

# The Geauga Senior News



Geauga County Department on Aging

**JUNE 2026**



Please Join Us!  
Geauga County Department on Aging's

## Birthday Party

Friday, August 28, 2026  
11:00 a.m. - 1:30 p.m.

**A party honoring Geauga County residents, age 90+**

Come reminisce with us as we celebrate yesteryear!  
We will have plenty of laughter, live music, lunch,  
and of course, cake! All we need is YOU!

**Held at The Banquet room at St. Mary's  
401 North Street, Chardon**

*Cost is FREE to Geauga County Seniors who are 90+  
\$20.00 for all other Guests and Friends.*



**Western Reserve**  
Area Agency on Aging



**University Hospitals**  
Gauga Medical Center  
*A Campus of UH Regional Hospitals*

To register, send payment and form to:  
Geauga County Dept. on Aging, 12611 Ravenwood Dr., Chardon, OH 44024

Event: **90<sup>th</sup> Birthday Party**  
Register by July 28<sup>th</sup>

Date of Event: **Friday, August 28, 2026**

Cost: **Complimentary to Geauga County Seniors who are 90+  
\$20 for all other guests and friends.**

I have enclosed: \$ \_\_\_\_\_ (required with registration) and/or

My admission is complimentary (90+)

Name: \_\_\_\_\_ Phone # \_\_\_\_\_

If 90+, what is your age? \_\_\_\_\_

If 90+, what is your t-shirt size?

Circle one: S M L XL 2XL

Are you registered with GDA for 2026?  Yes  No

If not a Geauga Senior: I am the guest of this Geauga Senior who is 90+

Name: \_\_\_\_\_ Phone # \_\_\_\_\_

Office: Date Received: \_\_\_\_\_ Staff Initials: \_\_\_\_\_ Receipt#: \_\_\_\_\_ CSC



## Annual Geauga Senior Technology Fair

Friday, August 14<sup>th</sup> from  
10:00 a.m. - 2:00 p.m.

**Berkshire High School**  
14155 Claridon Troy Rd, Burton

There will be guest speakers from the Department of Advanced Research & Cybersecurity, Geauga County Sheriff's Department, and Geauga County Prosecutor's Office to speak about Web Safety, Cyber Scams and Fraud, Password Safety, and more!

Berkshire Students, Staff, and Volunteers will be on site to provide one-on-one technology help with your smart phones, tablets, apps, and more. A variety of vendors will be able to help you individually connect or understand the current technology that is out. Lunch is sponsored by UH Geauga Medical Center. Don't let this opportunity pass you by! Free to Geauga County Senior Citizens registered with GDA.

**You must RSVP for this event  
by calling the Department on  
Aging at 440-279-2130.**



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**Deadline for the news and information items is the 1st of the month prior to publication.**

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and 250 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

### BOARD OF COMMISSIONERS

**Geauga County Ohio**

**JAMES W. DVORAK**

**CAROLYN BRAKEY, Esq**

**RALPH SPIDALIERI**

### LEADERSHIP TEAM

Jessica Boalt – Director

Michelle Warren - In-Home Services Manager

Melissa Wheeler – Senior Centers Supervisor

Karen M. Stone – Administrative Services Manager

## O’ The Joys of Pioneering

Thursday, June 25 at 12:00 - 2:30 p.m.

Veterans Legacy Woods

14085 Ravenna Rd, in Newbury

Dr. Bari Stith will present on “O’ The Joys of Pioneering: Vision and Reality for Women on the Western Reserve Frontier.” In the early years of the 19<sup>th</sup> century, scores of New Englanders packed their wagons and journeyed west, spurred by hopes and dreams of opportunities promised by a fresh landscape that appeared reassuringly familiar. The intersections, as well as the disparities, between what these pioneers envisioned this northeastern Ohio frontier to be and the realities of their lives, particularly for women, provide insight on the spirit of post-revolution Americans, their restless compulsion to possess a wilderness, and the creation of the communities in which we now live. Dr. Bari Stith will also share “Gauga’s Bear Stories” in honor of our **America 250 theme for June – Ohio Outdoors: Exploring Ohio’s Natural Resources.** Gauga’s pioneers, both women and men, enjoyed numerous humorous encounters with bears and lived to tell the tales, as did most of the bears. Although they reminisced about their struggles with timber rattlers and wolves, it’s the bears that really caught their attention and imagination! UH Geauga Medical Center will be providing a free picnic lunch for our event. **Registration is required by calling Magaly Rios at 440-279-2137.**

## Geauga County Veteran Food Pantry

*Serving those who have served*

This is a pantry exclusively for Veterans and their families in Geauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

**As a member, we offer:**

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

**This is our way of giving back to those who have given so much.**

For information about Veteran eligibility and registration, call Geauga County Veterans Services at: 440-279-1860. Services are income/need based.

## Senior Day – The Lion King & Windows on the River

Thursday, July 9<sup>th</sup>

Join the Geauga County Department on Aging for our Annual Senior Day Trip to Windows on the River for lunch and the 1:30pm show of Lion King at Playhouse Square! The Lion King is the World's #1 musical; you won't want to miss this show! Motor Coach Transportation sponsored by Ohman Family Living.

*Lunch Options:* All entrees accompanied by rolls, butter, fresh market salad, baby redskin herbed potatoes, green beans almondine, freshly brewed coffee & specialty teas, and cheesecake with raspberry sauce.

**Chicken Marsala** - Sauteed chicken breast with fresh mushrooms and marsala wine sauce.

**Herb-Crusted Atlantic Salmon** - Roasted salmon filet accompanied by cucumber dill sauce.

**Lasagna Roll-Up** - Layers of pasta with fresh vegetables and ricotta cheese topped with salsa rosa sauce.

**Bainbridge Senior Center:** 11751 Chillicothe Rd, Chagrin Falls, – Depart at 10:30 a.m.

**Chardon Senior Center:** 470 Center St, Building 8, Chardon – Depart at 10:15 a.m.

**Gauga County Fairgrounds:** 14373 N. Cheshire St. Burton – Depart at 10:00 a.m.

**West Geauga Senior Center:** 8090 Cedar Rd, Chesterland, – Depart at 10:15 a.m.

**Return time is approximately 5:00 p.m. to all locations.**

**Trip Requirements:** Must be able to go up and down motorcoach bus steps and navigate through Playhouse Square and Windows on the River. Our tickets are in Orchestra AA-KK – Main Floor. Cost: \$124 per person – Price includes show tickets, transportation, meal, and gratuity. Please bring cash to tip the bus driver.

*Please indicate on your registration form your lunch entrée and pick-up location. Questions? Call Melissa Wheeler at 440-382-5833.*

## Do You Qualify for Geauga County Water Resources Reduction Program?

Gauga County Seniors, age sixty (60) years of age and older, can apply for assistance with their water or sewer bill. Seniors who qualify must have an income of 175% Federal Poverty Level or less and receive a bill from the Geauga County Department of Water Resources (GCDWR) for water or sewer. *Call the Geauga County Dept. on Aging, at (440) 279-2130, for additional details and/or to determine if you're eligible. The application period runs from April 1 - May 30, 2026. So don't wait, call today.*

## Geauga Cyclists • Tuesdays at 9:00 a.m.

Beginning in May, The Department on Aging and UH Geauga Medical Center will hold weekly bicycle rides for senior citizens. We ride between 10 and 15 miles on different parts of the Maple Highlands Trail. Transportation is on your own, and you must bring your own bike. Please wear helmets for safety, carry water, and follow park etiquette. *Please call Melissa Wheeler for the 6-month schedule at 440-279-2167.*

DATE	PARK & PARKING
6/2	<b>Claridon Woodlands</b> 11383 Claridon Troy Rd, Chardon
6/9	<b>SPECIAL BIKE TRIP WR Greenway Trail at 10 a.m.</b> Pavement for approx. 16 miles 2773 State Rt 307, Austinburg 44010 <b>Afterwards, Lunch at Ferrante's</b> 5585 State Rt 307, Geneva 44041
6/16	<b>Chardon Bike Trailhead</b> 312 Park Ave, Chardon
6/23	<b>Dollar General</b> 15894 W High St, Middlefield 44062 <b>Breakfast Beforehand at 8:00 a.m. at C's Cafe</b> 15916 W High St, Middlefield
6/30	<b>Headwaters Park</b> 13365 Old State Rd, Huntsburg 44046 Park in the first parking lot when you pull in.

## Thompson – Concerts on the Square

Thompson Activities will be hosting concerts this summer on Thompson Square (6740 Madison Rd, Thompson). Open to the public, and free! Well-behaved pets are welcome. The Geauga Department on Aging will be set up with a table at all concerts for seniors to stop by and learn about our services and senior center programs. Refreshments available by local organizations for a donation. Bring your own lawn chairs to sit and enjoy the music!

**Tuesday, June 9<sup>th</sup> at 7:00 p.m. -**

**Thunder Creek** (Oldies Rock, Classic Rock, Rockabilly)  
Thompson Church on the Square – Refreshments

**Tuesday, July 14<sup>th</sup> at 7:00 p.m. -**

**Big North Band** (Country)  
St. Patrick's Church – Refreshments

**Sunday, July 26<sup>th</sup> at 2:00 p.m. -**

**Gauga County Fair Band,**  
Gauga County Department on Aging – Refreshments

**Tuesday, August 11<sup>th</sup> at 7:00 p.m. -**

**Glass House** (60s to 2010s hits),  
Thompson Garden Club - Refreshments

**Summer Wellness Series — All Things Sun**  
**Wednesday, June 3<sup>rd</sup> - 5:00 p.m.**

Held at UH Geauga Medical Center (13207 Ravenna Rd, Chardon) in the Conference Center. UH Geauga Physician will present on dehydration, electrolyte abnormalities, heat stroke and heat exhaustion, sunburn and skin cancer risk factors. *Call UH Geauga at 440-214-3180 to register. Free.*

**Free Lunch & Movie**

**Thursday, June 4<sup>th</sup> - 12:00 p.m.**

UH Geauga Age Well Be Well Program. Hosted at West Geauga Senior Center (8090 Cedar Rd, Chesterland) *Call 440-214-3180 to register. Free.*

**Gut Health Presentation**

**Thursday, June 11<sup>th</sup> - 1:00 p.m.**

Held at UH Geauga Medical Center (13207 Ravenna Rd, Chardon) in the Conference Center. Join Dr. Lily Sitisa for an informative session on gut health. Gut health refers to the balance and function of microorganisms in your digestive system, which plays a key role in digestion, immunity, and even mood. Foods rich in fiber, like fruits, vegetables, and whole grains, can support regular bowel movements, while highly processed foods may disrupt this balance. Refreshments provided. *Call UH Geauga at 440-214-3180 to register. Free.*

