

The Geauga Senior News



Geauga County Department on Aging

APRIL 2026

Learning for a Lifetime

Wednesday, May 27th

The Geauga County Department on Aging in conjunction with Kent State University Geauga Campus invite you to join us for our annual “**Learning for a Lifetime**” event on **Wednesday, May 27th** at the Kent State Geauga Campus in Burton (14111 Claridon Troy Rd, Burton).

Each senior will choose from the listed classes below to make their own schedule. This year’s selection of classes covers a wide spectrum of interests and provides you with a unique opportunity to challenge and invigorate yourself. Please fill out the registration form, as space is limited in each classroom. **Cost is \$10 per registered senior - lunch is included!**



9:30 a.m. Session 1 Pick top two classes from the following choices:

(1) The Orphan Train: Presented by Kathie Doyle, retired school teacher: Between 1854 and 1929, an estimated 250,000 orphaned, abandoned or homeless children were transported to rural communities across the country in hopes of providing a better life for them. Learn about the history, the process, and the reality of America’s early foster children program.

(2) Nature Journaling: Presented by Renell Roebuck, Naturalist at Geauga Park District. Nature Journaling is a way to slow down and connect with the natural world around you. Get inspired to try Nature Journaling through a hands-on introduction. We’ll talk about how to get started and then try a few sample prompts together.

(3) Breathing and Tapping for Emotional Calm and Physical Relief: Presented by Michelle A. Urban, LMT, CCT, CBS of Keystone Program, LLC. The body stores stress physically, which can contribute to tension, discomfort, and emotional overwhelm. This class combines gently breathing techniques with light fingertip tapping on specific points to help calm the nervous system. These methods help reduce stress, ease physical tension, and improve emotional balance. Participants will learn simple tools they can use anytime to help their body return to a calm and relaxed state while reducing muscle tension.

(4) Digital Services: Presented by Professor Christina Burnworth of Kent State Geauga Campus. Introduce helpful digital services that make everyday life easier, including placing online grocery orders, using transportation apps, and accessing

free e-books and audiobooks. In this supportive, hands-on session, participants will learn how to safely create accounts, browse services, request rides, and borrow digital materials from their local library.

(5) Artist Study - Georgia O’Keefe: Presented by Nicole Toomey, Art Teacher at Berkshire Elementary School. In this art lesson, we will investigate the artwork of Georgia O’Keefe. Why did she paint her flowers so large? We will warm up our art muscles with a quick drawing activity and, once we are ready, dive into drawing. Artists will pick a flower or plant to draw from life, then we will use chalk pastels to blend and add color to our Still Life drawings. All supplies are provided and you go home with a beautiful drawing!

(6) School Funding – Why is it Important to Us?: Presented by Madelon Horvath. How does it affect our taxes? How have vouchers changed over the past couple of years in Ohio? What could happen to our schools if the property tax is revoked? Is it our job to provide a good education for all our children? In this class you will learn some basics in school finance and our public schools.

(7) Geauga County Sheriff’s Office K-9 Unit: Presented by Deputy Wendl & Deputy Richardson. What roles and training do K-9 Argo and K-9 Dunkin have? How does the K-9 unit operate and what are the functions of it? Come see your Geauga County Sheriff’s Office K-9 unit in action!

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Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and 250 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

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2026 Geauga County Department on Aging Trash Pick-Up Days!

Local townships, villages and city road crews will again work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors Garages and yards during locally scheduled pick-ups. Seniors **must be registered** with the Department on Aging for 2026 one week prior to the pick-up to be placed on the pickup list. Dates for pick-up days are subject to change, so check the list each month.

Munson Twp	April 22-24
Hambden Twp	April 20-22
South Russell Village	April 29,30 May 1
Bainbridge Twp	May 4-8
Montville Twp	May 7-8
Burton Village	May 8
Claridon Twp	May 13
Burton Twp	May 14-15
Thompson Twp	May 15
Chardon Twp	TBA
Auburn Twp (100)	June 4-5
Huntsburg Twp	June 4-5
Newbury Twp	June 8-10
Parkman Twp	June 25-26
Troy Twp	July 23-24
Village of Middlefield	Aug 13
Russell Twp	Sept. 9-11
Chesterland Twp	Sept. 14-18
City of Chardon	TBA
Middlefield Twp	TBA

Registration Deadlines are one week before the first day of selected community Trash pick-up!



Geauga County Veteran Food Pantry

Serving those who have served

This is a pantry exclusively for Veterans and their families in Geauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

As a member, we offer:

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

This is our way of giving back to those who have given so much.

For information about Veteran eligibility and registration, call Geauga County Veterans Services at: 440-279-1860. Services are income/need based.

10:45 a.m. Session 2 *Pick top two classes from the following choices:*

(1) Famous Female Spies You Have Never Heard Of:

Presented by Kathie Doyle, retired schoolteacher. Move over James Bond... some of the most important spies in history are women you never heard of. From the Revolutionary War to the Cold War, learn about the courageous and creative ways these women gathered intelligence and made direct impacts into the war effort.

(2) Expand Your Retirement Options by Exploring Purposeful Opportunities in Geauga County:

Presented by Meredith Ashkettle, Executive Director of Leadership Geauga, and Amy Murfello, Marketing and Outreach Manager. This presentation will introduce the Leadership Geauga Heritage Program and provide an inside look at what participants experience throughout the program. Designed for retirees and those approaching retirement, the Heritage Program offers meaningful opportunities to stay engaged and connected within Geauga County. Participants build relationships with local leaders, businesses, and organizations; form new friendships while expanding their community networks; and discover diverse volunteer opportunities that allow them to give back and make a lasting impact. The program also features exclusive behind-the-scenes tours of local businesses and organizations, along with a guided exploration of Geauga County's rich and vibrant history. Attendees will leave with a clear understanding of how the Heritage Program helps retirees remain active, informed, and purpose-driven in this next chapter.

(3) Introduction to Chair Yoga:

Presented by Amy Lanese, Reiki Master and Coordinator of Healing Services at Ubuntu. A gentle, accessible class using a chair to support safe movement and stretching to help you move with confidence. This class is designed to improve mobility, nurture balance, and improve strength and flexibility through mindful breathing, and light strengthening.

(4) 911 from a Firefighter's Perspective: Presented by Ken Quin. Ken was a firefighter on duty in New York City on Sept 11th and he shares his experience and the effects and aftermath of this tragic day.

(5) Friendly Guide to AI Helpers on Phones and Tablets:

Presented by Professor Christina Burnworth of Kent State Geauga Campus. Confidently navigate today's most common AI helpers, including Microsoft Copilot, Google Gemini, and other everyday AI tools built into phones, tablets, and websites. Learn what AI is, how it can assist with tasks like writing messages, searching for information, organizing photos, and setting reminders, and how to use these tools safely and responsibly.

(6) History of Geauga County: Presented by Dr. Molly Sergi, Ph.D. from Kent State University Geauga Campus. This presentation examines the pioneer history of the county, examining the development of the area following the American Revolution. The early settlers built homes, farms, and communities shaping the history and culture of the county and the state of Ohio.

12:30 p.m. Session 3 *Pick top two classes from the following choices:*

(1) Proteins Role Beyond Muscle: Join Executive Chef Joe Matteucci and Dietitian Stefanie Jarrett, RDL, CSG, Clinical Nutrition Manager at UH Geauga Medical Center, as they explore protein's powerful role beyond building muscle. Discover how adequate, high-quality protein supports steady energy, sharp brain function, a resilient immune system, metabolic health, and healthy aging. Enjoy a high-protein snack prepared by Chef Joe and taste how smart nutrition can be both delicious and beneficial.

(2) Stress & Anxiety Relief: Presented by Yelena Tselenchuk, Doctor of Holistic Health (BCDHH), Naturopath & Homeopath (BCN & BHP). Presentation on stress, anxiety, and chronic fatigue, and why these symptoms are often signs that the body is out of balance, not broken. In this class, Yelena will cover simple, natural tools to calm your body and mind, strategies you can begin using that same day, as well as the hidden root causes that keep anxiety and fatigue stuck. You'll walk away with practical tools you can start using immediately and a clearer picture of what your body actually needs to feel calm, focused, and energized again.

(3) The American Revolution and Geauga County:

Presented by Dr. Molly Sergi, Ph.D. from Kent State University Geauga Campus. This presentation celebrates the 250th anniversary of the American Revolution by focusing on the veterans and their families who settled in Geauga County. Revolutionary veterans formed militias and fought in numerous battles securing independence from Britain. Learn about their contributions to shaping the county and the state.

(4) Understanding Alzheimer's and Dementia:

Presented by Vicki Zanella, Adult Day Service Coordinator at the Geauga County Department on Aging. This course covers basic information on the difference between Alzheimer's and dementia, stages, risk factors, research and FDA approved treatments.

(5) Brain Health: Exercise for the Mind:

Presented by Dawn Damante MHA, CDP from UH Geauga Medical Center. Maintaining optimal brain health is essential for overall well-being, as it underpins cognitive function, emotional balance, and memory retention. Engaging in continuous mental stimulation through learning and problem-solving, combined with regular physical activity, can strengthen brain resilience, mitigate the risk of cognitive decline, and promote improved mood and mental clarity throughout life.

