

The Geauga Senior News



Geauga County Department on Aging

AUGUST 2026

Women's Day Event

Tuesday, August 25th • 9:30-2:30 p.m.

Headwater's Park - 13365 Old State Rd, Huntsburg

Women, come join us and "unplug" for a day of relaxation & rejuvenation in nature! Meet at the Boathouse at beautiful Headwaters Park. A variety of activities will include kayaking, hiking and a special visit from "His Daughter" shop owner, Felicia, who will speak about medicinal plants and weeds while also creating your own 4 oz. hand scrub to take home!

This year's lunch speaker will be sharing valuable insights on senior women's health, and the role hormones play in healthy aging. Dr. Sheyne will also address common, yet often under discussed, concerns affecting senior women. Join us for an engaging and educational conversation designed to support wellness, empowerment, and healthy aging at every stage of life. Morning pastries and lunch are included for the day. Partnership between UH Geauga Medical Center and Geauga Park District. **\$20 per person. Call Melissa Wheeler with questions at 440-279-2167.**

Something for Everyone: Our Great Geauga County Fair

Thursday, August 27th • 1:00-2:30 p.m.

Geauga County Office Building – Room A333
12611 Ravenwood Dr, Chardon

Presented by Dr. Bari Stith. Our Great Geauga County Fair boasts a rich heritage that is distinguished for being the longest, continuously operating county fair in Ohio and contributing to Ohio's agricultural tradition. Where did it start and who helped build the fair that we now enjoy as it continues to offer "something for everyone?" Why did communities battle for the fairgrounds? What visual cues will we find on today's fairgrounds that remind us of how unique and celebrated our county fair really is? UH Geauga Medical Center will be providing "fair" appetizers for our event. **Registration is required for this free event - 440-279-2137.**



Senior Day at the Great Geauga County Fair

**Friday, September 4th
9:00-2:00 p.m.**

Geauga County Department on Aging will host a hospitality and refreshment area at the Vernon Howard Pavilion (located at the south end of the fairgrounds, across from red anniversary building).

Expand Your Retirement Options by Exploring Purposeful Opportunities in Geauga County

Wednesday, August 19th • 1:00-2:30 p.m.

Geauga County Office Building – Room A333
12611 Ravenwood Dr, Chardon

Presented by Meredith Ashkettle, Executive Director of Leadership Geauga, and Amy Murfello, Marketing and Outreach Manager. This presentation will provide an overview of the Leadership Geauga Heritage Program and what participants experience throughout the six-week journey. Designed for retirees and those approaching retirement, the program offers opportunities to stay engaged, build new connections, explore volunteer opportunities, enjoy behind-the-scenes tours, and learn more about Geauga County's history, organizations, and community leaders. Attendees will gain a clear understanding of how the Heritage Program helps retirees stay active, informed, and connected. Light refreshments and snacks provided. **Please RSVP to Melissa Wheeler at 440-279-2167.**

Wicked at Playhouse Square

Save the Date -

Thursday, December 10th • 1:30 p.m. Show

Details to come in the September newsletter!



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Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and 250 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

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Gauga County Ohio

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Jessica Boalt – Director

Michelle Warren – In-Home Services Manager

Melissa Wheeler – Senior Centers Supervisor

Karen M. Stone – Administrative Services Manager

Annual Geauga Senior Technology Fair

Friday, August 14th • 10:00 a.m. - 2:00 p.m.

Berkshire High School

14155 Claridon Troy Rd, Burton

Berkshire Students, Staff, and Volunteers will be on site to provide one-on-one technology help with your smart phones, tablets, apps, and more. A variety of vendors will be able to help you individually connect or understand the current technology that is out. Lunch is sponsored by UH Geauga Medical Center. Don't let this opportunity pass you by!

Speaker Schedule:

10:30 a.m. - Protecting Yourself from Today's Scams, Fraud, and Cybercrime: How to Stay Safe and What to Do If You're Targeted: Presented by Kendra Yurgionas, Geauga County Prosecutor's Office and Lieutenant Jim Jonovich, Geauga County Sheriff's Office.

12:45 p.m. – Cybersecurity for Seniors: Safely Navigating Email, Web Browsing, Social Media, and Online Shopping: Presented by Zach McLeod, Department of Research and Cybersecurity. This presentation will focus on practical ways to use the internet safely in everyday life. Topics will include how to recognize suspicious emails, fake websites, sponsored ads, scareware pop-ups, unsafe links, and other common online traps, as well as simple steps for keeping your online accounts secure.

Free to Geauga County Senior Citizens registered with GDA. You must RSVP for this event by calling the Department on Aging at 440-279-2130.

Geauga County Veteran Food Pantry

Serving those who have served

This is a pantry exclusively for Veterans and their families in Geauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

As a member, we offer:

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

This is our way of giving back to those who have given so much.

For information about Veteran eligibility and registration, call Geauga County Veterans Services at: 440-279-1860. Services are income/need based.

Thompson – Concerts on the Square

Thompson Activities will be hosting concerts this summer on Thompson Square (6740 Madison Rd, Thompson). Open to the public, and free! Well-behaved pets are welcome. The Geauga Department on Aging will be set up with a table at all concerts for seniors to stop by and learn about our services and senior center programs. Refreshments available by local organizations for a donation. Bring your own lawn chairs to sit and enjoy the music!

Tuesday, August 11th at 7:00 p.m.

Glass House (60s to 2010s hits),

Thompson Garden Club - Refreshments

Community Event Partnerships this Summer!

Join the Geauga County Department on Aging and other community partners for events this summer! Representatives from GDA will be available at the following events to answer questions, register seniors, sign-up for events, and more!

Chardon National Night Out

Tuesday, August 4th • 6:00-8:00 p.m.

Chardon Square – 145 Main St, Chardon

One Geauga, One County, One Trail Day of Unity & Community!

Saturday, August 8th • 10:00 a.m.-6:00 p.m.

Hike the Maple Highlands Trail with Geauga Sheriff's Office. Learn about different Geauga County agencies along the way! Individual or relay teams for 17 miles. Beginning at Chardon Bike Trailhead and ending at Swine Creek Park. **Register at 440-279-2062.**

September is Fall Prevention Awareness Month!

Friday, September 25th • 12:00-2:00 p.m.

Gauga County Administrative Office Building

Join us for an informative and engaging program featuring a panel of experts who will share practical tips on preventing falls, improving safety, medication management, home and safety program and maintaining independence. After the discussion, participate in balance exercises led by a Matter of Balance coach to help improve strength and stability. The event will be held at Munson Township Hall, located at 12210 Auburn Road in Chardon. Lunch will be provided by UH Geauga Medical Center. **Registration is required. Please call 440-279-2167 to reserve your spot.**

Geauga Cyclists

Tuesdays at 9:00 a.m.

Beginning in May, The Department on Aging and UH Geauga Medical Center will hold weekly bicycle rides for senior citizens. We ride between 10 and 15 miles on different parts of the Maple Highlands Trail. Transportation is on your own, and you must bring your own bike. Please wear helmets for safety, carry water, and follow park etiquette. **Please call Melissa Wheeler for the 6-month schedule at 440-279-2167.**

DATE	PARK & PARKING
8/4	Claridon Woodlands 11383 Claridon Troy Rd, Chardon
8/11	SPECIAL BIKE TRIP Presque Isle State Park at 9:30am Pavement for approximately 18 miles 301 Peninsula Dr, Erie, PA 16505 Meet at Parking Lot #1 Afterwards, Lunch at Sara's Restaurant 25 Peninsula Dr, Erie, PA 16505
8/18	Chardon Bike Trailhead 312 Park Ave, Chardon
8/25	Dollar General 15894 W High St, Middlefield Breakfast Beforehand at 8:00 a.m. at C's Cafe 15916 W High St, Middlefield

Harvesting Healthy Living

Held on the 3rd Monday of Every Month

August 17th • 5:00-6:30 p.m.