**Medicare 101**

**Monday, June 15<sup>th</sup> - 1:30 p.m.**

The Geauga County Department on Aging and Representatives from OSHIIP (Ohio Senior Health Insurance Information Program) will provide an easy-to-understand overview of Medicare, including the different coverage options, how they compare, and what to consider when choosing a plan. This is a great opportunity to get reliable, unbiased information and feel more confident navigating your Medicare choices. Refreshments and snacks provided. *Registration is required by calling Melissa Wheeler at 440-279-2167. Free.*

**Gaugua Cyclists:**

**Tuesdays (May-Oct) - 9:00 a.m.**

The Department on Aging and UH Geauga Medical Center hold weekly bicycle rides for senior citizens on the Maple Highlands Trail at different starting locations. We ride between 10 and 15 miles. Please wear helmets for safety, carry water, and follow park etiquette. *Please call Melissa Wheeler for the 6 month schedule at 440-279-2167. Free.*

**Walking for Wellness:**

**Thursdays (May-Oct) - 9:00 a.m.**

Goal is 3 miles per walk. *Call Magaly Rios for our 6 month summer walking schedule at 440-279-2137. Free.*



**JUNE 2026**

<b>MONDAY</b>		<b>TUESDAY</b>	
<b>1</b>		<b>2</b>	
9:30-11:00	Parkinson's Boxing CSC	9:00-10:30	Geauga Cyclists OS
		1:00-2:30	Geauga Walkers OS
11:00-12:00	Balance Exercise CSC & VT		
<b>8</b>		<b>9</b>	
9:30-11:00	Parkinson's Boxing CSC	10:00-1:00	Geauga Cyclists Trip OS
		1:00-2:30	Geauga Walkers OS
11:00-12:00	Balance Exercise CSC & VT	7:00-9:00	Thompson Square Concert OS
<b>15</b>		<b>16</b>	
9:30-11:00	Parkinson's Boxing CSC	9:00-10:30	Geauga Cyclists OS
		1:00-2:00	Parkinsons & Diabetes SG CSC
11:00-12:00	Balance Exercise CSC & VT	1:00-2:30	Geauga Walkers OS
1:30-2:30	Medicare 101 GCOB		
<b>22</b>		<b>23</b>	
9:30-11:00	Parkinson's Boxing CSC	8:00-10:30	Breakfast & Geauga Cyclists OS
		1:00-2:30	Geauga Walkers OS
11:00-12:00	Balance Exercise CSC & VT		
<b>29</b>		<b>30</b>	
9:30-11:00	Parkinson's Boxing CSC	9:00-10:30	Geauga Cyclists OS
		1:00-2:30	Geauga Walkers OS
11:00-12:00	Balance Exercise CSC & VT		



# SENIOR COMMUNITY EVENTS

Geauga County  
Department on Aging

WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>
9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 11:30-12:30 GW Book Club GWL 5:00-6:30 Summer Wellness Series UHG	9:00-10:30 Walking for Wellness OS 12:00-2:30 Lunch & Movie WG	9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC
<b>10</b>	<b>11</b>	<b>12</b>
9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	9:00-10:30 Walking for Wellness OS 1:00-2:00 Gut Health Presentation UHG 1:30-2:30 Burton Book Club BPL	9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC
<b>17</b>	<b>18</b>	<b>19</b>
9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 11:00-1:00 Grandparent's Day OS 3:00-4:30 Simple Cooking UHG	9:00-10:30 Walking for Wellness OS 9:00-12:00 GPD Elderberries OS	 <b>OFFICES CLOSED JUNETEENTH HOLIDAY</b>
<b>24</b>	<b>25</b>	<b>26</b>
9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	9:00-10:30 Walking for Wellness OS 12:00-2:30 O'The Joys of Pioneering OS	9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT

## Health & Safety Day

Saturday, June 27<sup>th</sup>  
9:00 a.m.-1:00 p.m.

UH Geauga Medical Center  
13207 Ravenna Rd, Chardon 44024

Join GDA and UH Geauga for a FREE family-friendly community event celebrating wellness!

Melissa Wheeler  
*Senior Centers' Manager*  
440-279-2167

Magaly Rios  
*Assistant Senior Centers' Manager*  
440-279-2137

BHS Berkshire High School  
BPL Burton Public Library  
CSC Chardon Senior Center  
GCOB Geauga County Office Building  
GWL Geauga West Library  
OH Ohman Family Living at Holly  
OS Off-site  
UHG UH Geauga Medical Campus  
VT Virtual Teams (Online)  
WG West Geauga Senior Center

# BAINBRIDGE BULLETIN

**CLOSED 6/19 IN HONOR OF JUNETEENTH, FREEDOM DAY**

## BIG BREAKFAST

**Thursday, June 25<sup>th</sup>**

Join BSC for our monthly big breakfast. Veterans & June birthdays are free to attend. The cost is \$5 for everyone else. *On the menu:* Pancakes and bacon. Donuts by Med Minder! *Please RSVP by 6/22.*

## WOODCARVER'S WORKSHOP

Fellow senior John Hagan is leading a weekly wood carver's workshop right here at BSC on Tuesday afternoons. Experts to beginners, all are welcome! Call to sign up!

## JACK CASINO TRIP

**Friday, August 28<sup>th</sup>**

Join us on a trip to JACK Casino in Downtown Cleveland! *More detailed info on page 16.*

## FRIDAY FILMS

**Every Friday at 12:00 p.m.**

Enjoy a lunch and movie free of charge. June's theme is **The Boys of Summer—True Baseball Stories.** *Reservations are not required but encouraged to ensure a meal for all attendees.*

## NEW SEPTIC REGULATIONS LUNCH & LEARN

**Wednesday, June 10<sup>th</sup> - 12:30 p.m. at BSC**

Presented by Geauga Public Health, this presentation will get you up to speed and answer questions about the new state mandates regarding the maintenance of your septic system. **FREE, but registration required. Call BSC to reserve your spot!**

## A250—OHIO'S NATURAL RESOURCES

**Monday, June 15<sup>th</sup> - 12:00 p.m.**

**FREE Lunch & Learn: All About the Bees**  
Location: BSC

**Wednesday, June 17<sup>th</sup> - 10:00 a.m.**

**FREE Hike & Birdwatching at Punderson State Park.** Meet at Marina Parking Lot

**Tuesday, June 23<sup>rd</sup> - 11:30 a.m.**

**FREE Lunch & Learn: Trailblazers of the Heartland.** Location: BSC

**Thursday, June 25<sup>th</sup> - 12:00 p.m.**

**FREE Lunch & Learn: Butterfly Gardening & Hike,** Location: West Woods Nature Center  
*More detailed info about each event on page 16.*

## BSC BOOK CLUB

**Thursday, June 18<sup>th</sup> - 1:00 p.m.**

Led by Cheryl Mullins, Head of Adult Services at Geauga West. For June, we will be reading **Spectacular Things** by Beck Dorey-Stein. *Call BSC to register.*

## GEAUGA PARK DISTRICT

**Friday June 12<sup>th</sup> - 12:00 p.m.**

Join us for lunch from the Topsy Bull and learn about what Geauga County was like for it's first European settlers. *Register and place your self-pay lunch order with the Topsy Bull by 6/9!*



# JUNE 2026

MONDAY		TUESDAY	
<b>1</b>		<b>2</b>	
8:30-9:30	All-Around Exercise (\$3)	9:45-10:15	Balance Class
9:40-10:25	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming
10:00-2:00	Poker	10:00-12:00	Mexican Train
12:00-12:30	Lunch	10:00-3:00	Mahjong
1:30-3:00	Senior Sing-Along	12:00-1:00	Social Work Appts.
		1:00-2:30	Wii Bowling League
		1:00-3:30	WoodCarver's Workshop
<b>8</b>		<b>9</b>	
8:30-9:30	All-Around Exercise (\$3)	9:45-10:15	Balance Class
9:40-10:25	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming
10:00-2:00	Poker	10:00-12:00	Mexican Train
12:00-12:30	Lunch	10:00-3:00	Mahjong
1:30-3:00	Senior Sing-Along	1:00-2:30	Wii Bowling League
		1:00-3:30	WoodCarver's Workshop
<b>15</b>		<b>16</b>	
8:30-9:30	All-Around Exercise (\$3)	9:45-10:15	Balance Class
9:40-10:25	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming
9:00-2:00	Reliable Nurse Foot Care	10:00-12:00	Mexican Train
10:00-2:00	Poker	10:00-3:00	Mahjong
12:00 -1:30	A250 - All About the Bees Lunch & Learn	1:00-2:30	Wii Bowling League
12:00-12:30	Lunch	1:00-3:30	WoodCarver's Workshop
1:30-3:00	Senior Sing-Along		
<b>22</b>		<b>23</b>	
8:30-9:30	All-Around Exercise (\$3)	9:45-10:15	Balance Class
9:40-10:25	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming
10:00-2:00	Poker	10:00-12:00	Mexican Train
12:00-12:30	Lunch	11:30-1:00	FREE Lunch & Learn w/ ODNR, Buckeye Trail
1:30-3:00	Senior Sing-Along	10:00-3:00	Mahjong
		1:00-2:30	Wii Bowling League
		1:00-3:30	WoodCarver's Workshop
<b>29</b>		<b>30</b>	
8:30-9:30	All-Around Exercise (\$3)	9:45-10:15	Balance Class
9:40-10:25	Chair Yoga-cise (\$3)	10:30-11:00	Cardio Drumming
10:00-2:00	Poker	10:00-12:00	Mexican Train
12:00-12:30	Lunch	10:00-2:00	Mahjong
1:30-3:00	Senior Sing-Along		

# BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

## WEDNESDAY

## THURSDAY

## FRIDAY

8:30-9:30 All-Around Exercise (\$3) **3**  
 9:40-10:25 Chair Yoga-cise (\$3)  
 10:00-12:00 Diamond Painting  
 10:00-3:00 Canasta  
 10:30-11:00 Beginner Line Dancing  
 11:00-12:00 Line Dancing  
 11:00-12:00 Bingo w/ Cindy from  
 Caring Senior Choices  
 12:30- 2:30 OTL Group - (Silver Creek  
 Grille—Aurora)

9:45-10:15 Balance Class **4**  
 10:30-11:00 Cardio Drumming  
 10:00-12:00 Knit and Crochet  
 10:00-3:00 Pinochle —  
 NEW PLAYERS WELCOME  
 12:00-12:30 Lunch

8:30-9:30 All-Around Exercise (\$3) **5**  
 9:40-10:25 Chair Yoga-cise (\$3)  
 10:00-12:00 Mahjong  
 12:00-2:30 Lunch & a Movie  
 (The Rookie—2002)

8:30-9:30 All-Around Exercise (\$3) **10**  
 9:40-10:25 Chair Yoga-cise (\$3)  
 10:00-12:00 Diamond Painting  
 10:00-3:00 Canasta  
 10:30-11:00 Beginner Line Dancing  
 11:00-12:00 Line Dancing  
 11:00-12:00 Bingo w/ King David Nursing  
 12:30-2:00 Septic Mtc Lunch & Learn  
 12:30-2:30 OTL Group  
 (Plaza Agave—Chagrin Falls)  
 1:30-3:00 ALZ Support Group

