

The Geauga Senior News



Geauga County Department on Aging

February 2026

2026 Geauga County Dept. on Aging Trash Pick-Up Days!

Local townships, villages and city road crews will again work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors Garages and yards during locally scheduled pick-ups. Seniors must be registered with the Department on Aging for 2026 one week prior to the pick-up to be placed on the pickup list. Dates for pick-up days are subject to change, so check the list each month.

Munson Twp	April 22-24
Hambden Twp	April 20-22
South Russell Village	TBA
Bainbridge Twp	May 4-8
Montville Twp	May 7-8
Claridon Twp	May 13
Burton Village	TBA
Burton Twp	May 14-15
Thompson Twp	May 15
Chardon Twp	TBA
Auburn Twp (100)	June 4-5
Huntsburg Twp	June 4-5
Newbury Twp	June 8-10
Parkman Twp	June 25-26
Troy Twp	July 23-24
Village of Middlefield	Aug 13
Chesterland Twp	Sept. 14-18
Russell Twp	TBA
City of Chardon	TBA
Middlefield Twp	TBA

Register early

We are asking seniors who will be participating in the 2026 Trash Day Pick-up program to register NOW with the Dept. on Aging. Seniors who complete their yearly registration with Dept. on Aging prior to the clean-up dates, only need to make a phone call before the trash pick-up cutoff date to be placed on the community pick-up list. Please, no more than 10 items per household. Call (440) 279-2130 for guidelines and questions. *Registration deadlines are one week before the first day of selected community Trash pick-up!*

ROCK & ROLL HALL OF FAME BUS TRIP – America 250

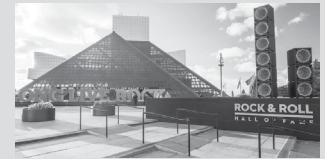
Friday, March 27th



As part of the America 250 Celebrations and March's theme of Music, Movies and Entertainment we will be taking a trip to the Rock & Roll Hall of Fame.

What's Included:

- Q&A session with a Rock Hall Curator
- Self-guided tour of the Rock & Roll Hall of Fame
- Screening of the immersive short film "Power of Rock"
- Choice of gourmet boxed lunch enjoyed on the skybridge.



Transportation by coach bus with pickups available at: Geauga County Safety Center or BSC. \$105 per person. *Registration due by 3/18 or until event is full. Sign up today at any Senior Center.*

This is a "3 Sneaker" Trip. Must be able to get on and off the bus and walk through the museum, and navigate stairs and ramps.

Lunch Menu

Turkey Breast Sandwich - provolone cheese, dijonaise, arugula salad, and tomatoes on ciabatta roasted beef strip - garlic aioli, goat's brie, caramelized onions, spinach salad, and tomatoes on a pretzel bun.

Chicken Bacon Wrap - bacon, lettuce, tomato, shredded cheese, and green goddess dressing in a wrap.

Grilled Vegetable Wrap - grilled portobello mushrooms, roasted piquillo peppers, zucchini, squash, and hummus in a wrap. Gluten-free wrap available upon request.

Southwest Salad - Romaine and frisée lettuce, pepper jack cheese, corn, black beans, roasted peppers, and chipotle ranch dressing. Available with chicken or beef.

All sandwich & wrap selections include: Fruit salad, potato chips, Irish cream brownie, and bottled water. *All salad selections include:* Fruit salad, Irish cream brownie, and bottled water.

Cost \$105. Date: March 27 Site: BSC Event: Rock Hall Tour Deadline: 3/18 (or until filled)

Name: _____ Phone: _____

Pick Up Locations (select one):

- Geauga Safety Center, 8:55 a.m. Departure (12450 Merritt Rd.)
Return at approx. 4:05 p.m.
- Bainbridge Senior Center, 9:25 a.m. Departure (17751 Chillicothe Rd.)
Return at approx 3:45 p.m.

Lunch Selection (select one):

____ Turkey ____ Roast Beef ____ Chicken ____ Veggie ____ Salad

Date rec'd: _____ Staff Initial: _____ Receipt #: _____



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Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and 250 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

BOARD OF COMMISSIONERS

Gauga County Ohio

JAMES W. DVORAK

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RALPH SPIDALIERI

LEADERSHIP TEAM

Jessica Boalt – Director

Michelle Warren - In-Home Services Manager

Melissa Wheeler – Senior Centers Supervisor

Karen M. Stone – Administrative Services Manager

FREE Lunch and Learn Recognizing the Early Signs of Skin Cancer

February 19th 11:30 a.m. – 12:30 p.m.

Join us for an informative Lunch and Learn presentation led by Miriam Finkel, MD, a local, board-certified dermatologist with Radiant Dermatology in Mentor.

Dr. Finkel will provide practical education on how to recognize the early signs of skin cancer and why early detection is critical. This session is designed to empower patients with the knowledge to:

- Identify common warning signs and changes in the skin
- Understand the importance of regular self-skin exams and professional skin checks
- Know when to seek medical evaluation from a dermatologist

Attendees will leave with actionable tips to take a proactive role in their skin health and overall well-being.



/GaugaCountyDepartmentonAging

Geauga County Veteran Food Pantry

Serving those who have served

This is a pantry exclusively for Veterans and their families in Geauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

As a member, we offer:

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

This is our way of giving back to those who have given so much.

For information about Veteran eligibility and registration, call Geauga County Veterans Services at: 440-279-1860. Services are income/need based.

Lets Get Ready for the 2026 Mind Challenge! SAVE THE DATES

West Geauga Senior Center is hosting this year!

Join us at WGSC as we put together team Chesterland for this years Mind Challenge. Teams are already beginning to form for the 2026 competition at senior centers across Northeast Ohio. In “**The Challenge**,” teams consisting of four to six participants collaboratively tackle trivia questions covering a wide array of topics. No individual is ever singled out to answer; instead, the entire team works together. Teams earn points for correct answers, and those with the highest scores advance to compete on another day. The beauty of this team trivia concept is that it not only engages the seniors’ minds but also enhances their social interaction.

This year’s competition kicks off on April 16th at 9:30 a.m., and will take place over five consecutive Thursdays, concluding on May 14th. The top 10 teams will advance to the semi-finals on May 21st, with the finals scheduled for Wednesday, May 27th. All participants must register by April 10th, as late registrations will not be accepted according to the competition guidelines. We are seeking 10 seniors who can commit to most or all of the event dates. Teams must consist of at least 4 members and no more than 6. There is NO Limit on how many teams each center can have.

Four winning senior centers will receive funding- Prizes are as follows: 1st place receives \$2,500, 2nd place earns \$1,500, 3rd place gets \$1,000, and 4th place receives \$500.

Call to Register @440-279-2163.

SAVE THE DATE Trip to New Orleans & Cajun Country

November 1st thru November 7th

Join the WGSC for a trip to New Orleans and Cajun Country with AFC Vacations! Enjoy a 6 night-7 day trip to the deep south. Our week will include the French Quarter, Mississippi River Cruise, Baton Rouge, an Antebellum Mansion dinner & Tour in Natchez, Cajun Country, Acadian Music & History, School of Cooking, Tabasco Factory and much more! Registration is now OPEN, come to any senior center for flyer and registration form. **Call Christine Bacon with Questions. 440-279-2163.**



The Sound of Music & Hofbräuhaus Cleveland

Thursday, April 23rd

Depart by motorcoach from Geauga County Sheriff’s Office (12450 Merritt Rd, in Chardon) at 9:45 a.m. or West Geauga Senior Center (8090 Cedar Rd, in Chesterland) at 10:15 a.m. Arrive at Hofbräuhaus Cleveland at 11:00 a.m. for lunch. “The Sound of Music” performance begins at 1:00 p.m. Approximate return time is 4:30 p.m. at West Geauga and 5:00 p.m. at Geauga County Sheriff’s Office.

About the Performance - “For 65 years, THE SOUND OF MUSIC has been one of our “favorite things.” With its timeless story and irresistibly charming score, this Rodgers & Hammerstein classic isn’t just meant to be enjoyed - it’s meant to be shared. Directed by three-time Tony Award® winner Jack O’Brien (Hairspray), this vibrant and romantic tale of Maria and the von Trapp family features beloved songs like “Do-Re-Mi,” “Sixteen Going on Seventeen” and “Edelweiss.”

Please indicate on your registration form which lunch entrée you would like. All entrees include fountain drink, sauerkraut balls, and apple strudel.

Pierogies – Sautéed cheddar and potato pierogies served with caramelized onions, topped with sour cream and scallions.

Chicken Paprikash - Hungarian recipe made with chicken browned in butter & cooked with onions & paprika, finished with sour cream & scallions. Served over spätzle.

Sausage Plate – One frankfurter and one chicken sausage served over mashed potatoes and sauerkraut and a side of German mustard.