**UH Geauga Medical Center, Conference Center
(Lower Level), 13207 Ravenna Rd, Chardon**

Join us for an educational series designed to support older adults, caregivers, families, and healthcare professionals navigating the journey of aging and senior care. Each session will provide valuable resources, expert guidance, and practical tools to help families feel more informed, confident and supported. Topics include Navigating Difficult Conversations around Retirement Living, "Know Before You Go" – a simple guide to understanding senior living options and what to expect during the process, Caregiver Support & Burnout Prevention, and Aging in Place: Resources & Support Services. Partnership with Care Patrol of NE Ohio, UH Geauga Medical Center and the Geauga County Department on Aging. Light refreshments will be provided. **Please RSVP to UH Geauga at 440-214-3180.**

Summer Wellness Series —

Summer Safety

Wednesday, August 5th • 5:00 p.m.

Held at UH Geauga Medical Center (13207 Ravenna Rd, Chardon) in the Conference Center. UH Geauga will present on different topics related to summer safety: Safety devices—seatbelts, helmets, etc., over-use injuries, and the importance of stretching. *Call UH Geauga at 440-214-3180 to register. Free.*

Grandparent's Day

Monday, August 10th • 10:45 a.m.

Held at Claridon Woodlands (11383 Claridon Troy Rd, Chardon). GPD will do nature activities in the morning, then a picnic style lunch will be served, followed by Jungle Terry in the afternoon. Photo booth provided by UH Geauga Medical Center. *\$10 per person. 2 and under are free.*

Thompson Square Concert

Tuesday, August 11th • 7:00 p.m.

Held at Thompson Square (6740 Madison Rd, Thompson). Glass House will be performing 60's-2010's hits. Representatives from Geauga County Department on Aging will be available to answer agency questions, register seniors, sign-up for events, and more! Refreshments provided by Thompson Garden Club. *Free.*

Paganini Demonstration

Monday, August 17th • 12:00-2:00 p.m.

Cooking demonstration and lunch at the Loretta Paganini School of Cooking (8700 Mayfield Rd, Chesterland). Take a seat and watch the chef instructor and assistants demonstrate, prepare, and serve the items. *Italian Summer Menu:* Tomato, Fresh Mozzarella, and Basil Caprese Salad; Chicken Piccata Scallopini with Lemon-Caper Sauce; Homemade Fettuccine Pasta with Olive Oil, Herbs, and Vegetables; Peach Cobbler with Vanilla Ice Cream.

Call Melissa Wheeler with questions at 440-279-2167. \$55 per person.

Women's Day Retreat

Tuesday, August 25th • 9:30 a.m.

Women, come join us and “unplug” for a day of relaxation & rejuvenation in nature! Meet at the Boathouse at beautiful Headwaters Park (13365 Old State Rd, Huntsburg). A variety of activities will include kayaking, hiking, crafting, and more! This year's lunch speaker will be discuss “**Hormones and Pelvic Floor Health for Healthy Aging.**” Morning pastries and lunch are included for the day. Partnership between UH Geauga Hospital and Geauga Park District. \$20 per person



Gauga County
Department on Aging

AUGUST 2026

MONDAY		TUESDAY	
3		4	
9:30-11:00	Parkinson's Boxing CSC	9:00-10:30	Geauga Cyclists OS
11:00-12:00	Balance Exercise CSC & VT	1:00-2:30	Geauga Walkers OS
		6:00-8:00	National Night Out OS
10		11	
9:30-11:00	Parkinson's Boxing CSC	9:00-10:30	Geauga Cyclists Trip OS
10:45-2:00	Grandparent's Day OS	1:00-2:30	Geauga Walkers OS
11:00-12:00	Balance Exercise CSC & VT	7:00-9:00	Thompson Square Concert OS
17		18	
9:30-11:00	Parkinson's Boxing CSC	9:00-10:30	Geauga Cyclists OS
11:00-12:00	Balance Exercise CSC & VT	1:00-2:00	Parkinsons' & Diabetes Support Groups— Combined this Month! CSC
12:00-2:00	Paganini Cooking Demo OS	1:00-2:30	Geauga Walkers OS
5:00-6:30	Harvesting Healthy Living UHG		
24		25	
9:30-11:00	Parkinson's Boxing CSC	8:00-10:30	Geauga Cyclists & Breakfast OS
11:00-12:00	Balance Exercise CSC & VT	9:30-2:30	Women's Day OS
		1:00-2:30	Geauga Walkers OS
31			
9:30-11:00	Parkinson's Boxing CSC		
11:00-12:00	Balance Exercise CSC & VT		



SENIOR COMMUNITY EVENTS

Geauga County
Department on Aging

WEDNESDAY	THURSDAY	FRIDAY
5 9:00-11:30 CarFit Program BHS 9:30-11:00 Parkinson's Boxing CSC NO BALANCE EXERCISE TODAY 11:30-12:30 GW Book Club GWL 5:00-6:30 Summer Wellness Series UHG	6 9:00-10:30 Walking for Wellness OS 12:00-2:30 Lunch & Movie WG	7 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-3:30 Diabetes Self-Management WG
12 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	13 9:00-11:30 Walking for Wellness & Breakfast OS 1:30-2:30 Burton Book Club BPL	14 9:30-11:00 Parkinson's Boxing CSC NO BALANCE EXERCISE TODAY 10:00-2:00 Annual Technology Fair BHS
19 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-2:30 Expand Your Retirement Options with Leadership Geauga GCOB	20 9:00-10:30 Walking for Wellness OS 12:00-2:30 GPD Elderberries OS	21 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT
26 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	27 10:00-1:00 Walking for Wellness OS 1:00-2:30 Our Great Geauga Fair GCOB	28 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT

Melissa Wheeler
Senior Centers' Manager
440-279-2167

Magaly Rios
Assistant Senior Centers' Manager
440-279-2137



BHS Berkshire High School
 BPL Burton Public Library
 CSC Chardon Senior Center
 GCOB Geauga County Office Building
 GWL Geauga West Library
 OH Ohman Family Living at Holly
 OS Off-site
 UHG UH Geauga Medical Campus
 VT Virtual Teams (Online)
 WG West Geauga Senior Center

BAINBRIDGE BULLETIN

8/25—CLOSED EARLY AT 1:30 P.M.

BIG BREAKFAST

Thursday, August 27th

Join BSC for our monthly big breakfast. Veterans & August birthdays are free to attend. The cost is \$5 for everyone else. *On the menu:* Cheesy Ham & Hashbrown Casserole. Donuts by Inn at the Pines! *Please RSVP by 8/24.*

NEW!! GENTLE ALL-AROUND EXERCISE

Ease into movement with this adapted version of our most popular fitness class! Perfect for beginners and anyone getting back on their feet, this gentle program focuses on building strength, improving balance, and boosting confidence. Led by fellow senior Mary Kay, each session offers a welcoming, supportive environment where you can move at your own pace and feel your best. 1st class is FREE, \$3 after that.

MINI FARMER'S MARKET

Jilly Jeans Produce is BACK! They will be here every Tuesday from 10 a.m.-12 p.m. with fresh, locally grown produce and more! SFMNP cards, Credit cards and cash are accepted!

GEAUGA PARK DISTRICT & TIPSY BULL

Friday, August 14th

Join us for lunch from the Tippy Bull and a presentation by the Geauga Park District about our local streams and discover the amazing wildlife associated with these aquatic habitats. Learn about the parts of a stream, the inhabitants that use these areas and why it is important to protect our waterways.

Lunch order & payment due by 8/12.

JACK CASINO GETAWAY!

Friday, August 28th • 9:00 a.m.

Get ready for a fun-filled day of excitement, great food, and good company! We're heading out from the Geauga Safety Center at 9:00 a.m. for a casino adventure you won't want to miss.

Just \$35 per person! Includes comfortable motorcoach transportation AND a delicious lunch at the Seven Chefs Buffet! We'll head home from JACK Casino at 3:00 p.m. Register at any Geauga Senior Center.

ALZHEIMER'S CARE GIVER SUPPORT GROUP

Wednesday, August 12th • 1:30 p.m.