9:45-10:15 Balance Class **11**  
 10:30-11:00 Cardio Drumming  
 10:00-12:00 Knit and Crochet  
 10:00-3:00 Pinochle NEW PLAYERS  
 WELCOME  
 12:30-2:00 Art Classes w/ Fairmount

8:30-9:30 All-Around Exercise \$3 **12**  
 9:40-10:25 Chair Yoga-cise \$3  
 10:00-12:00 Mahjong  
 12:00-2:00 Geauga Park District  
 12:00-2:30 Lunch & a Movie  
 (42—2013)

8:30-9:30 All-Around Exercise \$3 **17**  
 9:40-10:25 Chair Yoga-cise \$3  
 10:00-12:00 Diamond Painting  
 10:00-3:00 Canasta  
 10:00-1:30 A250 Short Guided Hike &  
 Birdwatching at Punderson, brown bag lunch  
 10:30-11:00 Beginner Line Dancing  
 11:00-12:00 Line Dancing  
 11:00-12:00 Bingo w/ Home Instead  
 12:30- 2:30 OTL Group (D'Angelo's  
 Ristorante—Twinsburg)

9:45-10:15 Balance Class **18**  
 10:30-11:00 Cardio Drumming  
 10:00-12:00 Knit and Crochet  
 10:00-3:00 Pinochle  
 NEW PLAYERS WELCOME  
 12:00-12:30 Lunch  
 12:30-2:30 SCRABBLE  
 1:00-2:00 BSC Book Club w/ GPCL



**OFFICES CLOSED - JUNETEENTH**

8:30-9:30 All-Around Exercise (\$3) **24**  
 9:40-10:25 Chair Yoga-cise (\$3)  
 10:00-12:00 Diamond Painting  
 10:00-3:00 Canasta  
 10:30-11:00 Beginner Line Dancing  
 11:00-12:00 Line Dancing  
 11:00-12:00 Bingo w/ Comfort Keepers  
 12:30- 2:30 OTL Group  
 (Fun Buffet—Twinsburg)

9:00-10:00 BIG BREAKFAST **25**  
*\*Registration required\* Donuts by Med Minder*  
 10:00-12:00 Knit and Crochet  
 10:00-3:00 Pinochle  
 NEW PLAYERS WELCOME  
 12:00-2:30 A250 West Woods  
 Butterfly Gardening and Hike  
 (on site at West Woods Nature Center)  
 12:00-12:30 Lunch

8:30-9:30 All-Around Exercise \$3 **26**  
 9:40-10:25 Chair Yoga-cise \$3  
 10:00-12:00 Mahjong  
 12:00-2:30 Lunch & a Movie  
 (Eight Men Out—1988)

**Keri Skrtic**  
*Recreation & Education*  
*Coordinator*

**Matt Samardge**  
*Recreation & Education*  
*Assistant*

# CHARDON SENIOR CENTER

## Social Worker Appointments

Friday, June 5<sup>th</sup>

### Photo Club Organizational Meeting

at Chardon Senior Center

Friday, June 5<sup>th</sup>

### Out to Lunch on the Patio at Redhawk in Concord

Tuesday, June 9<sup>th</sup>

### CLE Guardians Baseball Game Trip

Wednesday, June 10<sup>th</sup>

Leaving from Chardon Senior Center

### Breakfast Club at Bob Evan's

Thursday, June 11<sup>th</sup>

\$ - on your own

### Geauga Park District Program

Thursday, June 11<sup>th</sup> (Free)

### Make, Bake, and Take Class

Tuesday, June 16<sup>th</sup>

American Heritage  
Fresh Fruit Dessert (\$12)

### Banned Books Presentation by Kathie Doyle

Thursday, June 18<sup>th</sup> (Free)

### Elvis at Hartville Trip

Thursday, June 18<sup>th</sup>

Leaving from Chardon Senior Center

### Growing Great Garlic Presentation

Tuesday, June 23<sup>rd</sup> (Free)

### Salad and Sandwich Lunch

Thursday, June 25<sup>th</sup> (\$5)

### Birthday Bingo and Pizza Party

Friday, June 26<sup>th</sup> (\$2)

### Becky O's Book Club

Monday, June 29<sup>th</sup>

A Marriage at Sea  
by Sophie Elmhirst



Geauga County  
Department on Aging

# JUNE 2026

MONDAY		TUESDAY	
8:00-9:00	Chair Volleyball <b>1</b>	9:00-11:30	Woodcarving <b>2</b>
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 Off Site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking / Quilting	11:00-12:00	Balance Exercises
11:00-11:45	Balance Exercises	12:30-4:00	Rummikub
11:00-11:45	Strength Training \$2	2:00-3:30	Raccoon County Ramblers Practice
1:00	Diamond Art / Tech. Help		
8:00-9:00	Chair Volleyball <b>8</b>	9:00-11:30	Woodcarving <b>9</b>
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 Off Site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking / Quilting	11:00-12:00	Balance Exercises
11:00-11:45	Balance Exercises	12:00	Out to Lunch on the Patio at Redhawk
11:00-11:45	Strength Training \$2	12:30-4:00	Rummikub
1:00	Diamond Art / Tech. Help	2:00-3:30	Raccoon County Ramblers Practice
8:00-9:00	Chair Volleyball <b>15</b>	9:00-11:30	Woodcarving <b>16</b>
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 Off Site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking/Quilting	11:00-12:00	Balance Exercises
11:00-11:45	Balance Exercises	12:30-1:30	Rummikub
11:00-11:45	Strength Training \$2	1:00-3:00	Baking Class \$12
1:00	Diamond Art/ Tech Help Appts.	2:00-3:30	Raccoon County Ramblers Practice
8:00-9:00	Chair Volleyball <b>22</b>	9:00-11:30	Woodcarving <b>23</b>
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 off site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking/Quilting	11:00-12:00	Balance Exercises
11:00-11:45	Balance Exercise	12:00-1:30	Raccoon County Ramblers Practice
11:00	Strength Training ON BREAK	12:30-4:00	Rummikub
1:00	Diamond Art/ Tech Help Appts.	1:00-2:00	Growing Garlic Program
8:00-9:00	Chair Volleyball <b>29</b>	9:00-11:30	Woodcarving <b>30</b>
9:30-10:30	Chess Club	10:00-12:00	Knit and Crochet
10:00-11:00	Line Dancing \$3 Off Site	10:00-10:45	Tai Chi \$3
10:00-12:00	Rug Hooking/Quilting	11:00-12:00	Balance Exercises
11:00-11:45	Balance Exercise	12:30-1:30	Rummikub
11:00-11:45	Strength Training \$2	2:00-3:30	Raccoon County Ramblers Practice
1:00	Diamond Art/ Tech Help Appts.		
1:00	Becky O's Book Club		

**Senior Center Closed  
at 2:00 p.m. Today**

# CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

## WEDNESDAY

## THURSDAY

## FRIDAY

<p>8:00 Sports Talk <b>3</b> Coffee Hour</p> <p>9:00-11:00 Pinochle</p> <p>11:00-12:00 "Marbles &amp; Jokers"</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercises</p> <p>12:45-2:00 Chair Volleyball</p> <p>1:00-4:00 Mah Jongg</p>	<p>10:00-12:00 Mah Jongg Lessons <b>4</b></p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercises</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 "Marbles &amp; Jokers"</p> <p>1:30-3:30 Line Dancing \$5 (off site)</p>	<p>9:30-11:30 Stained Glass <b>5</b></p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-12:00 Balance Exercise</p> <p>1:00 Social Worker Appts.</p> <p>1:00 Photo Club</p> <p>1:00-4:00 Bridge / Rummikub</p> <p>1:30-2:30 Cardio-Drum Video</p> <p>2:30-3:30 Cornhole</p>
<p>8:00 Sports Talk <b>10</b> Coffee Hour</p> <p>9:00-11:00 Pinochle</p> <p>11:00-12:00 "Marbles &amp; Jokers"</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercises</p> <p>12:45-2:00 Chair Volleyball</p> <p>1:00-4:00 Mah Jongg</p> <p><b>CLE BASEBALL GAME TRIP!</b></p>	<p>9:00-11:00 Mah Jongg <b>11</b> Lessons</p> <p>9:30 B'fast @ Bob Evan's \$</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercises</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 Marbles &amp; Jokers</p> <p>1:30-3:30 Line Dancing \$5 off site</p> <p>2:00-3:00 GPD Presentation</p>	<p><b>12</b></p> <p>9:30-11:30 Stained Glass</p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-12:00 Balance Exercise</p> <p>1:00-4:00 Bridge / Rummikub</p> <p>1:30-2:30 Cardio-Drum Video</p> <p>2:30-3:30 Cornhole</p>
<p>8:00 Sports Talk <b>17</b> Coffee Hour</p> <p>9:00-11:00 Pinochle</p> <p>11:00-12:00 "Marbles &amp; Jokers"</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercises</p> <p>12:45-2:00 Chair Volleyball</p> <p>1:00-4:00 Mah Jongg</p>	<p>10:00-12:00 Mah Jongg Lessons <b>18</b></p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 NO Balance Exercises</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 "Marbles &amp; Jokers"</p> <p>12:30- Banned Books Presentation</p> <p>1:30-3:30 Line Dancing \$5 off site</p> <p><b>ELVIS AT HARTVILLE TRIP!</b></p>	<p><b>19</b></p> <p><b>SENIOR CENTER CLOSED TODAY</b></p>
<p>8:00 Sports Talk <b>24</b> Coffee Hour</p> <p>9:00-11:00 Pinochle</p> <p>11:00-12:00 "Marbles &amp; Jokers"</p> <p>11:00-11:45 Strength Training \$2</p> <p>11:00-12:00 Balance Exercises</p> <p>12:45-2:00 Chair Volleyball</p> <p>1:00-4:00 Mah Jongg</p>	<p>9:00-11:00 Mah Jongg Lessons <b>25</b></p> <p>10:00-11:00 Sunshine Committee</p> <p>10:30-12:00 Choral Group</p> <p>11:00-11:45 Balance Exercises</p> <p>12:00-12:30 Salad and Sandwich Lunch \$5</p> <p>12:15-4:00 Duplicate Bridge</p> <p>12:30-4:00 "Marbles &amp; Jokers"</p> <p>1:30-3:30 Line Dancing \$5 (off site)</p>	<p><b>26</b></p> <p>9:30-11:30 Stained Glass</p> <p>9:30-10:30 Chair Volleyball</p> <p>11:00-12:00 Balance Exercise</p> <p>1:00-4:00 Bridge</p> <p>1:00-4:00 Rummikub</p> <p>1:30-2:30 Cardio-Drum Video</p> <p>2:30-3:30 Cornhole</p>

Becky O'Reilly  
*Recreation & Ed. Coordinator*

Jackie Kleve  
Chris Mackar  
Valerie Garland

*Recreation & Education  
Assistants*

Beth Oliverio  
*Information and Referral  
Assistant*

Ellie Rickard  
*Food Service Coordinator*

**Call Chardon Senior Center to  
register for any of our events,  
lunches, or classes!**

**Lunches must be ordered by  
the "Monday one week prior  
to" when you would like to  
join us for lunch.**

# MIDDLEFIELD SENIOR CENTER

## Monday Crafts

- 1<sup>st</sup> Rock Painting (Donation)
- 8<sup>th</sup> Butterfly Luminary (\$5)
- 15<sup>th</sup> Gardening Club
- 22<sup>nd</sup> Floral Dreamcatcher (\$5)
- 29<sup>th</sup> Crafting with Marsha

## Touring with Ginny

**Friday, June 5<sup>th</sup> - 10:00 a.m.**  
 Lake Farm Parks, limited space.  
 Cost on your own.

## Senior Scams

**Thursday, June 11<sup>th</sup> - 11:00 a.m.**  
 Presented by the MF Police Depart.  
 Learn about new and on going scams.