Trip Requirements: Must be able to go up and down motorcoach bus steps and navigate through Playhouse Square and Hofbrauhaus. Our tickets are in the mezzanine – Playhouse does not have an elevator to access the seats, you must take the stairs.

Cost: \$148 per person – Price includes show tickets, transportation, meal, and gratuity. Please bring cash to tip the bus driver. Questions? **Call Melissa Wheeler at 440-382-5833.**

Berkshire Winter Hall Walkers

Thursdays at 1:30 p.m.

Month of Feb, March & April

Berkshire Middle School (14155 Claridon Troy Rd., Burton) is excited to welcome local senior citizens to join us for our Winter Hall Walkers Program. This initiative provides a warm, safe, and climate-controlled space for community members to enjoy walking, wellness, and social connection throughout the winter months.

Registration is required by calling Melissa Wheeler at 440-279-2167. Copy of your ID and T-shirt size is needed when registering. Free.

Free Lunch & Movie

Thursday, February 5th - 12:00 p.m.

UH Geauga Age Well Be Well Program.
Call 440-214-3180 to register. Free.

Book Discussion

Friday, February 6th

Berkshire High School Auditorium (14155 Claridon Troy Rd., Burton) invites Geauga County Seniors to a Book Discussion on **The Things They Carried** by *Tim O'Brien* with the AP English students. You may rent a book from your local library. Please check into the Board Office (Door #9) at 8:45 a.m. The staff will check you in, and escort you to the classroom. Mrs. Kleinhenz, the English Language Arts teacher, will lead the discussion in the classroom while seniors and students are intermixed. *Call Melissa Wheeler at 440-279-2167 to register. Free. 9:00 a.m.*

Breathing & Physical Fitness

Thursday, February 26:

Join UH Geauga Medical Center (13207 Ravenna Road Chardon - Conference Center, Lower Level) for a presentation on Better Breathing. Learn practical techniques and exercises to support lung health. Discover helpful tips for staying healthy throughout the winter months and keeping your respiratory system strong. Don't miss this opportunity to breathe easier all season long! *Registration is required by calling UH Geauga at 440-214-3180.*

Balance Exercise Classes

Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person and live on Microsoft Teams. *Call Melissa Wheeler at 440-279-2167 for more info.*

Parkinson's Boxing Classes

This class is for seniors diagnosed with Parkinson's whose symptoms are mild to moderate. The goal of this non-contact boxing program is to delay the progression of Parkinson's symptoms. *Please call Melissa Wheeler at 440-279-2167 for more info.*



FEBRUARY 2026

MONDAY		TUESDAY	
9:30-11:00	Parkinson's Boxing CSC	1:00-2:30	Geauga Walkers OS
11:00-12:00	Balance Exercise CSC & VT		
	2		3
9:30-11:00	Parkinson's Boxing CSC	1:00-2:30	Geauga Walkers OS
11:00-12:00	Balance Exercise CSC & VT		
	9		10
<p>PRESIDENTS DAY</p> <p>CLOSED FOR PRESIDENT'S DAY</p>		1:00-2:30	Geauga Walkers OS
	16	12:30-1:30	Parkinsons Support Group CSC
		2:00-3:00	Diabetes Support Group CSC
			17
9:30-11:00	Parkinson's Boxing CSC	1:00-2:30	Geauga Walkers OS
11:00-12:00	Balance Exercise CSC & VT		Southern Caribbean Cruise Trip
	23		24
BSC	Bainbridge Senior Center	OBL	Ohman Family Living at Blossom
BHS	Berkshire High School	OH	Ohman Family Living at Holly
BMS	Berkshire Middle School	OS	Off-site
BL	Burton Library	UHG	UH Geauga Medical Campus
CSC	Chardon Senior Center	VT	Virtual Teams (Online)
GW	Geauga West Library	WG	West Geauga Senior Center Village
JND	Jennings at Notre Dame		



SENIOR COMMUNITY EVENTS

Geauga County
Department on Aging

WEDNESDAY

THURSDAY

FRIDAY

<p>4</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Walking for Wellness OS</p>	<p>5</p> <p>12:00-2:30 Lunch & Movie WG</p> <p>1:30-2:20 Berkshire Hall Walkers BMS</p>	<p>6</p> <p>9:00-10:00 BHS Book Discus-sion BHS</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VTT</p>
<p>11</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Walking for Wellness OS</p>	<p>12</p> <p>1:30-2:20 Berkshire Hall Walkers BMS</p>	<p>13</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VTT</p>
<p>18</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Walking for Wellness OS</p>	<p>19</p> <p>1:00-2:30 GPD Elderberries OS</p> <p>1:30-2:20 Berkshire Hall Walkers BMS</p>	<p>20</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
<p>25</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Walking for Wellness OS</p>	<p>26</p> <p>1:00-2:30 Breathing & Physical Fitness UHG</p> <p>1:30-2:20 Berkshire Hall Walkers BMS</p>	<p>27</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>

Melissa Wheeler
Senior Centers' Manager
440-279-2167

FEBRUARY

BAINBRIDGE SENIOR CENTER

CLOSED 2/16 PRESIDENT'S DAY
CLOSED EARLY 2/24 AT 2 PM
FOR STAFF DEVELOPMENT

BIG BREAKFAST

Thursday, February 26th

Join BSC for our monthly big breakfast. Veterans & February birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Cinnamon Roll & Pecan Casserole. Donuts by ElderPath.
Please RSVP by 2/24.

BONE HEALTH PRESENTATION BY UH

Thursday, February 26th.

Stick around after Big Breakfast to learn about the latest advances in Bone Health and Bone Loss Prevention from a University Hospitals Pharmacist! (Presentation begins at 10 a.m. if not attending Big Breakfast beforehand)
FREE event but please register in advance by calling 440-279-1313

NEW! WII BOWLING LEAGUE

Starting on Tuesday, February 3rd

Meet at BSC weekly from 1:00-2:30 for some friendly competition that doesn't require you change your shoes! **FREE but Reg. required.**

FRIDAY FILM

Every Friday at 12:00 p.m.

Join the Bainbridge Senior Center for a lunch and movie free of charge. February's theme is **COURTLY LOVE**. *Reservations are not required but encouraged to ensure a meal for all attendees*

GEAUGA PARK DISTRICT

Friday, February 27th at 12:00 p.m.

Join us for lunch from the Topsy Bull and learn how both wildlife and plants adapt to winter in NEO. *Register and place your self-pay lunch order with the Topsy Bull by 2/25!*

FAST FRIENDS

Friday, February 13th at 11:00-2:00 p.m.

BSC is excited to announce we will be hosting this FREE event to help you get to know other seniors in a fun and unique way. Lunch included. *Registration required by 2/9. See page 16 of this newsletter for more info.*

MIND CHALLENGE

Thursday, February 26th

During Big Breakfast on 2/26, Christine from WGSC will be here to give an explainer of the upcoming Mind Challenge Trivia competition. She will also help take sign-ups for BSC to start our own team! It's a fun way to use your knowledge and maybe win a cash prize to benefit BSC!



Geauga County
Department on Aging

FEBRUARY 2026

MONDAY

TUESDAY

2	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-2:00 Poker</p> <p>12:00-12:30 Lunch</p> <p>1:30-3:00 Karaoke</p>	3	<p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions*</p> <p>10:00-12:00 Mexican Train</p> <p>10:00-3:00 Mahjong</p> <p>1:00-2:30 Wii Bowling League</p>
9	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-2:00 Poker</p> <p>12:00-12:30 Lunch</p> <p>1:30-3:00 Karaoke</p>	10	<p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions*</p> <p>10:00-12:00 Mexican Train</p> <p>10:00-3:00 Mahjong</p> <p>1:00-2:30 Wii Bowling League</p>
 CLOSED FOR PRESIDENT'S DAY		16	<p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions*</p> <p>10:00-12:00 Mexican Train</p> <p>10:00-3:00 Mahjong</p> <p>1:00-2:30 Wii Bowling League</p>
23	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>9:00-2:00 Reliable Nurse Footcare</p> <p>10:00-2:00 Poker</p> <p>12:00-12:30 Lunch</p> <p>1:30-3:00 Karaoke</p>	24	<p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions*</p> <p>10:00-12:00 Mexican Train</p> <p>10:00-2:00 Mahjong</p> <p style="text-align: center;">CLOSING AT 2 PM for Staff Development</p>

