

The Geauga Senior News



Geauga County Department on Aging

MAY 2026

Senior Day



Thursday, July 9th
Cleveland, Ohio
\$124 per person

Join the Geauga County Department on Aging for our Annual Senior Day Trip to Windows on the River for lunch and the 1:30pm show of Lion King at Playhouse Square! Transportation sponsored by Ohman Family Living.



Lunch Options:

All entrees accompanied by rolls, butter, fresh market salad, baby redskin herbed potatoes, green beans almondine, freshly brewed coffee & specialty teas, and cheesecake with raspberry sauce.



Chicken Marsala

Sauteed chicken breast with fresh mushrooms and marsala wine sauce.

Herb-Crusted Atlantic Salmon

Roasted salmon filet accompanied by cucumber dill sauce.

Lasagna Roll-Up

Layers of pasta with fresh vegetables and ricotta cheese topped with salsa rosa sauce.

THE LION KING IS THE WORLD'S #1 MUSICAL!
YOU WON'T WANT TO MISS THIS SHOW!

Bus Departure Times

10:00am - Geauga County Fairgrounds
10:15am - Chardon Senior Center
10:15am - West Geauga Senior Center
10:30am - Bainbridge Senior Center
Approximate return time is 5:00pm

This is a 3 sneaker trip: Must be able to go up and down motorcoach bus steps, and navigate through Playhouse Square.



Call Melissa Wheeler with any questions at 440-279-2167



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Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and 250 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

BOARD OF COMMISSIONERS

Geauga County Ohio

JAMES W. DVORAK

CAROLYN BRAKEY, Esq

RALPH SPIDALIERI

LEADERSHIP TEAM

Jessica Boalt – Director

Michelle Warren - In-Home Services Manager

Melissa Wheeler – Senior Centers Supervisor

Karen M. Stone – Administrative Services Manager

Geauga Young of Heart

GEAUGA YOUNG OF HEART meet at 11:30 a.m. at St. Anselm’s Parish Center, 12969 Chillicothe Rd. in Chesterland on the first and third Friday of the month. Entertainment and refreshments will be provided.

On May 1 we will have a Derby Hat Party. There will be prizes for the best decorated hats, so start decorating! We will have Great Music with Darren & Kristen Lambert on May 15.


We will be going to the Aurora Atlas Movie Theater (Rt. 306 and Rt. 82). On May 7. The movie is TBD. It will start at 11:00. Cost is \$5 for movie or \$10 for movie, drink, and popcorn.

On Wednesday, June 17, we’ll be going to Playhouse Square Palace Theatre for “The Great Gatsby.” Dinner is included at the Music Box Restaurant. Cost is \$150 pp.

For further information and reservations on trips, call Kimber at 440-668-3293. Everyone is welcome on Young of Heart trips.

Do You Qualify for Geauga County Water Resources Reduction Program?

Geauga County Seniors, age sixty (60) years of age and older, can apply for assistance with their water or sewer bill. Seniors who qualify must have an income of 175% Federal Poverty Level or less and receive a bill from the Geauga County Department of Water Resources (GCDWR) for water or sewer. **Call the Geauga County Depart. on Aging, at (440) 279-2130, for additional details and/or to determine if you’re eligible. The application period runs from April 1 - May 30, 2026. So don’t wait, call today.**



Geauga County Veteran Food Pantry

Serving those who have served

This is a pantry exclusively for Veterans and their families in Geauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

As a member, we offer:

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

This is our way of giving back to those who have given so much.

For information about Veteran eligibility and registration, call Geauga County Veterans Services at: 440-279-1860. Services are income/need based.

Spring Gala:

An Evening of Arts, Entertainment & Fine Dining!

Thursday, May 7th at 5:00 - 7:00 p.m.

Berkshire Middle & Elementary School
14155 Claridon Troy Rd. in Burton

A fabulous dinner meal, provided by UH Geauga Medical Center, will be served at 5:00 p.m. by the students in the elementary and middle school gym of the high school. You can enjoy an art show with live music by the Berkshire students, dancing, and much more! Students will be sharing their gifts and talents all evening long. Cost is \$15.00 per person - payable to Berkshire Local Schools. All donations will go to support Berkshire Cheerleaders. Don't miss this intergenerational event and an opportunity to support this evening of arts and entertainment! **Questions? Call Melissa Wheeler at 440-279-2167.**

O' The Joys of Pioneering

Thursday, June 25 at 12:00 - 2:30 p.m.

Veterans Legacy Woods
14085 Ravenna Rd, in Newbury

Dr. Bari Stith will present on "O' The Joys of Pioneering: Vision and Reality for Women on the Western Reserve Frontier." In the early years of the 19th century, scores of New Englanders packed their wagons and journeyed west, spurred by hopes and dreams of opportunities promised by a fresh landscape that appeared reassuringly familiar. The intersections, as well as the disparities, between what these pioneers envisioned this northeastern Ohio frontier to be and the realities of their lives, particularly for women, provide insight on the spirit of post-revolution Americans, their restless compulsion to possess a wilderness, and the creation of the communities in which we now live. Dr. Bari Stith will also share "Gauga's Bear Stories" in honor of our **America 250 theme for June – Ohio Outdoors: Exploring Ohio's Natural Resources.** Gauga's pioneers, both women and men, enjoyed numerous humorous encounters with bears and lived to tell the tales, as did most of the bears. Although they reminisced about their struggles with timber rattlers and wolves, it's the bears that really caught their attention and imagination! UH Geauga Medical Center will be providing a free picnic lunch for our event. **Registration is required by calling Magaly Rios at 440-279-2137.**

Peace of Mind for You and Them

Thursday, May 28 at 1:00 p.m.

UH Geauga – Conference Center (Lower Level)
13207 Ravenna Rd, in Chardon

Join Mindy Kosmin, LISW-S, ACSW, Palliative Care Social Worker, to learn how planning ahead can protect your independence, honor your values, and support your loved ones. By clearly expressing your wishes and setting up the right arrangements, you can reduce uncertainty, prevent family conflicts, and ensure your decisions reflect what matters most to you. In collaboration with the Geauga County Department on Aging. **Call UH Geauga at 440-214-3180 to register.**

Geauga Cyclists

Tuesdays at 9:00 a.m.

Beginning in May, The Department on Aging and UH Geauga Medical Center will hold weekly bicycle rides for senior citizens. We ride between 10 and 15 miles on different parts of the Maple Highlands Trail. Transportation is on your own, and you must bring your own bike. Please wear helmets for safety, carry water, and follow park etiquette. **Please call Melissa Wheeler for the 6-month schedule at 440-279-2167.**

DATE	PARK & PARKING
5/5	Claridon Woodlands 11383 Claridon Troy Rd, Chardon
5/12	Headwaters Park 13365 Old State Rd, Huntsburg 44046 Park in the first parking lot when you pull in
5/19	Chardon Bike Trailhead 312 Park Ave, Chardon
5/26	Dollar General 15894 W High St, Middlefield 44062 Breakfast Beforehand at 8:00 a.m. at C's Cafe 15916 W High St, Middlefield

America 250 Party in the Park, featuring the Big North Band

Wednesday, July 15, from 5:00 p.m. to 7:00 p.m.

at Claridon-Woodlands Park
11383 Claridon-Troy Road, Chardon

Celebrate America 250 with your friends and the popular Big North Band! In addition to the concert, Geauga County Department on Aging Staff will be on hand to provide resources for our GDA services! Carpooling is strongly recommended! \$10 per person to cover refreshments and party supplies. **Registration is required for this event. Call Becky O'Reilly at the Chardon Senior Center with questions, 440-279-2131.**

Spring Gala

Thursday, May 7th at 5:00 p.m.

Held at Berkshire High School (14155 Claridon Troy Rd. Burton). A fabulous dinner, provided by UH Geauga Medical Center, will be served by the students. You can enjoy an art show with live music by the Berkshire students, dancing, and much more! Students will be sharing their gifts and talents all evening long. All donations will go to support Berkshire Cheerleaders. **\$15 per person - Payable to Berkshire Local Schools.**

CWRU Coffee & Convos - Discover the Story Behind Every Vaccine

Tuesday, May 12th at 9:30 a.m.

Ohman Family Living at Holly (10190 Fairmount Rd, Newbury). Breakfast served. Presented by David Skirball, MD. Have you ever wondered how vaccines actually work – or why there are so many of them today? Join us for a fascinating exploration of one of medicine’s most powerful tools. Cost: \$15 for GDA members, \$20 non-members. **Registration is required by visiting www.case.edu/lifelonglearning or calling 216-368-2090.**

Free Lunch & Movie

Thursday, May 14th - 12:00 p.m.

UH Geauga Age Well Be Well Program. Hosted at the Geauga County Office Building this month. (12611 Ravenwood Dr, Chardon). **Call 440-214-3180 to register. Free.**

Peace of Mind for You and Them

Thursday, May 28th - 1:00 p.m.