## Hot Dogs and Ice-cream on the Back Deck!

**Friday, June 12<sup>th</sup> - 12:00 Noon**  
 Come and enjoy the back deck! (\$5)

## Middlefield Annual Strawberry Festival!

**Wednesday, June 17<sup>th</sup> - 12:00 Noon**  
 Come for the food and stay for the games, everything strawberry! \$5

## Bring a Friend Big or Small

**Thursday, June 18<sup>th</sup> - 11:00 a.m.**  
 Join us for a dinosaur meet and greet put on by perfect occasions! \$5 per person, limit to 2 friends per senior. Cook out lunch served at 12:00 p.m.

## Pop Up Pancake Breakfast

**Monday, June 22<sup>nd</sup> - 10:00 a.m.**  
 Summer Solstice presentation.

## Knowledge with Dawn – Brain Health

**Tuesday, June 23<sup>rd</sup> - 11:00 a.m.**  
 Fun games and activities.

## Kathie Doyle Presents World of Spies

**Friday, June 26<sup>th</sup> - 10:30 a.m.**  
 Monthly breakfast served at 10:00 a.m.  
 Always homemade! \$3



# JUNE 2026

MONDAY		TUESDAY	
<b>1</b>		<b>2</b>	
10 am	Crafting Club	9 am	Mexican Train
11 am	Balance Exercise	10 am	Chair Yoga Video
12 pm	Lunch	11 am	Line Dancing \$3
12 -3 pm	Painting Pals	12 pm	Lunch
1pm	Crafting - Rock Painting (Donation)	1 pm	Chair Volleyball
<b>8</b>		<b>9</b>	
10 am	Crafting Club	9 am	Mexican Train
11 am	Balance Exercise	10 am	Chair Yoga Video
12 pm	Lunch	11 am	Line Dancing \$3
12 -3 pm	Painting Pals	12 pm	Lunch
1pm	Crafting - Butterfly luminary \$5	1 pm	Chair Volleyball
<b>15</b>		<b>16</b>	
10 am	Crafting Club	9 am	Mexican Train
11 am	Balance Exercise	10 am	Chair Yoga Video
12 pm	Lunch	11 am	Line Dancing \$3
12 -3 pm	Painting Pals	12 pm	Lunch
1pm	Crafting - Gardening Club with Ginny!	1 pm	Chair Volleyball
<b>22</b>		<b>23</b>	
10 am	Pop Up Pancake Breakfast & Summer Solstice Presentation	9 am	Chair Yoga Video
11 am	Balance Exercise	10 am	Line Dancing \$3
12 pm	Lunch	11 am	Knowledge with Dawn Brain Health Lunch
12-3 pm	Painting Pals	1 pm	Chair Volleyball
1 pm	Crafting		
<b>29</b>		<b>30</b>	
10 am	Crafting Club	9 am	Mexican Train
11am	Balance Exercise	10 am	Chair Yoga Video
12 pm	Lunch	11 am	Line Dancing \$3
12-3 pm	Painting Pals	12 pm	Lunch
1 pm	Crafting with Marsha (Donation)	1pm	Chair Volleyball

**MIDDLEFIELD SENIOR CENTER** 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;"><b>3</b></p> <p>10 am Balance Exercise                      11 am BINGO                      12 pm Lunch                      1 pm Trivia</p>	<p style="text-align: right;"><b>4</b></p> <p>10 am Chair Zumba Video                      11 am Mexican Train                      12 pm Lunch                      1 pm Chair Volleyball</p>	<p style="text-align: right;"><b>5</b></p> <p>10 am Chair Yoga Video                      10 am Touring with Ginny                      Lake Farm Parks                      12 pm Lunch                      1 pm Chair Volleyball</p>
<p style="text-align: right;"><b>10</b></p> <p>8 am Social Work Appointments                      10 am Balance Exercise                      11 am BINGO  <i>Sponsored by Inn at the Pines</i>                      12 pm Lunch                      1 pm Trivia</p>	<p style="text-align: right;"><b>11</b></p> <p>10 am Chair Zumba Video                      11 am Senior Scams with                      Middlefield Police                      12 pm Lunch                      1 pm Chair Volleyball</p>	<p style="text-align: right;"><b>12</b></p> <p>10 am Chair Yoga Video                      12 pm Hot Dogs &amp; Ice Cream                      On the Deck \$5                      12 pm Lunch                      1 pm Chair Volleyball</p>
<p style="text-align: right;"><b>17</b></p> <p>10 am Balance Exercise                      11 am BINGO with Dawn                      12 pm Strawberry Festival \$5                      1pm Games</p>	<p style="text-align: right;"><b>18</b></p> <p>11 am Bring a friend big or small!                      Dinosaur Meet at Greet                      \$5 per person                      Limit 2 friends per seniors                      1 pm Chair Volleyball at the                      Pavilion.</p>	<p style="text-align: right;"><b>19</b></p> <div style="text-align: center;">  <p><b>JUNETEENTH</b></p> <p>OFFICES CLOSED</p> </div>
<p style="text-align: right;"><b>24</b></p> <p>10 am Balance Exercise                      11 am Trivia                      12 pm Lunch                      1 pm BINGO Sponsored by                      Burton Health Care</p>	<p style="text-align: right;"><b>25</b></p> <p>10 am Chair Zumba Video                      11 am Mexican Train                      12 pm Lunch                      1 pm Chair Volleyball                      2 pm Movie at Briar                      (Song Sung Blue)</p>	<p style="text-align: right;"><b>26</b></p> <p>10 am Monthly Breakfast \$3                      10:30 am Kathie Doyle                      World of Spies                      12 pm Lunch                      1 pm Chair Volleyball</p>

Hannah Heinz  
*Recreation &  
 Education Coordinator*

Ginny Lester  
*Recreation &  
 Education Assistant*

Please call to register  
 for lunch, crafting &  
 special events.  
 440-632-0611.

# WEST GEAUGA SENIOR CENTER

## Hands ONLY CPR Training

Monday, June 8<sup>th</sup> - 1:00-2:00 p.m.

Join a registered nurse from UH Geauga Hospital at WGSC for an informative session on a life-saving technique. In this one-hour class, you will learn the fundamentals of the hands-only CPR approach.

*Registration required.*

## Geauga Parks Presentation

Tuesday, June 9<sup>th</sup> - 11:00 a.m. - 12:00 p.m.

Join us for a presentation by a GPD Naturalist here at WGSC. As we celebrate our Nation's 250th anniversary, learn about what Ohio was like when settlers first arrived in what would be- come Geauga County, Ohio. Learn about the conditions they faced and what wildlife and habitats existed at that time. *Registration required by June 2<sup>nd</sup>. 440-279-2163.*

## Breakfast & Brain Games

Thursday, June 11<sup>th</sup> - 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of French toast sticks, fried cubed ham, hashbrown patty, fresh fruit and beverage. Cognitive building Brain Games will follow. Cost \$6 *Registration Required. Deadline is June 8<sup>th</sup>.*

## Lunch & TV Game Show Afternoon

Friday, June 12<sup>th</sup> - 12:00-2:00 p.m.

Come and enjoy a pizza lunch including ice cream and beverages, followed by an exciting session of interactive TV game shows.

Experience digitally crafted, life-like versions of popular games such as "Jeopardy" and "Wheel of Fortune." We'll form teams to participate, ensuring a fun-filled experience for everyone!

*Registration is required by June 8<sup>th</sup>.*

## Lunch & Learn w/Professor Maguire

Thursday, June 25<sup>th</sup> - 12:00-2:00 p.m.

Join us here at WGSC for an educational presentation from Dr Maguire. This month he will discuss the "COVID" topic. This will include the scientific side of this virus and the 2020 pandemic. A hot lunch will be available from 12:00-12:30 p.m., and the presentation will immediately follow. *Registration is required, be sure to sign up for the lunch when registering. Deadline is June 15<sup>th</sup>. 440-279-2163.*

## Beginner Spin Classes

Tues. & Thurs. - 10:00-10:30 a.m.