Keri Skrtic
Recreation & Education
Coordinator

Matt Samardge
Recreation & Education
Assistant

BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY

THURSDAY

FRIDAY

<p>8:30-9:30 All-Around Exercise \$3 4</p> <p>10:00-12:00 Diamond Painting</p> <p>10:00-3:00 Canasta</p> <p>10:30-11:00 Beginner Line Dancing</p> <p>11:00-12:00 Line Dancing</p> <p>11:00-12:00 Bingo w/ Cindy from Caring Senior Choices</p> <p>12:30- 2:30 OTL Group (Coyote's- Bainbridge)</p>	<p>5</p> <p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i></p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-12:30 Lunch</p>	<p>6</p> <p>*8:30-9:30 All-Around Exercise \$3</p> <p>9:40-10:25 Chair Yoga-cise \$3</p> <p>10:00-12:00 Mahjong</p> <p>12:00-2:30 Lunch & a Movie (Ivanhoe - 1952)</p>
<p>8:30-9:30 All-Around Exercise \$3 11</p> <p>10:00-12:00 Diamond Painting</p> <p>10:00-3:00 Canasta</p> <p>10:30-11:00 Beginner Line Dancing</p> <p>11:00-12:00 Line Dancing</p> <p>11:00-12:00 Bingo w/ King David Nursing</p> <p>12:30-2:30 OTL Group (Topsy Bull—Bainbridge)</p> <p>1:30-3:00 ALZ Support Group</p>	<p>12</p> <p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i></p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-12:30 Lunch</p>	<p>13</p> <p>8:30-9:30 All-Around Exercise \$3</p> <p>9:40-10:25 Chair Yoga-cise \$3</p> <p>11:00-2:00 FAST Friends <i>*registration required*</i></p> <p>12:00-2:30 Lunch & a Movie (First Knight - 1995)</p>
<p>18</p> <p>8:30-9:30 All-Around Exercise \$3</p> <p>10:00-12:00 Diamond Painting</p> <p>10:00-3:00 Canasta</p> <p>10:30-11:00 Beginner Line Dancing</p> <p>11:00-12:00 Line Dancing</p> <p>11:00-12:00 Bingo w/ Home Instead</p> <p>12:30- 2:30 OTL Group (Washington St Diner -Chagrin Falls)</p>	<p>19</p> <p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i></p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>11:30-12:30 Dermatology Lunch & Learn</p> <p>12:00-12:30 Lunch</p> <p>12:30-2:30 Scrabble</p>	<p>20</p> <p>8:30-9:30 All-Around Exercise \$3</p> <p>9:40-10:25 Chair Yoga-cise \$3</p> <p>10:00-12:00 Mahjong</p> <p>12:00-2:30 Lunch & a Movie (A Knight's Tale - 2001)</p>
<p>25</p> <p>8:30-9:30 All-Around Exercise \$3</p> <p>10:00-12:00 Diamond Painting</p> <p>10:00-3:00 Canasta</p> <p>10:30-11:00 Beginner Line Dancing</p> <p>11:00-12:00 Line Dancing</p> <p>11:00-12:00 Bingo w/ Touching Hearts</p> <p>12:30- 2:30 OTL Group (Sirna's—Auburn)</p>	<p>26</p> <p>9:00-10:00 Big Breakfast <i>*registration required*</i></p> <p>9:45-10:00 Mind Challenge Info</p> <p>10:00-11:00 BONE HEALTH by UH Pharmacist</p> <p>10:00-12:00 Knit and Crochet</p> <p>10:00-3:00 Pinochle</p> <p>12:00-12:30 Lunch</p>	<p>27</p> <p>8:30-9:30 All-Around Exercise \$3</p> <p>9:40-10:25 Chair Yoga-cise \$3</p> <p>10:00-12:00 Mahjong</p> <p>12:00-1:30 Geauga Park District</p> <p>12:00-2:30 Lunch & a Movie (The Adventures of Robinhood - 1938)</p>

See front cover of the newsletter for more information about our trip to the Rock & Roll Hall of Fame in March!




CHARDON SENIOR CENTER



FEBRUARY 2026

- Out to Lunch at Cleats**
Tuesday, February 3rd
\$ - on your own
- Geauga Park District
Presentation—
Wildlife in Winter**
Thursday, February 5th (Free)
- Chardon Polka Band
Winter Party**
Friday, February 6th (\$15)
- Social Worker Appointments**
Friday, February 6th
- An Afternoon with
the Lincoln's**
Monday, February 9th (\$5)
- Baking Class-Tiramisu**
Tuesday, February 10th (\$10)
- Bird Suet Craft Class**
Wednesday, February 11th (\$5)
- Breakfast Club at Bob Evan's**
Thursday, February 12th
\$ - on your own
- Lunch and Presidential Trivia**
Friday, February 13th (Free)
- Winter Art Project**
Tuesday, February 17th (\$57)
- Monthly Breakfast**
Thursday, February 19th (\$5)
- "Pal"entine Bino-Pa-Looza**
Friday, February 20th (\$5)
- Lunch & Learn—
The Current Status
of Bee Keeping**
Monday, February 23rd
Free
- Caring for Others Crafting**
Wednesday, February 25th
Free
- Birthday Bingo and Pizza Party**
Friday, February 27th (\$2)

MONDAY		TUESDAY	
8:00-9:00	Chair Volleyball 2	9:00-11:30	Woodcarving 3
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 Off Site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking / Quilting	11:00-12:00	Balance Exercises
11:00-11:45	Balance Exercise	12:00	Lunch Out @ Cleat's
11:00-11:45	Strength Training \$2	12:30-4:00	Rummikub
1:00	Diamond Art / Tech. Help	12:30-1:30	Crafting
		2:00-3:30	RCR Practice
8:00-9:00	Chair Volleyball 9	9:00-11:30	Woodcarving 10
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 Off Site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking / Quilting	10:00	Baking Class with prior reg.
11:00-11:45	Balance Exercise	11:00-12:00	Balance Exercises
11:00-11:45	Strength Training \$2	12:30-4:00	Rummikub
1:00	Diamond Art / Tech. Help	12:30-1:30	Crafting
1:00	An Afternoon with the Lincoln's	2:00-3:30	RCR Practice
 16		17	
CLOSED FOR PRESIDENT'S DAY		9:00-11:30	Woodcarving
		10:00-12:00	Knit and Crochet
		10:00-10:45	Tai Chi \$3
		11:00-12:00	Balance Exercises
		12:30-1:30	Rummikub
		1:00	Winter Art Project with Amber from Ariel Inspired
		2:00-3:30	RCR Practice
8:00-9:00	Chair Volleyball 23	9:00-11:30	Woodcarving 24
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 off site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking/Quilting	11:00-12:00	Balance Exercises
11:00-11:45	Balance Exercise	12:30-4:00	Rummikub
11:00-11:45	Strength Training \$2	12:00-1:30	RCR Practice
12:30	Lunch & Learn – Bee Keeping	SENIOR CENTER CLOSES AT 2 PM	
1:00	Diamond Art/ Tech Help Appts.		
Monday Lunch and Movie at 12:00 Noon		Call Chardon Senior Center to register for any of our events, lunches, or classes!	
2/2	Groundhog's Day (1993)	Lunches must be ordered by the "Monday one week prior to" when you would like to join us for lunch.	
2/9	No Movie Today		
2/16	Closed		
2/23	Father of the Bride (1991)		

CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY

THURSDAY

FRIDAY

<p>8:00 Sports Talk Coffee Hour 4 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercise 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg</p>	<p>9:00-11:00 Mah Jongg Lessons 5 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:15-4:00 Duplicate Bridge 12:30-4:00 "Marbles & Jokers" 1:30-3:30 Line Dancing \$5 off site 2:00-3:00 Geauga Park District Presentation—Wildlife in Winter</p>	<p>9:30-11:30 Stained Glass 6 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 12:00 CPB Winter Party with prior registration 1:00 Social Worker Appts. 1:00-4:00 Bridge / Rummikub 1:30-2:30 Cardio-Drum Video</p>
<p>8:00 Sports Talk Coffee Hour 11 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercise 12:45-2:00 Chair Volleyball 2:00-3:00 Bird Suet Craft Class \$5 1:00-4:00 Mah Jongg</p>	<p>9:00-11:00 Mah Jongg Lessons 12 9:30 B'fast @ Bob Evan's \$ 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:15-4:00 Duplicate Bridge 12:30-4:00 Scrabble Club 12:30-4:00 "Marbles & Jokers" 1:30-3:30 Line Dancing \$5 off site</p>	<p>9:30-11:30 Stained Glass 13 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 12:00 Lunch and Presidential Trivia 1:00-4:00 Bridge 1:00-4:00 Rummikub 1:30-2:30 Cardio-Drum Video</p>
<p>8:00 Sports Talk Coffee Hour 18 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercise 12:45-2:00 Chair Volleyball 2:00-3:00 Camp Chris 1:00-4:00 Mah Jongg</p>	<p>9:00-11:00 Mah Jongg Lessons 19 9:30-10:30 Monthly Breakfast 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:15-4:00 Duplicate Bridge 12:30-4:00 Scrabble Club 12:30-4:00 "Marbles & Jokers" 1:30-3:30 Line Dancing \$5 off site</p>	<p>9:30-11:30 Stained Glass 20 9:30 NO Chair Volleyball 10:00 Pal-entine BingoPaLoo-za with prior registration 11:00-12:00 Balance Exercise 1:00-4:00 Bridge 1:00-4:00 Rummikub 1:30-2:30 Cardio-Drum Video</p>
<p>8:00 Sports Talk Coffee Hour 25 9:00-11:00 Pinochle 10:00-11:00 Crafting for Others 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercise 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg</p>	<p>9:00-11:00 Mah Jongg Lessons 26 10:00-11:00 Sunshine Committee 10:30-12:00 Choral Group 11:00-11:45 Balance Exercise 12:15-4:00 Duplicate Bridge 12:30-4:00 Scrabble Club 12:30-4:00 "Marbles & Jokers" 1:30-3:30 Line Dancing \$5 off site</p>	<p>9:30-11:30 Stained Glass 27 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 11:00 Birthday Pizza Party and Bingo 1:00-4:00 Bridge 1:00-4:00 Rummikub 1:30-2:30 Cardio-Drum Video</p>