Join Mindy Kosmin, LISW-S, ACSW, Palliative Care Social Worker, to learn how planning ahead can protect your independence, honor your values, and support your loved ones. By clearly expressing your wishes and setting up the right arrangements, you can reduce uncertainty, prevent family conflicts, and ensure your decisions reflect what matters most to you. **Call 440-214-3180 to register. Free.**

Gauga Cyclists:

Tuesdays (May-Oct) - 9:00 a.m.

The Department on Aging and UH Geauga Medical Center hold weekly bicycle rides for senior citizens on the Maple Highlands Trail at different starting locations. We ride between 10 and 15 miles. Please wear helmets for safety, carry water, and follow park etiquette. **Please call Melissa Wheeler for the 6 month schedule at 440-279-2167. Free.**

Walking for Wellness:

Thursdays (May-Oct) - 9:00 a.m.

Goal is 3 miles per walk. **Call Magaly Rios for our 6 month summer walking schedule at 440-279-2137. Free.**



MAY 2026

MONDAY		TUESDAY	
<p>BSC Bainbridge Senior Center BHS Berkshire High School BMS Berkshire Middle School BPL Burton Public Library CSC Chardon Senior Center GCOB Geauga County Office Building GWL Geauga West Library</p>	<p>JND Jennings at Notre Dame Village OBL Ohman Family Living at Blossom OH Ohman Family Living at Holly OS Off-site UHG UH Geauga Medical Campus VT Virtual Teams (Online) WG West Geauga Senior Center</p>		
	4		5
<p>9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT</p>		<p>9:00-10:30 Geauga Cyclists OS 1:00-2:30 Geauga Walkers OS 1:00-3:00 Matter of Balance Class GCOB</p>	
	11		12
<p>9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT</p>		<p>9:00-10:30 Geauga Cyclists OS 9:30-11:00 CWRU Coffee & Convos OH 1:00-2:30 Geauga Walkers OS 1:00-3:00 Matter of Balance Class GCOB</p>	
	18		19
<p>9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT</p>		<p>9:00-10:30 Geauga Cyclists OS 12:00-2:00 Parkinsons & Diabetes SG OS 1:00-2:30 Geauga Walkers OS 1:00-3:00 Matter of Balance Class GCOB</p>	
	25		26
<p>Memorial Day REMEMBER AND HONOR</p>		<p>9:00-10:30 Geauga Cyclists OS 1:00-2:30 Geauga Walkers OS 1:00-3:00 Matter of Balance Class GCOB</p>	
OFFICES CLOSED - MEMORIAL DAY			



SENIOR COMMUNITY EVENTS

Geauga County
Department on Aging

WEDNESDAY

THURSDAY

FRIDAY

Melissa Wheeler
Senior Centers' Manager
440-279-2167

Magaly Rios
Assistant Senior Centers' Manager
440-279-2137



9:30-11:00 Parkinson's Boxing CSC **1**
11:00-12:00 Balance Exercise CSC & VT

6
9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise CSC & VT
11:30-12:30 GW Book Club GWL

7
9:00-10:30 Walking for Wellness OS
5:00-7:00 Spring Gala BHS

8
9:00-1:30 Berkshire Day of Service CSC
9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise CSC & VT
1:00-3:00 Matter of Balance Class GCOB

13
9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise CSC & VT

14
9:00-10:30 Walking for Wellness OS
12:00-2:30 Lunch & Movie GCOB
1:30-2:30 Burton Book Club BPL

15
9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise CSC & VT
1:00-3:00 Matter of Balance Class GCOB

20
9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise CSC & VT

21
9:00-10:30 Walking for Wellness OS
9:30-11:30 GPD Elderberries OS

22
9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise CSC & VT
1:00-3:00 Matter of Balance Class GCOB

27
9:30-2:00 Learning for a Lifetime
Kent State Geauga Campus

28
9:00-10:30 Walking for Wellness OS
1:00-2:30 Peace of Mind Presentation UHG

29
9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise CSC & VT
1:00-3:00 Matter of Balance Class GCOB

BAINBRIDGE SENIOR CENTER

CLOSED 5/25 IN HONOR OF MEMORIAL DAY

BIG BREAKFAST

Thursday, May 28th

Join BSC for our monthly big breakfast. Veterans & May birthdays are free to attend. The cost is \$5 for everyone else. *On the menu:* French Toast Casserole
Donuts by Med Minder! **Please RSVP by 5/25.**

BONE HEALTH DAY

Wednesday, June 17th

Schedule your **Bone Density Screening** at BSC—appointments are limited, so be sure to reserve your spot early. Also, if you're due (or overdue) for your annual Mammogram, those appointments will be available on-site at BSC the same day!

Call today for your appointment!

WOODCARVER'S WORKSHOP

Fellow senior John Hagan will be leading a weekly wood carver's workshop right here at BSC on Tuesday afternoons.

Experts to beginners, all are welcome!

FRIDAY FILMS

Every Friday at 12:00 p.m.

Enjoy a lunch and movie free of charge.

May's Theme is **80's Classics.**

Reservations are not required but encouraged to ensure a meal for all attendees.

FREE LUNCH AND LEARN

Wednesday, May 20th • 12:30-2:00 p.m.

"The Great Home Dilemma: Sell It, Rent It, or Reverse It?" When seniors consider moving, the family home often represents both cherished memories and significant financial value. This presentation introduces seniors to several options to consider before selling their home. We'll briefly cover choices such as selling traditionally, For sale by owner, hosting an estate sale, renting the home for income, or using a reverse mortgage to access home equity. The goal is to help seniors understand the basics of each option so they can make informed decisions as they plan their next chapter. Presented by David Koch of Assisted Living Locators.

BSC BOOK CLUB

Thursday, May 21st - 1:00 p.m.

Led by Cheryl Mullins, Head of Adult Services at Geauga West, this book club will meet on the third Thursday of the month. For May, we will be reading

The Wedding People by Alison Espach.

Call BSC to register.

NEW! RELIABLE NURSE FOOTCARE

Starting May 15th

Jen Vanek, RN, will be adding monthly Friday appointments. **Call 216-956-0293 to schedule!**

MANSFIELD REFORMATORY BUS TRIP

July 10th

Registration now open! More information on page 16 of this newsletter!



MAY 2026

MONDAY

TUESDAY

Keri Skrtic
Recreation & Education
Coordinator

Matt Samardge
Recreation & Education
Assistant

4

8:30-9:30 All-Around Exercise (\$3)
9:40-10:25 Chair Yoga-cise (\$3)
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Senior Sing-Along

5

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-3:00 Mahjong
1:00-2:30 Wii Bowling League
1:00-3:30 WoodCarver's Workshop

11

8:30-9:30 All-Around Exercise (\$3)
9:40-10:25 Chair Yoga-cise (\$3)
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Karaoke
1:30-3:00 Senior Sing-Along

12

9:00-1:00 FREE Balance Screenings by King David Nursing
9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-3:00 Mahjong
1:00-2:30 Wii Bowling League
1:00-3:30 WoodCarver's Workshop

18

8:30-9:30 All-Around Exercise (\$3)
9:40-10:25 Chair Yoga-cise (\$3)
9:00-2:00 Reliable Nurse Footcare
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Senior Sing-Along

19

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-3:00 Mahjong
1:00-2:30 Wii Bowling League
1:00-3:30 WoodCarver's Workshop

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ **25**

★
★ IN HONOR OF ★
★
★ *Memorial Day* ★
★
★ WE WILL BE CLOSED ★
★
★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

26

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-2:00 Mahjong

OFFICES CLOSED - MEMORIAL DAY

BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY

THURSDAY

FRIDAY

		<p style="text-align: right;">1</p> <p>8:30-9:30 All-Around Exercise \$3 9:40-10:25 Chair Yoga-cise \$3 10:00-12:00 Mahjong 12:00-2:30 Lunch & a Movie (Goonies—1985)</p>
<p>8:30-9:30 All-Around Exercise (\$3) 6 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Cindy from Caring Senior Choices 12:30-2:30 OTL Group (Burgers 2 Beer, Solon)</p>	<p style="text-align: right;">7</p> <p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch</p>	<p style="text-align: right;">8</p> <p>8:30-9:30 All-Around Exercise \$3 9:40-10:25 Chair Yoga-cise \$3 10:00-12:00 Mahjong 12:00-2:30 Lunch & a Movie (Labyrinth—1986)</p>
<p>8:30-9:30 All-Around Exercise \$3 13 9:40-10:25 Chair Yoga-cise \$3 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Touching Hearts 12:30-2:30 OTL Group (2 & Company, Chagrin Falls) 1:30-3:00 ALZ Support Group</p>	<p style="text-align: right;">14</p> <p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:00 Art Classes w/ Fairmount</p>	<p style="text-align: right;">15</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 9:00-2:00 Reliable Nurse Foot Care 10:00-12:00 Mahjong 12:00-2:30 Lunch & a Movie (Ferris Bueller's Day Off—1986)</p>
<p>8:30-9:30 All-Around Exercise (\$3) 20 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Home Instead 12:30-2:00 Home Selling Dilemma L&L 12:30-2:30 OTL Group (Tavern 6, Chagrin Falls)</p>	<p style="text-align: right;">21</p> <p>9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:30 SCRABBLE 1:00-2:00 BSC Book Club w/ GPCL</p>	<p style="text-align: right;">22</p> <p>8:30-9:30 All-Around Exercise \$3 9:40-10:25 Chair Yoga-cise \$3 10:00-12:00 Mahjong 12:00-2:30 Lunch & a Movie (Top Gun—1986)</p>
<p>8:30-9:30 All-Around Exercise (\$3) 27 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Comfort Keepers 12:30- 2:30 OTL Group (Thai Story—Chagrin Falls)</p>	<p style="text-align: right;">28</p> <p>9:00-10:00 BIG BREAKFAST <i>*registration req'd* Donuts by Med Minder</i> 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:00 Art Classes w/ Fairmount</p>	<p style="text-align: right;">29</p> <p>8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-12:00 Mahjong 12:00-2:30 Lunch & a Movie (Dirty Dancing—1987)</p>

