            10:00-12:00 Mahjong            12:00-2:30 Lunch &amp; a Movie            Mars Attacks—1996</p>

# CHARDON SENIOR CENTER

Call Chardon Senior Center to register for any of our events, lunches, or classes!

Lunches must be ordered by the "Monday one week prior to" when you would like to join us for lunch.

**Out to Lunch at the Hambone**  
Tuesday, January 6<sup>th</sup>

**Breakfast at Bob Evans**  
Thursday, January 8<sup>th</sup>

**USS Cod Presentation**  
Friday, January 9<sup>th</sup>

**George Washington and the Constitution Presentation**  
Monday, January 12<sup>th</sup> (\$5)

**Crème Puff Make and Take**  
Tuesday, January 13<sup>th</sup> (\$10)

**Camp Chris**  
Wednesday, January 14<sup>th</sup>  
"It's All Fun and Games" Hour

**Monthly Breakfast**  
Thursday, January 15<sup>th</sup> (\$5)

**Kathie Doyle Presentation: "Famous People You Can Learn About From Picture Books"**  
Friday, January 16<sup>th</sup>

**Customize Your Coffee Mug Craft**  
Tuesday, January 20<sup>th</sup> (\$5)

**Caring for Others Crafting**  
Wednesday, January 21<sup>st</sup>

**Sunshine Committee**  
Thursday, January 22<sup>nd</sup> & 29<sup>th</sup>

**Lunch and Learn — Discovering Personality Types**  
Friday, January 23<sup>rd</sup>

**Becky O's Book Club**  
Monday, January 26<sup>th</sup>

"The Measure," by Nikki Erlick

**Lunch and Learn with UH, Rehab — Levels of Care**  
Tuesday, January 27<sup>th</sup>

**Cook's Choice Lunch \$2**  
Thursday, January 29<sup>th</sup>

**Birthday Pizza Party and Bingo**  
Friday, January 30<sup>th</sup>



Geauga County  
Department on Aging

# JANUARY 2026

MONDAY		TUESDAY	
Becky O'Reilly <i>Recreation &amp; Ed. Coordinator</i>  Jackie Kleve Chris Mackar Valerie Garland <i>Recreation &amp; Education Assistant Coordinators</i>		Beth Oliverio <i>Information and Referral Specialist</i>  Ellie Rickard <i>Food Service Coordinator</i>	
8:00-9:00	Chair Volleyball <b>5</b>	9:00-11:30	Woodcarving <b>6</b>
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 Off Site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking / Quilting	11:00-12:00	Balance Exercises
11:00-11:45	Balance Exercise	12:00	Out to Lunch — Hambone
11:00-11:45	Strength Training \$2	12:30-4:00	Rummikub
1:00	Diamond Art / Tech. Help	2:00-3:30	RCR Practice
8:00-9:00	Chair Volleyball <b>12</b>	9:00-11:30	Woodcarving <b>13</b>
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 Off Site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking/Quilting	11:00-12:00	Balance Exercises
11:00-11:45	Balance Exercise	12:30-1:30	Rummikub
11:00-11:45	Strength Training \$2	1:00-3:00	Crème Puff Make and Take Class
1:00	Diamond Art/ Tech Help Appts.	2:00-3:30	RCR Practice
1:00	George Washington Program		
		9:00-11:30	Woodcarving <b>20</b>
CLOSED for MLK Jr. Day		10:00-12:00	Knit and Crochet
		10:00-10:45	Tai Chi \$3
		11:00-12:00	Balance Exercises
		12:30-1:30	Customize Your Coffee Mug Craft
		12:30-4:00	Rummikub
		2:00-3:30	RCR Practice
8:00-9:00	Chair Volleyball <b>26</b>	9:00-11:30	Woodcarving <b>27</b>
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 Off Site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking	11:00-12:00	Balance Exercises
10:00-12:00	Quilting Club	12:00-1:30	Lunch and Learn with UH Rehab—Levels of Care
11:00-11:45	Balance Exercise	12:30-4:00	Rummikub
11:00-11:45	Strength Training	12:00-1:30	RCR Practice
1:00	Diamond Art/ Tech Help Appts.	<b>Senior Center Closes Early Today for Staff Development</b>	
1:00	Book Club		

# CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

## WEDNESDAY

## THURSDAY

## FRIDAY

Matter of Balance—  
every Tuesday and Friday in  
January from 1:00-3:00 p.m.

Movie and Lunch— every  
Monday at 12 noon  
Call the Senior Center for  
schedule of movie titles.



**CLOSED FOR NEW YEAR'S DAY**

9:30-11:30 Stained Glass  
9:30-10:30 Chair Volleyball  
11:00-12:00 Balance Exercise  
1:00 Social Worker Appts.  
1:00-4:00 Bridge / Rummikub  
1:30-2:30 Cardio-Drum  
2:30-3:30 Cornhole

9:30-11:30 Stained Glass  
9:30-10:30 Chair Volleyball  
11:00-12:00 Balance Exercise  
1:00-2:00 USS Cod Program  
1:00-4:00 Bridge  
1:00-4:00 Rummikub  
1:30-2:30 Cardio-Drum video  
2:30-3:30 Cornhole

9:30-11:30 Stained Glass  
9:30-10:30 Chair Volleyball  
11:00-12:00 Balance Exercise  
12:00-1:30 Kathie Doyle  
Presentation  
1:00-4:00 Bridge  
1:00-4:00 Rummikub  
1:30-2:30 Cardio-Drum Video

9:30-11:30 Stained Glass  
9:30-10:30 Chair Volleyball  
11:00-12:00 Balance Exercise  
1:00-4:00 Bridge/Rummikub  
12:00-1:30 Lunch and Learn -  
Discovering Personality Types  
1:30-2:30 Cardio-Drum Video  
2:30-3:30 Cornhole

9:30-11:30 Stained Glass  
9:30-10:30 Chair Volleyball  
11:00-12:00 Balance Exercise  
11:00 Birthday Pizza Party  
and Bingo  
1:00-4:00 Bridge  
1:00-4:00 Rummikub  
1:30-2:30 Cardio-Drum Video  
2:30-3:30 Cornhole

8:00 Sports Talk  
Coffee Hour  
9:00-11:00 Pinochle  
11:00-12:00 "Marbles & Jokers"  
11:00-11:45 Strength Training \$2  
11:00-12:00 Balance Exercise  
12:45-2:00 Chair Volleyball  
1:00-4:00 Mah Jongg

8:00 Sports Talk  
Coffee Hour  
9:00-11:00 Pinochle  
11:00-12:00 "Marbles & Jokers"  
11:00-11:45 Strength Training \$2  
11:00-12:00 Balance Exercise  
12:45-2:00 Chair Volleyball  
2:00-3:00 Camp Chris  
1:00-4:00 Mah Jongg

8:00 Sports Talk  
Coffee Hour  
9:00-11:00 Pinochle  
10:00-11:00 Crafting for Others  
11:00-12:00 "Marbles & Jokers"  
11:00-11:45 Strength Training \$2  
11:00-12:00 Balance Exercise  
12:45-2:00 Chair Volleyball  
1:00-4:00 Mah Jongg