Becky O'Reilly
Recreation & Ed. Coordinator

Jackie Kleve
 Chris Mackar
 Valerie Garland
*Recreation & Education
 Assistant Coordinators*

Beth Oliverio
*Information and Referral
 Specialist*
 Ellie Rickard
Food Service Coordinator

MIDDLEFIELD SENIOR CENTER

Monday Crafts

2th Valentines Day Shoe box
(Bring a shoe box)

9th Valentine's Day Cards

23rd Crafting with Marsha (Donation)

Kathie Doyle Presents

History of Famous February Dates

Friday, Feb. 6th 10:30 a.m. No Cost.

Monthly Breakfast

Friday, February 6th - 10:00 a.m.

Cost \$3.00.

Love you to Pizzas!

Valentine's Day Party

Tuesday, February 10th - 11:00 a.m.

Homemade pizza and games.
Valentine's shoe box exchange, if you would like to participate bring a decorated shoe box and cards to exchange. Cost \$8.00

Geauga Park Presentation -

Wildlife in the Winter

Tuesday, February 12th

I love You a Latte

Friday, February 13th

We will provide the coffee you bring a snack to share. Come for the snacks, stay for the surprises!

Happy Fat Tuesday

Tuesday, February 17th

Pancakes for lunch! (Donation)

OsteoStrong Presentation

Thursday, February 19th

Osteoporosis and Osteopenia the benefits of exercise. Sharing what OsteoStrong offers and how we can positively impact you.

National Love Your Pet Day

Friday, February 20th

Bring in a picture of your pet to share with the group! Special visit from Diamond the therapy dog!

Movie and Pizza at Briar

Thursday, February 26th

Must Love Dogs



Geauga County
Department on Aging

FEBRUARY 2026

MONDAY

TUESDAY

2

10 am Crafting Club
11 am Balance Exercise
12 pm Lunch
12-3 pm Painting Pals
1 pm Crafting
Valentine's Day Box

3

10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball

9

10 am Crafting Club
11 am Balance Exercise
12 pm Lunch
12-3 pm Painting Pals
1 pm Crafting

10

10am Chair Yoga Video
11am Love you to Pizzas!
Valentines Day Party
& Lunch \$8
12pm Lunch
1pm Chair Volleyball

16



Closed for Presidents Day

17

10am Chair Yoga Video
11am Line Dancing \$3
12pm Fat Tuesday
Pancakes for lunch!
12pm Lunch
1pm Chair Volleyball

23

10am Crafting Club
11am Balance Exercise
12pm Lunch
12-3pm Painting Pals
1pm Crafting with Marsha!

24

10am Chair Yoga Video
11am Line Dancing \$3
12pm Lunch
1pm Chair Volleyball

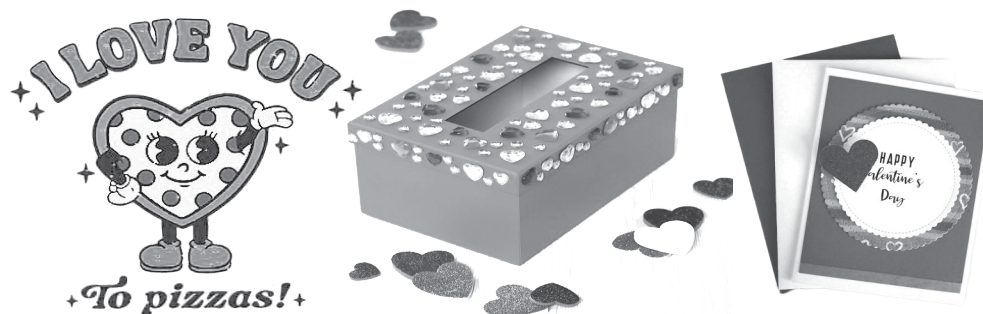
Closed at 2 pm for Staff development.

Hannah Heinz
*Recreation &
Education Coordinator*

Ginny Lester
*Recreation &
Education Assistant*

Please call to register for
lunch, crafting &
special events.
440-632-0611.

WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">4</p> <p>10am Balance Exercise 11am BINGO 12pm Lunch 1-3pm Matter of Balance</p>	<p style="text-align: right;">5</p> <p>10am Chair Zumba Video 11am Mexican Train 12pm Lunch 1pm Chair Volleyball</p>	<p style="text-align: right;">6</p> <p>10am Monthly Breakfast \$3 10:30am Kathie Doyle (Famous February Dates) 12pm Lunch 1-3pm Matter of Balance</p>
<p style="text-align: right;">11</p> <p>8am Social Work Appointments 10am Balance Exercise 11am BINGO <i>Sponsored by Inn at the Pines</i> 12pm Lunch 1-3pm Matter of Balance</p>	<p style="text-align: right;">12</p> <p>10am Chair Zumba Video 11am Wildlife in Winter Geauga Parks 12pm Lunch 1pm Chair Volleyball</p>	<p style="text-align: right;">13</p> <p>10am Chair Yoga Video 11am I love You a Latte Snacks, coffee & surprises 12pm Lunch 1-3pm Matter of Balance</p>
<p style="text-align: right;">18</p> <p>10am Balance Exercise 11am BINGO with Dawn 12pm Lunch 1-3pm Matter of Balance</p>	<p style="text-align: right;">19</p> <p>10am Chair Zumba Video 11am OsteoStrong Presentation 12pm Lunch 1pm Chair Volleyball</p>	<p style="text-align: right;">20</p> <p>10am Chair Yoga Video 11am National Love Your Pet Day! 12pm Lunch 1-3pm Matter of Balance</p>
<p style="text-align: right;">25</p> <p>10am Balance Exercise 11am BINGO <i>Sponsored by Burton Health Care</i> 12pm Lunch 1-3pm Matter of Balance</p>	<p style="text-align: right;">26</p> <p>10am Chair Zumba Video 11am Mexican Train 12pm Lunch 1pm Chair Volleyball 2pm Movie at Briar pizza and drinks included (Must Love Dogs)</p>	<p style="text-align: right;">27</p> <p>10am Chair Yoga Video 12pm Lunch 1-3pm Matter of Balance</p>



WEST GEAUGA SENIOR CENTER

Age Well – Be Well

Thursday, Feb. 5th - 12:00-2:00 p.m.

Lunch and Movie.

Call to sign up 440-214-3180.

Breakfast & Brain Games

Thursday, Feb. 5th - 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of sausage & egg on english muffin, hashbrown potatoes, fresh fruit, pastries, and beverage. Cognitive building Brain Games will follow.

Cost \$6. Registration req. by Feb 2nd

WGSC Lunch & Movie

“Wicked for Good”

Thursday, Feb. 19th– 12:00-2:00 p.m.

Join us for a hot lunch (meal of the day) followed by the movie

“Wicked for Good”

Register by Feb. 9th at 440-279-2163.

Geauga Parks Presentation - Wildlife in Winter

Monday, Feb. 23rd at 11:00-12:00 p.m.

Join us for an educational program from a Geauga Park Naturalist. A hot lunch is available immediately following the program. *You MUST sign up for the meal by Feb. 16th 440-279-2163.*

Lunch & Bingo

Thursday, Feb. 26th– 12:00-1:30 p.m.

Join us for a hot lunch (meal of the day) followed by 1 hour of BINGO with prizes to win!. *Registration required by Feb 16th at 440-279-2163.*

SPIN CLASSES at WGSC

Monday, Wednesday & Friday Mornings 10:30-11:30 a.m.

BEGINNER SPIN CLASSES

Tues. & Thurs. - Two Classes 9:15-9:45 a.m. & 10:00-10:30 a.m.

MUST SIGN UP

Number of BIKES are LIMITED

VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.