CHARDON SENIOR CENTER

Social Worker Appointments
Friday, May 1st

**Photo Club
Organizational Meeting**
at Chardon Senior Center
Friday, May 1st

**Spring Flowers Porch Pot
Making Class (\$10)**
Wednesday, May 6th

Breakfast Club at Bob Evan's
Thursday, May 7th
\$ - on your own

An Afternoon with Julia Child
Tuesday, May 12th
America 250 Historical
Reenactor Series (\$5)

Baking Class - Napoleons
Friday, May 15th (\$10)

Becky O's Book Club
Monday, May 18th
The Orphan Collector,
by *Ellen Marie Wiseman*

**Dogs and Suds Social and
Sports Trivia**
Friday, May 22nd
Hot Dogs and Root Beer (\$5)


**An Afternoon with
Jackie Kennedy-Onassis**
Tuesday, May 26th
America 250 Historical
Reenactor Series (\$5)

**Birthday Bingo and
Pizza Party**
Friday, May 29th (\$2)

Derby Hat Wreath Making Class
Friday, May 29th (\$5)



MAY 2026

MONDAY		TUESDAY	
Becky O'Reilly <i>Recreation & Ed. Coordinator</i> Jackie Kleve Chris Mackar Valerie Garland <i>Recreation & Education Assistants</i>		Beth Oliverio <i>Information and Referral Assistant</i> Ellie Rickard <i>Food Service Coordinator</i>	
8:00-9:00 Chair Volleyball 4 9:30-10:30 Chess Club 10:00-11:00 Line Dancing \$3 Off Site 10:00-12:00 Rug Hooking / Quilting 11:00-11:45 Balance Exercises 11:00-11:45 Strength Training \$2 1:00 Diamond Art / Tech. Help	9:00-11:30 Woodcarving 5 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi ON BREAK 11:00-12:00 Balance Exercises 12:30-4:00 Rummikub 2:00-3:30 Raccoon County Ramblers Practice		
8:00-9:00 Chair Volleyball 11 9:30-10:30 Chess Club 10:00-11:00 Line Dancing \$3 Off Site 10:00-12:00 Rug Hooking/Quilting 11:00-11:45 Balance Exercise 11:00-11:45 Strength Training \$2 1:00 Diamond Art/ Tech Help Appts.	9:00-11:30 Woodcarving 12 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi ON BREAK 11:00-12:00 Balance Exercises 12:30-1:30 Rummikub 1:00-2:00 An Afternoon with Julia Child \$5 2:00-3:30 Raccoon County Ramblers Practice		
8:00-9:00 Chair Volleyball 18 9:30-10:30 Chess Club 10:00-11:00 Line Dancing \$3 off site 10:00-12:00 Rug Hooking/Quilting 11:00-11:45 Balance Exercise 11:00-11:45 Strength Training \$2 1:00 Diamond Art/ Tech Help Appts. 1:00 Becky O's Book Club	9:00-11:30 Woodcarving 19 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi ON BREAK 11:00-12:00 Balance Exercises 12:00-1:30 Raccoon County Ramblers Practice 12:30-4:00 Rummikub 12:30-1:30 Crafting		
 25 MEMORIAL ★★ ★ DAY ★★ ★ REMEMBER AND HONOR OFFICES CLOSED - MEMORIAL DAY	9:00-11:30 Woodcarving 26 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi ON BREAK 11:00-12:00 Balance Exercises 12:30-4:00 Rummikub 12:00-1:30 Raccoon County Ramblers Practice 1:00-2:00 An Afternoon with Jackie Kennedy-Onassis \$5		

CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY

THURSDAY

FRIDAY

Call Chardon Senior Center to register for any of our events, lunches, or classes!

Lunches must be ordered by the "Monday one week prior to" when you would like to join us for lunch.

9:30-11:30 Stained Glass **1**
 9:30-10:30 Chair Volleyball
 11:00-12:00 Balance Exercise
 1:00 Social Worker Appts.
 1:00 Photo Club
 1:00-4:00 Bridge / Rummikub
 1:30-2:30 Cardio-Drum Video
 2:30-3:30 Cornhole

8:00 Sports Talk **6**
 Coffee Hour
 9:00-11:00 Pinochle
 11:00-12:00 "Marbles & Jokers"
 11:00-11:45 Strength Training \$2
 11:00-12:00 Balance Exercises
 12:45-2:00 Chair Volleyball
 1:00 Spring Porch Pot Class \$10
 1:00-4:00 Mah Jongg

9:00-11:00 Mah Jongg Lessons **7**
 9:30 B'fast @ Bob Evan's \$
 10:30-12:00 Choral Group
 11:00-11:45 Balance Exercises
 12:15-4:00 Duplicate Bridge
 12:30-4:00 Marbles & Jokers
 1:30-3:30 Line Dancing \$5 off site

9:00-1:30 Student Service Project Today **8**
 9:30-11:30 Stained Glass
 1:00-4:00 Bridge

8:00 Sports Talk **13**
 Coffee Hour
 9:00-11:00 Pinochle
 11:00-12:00 "Marbles & Jokers"
 11:00-11:45 Strength Training \$2
 11:00-12:00 Balance Exercises
 12:45-2:00 Chair Volleyball
 1:00-4:00 Mah Jongg

9:00-11:00 Mah Jongg Lessons **14**
 10:30-12:00 Choral Group
 11:00-11:45 Balance Exercise
 12:15-4:00 Duplicate Bridge
 12:30-4:00 "Marbles & Jokers"
 1:30-3:30 Line Dancing \$5 off site

9:30-11:30 Stained Glass **15**
 9:30-10:30 Chair Volleyball
 11:00-12:00 Balance Exercise
 1:00-4:00 Bridge
 1:00-4:00 Rummikub
 1:00 Baking Class- Napoleons \$10
 1:30-2:30 Cardio-Drum Video

8:00 Sports Talk **20**
 Coffee Hour
 9:00-11:00 Pinochle
 11:00-12:00 "Marbles & Jokers"
 11:00-11:45 Strength Training \$2
 11:00-12:00 Balance Exercises
 12:45-2:00 Chair Volleyball
 1:00-4:00 Mah Jongg

9:00-11:00 Mah Jongg Lessons **21**
 10:00-11:00 Sunshine Committee
 10:30-12:00 Choral Group
 11:00-11:45 Balance Exercises
 12:15-4:00 Duplicate Bridge
 12:30-4:00 "Marbles & Jokers"
 1:30-3:30 Line Dancing \$5 off site

9:30-11:30 Stained Glass **22**
 9:30-10:30 Chair Volleyball
 11:00-12:00 Balance Exercises
 12:00-1:00 Dogs and Suds Social and Sports Trivia \$5
 1:00-4:00 Bridge
 1:00-4:00 Rummikub
 1:30-2:30 Cardio-Drum Video

8:00 Sports Talk **27**
 Coffee Hour
 9:00-11:00 Pinochle
 10:00-11:00 Crafting for Others
 11:00-12:00 "Marbles & Jokers"
 11:00-11:45 Strength Training \$2
 11:00-12:00 Balance Exercises
 12:45-2:00 Chair Volleyball
 1:00-4:00 Mah Jongg

9:00-11:00 Mah Jongg Lessons **28**
 10:00-11:00 Sunshine Committee
 10:30-12:00 Choral Group
 11:00-11:45 Balance Exercises
 12:15-4:00 Duplicate Bridge
 12:30-4:00 Scrabble Club
 12:30-4:00 "Marbles & Jokers"
 1:30-3:30 Line Dancing \$5 (off site)

9:30-11:30 Stained Glass **29**
 9:30-10:30 Chair Volleyball
 11:00-12:00 Balance Exercise
 11:00 Birthday Pizza Party and Bingo
 1:00-3:00 Derby Hat Wreath Making Class \$5
 1:00-4:00 Bridge
 1:00-4:00 Rummikub
 1:30-2:30 Cardio-Drum Video

MIDDLEFIELD SENIOR CENTER

Monday Crafts

4th Artificial Flower Arrangement \$5

11th Gardening Club with Ginny
MFSC garden startup.