This is a safe, confidential, supportive environment and a chance for participants to develop connections. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. No need to register, just come on in!



Gauga County
Department on Aging

AUGUST 2026

MONDAY	TUESDAY
3 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	4 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Farmer's Market 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 12:00-1:30 Social Work Appts. 1:00-2:30 Wii Bowling League 1:00-3:30 WoodCarver's Workshop
10 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	11 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Farmer's Market 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 1:00-2:30 Wii Bowling League 1:00-3:30 WoodCarver's Workshop
17 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 9:00-2:00 Reliable Nurse Foot Care 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	18 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Farmer's Market 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 1:00-2:30 Wii Bowling League 1:00-3:30 WoodCarver's Workshop
24 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	25 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Farmer's Market 10:00-12:00 Mexican Train 10:00-1:30 Mahjong CLOSED EARLY FOR STAFF DEVELOPEMENT
31	

BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY

THURSDAY

FRIDAY

8:30-9:30 All-Around Exercise (\$3) **5**
 9:45-10:00 Fitness Boxing NEW
 10:00-12:00 Diamond Painting
 10:00-3:00 Canasta
 10:30-11:00 Beginner Line Dancing
 11:00-12:00 Line Dancing
 11:00-12:00 Bingo w/ Cindy from
 Caring Senior Choices
 12:30- 2:30 OTL Group
 (Cactus Grill—Solon)

9:45-10:15 Balance Class **6**
 10:30-11:00 Cardio Drumming
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle —
 NEW PLAYERS WELCOME
 12:00-12:30 Lunch

8:30-9:30 All-Around Exercise (\$3) **7**
 9:40-10:25 Gentle All-Around
 Exercise (\$3)
 10:00-2:00 Mahjong
 9:00-3:00 Podiatry appts w/
 Dr. Kessinger

8:30-9:30 All-Around Exercise (\$3) **12**
 9:45-10:00 Fitness Boxing NEW
 10:00-12:00 Diamond Painting
 10:00-3:00 Canasta
 10:30-11:00 Beginner Line Dancing
 11:00-12:00 Line Dancing
 11:00-12:00 Bingo w/ Cora from
 King David Nursing
 12:30- 2:30 OTL Group
 (2 & Co.—Chagrin Falls)
 1:30-3:00 ALZ Support Group

9:45-10:15 Balance Class **13**
 10:30-11:00 Cardio Drumming
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle
 NEW PLAYERS WELCOME
 12:00-12:30 Lunch

8:30-9:30 All-Around Exercise (\$3) **14**
 9:40-10:25 Gentle All-Around
 Exercise (\$3)
 10:00-2:00 Mahjong
 12:00-2:00 Geauga Park District—
 "Going with the Flow"

8:30-9:30 All-Around Exercise (\$3) **19**
 9:45-10:00 Fitness Boxing NEW
 10:00-11:30 Diamond Painting
 10:00-11:30 Canasta
 10:30-11:00 Beginner Line Dancing
 11:00-12:00 Line Dancing
 11:00-12:00 Bingo
 12:30- 2:30 OTL Group (Washington
 Street Diner—Chagrin Falls)

9:45-10:15 Balance Class **20**
 10:30-11:00 Cardio Drumming
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle
 NEW PLAYERS WELCOME
 12:00-12:30 Lunch
 12:30-2:30 SCRABBLE

8:30-9:30 All-Around Exercise (\$3) **21**
 9:40-10:25 Gentle All-Around
 Exercise (\$3)
 9:00-2:00 Reliable Nurse Foot Care
 10:00-2:00 Mahjong

8:30-9:30 All-Around Exercise (\$3) **26**
 9:45-10:00 Fitness Boxing NEW
 10:00-12:00 Diamond Painting
 10:00-3:00 Canasta
 10:30-11:00 Beginner Line Dancing
 11:00-12:00 Line Dancing
 11:00-12:00 Bingo w/ Comfort Keepers
 12:30- 2:30 OTL Group
 (Sirna's—Auburn)

9:00-10:00 BIG BREAKFAST **27**
Registration req'd
 Donuts by Inn at the Pines
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle
 NEW PLAYERS WELCOME
 12:00-12:30 Lunch

8:30-9:30 All-Around Exercise (\$3) **28**
 9:40-10:25 Gentle All-Around
 Exercise (\$3)
 10:00-2:00 Mahjong
JACK CASINO TRIP

Keri Loy
Recreation & Education
Coordinator

Matt Samardge
Recreation & Education
Assistant

CHARDON SENIOR CENTER

Call Chardon Senior Center to register for any of our events, lunches, or classes!

Out to Lunch

Kaballos Mexican Kitchen

Tuesday, August 4th

11110 Kinsman Road, Newbury

\$ - on your own

Breakfast Club at Bob Evan's

Thursday, August 6th

\$ - on your own

Social Worker Appointments

Friday, August 7th

First Friday Trivia Lunch

Friday, August 7th

This month's theme: "Name that Musical Artist" FREE

Cyber-Scams and Phone Scams

Presentation by a Retired FBI Agent

Tuesday, August 11th FREE

Celebrate America 250 at the Ballpark!

Wednesday, August 12th

Lake County Captains Game - Sold Out

Geauga Park District Presentation

Thursday, August 13th

"Streams: Going with the Flow" FREE

Lunch and Learn with Kathie Doyle

Friday, August 14th FREE

"Interesting Facts About the C.I.A."

Make, Bake, and Take Class with Val

Tuesday, August 25th

Ice Box Cheesecake \$12

Salad and Sandwich Lunch option

Thursday, August 27th \$5

Geauga County Spotlight:

Monday, August 31st

Geauga County Department on Aging
"State of the Department" Presentation
by GDA Director, Jessica Boalt



Geauga County
Department on Aging

AUGUST 2026

MONDAY

8:00-9:00 Chair Volleyball **3**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 Off Site
10:00-12:00 Rug Hooking / Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art / Tech. Help

8:00-9:00 Chair Volleyball **10**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 Off Site
10:00-12:00 Rug Hooking / Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art / Tech. Help

8:00-9:00 Chair Volleyball **17**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 Off Site
10:00-12:00 Rug Hooking/Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art/Tech Help Appts.

8:00-9:00 Chair Volleyball **24**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art/ Tech Help Appts

8:00-9:00 Chair Volleyball **31**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 Off Site
10:00-12:00 Rug Hooking/Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art/Tech Help Appts.
1:00 GDA Services Presentation

TUESDAY

9:00-11:30 Woodcarving **4**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi \$3
11:00-12:00 Balance Exercises
12:00 Out to Lunch at Kaballos Mexican Kitchen, Newbury location
12:30-4:00 Rummikub
2:00-3:30 Raccoon County

9:00-11:30 Woodcarving **11**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi \$3
11:00-12:00 Balance Exercises
12:30-4:00 Rummikub
1:00 Cyber-Scams Presentation
2:00-3:30 Raccoon County Ramblers Practice

9:00-11:30 Woodcarving **18**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi \$3
11:00-12:00 Balance Exercises
12:30-1:30 Rummikub
2:00-3:30 Raccoon County Ramblers Practice

9:00-11:30 Woodcarving **25**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi \$3
10:00-1:00 Baking Class \$12
11:00-12:00 Balance Exercises
12:00-1:30 RCR Practice
12:30-2:00 Rummikub

CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY

THURSDAY

FRIDAY

5		6		7	
8:00	Sports Talk Coffee Hour	9:30	B'fast @ Bob Evan's \$	9:30-11:30	Stained Glass
9:00-11:00	Pinochle	10:00-12:00	Mah Jongg Lessons	9:30-10:30	Chair Volleyball
11:00-12:00	"Marbles & Jokers"	10:30-12:00	Choral Group	11:00-12:00	Balance Exercise
11:00-11:45	Strength Training \$2	11:00-11:45	Balance Exercises	1:00-4:00	Bridge / Rummikub
11:00-12:00	NO Balance Exercises	12:15-4:00	Duplicate Bridge	12:00-2:00	First Friday Trivia Lunch
12:45-2:00	Chair Volleyball	12:30-4:00	"Marbles & Jokers"	1:30-2:30	Cardio-Drum Video
1:00-4:00	Mah Jongg	1:30-3:30	Line Dancing \$5 (off site)	2:30-3:30	Cornhole