FEBRUARY 2026

MONDAY

TUESDAY

2	<p>10:00-11:00 Strength & Cardio VT</p> <p>10:30-11:30 Senior Spin Class</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-3:00 Mahjongg Group</p> <p>1:00-3:00 Diamond Art</p> <p>2:00-3:00 Line Dance w/Darlene \$4</p>	3	<p>9:00-11:30 Stained Glass Class \$5</p> <p>9:15-9:45 Beginner Senior Spin Class 1</p> <p>10:00-10:30 Beginner Senior Spin Class 2</p> <p>11:00-11:45 Seated Strength & Balance</p> <p>12:30-1:30 Tai-ChiFit</p> <p>12:00-3:00 Bridge Group</p> <p>12:30-2:30 Knit & Crochet</p>
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9	<p>10:00-11:00 Strength & Cardio VT</p> <p>10:30-11:30 Senior Spin Class</p> <p>11:00-12:00 Gentle Chair Yoga</p> <p>1:00-3:00 Mahjongg Group</p> <p>1:00-3:00 Diamond Art</p> <p>2:00-3:00 Line Dance w/Darlene \$4</p>	10	<p>9:00-11:30 Stained Glass Class \$5</p> <p>9:15-9:45 Beginner Senior Spin Class 1</p> <p>10:00-10:30 Beginner Senior Spin Class 2</p> <p>11:00-11:45 Seated Strength & Balance</p> <p>12:30-1:30 Tai-ChiFit</p> <p>12:00-3:00 Bridge Group</p> <p>12:30-2:30 Knit & Crochet</p>
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16	 <p>PRESIDENT'S DAY</p> <p>CLOSED FOR PRESIDENT'S DAY</p>	17	<p>9:00-11:30 Stained Glass Class \$5</p> <p>9:15-9:45 Beginner Senior Spin Class 1</p> <p>10:00-10:30 Beginner Senior Spin Class 2</p> <p>11:00-11:45 Chair Exercise VIDEO</p> <p>12:30-1:30 Tai-ChiFit</p> <p>12:00-3:00 Bridge Group</p> <p>12:30-2:30 Knit & Crochet</p>
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23	<p>10:00-11:00 Strength & Cardio VT</p> <p>10:30-11:30 Senior Spin Class</p> <p>11:00-12:00 Gentle Chair Yoga VIDEO</p> <p>11:00-12:00 Geauga Parks Program “Wildlife in Winter”</p> <p>1:00-3:00 Mahjongg Group</p> <p>1:00-3:00 Diamond Art</p> <p>2:00-3:00 Line Dance w/Darlene \$4</p>	24	<p>9:00-11:30 Stained Glass Class \$5</p> <p>9:15-9:45 Beginner Senior Spin Class 1</p> <p>10:00-10:30 Beginner Senior Spin Class 2</p> <p>11:00-11:45 Seated Strength & Balance</p> <p>12:30-1:30 Tai-ChiFit</p> <p>12:00-3:00 Bridge Group</p> <p>12:30-2:30 Knit & Crochet</p>
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Lunch is served Mon thru Fri from 12:00-12:30 p.m.

ALL Seniors MUST request meals by the Monday of the week prior to the requested meal dates.

ALL lunch reservations can be made by calling the WGSC at 440-279-2163, or by entering your request in the lunch sign up book provided at the front desk.

Recreation/Education Coordinator

Christine Bacon 440-279-2163

Rec/Ed Assistants

Jeanne Molzon 440-279-2183

Amy Walsh 440-279-2163

I&R Assistant

Ronda Dwyer 440-279-2163

Stained Glass Class Appts:

Call Don Trask 440-759-9691

WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY

THURSDAY

FRIDAY

4

5

6

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Strength & Cardio VT
 10:30-11:30 Senior Spin Class
 11:00-12:00 Gentle Chair Yoga
 1:00-2:30 Never Ending Knowledge
 "The American Revolution"

8:30-10:00 Breakfast & Brain Games \$6
 9:15-9:45 Beginner Senior Spin Class 1
 10:00-10:30 Beginner Senior Spin Class 2
 11:00-11:45 Seated Strength & Balance
 12:00-2:00 UH-AWBW Lunch & Movie
 1:00-2:30 Arm Chair Travel
 "Greece & Turkey"

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Gentle Chair Yoga Video
 10:30-11:30 Senior Spin Class
 11:00-11:45 Cardio Drumming Video
 1:00-3:00 Mahjongg Lessons

11

12

13

9:00-11:30 Stained Glass \$5
 10:00-11:00 Strength & Cardio VT
 10:30-11:30 Senior Spin Class
 11:00-12:00 Gentle Chair Yoga
 1:00-2:30 Never Ending Knowledge
 "American Revolution"

9:15-9:45 Beginner Spin Class 1
 10:00-10:30 Beginner Spin Class 2
 11:00-11:45 Seated Strength & Balance
 1:00-2:30 Arm Chair Travel
 "Greece and Turkey"

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Gentle Chair Yoga Video
 10:30-11:30 Senior Spin Class
 11:00-11:45 Cardio Drumming Video

18

19

20

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Strength & Cardio VIDEO
 10:30-11:30 Senior Spin Class
 11:00-12:00 Gentle Chair Yoga VIDEO
 1:00-2:30 Never Ending Knowledge
 "The American Revolution"

9:15-9:45 Beginner Senior Spin Class 1
 10:00-10:30 Beginner Senior Spin Class 2
 11:00-11:45 Chair Exercise VIDEO
 12:00-2:30 Lunch & Movie
 "Wicked For Good"
 1:00-2:30 Arm Chair Travel
 "Greece & Turkey"

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Gentle Chair Yoga Video
 10:30-11:30 Senior Spin Class
 11:00-11:45 Cardio Drumming Video

25

26

27

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Strength & Cardio VT
 10:30-11:30 Senior Spin Class
 11:00-12:00 Gentle Chair Yoga
 12:00-2:00 Out to Lunch Bunch
 1:00-3:00 Craft w/Amy
 1:00-2:30 Never Ending Knowledge
 "The American Revolution"

9:15-9:45 Beginner Senior Spin Class 1
 10:00-10:30 Beginner Senior Spin Class 2
 11:00-11:45 Seated Strength & Balance
 12:00-1:30 Lunch & BINGO
 1:00-2:30 Arm Chair Travel
 "Greece & Turkey"

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Gentle Chair Yoga Video
 10:30-11:30 Senior Spin Class
 11:00-11:45 Cardio Drumming Video
 11:00-12:00 Presentation "Ohio
 Inventors & Innovations"
 by Christine
 1:00-3:00 Mahjongg Lessons



SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Free Lunch and a Movie

Thursday, February 5th from 12:00-2:30 p.m.
at West Geauga Senior Center
8090 Cedar Road, Chesterland

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. **Due to very limited space, and to ensure a fun experience for all, registration is required by calling 440-214-3180.**

Walking for Wellness

Wednesdays at 3:00-4:30 p.m.

Join the Geauga County Department on Aging and UH Geauga for our “Walking for Wellness” program. Walking has shown to help with weight management, reduce stress, and increase energy levels. This group focuses on keeping a steady pace, a safe place to walk with other people, and a goal of 3 miles each walk. Call Melissa Wheeler at 440-279-2167 with questions, you do not need to register for this program, just show up!

DATE	PARK
2/4	Welton's Gorge 13973 Hale Rd, Burton 44021
2/11	Chapin Forest Reservation 10381 Hobart Rd, Kirtland Meet at Pine Lodge – Snowshoeing if possible! Afterwards, Dinner at Tavern Six 7592 Euclid Chardon Rd, Kirtland
2/18	The Rookery 10110 Cedar Rd, Munson
2/25	Maple Highlands Trail Mountain Run Station 12700 Chardon-Windsor Rd, Chardon 44024

Diabetes Support Group

Counting Carbs & “Good” versus “Bad” Carbs

Tuesday, February 17th at 2:00 p.m.
Chardon Senior Center
470 Center St., Building 8, in Chardon

Dietitian Stefanie Jarrett RDL CD, Clinical Nutrition Manager from UH Geauga Medical Center will discuss all things carbohydrates and how it is relevant for managing your diabetes. Do you know how to count carbs and how many you can have at each meal? Take advantage of this opportunity to learn these key techniques in self-managing your diabetes. **Call Melissa Wheeler at 440-279-2167 to RSVP.**

Geauga Walkers

All walks begin promptly at 1:00.

*A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules.” Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
2/3	Veterans Park - Mentor 5730 Hopkins Road, Mentor (Rt 615, Center St, Hopkins)
2/10*	Holbrook Hollows 7250 Country Lane, Bainbridge
2/17*	Burton Twp/Veterans Park 14821 Rapids Road, South of Burton CARPOOL Park at Township Garage
2/24*	Big Creek Park, Meyer Center 9160 Robinson Road, Chardon, Aspen Grove North of Middlefield, Bike Parking Lot (first one) North of Rt 322; Snowshoeing available, if snow.

Parkinsons Support Group

Diet & Nutrition

Tuesday, February 17th at 12:30 p.m.