18th Blue jean pocket flower
creation with Cindy \$8

Senior Prom!

Friday, May 1st - 12:00-2:00 p.m.

Come dance with us! Traditional
prom with sit down lunch. Prom attire
encouraged, but not necessary. \$5

Out to Lunch and Day Adventure with Hannah & Ginny

Tuesday May 5th -10:00 a.m.

Park and meet at the Middlefield
United Methodist church.

Senior Center closed for voting.

Mother's Day Tea and Vintage Wedding Dress Showcase

Friday, May 15th -11:00 a.m.

Join us as Deb from Perfect Occasions
leads us through a beautiful collection
of vintage wedding dresses!

Tea and lunch to follow. \$8

Fire Safety with the Middlefield Fire Department

Tuesday May 19th -11:00 a.m.

Lunch on the deck to follow. \$3 for lunch.

Ice cream Social and Lunch on the Deck!

Friday May 22nd -12:00 Noon
Donation.

Knowledge with Dawn Live long, live well

Thursday May 28th - 11:00 a.m.

Blue zone secrets.

History of Abigail Adams and the Adams family.

Friday, May 29th -12:00 Noon

Presented by Henry Adams (*Direct Desendant*)
Department of Art History, Case Western
Reserve University. Speech will be given at
Geauga County Office Building
\$5 must pre register. 440-632-0611.

MONDAY

TUESDAY

Hannah Heinz
*Recreation &
Education Coordinator*

Ginny Lester
*Recreation &
Education Assistant*

Please call to register
for lunch, crafting &
special events.
440-632-0611.

4

10 am Crafting Club
11 am Balance Exercise
12 pm Lunch
12-3 pm Painting Pals
1 pm Crafting -
Artificial flower
arrangement \$5

5

CLOSED FOR VOTING



11

10 am Crafting Club
11 am Balance Exercise
12 pm Lunch
12-3 pm Painting Pals
1pm Crafting -
Gardening Club
with Ginny!

12

10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball

18

10 am Crafting Club
11am Balance Exercise
12 pm Lunch
12-3 pm Painting Pals
1 pm Crafting with Cindy!
Blue jean pocket creation
\$8

19

10 am Chair Yoga Video
11am MF Fire Department
Fire Safety
12 pm Lunch on the deck \$3
1pm Chair Volleyball

25




MEMORIAL
DAY
REMEMBER AND HONOR

26

10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball

OFFICES CLOSED - MEMORIAL DAY

WEDNESDAY	THURSDAY	FRIDAY
		<p style="text-align: right;">1</p> <p style="text-align: center;">Senior Prom Co-sponsored by Burton Health Care 12-2 pm \$5</p> 
<p style="text-align: right;">6</p> <p>8 am Social Work Appointments 10 am Balance Exercise 11 am BINGO <i>Sponsored by Inn at the Pines</i> 12 pm Lunch 1 pm Trivia</p>	<p style="text-align: right;">7</p> <p>10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball</p>	<p style="text-align: right;">8</p> <p>10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball</p>
<p style="text-align: right;">13</p> <p>10 am Balance Exercise 11 am BINGO with Dawn 12 pm Lunch 1 pm Trivia</p>	<p style="text-align: right;">14</p> <p>10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball</p>	<p style="text-align: right;">15</p> <p>11 am Mother's Day Tea & Vintage Wedding Dress Showcase. \$8 1 pm Chair Volleyball</p>
<p style="text-align: right;">20</p> <p>10 am Balance Exercise 11 am Trivia 12 pm Lunch 1 pm BINGO Sponsored by Burton Health Care</p>	<p style="text-align: right;">21</p> <p>10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball 2 pm Movie at Briar</p>	<p style="text-align: right;">22</p> <p>10 am Chair Yoga Video 12 pm Lunch 12 pm Ice-cream Social & Lunch on the Deck (donation) 1 pm Chair Volleyball</p>
<p style="text-align: right;">27</p> <p style="text-align: center;">Chair Volleyball and lunch with Perry Senior Center.</p>	<p style="text-align: right;">28</p> <p>10 am Chair Zumba Video 11am Knowledge with Dawn Live Long, Live Well: Blue Zone Secrets 12pm Lunch 1pm Chair Volleyball</p>	<p style="text-align: right;">29</p> <p>10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball 1 pm History of Abigail Adams & the Adams Family (off-site)</p>

WEST GEAUGA SENIOR CENTER

Lunch & Learn – Brain Exercise

Monday, May 18th • 12:00-1:30 p.m.

Join us here at WGSC as we welcome Vicki Zanella from our ADS program here at WG. A hot lunch (*Meal of the Day*) will be served from 12:00-12:30, followed by the presentation. **Building Brain-Healthy Habits** is a research-backed guidance on brain health and the importance of taking action to protect your brain at every age. *Registration deadline is 5/11.*

Mahjongg Lessons

Monday afternoons • 1:00-3:00 p.m.

Are you interested in learning to play Mahjongg? If so, WGSC is offering lessons for anyone who would like to learn how to play this fun and popular game. *Just come in and join us, no sign up required.*

Beekeeping with the Senderaks

Thursday, May 21st • 12:30-2:30 p.m.

John and Jane will be back to update you on their beekeeping adventures. Lunch (*meal of the day*) will be served from 12:00-12:30, followed by the **Bee-Talk**.

Registration deadline is 5/11.

ART with AMY

Wednesday, May 27th • 1:00-3:00 p.m.

Amy will be instructing a class making patriotic pots for plants. Each participant will paint their own project. All supplies included. Cost \$8 *Deadline to register is 5/22. Pay the day of class.*

Eat & Educate with Dr Maguire

Friday, May 29th • 12:00-1:00 p.m.

Join us at the WGSC as we warmly welcome back Dr. Michael Maguire, PhD. We are thrilled to have him back! This month's lecture will be all about over-the-counter medications. What you know, what you don't know, and what you need to know about these medications.

Registration deadline is 5/18.

Pinochle with Christine

May 1st & May 15th • 1:00-3:00 p.m.

Join us at West G to play Pinochle with Christine. We will meet twice a month on Fridays for now, and try to build a group here that can meet weekly. If you want to learn how to play this game, Christine will teach you, so don't let that hold you back! *Call to let us know if you are coming to play @ 440-279-2163.*

SPIN CLASSES

Tues. & Thurs. - 10:00-10:30 a.m.

VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

MAY 2026

MONDAY

TUESDAY

Recreation/Education Coordinator
Christine Bacon 440-279-2163

Rec/Ed Assistants

Jeanne Molzon
Amy Walsh

I&R Assistant

Ronda Dwyer 440-279-2163

Stained Glass Class Appts:

Call Don Trask 440-759-9691

Lunch is served Mon thru Fri from 12:00-12:30 p.m. ALL Seniors MUST request meals by the Monday of the week prior to the requested meal dates.. ALL lunch reservations can be made by calling the WGSC at 440-279-2163, or by entering your request in the Lunch sign up book provided by the front Desk.

		4
9:00-10:00	Water Exercise - Metz pool	
10:00-11:00	Strength & Cardio VT	
11:00-12:00	Gentle Chair Yoga	
12:00-1:00	Water Exercise - Metz pool	
1:00-3:00	Mahjongg Lessons	
2:00-3:00	Line Dance w/Darlene \$4	

		5
9:00-10:00	Water Exercise at Metz pool	
9:00-11:30	Stained Glass Class \$5	
10:00-10:30	Senior Spin Class	
10:30-11:15	Seated Strength & Balance	
12:30-1:30	Tai-ChiFit	
12:00-3:00	Bridge Group	
12:30-2:30	Knit & Crochet	

		11
9:00-10:00	Water Exercise ~Metz pool	
9:00-3:00	OSTEOSTRONG BONE Health Scan appointments	
10:00-11:00	Strength & Cardio VT	
11:00-12:00	Gentle Chair Yoga	
12:00-1:00	Water Exercise - Metz pool	
1:00-3:00	Mahjongg Lessons	
2:00-3:00	Line Dance w/Darlene \$4	

		12
9:00-10:00	Water Exercise - Metz pool	
9:00-11:30	Stained Glass Class \$5	
10:00-10:30	Senior Spin Class	
10:30-11:15	Seated Strength & Balance	
12:30-1:30	Tai-ChiFit	
12:00-3:00	Bridge Group	
12:30-2:30	Knit & Crochet	

		18
9:00-10:00	Water Exercise - Metz pool	
10:00-11:00	Strength & Cardio VT	
11:00-12:00	Gentle Chair Yoga	
12:00-1:30	Lunch & Learn "Brain Exercise & Alzheimers Prevention"	
12:00-1:00	Water Exercise - Metz pool	
1:00-3:00	Mahjongg Lessons	
2:00-3:00	Line Dance w/Darlene \$4	

		19
9:00-10:00	Water Exercise at Metz pool	
9:00-11:30	Stained Glass Class \$5	
10:00-10:30	Senior Spin Class	
10:30-11:15	Seated Strength & Balance	
12:30-1:30	Tai-ChiFit	
12:00-3:00	Bridge Group	
12:30-2:30	Knit & Crochet	

