

April 2026 - Bainbridge Senior Center

Bainbridge Bulletin
CLOSED EARLY 4/28 at 2pm for Staff Development

BIG BREAKFAST

Join BSC for our monthly big breakfast on 4/30! Veterans & April birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Southern Grits and Sausage. Please RSVP by 4/27. Donuts by Comfort Keepers!

New! Woodcarver's Workshop

Fellow senior John Hagan will be leading a weekly wood carver's workshop right here at BSC on Tuesday afternoons! Experts to beginners, all are welcome! Call to sign up!

Friday Films

Every Friday, enjoy a lunch and movie at 12 pm, free of charge. March's theme is Mockumentary Fun. Reservations are not required but encouraged to ensure a meal for all attendees.

ATTENTION ALL FITNESS CLASS PARTICIPANTS:

King David Nursing will be here at 9am on 4/14 to provide FREE balance screenings to our folks that attend our fitness classes! Spots are limited, so sign up today! They will return in August to re-assess you to see what kind of progress you have made!

Dyngus Day

Na Zdrowie! It's that time of year again! Join us and The Chardon Polka Band on 4/8 to celebrate this unique Polish holiday with homemade pierogies and kielbasa! \$15 p/person, registration required.

FREE Lunch and Learns

4/9 at Noon—Downsizing with Heart: Organization, Navigating Sentimental Items and Your Next Chapter. Registration Req'd
4/23 at Noon—Take Charge of Your Doctor Visits and Maximize the time you get with your providers. Registration Req'd
See the back of this newsletter for details on these lunch and learns.

Fairmount Art Classes are Back at BSC!

Fairmount Center for the Arts is bringing their popular art classes back to BSC! \$45 for all six classes starting 4/16 from 12:30-2pm!. See the back of this newsletter for details!

BSC BOOK CLUB

Led by Cheryl Mullins, Head of Adult Services at Geauga West, this book club will meet on the third Thursday of the month – 4/16 at 1:00pm. For April, we will be reading *The 100 Years of Lenni and Margot* by Marianne Cronin. Call BSC to register!

Gauga Park District

On 4/17 at Noon join us for lunch from the Topsy Bull and learn about migratory birds as they travel north from their winter homes. Register and place your self-pay lunch order with the Topsy Bull by 4/15!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Cindy from Caring Senior Choices 12:30- 2:30 OTL Group (Mavis Public House—Solon)</p>	<p>2</p> <p>9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions* 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch</p>	<p>3</p> <p>*8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00- 12:00 Mahjong 12:00-2:30 Lunch & a Movie (This Is Spinal Tap—1984) 1:00-3:00 M.O.B Class</p>
<p>6</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Karaoke</p>	<p>7</p> <p>9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions* 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 1:00-2:30 Wii Bowling League 1:00-3:30 WoodCarver's Workshop 1:00-3:00 M.O.B Class</p>	<p>8</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ King David Nursing 12:30- 2:30 OTL Group (56 Kitchen, Solon) 1:30-3:00 ALZ Support Group 12:00-2:30 DYNGUS DAY w/ Desserts from King David Nursing</p>	<p>9</p> <p>9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions* 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-1:30 FREE Lunch and Learn—Downsizing with Heart: Organization, Navigating Sentimental Items and Your Next Chapter. *registration req'd*</p>	<p>10</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00- 12:00 Mahjong 12:00-2:30 Lunch & a Movie (What We Do in the Shadows—2014) 1:00-3:00 M.O.B Class</p>
<p>13</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Karaoke</p>	<p>14</p> <p>9:00-1:00 FREE Balance Screenings by King David Nursing 9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions* 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 1:00-2:30 Wii Bowling League 1:00-3:30 WoodCarver's Workshop 1:00-3:00 M.O.B Class</p>	<p>15</p> <p>8:30-9:30 All-Around Exercise (\$3) *No Yoga-cise today 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Home Instead 12:30- 2:30 OTL Group (Iron Horse Saloon—Burton)</p>	<p>16</p> <p>9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions* 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:00 Art Classes w/ Fairmount 12:30-2:30 SCRABBLE 1:00-2:00 BSC Book Club w/ GPCL</p>	<p>17</p> <p>8:30-9:30 All-Around Exercise (\$3) *No Yoga-cise today 10:00- 12:00 Mahjong 12:00-2:00 GPD , Wings of Spring 12:00-2:30 Lunch & a Movie (Best in Show—2000) 1:00-3:00 M.O.B Class</p>
<p>20</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 9:00-2:00 Reliable Nurse Foot Care 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Karaoke</p>	<p>21</p> <p>9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions* 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 1:00-2:30 Wii Bowling League 1:00-3:30 WoodCarver's Workshop 1:00-3:00—M.O.B. Class</p>	<p>22</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Comfort Keepers 12:30- 2:30 OTL Group (JC's Restaurant—Burton)</p>	<p>23</p> <p>9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* *Sponsored by Cherished Companions* 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:00-1:30 FREE Lunch and Learn, Take Charge of You Visits w/ Touching Hearts *Registration req'd</p>	<p>24</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00- 12:00 Mahjong 12:00-2:30 Lunch & a Movie (Drop Dead Gorgeous –1999) 1:00-3:00 M.O.B Class</p>
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