12		13		14	
8:00	Sports Talk Coffee Hour	10:00-12:00	Mah Jongg Lessons	9:30-11:30	Stained Glass
9:00-11:00	Pinochle	10:30-12:00	Choral Group	9:30-10:30	Chair Volleyball
11:00-12:00	"Marbles & Jokers"	11:00-11:45	Balance Exercises	11:00-12:00	Balance Exercise
11:00-11:45	Strength Training \$2	12:15-4:00	Duplicate Bridge	12:00-2:00	Lunch and Learn with Kathie Doyle
11:00-12:00	Balance Exercises	12:30-4:00	"Marbles & Jokers"	1:00-4:00	Bridge / Rummikub
12:45-2:00	Chair Volleyball	1:30-3:30	Line Dancing \$5 (off site)	1:30-2:30	Cardio-Drum Video
1:00-4:00	Mah Jongg	2:00-3:00	GPD Presentation	2:30-3:30	Cornhole

19		20		21	
8:00	Sports Talk Coffee Hour	10:00-12:00	Mah Jongg Lessons	9:30-11:30	Stained Glass
9:00-11:00	Pinochle	10:30-12:00	Choral Group	9:30-10:30	Chair Volleyball
11:00-12:00	"Marbles & Jokers"	11:00-11:45	NO Balance Exercises	11:00-12:00	Balance Exercise
11:00-11:45	Strength Training \$2	12:15-4:00	Duplicate Bridge	1:00-4:00	Bridge
11:00-12:00	Balance Exercises	12:30-4:00	"Marbles & Jokers"	1:00-4:00	Rummikub
12:45-2:00	Chair Volleyball	1:30-3:30	Line Dancing \$5 (off site)	1:30-2:30	Cardio-Drum Video
1:00-4:00	Mah Jongg			2:30-3:30	Cornhole

26		27		28	
8:00	Sports Talk Coffee Hour	9:00-11:00	Mah Jongg Lessons	9:30-11:30	Stained Glass
9:00-11:00	Pinochle	10:30-12:00	Choral Group	9:30-10:30	Chair Volleyball
11:00-12:00	"Marbles & Jokers"	11:00-11:45	Balance Exercises	11:00-12:00	Balance Exercise
11:00-11:45	Strength Training \$2	12:00	Sandwich and Salad Lunch Option \$5	1:00-4:00	Bridge
11:00-12:00	Balance Exercises	12:15-4:00	Duplicate Bridge	1:00-4:00	Rummikub
12:45-2:00	Chair Volleyball	12:30-4:00	"Marbles & Jokers"	1:30-2:30	Cardio-Drum Video
1:00-4:00	Mah Jongg	1:30	Line Dancing \$5 (off site)	2:30-3:30	Cornhole
90th Birthday Party-St. Mary					

Becky O'Reilly
Recreation & Ed. Coordinator

Jackie Kleve
Chris Mackar
Valerie Garland

Recreation & Education
Assistant Coordinators

Beth Oliverio
Information and Referral
Specialist

Ellie Rickard
Food Service Coordinator

Call Chardon Senior Center to
register for any of our events,
lunches, or classes!

Lunches must be ordered by
the "Monday one week prior
to" when you would like to
join us for lunch.

MIDDLEFIELD SENIOR CENTER

Monday Crafts

3rd Sea shell picture frame \$3

10th Squirt gun canvas \$5

17th Framed glass sea turtle
with Amber! \$45

24th Paintbrush flowers \$5

31st Crafting with Cindy
Clay Pot \$5

Mahjong Lessons

Mondays 1:00-3:00 p.m.
with Christine

Hot Dogs and Ice Cream on the Deck

Friday, August 7th

Friday, August 14th

Geauga Park Presentation Streams: Going with the flow

Thursday, August 6th

How to Read Food Labels

Thursday, August 13th

Presented by the UH Geauga
Nutritionist Stephanie.

Kathie Doyle Presents Heartbeat Away from Power History of the Vice Presidents

Friday, August 21st

10:00 a.m. Monthly Breakfast \$3
(Always homemade)

10:30 a.m. Presentation

America 250 Trivia

Thursday, August 27th

with the Middlefield library at the
Middlefield Senior Center



Geauga County
Department on Aging

AUGUST 2026

MONDAY

3

10 am Crafting Club
10am-12pm Farmer's Market
11 am Balance Exercise
12 pm Lunch
12pm Mahjong
12-3pm Painting Pals
1pm Crafting

10

10 am Crafting Club
10am-12pm Farmer's Market
11 am Balance Exercise
12 pm Lunch
12 pm Mahjong
12-3pm Painting Pals
1pm Crafting -

17

10 am Crafting Club
10am-12pm Farmer's Market
11 am Balance Exercise
12 pm Mahjong
12 pm Lunch
12-3 pm Painting Pals
1 pm Crafting
Sea Turtle with Amber \$45

24

10 am Crafting Club
10am-12pm Farmer's Market
11am Balance Exercise
12 pm Mahjong
12 pm Lunch
12-3 pm Painting Pals
1 pm Crafting
Paintbrush flowers \$5

31

10 am Crafting Club
10am-12pm Farmer's Market
11 am Balance Exercise
12 pm Lunch
12 pm Mahjong
12-3 pm Painting Pals
1 pm Crafting
Crafting with Cindy \$5

TUESDAY

4

Sea shell picture frame \$3

9 am Mexican Train
10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball

11

Squirt gun canvas
painting \$5

9 am Mexican Train
10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch

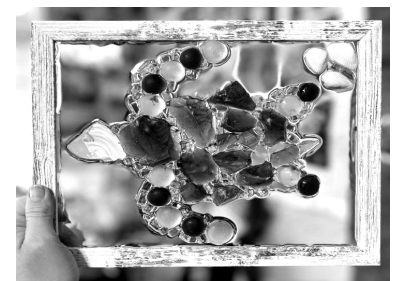
18

9 am Mexican Train
10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball

25

9 am Mexican Train
10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball

**Closed at 2:00 p.m. for
staff development**



MIDDLEFIELD SENIOR CENTER 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

WEDNESDAY	THURSDAY	FRIDAY
5 10 am Balance Exercise 11 am BINGO 12 pm Lunch 1 pm Trivia	6 9 am Mexican Train 10 am Chair Zumba Video 11 am Geauga Park Presentation 12 pm Lunch 1 pm Chair Volleyball	7 10 am Chair Yoga Video 12 pm Hot Dogs & Ice cream on the deck \$5 12 pm Lunch 1 pm Chair Volleyball
12 8 am Social Work Appts 10 am Balance Exercise 11 am BINGO <i>Sponsored by Inn at the Pines</i> 12 pm Lunch 1 pm Trivia	13 9 am Mexican Train 10am Chair Zumba Video 11am Reading Food Labels 12 pm Lunch 1 pm Chair Volleyball	14 10 am Chair Yoga Video 12 pm Hot Dogs & Ice cream on the deck \$5 12 pm Lunch 1 pm Chair Volleyball
19 10 am Balance Exercise 11 am BINGO 12 pm Lunch 1 pm Trivia	20 10 am Chair Zumba Video 11 am Mexican Train 12 pm Lunch 1 pm Chair Volleyball	21 10 am Monthly Breakfast \$3 10:30 am Kathie Doyle Heartbeat Away from Power 12 pm Lunch 1 pm Chair Volleyball
26 10 am Balance Exercise 11 am Trivia 12 pm Lunch 1 pm BINGO <i>Sponsored by Burton Health Care</i>	27 9 am Mexican Train 10 am Chair Zumba Video 11 am America 250 Triva with MF Library 12 pm Lunch 1 pm Chair Volleyball 2 pm Movie at Briar	28 10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball

NEW! Mini Farmer's Market!