(6) Mendelian Genetics and Inheritance Patterns:

Presented by Dr. Sanhita Gupta, Professor of Biological Sciences at Kent State University Geauga Campus. Is what you look like the result of environmental influences on your genetic code? Come learn about genetics, how genes are inherited, and how they are expressed to help make you who you are. We will also explore how the interaction of multiple genes and environmental factors can influence the expression of traits.

(7) Money, Pigs & Banking: Presented by Dr. Carl Seliskar, Vice President of the Huntsburg Historical Society and Retired Professor at the University of Cincinnati. How Huntsburg's first settlers navigated frontier life with little or no money.

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MONDAY

TUESDAY

BSC Bainbridge Senior Center
 BHS Berkshire High School
 BMS Berkshire Middle School
 BL Burton Library
 CSC Chardon Senior Center
 GW Geauga West Library
 JND Jennings at Notre Dame Village

OBL Ohman Family Living at Blossom
 OH Ohman Family Living at Holly
 OS Off-site
 UHG UH Geauga Medical Campus
 VT Virtual Teams (Online)
 WG West Geauga Senior Center

6

7

9:30-11:00 Parkinson's Boxing
CSC

1:00-2:30 Geauga Walkers OS

11:00-12:00 Balance Exercise
CSC & VT

1:00-3:00 Matter of Balance Class
BSC

13

14

9:30-11:00 Parkinson's Boxing
CSC

1:00-2:30 Geauga Walkers OS

11:00-12:00 Balance Exercise
CSC & VT

1:00-3:00 Matter of Balance Class
BSC

20

21

9:30-11:00 Parkinson's Boxing
CSC

1:00-2:30 Geauga Walkers OS

11:00-12:00 Balance Exercise
CSC & VT

1:00-2:00 Parkinsons Support
Group OS

1:00-3:00 Matter of Balance Class
BSC

2:00-3:00 Diabetes Support Group
OS

27

28

9:30-11:00 Parkinson's Boxing
CSC

1:00-2:30 Geauga Walkers OS

11:00-12:00 Balance Exercise
CSC & VT

Dayton & Columbus Trip —
Sunday, April 26-Monday, April 27

Free Lunch & Movie

Thursday, April 2nd - 12:00 p.m.

UH Geauga Age Well Be Well Program.

Call 440-214-3180 to register. Free.

Shrek The Musical

Thursday, April 16th at 8:00 a.m.

Enjoy coffee, donuts, and conversations with the students before the show begins! There will be a shuttle bus to the school. Please park at Kent State Geauga (14111 Claridon Troy Rd, Burton) in the back parking lot. The bus will shuttle at 8:00 a.m. to Berkshire High School. The bus will shuttle you back after the program. *Please call Magaly Rios at 440-279-2137 to register. Free.*

Sound of Music Trip

Thursday, April 23th at 9:45 a.m.

Motorcoach transportation from Geauga County Sheriff's Office and West Geauga Senior Center. Travel to Hofbrauhaus Cleveland for lunch, and then Playhouse Square for The Sound of Music performance.

THIS TRIP IS FULL.

America 250 Trip to Dayton & Columbus

Sunday, April 26 thru Monday, April 27

Sunday, travel to Dayton to visit the National Museum of the U.S. Air Force with Attraction Pass. Dinner will be included at the La Comedia Dinner Theatre with the performance of "Jesus Christ Superstar", then stay in a hotel in the Springboro/Miamisburg area for the evening. Monday, travel to Columbus for lunch at the Schmidt's Sausage Haus. Afterwards, we will visit the Ohio Statehouse for a guided tour and then a stop at The Flag Lady's Flag Store. Evening arrival back to Geauga County. \$360 per person for Double Occupancy or \$434 per person for Single Occupancy.

Balance Exercise Classes:

Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person at the Chardon Senior Center, and live on Microsoft Teams.

Call Melissa Wheeler at 440-279-2167 for more info or to get the link online.

Parkinson's Boxing Classes:

This class is for seniors diagnosed with Parkinson's whose symptoms are mild to moderate. The goal of this non-contact boxing program is to delay the progression of Parkinson's symptoms. *Please call Melissa Wheeler at 440-279-2167 for more info.*



SENIOR COMMUNITY EVENTS

Geauga County
Department on Aging

WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">1</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Walking for Wellness OS</p>	<p style="text-align: right;">2</p> <p>12:00-2:30 Lunch & Movie WG</p> <p>1:30-2:20 Berkshire Hall Walkers BMS</p>	<p style="text-align: right;">3</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>1:00-3:00 Matter of Balance Class BSC</p>
<p style="text-align: right;">8</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Walking for Wellness OS</p>	<p style="text-align: right;">9</p> <p>1:30-2:20 Berkshire Hall Walkers BMS</p>	<p style="text-align: right;">10</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>1:00-3:00 Matter of Balance Class BSC</p>
<p style="text-align: right;">15</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Walking for Wellness OS</p>	<p style="text-align: right;">16</p> <p>8:15-11:30 Shrek the Musical BHS</p> <p>11:00-1:00 GPD Elderberries OS</p> <p>1:30-2:20 Berkshire Hall Walkers BMS</p>	<p style="text-align: right;">17</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p>
<p style="text-align: right;">22</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Walking for Wellness OS</p>	<p style="text-align: right;">23</p> <p>9:45-5:00 Sound of Music Trip OS</p> <p>1:30-2:20 Berkshire Hall Walkers BMS</p>	<p style="text-align: right;">24</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>1:00-3:00 Matter of Balance Class BSC</p>
<p style="text-align: right;">29</p> <p>9:30-11:00 Parkinson's Boxing CSC</p> <p>11:00-12:00 Balance Exercise CSC & VT</p> <p>3:00-4:30 Walking for Wellness OS</p>	<p style="text-align: right;">30</p> <p>1:30-2:20 Berkshire Hall Walkers BMS</p>	<p>Melissa Wheeler <i>Senior Centers' Manager</i> 440-279-2167</p> <p>Magaly Rios <i>Assistant Senior Centers' Manager</i> 440-279-2137</p>

BAINBRIDGE SENIOR CENTER

CLOSED EARLY APRIL 28TH AT 2 PM FOR STAFF DEVELOPMENT

BIG BREAKFAST

Thursday, April 30th

Join BSC for our monthly big breakfast. Veterans & April birthdays are free to attend. The cost is \$5 for everyone else. *On the menu:* Southern Grits and Sausage. Donuts by Comfort Keepers.
Please RSVP by 4/27.

NEW! WOODCARVER'S WORKSHOP

Fellow senior John Hagan will be leading a weekly wood carver's workshop right here at BSC on Tuesday afternoons. Experts to beginners, all are welcome! *Call to sign up!*

FRIDAY FILMS

Every Friday at 12:00 p.m.

Enjoy a lunch and movie free of charge. April's theme is **Mockumentary Fun**.
Reservations are not required, but encouraged to ensure a meal for all attendees.

ATTENTION ALL FITNESS CLASS PARTICIPANTS

Tuesday, April 14th • 9:00 a.m.

King David Nursing will be here to provide FREE balance screenings to our folks that attend our fitness classes. Spots are limited, so sign up today! They will return in August to re-assess you to see what kind of progress you have made!

DYNGUS DAY

Wednesday, April 8th • Noon - 2:30 p.m.

Na Zdrowie! It's that time of year again! Join us and The Chardon Polka Band to celebrate this unique Polish holiday with homemade pierogies and kielbasa! *\$15 p/person, registration required.*

FREE LUNCH AND LEARNS

Thursday, April 9th • Noon

Downsizing with Heart: Organization, Navigating Sentimental Items and Your Next Chapter.
Registration required.

Thursday, April 23rd • Noon

Take Charge of Your Doctor Visits and Maximize the time you get with your providers.
Registration required. See the back of this newsletter for details on these lunch and learns.

FAIRMOUNT ART CLASSES ARE BACK

Starting April 16th from 12:30-2:00 p.m.

Fairmount Center for the Arts is bringing their popular art classes back to BSC! \$45 for all six classes. *See the back of this newsletter for details!*

BSC BOOK CLUB

April 16th from 1:00 p.m.