8:00 Sports Talk  
Coffee Hour  
9:00-11:00 Pinochle  
11:00-12:00 "Marbles & Jokers"  
11:00-11:45 Strength Training  
11:00-12:00 Balance Exercise  
12:45-2:00 Chair Volleyball  
12:00-1:30 Lunch & Learn  
1:00-4:00 Mah Jongg

9:00-11:00 Mah Jongg Lessons  
9:30 B'fast @ Bob Evan's \$  
10:30-12:00 Choral Group  
11:00-11:45 Balance Exercise  
12:15-4:00 Duplicate Bridge  
12:30-4:00 Scrabble Club  
12:30-4:00 "Marbles & Jokers"  
1:30-3:30 Line Dancing \$5 off site

9:00-11:00 Mah Jongg Lessons  
9:30-10:30 Monthly Breakfast  
10:30-12:00 Choral Group  
11:00-11:45 Balance Exercise  
12:15-4:00 Duplicate Bridge  
12:30-4:00 Scrabble Club  
12:30-4:00 "Marbles & Jokers"  
1:30-3:30 Line Dancing \$5 off site

9:00-11:00 Mah Jongg Lessons  
10:00-11:00 Sunshine Committee  
10:30-12:00 Choral Group  
11:00-11:45 Balance Exercise  
12:15-4:00 Duplicate Bridge  
12:30-4:00 Scrabble Club  
12:30-4:00 "Marbles & Jokers"  
1:30-3:30 Line Dancing \$5 off site

9:00-11:00 Mah Jongg Lessons  
10:00-11:00 Sunshine Committee  
10:30-12:00 Choral Group  
11:00-11:45 Balance Exercise  
12:00-12:30 Cook's Choice Lunch  
12:15-4:00 Duplicate Bridge  
12:30-4:00 Scrabble Club  
12:30-4:00 "Marbles & Jokers"  
1:30-3:30 Line Dancing \$5 off site

# MIDDLEFIELD SENIOR CENTER

## Monday Crafts

5<sup>th</sup> Beaded elf \$3

12<sup>th</sup> Book angel \$3

26<sup>th</sup> Winter Ice Tree with Amber from Ariel Inspired Studio \$48

## New to the Schedule Chair Zumba Video

Thursdays at 10:00 a.m.

Come dance it up with us and get some exercise in!

## Kathie Doyle Presents History of The Nobel Peace Prize

Friday, January 9<sup>th</sup> 10:30 a.m.

No cost.

## Monthly Breakfast

Friday, January 9<sup>th</sup> - 10:00 a.m.

Cost \$3.00.

## Winter Prep and Safety

Tuesday, January 13<sup>th</sup> - 12:00 p.m.

presented by the MF Fire Department.

Stay for homemade soup and sandwiches. Cost \$5.00

## Magic Show

Friday, January 23<sup>rd</sup>

### Kicking the Winter Blues Party!

It might be cold outside, but its warm at the MFSC! Join us for a lively magic show presented by Perfect Occasions! Homemade soup and sandwich lunch after. \$8.00 for lunch and show.

## Movie at Briar - "Caramelo"

Thursday January 29<sup>th</sup>

New this month, Briar will be serving pizza during the movie. Must pre-register for this free event.

Please call to register for lunch, crafting & special events.  
440-632-0611.

## MONDAY

## TUESDAY

Hannah Heinz  
*Recreation &  
Education Coordinator*

Ginny Lester  
*Recreation &  
Education Assistant*

10 am Crafting Club **5**  
11 am Balance Exercise  
12 pm Lunch  
12-3 pm Painting Pals  
1 pm Crafting  
Beaded Elf \$3

10 am Chair Yoga Video **6**  
11 am Line Dancing \$3  
12 pm Lunch  
1 pm Chair Volleyball

10 am Crafting Club **12**  
11 am Balance Exercise  
12 pm Lunch  
12-3 pm Painting Pals  
1 pm Crafting  
Book Angel \$3

10 am Chair Yoga Video **13**  
11 am Winter prep with the  
MF Fire Department  
12 pm Soup & Sandwich Lunch  
12 pm Lunch  
1 pm Chair Volleyball




CLOSED for MLK Jr. Day

10 am Crafting Club **26**  
11 am Balance Exercise  
12 pm Lunch  
12-3 pm Painting Pals  
1 pm Crafting  
Winter Ice Tree \$48

10 am Chair Yoga Video **20**  
11 am Line Dancing \$3  
12 pm Lunch  
1 pm Chair Volleyball

10 am Chair Yoga Video **27**  
11 am Line Dancing \$3  
12 pm Lunch  
1 pm Chair Volleyball  
  
Closed at 2:00 p.m. for  
Staff development.

WEDNESDAY	THURSDAY	FRIDAY
	 <p><b>1</b></p> <p><b>CLOSED FOR NEW YEAR'S DAY</b></p>	<p><b>2</b></p> <p>10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball</p>
<p><b>7</b></p> <p>10 am Balance Exercise 11 am BINGO 12 pm Lunch 1 pm Trivia Mania 2 pm Chair Volleyball</p>	<p><b>8</b></p> <p>10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball</p>	<p><b>9</b></p> <p>10 am Monthly Breakfast \$3 10:30 am Kathie Doyle (Noble Peace Prize) 12 pm Lunch 1 pm Chair volleyball</p>
<p><b>14</b></p> <p>8 am Social Work Appointments 10 am Balance Exercise 11 am BINGO <i>Sponsored by Inn at the Pines</i> 12 pm Lunch 1 pm Trivia Mania 2 pm Chair Volleyball</p>	<p><b>15</b></p> <p>10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball</p>	<p><b>16</b></p> <p>9 am Podiatrist 10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball</p>
<p><b>21</b></p> <p>10 am Balance Exercise 11 am BINGO with Dawn 12 pm Lunch 1 pm Trivia Mania 2 pm Chair Volleyball</p>	<p><b>22</b></p> <p>10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball</p>	<p><b>23</b></p> <p>9 am Chair Yoga Video 11 am Kicking the Winter Blues Party and Magic Show. 12 pm Soup &amp; Sandwich Lunch 12 pm Lunch 1 pm Chair Volleyball</p>
<p><b>28</b></p> <p>10 am Balance Exercise 11 am Trivia Mania 12 pm Lunch 1 pm BINGO Sponsored by Burton Health Care 2 pm Chair Volleyball</p>	<p><b>29</b></p> <p>10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball 2 pm Movie at Briar - "Caramelo" Pizza and drinks included</p>	<p><b>30</b></p> <p>10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball</p>

# WEST GEAUGA SENIOR CENTER

## Breakfast & Brain Games

Jan. 8<sup>th</sup> - 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of Spinach Quiche, hashbrown patty bacon pastries and beverages. Cognitive building Brain Games will be after breakfast from 9:00-10:00 a.m.