Jilly Jeans Produce will be selling fresh, locally grown produce and flowers at Middlefield Senior Center weekly through August! Jilly Jeans accepts SFMNP cards, cash, and credit cards.
Monday 10-12

Hannah Heinz
*Recreation &
 Education Coordinator*

Ginny Lester
*Recreation &
 Education Assistant*

**Please call to register
 for lunch, crafting &
 special events.
 440-632-0611.**

WEST GEAUGA SENIOR CENTER

Taco Lunch & TV Game Shows

Wednesday, August 19th • 11:30-1:30 p.m.

Join us here at WGSC for a taco lunch and TV game shows. We will play Family Feud, Jeopardy and Wheel of Fortune. Cost: \$6,

*Registration is REQUIRED by 8/14
440-279-2163.*

LUNCH & BINGO

Thursday, August 20th • 12:00 - 1:30 p.m.

Join us here at WGSC for a hot lunch (meal of the day), followed by BINGO and prizes to WIN!!! *Registration is REQUIRED by 8/10.*

440-279-2163.

Geauga Parks Presentation

Friday, August 21st • 11:00 a.m.-12:00 p.m.

Sreams: "Going with the Flow" - Join us here at WGSC for an educational presentation by one of our Geauga Parks Naturalists. *Registration is REQUIRED by 8/10. 440-279-2163.*

History of the Ohio State Fair

Tuesday, August 25th • 11:00 a.m.-12:30 p.m.

Join us here at WGSC for a historical presentation about our Sate's Fair. Hotdogs and Fair food included. *Registration is REQUIRED by 8/18. 440-279-2163.*

WGSC Lunch & Movie

Thursday, August 27th • 12:00-2:00 p.m.

Join us for a hot lunch (*meal of the day*) followed by the movie "Michael" This Biopic tells the true story of the life of Michael Jackson. *Registration by 8/17.*

Lunch & Learn w/Professor Maguire

Friday, August 28th • 12:00-1:30 p.m.

Join us here at WGSC for an educational presentation from Dr. Maguire. This month he will share his trip to The Arctic & Svalbard. He will have LOTS to tell you about this area. A hot lunch will be available from 12:00-12:30, and the presentation will immediately follow. *Registration is required, be sure to sign up for the lunch when registering. Deadline is 8/17. 440-279-2163*

Beginner Spin Classes

Tues. & Thurs. - 10:00-10:30 a.m.

Friday Mornings 1:00-1:30

VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

AUGUST 2026

MONDAY

3

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise - Metz pool
1:00-3:00 Mahjongg Group-Lessons
2:00-3:00 Line Dance w/Darlene \$4

10

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise - Metz pool
1:00-3:00 Mahjongg Group-Lessons
2:00-3:00 Line Dance w/Darlene \$4

17

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise - Metz pool
1:00-3:00 Mahjongg Group
2:00-3:00 Line Dance w/Darlene \$4

24

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise - Metz pool
1:00-3:00 Mahjongg Group-Lessons
2:00-3:00 Line Dance w/Darlene \$4

31

9:00-10:00 Water Exercise ~Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise ~Metz pool
1:00-3:00 Mahjongg Group
2:00-3:00 Line Dance w/Darlene \$4

TUESDAY

4

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

11

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

18

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

25

9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
11:00-12:30 History of the Ohio State Fair Presentation
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

Lunch is served Mon thru Fri from 12:00-12:30 p.m. ALL Seniors MUST request meals by the Monday of the week prior to the requested meal dates.. ALL lunch reservations can be made by calling the WGSC at 440-279-2163, or by entering your request in the Lunch sign up book provided by the front Desk.

WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY

THURSDAY

FRIDAY

5

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Strength & Cardio
11:00-12:00 Classical Chair Yoga
1:00-2:30 Never Ending Knowledge
"America's founding Fathers"
1:00-3:00 Diamond Art

6

9:00-10:00 Water Exercise - Metz pool
10:00-10:30 Beginner Spin Class
10:00-11:00 Water Exercise - Metz pool
10:30-11:15 Seated Strength & Balance
12:00-2:00 UH AWWB Lunch & Movie
1:00-2:30 Arm Chair Travel
"Tour of Egypt"

7

9:00-11:30 Stained Glass Class \$5
9:00-11:00 Farmer's Market
10:00-11:00 Gentle Chair Yoga Video
11:00-11:45 Cardio Drumming Video
1:00-1:30 Beginner Spin Class
1:00-1:30 DSM Class #6

12

8:30-10:00 Breakfast & Brain Games
9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Strength & Cardio
11:00-12:00 Chair Yoga
1:00-2:30 Never Ending Knowledge
"Earth's Geological Wonders"
1:00-3:00 Diamond Art

13

9:00-10:00 Water Exercise - Metz pool
10:00-10:30 Beginner Spin Class
10:00-11:00 Water Exercise - Metz pool
10:30-11:15 Seated Strength & Balance
1:00-2:30 Arm Chair Travel
"Tour of Egypt"
1:00-2:00 Yoga Nidra w/Darlene \$4

14

9:00-11:30 Stained Glass Class \$5
9:00-11:00 Farmer's Market
10:00-11:00 Gentle Chair Yoga Video
11:00-11:45 Cardio Drumming Video
SENIOR TECHNOLOGY FAIR
@ Berkshire High School
1:00-1:30 Beginner Spin Class

19

9:00-10:00 Water Exercise ~Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Strength & Cardio
11:00-12:00 Classical Chair Yoga
11:30-1:30 Taco Lunch & TV
Game show afternoon
1:00-2:30 Never Ending Knowledge
"Earth's Geological Wonders"
1:00-3:00 Diamond Art

20

9:00-10:00 Water Exercise ~Metz pool
10:00-10:30 Beginner Spin Class
10:00-11:00 Water Exercise - Metz pool
10:30-11:15 Seated Strength & Balance
12:00-1:30 Lunch & BINGO
1:00-2:30 Arm Chair Travel
"Tour of Egypt"
1:00-2:00 Yoga Nidra w/Darlene \$4

21

9:00-11:30 Stained Glass Class \$5
9:00-11:00 Farmer's Market
10:00-11:00 Gentle Chair Yoga Video
11:00-11:45 Cardio Drumming Video
11:00-12:00 G. Parks Presentation:
Streams: "Going w/the Flow"
1:00-1:30 Beginner Spin Class

26

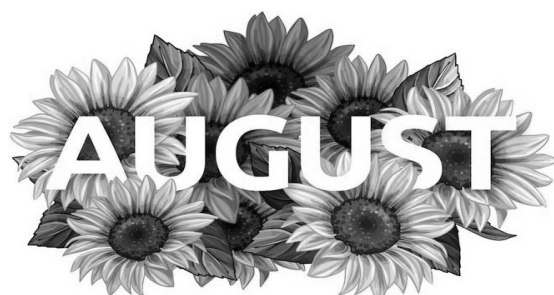
9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Strength & Cardio
11:00-12:00 Classical Chair Yoga
1:00-2:30 Never Ending Knowledge
"Earth's Geological Wonders"
1:00-3:00 Diamond Art

27

10:00-10:30 Beginner Spin Class
10:00-11:00 Water Exercise - Metz pool
10:30-11:15 Seated Strength & Balance
12:00-2:00 Lunch & Movie "MICHAEL"
1:00-2:30 Arm Chair Travel
"Tour of Egypt"
1:00-2:00 Yoga Nidra w/Darlene \$4
5:00-7:00 Dine Nite Out

28

9:00-11:30 Stained Glass Class \$5
9:00-11:00 Farmer's Market
10:00-11:00 Gentle Chair Yoga Video
11:00-11:45 Cardio Drumming Video
12:00-1:30 Lunch & Learn w/
Dr. Maguire "Arctic &
Svalbard" Presentation
1:00-1:30 Beginner Spin Class



Recreation/Education Coordinator
Christine Bacon 440-279-2163

Rec/Ed Assistants

Jeanne Molzon

Amy Walsh

I&R Assistant

Ronda Dwyer 440-279-2163

Stained Glass Class Appts:

Call Don Trask 440-759-9691

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Walking for Wellness

Thursdays from 9:00-10:30 a.m.