## Intermediate Senior Spin Class

Friday Mornings 11:00-11:30

## VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

# JUNE 2026

## MONDAY

## TUESDAY

1		2	
9:00-10:00	Water Exercise - Metz pool	9:00-10:00	Water Exercise - Metz pool
10:00-11:00	Strength & Cardio VT	9:00-11:30	Stained Glass Class \$5
11:00-12:00	Gentle Chair Yoga	10:00-10:30	Beginner Senior Spin Class
12:00-1:00	Water Exercise - Metz pool	10:30-11:15	Seated Strength & Balance
1:00-3:00	Mahjongg Lessons	12:30-1:30	Tai-ChiFit
2:00-3:00	Line Dance w/Darlene \$4	12:00-3:00	Bridge Group
		12:30-2:30	Knit & Crochet
8		9	
9:00-10:00	Water Exercise - Metz pool	9:00-10:00	Water Exercise - Metz pool
10:00-11:00	Strength & Cardio VT	9:00-11:30	Stained Glass Class \$5
11:00-12:00	Gentle Chair Yoga	10:00-10:30	Beginner Senior Spin Class
12:00-1:00	Water Exercise - Metz pool	10:30-11:15	Seated Strength & Balance
1:00-2:00	Hands ONLY CPR Training by UH Hospitals	11:00-12:30	Geauga Parks Presentation
1:00-3:00	Mahjongg Lessons	12:30-1:30	Tai-ChiFit
2:00-3:00	Line Dance w/Darlene \$4	12:00-3:00	Bridge Group
		12:30-2:30	Knit & Crochet
15		16	
9:00-10:00	Water Exercise - Metz pool	9:00-10:00	Water Exercise - Metz pool
10:00-11:00	Strength & Cardio VT	9:00-11:30	Stained Glass Class \$5
11:00-12:00	Gentle Chair Yoga	10:00-10:30	Beginner Senior Spin Class
12:00-1:00	Water Exercise - Metz pool	10:30-11:15	Seated Strength & Balance
1:00-3:00	Mahjongg Lessons	12:30-1:30	Tai-ChiFit
2:00-3:00	Line Dance w/Darlene \$4	12:00-3:00	Bridge Group
		12:30-2:30	Knit & Crochet
22		23	
9:00-10:00	Water Exercise - Metz pool	9:00-10:00	Water Exercise at Metz pool
10:00-11:00	Strength & Cardio VT	9:00-11:30	Stained Glass Class \$5
11:00-12:00	Gentle Chair Yoga	10:00-10:30	Beginner Senior Spin Class
12:00-1:00	Water Exercise - Metz pool	10:30-11:15	Seated Strength & Balance
1:00-3:00	Mahjongg Lessons	12:30-1:30	Tai-ChiFit
2:00-3:00	Line Dance w/Darlene \$4	12:00-3:00	Bridge Group
		12:30-2:30	Knit & Crochet
29		30	
9:00-10:00	Water Exercise - Metz pool	9:00-10:00	Water Exercise at Metz pool
10:00-11:00	Strength & Cardio VT	9:00-11:30	Stained Glass Class \$5
11:00-12:00	Gentle Chair Yoga	10:00-10:30	Beginner Senior Spin Class
12:00-1:00	Water Exercise - Metz pool	10:30-11:15	Seated Strength & Balance
1:00-3:00	Mahjongg Lessons	12:30-1:30	Tai-ChiFit
2:00-3:00	Line Dance w/Darlene \$4	12:00-3:00	Bridge Group
		12:30-2:30	Knit & Crochet

# WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

## WEDNESDAY

## THURSDAY

## FRIDAY

**3**

**4**

**5**

9:00-10:00 Water Exercise - Metz pool  
 9:00-11:30 Stained Glass Class \$5  
 10:00-11:00 Strength & Cardio VT  
 11:00-12:00 Gentle Chair Yoga  
 1:00-2:30 Never Ending Knowledge  
 "America's Founding Fathers"  
 1:00-3:00 Diamond Art

9:00-10:00 Water Exercise - Metz pool  
 10:00-10:30 Beginner Spin Class  
 10:00-11:00 Water Exercise - Metz pool  
 10:30-11:15 Seated Strength & Balance  
 12:00-2:00 UH Lunch & Movie 1:00-2:30  
 Arm Chair Travel  
 "France through the Ages"

9:00-11:30 Stained Glass Class \$5  
 10:00-11:00 Gentle Chair Yoga Video  
 11:00-11:30 SENIOR SPIN CLASS  
 11:00-11:45 Cardio Drumming Video  
 1:00-3:00 Pinochle w/Christine

**10**

**11**

**12**

9:00-10:00 Water Exercise - Metz pool  
 9:00-11:30 Stained Glass Class \$5  
 10:00-11:00 Strength & Cardio VT  
 11:00-12:00 Gentle Chair Yoga  
 1:00-2:30 Never Ending Knowledge  
 "America's founding fathers"  
 1:00-3:00 Diamond Art

8:30-10:00 Breakfast & Brain Games  
 9:00-10:00 Water Exercise ~Metz pool  
 10:00-10:30 Beginner Spin Class  
 10:00-11:00 Water Exercise ~Metz pool  
 10:30-11:15 Seated Strength & Balance  
 1:00-2:30 Arm Chair Travel  
 "France through the Ages"  
 1:00-2:00 Yoga Nidra w/Darlene \$4

9:00-11:30 Stained Glass Class \$5  
 10:00-11:00 Gentle Chair Yoga Video  
 11:00-11:30 SENIOR SPIN CLASS  
 11:00-11:45 Cardio Drumming Video  
 12:00-2:00 Pizza Lunch & TV Game  
 Show afternoon w/Christine

**17**

**18**

**19**

9:00-10:00 Water Exercise ~Metz pool  
 9:00-11:30 Stained Glass Class \$5  
 10:00-11:00 Strength & Cardio VT  
 11:00-12:00 Gentle Chair Yoga  
 1:00-2:30 Never Ending Knowledge  
 "America's Founding Fathers"  
 1:00-3:00 Diamond Art

9:00-10:00 Water Exercise ~Metz pool  
 10:00-10:30 Beginner Spin Class  
 10:00-11:00 Water Exercise ~Metz pool  
 10:30-11:15 Seated Strength & Balance  
 1:00-2:30 Arm Chair Travel  
 "France through the Ages"  
 12:00-1:30 Lunch & BINGO  
 1:00-2:00 Yoga Nidra w/Darlene \$4

**JUNETEENTH**  
 Celebrate Freedom  
**JUNE 19th**  
 OFFICES CLOSED

**24**

**25**

**26**

9:00-10:00 Water Exercise - Metz pool  
 9:00-11:30 Stained Glass Class \$5  
 10:00-11:00 Strength & Cardio VT  
 11:00-12:00 Gentle Chair Yoga  
 1:00-2:30 Never Ending Knowledge  
 "America's Founding Fathers"  
 1:00-3:00 Diamond Art

9:00-10:00 Water Exercise ~Metz pool  
 10:00-10:30 Beginner Spin Class  
 10:00-11:00 Water Exercise ~Metz pool  
 10:30-11:15 Seated Strength & Balance  
 12:00-2:00 Lunch & Learn with  
 Professor Maguire ~COVID  
 1:00-2:30 Arm Chair Travel  
 "France through the Ages"  
 1:00-2:00 Yoga Nidra w/Darlene \$4

9:00-11:30 Stained Glass Class \$5  
 10:00-11:00 Gentle Chair Yoga Video  
 11:00-11:30 SENIOR SPIN CLASS  
 11:00-11:45 Cardio Drumming Video  
 12:00-2:00 Lunch & Movie  
 "I can Only Imagine 2"  
 1:00-3:00 Pinochle w/Christine

Recreation/Education Coordinator  
 Christine Bacon 440-279-2163

Rec/Ed Assistants  
 Jeanne Molzon  
 Amy Walsh

I&R Assistant  
 Ronda Dwyer 440-279-2163

Stained Glass Class Appts:  
 Call Don Trask 440-759-9691



Lunch is served Mon thru Fri from 12:00-12:30 p.m. ALL Seniors MUST request meals by the Monday of the week prior to the requested meal dates.. ALL lunch reservations can be made by calling the WGSC at 440-279-2163, or by entering your request in the Lunch sign up book provided by the front Desk.

# SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

## Walking for Wellness

Thursdays from 9:00-10:30 a.m.

Join the Geauga County Department on Aging and UH Geauga for our “Walking for Wellness” program. Walking has shown to help with weight management, reduce stress, and increase energy levels. This group focuses on keeping a steady pace, a safe place to walk with other people, and a goal of 3 miles each walk. Call Magaly Rios at 440-279-2137 with questions, you do not need to register for this program, just show up!

DATE	PARK
6/4	<b>Punderson State Park</b> 11755 Kinsman Rd, Newbury 44065 Park at the Punderson Manor Lodge
6/11	<b>Girdled Road Reservation - South Entrance</b> 12926 Radcliffe Rd, Concord 44077 <b>Afterwards, Breakfast at Sunny Street Café</b> 7531 Crile Rd, Painesville 44077
6/18	<b>Chickagami Park</b> 17957 Tavern Rd, Burton 44021
6/25	<b>Veterans Legacy Woods</b> 14085 Ravenna Rd, Newbury 44065

## Parkinsons and Diabetes Support Group - Combined This Month

Know Your Health Numbers

Tuesday, June 16<sup>th</sup> at 1:00 p.m.

Chardon Senior Center  
470 Center St, Building 8, in Chardon

Our health numbers are key indicators of one’s risk for cardiovascular health problems. Maintaining your numbers in a healthy range decreases your risk of heart disease, stroke and other health conditions. Join us for an informational session with Valerie Hanks, Diabetes Educator, from UH Geauga Medical Center. *Call Melissa at 440-279-2167 to RSVP.*

## Simple Cooking with Heart

Wednesday, June 17<sup>th</sup> from 3:00-4:30 p.m.

UH Geauga Medical Center Conference Center  
(Lower Level) 13207 Ravenna Road in Chardon

Join us for a healthy, hands-on cooking demonstration featuring the Executive Chef and Registered Dietitian from UH Geauga. Discover fresh ideas in our Summer Salads & More session, perfect for the season! In conjunction with the Geauga County Department on Aging. *Registration is required by calling UH Geauga at 440-214-3180, space is limited.*

## CWRU Siegel Lifelong Learning Speaker –

*The Art of the Con: How to Spot and Avoid Scams & Robocalls*

Tuesday, July 14<sup>th</sup>

Ohman Family Living at Holly  
10190 Fairmount Rd, Newbury

Breakfast will be served at 9:30am, followed by the lecture “The Art of the Con: How to Spot and Avoid Scams & Robocalls” beginning at 10:00 a.m. Presented Jon Miller Steiger, JD. Combining broad experience and up-to-the-minute practical advice, Jon Miller Steiger will share lessons from his decades-long career as a federal lawyer fighting Scams and Identity Theft. As both litigator and Regional Director at the Federal Trade Commission, Steiger has seen first-hand how these tricksters operate and how you can protect yourself and your family. Along with compelling statistics and anecdotes about Scams and Identity Theft, Steiger will share red flags to watch out for and steps to take when, inevitably, the bad guys come after you and your family. *Cost: \$15 for GDA members, \$20 non-members. Registration is required by visiting [www.case.edu/lifelonglearning](http://www.case.edu/lifelonglearning) or calling 216-368-2090.*

## Gauga Walkers

All walks begin promptly at 1:00.

\*A Naturalist will accompany us on these walks.

Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules.”

Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
6/2*	<b>The West Woods</b> 9465 Kinsman Road (Rt 87), Russell; Hike at Noon, Potluck Picnic at 1:00; Turkey Ridge Shelter
6/9*	<b>Thompson Ledges</b> 16755 Thompson Road, East off Thompson Square, Thompson CARPOOL
6/16*	<b>Chickagami Park</b> 17957 Tavern Road (Rt 168), between Rt 422 & Nash Rd, Parkman
6/23	<b>Cleveland Lakefront Nature Preserve/Dike 14</b> 8701 Lakeshore Blvd, Cleveland
6/30	<b>Beartown Lakes Reservation</b> 18870 Quinn Road, Auburn/Bainbridge Twp North Point Shelter

# SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

## Annual Grandparent's Day!

**Monday, August 10th from 10:45 a.m. - 2:00 p.m.**

Join us this summer for our annual Grandparent's Day. Bring the grandkids to **Claridon Woodlands Park** (11383 Claridon Troy Rd, Chardon) for a fun-filled day of entertainment and lunch! Karie, from Geauga Park District, will start the morning with nature activities, then a picnic style lunch will be served. After lunch, Jungle Terry will have his "jungle" animals for a wildly fun, interactive show! Cost is \$10 per person, kids aged 2 and under are free. UH Geauga Medical Center will be there with giveaways and a photo booth for families to get their pictures taken during the event. *Call Melissa Wheeler at (440) 279-2167 for any questions.*

## Medicare 101

**Monday, June 15<sup>th</sup> - 1:30-2:30 p.m.**

Geauga County Office Building – Room A333  
12611 Ravenwood Dr, Chardon

The Geauga County Department on Aging and Representatives from OSHIIP (Ohio Senior Health Insurance Information Program) will provide an easy to understand overview of Medicare, including the different coverage options, how they compare, and what to consider when choosing a plan. Attendees will also learn about free, unbiased resources available through OSHIIP to help with Medicare questions, enrollment, and plan comparisons. This is a great opportunity to get reliable, unbiased information and feel more confident navigating your Medicare choices. Refreshments and snacks provided for this free program. *Registration is required by calling Melissa Wheeler at 440-279-2167.*

## Gut Health

**Thursday, June 11<sup>th</sup> from 1:00-2:00 p.m.**

UH Geauga Medical Center Conference Center  
13207 Ravenna Road in Chardon

Gut health refers to the balance and function of microorganisms in your digestive system, which plays a key role in digestion, immunity, and even mood. Foods rich in fiber, like fruits, vegetables, and whole grains, can support regular bowel movements, while highly processed foods may disrupt this balance. Join Dr. Lily Sitisa for an informative session on gut health. *Refreshments provided. Space is limited, please register by calling UH Geauga at 440-214-3180.*

## Daytime Senior Book Discussions

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Magaly Rios at 440-279-2137. Discussion books are available to loan at hosting Library's front desk, call to have them reserve a book for you!

**Wednesday, June 3<sup>rd</sup>** (1st Wednesday of each mo.)

**at West Geauga Library from 11:30-12:30 p.m.**

with an out-to-lunch to follow, sign up with Magaly Rios.

Discussing: **Martha's Vineyard Beach & Book Club**

*by Martha Kelly.*

**Thursday, June 11<sup>th</sup>** (2nd Thursday of each month)

**at Burton Library from 1:30-3:00 p.m.**

Discussing: **The Seven Husbands of Evelyn Hugo**

*by Taylor Jenkins Reid.*

## Free Lunch and a Movie

**Thursday, June 4<sup>th</sup> from 12:00-2:30 p.m.**

**at the West Geauga Senior Center**

8090 Cedar Road, Chesterland

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. *Due to very limited space, and to ensure a fun experience for all, registration is required by calling UH Geauga at 440-214-3180.*

## Summer Wellness Series

UH Geauga Medical Center, 13207 Ravenna Rd.  
Chardon Conference Center (Lower Level).

Join us this summer as we empower you to make smarter health choices to live a longer, happier and healthier life! In collaboration with the Geauga County Department on Aging. *Please call UH Geauga at 440-214-3180 to register for this free program. Space is limited.*

**Wednesday, June 3<sup>rd</sup> from 5:00-6:30 p.m.**

"All Things Sun" UH Geauga Physician will present on dehydration, electrolyte abnormalities, heat stroke and heat exhaustion, sunburn and skin cancer risk factors.

**Wednesday, July 1<sup>st</sup> from 5:00-6:30 p.m.**

"Don't Get Sick: Ticks, Toxins & Prevention Tips" UH Geauga Physician will discuss important topics related to Infectious Disease Month. Ticks, mosquitoes, and spider bites; Cruises (norovirus); Camping viruses, Giardia, etc.; Food Safety at Picnics.

# BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

## New Septic Regulations Lunch & Learn

Wednesday, June 10 - 12:30 p.m. at BSC

Presented by Geauga Public Health, this presentation will get you up to speed and answer questions about the new state mandates regarding the maintenance of your septic system. **FREE Lunch and Learn—but registration required. Call BSC to reserve your spot!**

## Try Your Luck on a JACK Casino Getaway!

Friday, August 28<sup>th</sup>

Get ready for a fun-filled day of excitement, great food, and good company! We're heading out from the Geauga Safety Center at 9:00 AM for a casino adventure you won't want to miss. **Just \$35 per person!**

Includes comfortable motorcoach transportation AND a delicious lunch at the Seven Chefs Buffet! We'll head home from JACK Casino at 3:00 p.m.

**Grab your friends, bring your lucky charm, and reserve your seat today—this trip is sure to fill up fast! Registration available at any Geauga Senior Center.**

## Friday Films

Every Friday, join us for a lunch and movie at 12:00 p.m. Free June's theme is **The Boys of Summer – True Baseball Stories**. Reservations encouraged to ensure a meal for all attendees.

6/5 – **The Rookie – 2002**

Dennis Quaid as coach-turned-pro, Jimmy Morris

6/12 – **42 – 2013** - Chadwick Boseman as Jackie Robinson

6/26 – **Eight Men Out – 1988**

John Cusack & Charlie Sheen as the Black Sox

## Big Breakfast

Thursday, June 25<sup>th</sup>

Join BSC for our monthly big breakfast. Veterans & June birthdays are free to attend. The cost is \$5 for everyone else. *On the menu:* Pancakes and Bacon. **RSVP by 6/22. Donuts by Med Minder.**

## BSC Book Club

Thursday, June 18<sup>th</sup> at 1:00 p.m.

Led by Cheryl Mullins, Head of Adult Services at Geauga West. For June, we will be reading **Spectacular Things** by Beck Dorey-Stein. **Call BSC to register and stop by to pick up a copy.**

## Woodcarver's Workshop

Tuesdays at 1:00 p.m.

Fellow senior John Hagan is leading a weekly wood carver's workshop right here at BSC. Experts to beginners all welcome! **Call to register!**

## A250—Ohio's Natural Resources Activities

**FREE Lunch & Learn: All About the Bees**

Monday, June 15<sup>th</sup> at 12:00 p.m.

BSC Join fellow seniors Jane and John Senderak for an engaging presentation on bee behavior, caretaking, and the many benefits and uses of honey. **Registration req'd by 6/8.**

**FREE Hike & Birdwatching at Punderson State Park**

Wednesday, June 17<sup>th</sup> at 10:00 a.m.

Punderson State Park Marina Parking Lot

Enjoy a guided hike with ODNR Naturalist Anne Siewert down to the beach for birdwatching. Bring a brown bag lunch to enjoy at the lakeside picnic tables. This program is entirely outdoors—please dress for the weather.

**FREE Lunch & Learn: Trailblazers of the Heartland**

Tuesday, June 23 at 11:30 a.m.

BSC Explore the story of Grandma Gatewood, the Buckeye Trail, and the roots of American hiking. Presented by ODNR Historian Neil Humphrey and Trails Administrator Mark Allen. **Registration required by June 16<sup>th</sup>**

**FREE Lunch & Learn: Butterfly Gardening & Hike**

Thursday, June 25 at 12:00 p.m.

West Woods Nature Center

Learn how to create a butterfly-friendly garden, followed by a short, guided hike around the Nature Center. Part of this event will be outdoors- so please dress for the weather!

**Registration required by June 18<sup>th</sup>**

## Alzheimer's Care Giver Support Group

Wednesday, June 10<sup>th</sup> at 1:30 p.m.

This is a safe, confidential, supportive environment and a chance for participants to develop connections. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. **No need to register, just come on in!**

## GAMES AT BSC!

Poker	Mondays, 10 a.m.-2 p.m.
Mexican Train	Tuesdays, 10 a.m.-Noon
Bingo	Wednesdays, 11 a.m.-Noon
Canasta	Wednesdays, 10 a.m.-3 p.m.
Pinochle	Thursday, 10 a.m. - 3 p.m. (New players welcome)
Scrabble	Every 3 <sup>rd</sup> Thursday, 12:30-2:30 p.m.
Mahjong	Tuesdays 10 a.m.-3 p.m. and Fridays 10 a.m.-3 p.m.
Wii Bowling League	Tuesdays 1:00-2:30 p.m.

# CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

## America 250 Party in the Park, featuring the Big North Band

Wednesday, July 15, from 5:00 p.m. to 7:00 p.m.

at Claridon-Woodlands Park  
11383 Claridon-Troy Road, Chardon

Celebrate America 250 with your friends and the popular Big North Band! In addition to the concert, Geauga County Department on Aging Staff will be on hand to provide resources for our GDA services! Carpooling is strongly recommended! \$10 per person to cover refreshments and party supplies. **Registration is required for this event. Call Becky O'Reilly at the Chardon Senior Center with questions, 440-279-2131.**

## Historic Houses of Worship in Cleveland Bus Trip

Tuesday, July 21<sup>st</sup>

Bus departing from Chardon Senior Center at 8:15 a.m., with a return time of approximately 5:30 p.m. The immigrant groups that came to Cleveland in search of the American dream brought their religious heritage and customs with them. Their lives were faith and church-centered, and they created museum quality houses of worship that still stand today. We will visit 4 houses of worship. At each church, we will have a presentation on the history, how they have survived and how they serve their congregation today. We will also have time to take pictures of the beautiful stained-glass windows, carvings and other works of craftsmanship. Also included is lunch at Pier W, one of Cleveland's finest restaurants. This trip is truly inspirational, as we celebrate this part of America's history! Space is limited! Checks made payable to JKL TOURS. Please note this trip includes a moderate-to heavy amount of walking and accessing historical buildings that may or may not require climbing steps. \$115 per person. **For more information, call Becky O'Reilly at Chardon Senior Center, 440-279-2131.**

## Take Me Out to the Ballgame! Cleveland Guardians Bus Trip!

Wednesday, June 10<sup>th</sup>

Join us as we travel on a limo bus to Progressive Field in Downtown Cleveland as **the Guardians host the New York Yankees!** The bus will be leaving the Chardon Senior Center at 11:00 a.m. for this day-game. This trip requires a moderate-to-heavy amount of walking. \$110 per person.

## Elvis Tribute Artist Live at the Hartville Kitchen

Thursday, June 18<sup>th</sup>

The bus will leave from Chardon Senior Center at 8:00 a.m., and return at approximately 5:15 p.m. Enjoy this Elvis Tribute Show, enjoy a delicious lunch and have time to shop at the Hartville Kitchen. \$119 per person, with checks made out to JKL TOURS. Please note: This trip includes a moderate amount of walking. **Call Becky O'Reilly at Chardon Senior Center with any questions, 440-279-2131.**

## Make, Bake, and Take Baking Class with Val

Tuesday, June 16<sup>th</sup> from 1 p.m. – 3 p.m.