Led by Cheryl Mullins, Head of Adult Services at Geauga West, this book club will meet on the third Thursday of the month. For April, we will be reading *The 100 Years of Lenni and Margot* by *Marianne Cronin*. *Call BSC to register.*



APRIL 2026

MONDAY

TUESDAY

GEAUGA PARK DISTRICT

Friday, April 17th • Noon

Join us for lunch from the Tippy Bull. Topic will be Wings of Spring. *Register and place your self-pay lunch order with the Tippy Bull by 4/15.*

6	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-2:00 Poker</p> <p>12:00-12:30 Lunch</p> <p>1:30-3:00 Karaoke</p>	7	<p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i></p> <p>10:00-12:00 Mexican Train</p> <p>10:00-3:00 Mahjong</p> <p>1:00-2:30 Wii Bowling League</p> <p>1:00-3:30 WoodCarver's Workshop</p> <p>1:00-3:00 M.O.B Class</p>
13	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-2:00 Poker</p> <p>12:00-12:30 Lunch</p> <p>1:30-3:00 Karaoke</p>	14	<p>9:00-1:00 FREE Balance Screenings by King David Nursing</p> <p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i></p> <p>10:00-12:00 Mexican Train</p> <p>10:00-3:00 Mahjong</p> <p>1:00-2:30 Wii Bowling League</p> <p>1:00-3:30 WoodCarver's Workshop</p> <p>1:00-3:00 M.O.B Class</p>
20	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>9:00-2:00 Reliable Nurse Footcare</p> <p>10:00-2:00 Poker</p> <p>12:00-12:30 Lunch</p> <p>1:30-3:00 Karaoke</p>	21	<p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i></p> <p>10:00-12:00 Mexican Train</p> <p>10:00-2:00 Mahjong</p> <p>1:00-2:30 Wii Bowling League</p> <p>1:00-3:30 WoodCarver's Workshop</p> <p>1:00-3:00 M.O.B. Class</p>
27	<p>8:30-9:30 All-Around Exercise (\$3)</p> <p>9:40-10:25 Chair Yoga-cise (\$3)</p> <p>10:00-2:00 Poker</p> <p>12:00-12:30 Lunch</p> <p>1:30-3:00 Karaoke</p>	28	<p>9:45-10:15 Balance Class*</p> <p>10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i></p> <p>10:00-12:00 Mexican Train</p> <p>10:00-2:00 Mahjong</p> <p style="text-align: center;">CLOSING AT 2 PM for Staff Development</p>

BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY

THURSDAY

FRIDAY

<p>8:30-9:30 All-Around Exercise (\$3) 1 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Cindy from Caring Senior Choices 12:30- 2:30 OTL Group (Mavis Public House—Solon)</p>	<p>2 9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i> 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch</p>	<p>3 *8:30-9:30 All-Around Exercise \$3 9:40-10:25 Chair Yoga-cise \$3 10:00-12:00 Mahjong 12:00-2:30 Lunch & a Movie (This Is Spinal Tap—1984) 1:00-3:00 M.O.B Class</p>
<p>8:30-9:30 All-Around Exercise (\$3) 8 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ King David Nursing 12:00-2:30 DYNIGUS DAY w/ Desserts from King David Nursing 12:30-2:30 OTL Group (56 Kitchen,Solon) 1:30-3:00 ALZ Support Group</p>	<p>9 9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i> 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-1:30 FREE Lunch and Learn—Downsizing with Heart: Organization, Navigating Sentimental Items and Your Next Chapter. *registration req'd*</p>	<p>10 8:30-9:30 All-Around Exercise \$3 9:40-10:25 Chair Yoga-cise \$3 10:00-12:00 Mahjong 12:00-2:30 Lunch & a Movie (What We Do in the Shadows—2014) 1:00-3:00 M.O.B Class</p>
<p>8:30-9:30 All-Around Exercise \$3 15 *No Yoga-cise today 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Home Instead 12:30-2:30 OTL Group (Iron Horse Saloon—Burton)</p>	<p>16 9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i> 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:00 Art Classes w/ Fairmount 12:30-2:30 Scrabble 1:00-2:00 BSC Book Club w/ GPCL</p>	<p>17 8:30-9:30 All-Around Exercise (\$3) *No Yoga-cise today 10:00-12:00 Mahjong 12:00-2:00 GPD, Wings of Spring 12:00-2:30 Lunch & a Movie (Best in Show—2000) 1:00-3:00 M.O.B Class</p>
<p>22 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Comfort Keepers 12:30- 2:30 OTL Group (JC's Restaurant—Burton)</p>	<p>23 9:45-10:15 Balance Class* 10:30-11:00 Cardio Drumming* <i>*Sponsored by Cherished Companions*</i> 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:00-1:30 FREE Lunch and Learn, Take Charge of Your Visits w/ Touching Hearts *Registration req'd</p>	<p>24 8:30-9:30 All-Around Exercise \$3 9:40-10:25 Chair Yoga-cise \$3 10:00-12:00 Mahjong 12:00-2:30 Lunch & a Movie (Drop Dead Gorgeous –1999) 1:00-3:00 M.O.B Class</p>
<p>8:30-9:30 All-Around Exercise (\$3) 29 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo 12:30- 2:30 OTL Group (Welshfield Inn—Burton)</p>	<p>30 9:00-10:00 BIG BREAKFAST <i>*registration req'd* Donuts by Comfort Keepers</i> 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:00 Art Classes w/ Fairmount</p>	<p>Keri Skrtic <i>Recreation & Education Coordinator</i> Matt Samardge <i>Recreation & Education Assistant</i></p>

CHARDON SENIOR CENTER



APRIL 2026

Social Worker Appointments
Friday, April 3rd

**Photo Club
Organizational Meeting**
at Chardon Senior Center
Friday, April 3rd

Baking Class - Hot Cross Buns
Friday, April 3rd (\$10)

**Geauga Park District Program
Wings of Spring**
Thursday, April 9th (Free)

Breakfast Club at Bob Evan's
Thursday, April 9th
\$ - on your own

Spring Brunch
Tuesday, April 7th (\$10)

**Lunch and Learn
with Kathie Doyle:
The Titanic**
Friday, April 10th (Free)

An Afternoon with Dolley Madison
Tuesday, April 14th
America 250 Historical
Reenactor Series (\$5)

**Birthday Bingo and
Pizza Party**
Friday, April 24th (\$2)

Becky O's Book Club
Monday, April 27th
Remarkably Bright Creatures
by *Shelby Van Pelt*

Caring for Others Crafting
Wednesday, April 29th
Free

Soup and Salad Lunch
Thursday, April 30th (\$2)

MONDAY

Becky O'Reilly
Recreation & Ed. Coordinator

Jackie Kleve
Chris Mackar
Valerie Garland
*Recreation & Education
Assistant Coordinators*

TUESDAY

Beth Oliverio
*Information and Referral
Specialist*

Ellie Rickard
Food Service Coordinator

8:00-9:00 Chair Volleyball **6**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 Off Site
10:00-12:00 Rug Hooking / Quilting
11:00-11:45 Balance Exercise
11:00-11:45 Strength Training \$2
1:00 Diamond Art /
Tech. Help

9:00-11:30 Woodcarving **7**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi \$3
11:00-12:00 NO Balance Exercises
11:00-12:00 Spring Brunch \$10
12:30-4:00 Rummikub
2:00-3:30 Raccoon County
Ramblers Practice

8:00-9:00 Chair Volleyball **13**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 Off Site
10:00-12:00 Rug Hooking/Quilting
11:00-11:45 Balance Exercise
11:00-11:45 Strength Training \$2
1:00 Diamond Art/
Tech Help Appts.

9:00-11:30 Woodcarving **14**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi \$3
11:00-12:00 Balance Exercises
12:30-1:30 Rummikub
1:00-2:00 An Afternoon with
Dolley Madison \$5
2:00-3:30 Raccoon County
Ramblers Practice

8:00-9:00 Chair Volleyball **20**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
11:00-11:45 Balance Exercise
11:00-11:45 Strength Training \$2
1:00 Diamond Art/
Tech Help Appts.

9:00-11:30 Woodcarving **21**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi \$3
11:00-12:00 Balance Exercises
12:30-4:00 Rummikub
12:30-1:30 Crafting
2:00-3:30 Raccoon County
Ramblers Practice

8:00-9:00 Chair Volleyball **27**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
11:00-11:45 Balance Exercise
11:00-11:45 Strength Training \$2
1:00 Diamond Art/
Tech Help Appts.
1:00 Book Club—
Remarkably Bright Creatures

9:00-11:30 Woodcarving **28**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi \$3
11:00-12:00 Balance Exercises
12:00 Out to Lunch at
Mangia Mangia
12:30-4:00 Rummikub
12:00-1:30 Raccoon County
Ramblers Practice