Join the Geauga County Department on Aging and UH Geauga for our “Walking for Wellness” program. Walking has shown to help with weight management, reduce stress, and increase energy levels. This group focuses on keeping a steady pace, a safe place to walk with other people, and a goal of 3 miles each walk. Call Magaly Rios at 440-279-2137 with questions, you do not need to register for this program, just show up!

DATE	PARK
8/6	Blue Heron Preserve 14747 Ravenna Rd, Burton
8/13	Thompson Ledges 16755 Thompson Rd, Thompson Afterwards, Breakfast at Stocker's by Anne 6831 Madison Rd, Thompson - CASH ONLY
8/20	The West Woods 9465 Kinsman Rd, Novelty Meet at the Nature Center
8/27	Observatory Park 10610 Clay St, Montville

Annual Grandparent's Day!

Monday, August 10th

10:45 a.m. - 2:00 p.m.

Join us this summer for our annual Grandparent's Day. Bring the grandkids to Claridon Woodlands Park (11383 Claridon Troy Rd, Chardon) for a fun-filled day of entertainment and lunch! Karie, from Geauga Park District, will start the morning with nature activities, Afterwards, a picnic lunch will be served. After lunch, Jungle Terry and his “jungle” animals will present a wildly fun, interactive show! Cost is \$10 per person, kids aged 2 and under are free. UH Geauga Medical Center will be there with giveaways and a photo booth for families to get their pictures taken during the event. *Call Melissa at (440) 279-2167 for any questions.*

The Loretta Paganini School of Cooking

Monday, August 17th • 12:00-2:00 p.m.

Take a seat and watch the chef-instructor and assistants demonstrate, prepare, and serve the items to you on the menu! **Italian Summer Menu: Tomato, Fresh Mozzarella, and Basil Caprese Salad; Chicken Piccata Scallopini with Lemon-Caper Sauce; Homemade Fettuccine Pasta with Olive Oil, Herbs, and Vegetables; Peach Cobbler with Vanilla Ice Cream.** \$55 per person. *Please call Melissa Wheeler at 440-279-2167 for questions.*

CWRU Siegel Lifelong Learning Speaker –

Gene Editing: Extraordinary Promise for Good, Unrestrainable Potential for Abuse

Tuesday, September 8th

Ohman Family Living at Holly
10190 Fairmount Rd, Newbury

Breakfast will be served at 9:30 a.m., followed by the lecture “Gene Editing: Extraordinary Promise for Good, Unrestrainable Potential for Abuse” beginning at 10:00 a.m. Presented by Barbara Kuemerle, PhD and Author. In this time, our time, as we witness the rapid evolution of science and technology, it should come as no surprise that there are those among us who are swiftly closing the gap between reality and what could once only be imagined. This transformation is most prevalent in the field of molecular genetics, where the ability to manipulate each gene is now commonplace. This ability has a wide range of applications and is leading to promising new medical therapies but is also pushing ethical boundaries further than ever before. Join us to learn the science underlying the Nobel Prize-winning technology, CRISPR Cas 9 gene editing, why it's such revolutionary technology, its promise, and its peril.

Cost: \$15 for members, \$20 non-members. Registration is required by visiting www.case.edu/lifelonglearning/lectures/ohman or calling 216-368-2090.

Gauga Walkers

All walks begin promptly at 1:00.

*A Naturalist will accompany us on these walks.

Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules.” Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
8/4	North Chagrin Reservation Strawberry Pond Trail Head, off Rt 6
8/11*	Sunnybrook Preserve 12474 Heath Road, North of Rt 322, East of Chesterland
8/18	Lucia Nash Preserve Snow Road, North off Stafford Road, Burton CARPOOL (Large Sign; GPS ineffective)
8/25*	Claridon Woodlands 11383 Claridon-Troy Road, Claridon Twp North of Rt 322

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Parkinsons and Diabetes Support Group – COMBINED THIS MONTH Navigating the Health Care System

Tuesday, August 18th • 1:00 p.m.

Chardon Senior Center
470 Center St, Building 8, in Chardon

A visit to the emergency department or an unexpected hospital admission can be a stressful and overwhelming experience for patients and their families. Understanding what to expect throughout the continuum of care, from the emergency room to hospital admission, and ultimately discharge, can help reduce anxiety and promote a smoother experience. Maintaining open communication with your health care team is essential to delivering effective, patient-centered care. *Please Call Melissa at 440-279-2167 to RSVP.*

Smart Driving Starts with the Right Fit!

Wednesday, August 5th • 9:00-11:30 a.m.

Berkshire High School Parking Lot
14155 Claridon Troy Rd, Burton

Having the proper fit inside your vehicle can make a big difference and help protect you and those around you. Join Geauga County Department on Aging and UH Geauga Medical Center for a CarFit event where trained experts will show you how you can enhance your comfort, safety, and fit within your vehicle. *Registration is required by calling UH Geauga at 440-214-3180 to schedule your appointment. Spots are limited!*

Taking Control of Your Legacy

Thursday, September 10 • 11:30 a.m.–2:30 p.m.
Gauga County Administrative Office Building

Planning ahead is one of the greatest gifts you can give yourself and your loved ones. Join our panel of experts from Burr Funeral Home, St. Mary's Church, an Elder Law Attorney, the Geauga County Department on Aging, and UH Geauga Medical Center as they discuss advance care planning, estate planning, end-of-life wishes, and the important conversations that help ensure your values and decisions are honored. Lunch will be provided by UH Geauga Medical Center. *Registration is required. Please call Melissa at 440-279-2167 to reserve your spot.*

Daytime Senior Book Discussions

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Magaly Rios at 440-279-2137. Discussion books are available to loan at hosting Library's front desk, call to have them reserve a book for you!

Wednesday, August 5th (1st Wednesday of each mo.)
at West Geauga Library from 11:30-12:30 p.m.
with an out-to-lunch to follow, sign up with Magaly.
Discussing: *Harry's Trees* by John Cohen.

Thursday, August 13th (2nd Thursday of each month)
at Burton Library from 1:30-3:00 p.m.
NO BOOK DISCUSSION THIS MONTH.

Free Lunch and a Movie

Thursday, August 6th • 12:00-2:30 p.m.
at the West Geauga Senior Center
8090 Cedar Road, Chesterland

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. *Due to very limited space, and to ensure a fun experience for all, registration is required by calling UH Geauga at 440-214-3180.*

Summer Wellness Series

UH Geauga Medical Center, 13207 Ravenna Rd.
Chardon - Conference Center (Lower Level).

Join us this summer as we empower you to make smarter health choices to live a longer, happier and healthier life! In collaboration with the Geauga County Department on Aging. *Please call UH Geauga at 440-214-3180 to register for this free program. Space is limited.*

Wednesday, August 5th • 5:00-6:30 p.m.

"Summer Safety" UH Geauga will present on different topics related to summer safety: safety devices – seatbelts, helmets, etc., overuse injuries, and the importance of stretching.

Wednesday, September 2nd • 5:00-6:30 p.m.

"Preventative Care" Let's talk about preventative care! We will discuss screenings and preventative medicine that support healthy aging.

Simple Cooking with Heart

Wednesday, September 16th

3:00-4:30 p.m.

at the Geauga County Office Building –
Room B167-B168, 12611 Ravenwood Dr, Chardon

Join us for a healthy, hands-on cooking demonstration featuring the Executive Chef and Registered Dietitian from UH Geauga. This month will feature an “Anti-Inflammatory” menu. UH Physical Therapy will present on “Maintaining a Strong Body.” In conjunction with the Geauga County Department on Aging. **Registration is required by calling UH Geauga at 440-214-3180, space is limited.**

Be Ready, Stay Safe!

