

# Monthly Highlights

# May 2026 - Community Events

## Thursday, May 7: Spring Gala

Held at Berkshire High School (14155 Claridon Troy Rd. Burton, Ohio 44021). A fabulous dinner, provided by UH Geauga Medical Center, will be served by the students. You can enjoy an art show with live music by the Berkshire students, dancing, and much more! Students will be sharing their gifts and talents all evening long. All donations will go to support Berkshire Cheerleaders. **\$15 per person - Payable to Berkshire Local Schools.** 5:00pm.

## Tuesday, May 12: CWRU Coffee & Convos - Discover the Story Behind Every Vaccine

Ohman Family Living at Holly (10190 Fairmount Rd, Newbury 44065). Breakfast served. Presented by David Skirball, MD. Have you ever wondered how vaccines actually work – or why there are so many of them today? Join us for a fascinating exploration of one of medicine’s most powerful tools. Cost: \$15 for members, \$20 non-members. Registration is required by visiting [www.case.edu/lifelonglearning](http://www.case.edu/lifelonglearning) or calling 216-368-2090. 9:30am.

## Thursday, May 14: Free Lunch & Movie

UH Geauga Age Well Be Well Program. Hosted at the Geauga County Office Building this month. Address is 12611 Ravenwood Dr, Chardon 44024. Call 440-214-3180 to register. 12:00pm. Free.

## Thursday, May 28: Peace of Mind for You and Them



Join Mindy Kosmin, LISW-S, ACSW, Palliative Care Social Worker, to learn how planning ahead can protect your independence, honor your values, and support your loved ones. By clearly expressing your wishes and setting up the right arrangements, you can reduce uncertainty, prevent family conflicts, and ensure your decisions reflect what matters most to you. Call 440-214-3180 to register. 1:00pm. Free.

## Geauga Cyclists: Tuesdays (May-Oct)

The Department on Aging and UH Geauga Medical Center hold weekly bicycle rides for senior citizens on the Maple Highlands Trail at different starting locations. We ride between 10 and 15 miles. Please wear helmets for safety, carry water, and follow park etiquette. Please call Melissa Wheeler for the 6 month schedule at 440-279-2167. 9:00am. Free.

## Walking for Wellness: Thursdays (May-Oct)

Goal is 3 miles per walk. Call Magaly Rios for our 6 month summer walking schedule at 440-279-2137. 9:00am. Free.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Melissa Wheeler</b> Senior Centers' Manager 440-279-2167</p> <p><b>Magaly Rios</b> Assistant Senior Centers' Manager 440-279-2137</p>	<p>BHS - Berkshire High School BPL - Burton Public Library CSC - Chardon Senior Center GCOB - Geauga County Office Building GWL - Geauga West Library OH - Ohman Family Living at Holly OS - Offsite UHG - UH Geauga Medical Campus VT - Virtual Teams (Online) WG - West Geauga Senior Center</p>		<p><b>1</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT</p>	
<p><b>4</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT</p>	<p><b>5</b></p> <p>9:00-10:30 Geauga Cyclists OS 1:00-2:30 Geauga Walkers OS 1:00-3:00 Matter of Balance Class GCOB</p>	<p><b>6</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT 11:30-12:30 GW Book Club GWL</p>	<p><b>7</b></p> <p>9:00-10:30 Walking for Wellness OS 5:00-7:00 Spring Gala BHS</p>	<p><b>8</b></p> <p>9:00-1:30 Berkshire Day of Service CSC 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT 1:00-3:00 Matter of Balance Class GCOB</p>
<p><b>11</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT</p>	<p><b>12</b></p> <p>9:00-10:30 Geauga Cyclists OS 9:30-11:00 CWRU Coffee &amp; Convos OH 1:00-2:30 Geauga Walkers OS 1:00-3:00 Matter of Balance Class GCOB</p>	<p><b>13</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT</p>	<p><b>14</b></p> <p>9:00-10:30 Walking for Wellness OS 12:00-2:30 Lunch &amp; Movie GCOB 1:30-2:30 Burton Book Club BPL</p>	<p><b>15</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT 1:00-3:00 Matter of Balance Class GCOB</p>
<p><b>18</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT</p>	<p><b>19</b></p> <p>9:00-10:30 Geauga Cyclists OS 12:00-2:00 Parkinsons &amp; Diabetes SG OS 1:00-2:30 Geauga Walkers OS 1:00-3:00 Matter of Balance Class GCOB</p>	<p><b>20</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT</p>	<p><b>21</b></p> <p>9:00-10:30 Walking for Wellness OS 9:30-11:30 GPD Elderberries OS</p>	<p><b>22</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT 1:00-3:00 Matter of Balance Class GCOB</p>
 <p><b>25</b></p> <p><b>OFFICES CLOSED - MEMORIAL DAY</b></p>	<p><b>26</b></p> <p>9:00-10:30 Geauga Cyclists OS 1:00-2:30 Geauga Walkers OS 1:00-3:00 Matter of Balance Class GCOB</p>	<p><b>27</b></p> <p>9:30am-2:00pm Learning for a Lifetime Kent State Geauga Campus</p>	<p><b>28</b></p> <p>9:00-10:30 Walking for Wellness OS 1:00-2:30 Peace of Mind Presentation UHG</p>	<p><b>29</b></p> <p>9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC &amp; VT 1:00-3:00 Matter of Balance Class GCOB</p>