Cost \$6. Registration Required by Jan. 4<sup>th</sup>.

## Lunch & Bingo

Jan. 29<sup>th</sup> - 12:00-1:30 p.m.

Join us for a hot lunch (meal of the day), followed by 60 minutes of Bingo with nice prizes. Free event, however donations accepted for the meal. Register by Jan. 2<sup>nd</sup>.

Call 440-279-2163.

## Mental Hawaiian Cruise w/ Dahmia

Jan. 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup> - 12:00-1:30 p.m.

Come and join us for these weekly presentations in January. You will be exercising your mind while learning about Hawaiian culture, history and most of all their love of song/dance.

## Lunch & Movie "SUPERMAN"

Jan. 15<sup>th</sup> - 12:00-2:00 p.m.

Join us for a hot lunch (meal of the day) followed by the 2024 movie "SUPERMAN"

Register by Jan. 5<sup>th</sup>

## Out to Lunch Bunch

Jan. 22<sup>nd</sup> - 12:00-2:00 p.m.

Join us for a lunch out with your WGSC friends at Yours Truly in Mayfield Village. Call ahead to let us know you are coming - 279-2163.

### SENIOR SPIN CLASSES

Monday, Wednesday & Friday Mornings 10:30-11:30 a.m.

### BEGINNER SPIN CLASSES

Tues. & Thurs. 9:15-9:45 a.m. & 10:00-10:30 a.m.

SIGN-UP REQUIRED, 8 Bike max per class

### VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

# JANUARY 2026

## MONDAY

Lunch is served Mon thru Fri from 12:00-12:30 p.m.

**ALL Seniors MUST request meals by the Monday of the week prior to the requested meal dates.**

ALL lunch reservations can be made by calling the WGSC at 440-279-2163, or by entering your request in the lunch sign up book provided at the front desk.

**5**

9:00-10:00 Water Exercise Metz Pool  
10:00-11:00 Strength & Cardio VT  
10:30-11:30 Senior Spin Class  
11:00-12:00 Gentle Chair Yoga VT  
1:00-3:00 Diamond Art  
2:00-3:00 Line Dancing w/Darlene \$4

**12**

9:00-10:00 Water Exercise Metz Pool  
10:00-11:00 Strength & Cardio VT  
10:30-11:30 Senior Spin Class  
11:00-12:00 Gentle Chair Yoga  
1:00-3:00 Mahjong  
1:00-3:00 Diamond Art  
2:00-3:00 Line Dancing w/Darlene \$4

**19**



**26**

9:00-10:00 Water Exercise Metz Pool  
10:00-11:00 Strength & Cardio VT  
10:30-11:30 Senior Spin Class  
11:00-12:00 Gentle Chair Yoga  
12:00-1:00 Water Exercise Metz Pool  
1:00-3:00 Mahjong  
1:00-3:00 Diamond Art  
2:00-3:00 Line Dancing w/Darlene \$4

## TUESDAY

**Recreation/Education Coordinator**  
Christine Bacon 440-279-2163

### Rec/Ed Assistants

Jeanne Molzon 440-279-2183

Amy Walsh 440-279-2163

**I&R Assistant Ronda Dwyer**

**Stained Glass Class Appts:**

Call Don Trask 440-759-9691

**6**

9:00-11:30 Stained Glass \$5  
9:00-10:00 Water Exercise-Metz Pool  
9:15-9:45 Beginner Spin Class 1  
10:00-10:30 Beginner Spin Class 2  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-ChiFit \$3  
12:30-2:30 Knit & Crochet

**13**

9:00-11:30 Stained Glass \$5  
9:15-9:45 Beginner Spin Class 1  
10:00-10:30 Beginner Spin Class 2  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-ChiFit \$3  
12:30-2:30 Knit & Crochet  
1:00-2:00 Creative Cupcake Class \$5

**20**

9:00-11:30 Stained Glass \$5  
9:15-9:45 Beginner Spin Class 1  
10:00-10:30 Beginner Spin Class 2  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-ChiFit \$3  
12:30-2:30 Knit & Crochet

**27**

9:00-11:30 Stained Glass \$5  
9:15-9:45 Beginner Spin Class 1  
10:00-10:30 Beginner Spin Class 2  
11:00-11:45 Seated Strength & Balance  
12:00-3:00 Bridge Group  
12:30-1:30 Tai-ChiFit \$3  
12:30-2:30 Knit & Crochet

# WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

## WEDNESDAY

## THURSDAY

## FRIDAY



WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b>	<b>2</b>
		<b>2</b>
		9:00-11:30 Stained Glass \$5
		10:00-11:00 Gentle Chair Yoga VIDEO
		10:30-11:30 Senior Spin Class
		11:00-11:45 Cardio Drumming Video
		12:00-1:30 Hawaiian Islands Presentation - Island of Hawaii
9:00-10:00 Water Exercise-Metz Pool <b>7</b>	8:30-10:00 Breakfast & Brain Games \$6 <b>8</b>	9:00-11:30 Stained Glass \$5 <b>9</b>
9:00-11:30 Stained Glass \$5	9:00-11:00 Water Exercise-Metz Pool	10:00-11:00 Gentle Chair Yoga VIDEO
10:00-11:00 Strength & Cardio VT	9:15-9:45 Beginner Spin Class 1	10:30-11:30 Senior Spin Class
10:30-11:30 Senior Spin Class	10:00-10:30 Beginner Spin Class 2	11:00-11:45 Cardio Drumming VIDEO
11:00-12:00 Gentle Chair Yoga	10:00-11:00 Water Exercise-Metz Pool	12:00-1:30 Hawaiian Islands Presentation - Island of Kauai
1:00-2:30 Never Ending Knowledge "American Revolution"	11:00-11:45 Seated Strength & Balance	
	1:00-2:30 Arm Chair Travel "Greece and Turkey"	
9:00-10:00 Water Exercise - Metz Pool <b>14</b>	9:00-11:00 Water Exercise - Metz Pool <b>15</b>	9:00-11:30 Stained Glass \$5 <b>16</b>
9:00-11:30 Stained Glass \$5	9:15-9:45 Beginner Spin Class 1	10:00-11:00 Gentle Chair Yoga VIDEO
10:00-11:00 Strength & Cardio VT	10:00-10:30 Beginner Spin Class 2	10:30-11:30 Senior Spin Class
10:30-11:30 Senior Spin Class	10:00-11:00 Water Exercise-Metz Pool	11:00-11:45 Cardio Drumming VIDEO
11:00-12:00 Gentle Chair Yoga	11:00-11:45 Seated Strength & Balance	12:00-1:30 Hawaiian Islands Presentation - Island of OAHU
1:00-2:30 Never Ending Knowledge "American Revolution"	12:00-2:00 Lunch & Movie "Superman"	1:00-3:00 Mahjong Lessons
1:00-3:00 Winter Craft w/Amy \$6	1:00-2:30 Arm Chair Travel "Greece and Turkey"	
9:00-10:00 Water Exercise - Metz Pool <b>21</b>	9:00-11:00 Water Exercise - Metz Pool <b>22</b>	9:00-11:30 Stained Glass \$5 <b>23</b>
9:00-11:30 Stained Glass \$5	9:15-9:45 Beginner Spin Class 1	10:00-11:00 Gentle Chair Yoga VIDEO
10:00-11:00 Strength & Cardio VT	10:00-10:30 Beginner Spin Class 2	10:30-11:30 Senior Spin Class
10:30-11:30 Senior Spin Class	10:00-11:00 Water Exercise-Metz Pool	11:00-11:45 Cardio Drumming VIDEO
11:00-12:00 Gentle Chair Yoga	11:00-11:45 Seated Strength & Balance	12:00-1:30 Hawaiian Islands Presentation - Island of Maui
1:00-2:30 Never Ending Knowledge "American Revolution"	12:00-2:00 Out to Lunch Bunch	
	1:00-2:30 Arm Chair Travel "Greece and Turkey"	
9:00-10:00 Water Exercise-Metz Pool <b>28</b>	9:00-11:00 Water Exercise - Metz Pool <b>29</b>	9:00-11:30 Stained Glass \$5 <b>30</b>
9:00-11:30 Stained Glass \$5	9:15-9:45 Beginner Spin Class 1	10:00-11:00 Gentle Chair Yoga VIDEO
10:00-11:00 Strength & Cardio VT	10:00-10:30 Beginner Spin Class 2	10:30-11:30 Senior Spin Class
10:30-11:30 Senior Spin Class	10:00-11:00 Water Exercise-Metz Pool	11:00-11:45 Cardio Drumming Video
11:00-12:00 Gentle Chair Yoga	11:00-11:45 Seated Strength & Balance	1:00-3:00 Mahjong Lessons
1:00-2:30 Never Ending Knowledge "American Revolution"	12:00-1:30 Lunch & BINGO	12:00-1:30 Hawaiian Islands Presentation - Island of Molokai
	1:00-2:30 Arm Chair Travel "Greece and Turkey"	

# SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

## Fighting Against Parkinson's - Boxing Classes

Classes are held  
Mondays, Wednesdays & Fridays  
from 9:30-11:00 a.m.

Chardon Senior Center  
470 Center St, Building 8, Chardon, 44024

Fighting against Parkinson's is a boxing exercise class for seniors diagnosed with Parkinson's disease whose symptoms are mild to moderate. It is a non-contact boxing program. Our main goal is to delay the progression of Parkinson's symptoms. Strength, speed, balance, and flexibility will be worked on through a variety of exercises and core conditioning. Improving your overall fitness level, maintaining a strong healthy body while working on postural imbalances and increasing your core strength will be the focus in this program. Monthly fee is \$45.00 for unlimited classes. *Please call Melissa Wheeler at 440-279-2137 for questions or to register.*

## Geauga Walkers

All walks begin promptly at 1:00.

\*A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules." Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
1/6	<b>North Chagrin Reservation</b> "Chickadee" Trail - Bring Bird Seed AB Williams Woods Parking Lot, Past Nature Center
1/13*	<b>Orchard Hills</b> Use GPD Entrance 1/4 Mile North of Pattersons 11340 Caves Road, Chesterland
1/20	<b>Girdled Road Reservation</b> 12840 Girdled Road, East of Route 608, Lake County
1/27*	<b>Headwaters Park- Rt. 608</b> 13365 Old State Road (Rt 608) North of Middlefield, Bike Parking Lot (first one) North of Rt 322; Snowshoeing Available, if snow

## Walking for Wellness

Wednesdays at 3:00-4:30 p.m.

Join the Geauga County Department on Aging and UH Geauga for our "Walking for Wellness" program. Walking has shown to help with weight management, reduce stress, and increase energy levels. This group focuses on keeping a steady pace, a safe place to walk with other people, and a goal of 3 miles each walk. Call Melissa Wheeler at 440-279-2167 with questions, you do not need to register for this program, just show up!

DATE	PARK
1/7	<b>Maple Highlands Trail</b> 15894 W. High St, Middlefield 44062 Park at Dollar General <b>Afterwards, Dinner at Vinny's Italian Kitchen</b> 15439 W. High St, Middlefield 44062
1/14	<b>Orchard Hills</b> 11340 Caves Rd, Chesterland 44026
1/21	<b>Walter C. Best</b> 11620 Ravenna Rd, Chardon 44024 Meet at Sunset Shelter
1/28	<b>Affelder House</b> 15139 Chillicothe Rd, Novelty 44072



Staff and volunteers at the Geauga County Department on Aging continued its long-standing tradition of providing Thanksgiving Holiday

Meals to seniors who are home alone on the holidays.

We are truly fortunate to live in such a caring community—so many people stepped forward to deliver meals! This year we had 90 volunteer drivers.

Local businesses generously donated goodie bags filled with treats and small gifts, while St. Mary's School contributed handmade bags for the meals. This year's holiday meals were made possible through the support of our generous community partners: Catered by-Bob Evans, Sponsored by- UH Geauga, Cherished Companions Home Care, and the Chardon VFW.

We are thrilled that approximately 135 seniors who were home and alone this Thanksgiving received a warm Thanksgiving meal along with a friendly smile.

# SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

## Matter of Balance Classes – 2 Classes Being Offered!

Are you concerned about falling? Interested in improving balance, flexibility, and strength? Falls are preventable, and this class can make a difference! Set realistic goals for staying active, learn how to stay safe at home, complete exercises to increase strength and balance, and learn how to identify and control your fear of falling. This class is free for all registered seniors. Space is limited. Sponsored by UH Geauga Medical Center.

**To register, please call Melissa Wheeler at 440-279-2167.**

### CLASS ONE: January 6<sup>th</sup> thru 30<sup>th</sup> –

Every Tuesday & Friday from 1:00-3:00 p.m.  
Chardon Senior Center, 470 Center Street,  
Building 8

### CLASS TWO: February 4<sup>th</sup> thru 27<sup>th</sup> –

Every Wednesday & Friday from 1:00-3:00 p.m.  
Middlefield Senior Center, 15820 Ridgewood Dr.

## Parkinson's & Diabetes Support Groups

No Support Group Meetings in January.  
See you in February!

## Free Lunch and a Movie

Thursday, January 8<sup>th</sup> from 12:00-2:30 p.m.  
at West Geauga Senior Center  
8090 Cedar Road, Chesterland

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. **Due to very limited space, and to ensure a fun experience for all, registration is required by calling 440-214-3180.**

## Book Study with AP English Students

Friday, February 6<sup>th</sup> at 9:00-9:40 a.m.

Berkshire High School  
14155 Claridon Troy Rd, Burton

Berkshire High School invites Geauga County Seniors to a Book Discussion on *The Things They Carried* by Tim O'Brien with the AP English students. You may rent a book from your local library. Please check into the Board Office (Door #9) at 8:45 a.m. The staff will check you in, and escort you to the classroom. Mrs. Kleinhenz, the English Language Arts teacher, will lead the discussion in the classroom while seniors and students are intermixed.