Tuesday, September 29th • 1:00-2:00 p.m.

at the Geauga County Office Building –

Room B167-B168, 12611 Ravenwood Dr, Chardon

September is National Emergency Preparedness Month.

Join us for a free educational presentation with Geauga County Emergency Management to learn how they help protect and support Geauga County residents before, during, and after emergencies through preparedness, response, and recovery. You'll also receive practical tips on how to prepare yourself and your household for natural emergencies, so you can stay safe and be ready when unexpected situations arise. **This presentation is free, but advance registration is required. RSVP at 440-279-2137.**

BAINBRIDGE SENIOR CENTER EVENTS

—— Please call 440-279-1313 to register or with any questions. ——



*Is it still karaoke
if there is a
conga line?
You bet it is!
And it's fun!
Let's gooooo!*

Big Breakfast

Thursday, August 27th

Join BSC for our monthly big breakfast. Veterans & August birthdays are free to attend. The cost is \$5 for everyone else. **Menu:** Cheesy Ham & Hashbrown Casserole. **RSVP by 8/24.**

JACK Casino Getaway!

Friday, August 28th

Get ready for a fun-filled day of excitement, great food, and good company! We're heading out from the Geauga Safety Center at 9:00 a.m. for a casino adventure you won't want to miss. **Just \$35 per person!**

Includes comfortable motorcoach transportation AND a delicious lunch at the Seven Chefs Buffet! We'll head home from JACK Casino at 3:00 p.m.

Grab your friends, bring your lucky charm, and reserve your seat today—this trip is sure to fill up fast! Registration available at any Geauga Senior Center.

NEW! Gentle All-Around Exercise

Ease into movement with this adapted version of our most popular fitness class! Perfect for beginners and anyone getting back on their feet, this gentle program focuses on building strength, improving balance, and boosting confidence. Led by fellow senior Mary Kay, each session offers a welcoming, supportive environment where you can move at your own pace and feel your best. 1st class is FREE, \$3 after that.

NEW! Mini Farmer's Market!

Jilly Jeans Produce will be selling fresh, locally grown produce and flowers at Bainbridge Senior Center, West G Senior Center, and Middlefield Senior Center weekly through August! Jilly Jeans also accepts SFMNP cards, cash, and credit cards.

Monday – Middlefield Senior Center 10:00 a.m. - 12:00 p.m.

Tuesday – Bainbridge Senior Center 10:00 a.m. - 12:00 p.m.

Friday – West G Senior Center 9:00 a.m. - 11:00 p.m.

GAMES AT BSC!

Poker	Mondays, 10 a.m.-2 p.m.
Mexican Train	Tuesdays, 10 a.m.-Noon
Bingo	Wednesdays, 11 a.m.-Noon
Canasta	Wednesdays, 10 a.m.-3 p.m.
Pinochle	Thursday, 10 a.m. - 3 p.m. (New players welcome!)
Scrabble	Every 3 rd Thursday, 12:30-2:30 p.m.
Mahjong	Tuesdays 10 a.m.-3 p.m. and Fridays 10 a.m.-3 p.m.
Wii Bowling League	Tuesdays 1:00-2:30 p.m.

All-Around Exercise

Fellow senior and certified instructor, Mary Kay Simoni, leads these two classes held **every week**. **All-Around Exercise** is perfect for our more active seniors including weights, stretching, breathing, and balance work. **Starts at 8:30 a.m.**, no registration required! First class is free! \$3 after that. **M-W-F.**

Line Dancing

New to Line Dancing? Join us every **Wednesday from 10:30-11:00 a.m. for Beginner's Class** then stay for the **regular line dancing session 11:00 a.m.-12:00 p.m.** Learn and then apply your new moves with your new friends! **No need to register—just drop in!**

NEW! Fitness Boxing

Every Wednesday 9:45-10:00 a.m.

This NEW class will get your heart rate up while improving muscle tone! FREE to participate and no registration required! Just come on and check it out!

Geauga Park District & Topsy Bull

Friday, August 14th

Join us for lunch from the Topsy Bull and a presentation by the Geauga Park District about our local streams and discover the amazing wildlife associated with these aquatic habitats. Learn about the parts of a stream, the inhabitants that use these areas and why it is important to protect our waterways. **Lunch order & Payment due by 8/12.**

Alzheimer's Care Giver Support Group

Wednesday, August 12th • 1:30 p.m.

This is a safe, confidential, supportive environment and a chance for participants to develop connections. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems. **No need to register, just come on in!**

Woodcarver's Workshop

Tuesdays at 1:00 p.m.

Fellow senior John Hagan is leading a weekly wood carver's workshop right here at BSC. Experts to beginners all welcome! **Call to register!**

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

Cyber-Scams and Phone Scams

*What You Need to Know, Presented by
a Recently-Retired FBI Agent*

Tuesday, August 11th

1:00-2:00 p.m.

Learn from a recently-retired FBI Agent, about scams and what you can do to protect yourself! Important information! **Call 440-279-2126 for reservations.**

The Breakfast Club of Chardon

Thursday, August 6th • 9:30 a.m.

Join us for a breakfast out at Bob Evan's in Chardon. Enjoy breakfast, coffee, and conversation with others! Cost is "on your own." **Call 440-279-2126.**

Lunch and Learn with Kathie Doyle

Friday, August 14 • 12:00 noon

Retired History teacher, Kathie Doyle, enjoys researching interesting historical topics and sharing what she has learned with us at the senior center! Come, find out what Kathie has in store for us this month, as she will be discussing interesting facts about the C.I.A. **FREE, but you must register at 440-279-2126.**

Geauga County Department on Aging's 90th Birthday Party!

Friday, August 28th

11:00 a.m. - 1:30 p.m.

The Banquet Room at St. Mary's Chardon

A county-wide party celebrating those who are age 90 and over! Come celebrate with us! Those 90 and over are free, and all other guests are \$20. If 90 or over, please indicate t-shirt size with registration.

Geauga Park District

**Thursday, August 13th • 2:00 - 3:00 p.m.
at the Chardon Senior Center**

This month's Park topic will be **Streams: Going With The Flow**. Venture into our Geauga County streams and discover the amazing wildlife associated with these aquatic habitats. Learn about the parts of a stream, the inhabitants that use these areas and why it is important to protect our waterways. **FREE, but please register at 440-279-2131.**

Out to Lunch

Tuesday, August 4th • 12:00 Noon

Let's try out a new place! Meet up at Kabellos Mexican Kitchen – Newbury location at 11110 Kinsman Road, Newbury. Call 440-279-2126, to let us know you'll be joining us! Cost is "on your own."

Birthday BINGO and Pizza Party! August and September COMBINED!

Friday, September 25th • 11:00 a.m.

We will be celebrating all of those having celebrated birthdays in August and September! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! \$2.00 per person; August and September Birthdays are free! **Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Pizza Sponsor, Chardon Healthcare!**

Learn to play Mah Jongg

Call 440-279-2131 for details!

Balance Exercise Class

We have added an extra session of Balance Exercise Class at Chardon Senior Center! Our Monday class has filled up and we decided to split the Monday class into 2 sessions. You can now choose to come to EITHER the 10:00 a.m. class, OR to the 11:00 a.m. class. This is for Mondays only for right now. Tuesday – Friday, we will continue to offer the one Balance Exercise Class at 11:00 a.m.

Make, Bake, and Take Baking Class with Val

Tuesday, August 25th • 10:00 a.m. – 1:00 p.m.

This is a hands-on baking class, where participants will make a delicious Icebox Cheesecake. You will be guided step-by-step throughout the baking process! **\$12 per person with registration.**

Geauga County Spotlight:

*Geauga County Department on Aging,
“State of the Department”*

Presentation by

GDA Director, Jessica Boalt

**Monday, August 31st • 1:00-2:00 p.m.
at the Chardon Senior Center**

GDA Director, Jessica Boalt, will share an overview of services provided by the department, as well as some facts and figures regarding those services. **FREE, but please register at 440-279-2131.**

First Friday Trivia and Lunch – NEW!