SENIOR CENTER CLOSSES AT 2 PM

CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY		THURSDAY		FRIDAY	
1		2		3	
8:00	Sports Talk Coffee Hour	9:00-11:00	Mah Jongg Lessons	9:30-11:30	Stained Glass
9:00-11:00	Pinochle	10:30-12:00	Choral Group	9:30-10:30	Chair Volleyball
11:00-12:00	"Marbles & Jokers"	11:00-11:45	Balance Exercise	11:00-12:00	Balance Exercise
11:00-11:45	Strength Training \$2	12:15-4:00	Duplicate Bridge	1:00	Social Worker Appts.
11:00-12:00	Balance Exercises	12:30-4:00	"Marbles & Jokers"	1:00	Photo Club
12:45-2:00	Chair Volleyball	1:30-3:30	Line Dancing \$5 off site	1:00-4:00	Bridge / Rummikub
1:00-4:00	Mah Jongg			1:00-3:00	Baking Class with Val —Hot Cross Buns \$10
8		9		10	
8:00	Sports Talk Coffee Hour	9:00-11:00	Mah Jongg Lessons	9:30-11:30	Stained Glass
9:00-11:00	Pinochle	9:30	B'fast @ Bob Evan's \$	9:30-10:30	Chair Volleyball
11:00-12:00	"Marbles & Jokers"	10:30-12:00	Choral Group	11:00-12:00	Balance Exercise
11:00-11:45	Strength Training \$2	11:00-11:45	Balance Exercise	12:00	Lunch and Learn with Kathie Doyle
11:00-12:00	Balance Exercise	12:15-4:00	Duplicate Bridge	1:00-4:00	Bridge
12:45-2:00	Chair Volleyball	12:30-4:00	Marbles & Jokers	1:00-4:00	Rummikub
1:00-4:00	Mah Jongg	1:30-3:30	Line Dancing \$5 off site	1:30-2:30	Cardio-Drum Video
		2:00-3:00	Geauga Park District		
15		16		17	
8:00	Sports Talk Coffee Hour	9:00-11:00	Mah Jongg Lessons	9:30-11:30	Stained Glass
9:00-11:00	Pinochle	10:30-12:00	Choral Group	9:30-10:30	Chair Volleyball
11:00-12:00	"Marbles & Jokers"	11:00-11:45	Balance Exercise	11:00-12:00	Balance Exercise
11:00-11:45	Strength Training \$2	12:15-4:00	Duplicate Bridge	1:00-4:00	Bridge
11:00-12:00	Balance Exercises	12:30-4:00	"Marbles & Jokers"	1:00-4:00	Rummikub
12:45-2:00	Chair Volleyball	1:30-3:30	Line Dancing \$5 off site	1:30-2:30	Cardio-Drum Video
2:00-3:00	Camp Chris			2:30-3:30	Cornhole
1:00-4:00	Mah Jongg				
22		23		24	
8:00	Sports Talk Coffee Hour	9:00-11:00	Mah Jongg Lessons	9:30-11:30	Stained Glass
9:00-11:00	Pinochle	10:00-11:00	Sunshine Committee	9:30-10:30	Chair Volleyball
11:00-12:00	"Marbles & Jokers"	10:30-12:00	Choral Group	11:00-12:00	Balance Exercise
11:00-11:45	Strength Training \$2	11:00-11:45	Balance Exercises	11:00	Birthday Pizza Party and Bingo
11:00-12:00	Balance Exercises	12:15-4:00	Duplicate Bridge	1:00	The Price is Right
12:45-2:00	Chair Volleyball	12:30-4:00	"Marbles & Jokers"	1:00-4:00	Bridge
1:00-4:00	Mah Jongg	1:30-3:30	Line Dancing \$5 off site	1:00-4:00	Rummikub
29		30		<p>Call Chardon Senior Center to register for any of our events, lunches, or classes!</p> <p>Lunches must be ordered by the "Monday one week prior to" when you would like to join us for lunch.</p>	
8:00	Sports Talk Coffee Hour	9:00-11:00	Mah Jongg Lessons		
9:00-11:00	Pinochle	10:00-11:00	Sunshine Committee		
10:00-11:00	Crafting for Others	10:30-12:00	Choral Group		
11:00-12:00	"Marbles & Jokers"	11:00-11:45	Balance Exercises		
11:00-11:45	Strength Training \$2	12:00	Soup & Salad Lunch \$2		
11:00-12:00	Balance Exercises	12:15-4:00	Duplicate Bridge		
12:45-2:00	Chair Volleyball	12:30-4:00	Scrabble Club		
1:00-4:00	Mah Jongg	12:30-4:00	"Marbles & Jokers"		
		1:30-3:30	Line Dancing \$5 (off site)		

MIDDLEFIELD SENIOR CENTER

Monday Crafts

- 6th Paper Mache Flowers \$3
- 13th Herb Planting \$5
- 20th Waterfall Painting on Canvas with Amber! \$32
- 27th Tye Dye Donation

Kathie Doyle Presents Banned Books

Friday, April 3rd - 10:30 a.m. No Cost.

Monthly Breakfast

Served at 10:00 a.m. Cost \$3.00.

Knowledge with Dawn!

Tuesday, April 7th - 11:00 a.m.

Understanding stress in later life. Stress doesn't retire when we do. Let's explore how stress shows up differently in older adulthood, Afterwards, we will enjoy a relaxing and fun activity together.

Geauga Park Presentation Wings of Spring

Thursday, April 9th - 11:00 a.m.

Touring Geauga County With Ginny!

Thursday, April 16th - 10:00 a.m.

Join Ginny out and about Middlefield and out to lunch. Space limited.

80s Music Bingo and Potluck

Wednesday, April 22nd - 1:00 p.m.

80s themed music! Prize for best dressed! Bring a dish to share! Main dish will be provided.

Earth Day Presentation

Thursday, April 23rd - 11:00 a.m.

Presented by the Middlefield Library.

Join us to celebrate earth day with fun facts. Test your knowledge with trivia questions!

Movie and Pizza at Briar

Thursday, April 23th - 2:00 p.m.

Please call to register for lunch, crafting & special events.
440-632-0611.

MONDAY

TUESDAY



Hannah Heinz
*Recreation &
Education Coordinator*

Ginny Lester
*Recreation &
Education Assistant*

6	10 am Crafting Club 11 am Balance Exercise 12 pm Lunch 12-3 pm Painting Pals 1 pm Crafting - Paper Mache Flowers \$3	7	9 am Chair Yoga Video 10 am Line Dancing \$3 11 am Knowledge with Dawn 12 pm Lunch 1 pm Chair Volleyball
13	10 am Crafting Club 11 am Balance Exercise 12 pm Lunch 12-3 pm Painting Pals 1pm Crafting - Herb Planting \$5	14	10 am Chair Yoga Video 11 am Line Dancing \$3 12 pm Lunch 1 pm Chair Volleyball
20	10 am Crafting Club 11am Balance Exercise 12 pm Lunch 12-3 pm Painting Pals 1 pm Crafting Painting with Amber \$32	21	10 am Chair Yoga Video 11 am Line Dancing \$3 12 pm Lunch 1 pm Chair Volleyball
27	10 am Crafting Club 11 am Balance Exercise 12 pm Lunch 12-3 pm Painting Pals 1 pm Crafting Tye Dye - Donation	28	10 am Chair Yoga Video 11 am Line Dancing \$3 12 pm Lunch 1 pm Chair Volleyball Closed at 2 pm for staff development.

MIDDLEFIELD SENIOR CENTER 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">1</p> <p>10 am Balance Exercise 11 am BINGO 12 pm Lunch 1 pm Trivia</p>	<p style="text-align: right;">2</p> <p>10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball</p>	<p style="text-align: right;">3</p> <p>10 am Monthly Breakfast \$3 10:30 am Kathie Doyle (Banned Books) 12 pm Lunch 1 pm Chair Volleyball</p>
<p style="text-align: right;">8</p> <p>8 am Social Work Appointments 10 am Balance Exercise 11 am BINGO <i>Sponsored by Inn at the Pines</i> 12 pm Lunch 1 pm Trivia</p>	<p style="text-align: right;">9</p> <p>10 am Chair Zumba Video 11 am Geauga Park Presentation 12 pm Lunch 1 pm Chair Volleyball</p>	<p style="text-align: right;">10</p> <p>10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball</p>
<p style="text-align: right;">15</p> <p>10 am Balance Exercise 11 am BINGO with Dawn 12 pm Lunch 1 pm Trivia</p>	<p style="text-align: right;">16</p> <p>10 am Chair Zumba Video 10 am Touring with Ginny 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball</p>	<p style="text-align: right;">17</p> <p>10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball</p>
<p style="text-align: right;">22</p> <p>10 am Balance Exercise 11 am 80s Music Bingo 12 pm Pot Luck Lunch 1 pm Trivia</p>	<p style="text-align: right;">23</p> <p>10 am Chair Zumba Video 11 am Earth Day Presentation Middlefield Library 12 pm Lunch 1 pm Chair Volleyball 2 pm Movie at Briar</p>	<p style="text-align: right;">24</p> <p>10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball</p>
<p style="text-align: right;">29</p> <p>10 am Balance Exercise 11 am Trivia 12 pm Lunch 1 pm BINGO Sponsored by Burton Health Care</p>	<p style="text-align: right;">30</p> <p>10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball</p>	

WEST GEAUGA SENIOR CENTER

Age Well – Be Well

Lunch & Movie

Thursday, April 2nd - 12:00-2:00 p.m.

Call to sign up 440-214-3180.

Breakfast & Brain Games

Thursday, April 9th - 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of blueberry pancakes, sausage, yogurt pastries, and beverage. Cognitive building Brain Games will follow. **Cost \$6. Register by April 6th**

WGSC Lunch & Movie "A Million Miles Away"

Friday, April 24th - 12:00-2:00 p.m.

Join us for a hot lunch (meal of the day) followed by the movie.

Register by Apr. 13th at 440-279-2163.

Fifties Spring Fling w/Sam Fosh

Friday, April 10th - 12:00-3:00 p.m.

Join us for a Fifties themed party with a catered lunch from Sausolitos catering. Event will be held at the Kirtlander Party Center on Chillicothe Rd in Kirtland. There will be fun, dancing, and a photo booth set up for FIFTIES photos! Sam Fosh will provide the entertainment and music!! **Cost \$30. Registration deadline is April 3rd**

Geauga Parks – Wings of Spring

Monday, April 13th - 11:00 a.m.