		25
		
OFFICES CLOSED - MEMORIAL DAY		

		26
9:00-10:00	Water Exercise - Metz pool	
9:00-11:30	Stained Glass Class \$5	
10:00-10:30	Senior Spin Class	
10:30-11:15	Seated Strength & Balance	
12:30-1:30	Tai-ChiFit	
12:00-3:00	Bridge Group	
12:30-2:30	Knit & Crochet	

WEDNESDAY

THURSDAY

FRIDAY



1

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Gentle Chair Yoga Video
 10:30-11:15 Seated Strength & Balance
 11:00-11:45 Cardio Drumming Video
 1:00-3:00 Pinochle w/Christine

6

9:00-10:00 Water Exercise - Metz pool
 9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Strength & Cardio VT
 11:00-12:00 Gentle Chair Yoga
 1:00-2:30 Never Ending Knowledge
 "Life in the Worlds Oceans"
 1:00-3:00 Diamond Art

7

9:00-10:00 Water Exercise - Metz pool
 10:00-10:30 Senior Spin Class
 10:00-11:00 Water Exercise - Metz pool
 1:00-2:30 Arm Chair Travel "ITALY"
 1:00 Mind Challenge Round 4

8

NO EXERCISE CLASSES TODAY

9:00-11:30 Stained Glass Class \$5
 9:00-1:30 Generation Junction w/
 Berkshire Elementary
 9:30-10:30 Memory Match Games
 10:30-11:30 Cardio Drumming
 11:30-1:30 Lunch & BINGO w/Berkshire

13

9:00-10:00 Water Exercise - Metz pool
 9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Strength & Cardio VT
 11:00-12:00 Gentle Chair Yoga
 1:00-2:30 Never Ending Knowledge
 "America's Founding Fathers"
 1:00-3:00 Diamond Art
 4:30-6:00 Senior Dinner at
 WG Middle school

14

9:00-10:00 Water Exercise - Metz pool
 9:30 Mind Challenge - Round 5
 10:00-10:30 Beginner Spin Class
 10:00-11:00 Water Exercise - Metz pool
 1:00-2:30 Arm Chair Travel "ITALY"
 1:00-2:00 Yoga Nidra w/Darlene

15

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Gentle Chair Yoga Video
 10:30-11:15 Seated Strength & Balance
 11:00-11:45 Cardio Drumming Video
 1:00-3:00 Pinochle w/Christine

20

9:00-10:00 Water Exercise - Metz pool
 9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Strength & Cardio VT
 11:00-12:00 Gentle Chair Yoga
 1:00-2:30 Never Ending Knowledge
 "America's Founding Fathers"
 1:00-3:00 Diamond Art

21

9:00-10:00 Water Exercise - Metz pool
 9:30 Mind Challenge - Round 6
 10:00-10:30 Beginner Spin Class
 10:00-11:00 Water Exercise - Metz pool
 1:00-2:30 Arm Chair Travel "ITALY"
 12:30-2:30 Eat & Educate Presentation
 "Beekeeping" with the Senderaks
 1:00-2:00 Yoga Nidra w/Darlene

22

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Gentle Chair Yoga Video
 10:30-11:15 Seated Strength & Balance
 11:00-11:45 Cardio Drumming Video
 12:00-2:00 Lunch & Movie
 "The Burial"
 1:00-3:00 Tech Help Appointments

27

9:00-10:00 Water Exercise - Metz pool
 9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Strength & Cardio VT
 11:00-12:00 Gentle Chair Yoga
 1:00-2:30 Never Ending Knowledge
 "America's Founding Fathers"
 1:00-3:00 Diamond Art
 1:00-3:00 Art with Amy \$8

28

9:00-10:00 Water Exercise - Metz pool
 10:00-10:30 Beginner Spin Class
 10:30-11:15 Seated Strength & Balance
 1:00-2:30 Arm Chair Travel
 "France through the Ages"
 1:00-2:00 Yoga Nidra w/Darlene
 5:00-7:00 Dine Nite Out
 at Chester Tavern

29

9:00-11:30 Stained Glass Class \$5
 10:00-11:00 Gentle Chair Yoga Video
 11:00-11:45 Cardio Drumming Video
 12:00-2:00 Eat & Educate with Dr Maguire
 - OTC Meds The good, the
 Bad and the Ugly

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Free Lunch and a Movie

Thursday, May 14th from 12:00-2:30 p.m.
at the Geauga County Office Building
12611 Ravenwood Dr, Chardon
on the third floor, Room A333-A334

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. **Due to very limited space, and to ensure a fun experience for all, registration is required by calling 440-214-3180.**

Walking for Wellness

Thursdays from 9:00-10:30 a.m.

Join the Geauga County Department on Aging and UH Geauga for our “Walking for Wellness” program. Walking has shown to help with weight management, reduce stress, and increase energy levels. This group focuses on keeping a steady pace, a safe place to walk with other people, and a goal of 3 miles each walk. Call Magaly Rios at 440-279-2137 with questions, you do not need to register for this program, just show up!

DATE	PARK
5/7	Penitentiary Glen 8668 Kirtland-Chardon Rd, Kirtland
5/14	UH Geauga Wellness Trail 13207 Ravenna Rd, Chardon Park in the northeast parking lot at trailhead
5/21	The Rookery 10110 Cedar Rd, Munson
5/28	Frohring Meadows 16780 Savage Rd, Bainbridge

Matter of Balance Classes –

Are you concerned about falling? Interested in improving balance, flexibility, and strength? Falls are preventable, and this class can make a difference! Set realistic goals for staying active, learn how to stay safe at home, complete exercises to increase strength and balance, and learn how to identify and control your fear of falling. This class is free for all registered seniors. Space is limited. Sponsored by UH Geauga Medical Center.

To register, please call Magaly Rios at 440-279-2137.

May 5th thru May 29th -

Every Tuesday & Friday from 1:00-3:00 p.m.
Gauga County Office Building – Rm B167: 1st Floor
12611 Ravenwood Dr, Chardon, OH

Geauga Walkers

All walks begin promptly at 1:00.

*A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules.” Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
5/5*	Big Creek Park, Deep Woods 9160 Robinson Road, Chardon, Deep Woods Shelter
5/12	Indian Point 12951 Seely Road, Leroy, Lower Parking Lot; Paine Creek Lot, accessed from Old Vrooman Rd, north just before going over new Vrooman Rd Bridge
5/19*	Metzenbaum Park 7940 Cedar Road, Chesterland, West of Rt 306
5/26	Nelson Ledges 12440 OH 282, South of Rt 422, Nelson Township

Parkinsons and Diabetes Support Group - Combined This Month

Health Screenings & Protein's Role Beyond Muscle

Tuesday, May 19th at 12:00 p.m.

Chardon Senior Center

470 Center St, Building 8, in Chardon

Health screenings will be provided at noon with the presentation to follow at 1:00 p.m. The health screenings will include glucose, cholesterol, blood pressure and hemoglobin A1C. Join Dietitian, Stefanie Jarrett, RDLD, CSG, Clinical Nutrition Manager at UH Geauga Medical Center, and explore protein's powerful role beyond building muscle. Discover how adequate, high-quality protein supports steady energy, sharp brain function, a resilient immune system, metabolic health, and healthy aging. **There are limited health screenings available, you must RSVP to hold your spot. Please Call Melissa Wheeler at 440-279-2167 to RSVP.**



Jackie and Ellie at the Chardon Senior Center preparing lunch for seniors.

Seniors can stop by five days a week for lunch, friendship, conversation, and other activities Or, they can pick lunch up and take it to go.

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Daytime Senior Book Discussions

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Magaly Rios at 440-279-2137. Discussion books are available to loan at hosting Library's front desk, call to have them reserve a book for you!

Wednesday, May 6th (1st Wednesday of each mo.)

at West Geauga Library from 11:30-12:30 p.m.

with an out-to-lunch to follow, sign up with Magaly Rios.

Discussing: **The Wives** by Simone Gorrid.

Thursday, May 14th (2nd Thursday of each month)

at Burton Library from 1:30-3:00 p.m.

Discussing: **Barracoon: The Story of the Last**

"Black Cargo" by Zora Neale Hurston.

Simple Cooking with Heart

Wednesday, June 17 - 3:00-4:30 p.m.

UH Geauga Medical Center Conference Center
Lower Level - 13207 Ravenna Road in Chardon

Join us for a healthy, hands-on cooking demonstration featuring the Executive Chef and Registered Dietitian from UH Geauga. Discover fresh ideas in our **Summer Salads & More** session, perfect for the season! In conjunction with the Geauga County Department on Aging. **Registration is required by calling UH Geauga at 440-214-3180, space is limited.**

Medicare 101

Monday, June 15th - 1:30-2:30 p.m.