This is a hands-on baking class, where participants will make a classic American Heritage Fresh Fruit Dessert. Discover the variety of Quick Regional classical fruit desserts with a twist. Cobblers, Pandowdy, Crisp, Buckle, Grunt/slump, Brown Betty. Demonstration of each and the history of its origin and techniques using fresh fruits and berries. Participants will be given the ingredients for one of these desserts to create, so we may experience the differences in these traditional desserts. You will be guided step-by-step throughout the baking process!  
**\$12 per person with registration.**

## Geauga Park District at Chardon Senior Center

Thursday, June 11<sup>th</sup> from 2:00 - 3:00 p.m.

This month's Park topic will be "Celebrate 250; Geauga in Early Pioneer Times." **FREE, but call 279-2126 to register.**

## Growing Great Garlic Presentation

Tuesday, June 23, at 1:00 p.m.

This is prime time to learn about growing great garlic in your own yard! Now is the time you need to start preparing your soil for October planting. Join "Johnny Garlic" and learn all about growing great garlic! **FREE, but call to register!**

## Becky O's Book Club

Monday, June 29<sup>th</sup> at 1:00 p.m.

**A Marriage at Sea** by Sophie Elmhirst. A true story of love, obsession, and shipwreck.

# CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

## Birthday BINGO and Pizza Party!

Friday, June 26<sup>th</sup> at 11:00 a.m.

Will be celebrating all of those having celebrated birthdays in June! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! \$2.00 per person; June Birthdays are free! *Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Pizza Sponsor, Chardon Healthcare!*

## Banned Books

*Presentation by Kathie Doyle*

Thursday, June 18<sup>th</sup> at 12:30.

Our presentation will focus on banned books and why they were banned in the first place. Some on the list might surprise you! *FREE, but call to register!*



*The Spring Brunch at Chardon Senior Center was filled with fun and friendship! Don't miss out on our next social event! It's a great way to get out and socialize with others!*

## The Breakfast Club of Chardon

Thursday, June 11 at 9:30 a.m.

Join us for a breakfast out at Bob Evan's in Chardon. Enjoy breakfast, coffee, and conversation with others! Cost is "on your own." *Call 440-279-2126, so we know who to expect!*

# MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —

## Senior Scams with the Middlefield Police Department

Thursday, June 11<sup>th</sup> - 11:00 a.m.

Join the Middlefield police for new and ongoing scams and how to stay safe. *Call 440-632-0611 to let us know you will be here.*

## Movie and Snacks at Briarcliff Manor

Thursday, June 25<sup>st</sup> at 2:00 p.m.

Join the Middlefield Seniors for a movie and snacks at Briarcliff Manor (14807 N State Ave, Middlefield) in Briarcliff's theater room. *Call 440-632-0611 to register.*

## Knowledge with Dawn – Brain Health

Tuesday, June 23<sup>rd</sup> 11:00 a.m.

Join Dawn for fun facts and games!

## Celebrate the Summer Solstice with a Pop-up Pancake Breakfast

Monday, June 22<sup>nd</sup> at 10 a.m.

Join us for a presentation on the Soltis and pancakes! *Call 440-632-0611 to let us know you will be here! (Donation)*

## Kathie Doyle Presents World of Spies

Friday, June 26<sup>th</sup> - 10:30 a.m.

Monthly breakfast served at 10:00 a.m. \$3.00 always homemade! *Call 440-632-0611 to let us know you will be here!*



*Entertainment sponsored by Burton Health Care and it was DJ Deb from Perfect Occasion Costume shop who, as always, did a fantastic job!*



## Bring a friend big or small! Meet and greet the dinosaurs!

Thursday, June 18<sup>th</sup> - 11:00 a.m.

Held at 14715 old state Rd Middlefield

Join us for a dinosaur meet and greet put on by perfect occasions! Bring a friend big or small any age welcome! \$5 per person, limit to 2 friends per senior. Cook out lunch served at 12:00 p.m. Chair volleyball at 1:00 p.m. *Please call to let us know you will be there 440-632-0611.*

## Strawberry Festival

Wednesday, June 17<sup>th</sup> - 12:00 p.m.

Middlefield Senior Center annual Strawberry Festival!  
Come for the strawberry everything stay for the games!  
Call 440-632-0611 to let us know you will be here!

## Hot dogs and ice cream on the back deck!

Thursday, June 12<sup>th</sup> 12:00 p.m.

It's time for grilling season Middlefield Senior Center.  
Cost \$5. Call 440-632-0611 to let us know you will be here!

## WEST GEUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —

### Pinochle with Christine

June 5<sup>th</sup> & June 26<sup>th</sup> from 1:00-3:00 p.m.

Join us at West G to play Pinochle with Christine. We will meet twice a month on Fridays for now, and try to build a group here that can meet weekly. If you want to learn how to play this game, Christine will teach you, so don't let that hold you back! Call if you are coming to play @ 440-279-2163.

### Geauga Parks Program at WGSC

*America 250 - Geauga in Early Pioneer Times*

Tuesday, June 9<sup>th</sup> - 11:00 a.m. - 12:00 p.m.

Join us for a presentation by a GPD Naturalist here at WGSC. As we celebrate our Nation's 250<sup>th</sup> anniversary, learn about what Ohio was like when settlers first arrived in what would become Geauga County, Ohio. Learn about the conditions they faced and what wildlife and habitats existed at that time. Following the presentation a HOT meal is available from 12:00-12:30 p.m. *Let us know when registering for this event if you plan to stay for the meal. Free event, deadline to sign up is June 2<sup>nd</sup>, 440-279-2163.*

### Never Ending Knowledge Series

Wednesdays, 1:00-2:30 p.m. (three 30-minute lectures)

Light snacks and refreshments provided.

#### America's Founding Fathers

June 3<sup>rd</sup>

1. James Madison's Vices
2. Edmund Randolph's Plan
3. William Patterson's Dissent

JUNE 10<sup>TH</sup>

1. Roger Sherman's Compromise
2. Elbridge Gerry's Committee
3. James Wilson's Executive

June 17<sup>th</sup>

1. John Rutledge's Committee
2. Rufus King's Slaves
3. David Brearley's Postponed Parts

JUNE 24<sup>TH</sup>

1. John Dunlap and David Claypoole's Broadside
2. Alexander Hamilton's Papers
3. Patrick Henry's Convention

### Armchair Travel – “France through the Ages” at WGSC

Thursday afternoons from 1:00-2:30 p.m.

- June 4<sup>th</sup>
1. Paris in Revolution
  2. Northeast to Champagne
  3. Normandy at War: Beaches and Bunkers
- June 11<sup>th</sup>
1. Normandy at Ease: Painters and Pilgrims
  2. Brittany: The Wild West
  3. The Loire Valley: Among the Chateaux
- June 18<sup>th</sup>
1. Bordeaux and the Coast of Aquitaine
  2. The French Basque Region and the Pyrenees
  3. The Camargue: Land of the Cathars
- June 25<sup>th</sup>
1. Arles: A Jewel of Provence
  2. Along the Riviera: From Marseille to Cannes
  3. Corsica: The Isle of Beauty

### Pizza Lunch and TV Game Show afternoon w/Christine

Friday, June 12<sup>th</sup> - 12:00-2:00 p.m.

Come and enjoy a pizza lunch including Ice Cream and beverages, followed by an exciting session of interactive TV game shows. Experience digitally crafted, life-like versions of popular games such as “Jeopardy” and “Wheel of Fortune.” We'll form teams to participate, ensuring a fun-filled experience for everyone! Cost: \$5  
*Deadline to register is June 8<sup>th</sup> 440-279-2163.*

### Breakfast and Brain Games

Thursday, June 11<sup>th</sup> - 8:30-10:00 a.m.

Join us at WGSC for a hot meal of Breakfast will include French toast sticks, fried ham cubes, hashbrown patties, fresh fruit and beverage. Cognitive building Brain Games will be after breakfast from 9:00-10:00 a.m. Cost \$6  
Registration required. Deadline is June 8<sup>th</sup>.

### Mahjongg Lessons

Monday afternoons 1:00-3:00 p.m.

Are you interested in learning how to play Mahjongg? If so, Join the WG Mahjongg group to learn the basics to play this very popular game. *All levels are welcome.*

# WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —



Spring Fling with Sam Fosh!

## Lunch & Movie

Friday, June 26<sup>th</sup> from 12:00-2:00 p.m.

Join us for a hot lunch (meal of the day) followed by the Movie “I Can Only Imagine 2”. Movie Synopsis; The sequel to “I Can Only Imagine”. When hopeful newcomer Tim Timmons joins the band for their biggest tour yet, he unknowingly brings a renewed gratitude to Bart’s life through their unlikely friendship. Bart soon discovers that Tim carries hardships, and secrets of his own. This sequel is the inspiring next chapter of faith, family and finding GOD in the fire. Free Event, however donations will be accepted for the meal. **Deadline to register is June 15th 440-279-2163.**

## Hands ONLY CPR Training

Monday, June 8<sup>th</sup> - 1:00-2:00 p.m.

Join us here at WG for an engaging hands-on class where you’ll learn the fundamentals of Hands-Only CPR. A nurse from UH will guide this one-hour session, introducing you to this straightforward and effective method of CPR. FREE event. **Registration required by June 5<sup>th</sup>, 440-279-2163.**

## Line Dancing Classes with Darlene

Mondays from 2:00-3:00p.m.

Join us for Line Dance Classes with Darlene Kelbach at WG Senior Center. Cost is \$4 per class, paid directly to Darlene each session. Learn many of the new popular line dances and do some you already know. This is a great way to get in that much needed exercise. NO Sign-up needed, just come on in and join us.

## August Bus Trip to Rabbit Run Theatre

Thursday August 6<sup>th</sup>

We will begin the evening with Dinner at Ferrante Winery at 4:30 p.m., followed by the Performance of “Kiss Me Kate” at Rabbit Run Theatre in Madison. Dinner will include Romano crusted chicken provolone, oven baked to perfection, served on a bed of spaghetti with marinara, rolls, butter, coffee or iced tea. Any other beverages will be an additional charge. Wine Tasting will NOT be part of this trip. Bus Pick up at the WG Senior Center will depart at 2:30 p.m., with a second pick up departing Chardon Senior Center at 3:30 p.m. Return to the centers after the show will be 11:05 p.m. at Chardon SC & 11:30 p.m. at WGSC. Cost is \$99 per person. **Deadline to register is July 2<sup>nd</sup> - SORRY, NO EXCEPTIONS due to the large group payment policies for this venue. Call with questions 440-279-2163.**

## YOGA NIDRA with Darlene

Thursdays from 1:00 to 2:00 p.m.

Yoga Nidra is held on the 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Thursdays (if applicable). Taught by instructor Darlene Kelbach, formerly from The Fairmount school of the Arts. Yoga Nidra is also known as “yogic sleep” and is a deep relaxation technique. The body becomes completely still and relaxed while awareness turns inward by listening to guided meditation. Yoga Nidra can be practiced on a yoga mat or in a chair. Wear comfortable clothes. Chairs will be provided and there are yoga mats to borrow, if needed. Cost is \$4 per class, paid directly to Darlene at each class. Call for more info 440-279-2163.