**Please call Melissa Wheeler at 440-279-2167 to register.**

## Ohio Firsts & Originals – Healthy Heritage 250

Thursday, January 22<sup>nd</sup> at 1:00 p.m.

Geauga County Office Building

12611 Ravenwood Dr, Chardon - in Room A333

Western Reserve Historical Society will present on “Ohio Firsts & Originals” surrounding the America 250 celebration for 2026. From the first electric traffic signal to Cleveland’s early car makers and movie pioneers, Ohio has always been full of originals. Join us for a lively and entertaining look at the Buckeye State’s many “firsts,” featuring inventive minds like Garrett Morgan and Ned Jordan, and maybe a few surprises along the way! This engaging talk blends fascinating history with a touch of humor, perfect for lifelong learners who love discovering new sides of Ohio’s past. What other things are original to Ohio in our medical field? UH Geauga Medical Center will share that information with us and will be providing our dessert for the program – which is an Ohio original! **Cost is \$5 per person. Questions? Call Melissa Wheeler at 440-279-2167.**

## CWRU Siegel Lifelong Learning Speaker – Mr. Moser's Neighborhood

Tuesday, January 13<sup>th</sup> at

Ohman Family Living at Holly  
10190 Fairmount Rd, Newbury

**Breakfast will be served at 9:30 a.m., followed by the lecture “Mr. Moser’s Neighborhood” beginning at 10:00 a.m.** Presented by Chris Roy, MA. Otto Moser’s pub on East 4th Street was more than a tavern – it was a favorite gathering spot for vaudevillians performing at Cleveland’s 60+ downtown theaters. Actors, athletes, singers, dancers, magicians, and comedians left behind over 650 photographs (usually signed and sometimes dated), which adorned the pub’s walls for more than a century, intriguing generations of patrons. Mr. Moser’s Neighborhood: The Intersection of Cleveland and Vaudeville uncover this remarkable history, highlighting the city’s role in vaudeville’s heyday (1885-1930).

Through portraits and stories of visiting celebrities, rare performance videos, and profiles of Cleveland’s theaters, the program brings to life a vibrant cultural era.

**Cost: \$15 for members, \$20 non-members. Registration is required by visiting [www.case.edu/lifelonglearning](http://www.case.edu/lifelonglearning) or calling 216-368-2090.**

# SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

## Aluminum Ramps Needed

The Geauga County Department on Aging's Home Safety Program needs pre-owned aluminum wheelchair ramps for local seniors. Some local citizens have had aluminum ramps installed at their homes and are no longer in need of them. The Geauga



County Department on Aging's Home Safety program receives constant calls from seniors who need ramps installed at their home. The Home Safety Program cannot keep up with the number of ramps needed because new ramps are very expensive, and Medicare does not pay for these adaptations.

If you have an aluminum ramp you would like to have removed and be donated to help a local senior, call the Geauga County Department on Aging at (440) 279-2135.

## Breathing and Physical Fitness

Thursday, February 26<sup>th</sup> from 1:00-2:30 p.m.

UH Geauga Medical Center  
13207 Ravenna Road, Chardon  
Conference Center – Lower Level

Join UH Geauga Medical Center and Geauga Department on Aging for an informative presentation on Better Breathing, where you'll learn practical techniques and exercises to support lung health. Discover helpful tips for staying healthy throughout the winter months and keeping your respiratory system strong. Don't miss this opportunity to breathe easier all season long! **Registration is required by calling UH Geauga at 440-214-3180.**

## GEAUGA YOUNG OF HEART

Meet at 11:30 a.m. at St. Anselm's Parish Center, 12969 Chillicothe Rd. in Chesterland on the **first and third Friday of the month**. Bring your brown bag lunch. Entertainment and refreshments will be provided. On **January 2** they will have a social to welcome in the New Year. The Geauga Park District will have a program for **January 16**.

They will be going to the Aurora Atlas Movie Theater (Rt. 306 and Rt. 82) on **Thursday, January 22**. The movie is TBD. It will start at 11:00 a.m. Cost is \$5 for movie or \$10 for movie, drink, and popcorn. **For further information call Kimber at (440) 668-3293.**

## Social Services Consultation and Care Coordination

The Social Services Program provides professional social work support for eligible seniors and/or their families. The program is centered on assisting seniors to remain independent or in the least restrictive setting as possible. Social Services Staff can provide a one time Care Consultation meeting to answer general questions and assist with linking clients to community resources. For more complex concerns, Social Services Staff can provide ongoing assistance through Care Coordination services. Care Coordination services can assist seniors and their family to identify and solve problems, understand and connect to resources, and plan for an intervention to address individual service needs. Common areas of need might include: finding housing solutions, assessing financial needs and reviewing benefits, application assistance, assistance with advanced directives, and coordinating with partner agencies and programs to address unmet medical, mental health and cognitive needs.



## Adult Day Services

Are you caring for a Geauga County Senior who has beginning stages of dementia? Are you feeling overwhelmed by the daily responsibilities and could use a break?

If so, then call the Department on Aging's Adult Day Service (ADS) Program. The Adult Day Service staff can care for your loved one in a safe, structured environment, while you take some needed time.

The Adult Day Service Program is located at 8090 Cedar Rd, in Chesterland and open Monday through Friday, from 8:30 a.m. until 2:30 p.m. Seniors are greeted as they enter ADS by caring staff members who work with the seniors throughout the day.

ADS participants are offered a nutritious lunch, cognitive stimulation, physical exercise and socialization as part of the program. This is not a medically based program, meaning medications are not given and seniors must be able to toilet and feed themselves.

**If you are interested in hearing more about this program, or would like to schedule a visit, call (440) 279-2149 or email [vzanella@geauga.oh.gov](mailto:vzanella@geauga.oh.gov).**

# BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —



BSC hosted our annual Thanksgiving Feast! Friends, pumpkin pie, turkey & all the fixings, homemade desserts, an electric slide, a cupid shuffle, a few slow dances, a banjo, a tambourine, amazing volunteers, and MORE! We know how to have a good time!



## Line Dancing

Every Wednesday from 10:30 - 11 a.m. for beginner's class then stay for the regular line dancing session 11 a.m. - 12 p.m. Learn and then apply your new moves with your new friends! No need to register—just drop in!

## Big Breakfast

Thursday, January 29<sup>th</sup>

Veterans & January birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Sausage and Veggie Strata! *Please RSVP by Monday 1/26.*

## Assisted Stretching with Davvie of Manifest Holistic Centre

Every Wednesday at 12:30 p.m.

Not ready to jump into a workout? Start here. This 6-week safe, gentle guided stretch class is designed just for seniors — to help you move comfortably, reduce stiffness, and stay active without the stress of a traditional workout.— \$3.00 per session. *This is a drop-in class—no need to pre-register!*

## Grief Support Group

Thursday, January 22<sup>nd</sup> at 1:00 p.m.