Geauga County Office Building – Room A333
12611 Ravenwood Dr, Chardon

The Geauga County Department on Aging and Representatives from OSHIIP (Ohio Senior Health Insurance Information Program) will provide an easy to understand overview of Medicare, including the different coverage options, how they compare, and what to consider when choosing a plan. Attendees will also learn about free, unbiased resources available through OSHIIP to help with Medicare questions, enrollment, and plan comparisons. This is a great opportunity to get reliable, unbiased information and feel more confident navigating your Medicare choices. Refreshments and snacks provided for this free program. **Registration is required by calling Melissa Wheeler at 440-279-2167.**

Thompson – Concerts on the Square

Thompson Activities will be hosting concerts this summer on Thompson Square (6740 Madison Rd, Thompson). Open to the public, and free! Well-behaved pets are welcome. The Geauga Department on Aging will be set up with a table at all concerts for seniors to stop by and learn about our services and senior center programs. Refreshments available by local organizations for a donation. Bring your own lawn chairs to sit and enjoy the music!

Tuesday, June 9th at 7:00 p.m. -

Thunder Creek (Oldies Rock, Classic Rock, Rockabilly)
Thompson Church on the Square – Refreshments

Tuesday, July 8th at 7:00 p.m. -

Big North Band (Country)
St. Patrick's Church – Refreshments

Sunday, July 26th at 2:00 p.m. -

Geauga County Fair Band,
Gauga County Department on Aging – Refreshments

Tuesday, August 12th at 7:00 p.m. -

Glass House (60s to 2010s hits),
Thompson Garden Club - Refreshments

CWRU Siegel Lifelong Learning Speaker –

Discover the Story Behind Every Vaccine

Tuesday, May 12th

Ohman Family Living at Holly
10190 Fairmount Rd, Newbury

Breakfast will be served at 9:30 a.m., followed by the lecture "Discover the Story Behind Every Vaccine" beginning at 10:00 a.m. Presented by David Skirball, MD. Have you ever wondered how vaccines actually work – or why there are so many of them today? Join us for a fascinating exploration of one of medicine's most powerful tools. From Edward Jenner's breakthrough in the 1800s to the cutting-edge science of the 21st century, you'll discover the remarkable story of how we learned to protect ourselves from disease – and what the future might hold. **Cost: \$15 for GDA members, \$20 non-members. Registration is required by visiting www.case.edu/lifelonglearning or calling 216-368-2090.**

BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

All-Around Exercise & Chair Yoga-cize

Fellow senior and certified instructor, Mary Kay Simoni, leads these two classes held **every Monday, Wednesday, and Friday.**

All-Around Exercise is perfect for our more active seniors including weights, stretching, breathing, and balance work. **Starts at 8:30 a.m.**, no registration required! First class is free! \$3 after that.

Chair Yoga-cize is a gentle approach to strength training, stretching, breathing, balance all while mostly seated! Great for those just starting out! **Starts at 9:40 a.m.**, no registration required! First class is free! \$3 after that.

Friday Films

Every Friday, join us for a lunch and movie at 12:00 p.m., free of charge. May's theme is **80s Classics**. Reservations are not required but encouraged to ensure a meal for all attendees.

- 5/1 **Goonies – 1985**
- 5/8 **Labyrinth – 1986**
- 5/15 **Ferris Bueller's Day Off – 1986**
- 5/22 **Top Gun – 1986**
- 5/29 **Dirty Dancing – 1987**

Line Dancing

Every Wednesday from 10:30 -11:00 a.m. for **beginner's class then stay for the regular line dancing session 11 a.m. - 12 p.m.** Learn and then apply your new moves with your new friends! **No need to register.**

Alzheimer's Care Giver Support Group

Wednesday, May 13th at 1:30 p.m.

This is a safe, confidential, supportive environment and a chance for participants to develop connections. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. **No need to register, just come on in!**

Big Breakfast

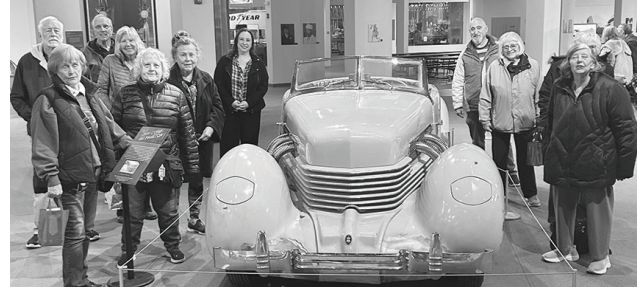
Thursday, May 28th

Join BSC for our monthly big breakfast. Veterans & May birthdays are free to attend. The cost is \$5 for everyone else. **On the menu:** French Toast Casserole. **RSVP by 5/25. Donuts by Med Minder.**

BSC Book Club

Thursday, May 21st at 1:00 p.m.

Led by Cheryl Mullins, Head of Adult Services at Geauga West. For May, we will be reading **The Wedding People** by Alison Espach. **Call BSC to register!**



Fun night at Cleveland History Center for a special screening of "Welcome to Collinwood". We also stayed for the panel discussion from a local film historian and one of the casting agents for the film! As an added bonus, Anthony and Joseph Russo's parents were also in attendance!

GAMES AT BSC!

Poker	Mondays, 10 a.m. - 2 p.m.
Mexican Train	Tuesdays, 10 a.m. - Noon
Bingo	Wednesdays, 11 a.m. - Noon
Canasta	Wednesdays, 10 a.m. - 3 p.m.
Pinochle	Thursday, 10 a.m. - 3 p.m.
Scrabble	Every 3 rd Thursday, 12:30 - 2:30 p.m.
Mahjong	Tuesdays 10 a.m. 3 p.m. and Fridays 10 a.m. - 3 p.m.
Wii Bowling League	Tuesdays 1:00 - 2:30 p.m.

Woodcarver's Workshop

Tuesdays at 1:00 p.m.

Fellow senior John Hagan will be leading a weekly wood carver's workshop right here at BSC. Experts to beginners all welcome! **Call to register!**

Mansfield Reformatory Bus Trip

Lights, Camera... Lock-Up!

A Day Trip to Mansfield!

Friday, July 10st

Get ready for a one-of-a-kind adventure! On July 10th, the Geauga Department on Aging is heading to Mansfield for an unforgettable experience at the historic prison made famous on the big screen. Sit back and enjoy the ride as we watch *The Shawshank Redemption*—filmed right at our destination—on the way down to set the scene for what's to come! Once we arrive, you'll take part in a private tour of the Mansfield Reformatory, where you'll explore the fascinating history and iconic filming locations of this legendary site. After our tour, we'll head to Der Dutchman for a delicious and relaxing lunch featuring a full buffet, soft drinks, and a slice of their pie!

Total Cost: \$88 per person (Includes transportation from the Geauga Safety Center at 12450 Merritt Rd, guided tour, movie viewing, and lunch). Don't miss this exciting blend of history, Hollywood, and hearty food—it's a trip you won't want to miss! **Registration is now open at any Geauga County senior center!**

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

Historic Houses of Worship in Cleveland Bus Trip

Tuesday, July 21st

Bus departing from Chardon Senior Center at 8:15 a.m., with a return time of approximately 5:30 p.m. The immigrant groups that came to Cleveland in search of the American dream brought their religious heritage and customs with them. Their lives were faith and church-centered, and they created museum quality houses of worship that still stand today. We will visit 4 houses of worship. At each church, we will have a presentation on the history, how they have survived and how they serve their congregation today. We will also have time to take pictures of the beautiful stained-glass windows, carvings and other works of craftsmanship. Also included is lunch at Pier W, one of Cleveland's finest restaurants. This trip is truly inspirational, as we celebrate this part of America's history! Space is limited! Checks made payable to JKL TOURS. Please note this trip includes a moderate-to heavy amount of walking and accessing historical buildings that may or may not require climbing steps. \$115 per person. *For more information, call Becky O'Reilly at Chardon Senior Center, 440-279-2131.*

An Afternoon with Jackie Kennedy-Onassis

Tuesday, May 26, from 1:00 - 2:00 p.m.

As part of the Chardon Senior Center's America 250 Historical Reenactor Series, we are pleased to welcome the portrayal of Jackie Kennedy-Onassis. Registration is required. *\$5 per person. Registration is required.*

Elvis Tribute Artist Live at the Hartville Kitchen

Thursday, June 18th

The bus leaving from Chardon Senior Center at 8:00 a.m., and returning at approximately 5:15 p.m. Enjoy this Elvis Tribute Show, enjoy a delicious lunch and have time to shop at the Hartville Kitchen. \$119 per person, with checks made out to JKL TOURS. Please note: This trip includes a moderate amount of walking. *Call Becky O'Reilly at Chardon Senior Center with any questions, 440-279-2131.*

An Afternoon with Julia Child

Tuesday, May 12, from 1:00 p.m. – 2:00 p.m.

Julia Child is next in our line-up of Chardon Senior Center's America 250 Historical Reenactors Series. *\$5 per person.*

Take Me Out to the Ballgame! Cleveland Guardians Bus Trip!

Wednesday, June 10th

Join us as we travel on a limo bus to Progressive Field in Downtown Cleveland as **the Guardians host the New York Yankees!** The bus will be leaving the Chardon Senior Center at 11:00 a.m. for this day-game. This trip requires a moderate-to-heavy amount of walking. \$110 per person.