## Lunch & Learn at WGSC with Professor Maguire - COVID

Thursday, June 25<sup>th</sup> - 12:00-1:30 p.m.

Join us here at WGSC for an educational presentation from Dr Maguire. This month he will discuss the “COVID” topic. This will include the scientific side of this virus and the 2020 pandemic. Understanding the Covid-19 pandemic requires exploring natural history of the Novel coronavirus, called SARS-CoV-2 that causes it - where and how it lives, how it mutates and evolves, and how it interacts with humans - as well as how different peoples worldwide view and respond to it. A hot lunch will be available from 12:00-12:30 p.m., and the presentation will immediately follow. **Registration is Required, be sure to sign up for the lunch when registering. Deadline is June 15<sup>th</sup>. 440-279-2163.**

# Geauga Menu June 2026

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> MEATLOAF W/GRAVY MASHED POTATOES GREEN PEAS APPLESAUCE CUP BREAD	<b>2</b> TERIYAKI CHICKEN W/ VEG FRIED BROWN RICE BROCCOLI MAND ORANGE FRUIT CUP	<b>3</b> TURKEY BURGER ROASTED POTATOES GREEN BEANS STRAW-BAN APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	<b>4</b> SWEDISH MEATBALLS w/NOODLES BROCCOLI DICED CARROTS CINNAMON APPLESAUCE CUP BREAD	<b>5</b> CHICKEN SALAD COLE SLAW THREE BEAN SALAD PINEAPPLE FRUIT CUP WG HAMBURGER BUN
<b>8</b> GRILLED CHICKEN BREAST GREEN PEAS DICED CARROTS ESCALLOPED APPLES WG HAMBURGER BUN MAYO PC	<b>9</b> BREADED FISH TATER TOTS GREEN BEANS FRESH APPLE WG HAMBURGER BUN TARTAR SAUCE & KETCHUP PC	<b>10</b> STUFFED GREEN CABBAGE w/ SPAGHETTI SAUCE GREEN BEANS MASHED POTATOES PEACH FRUIT CUP BREAD	<b>11</b> BURGER WITH CHEESE ROASTED POTATOES BAKED BEANS APPLESAUCE CUP WG HAMBURGER BUN KETCHUP PC	<b>12</b> MACARONI & CHEESE BROCCOLI SWEET CORN MANDARIN ORANGE FRUIT CUP APPLE-CINNAMON MINI LOAF
<b>15</b> MEATBALLS w/PASTA w/SPAGHETTI SAUCE MIXED VEGETABLES PEAR FRUIT CUP BREAD	<b>16</b> BREADED CHICKEN PATTY BAKED BEANS SWEET CORN MANDARIN ORANGE FRUIT CUP WG HAMBURGER BUN BBQ CUP	<b>17</b> JUMBO RAVIOLI w/SPAGHETTI SAUCE BROCCOLI MIXED VEGETABLES PEAR FRUIT CUP DINNER ROLL	<b>18</b> BBQ CHICKEN BREAST RICE GREEN BEANS SWEET POTATOES CINNAMON APPLESAUCE CUP WG CORNBREAD LOAF	<b>19</b>  <b>CLOSED</b> <b>Juneteenth</b>
<b>22</b> SALISBURY STEAK W/GRAVY RICE SWEET CORN DICED CARROTS PEACH FRUIT CUP APPLE-CINNAMON MINI LOAF	<b>23</b> SLICED HAM W/PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS WG CORNBREAD LOAF MIXED FRUIT CUP	<b>24</b> TOMATO BASIL CHICKEN PASTA w/SPAGHETTI SAUCE MIXED VEGETABLES MIXED FRUIT CUP DINNER ROLL	<b>25</b> BONELESS WINGS-6 DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE CUP GRAHAM CRACKERS BBQ CUP	<b>26</b> STUFFED GREEN PEPPERS W/SPAGHETTI SAUCE MASHED POTATOES ESCALLOPED APPLES DINNER ROLL
<b>29</b> MEATLOAF W/GRAVY MASHED POTATOES GREEN PEAS APPLESAUCE CUP BREAD	<b>30</b> TERIYAKI CHICKEN W/ VEG FRIED BROWN RICE BROCCOLI MAND ORANGE FRUIT CUP			

Menu Subject to Change. Milk included with each meal.

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

# Summer Crisis Program Starts July 1<sup>st</sup>



The Ohio Department of Development’s HEAP Summer Crisis Program will begin July 1, 2026. Geauga County Residents may apply through Lifeline. The Home Energy Assistance Program Summer Crisis Program helps income eligible Ohioans stay cool during the hot summer months. The program runs from July 1 – September 30, 2026.

For information about the program guidelines or to apply for the program, clients are required to schedule a telephone interview with Lifeline. Appointments can be scheduled by calling 440-354-2148.

## Applicants will need to provide copies of the following documents to complete the application:

- Proof of income for each household member. Income includes: Supplemental Security Income (SSI), Social Security Disability Income (SSDI), Social Security, Pension, Alimony, Wages, Self-employment, Unemployment, etc.
- Copies of your most recent utility bills.
- A list of all household members, including Social Security numbers and birth dates.
- Proof of U.S. citizenship/legal residency for all household members. Documents that are accepted to prove U.S. citizenship/legal residency include: a Social Security Card, birth certificate, U.S. Passport, naturalization paper/certification of citizenship, permanent VISA, or INS ID Card.
- If renting, copy of current rental lease or if client owns their home, copy of current property taxes.

The Summer Crisis Program assists low-income households with a household member 60 or older, households with an electric disconnect notice, disconnected service, or need to establish new service, or households with a household member with a medical condition that requires air conditioning. Households enrolled in the Percentage of Income Payment Plan Plus (PIPP) may also be eligible for assistance. Household income must be at or below 175% of the Federal Poverty Level.

Households may receive a payment up to \$500 on their electric bill. Other benefits may include central air conditioning repair, air conditioner window units and fans for eligible households.

## Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the 2026 income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application!

### Medicare Savings Programs (MSPs) and Extra Help

**Qualified Medicare Beneficiary (QMB):** Pays for Part A & B deductibles, coinsurance/copays and premiums.

**Specified Low Income Medicare Beneficiary (SLMB):** Pays for monthly Part B premium.

**Qualified Individual (QI):** Pays for monthly Part B premium (limited benefits)

**Qualified Disabled & Working Individuals (QDWI):** Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

MEDICAID			QMB			SLMB			QI		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,014	\$2,000	Single	\$1,350	\$9,950	Single	\$1,616	\$9,950	Single	\$1,816	\$9,950
Married	\$1,511	\$3,000	Married	\$1,824	\$14,910	Married	\$2,184	\$14,910	Married	\$2,455	\$14,910

*This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,235.21 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.*

## GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

**\*\*Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: \_\_\_\_\_ Location: \_\_\_\_\_  
Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date(s) \_\_\_\_\_  
Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_  
Registered with GDA for 2026? Yes \_\_\_\_ No \_\_\_\_  
Other Information: (menu or leave from options) \_\_\_\_\_  
**Internal use** - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

Event: \_\_\_\_\_ Location: \_\_\_\_\_  
Cost: \_\_\_\_\_ Amount Enclosed \_\_\_\_\_ Event Date(s) \_\_\_\_\_  
Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_  
Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_  
Registered with GDA for 2026? Yes \_\_\_\_ No \_\_\_\_  
Other Information: (menu or leave from options) \_\_\_\_\_  
**Internal use** - Date Received \_\_\_\_\_ Staff Initials \_\_\_\_\_ Receipt # \_\_\_\_\_

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.  
I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

• I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X \_\_\_\_\_  
Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

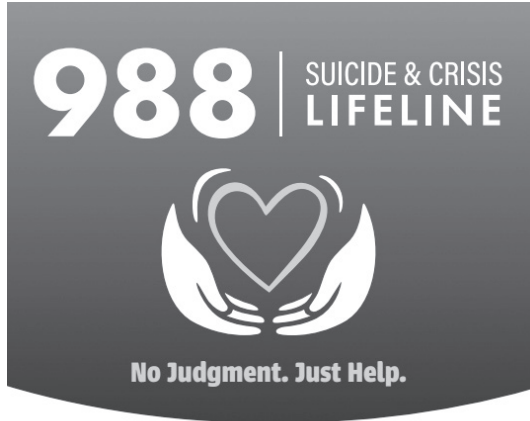
### Refund Policy for the Geauga Department on Aging

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

**Geauga Department on Aging**  
12611 Ravenwood Dr., Suite 200  
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.  
440-279-2130 JUNE 2026

**To stop this mailing,** contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.



For help with a mental health, suicide, or substance use problem, text, call, or chat 988. 24/7.

## 2026 GC Department on Aging Trash Pick-Up Days!

Local townships, villages and city road crews will again work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors Garages and yards during locally scheduled pick-ups. Seniors **must be registered** with the Department on Aging for 2026 one week prior to the pick-up to be placed on the pickup list. Dates for pick-up days are subject to change, so check the list each month.

<b>Huntsburg Twp</b>	<b>June 4-5</b>
<b>Newbury Twp</b>	<b>June 8-10</b>
<b>Parkman Twp</b>	<b>June 25-26</b>
<b>Troy Twp</b>	<b>July 23-24</b>
<b>Village of Middlefield</b>	<b>Aug 13</b>
<b>Russell Twp</b>	<b>Sept. 9-11</b>
<b>Chesterland Twp</b>	<b>Sept. 14-18</b>
<b>City of Chardon</b>	<b>TBA</b>
<b>Middlefield Twp</b>	<b>TBA</b>

### Register early with the Dept. on Aging

We are asking seniors who will be participating in the 2026 Trash Day Pick-up program to register NOW with the Dept on Aging. Seniors who complete their yearly registration with Dept. on Aging prior to the clean-up dates, only need to make a phone call before the trash pick-up cutoff date to be placed on the community pick-up list. Please, no more than 10 items per household. **Call (440) 279-2130 for guidelines and questions.**

## PLATINUM PATRONS

### The Bramley Family

in memory of Jim & Joy Bramley & Rob Warren

G Rae Peck in memory of Sigmund Peck

Alan Bialosky in memory of Peggy Bialosky

Robert Beutel and Claudia Euse

Newbury Class Members of 1956

James & Sandra Burzanko in memory of Judge Forrest W. Burt

Lyn and Carla Svendsen

Barbara & Edward Wells

Nancy Lynam-Davis in memory of Eileen Schaffert

Ann Busse in memory of Carl & Dorothy Busse

Mr & Mrs Robert Beutel

Erin Wallace in memory of Teddi Wallace

The Sly Fox Motorcycle Club of Northeast Ohio

Gwenn & Daniel Brown

To become a PLATINUM Patron for a year, submit \$110 - Please make checks payable to The Geauga County Department on Aging and write Newsletter in the memo.