Led by Rev. Erin McCreight Proie from Bluedot Cares of Ohio. Erin has over 15 years of experience across multiple healthcare settings as a Chaplain, primarily serving older adults through hospice and senior living communities. She has led bereavement groups, family support groups, and is committed to helping others find their meaning and purpose. *Call 440-279-1313 to register!*

## GAMES AT BSC!

<b>Poker</b>	Mondays, 10 a.m. - 2 p.m.
<b>Mexican Train</b>	Tuesdays, 10 a.m. - Noon
<b>Bingo</b>	Wednesdays, 11 a.m. - Noon
<b>Canasta</b>	Wednesdays, Noon - 2 p.m.
<b>Pinochle</b>	Thursday, 10 a.m. - 3 p.m.
<b>Scrabble</b>	Every 3 <sup>rd</sup> Thursday, 12:30 - 2:20 p.m.
<b>Mahjong</b>	Tuesdays 10 a.m. 3 p.m. and Fridays 10 a.m. - Noon

## Alzheimer's Care Giver Support Group

Wednesday, January 14<sup>th</sup> at 1:30 p.m.

This is a safe, confidential, supportive environment and a chance for participants to develop connections. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. *No need to register, just come on in!*

## BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

### Friday Films

Every Friday, join the Bainbridge Senior Center for a lunch and movie at 12:00 p.m., free of charge. January's theme is **SPACE INVADERS**. Reservations are not required but encouraged to ensure a meal for all attendees.

- Jan. 2 E.T.—The Extraterrestrial—1982
- Jan. 9 Close Encounters of the Third Kind—1977
- Jan. 16 Men in Black—1997
- Jan. 23 Signs— 2002
- Jan. 30 Mars Attacks—1996

### Balance Class & Cardio Drumming

Join us Tuesdays and Thursdays for one or both of these fitness classes taught by a certified instructor, Alaina Hession! Thanks to Cherished Companions, these classes are free for registered members to attend!



## CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

### Chardon Senior Center's Sunshine Committee

Our Sunshine Committee helps us decorate and prepare for upcoming events. The group will be meeting on **Thursday, January 22 and Thursday, January 29, both dates at 10:00 a.m.**

### Lunch and Learn

#### *The Current Status of Bee Keeping*

**Monday, February 23,  
with lunch at 12:30 p.m. and the program at 1:00 p.m.**

Learn about local bee-keeping and honey-making. Presented by fellow seniors, John and Janie Senderak. **Reservations required by 2/13.**



Once a month, we have a group of friends from the Chardon Senior Center who enjoy one another's company with a lunch out at a local restaurant. Our group met up at El Patron.

### Birthday BINGO and Pizza Party!

**Friday, January 30, at 11:00 a.m.**

Join us when we will be celebrating all of those having celebrated birthdays in JANUARY! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our birthday friends! \$2.00 per person; January birthdays are free! **Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Pizza Sponsor, Chardon Healthcare!**



### Becky O's Book Club

**Monday, January 26, at 1:00 p.m.**

The book for January is "The Measure," by Nikki Erlick.

### Out to Lunch at The Hambone

**Tuesday, January 6 at 12:00 p.m.**

Meet at The Hambone. Cost is "on your own."  
**Call 440-279-2126 to let us know you'll be joining us!**

### Monthly Breakfast at Chardon Senior Center

**Thursday, January 15, at 9:30 a.m.**

The monthly breakfast is back for 2026 at Chardon Senior Center! Join us for our first one of the year. \$5 per person.

### Caring for Others Crafting

**Wednesday, January 21, at 10:00 a.m.**

Join us as we create crafts that will be given to others, as way of spreading joy throughout our county!  
**Call 440-279-2126 to participate! No cost!**

# CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —



*We are so thankful for our seniors! It was our pleasure to serve a Thanksgiving Breakfast to 40 of our wonderful seniors, followed by our 1<sup>st</sup> Annual Corn Hole Skills Challenge, Pinochle, Balance Exercise, and Chair Volleyball, Rummikub, and Mah Jongg! To all our Seniors, THANK YOU for making Chardon Senior Center such a vibrant and welcoming space!*

## Lunch and Learn – Discovering Personality Types

Friday, January 23, at 12:00 p.m.

Join us for a fun, interactive one-hour program where you'll discover your unique personality and communication style! Through engaging activities and games, you'll learn how different people prefer to communicate and why understanding these differences can strengthen your relationships with family, friends, and neighbors. You'll discover a new way to approach communication that leads to better conversations, fewer misunderstandings, and deeper connections with the people who matter most to you. And, your confidence may get a boost, too! No preparation needed - just bring your curiosity and readiness to have fun while learning! This program is designed to be engaging, social, and immediately useful in your daily interactions. **Free, but register by 1/12.**

## George Washington and the Constitution

Monday, January 12, 1:00 p.m.

Enjoy a historical reenactor tell George Washington's story. Cherry pie will be served during the presentation. \$5 per person.

## Crème Puff Make and Take Class

Tuesday, January 13, from 1:00–3:00 p.m.

This is a hands-on baking class, where participants will make either vanilla or chocolate crème puffs. Each participant should bring their own rolling pin the day of the class. No experience needed; you will be guided step-by-step throughout the baking process! **\$10 per person with registration by 1/6.**

## Lunch and Learn with UH Rehab – Levels of Care

Tuesday, January 27, at 12:00 p.m.

Learn about the services available through University Hospitals Acute Rehabilitation Hospital, as well as learning about different levels of care. Lunch at 12:00 p.m., with the presentation at 12:30 p.m. **Register by 1/15.**

## Chardon Polka Band – Beat the Winter Blahs at the Chardon Senior Center

Friday, February 6, at 12:00 noon

Will the groundhog see his shadow this February? Will Jake from CPB also see his shadow? Join us and find out! \$15 per person for the show and lunch of pulled pork, cornbread, coleslaw, and beans. **Register by January 30.**

## Kathie Doyle Presents: Famous People You Can Learn About From Picture Books

Friday, January 16, with lunch at 12:00 noon

Free, but registration is required by 1/5.

## U.S.S. Cod Presentation

Friday, January 9, at 1:00 p.m.

Dive into the history of the submarine USS Cod, with a speaker from the infamous sub's memorial. **Free, registration required & space limited.**

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50 seniors joined us at the Loretta Paganini School of Cooking for a cooking demonstration and lunch on Monday, Nov. 17.

A first for our group, we had THE Loretta Paganini doing the demonstration! She shared cooking tips, ingredients, and personal stories throughout her life. A great program, and even better food!

## MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —

### Winter Prep and Safety *presented by the MF Fire Department*

Tuesday, January 13, at 11:00 a.m.

The Middlefield Fire department will be here to discuss winter safety and preparation and answer any questions you may have! **Call 440-632-0611 to let us know you will be here!**

### *Kathie Doyle Presents:* History of The Nobel Peace Prize

Friday, January 9, 10:30 p.m.

Middlefield Senior Center Monthly breakfast served at 10:00 a.m. Cost \$3.00, and always homemade! **Call 440-632-0611 to let us know you will be here!**

### Kicking the Winter Blues Party!

Friday, January 23 at 11:00 a.m.