Baking with Val Make and Take Class

Friday, May 15th from 1 p.m. – 3 p.m.

This is a hands-on baking class, where participants will make a classic Napoleon. No experience needed; you will be guided step-by-step throughout the baking process! *\$10 per person with registration by 5/8.*

Geauga Park District at Chardon Senior Center

Thursday, June 11th from 2:00 – 3:00 p.m.

This month's Park topic will be "Celebrate 250; Geauga in Early Pioneer Times." *FREE, but call 279-2126 to register.*

Geauga Seniors at the Lake County Captains

featuring Geauga Seniors singing the National Anthem on-field prior to the game!

Wednesday, August 12th - 12:05 p.m. first pitch

Get there early to support GDA's own Geauga Renaissance Choral Group perform the National Anthem prior to the game! \$20 includes your game ticket, seating in an air-conditioned suite, and in-suite lunch buffet! Travel is "on your own." *Reserve your ticket today with the Chardon Senior Center.*

Derby Hat Wreath Making Craft Class

Friday, May 29th from 1:00 p.m. – 3:00 p.m.

It's horse racing season, so let's make some "fancy hat" wreaths! Our volunteer, Kathy Evans, will lead this group with creative fun! *\$5 with registration.*

Becky O's Book Club

Monday, May 18th at 1:00 p.m.

May's book is **The Orphan Collector**,
by Ellen Marie Wiseman

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

Dog & Suds Social and Sports Trivia

Friday, May 22nd at 12:00 p.m.

An All-American Picnic Lunch at the Chardon Senior Center that will include hot dogs, apple pie, and root beer! After lunch, we will host a sports trivia challenge; fun and friendly competition! **\$5 with prior registration.**

Textile Arts

Join us for one (or more) of our textile arts!
Seasoned artists and beginners welcomed!

Mondays, from 10 a.m. – 12 p.m. – Rug Hooking

Mondays, from 10 a.m. – 12 p.m. – Quilting and Sewing

Tuesdays, from 10 a.m. – 12 p.m. – Knit and Crochet



What an outstanding St Patrick's Day party at Chardon Senior Center. Geauga Seniors know how to have fun, for sure! Thank you to our entertainers, the Raccoon County Ramblers stringed instrument group ... always a good show!

MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —

Movie and Snacks at Briarcliff Manor

Thursday, May 21st at 2:00 p.m.

Join the Middlefield Seniors at Briarcliff Manor (14807 N State Ave, Middlefield). Enjoy snacks and a beverage while watching a movie in Briarcliff's theater room. **Call 440-632-0611 to register.**

SENIOR PROM

Friday, May 1st from 12:00-2:00 p.m.

Join us for prom! Sit down lunch, dancing and pictures. You do not want to miss this awesome event. Co-sponsored by Burton Health Care. Cost only \$5.00. **Call 440-632-0611 to let us know you will be here!**

Mother's Day Tea and Vintage Wedding Dress Showcase!

Friday, May 15th 11:00 a.m.

Join us as Deb from Perfect Occasions leads us through a beautiful collection of vintage wedding dresses! Tea and lunch to follow. Cost is \$8. **Call to register.**

Knowledge with Dawn

Live Long, Live Well: Blue Zone Secrets

Thursday, May 28th 11:00 a.m.

Discover the powerful lifestyle habits behind longevity in **Live Long, Live Well: Blue Zone Secrets**, inspired by the research of Dan Buettner and the world's longest-living communities. Afterwards, enjoy some delicious, healthy foods that reflect the traditions of these vibrant regions.

Ice Cream Social & Lunch on the Deck

Friday, May 22nd 12:00 p.m.

Join us for ice cream and boxed lunches on the deck. Cost donation. **Call to let us know you will be here!**

Celebrate America 250

History of Abigail Adams and the Adams family

Friday, May 29th at 1:00 p.m.

Gauga County Office Building
12611 Ravenwood Dr. Chardon

Presented by Henry Adams (Direct Desendant)
Department of Art History, Case Western Reserve University.
\$5 must pre-register. 440-632-0611.

Fire safety with the Middlefield Fire Department

Tuesday, May 19th 11:00 a.m.

Join us at the Middlefield Senior Center as the fire department discusses fire safety tips. Lunch on the deck at 12:00 p.m. Cost only \$3.



We had a great time together today singing karaoke, doing blind duet songs, and a mimic of the masked singer! All thanks to the Perfect Occassion Costume Shop!!

WEST GEAUGA SENIOR CENTER EVENTS

Armchair Travel – Italy – “The Cradle of the Renaissance” at WGSC

Thursday afternoons from 1:00-2:30 p.m.

- May 7th
1. Venice - The Center of Power
 2. The Drawing Room of Europe:
Piazza San Marco
 3. The Basilica of San Marco

- May 14th
1. The Ducal Palace
 2. Venetian Civilization
 3. Along the Giudecca and Grand Canals

- May 21st
1. The Upper Grand Canal and San Marco on Foot
 2. The Rialto and Sestiere San Polo
 3. Sestiere Castello and the Outer Islands

END OF This Series

Begin France Through the Ages

- May 28th
1. Point Zero: Charting Our Course
 2. The Birth and Rise of Paris
 3. The Splendor of Versailles



*Hello from the
WG spinners!*

Eat & Educate Presentation w/Dr Maguire

OTC medications (the good, bad and Ugly)

Friday May 29th 12:30-2:00 p.m.

Join us at the West G Senior Center as we warmly welcome back Dr. Michael Maguire, PhD. After retiring from teaching at Case Western Reserve University, Dr. Maguire is eager to continue his passion for education by offering programs within our community. We are thrilled to have him share his expertise with us! His next lecture will be all about over the counter medications. What you know, what you don't know, what you should know, and what you need to know about these medications. A hot lunch will be available from 12:00-12:30 p.m. if you would like to come early and have lunch first. *Let us know if you want the meal when registering for this program. Free event, Call to register 440-279-2163 by 5/18.*

Pinocle with Christine

May 1st & May 15th from 1:00-3:00 p.m.

Join us at West G to play Pinocle with Christine. We will meet twice a month on Fridays for now, and try to build a group here that can meet weekly. If you want to learn how to play this game, Christine will teach you, so don't let that hold you back! *Call if you are coming to play @ 440-279-2163.*

Never Ending Knowledge Series

Wednesdays, 1:00-2:30 p.m. (three 30-minute lectures)

Light snacks and refreshments provided.

Life in the World's Oceans

May 6th

1. Marine Mammal Strandings
2. The Urban Ocean: Human Impact on Marine Life
3. Our role in the Oceans Future

END OF COURSE

BEGIN America's Founding Fathers

May 13th

1. George Washington's Doubts
2. Thomas Mifflin's Congress
3. Robert Morris's Money

May 20th

1. Benjamin Franklin's Leather Apron
2. Thomas Jefferson's Books
3. Daniel Shay's Misbehavior

May 27nd

1. Alexander Hamilton's Republic
2. James Madison's Conference
3. Patrick Henry's Religion

Generation Junction Day

“Where the Generation Gap comes together”

Friday, May 8th - 9:30-1:30 p.m.

Come and enjoy a delightful day of intergenerational activities at the WGSC! We will be hosting the second-grade class from Berkshire Elementary School. The day is dedicated to fostering connections between our seniors and the children through engaging activities. This event is part of the Berkshire Schools Service Day project. Organized activities will be available for both seniors and students to join in. A boxed lunch will be provided for all seniors, and the students will join them with their own bag lunches for a shared meal experience at lunchtime.

WGSC Schedule of events

9:30-10:30 Memory Match Games

10:30-11:30 Drumming with Danny Go!

11:30-1:30 Lunch & Bingo.

Activities will also be scheduled with the ADS Clients.
Call to register by May 4, 440-279-2163.



*Lunch and learn with
Professor Maguire
was a great turnout!
Dr Maguire will return
on May 29th.*

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —



Art with Amy. Our ladies did great on their paintings!

Lunch & Movie

Friday, May 22nd from 12:00-2:00 p.m.

Join us for a hot lunch (meal of the day) followed by the Movie **“The Burial”** This movie, based on true events, (2023) is a courtroom drama based on a true story about a small-town funeral home owner, Jeremiah O’Keefe (Tommy Lee Jones), who hires charismatic personal injury attorney Willie Gary (Jamie Foxx) to sue a predatory corporate giant. The film centers on a “David vs. Goliath” legal battle, exploring corporate greed, race, and injustice. A wonderful story that is gripping, dramatic and funny. Amazing performances across the entire cast and impeccably directed. **Deadline to register is May 11th.**

OSTEOSTRONG – BONE SCANS

MAY is Osteoporosis Awareness Month

Monday, May 11th from 9:00 a.m.- 3:00 p.m.