Join us here at WGSC for a presentation by a Geauga Parks Naturalist. The Topic will be Wings of Spring. Snacks and refreshments will be provided to all. **Register by April 8th.**

Lunch & Learn – Veterans Benefits

Monday, April 27th - 12:00 p.m.

Join us here at WGSC for a presentation by Cameron Hupp from the Veterans Administration. Learn of any new benefits or current ones you may be receiving. Cameron will answer any and all your questions about your Veterans Benefit Program. Hot Lunch included.

Register by April 20th.

AARP SAFE Drivers Course

Friday, Apr. 17th - 10:00 a.m. - 12:00 p.m.

Join us here for this safe driver course. This is a Class ONLY course, NO driving involved. You will learn numerous things about how to be as SAFE as possible when driving on the roads.

SPIN CLASSES at WGSC

Monday, Wednesday & Friday
1:00-2:00 p.m.

BEGINNERS SPIN CLASSES

Tues. & Thurs. - 10:00-10:30 a.m.

VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

APRIL 2026

MONDAY

Craft Class with AMY

Wednesday, April 22nd from 1:00-3:00 p.m.

Join Amy as she offers a Spring Craft Class (It will be something with Flowers for sure!). All supplies included, just bring yourself and your CREATIVITY! **Cost is \$8, Register by April 16th to participate 440-279-2163.**



TUESDAY

6	
9:00-10:00	Water Exercise at Metz pool
10:00-11:00	Strength & Cardio VT
11:00-12:00	Gentle Chair Yoga
1:00-3:00	Mahjongg Group
1:00-3:00	Diamond Art
1:00-2:00	Senior Spin Class
2:00-3:00	Line Dance w/Darlene \$4

13	
9:00-10:00	Water Exercise at Metz pool
10:00-11:00	Strength & Cardio VT
11:00-12:00	Gentle Chair Yoga
11:00-12:00	Geauga Parks Presentation "Wings of Spring"
1:00-3:00	Mahjongg Group
1:00-3:00	Diamond Art
1:00-2:00	Senior Spin Class
2:00-3:00	Line Dance w/Darlene \$4

20	
9:00-10:00	Water Exercise at Metz pool
10:00-11:00	Strength & Cardio VT
11:00-12:00	Gentle Chair Yoga
1:00-3:00	Mahjongg Group
1:00-3:00	Diamond Art
1:00-2:00	Senior Spin Class
2:00-3:00	Line Dance w/Darlene \$4

27	
9:00-10:00	Water Exercise at Metz pool
10:00-11:00	Strength & Cardio VT
11:00-12:00	Gentle Chair Yoga
12:00-1:30	Lunch & Learn – Veterans Benefits by Cameron Hupp
1:00-2:00	Senior Spin Class
1:00-3:00	Mahjongg Group
1:00-3:00	Diamond Art
2:00-3:00	Line Dance w/Darlene \$4

7	
9:00-10:00	Water Exercise at Metz pool
9:00-11:30	Stained Glass Class \$5
10:00-10:30	Beginner Senior Spin Class
10:30-11:15	Seated Strength & Balance
12:30-1:30	Tai-ChiFit
12:00-3:00	Bridge Group
12:30-2:30	Knit & Crochet

14	
9:00-10:00	Water Exercise at Metz pool
9:00-11:30	Stained Glass Class \$5
10:00-10:30	Beginner Senior Spin Class
10:30-11:15	Seated Strength & Balance
12:30-1:30	Tai-ChiFit
12:00-3:00	Bridge Group
12:30-2:30	Knit & Crochet

21	
9:00-10:00	Water Exercise at Metz pool
9:00-11:30	Stained Glass Class \$5
10:00-10:30	Beginner Senior Spin Class
10:30-11:15	Seated Strength & Balance
12:30-1:30	Tai-ChiFit
12:00-3:00	Bridge Group
12:30-2:30	Knit & Crochet

28	
9:00-10:00	Water Exercise at Metz pool
9:00-11:30	Stained Glass Class \$5
10:00-10:30	Beginner Senior Spin Class
10:30-11:15	Seated Strength & Balance
12:30-1:30	Tai-ChiFit
12:00-3:00	Bridge Group

WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">1</p> <p>9:00-11:30 Stained Glass Class \$5 10:00-11:00 Strength & Cardio 11:00-12:00 Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge "Life in the Worlds Oceans" 1:00-2:00 Senior Spin Class</p>	<p style="text-align: right;">2</p> <p>9:15-9:45 Beginner Senior Spin Class 10:00-10:30 Beginner Senior Spin Class 10:30-11:15 Seated Strength & Balance 12:00-2:00 UH-AWBW Lunch & Movie 1:00-2:30 Arm Chair Travel - "ITALY"</p>	<p style="text-align: right;">3</p> <p>9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga Video 11:00-11:45 Cardio Drumming Video 1:00-2:00 Senior Spin Class 1:00-3:00 Mahjongg Lessons</p>
<p style="text-align: right;">8</p> <p>9:00-11:30 Stained Glass Class \$5 10:00-11:00 Strength & Cardio 11:00-12:00 Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge "Life in the Worlds Oceans" 1:00-2:00 Senior Spin Class</p>	<p style="text-align: right;">9</p> <p>8:30-10:00 Breakfast & Brain Games \$6 10:00-10:30 Beginner Senior Spin Class 10:30-11:15 Seated Strength & Balance 1:00-2:30 Arm Chair Travel - "ITALY" 1:00-2:00 Yoga Nidra w/Darlene</p>	<p style="text-align: right;">10</p> <p>9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga Video 11:00-11:45 Cardio Drumming Video 12:00-3:00 Fifties Style SPRING FLING w/Singin SAM FOSH!! @ The Kirtlander</p>
<p style="text-align: right;">15</p> <p>9:00-11:30 Stained Glass Class \$5 10:00-11:00 Strength & Cardio 11:00-12:00 Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge "Life in the Worlds Oceans" 1:00-2:00 Senior Spin Class</p>	<p style="text-align: right;">16</p> <p>9:30 Mind Challenge- Practice Round 10:00-10:30 Beginner Spin Class 1:00-2:30 Arm Chair Travel - "ITALY" 1:00-2:00 Yoga Nidra w/Darlene 1:30-3:00 Game Day w/Jeanne</p>	<p style="text-align: right;">17</p> <p>9:00-11:30 Stained Glass Class \$5 10:00-2:00 AARP SAFE Drivers Course 10:00-11:00 Gentle Chair Yoga Video 1:00-2:00 Senior Spin Class 11:00-11:45 Cardio Drumming Video 12:00-1:30 Lunch & BINGO</p>
<p style="text-align: right;">22</p> <p>9:00-11:30 Stained Glass Class \$5 10:00-12:00 Advance Directives Presentation 10:30-11:30 Senior Spin Class 1:00-2:30 Never Ending Knowledge "Life in the Worlds Oceans" 1:00-3:00 Craft Class w/AMY</p>	<p style="text-align: right;">23</p> <p>9:30 Mind Challenge-Round 1 10:00-10:30 Beginner Spin Class 11:00-2:30 Arm Chair Travel - "ITALY" 1:00-2:00 Yoga Nidra w/Darlene 5:00-7:00 Dine Nite Out at Brown Barn Tavern</p>	<p style="text-align: right;">24</p> <p>9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga Video 11:00-11:45 Cardio Drumming Video 12:00-2:30 Lunch & Movie "A MILLION MILES AWAY" 1:00-2:00 Senior Spin Class 1:00-3:00 Mahjongg Lessons</p>
<p style="text-align: right;">29</p> <p>9:00-11:30 Stained Glass Class \$5 10:00-12:00 Advance Directives Signings 10:30-11:30 Senior Spin Class 1:00-2:30 Never Ending Knowledge "Life in the Worlds Oceans" 1:00-2:00 Senior Spin Class</p>	<p style="text-align: right;">30</p> <p>9:30 Mind Challenge-Round 2 10:00-10:30 Beginner Senior Spin Class 1:00-2:30 Arm Chair Travel - "ITALY" 1:00-2:00 Yoga Nidra w/Darlene</p>	<p><u>Recreation/Education Coordinator</u> Christine Bacon 440-279-2163 <u>Rec/Ed Assistants</u> Jeanne Molzon 440-279-2183 Amy Walsh 440-279-2163 <u>I&R Assistant</u> Ronda Dwyer 440-279-2163 <u>Stained Glass Class Appts:</u> Call Don Trask 440-759-9691</p>

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Free Lunch and a Movie

Thursday, April 2nd from 12:00-2:30 p.m.
at West Geauga Senior Center
8090 Cedar Road, Chesterland

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. **Due to very limited space, and to ensure a fun experience for all, registration is required by calling 440-214-3180.**

Walking for Wellness

Wednesdays at 3:00-4:30 p.m.

Join the Geauga County Department on Aging and UH Geauga for our “Walking for Wellness” program. Walking has shown to help with weight management, reduce stress, and increase energy levels. This group focuses on keeping a steady pace, a safe place to walk with other people, and a goal of 3 miles each walk. Call Melissa Wheeler at 440-279-2167 with questions, you do not need to register for this program, just show up!