It might be cold and gloomy outside, but it's always warm and sunny inside the Middlefield Senior Center! Join us for a lively magic show by Perfect Occasions of Middlefield. Stay for homemade soup and sandwich lunch! Cost \$8.00. **Call 440-632-0611 to let us know you will be here!**

### Movie and Pizza at Briarcliff Manor

Thursday, January 29, at 2:00 p.m.

Join the Middlefield Seniors for a movie and pizza (*new for January*) at Briarcliff Manor (14807 N State Ave, Middlefield). Enjoy pizza and a beverage while watching a movie "Caramelo" in Briarcliff's theater room. **Please call 440-632-0611 to register.**

### Winter Ice Tree with Ariel Inspired Studios

Monday, January 26<sup>th</sup>

Amber is back to create with us! Join us to make this beautiful resin glass ice tree, perfect for the winter season! Must pre-register by Jan. 22. Cost \$48.00. **Call 440-632-0611 to**



Monday craft was a huge success led by one of our seniors!!

## MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —



Want to learn a new game or already know how to play join us on Thursdays at 10:00 a.m. for Mexican train and lunch at 12:00 p.m.



Join us on Mondays at 11:00 a.m. or Wednesday at 10:00 a.m. for our balance exercise class.

## WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —



WGSC is at Crowleys Dive Bar for our monthly lunch outing.

### Imagination Vacation – Exploring the 5 Hawaiian Islands

Fridays throughout January –12:00-1:30 p.m.

Dahmia (Polynesian-Tahitian Dance Instructor/Interpreter, and Hawaii-Historian) will be here at WGSC every Friday in January to provide seniors with educational presentations about the Hawaiian Islands.

**One island per week:**

- JAN 2<sup>nd</sup> The BIG island of Hawaii
- JAN 9<sup>th</sup> The island of Kauai
- JAN 16<sup>th</sup> The island of Oahu
- JAN 23<sup>rd</sup> The island of Maui
- JAN 30<sup>th</sup> The island of Molokai

Program will include a hot lunch (meal of the day). Meal orders for each week must be submitted by the Monday of the preceding week. Call 440-279-2163. A donation based event. Please donate, thank you!

### Craft Class with AMY

Wednesday, January 14<sup>th</sup>, 1:00-3:00 p.m.

Join Amy as she offers a craft Class on how to make a Snowman Door Decor project. All supplies included, just bring yourself and your CREATIVITY! Cost is \$6. Register by Jan. 9<sup>th</sup> to participate in this class.

### Out to Lunch Bunch with your WG Friends

Thursday, January 22<sup>nd</sup> from 12:00-2:00 p.m.

Join your friends at West G for a lunch gathering at Yours Truly in Mayfield Village, address is 6675 Wilson Mills. Meet up time is 12:00. Call ahead to let us know you are coming by Jan. 20<sup>th</sup>. Call 440-279-2163.

### Breakfast and Brain Games

January 9<sup>th</sup> from 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of Spinach Quiche, hashbrown, Bacon, pastries and beverage. Cognitive building Brain Games will be after breakfast from 9:00-10:00 a.m. Cost \$6. Registration Required. Deadline is Jan. 6<sup>th</sup>.

### Mahjong Lessons

Fridays, January 16<sup>th</sup> and 30<sup>th</sup> from 1:00-3:00 p.m.

Have you ever wanted to learn how to play Mahjong? If your curiosity has been piqued but you haven't found the right opportunity to dive in, now is your chance!

The WGSC is providing lessons for anyone eager to explore this enjoyable and widely-loved game. Our classes will cover the fundamentals of American Mahjong, and if there's consistent interest, we'll add more dates and sessions. The lessons will be led by Christine Bacon, along with experienced players from our Mahjong group. Sign-Up is required. FREE CLASSES. Call 440-279-2163.

# WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163. to register or with any questions. —

## Never Ending Knowledge Series

Wednesdays, 1:00-2:30 p.m. (three 30-minute lectures)

Light snacks and refreshments provided.

REGISTRATION IS REQUIRED 440-279-2163

### The American Revolution

#### JAN 7<sup>TH</sup>

1. The Imperial Crisis
2. The Ancient Constitution
3. A Soldier What's Fit for a Soldier?

#### JAN 14<sup>TH</sup>

1. How the British Regulars Fired and Fled
2. Stand-Off in Boston 1775
3. Bunker Hill

#### JAN 21<sup>ST</sup>

1. The King, The Conqueror, and the Coward
2. Conquering Canada, Re-Conquering Boston
3. Common Sense

#### JAN 28<sup>TH</sup>

1. An Army Falls in Brooklyn
2. A Glorious Issue
3. JOY in Princeton



A special thank you to  
John and Janie Senderak  
for providing a  
presentation on bee  
keeping at WGSC.



## Are you interested in YOGA NIDRA at WGSC?

Classes will be held weekly or bi-weekly with our instructor, Darlene Kelbach, at a cost of \$4 per session. We will require at least 8 participants to proceed with the class, Reach us at 440-279-2163. We are inviting seniors who are interested in exploring this meditation form of yoga known as Yoga Nidra, or yogic sleep. This powerful meditation technique is both accessible and effective, allowing practitioners to comfortably lie in savasana (corpse pose) while being guided through the pancha maya kosha (the five layers of self). The practice promotes a profound sense of wholeness without requiring long hours of seated meditation. Yoga Nidra offers numerous benefits, and we're excited to share them with you. If interested, please contact us.

## Armchair Travel Germany & Austria at WGSC

Thursday afternoons from 1:00-2:30 p.m.

- JAN 8<sup>th</sup> 1. Touring the Cradle of Western Civilization  
2. Athens-Around the Acropolis and Parthenon  
3. In the Footsteps of Socrates—Historic Athens
- JAN 15<sup>th</sup> 1. Around Attica-Temples and Mysteries  
2. Seeking the Good Life-Corinth to Epidaurus  
3. Mycenae-Where Kings Planned the Trojan War
- JAN 22<sup>nd</sup> 1. Around Nafplio-Greek History at a Glance  
2. Ancient Olympia-Gods, Games and Temples  
3. Quest for Wisdom at Apollo's Oracle-Delphi
- JAN 29<sup>th</sup> 1. Byzantine Outposts-Monemvasia and Mistra  
2. Cruising the Islands-Mykonos and Delos  
3. Aegean Ring of Fire-Milos and Santori

## Lunch & BINGO

Thursday, January 29 from 12:00-1:30 p.m.

Join us for a hot lunch (meal of the day), followed by 60 minutes of BINGO!!! There will be nice prizes and lots of fun if you are a BINGO enthusiast! **Register by Jan. 20<sup>th</sup>.** **FREE event. Donations for meal will be requested. Call to sign up - 440-279-2163.**

## Taichi-Fit Class with instructor Tim Shea

Tuesday Afternoons 12:30-1:30 p.m.