Know Your Bone Health with Advanced REMS Scanning. Ohio Bone Imaging Solutions will be on-site for a special osteoporosis screening event: For Osteoporosis Awareness Month, we’re offering a \$50 discount on REMS scans. Use discount code CSC-May26 when booking your scan Event Price: \$229 (regularly \$279). Why have a REMS Bone Scanning? REMS is an innovative, ultrasound-based technology designed to evaluate internal bone quality, not just bone density. This deeper insight helps provide a more complete picture of bone health. Understanding internal bone quality can be especially important for early risk detection and long-term bone health planning.

Key Benefits of REMS Scans: No radiation exposure – safe and repeatable, Measures internal bone quality, offering insight beyond standard density tests, Comfortable and non-invasive procedure, Quick scan time with immediate results, Suitable for ongoing bone health monitoring

Limited Appointments Available Call WGSC for details on making an appointment call 440-279-2163.

Beekeeping with The Senderaks

Thursday, May 21st – 12:00-2:00 p.m.

Join us at the WGSC for a presentation by John and Jane Senderak. John will offer an educational talk about the beekeeping adventures of his colony, and Jane will offer the honey talk. FREE Event. **Call to register by May 11th.**

BUS Trip to Rabbit Run Theatre

Friday, June 26th at 4:30 p.m.

We will begin the evening with Dinner at Grand River Cellars Winery at 4:30 p.m., followed by the Performance of **“Steppin Out”** at Rabbit Run Theatre in Madison. Dinner will include chicken breast/Rib combo served with Yukon Gold mashed potatoes, Caribbean vegetables & Dessert, Coffee or Ice Tea beverage included. Any other beverages will be an additional charge. Wine Tasting will NOT be part of this trip. Bus Pick up at the WG Senior Center will depart at 2:30 p.m., with a second pick up departing Chardon Senior Center at 3:30 p.m. Return to the centers after the show will be 11:05 p.m. at Chardon SC & 11:30 p.m. at WGSC. Cost is \$99 per person. **Deadline to register is May 15th. SORRY, NO EXCEPTIONS due to the large group payment policies for this venue. Call with questions 440-279-2163.**

YOGA NIDRA with Darlene

Thursdays from 1:00 to 2:00 p.m.

Yoga Nidra classes, led by Darlene Kelbach, are offered at our WG Center. These classes take place on the 2nd, 3rd, and 4th Thursdays of each month, and also on the 5th Thursday when applicable. Please note that there are no classes on the 1st Thursday of the month. **The cost is \$4 per class, payable to Darlene on the day of the session.**

Lunch & Learn at WGSC Building Brain Healthy Habits

Monday, May 18th at 12:00-1:30 p.m.

Join us here at WGSC as we welcome Vicki Zanella from our ADS program here at WG. A hot lunch (*Meal of the Day*) will be served from 12:00-12:30 p.m., followed by the presentation w/Vicki. Building Brain-Healthy Habits is a research-backed guidance on brain health and the importance of taking action to protect your brain at every age. Participants will gain tips for building brain-healthy habits into their daily lives, including how to build a personalized action plan. This action plan helps identify small, practical steps to start or continue building habits – such as improving diet, increasing physical activity, and improving sleep quality – and how to overcome obstacles so that healthy habits become part of their regular routines. The program will detail the 10 Healthy Habits for Your Brain and highlight the latest research – including recommendations from the U.S. Pointer study. **Registration is REQUIRED no later than May 11th.**

Geauga Menu May 2026

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 SALISBURY STEAK W/GRAVY RICE SWEET CORN DICED CARROTS PEACH FRUIT CUP APPLE-CINNAMON MINI LOAF
4 TERIYAKI CHICKEN W/ VEG FRIED BROWN RICE BROCCOLI MAND ORANGE FRUIT CUP	5 TURKEY BURGER ROASTED POTATOES GREEN BEANS STRAW-BAN APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	6 SWEDISH MEATBALLS w/NOODLES BROCCOLI DICED CARROTS CINNAMON APPLESAUCE CUP BREAD	7 CHICKEN SALAD COLE SLAW THREE BEAN SALAD PINEAPPLE FRUIT CUP WG HAMBURGER BUN	8 MEATLOAF W/GRAVY MASHED POTATOES GREEN PEAS APPLESAUCE CUP BREAD
11 BREADED FISH TATER TOTS GREEN BEANS FRESH APPLE WG HAMBURGER BUN TARTAR SAUCE & KETCHUP PC	12 STUFFED GREEN CABBAGE w/ SPAGHETTI SAUCE GREEN BEANS MASHED POTATOES PEACH FRUIT CUP BREAD	13 BURGER WITH CHEESE ROASTED POTATOES BAKED BEANS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	14 MACARONI & CHEESE BROCCOLI SWEET CORN MANDARIN ORANGE FRUIT CUP APPLE-CINNAMON MINI LOAF	15 GRILLED CHICKEN BREAST GREEN PEAS DICED CARROTS ESCALLOPED APPLES WG HAMBURGER BUN MAYO PC
18 JUMBO RAVIOLI w/SPAGHETTI SAUCE BROCCOLI MIXED VEGETABLES PEAR FRUIT CUP DINNER ROLL	19 BBQ CHICKEN BREAST RICE GREEN BEANS SWEET POTATOES CINNAMON APPLESAUCE CUP WG CORNBREAD LOAF	20 BREADED CHICKEN PATTY BAKED BEANS SWEET CORN MANDARIN ORANGE FRUIT CUP WG HAMBURGER BUN BBQ CUP	21 SLOPPY JOE TATER TOTS DICED CARROTS STRAW-BAN APPLESAUCE CUP WG HAMBURGER BUN	22 MEATBALLS w/PASTA w/SPAGHETTI SAUCE MIXED VEGETABLES PEAR FRUIT CUP BREAD
25 CLOSED Memorial Day	26 TOMATO BASIL CHICKEN PASTA w/SPAGHETTI SAUCE MIXED VEGETABLES MIXED FRUIT CUP DINNER ROLL	27 BONELESS WINGS-6 DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	28 STUFFED GREEN PEPPERS W/SPAGHETTI SAUCE MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	29 SALISBURY STEAK W/GRAVY RICE SWEET CORN DICED CARROTS PEACH FRUIT CUP APPLE-CINNAMON MINI LOAF

Menu Subject to Change. Milk included with each meal.

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Heating Assistance Available

Application Deadline: May 31, 2026



The Ohio Department of Development and Geauga County Department on Aging want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to eight members and 60% of State Median Income for a household of nine or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual's energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2026.

For more information or assistance with applying for a HEAP benefit, contact the Geauga County Department on Aging at (440) 279-2130.

To be connected to your local Energy Assistance Provider, call (800) 282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energyhelp.ohio.gov.

Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the 2026 income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application!

Medicare Savings Programs (MSPs) and Extra Help

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

MEDICAID			QMB			SLMB			QI		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,014	\$2,000	Single	\$1,350	\$9,950	Single	\$1,616	\$9,950	Single	\$1,816	\$9,950
Married	\$1,511	\$3,000	Married	\$1,824	\$14,910	Married	\$2,184	\$14,910	Married	\$2,455	\$14,910

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,235.21 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date(s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2026? Yes ____ No ____

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date(s) _____

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2026? Yes ____ No ____

Other Information: (menu or leave from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts. I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

- I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____
Signature of Participant Date

Refund Policy for the Geauga Department on Aging

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
 12611 Ravenwood Dr., Suite 200
 Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
 440-279-2130 MAY 2026

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.



2026 GC Department on Aging Trash Pick-Up Days!

Local townships, villages and city road crews will again work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors Garages and yards during locally scheduled pick-ups. Seniors **must be registered** with the Department on Aging for 2026 one week prior to the pick-up to be placed on the pickup list. Dates for pick-up days are subject to change, so check the list each month.

Montville Twp	May 7-8
Burton Village	May 8
Claridon Twp	May 13
Burton Twp	May 14-15
Thompson Twp	May 15
Chardon Twp	TBA
Auburn Twp (100)	June 4-5
Huntsburg Twp	June 4-5
Newbury Twp	June 8-10
Parkman Twp	June 25-26
Troy Twp	July 23-24
Village of Middlefield	Aug 13
Russell Twp	Sept. 9-11
Chesterland Twp	Sept. 14-18
City of Chardon	TBA
Middlefield Twp	TBA

PLATINUM PATRONS

The Bramley Family
 in memory of Jim & Joy Bramley & Rob Warren

G Rae Peck in memory of Sigmund Peck

Alan Bialosky in memory of Peggy Bialosky

Robert Beutel and Claudia Euse

Newbury Class Members of 1956

James & Sandra Burzanko in memory of Judge Forrest W. Burt
 Lyn and Carla Svendsen
 Barbara & Edward Wells

Nancy Lynam-Davis in memory of Eileen Schaffert

Ann Busse in memory of Carl & Dorothy Busse

Mr & Mrs Robert Beutel

Erin Wallace in memory of Teddi Wallace

The Sly Fox Motorcycle Club of Northeast Ohio

Gwenn & Daniel Brown

To become a PLATINUM Patron for a year, submit \$110 -
 Please make checks payable to The Geauga County Department on Aging and
 write Newsletter in the memo.