Chardon Senior Center

470 Center St., Building 8, in Chardon

Dietitian Stefanie Jarrett RDL CD, Clinical Nutrition Manager from UH Geauga Medical Center will discuss diet & nutrition recommendations for Parkinson's Disease. What, and when, should we eat around our levodopa medications? What foods are considered “brain healthy” and how does hydration effect our bodies with Parkinsons? **Call Melissa Wheeler at 440-279-2167 to RSVP.**

Breathing and Physical Fitness

Thursday, February 26th from 1:00-2:30 p.m.

UH Geauga Medical Center
13207 Ravenna Road, Chardon
Conference Center – Lower Level

Join UH Geauga Medical Center and Geauga Department on Aging for an informative presentation on Better Breathing, where you'll learn practical techniques and exercises to support lung health. Discover helpful tips for staying healthy throughout the winter months and keeping your respiratory system strong. Don't miss this opportunity to breathe easier all season long! **Registration is required by calling UH Geauga at 440-214-3180.**

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Book Study with AP English Students

Friday, February 6th at 9:00-9:40 a.m.

Berkshire High School
14155 Claridon Troy Rd, Burton

Berkshire High School invites Geauga County Seniors to a Book Discussion on *The Things They Carried* by Tim O'Brien with the AP English students. You may rent a book from your local library. Please check into the Board Office (Door #9) at 8:45 a.m. The staff will check you in, and escort you to the classroom. Mrs. Kleinhenz, the English Language Arts teacher, will lead the discussion in the classroom while seniors and students are intermixed.

Please call Melissa Wheeler at 440-279-2167 to register.

Matter of Balance Classes –

Are you concerned about falling? Interested in improving balance, flexibility, and strength? Falls are preventable, and this class can make a difference! Set realistic goals for staying active, learn how to stay safe at home, complete exercises to increase strength and balance, and learn how to identify and control your fear of falling. This class is free for all registered seniors. Space is limited. Sponsored by UH Geauga Medical Center.

To register, please call Melissa Wheeler at 440-279-2167.

February 4th thru 27th -

Every Wednesday & Friday from 1:00-3:00 p.m.
Middlefield Senior Center, 15820 Ridgewood Dr.

Hollywood on the Cuyahoga Healthy Heritage 250 Series

Thursday, March 26th at 1:00 p.m.

Geauga County Office Building
12611 Ravenwood Dr, Chardon - in Room A333

Hollywood on the Cuyahoga is a remarkable journey through Northeast Ohio's movie history. The land that produced such well-known stars as Bob Hope, Paul Newman and Halle Berry, also produced legendary figures behind the camera and provided the backdrop for some of the most beloved movies of all time. This presentation explores Cleveland's impact on movies made, as well as how Clevelanders enjoyed those movies in historic theaters around the city. Popcorn, candy, and beverages provided with our entertainment, just like at the movie theater! In collaboration with UH Geauga Medical Center. *Cost is \$5 per person. Please register by filling out a registration form with your payment to your closest Senior Center, or mail to the Geauga Department on Aging. Questions? Call Melissa Wheeler at 440-279-2167.*

CWRU Siegel Lifelong Learning Speaker – *New Places From Old Spaces*

Tuesday, March 10th at

Ohman Family Living at Holly
10190 Fairmount Rd, Newbury

Breakfast will be served at 9:30 a.m., followed by the lecture “New Places From Old Spaces” beginning at 10:00 a.m. Presented by Lauren Pacini, Architectural Photographer and Author. Cleveland is a national leader in repurposing aging buildings, giving them new life, often for purposes other than for which they were originally intended. Throughout the greater University Circle area alone we see wonderful examples of residential properties being converted for commercial uses; industrial buildings being converted to residential; and residential being brought back from the brink of demolition. The presentation will answer the question, “Why should we care about old, tired buildings?”

Cost: \$15 for members, \$20 non-members.

Registration is required by visiting www.case.edu/lifelonglearning or calling 216-368-2090.

Fighting Against Parkinson's - Boxing Classes

Classes are held
Mondays, Wednesdays & Fridays
from 9:30-11:00 a.m.

Chardon Senior Center
470 Center St, Building 8, Chardon, 44024

Fighting against Parkinson's is a boxing exercise class for seniors diagnosed with Parkinson's disease whose symptoms are mild to moderate. It is a non-contact boxing program. Our main goal is to delay the progression of Parkinson's symptoms. Strength, speed, balance, and flexibility will be worked on through a variety of exercises and core conditioning. Improving your overall fitness level, maintaining a strong healthy body while working on postural imbalances and increasing your core strength will be the focus in this program. Monthly fee is \$45.00 for unlimited classes. *Please call Melissa Wheeler at 440-279-2137 for questions or to register.*

BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

NEW! Wii Bowling League

Starting in February -
Tuesdays from 1:00-2:30 p.m.

Meet at BSC weekly for some friendly competition that doesn't require you change your shoes!

Free to attend but registration required - call 440-279-1313.



Line Dancing

Every Wednesday from 10:30 -11:00 a.m. for beginner's class then stay for the regular line dancing session 11 a.m. - 12 p.m. Learn and then apply your new moves with your new friends! *No need to register— just drop in!*

Geauga Park District – Wildlife in Winter

Friday, February 27 at 12:00 - 1:30 p.m.

Learn how both wildlife and plants adapt to winter. Discover what wildlife is active during this season as we introduce critters that can cope with the cold. We'll reveal wildlife evidence in the form of tracks, scat, meal remains, etc. as clues to animal presence and activity. This is an illustrated presentation supplemented by natural artifacts. Join us for this presentation and a self-pay lunch from Tippy Bull. *Lunch orders due 2/25.*

Bone Health Presentation by UH

Thursday, February 26th at 10:00 a.m.

Stick around after Big Breakfast to learn about the latest advances in Bone Health and Bone Loss Prevention from a University Hospitals Pharmacist! Presentation begins at 10:00 a.m., if not attending Big Breakfast beforehand. *FREE event. Register by calling 440-279-1313.*

Balance Class & Cardio Drumming

Join us Tuesdays and Thursdays for one or both of these fitness classes taught by a certified instructor, Alaina Hession! Thanks to Cherished Companions, these classes are free for registered members to attend!



Alzheimer's Care Giver Support Group

Wednesday, February 11th at 1:30 p.m.

This is a safe, confidential, supportive environment and a chance for participants to develop connections. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. *No need to register, just come on in!*

Friday Films

Every Friday, join us for a lunch and movie at 12:00 p.m., free of charge. February's theme is COURTLY LOVE. Reservations are not required but encouraged to ensure a meal for all attendees.

Feb. 6 **Ivanhoe** - 1952

Feb. 13 **First Knight** - 1995

Feb. 20 **A Knight's Tale** - 2001

Feb. 27 **The Adventures of Robin Hood** - 1938



Big Breakfast

Thursday, February 26th

Join BSC for our monthly big breakfast. Veterans & February birthdays are free to attend. The cost is \$5 for everyone else. *On the menu:* Cinnamon Roll & Pecan Casserole. Donuts by Renee from ElderPath. We will also be talking about Mind Challenge 2026 and Bone Health with University Hospitals so plan to stick around! *Please RSVP by Tuesday 2/24.*

Fast Friends

Friday, February 13th at 11:00 a.m.

Make new connections at the Bainbridge Senior Center. Looking for new friends or fun people to spend time with? Join us for a unique and welcoming event designed to help you meet others in a relaxed, friendly setting. Shy? No problem! We'll provide conversation starters to help break the ice. Feeling awkward? That's okay! Our hosts will handle introductions and keep things flowing — no weird moments here! Enjoy a delicious lunch afterward! Come as you are and leave with new friends! *Registration required by 2/9.*

GAMES AT BSC!

Poker	Mondays, 10 a.m. - 2 p.m.
Mexican Train	Tuesdays, 10 a.m. - Noon
Bingo	Wednesdays, 11 a.m. - Noon
Canasta	Wednesdays, 10 a.m. - 3 p.m.
Pinochle	Thursday, 10 a.m. - 3 p.m.
Scrabble	Every 3 rd Thursday, 12:30 - 2:30 p.m.
Mahjong	Tuesdays 10 a.m. 3 p.m. and Fridays 10 a.m. - Noon
Wii Bowling	Tuesdays 1:00 - 2:30 p.m.

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —



So much joy shared today with our Out to Lunch Group, who gathered at Grand River Cellars Winery! The winery is all decked out for Christmas, making our gathering extra merry!



Out to Lunch at Cleat's

Tuesday, February 3rd at 12:00 p.m.

Meet at Cleats in Chardon. Cost is "on your own."
Call 440-279-2126 to let us know you'll be joining us!

Becky O's Book Club

Monday, February 23rd, at 1:00 p.m.

February's book is "The Frozen River," by Ariel Lawhon.

Chardon Senior Center's Sunshine Committee

Thursday, February 26th at 10:00 a.m.

Our Sunshine Committee helps us decorate and prepare for upcoming events.