DATE	PARK
4/1	Blue Heron Preserve 14747 Ravenna Rd, Burton
4/8	The West Woods 9465 Kinsman Rd, Novelty Meet at the Nature Center
4/15	Headwaters Park 13365 Old State Rd, Huntsburg
4/22	Hogback Ridge 4700 Emerson Rd, Madison Afterwards, Dinner at Grand River Cellars 5750 S. Madison Rd, Madison
4/29	Beartown Lakes Reservation 18870 Quinn Rd, Bainbridge Park at the North Point Shelter

Diabetes Support Group

Type 2 Diabetes Management & Prevention

Tuesday, April 21st at 2:00 p.m.
Chardon Senior Center
470 Center St, Building 8, in Chardon

Have questions about diabetes, medications, or ways to prevent problems? Join the UH Clinical Pharmacy team to learn simple strategies for staying healthy and avoiding complications. **Call Melissa Wheeler at 440-279-2167 to RSVP.**

Geauga Walkers

All walks begin promptly at 1:00.

*A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules.” Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
4/7*	Headwaters Park, Rt 322 Mayfield Road, (Rt 322), West Side of East Branch Reservoir Huntsburg/Claridon Township CARPOOL
4/14*	Hach Otis State Nature Preserve End of Skyline Drive, off River Road, North of Rt 6, Willoughby Hills CARPOOL
4/21*	The Rookery 10110 Cedar Rd, Munson, off Rockhaven, North of Fairmount or West of Auburn Center Road
4/28*	Eagle Creek State Nature Preserve Hopkins Road, Rt 305, East of Hiram, Nelson Twp CARPOOL

Parkinsons Support Group Medication Management & Research

Tuesday, April 21 at 1:00 p.m.
Chardon Senior Center
470 Center St, Building 8, in Chardon

Join UH Clinical Pharmacy Specialists to discuss the latest updates in Parkinson disease medications, research, and practical management tips for patients and caregivers. **Call Melissa Wheeler at 440-279-2167 to RSVP.**

Matter of Balance Classes –

Are you concerned about falling? Interested in improving balance, flexibility, and strength? Falls are preventable, and this class can make a difference! Set realistic goals for staying active, learn how to stay safe at home, complete exercises to increase strength and balance, and learn how to identify and control your fear of falling. This class is free for all registered seniors. Space is limited. Sponsored by UH Geauga Medical Center. **To register, please call Melissa Wheeler at 440-279-2167.**

May 5th thru May 29th -
Every Tuesday & Friday from 1:00-3:00 p.m.
Gauga County Office Building – Room B167: First Floor
12611 Ravenwood Dr, Chardon, OH

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Spring Gala:

*An Evening of Arts, Entertainment &
Fine Dining!*

Thursday, May 7th at 5:00 - 7:00 p.m.
Berkshire Middle & Elementary School
14155 Claridon Troy Rd. in Burton

A fabulous dinner meal, provided by UH Geauga Medical Center, will be served at 5:00pm by the students in the Elementary and Middle School Gym of the high school. You can enjoy an art show with live music by the Berkshire students, dancing, and much more! Students will be sharing their gifts and talents all evening long. Cost is \$15.00 per person - Payable to Berkshire Local Schools. All donations will go to support Berkshire Cheerleaders. Don't miss this intergenerational event and an opportunity to support this evening of arts and entertainment! **Questions? Call Melissa Wheeler at 440-279-2167.**

Fairmount Art Classes are Back at BSC!

Starting Thursday, April 16th at 12:30-2:00 p.m.

Fairmount Center for the Arts is bringing their popular art classes back to BSC! \$45 for all six classes. Materials included! Register today! Sessions are as follows:

- April 16** - Life Drawing Still Life
- April 30** - Charcoal & Pastel Flower Still Life
- May 14** - Watercolor Feather Bookmarks and Cards
- May 28** - Papercraft Pop Up Greeting Cards
- June 11** - Tea Cup Collage
- June 25** - Watercolor Butterfly Greeting Cards

Shrek the Musical at Berkshire High School

Thursday, April 16th - 8:15-10:30 a.m.

BHS invites Geauga County Seniors to their spring theater performance of Shrek the Musical! Enjoy coffee, donuts, and conversations with the students before the show begins! There will be a shuttle bus to the school. Please park at Kent State Geauga (14111 Claridon Troy Rd, Burton) in the back parking lot. The bus will shuttle at 8:00 a.m. to Berkshire High School. The bus will shuttle you back after the program. If you are someone with limited ability (ADA) there will be limited parking at the Board Office (Door #9) that you can park directly outside the doors. Berkshire High School address is 14155 Claridon-Troy Rd, Burton 44021. **Please call Magaly Rios at 440-279-2137 to register.**

Peace of Mind for You and Them

Thursday, May 28 at 1:00 p.m.

UH Geauga – Conference Center (Lower Level)
13207 Ravenna Rd, in Chardon

Join Mindy Kosmin, LISW-S, ACSW, Palliative Care Social Worker, to learn how planning ahead can protect your independence, honor your values, and support your loved ones. By clearly expressing your wishes and setting up the right arrangements, you can reduce uncertainty, prevent family conflicts, and ensure your decisions reflect what matters most to you. In collaboration with the Geauga County Department on Aging. **Call UH Geauga at 440-214-3180 to register.**

CWRU Siegel Lifelong Learning Speaker –

Discover the Story Behind Every Vaccine

Tuesday, May 12th

Ohman Family Living at Holly
10190 Fairmount Rd, Newbury

Breakfast will be served at 9:30 a.m., followed by the lecture “Discover the Story Behind Every Vaccine” beginning at 10:00 a.m. Presented by David Skirball, MD. Have you ever wondered how vaccines actually work – or why there are so many of them today? Join us for a fascinating exploration of one of medicine's most powerful tools. From Edward Jenner's breakthrough in the 1800s to the cutting-edge science of the 21st century, you'll discover the remarkable story of how we learned to protect ourselves from disease – and what the future might hold. **Cost: \$15 for members, \$20 non-members. Registration is required by visiting www.case.edu/lifelonglearning or calling 216-368-2090.**

AARP SAFE Drivers Course

Friday, April 17th – 10:00 a.m. to 2:00 p.m.
at West Geauga Senior Center

This is an IN CLASS ONLY Training, NO getting behind the wheel. Bring your Driver's License and AARP CARD, Pre-Registration starts at 9:45 a.m. Cost for AARP members is \$20, Non-members \$25. Hot lunch is available however you must order your lunch when registering for the course. **Deadline is April 6th. Make checks payable to AARP and give them directly to the instructor. Call 440-279-2163.**

BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

All-Around Exercise & Chair Yoga-cize

Fellow senior and certified instructor, Mary Kay Simoni, leads these two classes held **every Monday, Wednesday, and Friday.**

All-Around Exercise is perfect for our more active seniors including weights, stretching, breathing, and balance work. **Starts at 8:30**, no registration required! First class is free! \$3 after that.

Chair Yoga-cize is a gentle approach to strength training, stretching, breathing, balance all while mostly seated! Great for those just starting out! **Starts at 9:40 a.m.**, no registration required! First class is free! \$3 after that.

Downsizing with Heart: Organization, Navigating Sentimental Items and Your Next Chapter

Thursday, April 9th - Noon

Rebecca Moore (from Boulder Crossing), Lynn Hermensky (from Reserve Care), and Cynthia Toth (from Coldwell Banker Schmidt Realty) will provide lunch and lead this workshop that takes a sympathetic approach to downsizing. *Menu:* herb chicken, red roasted potatoes, garlic bread and veggies with a fresh fruit tray. **FREE EVENT. Registration is required. Call 440-279-1313 to reserve your spot!**

Line Dancing

Every Wednesday from 10:30 -11:00 a.m. for **beginner's class then stay for the regular line dancing session 11 a.m. - 12 p.m.** Learn and then apply your new moves with your new friends! **No need to register.**

Alzheimer's Care Giver Support Group

Wednesday, April 8th at 1:30 p.m.

This is a safe, confidential, supportive environment and a chance for participants to develop connections. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. **No need to register, just come on in!**

Big Breakfast

Thursday, April 30th

Join BSC for our monthly big breakfast. Veterans & April birthdays are free to attend. The cost is \$5 for everyone else. *On the menu:* Southern Grits and Sausage Casserole. **RSVP by 4/27. Donuts by Comfort Keepers.**

New! Woodcarver's Workshop

Tuesdays at 1:00 p.m.

Fellow senior John Hagan will be leading a weekly wood carver's workshop right here at BSC. Experts to beginners all welcome! **Call to register!**

GAMES AT BSC!

Poker	Mondays, 10 a.m. - 2 p.m.
Mexican Train	Tuesdays, 10 a.m. - Noon
Bingo	Wednesdays, 11 a.m. - Noon
Canasta	Wednesdays, 10 a.m. - 3 p.m.
Pinochle	Thursday, 10 a.m. - 3 p.m.
Scrabble	Every 3 rd Thursday, 12:30 - 2:30 p.m.
Mahjong	Tuesdays 10 a.m. 3 p.m. and Fridays 10 a.m. - 3 p.m.
Wii Bowling	Tuesdays 1:00 - 2:30 p.m.

Take Charge of Your Doctor Visits!