If you are looking to join a Taichi class, we offer them here at WGSC. The benefits of this exercise include Better Balance/fall prevention, improved cardiovascular health, relieves pain, encourages Fat Loss, improves mood and mental health, improves cognitive function and reduces fatigue Cost is \$3. (paid directly to instructor each class).

## Creative Cupcake Class

Tuesday, January 13<sup>th</sup> - 1:00-2:00 p.m.

Join us at WGSC for a Cupcake decorating class like no other! You will have 6 cupcakes to decorate using candy wafers and dipping pieces, you get to use your imagination. All supplies provided by instructor, just bring yourself and your creativity. Cost \$5. **Deadline to make payment & register is Jan. 9<sup>th</sup>. Call 440-279-2163.**

# Geauga Menu January 2026

**Enjoy a Nutritious Meal with the Geauga County Department on Aging!**

*Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.*

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>	<b>2</b>
			<b>ALL SITES CLOSED NEW YEAR'S DAY</b>	MEATBALLS PENNE PASTA SPAGHETTI SAUCE MIXED VEGGIES PEARS WHITE BREAD WG
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
BONELESS WINGS DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE GRAHAM CRACKERS BBQ SAUCE CUP	STUFFED GREEN PEPPERS SPAGHETTI SAUCE MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	SALISBURY STEAK BROWN GRAVY BROWN RICE CORN DICED CARROTS PEACHES APPLE-CINNAMON BREAD	FISH (COD) TATER TOTS GREEN BEANS APPLE HAMBURGER BUN WG TARTAR SAUCE KETCHUP	GRILLED CHICKEN BREAST PENNE PASTA SPAGHETTI SAUCE w/ BASIL CAPRI VEGGIE BLEND MIXED FRUIT DINNER ROLL
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
MEATBALLS SWEDISH MEATBALL GRAVY PENNE PASTA BROCCOLI FLORETS DICED CARROTS CINNAMON APPLESAUCE WHITE BREAD WG	CHICKEN SALAD COLE SLAW THREE BEAN SALAD PINEAPPLE HAMBURGER BUN WG	MEATLOAF BROWN GRAVY MASHED POTATOES GREEN SWEET PEAS APPLESAUCE WHITE BREAD WG	JUMBO CHEESE RAVIOLI SPAGHETTI SAUCE CAULIFLOWER MIXED VEGGIES PEARS DINNER ROLL	TURKEY BURGER ROASTED POTATOES BROCCOLI FLORETS STRAW-BAN APPLESAUCE HAMBURGER BUN WG KETCHUP
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>ALL SITES CLOSED MLK JR. DAY</b>	MACARONI & CHEESE BROCCOLI CORN MANDARIN ORANGES APPLE-CINNAMON BREAD	GRILLED CHICKEN BREAST GREEN SWEET PEAS DICED CARROTS ESCALLOPED APPLES HAMBURGER BUN WG MAYONNAISE	HAM PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS CORNBREAD MIXED FRUIT	STUFFED CABBAGE SPAGHETTI SAUCE GREEN BEANS MASHED POTATOES PEACHES WHITE BREAD WG
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
BREADED CHICKEN PATTY BAKED BEANS CORN MANDARIN ORANGES HAMBURGER BUN WG BBQ SAUCE CUP	SLOPPY JOE TATER TOTS DICED CARROTS STRAW-BAN APPLESAUCE HAMBURGER BUN WG	GRILLED CHICKEN BREAST BROWN RICE GREEN BEANS SWEET POTATOES CINNAMON APPLESAUCE CORNBREAD BBQ SAUCE	CHICKEN STRIPS TERIYAKI SAUCE VEGGIE FRIED RICE BROCCOLI FLORETS APPLESAUCE	MEATBALLS PENNE PASTA SPAGHETTI SAUCE MIXED VEGGIES PEARS WHITE BREAD WG

**Menu Subject to Change. Milk included with each meal. This institution is an equal opportunity employer.**

*ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.*

# Heating Assistance Available

*Application Deadline: May 31, 2026*



The Ohio Department of Development and Geauga County Department on Aging want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to eight members and 60% of State Median Income for a household of nine or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov) to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual's energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2026.

For more information or assistance with applying for a HEAP benefit, contact the Geauga County Department on Aging at (440) 279-2130.

To be connected to your local Energy Assistance Provider, call (800) 282-0880 (hearing impaired clients may dial 711 for assistance) or visit [www.energyhelp.ohio.gov](http://www.energyhelp.ohio.gov).

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## Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application! Medicare Savings Programs (MSPs) and Extra Help.

*Qualified Medicare Beneficiary (QMB):* Pays for Part A & B deductibles, coinsurance/copays and premiums.

*Specified Low Income Medicare Beneficiary (SLMB):* Pays for monthly Part B premium.

*Qualified Individual (QI):* Pays for monthly Part B premium (limited benefits) Qualified Disabled & Working

*Individuals (QDWI):* Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work. **Contact a Geauga Department on Aging Social Worker for assistance with your application!**

QMB			SLMB			QI			EXTRA HELP		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,325	\$9,660	Single	\$1,585	\$9,660	Single	\$1,781	\$9,660	Single	\$1,976	\$17,600
Married	\$1,783	\$14,470	Married	\$2,135	\$14,470	Married	\$2,400	\$14,470	Married	\$2,664	\$35,130

*This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,791.90 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.*

## GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

**\*\*Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: \_\_\_\_\_ Location: \_\_\_\_\_

Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date(s) \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_

Registered with GDA for 2026? Yes \_\_\_\_ No \_\_\_\_

Other Information: (menu or leave from options) \_\_\_\_\_

**Internal use** - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

Event: \_\_\_\_\_ Location: \_\_\_\_\_

Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date(s) \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_

Registered with GDA for 2026? Yes \_\_\_\_ No \_\_\_\_

Other Information: (menu or leave from options) \_\_\_\_\_

**Internal use** - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts. I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

- I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X \_\_\_\_\_  
Signature of Participant Date

### Refund Policy for the Geauga Department on Aging

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

**Geauga Department on Aging**  
12611 Ravenwood Dr., Suite 200  
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.  
440-279-2130 JANUARY 2026

**To stop this mailing**, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

## **PLATINUM PATRONS**

**The Stone Family** in memory of Dale & Joan Spangenberg

**The Bramley Family** in memory of Jim & Joy Bramley & Rob Warren

**G Rae Peck** in memory of Sigmund S Peck

**Daniel & Gwenn Brown**

**Alan and Peggy Bialosky**

**The Leon Wilson Family** in memory of Annamae & Leanne

**Burton Class of 1957 / Joan & Michael Fath** in memory of Betty Stewart

**Robert Beutel and Claudia Euse**

**Newbury Class Members of 1956**

**James & Sandra Burzanko** in memory of Judge Forrest W. Burt

**Lyn and Carla Svendsen**

**Barbara & Edward Wells**

**Nancy Lyman-Davis** in memory of Eileen Schaffert

To become a PLATINUM Patron for a year, submit \$110 - Please make checks payable to The Geauga County Department on Aging and write Newsletter in the memo.