Bird Suet Craft Class

Wednesday, February 11th, from 2:00-3:00 p.m.

Each participant will be making a bird suet hanger to take home and put in your yard for the birds. **\$5.00 per person with registration by 2/4.**

Camp Chris

Wednesday, February 18th, from 2:00-3:00 p.m.

Join Chardon Senior Center Recreation and Education Assistant, Chris, for this fun and interactive hour; focusing on motor-skills, coordination, and mental agility. Camp Chris will include light game play, theater games, and discussion. Let's play!

Caring for Others Crafting

Wednesday, February 25th, at 10:00 a.m.

Join us as we create crafts that will be given to others, as a way of spreading joy throughout our county!
Call 440-279-2126 to participate! No cost!

Tiramisu Make and Take Class

Tuesday, February 10th, from 10:00 a.m. – 1:00 p.m.

This is a hands-on baking class, where participants will make tiramisu. No experience needed; you will be guided step-by-step throughout the baking process! **\$10 per person with registration by 2/3.**

Birthday BINGO and Pizza Party!

Friday, February 27, at 11:00 a.m.

Join us when we will be celebrating all of those having celebrated birthdays in February! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! \$2.00 per person; February Birthdays are free!

Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Pizza Sponsor, Chardon Healthcare!



An Afternoon with the Lincolns

Monday, February 9th, at 1:00 p.m.

Meet and Greet with Abraham and Mary Lincoln (historical reenactors). Apple Pie will be served with the presentation. **\$5.00 per person.**

Pal-en-tine Bingo-Pa-Looza!

Friday, February 20th, 12:00 noon – 3:00 p.m.

Join us as we turn the Chardon Senior Center into a bingo hall for the afternoon. Fun for all! **\$5 per person to cover lunch and refreshments. Registration is open until 2/6, or until the event is full.**

Lunch and Learn

The Current Status of Bee Keeping

Monday, February 23,

with lunch at 12:30 p.m. and the program at 1:00 p.m.

Learn about local bee-keeping and honey-making. Presented by fellow seniors, John and Janie Senderak.
Reservations required by 2/13.

The Breakfast Club of Chardon

Thursday, February 12th, at 9:30 a.m.

Join us for a breakfast out at Bob Evan's in Chardon. Enjoy breakfast, coffee, and conversation with others! Cost is "on your own." *Call 440-279-2126, so we know who to expect!*

Lunch and Presidential Trivia

Friday, February 13th, from 12 noon-1:00 p.m.

Spend your lunch hour challenging yourself on your knowledge of American Presidential History. *This is a free event, but registration is req. by 2/2 call 440-279-2126.*



The Raccoon County Ramblers is a stringed instrument group that meets to practice weekly at the Chardon Senior Center. They then entertain with performances in the community. Their Holiday Show brought so much joy to the residents, who got to play along with the music by ringing jingle bells throughout the performance!

MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —

Movie and Pizza at Briarcliff Manor

Thursday, February 26th at 2:00 p.m.

Join the Middlefield Seniors for a movie and pizza at Briarcliff Manor (14807 N State Ave, Middlefield). Enjoy pizza and a beverage while watching a movie "Must Love Dogs" in Briarcliff's theater room. *Call 440-632-0611 to register.*

Kathie Doyle Presents:

History of Famous February Dates

Friday, February 6th at 10:30 a.m.

Middlefield Senior Center Monthly breakfast served at 10:00 a.m. Cost \$3.00, and always homemade!
Call 440-632-0611 to let us know you will be here!

Happy Fat Tuesday Pancakes for lunch!

Tuesday, February 17th at 12:00 p.m.

Join us at the Middlefield Senior Center to celebrate Fat Tuesday! Ginny will be serving up her famous pancakes for lunch! You won't want to miss it! *Call 440-632-0611 to let us know you will be here! Cost donation.*

OsteoStrong Presentation

Thursday, February 19th at 11:00 a.m.

Osteoporosis and Osteopenia the benefits of exercise. Sharing what OsteoStrong offers and how we can positively impact you. *Call 440-632-0611 to let us know you will be here!*

Wildlife in Winter presented by Geauga Parks

Thursday, February 12th at 11:00 a.m.

At the Middlefield Senior Center.

Love You to Pizzas Valentines Day Party

Tuesday, February 10th at 11:00 a.m.

Homemade pizza and games. Valentine's shoe box exchange (*bring a box and valentine's if you would like to participate*) Come for the pizza stay for the games!
Call 440-632-0611 to let us know you will be here.

National Love Your Pet Day

Friday, February 20th at 11:00 a.m.

Bring a picture of your pet to share with the group. Special visit by Diamond the therapy dog!
Call 440-632-0611 to let us know you will be here.

I Love You a Latte

Friday, February 13th at 11:00 a.m.

Snacks, coffee and surprises! We will provide the coffee (*different flavors and creamer options*) you bring a snack to share. *Call 440-632-0611 to let us know you will be here!*

Celebrate America 250 with a 6-day bus tour of Williamsburg, Yorktown, Jamestown and Gettysburg

September 13th thru 18th

Some highlights of the trip will include, Toby's Dinner Theatre, Arlington National Cemetery, Train ride on the Gettysburg Railway and Flight 93 memorial. As well as much more! If you are interested, please contact Hannah Heinz at the Middlefield Senior Center 440-632-0611.

MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —



On Wednesday a group of seniors who attend the Middlefield Senior Center joined together to go out to Briar Hill, Burton Healthcare, and Inn At The Pines to sing some Christmas Carols. We were so happy to be able to put smiles on the residents faces that are at the facilities!

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —



Never Ending Knowledge Series

Wednesdays, 1:00-2:30 p.m. (three 30-minute lectures)

Light snacks and refreshments provided.

REGISTRATION IS REQUIRED 440-279-2163

The American Revolution

FEB 4TH

1. Congress are NOT a Fit Body
2. America is Not Subdued
3. A Day Famous in the Annals of America

FEB 11TH

1. Not Yet the Air of Soldiers
2. With Washington at Valley Forge
3. The Widening War

FEB 18TH

1. The French Menace
2. Vain Hopes in the Carolinas
3. The Americans fought like Demons

FEB 25TH

1. The Reward of Loyalty
2. A Sword for General Washington
3. It is All Over

Breakfast and Brain Games

Thursday, February 5th from 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of croissant breakfast casserole, grape salad, pastries and beverage. Cognitive building Brain Games will be after breakfast from 9:00-10:00 a.m. **Cost \$6. Registration required.**

Craft Class with AMY

Wednesday, February 25th from 1:00-3:00 p.m.

Join Amy as she offers a craft Class on how to make a Saint Patricks Day Craft. All supplies included, just bring yourself and your CREATIVITY!! **Cost is \$6, Register by Feb. 18th to participate in this class. Call 440-279-2163.**

Out to Lunch Bunch with your WG Friends

Wednesday, February 25th from 12:00-2:00 p.m.

Join your friends at West G for a lunch gathering at EL Mexicana Mexican Food & Bar, 8053 Mayfield Rd. Meet up time is 12:00 p.m. **Call ahead to let us know you are coming by Feb. 24th Call 440-279-2163.**

Armchair Travel Greece and Turkey , From Athens to Istanbul at WGSC

Thursday afternoons from 1:00-2:30 p.m.

- FEB 5th
1. Exploring Crete-Realm of Ancient Minoans
 2. Lure of the Labyrinth-Palace at Konsoos
 3. The Dodecanese-Kos, Patmos, and Rhodes

- FEB 12th
1. Welcome to Turkey-The Turquoise Coast
 2. Central Turkey-Ankara, Konya, Cappadocia
 3. Up the Meander River-Priene to Pamukkale

- FEB 19th
1. The Wonder of the World -Ephesus
 2. Royal Cities of Asia-Pergamon and Sardis
 3. Troy~Beyond Homer and the Trojan Horse

- FEB 26th
1. Istanbul-Capital of the Byzantine Emperors
 2. The Pearl of Constantinople-Hagia Sophia
 3. Ottoman Istanbul-Mosques, Palaces, Bazaars

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163. to register or with any questions. —

Ohio Inventors & Innovations — Celebrate America 250

Friday, February 27th at 11:00 a.m.

Join us at the WGSC for an enlightening presentation by Christine, as we celebrate Ohio's inventors and innovations. Discover the remarkable contributions of Ohio inventors throughout American history. Enjoy snacks and refreshments during the event. **Registration is required, so please call 440-279-2163 to sign up. Deadline is Feb. 24th.**

Wildlife in the Winter

*presented by
Geauga Parks
Naturalist*

Monday, February 23rd
11:00 a.m.