Thursday, April 23rd at Noon

Ever leave a doctor's appointment and remember the one question you forgot to ask? You're not alone! Join Becky Musser of Touching Hearts for a fun and empowering Lunch and Learn on how to make the most of every medical visit. You'll learn easy, practical tips to stay organized, ask the right questions, manage medications, and confidently speak up about your health concerns. A little preparation can make a big difference!

You are the CEO of your healthcare — and this program will help you feel confident, prepared, and in control. Lunch will be provided by Touching Hearts, and the event is FREE to attend! **Registration required!**

New! BSC Book Club

April 16th at 1:00 p.m.

Led by Cheryl Mullins, Head of Adult Services at Geauga West. For April, we will be reading **The 100 Years of Lenni and Margot** by Marianne Cronin. **Call BSC to register!**

Friday Films

Every Friday, join us for a lunch and movie at 12:00 p.m., free of charge. April's theme is **MOCKUMENTARY FUN**. Reservations are not required but encouraged to ensure a meal for all attendees.

April 3 – This Is Spinal Tap -1984

April 10 – What We Do in the Shadows - 2014

April 17 – Best In Show - 2000

April 24 – Drop Dead Gorgeous - 1999

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

An Afternoon with Julia Child

Tuesday, May 12, from 1:00 – 2:00 p.m.

Julia Child is next in our line-up of Chardon Senior Center's America 250 Historical Reenactors Series. *\$5 per person. Registration is required.*

An Afternoon with Jackie Kennedy-Onassis

Tuesday, May 26, from 1:00 - 2:00 p.m.

As part of the Chardon Senior Center's America 250 Historical Reenactor Series, we are pleased to welcome the portrayal of Jackie Kennedy-Onassis. Registration is required. *\$5 per person. Registration is required.*

Lunch and Learn with Kathie Doyle

Friday, April 10, from 12:00 noon – 1:30 p.m.

This month's topic is The Titanic. *FREE, but must register.*

The Breakfast Club of Chardon

Thursday, April 9, at 9:30 a.m.

Join us for a breakfast out at Bob Evan's in Chardon. Enjoy breakfast, coffee, and conversation with others! Cost is "on your own." *Call 440-279-2126, so we know who to expect!*

Geauga Park District at Chardon Senior Center

Thursday, April 9, from 2:00 – 3:00 p.m.

This month's Park topic will be "Wings of Spring." *FREE, but call 279-2126 to register.*

Camp Chris

Wednesday, April 15, from 2:00-3:00 p.m.

Join Chardon Senior Center Recreation and Education Assistant, Chris, for this fun and interactive hour; focusing on motor-skills, coordination, and mental agility. Camp Chris will include light game play, theater games, and discussion. Let's play!

Sunshine Committee

Thursday, April 23 AND 30 at 10:00 a.m.

Our Sunshine Committee helps us decorate and prepare for upcoming events.

Hot Cross Buns Make & Take Class

Friday, April 3, from 1:00 – 3:00 p.m.

This is a hands-on baking class, where participants will make Hot Cross Buns; just in time for Easter. No experience needed; you will be guided step-by-step throughout the baking process! *\$10 per person with registration by 4/1.*

Birthday BINGO and Pizza Party!

Friday, April 24th at 11:00 a.m.

Join us when we will be celebrating all of those having celebrated birthdays in April! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! \$2.00 per person; April birthdays are free!

Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Pizza Sponsor, Chardon Healthcare!



Spring Brunch with the Bunny

Tuesday, April 7th at 11:00 a.m.

It's been a long winter; let's celebrate spring by coming together for a festive brunch! Fun surprises await. *\$10 with prior registration.*

Becky O's Book Club

Monday, April 27th at 1:00 p.m.

April's book is "Remarkably Bright Creatures," by Shelby Van Pelt

Out to Lunch at Mangia Mangia

Tuesday, April 28 at 12:00 p.m.

Meet up time at Mangia Mangia in Newbury. Cost is "on your own." *Call 440-279-2126 to RSVP.*

An Afternoon with Dolley Madison

Tuesday, April 14, from 1:00 p.m. – 2:00 p.m.

As part of our America 250 Historical Reenactor Series, Chardon Senior Center welcomes the portrayal of Dolley Madison, fourth First Lady of The United States. *\$5 per person with registration.*

Caring for Others Crating

Wednesday, April 29, at 10:00 a.m.

Join us as we create crafts that will be given to others, as way of spreading joy throughout our county! *Call 440-279-2126 to participate! No cost!*

MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —

Knowledge with Dawn *Understanding Stress Later in Life*

Tuesday, April 7th at 11:00 a.m.

Stress doesn't retire when we do. In fact, later life can bring a unique mix of transitions, changes in health, relationships, routines, and identity, that can quietly increase stress levels. Let's explore how stress shows up differently in older adulthood, why it may be overlooked or misunderstood, and how it connects to sleep, memory, mood, and chronic conditions. Afterwards, we will enjoy a relaxing and fun activity together. *Call 440-632-0611 to let us know you will be here!*

Kathie Doyle Presents: Banned Books

Friday, April 3rd at 10:30 a.m.

Middlefield Senior Center Monthly breakfast (always homemade!) served at 10:00 a.m. and a presentation by Kathie Doyle. Cost \$3.00 *Call 440-632-0611 to let us know you will be here!*

Movie and Snacks *at Briarcliff Manor*

Thursday, April 23rd at 2:00 p.m.

Join the Middlefield Seniors for a movie and pizza at Briarcliff Manor (14807 N State Ave, Middlefield). Enjoy snacks and a beverage while watching a movie in Briarcliff's theater room. *Call 440-632-0611 to register.*

80s Music Bingo

Wednesday, April 22nd at 11:00 a.m.

Join us for 80s themed music bingo! Prize for best dressed! Bring a dish to share and stay for the potluck at 12 p.m. Main dish provided. *You must register 440-632-0611. No cost.*

Earth Day Presentation *with the Middlefield Library*

Thursday, April 23rd at 11:00 a.m.

Join us at the Middlefield Senior Center to celebrate earth day with fun facts and trivia. *Call 440-632-0611 to let us know you will be here.*

Spring Waterfall Canvas Class *with Amber Arial*

Monday, April 20th at 1:00 p.m.

Join us at the Middlefield Senior Center for this step-by-step class. *Call 440-632-0611 to let us know you will be here.*



Senior Prom

Friday, May 1st
Noon - 2:00 p.m.

Co-sponsored by Burton Health Care! Join us for prom! Sit down lunch, dancing and pictures! You do not want to miss this awesome event. Cost \$5. *Call 440-632-0611 to let us know you will be here.*



WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —

DINE NITE OUT *at the Brown Barn Tavern*

Thursday, April 23rd at 5:00 p.m.

Join your friends from West G for a dinner gathering at the Brown Barn Tavern (8003 Mayfield Rd in Chardon). Meet up time is 5:00 p.m., *Call ahead to let us know if you are coming by April 20th Call 440-279-2163.*

YOGA NIDRA with Darlene

Thursdays from 1:00 to 2:00 p.m.

These classes led by Darlene Kelbach take place on the 2nd, 3rd, and 4th Thursdays of each month, and also on the 5th Thursday when applicable. Please note that there are no classes on the 1st Thursday of the month. *The cost is \$4 per class, payable to Darlene on the day of the session.*

WEST GEAUGA SENIOR CENTER EVENTS

Armchair Travel – Italy – “The Cradle of the Renaissance” at WGSC

Thursday afternoons from 1:00-2:30 p.m.

- April 2nd** 1. Piazza del Popolo to San Clemente
2. The Vatican and St. Peters Basilica
3. Orvieto, Siena and San Gimignano
- April 9th** 1. Florence: Politics in Art and Architecture
2. From the Piazza del Duomo to San Marco
3. Santa Croce and the Pazzi Chapel
- April 16th** 1. En Route to the Ponte Vecchio
2. The Pitti Palace
3. The Oltrarno
- April 23rd** 1. Walking to Santa Maria Novella
2. From Santa Maria Novella to San Lorenzo
3. The Medici Legacy
- April 30th** 1. The Ognissanti, Palaces, Parks, and Villas
2. Romantic Views: San Miniato and Fiesole
3. Arezzo, Perugia, and Assisi

Geauga Parks Program at WGSC Wings of Spring

Monday, April 13th at 11:00-12:00 p.m.

Join us at the WGSC for a presentation by a G Parks Naturalist. The Topic will be Wings of Spring. “Spring brings back the migratory birds as they travel North from their warm winter homes. Learn about the different birds you can spot in our area and enjoy the uplifting chorus of their songs that fill our forests, fields, and backyards.” Snacks and refreshments will be available to all in attendance. **A FREE Event, Call to register by April 9th. 440-279-2163.**

A Fifties style Spring Fling with Entertainer Sam FOSH!

Friday, April 10th • 12:00-3:00 p.m.

Hosted by the West G Senior Center, held at the Kirtlander Party Center at 9270 Chillicothe Rd in Kirtland. A Buffet Meal will be provided by Sausalitos Catering. Sam Fosh will entertain, we will have a photo booth with fifties props for FUN PHOTO OPPS! **Cost: \$30, registration deadline is April 6th. Call for more Info 440-279-2163.**

Lunch & Movie

Friday, April 24th from 12:00-2:00 p.m.

