

July 2026 - Bainbridge Senior Center

17751 Chillicothe Rd
Bainbridge, OH 44023

Bainbridge Bulletin

7/4—CLOSED, Independence Day
7/15 CLOSING EARLY at 11:30AM
for Staff Development
7/28—CLOSED for Staff Development

BIG BREAKFAST

Join BSC for our monthly big breakfast on 7/30. Veterans & July birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Savory Veggie & Sausage Strata. Please RSVP by 7/29. Donuts by Comfort Keepers!

NEW! Fitness Boxing

This new free class will get your heart rate up while improving muscle tone! FREE to participate and no registration required!

Woodcarver's Workshop

Fellow senior John Hagan will be leading a weekly wood carver's workshop right here at BSC on Tuesday afternoons! Experts to beginners, all are welcome! Call to sign up!

Try Your Luck on a JACK Casino Getaway! Friday , August 28th!

Get ready for a fun-filled day of excitement, great food, and good company! We're heading out from the Geauga Safety Center at 9:00 AM for a casino adventure you won't want to miss.

Just \$35 per person!

Includes comfortable motorcoach transportation AND a delicious lunch at the Seven Chefs Buffet! We'll head home from JACK Casino at 3:00 PM.

Grab your friends, bring your lucky charm, and reserve your seat today—this trip is sure to fill up fast!

Registration available at any Geauga Senior Center

Alzheimer's Care Giver Support Group
This group meets at 1:30 on 7/8 at BSC. This is a safe, confidential, supportive environment and a chance for participants to develop connections. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. No need to register, just come on in!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Recreation & Education Coordinator <i>Keri Loy</i> Recreation & Education Assistant <i>Matt Samardge</i>		1 8:30-9:30 All-Around Exercise (\$3) 9:45-10:00 Fitness Boxing NEW 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Cindy from Caring Senior Choices 12:30– 2:30 OTL Group (<i>Senorita Bonita—Solon</i>)	2 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle—NEW PLAYERS WELCOME 12:00-12:30 Lunch	3 
6 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	7 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 12:00-1:30 SOCIAL WORK APPTS 1:00-2:30 Wii Bowling League 1:00-3:30 WoodCarver's Workshop	8 8:30-9:30 All-Around Exercise (\$3) 9:45-10:00 Fitness Boxing NEW 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo 12:30– 2:30 OTL Group (<i>Imperial Wok—Solon</i>) 1:30-3:00 ALZ Support Group	9 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch SENIOR DAY!	10 8:00-4:00 –Mansfield Reformatory Bus Trip 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00– 2:00 Mahjong MANSFIELD REFORMATORY TRIP
13 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 9:00-2:00 Reliable Nurse Foot Care 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	14 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 1:00-2:30 Wii Bowling League 1:00-3:30 WoodCarver's Workshop	15 8:30-9:30 All-Around Exercise (\$3) 9:45-10:00 Fitness Boxing NEW 10:00-11:30 Diamond Painting 10:00-11:30 Canasta 10:30-11:30 Line Dancing <u>CLOSING AT 11:30 for Staff Development</u> 12:30– 2:30 OTL Group (<i>Mavis Public House—Solon</i>)	16 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch 12:30-2:30 SCRABBLE	17 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Chair Yoga-cise (\$3) 10:00– 2:00 Mahjong
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