

Monthly Highlights

Wednesday, August 5: Summer Wellness Series— Summer Safety
Held at UH Geauga Medical Center (13207 Ravenna Rd, Chardon 44024) in the Conference Center. UH Geauga will present on different topics related to summer safety: Safety devices—seatbelts, helmets, etc., over-use injuries, and the importance of stretching. Call UH Geauga at 440-214-3180 to register. 5:00pm. Free.

Monday, August 10: Grandparent’s Day
Held at Claridon Woodlands (11383 Claridon Troy Rd, Chardon 44024). GPD will do nature activities in the morning, then a picnic style lunch will be served, followed by Jungle Terry in the afternoon. Photo booth provided by UH Geauga Medical Center. 10:45am. \$10 per person. 2 and under are free.

Tuesday, August 11: Thompson Square Concert Held at Thompson Square (6740 Madison Rd, Thompson 44086). Glass House will be performing 60’s-2010’s hits. Representatives from Geauga County Department on Aging will be available to answer agency questions, register seniors, sign-up for events, and more! Refreshments provided by Thompson Garden Club. 7:00pm. Free.

Monday, August 17: Paganini Demonstration
Cooking demonstration and lunch at the Loretta Paganini School of Cooking (8700 Mayfield Rd, Chesterland 44026). Take a seat and watch the chef instructor and assistants demonstrate, prepare, and serve the items. Italian Summer Menu: Tomato, Fresh Mozzarella, and Basil Caprese Salad; Chicken Piccata Scallopini with Lemon-Caper Sauce; Homemade Fettuccine Pasta with Olive Oil, Herbs, and Vegetables; Peach Cobbler with Vanilla Ice Cream. Call Melissa Wheeler with questions at 440-279-2167. 12:00pm. \$55 per person.

Tuesday, August 25th: Women’s Day Retreat
Women, come join us and “unplug” for a day of relaxation & rejuvenation in nature! Meet at the Boathouse at beautiful Headwaters Park (13365 Old State Rd, Huntsburg 44046). A variety of activities will include kayaking, hiking, crafting, and more! This year’s lunch speaker will be discuss “Hormones and Pelvic Floor Health for Healthy Aging.” Morning pastries and lunch are included for the day. Partnership between UH Geauga Hospital and Geauga Park District. 9:30am. \$20 per person.

August 2026 – Community Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	4 9:00-10:30 Geauga Cyclists OS 1:00-2:30 Geauga Walkers OS 6:00-8:00 National Night Out OS	5 9:00-11:30 CarFit Program BHS 9:30-11:00 Parkinson’s Boxing CSC NO BALANCE EXERCISE TODAY 11:30-12:30 GW Book Club GWL 5:00-6:30 Summer Wellness Series UHG	6 9:00-10:30 Walking for Wellness OS 12:00-2:30 Lunch & Movie WG	7 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-3:30 Diabetes Self-Management WG
10 9:30-11:00 Parkinson’s Boxing CSC 10:45-2:00 Grandparent’s Day OS 11:00-12:00 Balance Exercise CSC & VT	11 9:30-12:30 Geauga Cyclists Trip OS 1:00-2:30 Geauga Walkers OS 7:00-9:00 Thompson Square Concert OS	12 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	13 9:00-11:30 Walking for Wellness & Breakfast OS 1:30-2:30 Burton Book Club BPL	14 9:30-11:00 Parkinson’s Boxing CSC NO BALANCE EXERCISE TODAY 10:00-2:00 Annual Technology Fair BHS
17 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 12:00-2:00 Paganini Cooking Demo OS 5:00-6:30 Harvesting Healthy Living UHG	18 9:00-10:30 Geauga Cyclists OS 1:00-2:00 Parkinsons’ & Diabetes Support Groups—Combined this Month! CSC 1:00-2:30 Geauga Walkers OS	19 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-2:30 Expand Your Retirement Options with Leadership Geauga GCOB	20 9:00-10:30 Walking for Wellness OS 12:00-2:30 GPD Elderberries OS	21 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT
24 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	25 8:00-10:30 Geauga Cyclists & Breakfast OS 9:30-2:30 Women’s Day OS 1:00-2:30 Geauga Walkers OS	26 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	27 10:00-1:00 Walking for Wellness OS 1:00-2:30 Our Great Geauga Fair GCOB	28 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT
31 9:30-11:00 Parkinson’s Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	 AUGUST		Melissa Wheeler Senior Centers’ Manager 440-279-2167 Magaly Rios Assistant Senior Centers’ Manager 440-279-2137	BHS - Berkshire High School BPL - Burton Public Library CSC - Chardon Senior Center GCOB - Geauga County Office Building GWL - Geauga West Library OH - Ohman Family Living at Holly OS - Offsite UHG - UH Geauga Medical Campus VT - Virtual Teams (Online) WG - West Geauga Senior Center