Join us for a hot lunch (meal of the day) followed by the Movie “A Million Miles Away” This Movie is a biographic film inspired by the true story of NASA flight engineer Jose Hernandez. **Register by Apr. 13th. Call 440-279-2163.**

Lunch & Learn at WGSC Veterans Benefits

Monday, April 27th at 12:00-1:30 p.m.

Join us here at WGSC as we welcome Cameron Hupp from Cherished Companions Healthcare. Cameron will offer a presentation on Veterans Benefits followed by a question/answer session. Hot lunch will be provided from 12:00-12:30, with the program beginning at 12:30. **Call to register by April 20th. 440-279-2163**

Breakfast and Brain Games

Thursday, April 9th from 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of breakfast pizza, fruit cup, blueberry muffin, and beverage. Cognitive building Brain Games will be after breakfast from 9:00-10:00 a.m. **Cost \$6. Registration required by April 6th.**

Never Ending Knowledge Series

Wednesdays, 1:00-2:30 p.m. (three 30-minute lectures)

Light snacks and refreshments provided.

Life in the Worlds Oceans

April 1ST

1. The Evolutionary History of Whales
2. The Taxonomy of Marine Mammals
3. How Animals Adapt to Ocean Temperatures

April 8TH

1. Mammalian Swimming and Buoyancy
2. Adaptations for Diving Deep in the Ocean
3. The Importance of Sound to Ocean Life

April 15TH

1. Food and Foraging among Marine Mammals
2. Marine Mammal Interactions with Fisheries
3. Breeding and Reproduction in a Large Ocean

April 22ND

1. Behavior and Sociality in Marine Mammals
2. Marine Mammal Distribution Around the Globe
3. Intelligence in Marine Mammals

April 29TH

1. The Charismatic Megavertebrates
2. The Great Whale Hunt
3. The Evolution of Whale Research

Lunch & BINGO

Friday, April 17th – 12:00-1:30 p.m.

Join us for a Hot Lunch (meal of the day), followed by 60 minutes of BINGO! There will be nice prizes and lots of fun if you are a BINGO enthusiast! **Register by April 6th. FREE Event, Donations for meal will be requested. Call to sign up 440-279-2163.**

****EVENT TAKES PLACE AT KENT GEAUGA - 14111 CLARIDON TROY RD, BURTON 44021****

Entire Cost for Three Sessions & Boxed Lunch is \$10.00

Registration Deadline is Friday, May 15th or until classes are full.

Complete the following form and mail it, along with your \$10 check payable to:

Geauga County Department on Aging, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024

or drop it off at your nearest Geauga County senior center.

.....
Event: Learning For A Lifetime

Date: Wednesday May 27th

Deadline: Friday, May 15th
or until classes are full

I have enclosed a check in the amount of \$ _____

Name(s): _____ **Phone:** _____

Address: _____

Are you registered this year? Y or N?

Please Choose Educational Sessions:

Please note that seating in classrooms may be limited. Classes will be filled on a first come, first serve basis.
Please choose two subjects per session. We cannot guarantee a spot if only one subject is chosen.

Session 1 9:30-10:30

1st Choice: _____
Class # & Title

2nd Choice: _____
Class # & Title

Session 2 10:45-11:45

1st Choice: _____
Class # & Title

2nd Choice: _____
Class # & Title

Session 3 12:30 -1:30

1st Choice: _____
Class # & Title

2nd Choice: _____
Class # & Title

Choose one of the following for lunch (Please circle option):

Turkey & Cheddar Wrap

Veggie Wrap

OFFICE USE: Date Received: _____ Staff Initial: _____ Receipt #: _____

Community Event

Geauga Menu April 2026

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 STUFFED GREEN PEPPERS W/SPAGHETTI SAUCE MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	2 SALISBURY STEAK W/ GRAVY RICE SWEET CORN DICED CARROTS PEACH FRUIT CUP APPLE-CINNAMON MINI LOAF	3 MACARONI & CHEESE BROCCOLI SWEET CORN MANDARIN ORANGE FRUIT CUP APPLE-CINNAMON MINI LOAF
6 TERIYAKI CHICKEN W/ VEG FRIED BROWN RICE BROCCOLI MAND ORANGE FRUIT CUP	7 TURKEY BURGER ROASTED POTATOES GREEN BEANS STRAW-BAN APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	8 SWEDISH MEATBALLS w/NOODLES BROCCOLI DICED CARROTS CINNAMON APPLESAUCE CUP BREAD	9 CHICKEN SALAD COLE SLAW THREE BEAN SALAD PINEAPPLE FRUIT CUP WG HAMBURGER BUN	10 MEATLOAF W/GRAVY MASHED POTATOES GREEN PEAS APPLESAUCE CUP BREAD
13 BREADED FISH TATER TOTS GREEN BEANS FRESH APPLE WG HAMBURGER BUN TARTAR SAUCE & KETCHUP PC	14 STUFFED GREEN CABBAGE w/ SPAGHETTI SAUCE GREEN BEANS MASHED POTATOES PEACH FRUIT CUP BREAD	15 BURGER WITH CHEESE ROASTED POTATOES BAKED BEANS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	16 SLICED HAM W/PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS WG CORNBREAD LOAF MIXED FRUIT CUP	17 GRILLED CHICKEN BREAST GREEN PEAS DICED CARROTS ESCALLOPED APPLES WG HAMBURGER BUN MAYO PC
20 JUMBO RAVIOLI w/SPAGHETTI SAUCE BROCCOLI MIXED VEGETABLES PEAR FRUIT CUP DINNER ROLL	21 BBQ CHICKEN BREAST RICE GREEN BEANS SWEET POTATOES CINNAMON APPLESAUCE CUP WG CORNBREAD LOAF	22 BREADED CHICKEN PATTY BAKED BEANS SWEET CORN MANDARIN ORANGE FRUIT CUP WG HAMBURGER BUN BBQ CUP	23 SLOPPY JOE TATER TOTS DICED CARROTS STRAW-BAN APPLESAUCE CUP WG HAMBURGER BUN	24 MEATBALLS w/PASTA w/SPAGHETTI SAUCE MIXED VEGETABLES PEAR FRUIT CUP BREAD
27 SLICED HAM W/PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS WG CORNBREAD LOAF MIXED FRUIT CUP	28 TOMATO BASIL CHICKEN PASTA w/SPAGHETTI SAUCE MIXED VEGETABLES MIXED FRUIT CUP DINNER ROLL	29 BONELESS WINGS-6 DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	30 STUFFED GREEN PEPPERS W/SPAGHETTI SAUCE MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	

Menu Subject to Change. Milk included with each meal.

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Heating Assistance Available

Application Deadline: May 31, 2026



The Ohio Department of Development and Geauga County Department on Aging want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to eight members and 60% of State Median Income for a household of nine or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual's energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2026.

For more information or assistance with applying for a HEAP benefit, contact the Geauga County Department on Aging at (440) 279-2130.

To be connected to your local Energy Assistance Provider, call (800) 282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energyhelp.ohio.gov.

Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the 2026 income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application!

Medicare Savings Programs (MSPs) and Extra Help

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

MEDICAID			QMB			SLMB			QI		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,014	\$2,000	Single	\$1,350	\$9,950	Single	\$1,616	\$9,950	Single	\$1,816	\$9,950
Married	\$1,511	\$3,000	Married	\$1,824	\$14,910	Married	\$2,184	\$14,910	Married	\$2,455	\$14,910

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,235.21 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date(s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2026? Yes ____ No ____

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date(s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2026? Yes ____ No ____

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts. I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

- I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____
Signature of Participant Date

Refund Policy for the Geauga Department on Aging

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
12611 Ravenwood Dr., Suite 200
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
440-279-2130 APRIL 2026

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.



Do You Qualify for Geauga County Water Resources Reduction Program?

Geauga County Seniors, age sixty (60) years of age and older, can apply for assistance with their water or sewer bill. Seniors who qualify must have an income of 175% Federal Poverty Level or less and receive a bill from the Geauga County Department of Water Resources (GCDWR) for water or sewer.

Call the Geauga County Department on Aging, at (440) 279-2130, for additional details and/or to determine if you're eligible. The application period runs from April 1 through May 30, 2026. So don't wait, call today.

PLATINUM PATRONS

The Bramley Family in memory of Jim & Joy Bramley & Rob Warren

G Rae Peck in memory of Sigmund Peck

Alan Bialosky in memory of Peggy Bialosky

Burton Class of 1957 / Joan & Michael Fath

in memory of Betty Stewart

Robert Beutel and Claudia Euse

Newbury Class Members of 1956

James & Sandra Burzanko in memory of Judge Forrest W. Burt

Lyn and Carla Svendsen

Barbara & Edward Wells

Nancy Lynam-Davis in memory of Eileen Schaffert

Ann Busse in memory of Carl & Dorothy Busse

Mr & Mrs Robert Beutel

Erin Wallace in memory of Teddi Wallace

The Sly Fox Motorcycle Club of Northeast Ohio

To become a PLATINUM Patron for a year, submit \$110 -
Please make checks payable to The Geauga County Department on Aging and write Newsletter in the memo.