Join us here at WGSC for an educational presentation from a Geauga Parks Naturalist. Topic is Wildlife in Winter. Learn how both wildlife and plants adapt to winter. Discover what wildlife is active during this season as we introduce critters that can cope with the cold. We'll reveal wildlife evidence in the form of tracks, scat, meal remains, etc. as clues to animal presence and activity. This will be an illustrated presentation supplemented by natural artifacts. **Call to register at 440-279-2163.**

Lunch & Movie Wicked for Good

Thursday, February 19th from 12:00-2:00 p.m.

Join us for a hot lunch (*meal of the day*) followed by the Movie "WICKED for Good" the sequel to the original movie "Wicked." **Register by Feb. 9th @ 440-279-2163.**

Taichi-Fit Class *with instructor Tim Shea*

Tuesday Afternoons 12:30-1:30 p.m.

If you are looking to join a Taichi class, we offer them here at WGSC. The benefits of this exercise include Better Balance/fall prevention, improved cardiovascular health, relieves pain, encourages Fat Loss, improves mood and mental health, improves cognitive function and reduces fatigue Cost is \$3. (*paid directly to instructor each class*). **Call WG to sign up 440-279-2163.**

Lunch & BINGO

Thursday, February 26th from 12:00-1:30 p.m.

Join us for a Hot Lunch (*meal of the day*), followed by 60 minutes of BINGO! There will be nice prizes and lots of fun if you are a BINGO enthusiast! **Register by Feb. 20th. FREE Event, Donations for meal will be requested. Call to sign up. 440-279-2163.**

Are you interested in YOGA NIDRA at WGSC?

Classes will be held weekly or bi-weekly with our instructor, Darlene Kelbach, at a cost of \$4 per session. We will require at least 8 participants to proceed with the class, Reach us at 440-279-2163. We are inviting seniors who are interested in exploring this meditation form of yoga known as Yoga Nidra, or yogic sleep. This powerful meditation technique is both accessible and effective, allowing practitioners to comfortably lie in savasana (corpse pose) while being guided through the pancha maya kosha (the five layers of self). The practice promotes a profound sense of wholeness without requiring long hours of seated meditation. Yoga Nidra offers numerous benefits, and we're excited to share them with you. If interested, please contact us.

Mahjong Lessons

Fridays, February 6th and 27th from 1:00-3:00 p.m.

Have you ever wanted to learn how to play Mahjong? If your curiosity has been piqued but you haven't found the right opportunity to dive in, now is your chance!

The WGSC is providing lessons for anyone eager to explore this enjoyable and widely-loved game. Our classes will cover the fundamentals of American Mahjong, and if there's consistent interest, we'll add more dates and sessions. The lessons will be led by Christine Bacon, along with experienced players from our Mahjong group. **Sign-up is required. FREE CLASSES. Call 440-279-2163.**

Creative Cupcake Class

Tuesday, January 13th – 1:00-2:00 p.m.

Join us at WGSC for a Cupcake decorating class like no other! You will have 6 cupcakes to decorate using candy wafers and dipping pieces, you get to use your imagination. All supplies provided by instructor, just bring yourself and your creativity. Cost \$5. **Deadline to make payment & register is Jan. 9th. Call 440-279-2163.**

Geauga Menu February 2026

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
2 TOMATO BASIL CHICKEN PASTA w/SPAGHETTI SAUCE CALIF BLEND VEGETABLES MIXED FRUIT CUP DINNER ROLL	3 BONELESS WINGS-6 DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	4 STUFFED GREEN PEPPERS W/SPAGHETTI SAUCE MASHED POTATOES ESCALOPED APPLES DINNER ROLL	5 SALISBURY STEAK W/ GRAVY RICE SWEET CORN DICED CARROTS PEACH FRUIT CUP APPLE-CINNAMON MINI LOAF	6 SLICED HAM W/PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS WG CORNBREAD LOAF MIXED FRUIT CUP
9 BONELESS WINGS DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE GRAHAM CRACKERS BBQ SAUCE CUP	10 STUFFED GREEN PEPPERS SPAGHETTI SAUCE MASHED POTATOES ESCALOPED APPLES DINNER ROLL	11 SALISBURY STEAK BROWN GRAVY BROWN RICE CORN DICED CARROTS PEACHES APPLE-CINNAMON BREAD	12 FISH (COD) TATER TOTS GREEN BEANS APPLE HAMBURGER BUN WG TARTAR SAUCE KETCHUP	13 GRILLED CHICKEN BREAST PENNE PASTA SPAGHETTI SAUCE w/ BASIL CAPRI VEGGIE BLEND MIXED FRUIT DINNER ROLL
16 ALL SITES CLOSED PRESIDENT'S DAY	17 CHICKEN SALAD COLE SLAW THREE BEAN SALAD PINEAPPLE HAMBURGER BUN WG	18 MEATLOAF BROWN GRAVY MASHED POTATOES GREEN SWEET PEAS APPLESAUCE WHITE BREAD WG	19 JUMBO CHEESE RAVIOLI SPAGHETTI SAUCE CAULIFLOWER MIXED VEGGIES PEARS DINNER ROLL	20 TURKEY BURGER ROASTED POTATOES BROCCOLI FLORETS STRAW-BAN APPLESAUCE HAMBURGER BUN WG KETCHUP
23 MEATBALLS w/PASTA w/SPAGHETTI SAUCE MIXED VEGETABLES PEAR FRUIT CUP BREAD	24 BREADED CHICKEN PATTY BAKED BEANS SWEET CORN MANDARIN ORANGE FRUIT CUP WG HAMBURGER BUN BBQ CUP	25 SLOPPY JOE TATER TOTS DICED CARROTS STRAW-BAN APPLESAUCE CUP WG HAMBURGER BUN	26 BBQ CHICKEN BREAST RICE GREEN BEANS SWEET POTATOES CINNAMON APPLESAUCE CUP WG CORNBREAD LOAF	27 JUMBO RAVIOLI w/SPAGHETTI SAUCE BROCCOLI MIXED VEGETABLES PEAR FRUIT CUP DINNER ROLL

Menu Subject to Change. Milk included with each meal. This institution is an equal opportunity employer.

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Heating Assistance Available

Application Deadline: May 31, 2026



The Ohio Department of Development and Geauga County Department on Aging want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to eight members and 60% of State Median Income for a household of nine or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual's energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2026.

For more information or assistance with applying for a HEAP benefit, contact the Geauga County Department on Aging at (440) 279-2130.

To be connected to your local Energy Assistance Provider, call (800) 282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energyhelp.ohio.gov.

Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application! Medicare Savings Programs (MSPs) and Extra Help.

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits) Qualified Disabled & Working

Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work. **Contact a Geauga Department on Aging Social Worker for assistance with your application!**

QMB			SLMB			QI			EXTRA HELP		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,325	\$9,660	Single	\$1,585	\$9,660	Single	\$1,781	\$9,660	Single	\$1,976	\$17,600
Married	\$1,783	\$14,470	Married	\$2,135	\$14,470	Married	\$2,400	\$14,470	Married	\$2,664	\$35,130

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,791.90 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date(s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2026? Yes ____ No ____

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date(s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2026? Yes ____ No ____

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts. I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

- I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____
Signature of Participant Date

Refund Policy for the Geauga Department on Aging

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
12611 Ravenwood Dr., Suite 200
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
440-279-2130 FEBRUARY 2026

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

Make a Difference: Volunteer for Home-Delivered Meals

The Geauga County Department on Aging is seeking volunteers to deliver meals to seniors in Geauga County. Drivers are needed in almost every community.



Volunteers play a vital role in the Home-Delivered Meals program, ensuring homebound seniors receive warm, nutritious lunches. Routes begin at one of the four local senior centers, and deliveries take place Monday through Friday from 11 a.m. to 1 p.m. Individuals, agencies, church groups, and organizations are encouraged to help. Volunteers must be at least 18 years old and have a valid driver's license.

A brief orientation and paperwork are required. Flexible scheduling is available, with options for daily, weekly, or substitute shifts.

Join us in supporting local seniors!
To sign up or learn more, contact Nathan Gorton at 440-279-2138 or NGorton@co.geauga.oh.us.

PLATINUM PATRONS

The Stone Family in memory of Dale & Joan Spangenberg

The Bramley Family in memory of Jim & Joy Bramley & Rob Warren

G Rae Peck in memory of Sigmund S Peck

Daniel & Gwenn Brown **Alan Bialosky** in memory of Peggy Bialosky

Alan and Peggy Bialosky

The Leon Wilson Family in memory of Annamae & Leanne

Burton Class of 1957 / Joan & Michael Fath in memory of Betty Stewart

Robert Beutel and Claudia Euse

Newbury Class Members of 1956

James & Sandra Burzanko in memory of Judge Forrest W. Burt

Lyn and Carla Svendsen **Barbara & Edward Wells**

Nancy Lynam-Davis in memory of Eileen Schaffert

Ann Busse in memory of Carl & Dorothy Busse

To become a PLATINUM Patron for a year, submit \$110 - Please make checks payable to The Geauga County Department on Aging and write Newsletter in the memo.