Join us at Chardon Senior Center on the first Friday of every month for lunch and trivia! Each month, we will have a different theme for trivia; **August 7’s theme will be “Name That Musical Artist.”** Lunch is served at noon, with trivia immediately following! **FREE, but reservations are required at 440-279-2126.**

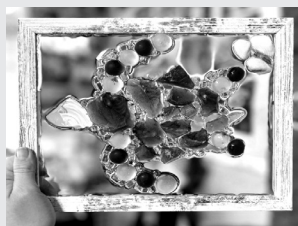
MIDDLEFIELD SENIOR CENTER EVENTS

—— Please call 440-632-0611 to register or with any questions. ——

Framed Glass Sea Turtle with Ariel Inspired Studios

Monday August 17th • 1:00-3:00 p.m.

Join us for a step-by-step class led by Ariel Inspired Studios. Using different colors of glass, shells, stone, and sand! **Please call 440-632-0611 to register.**



America 250 Trivia

Thursday, August 27th • 11:00 a.m.

Presented by the Middlefield Library. Held at the Middlefield Senior Center. **Call 440-632-0611 to let us know you will be here!**

Geauga Parks Presentation *Streams: Going with the flow*

Thursday, August 6th • 11:00 a.m.

Join us at the Middlefield Senior Center, as a representative from the park System to highlight Geauga’s beautiful waterways, headwater streams and river ecosystems. **Call 440-632-0611 to register.**

NEW! Mini Farmer’s Market!

Jilly Jeans Produce will be selling fresh, locally grown produce and flowers at Bainbridge Senior Center, West G Senior Center, and Middlefield Senior Center weekly through August! Jilly Jeans also accepts SFMNP cards, cash, and credit cards.

Monday – Middlefield Senior Center 10:00 a.m. - 12:00 p.m.

Tuesday – Bainbridge Senior Center 10:00 a.m. - 12:00 p.m.

Friday – West G Senior Center 9:00 a.m. - 11:00 p.m.



Middlefield Senior Center did a dino meet and greet! With the Perfect Occasion Costume Shop held at the First United Methodist Church Pavilion!! Thanks to all who came and were able to bring great grandchildren everyone had a great time!!

Movie and Snacks at Briarcliff Manor

Thursday, August 27th • 2:00 p.m.

Join the Middlefield Seniors for a movie and snacks at Briarcliff Manor (14807 N State Ave, Middlefield). Enjoy a movie in Briarcliff's theater room. **Register at 440-632-0611.**

Kathie Doyle Presents *Heartbeat Away from Power,* *History of the Vice Presidents*

Friday, August 21st • 10:30 a.m.

Monthly breakfast served at 10:00 a.m. \$3.00 always homemade! **Call 440-632-0611 to register!**

Hot Dogs and Ice Cream on the Deck

Friday, August 7th and 15th • 12:00 p.m.

Join us for grilling and chilling on the deck! Only \$5 per senior. **Call 440-632-0611 to let us know you will be here!**

How to Read Food Labels

Thursday, August 13th

11:00 a.m.

Presented by University Hospitals Geauga nutritionist Stephanie at the Middlefield Senior Center. **Call 440-632-0611 to let us know you will be here!**

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —

Line Dancing Classes with Darlene

Mondays • 2:00-3:00 p.m.

Join us for Line Dance Classes with Darlene Kelbach at WG Senior Center. Cost is \$4 per class, paid directly to Darlene each session. Learn many of the new popular line dances and do some you already know. This is a great way to get in that much needed exercise!! **NO Sign-up needed, come on in and join us!**

Breakfast and Brain Games

Wednesday, August 12th • 8:30-10:00 a.m.

Join us for a hot Breakfast of blueberry pancakes, bacon, sausage, yogurt and beverage. Cognitive building Brain Games will be after breakfast from 9:00-10:00 a.m. Cost \$6 Registration Required by 8/7.

Armchair Travel – “The Great Tours: A Guided Tour of Ancient Egypt” at WGSC

Thursday afternoons from 1:00-2:30 p.m.

- Aug. 6th** 1. Exploring the gift of the Nile
2. The Major Museums of Cairo
3. How to build a Pyramid
- Aug. 13th** 1. The Great Pyramid: The last Ancient Wonder
2. The Great Sphinx and the Giza Plateau
3. The Step Pyramid: Djoser's Stairway to Heaven
- Aug. 20th** 1. The Capital at Memphis and the Saqqara Tombs
2. Old, New and Late Saqqara
3. Saqqara's Famous Fifth-Dynasty Tombs
- Aug. 27th** 1. King Sneferu and the First True Pyramid
2. Power and Revolution: Beni Hasan and Amarna
3. Akhenaten's City at Amarna and Hermopolis

Lunch & Movie “Michael”

Thursday, August 27th • 12:00-2:00 p.m.

Join us for a hot lunch (*meal of the day*) followed by the movie “**Michael**”. Synopsis; (Michael - 2026) is a biographical musical drama directed by Antoine Fuqua that chronicles the life of the “King of Pop,” Michael Jackson. The film follows his meteoric rise from a child prodigy with the Jackson 5 to his monumental global superstardom, culminating in the Bad World Tour in the late 1980s. The narrative heavily focuses on his visionary musical ambition, spectacular performances, and his deeply traumatic, controlling relationship with his father, Joe Jackson. The film stars Michael Jackson's real-life nephew, Jaafar Jackson, as the adult Michael, bringing an eerie vocal and visual accuracy to the icon's legendary routines. The cast also features Colman Domingo as his exacting father and Nia Long as his mother, Katherine Jackson. **A FREE Event, however donations will be accepted for the meal. Register by 8/17 - 440-279-2163.**

History of the Ohio State Fair Presentation

Tuesday, August 25th • 11:00 a.m.-12:30 p.m.

Join us at the West G Senior Center for a summertime presentation by Christine Bacon. This program will cover the history of our Great State Fair from its beginnings to the current day. Hotdogs and Fair style treats will be served after the Presentation from 12:30-1:00 p.m. **Cost \$3, Deadline to register is 8/18. 440-279-2163.**

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —

Classical Chair Yoga with Nat

Wednesdays • 11:00 a.m. - 12:00 p.m.

Join us at the WGSC for a weekly chair yoga class with Nat. He will provide an old fashioned class which includes not only physical exercises for flexibility, strength and balance, but also breath work, conscious relaxation, and mental focus. **No need to register, all are welcome.**

YOGA NIDRA with Darlene

Thursdays • 1:00 to 2:00 p.m.

Yoga Nidra is held on the 2nd, 3rd, 4th, and 5th Thursdays (if applicable). Taught by instructor Darlene Kelbach, formerly from The Fairmount school of the Arts. Yoga Nidra is also known as “yogic sleep” and is a deep relaxation technique. The body becomes completely still and relaxed while awareness turns inward by listening to guided meditation. Yoga Nidra can be practiced on a yoga mat or in a chair. Wear comfortable clothes. Chairs will be provided and there are yoga mats to borrow, if needed. Cost is \$4 per class, paid directly to Darlene at each class.

Lunch & Learn at WGSC

with Professor Maguire - Arctic & Svalbard

Friday, August 28th • 12:00-1:30 p.m.

Join us here at WGSC for a hot lunch (*meal of the day*), followed by an educational presentation about Arctic Svalbard. Professor Maguire will share his experiences and photos of his time spent there. He will cover how Svalbard came to belong to Norway, why it's the only place in the world you don't need a visa for, the northernmost city in the world which has 2400 people, a University, 2 museums, 2 art galleries, a craft brewery and where children drive a snowmobile to school carrying a rifle. **A FREE Event, (Donations accepted for the meal) Deadline to register is 8/17 - 440-279-2163.**

GEAUGA YOUNG OF HEART

Meet at 11:30 a.m. at St. Anselm's Parish Center, 12969 Chillicothe Rd. in Chesterland on the first and third Friday of the month. Entertainment and refreshments will be provided. On August 7 we will have music by Ken & Pam from Erie Street. On August 21 we'll be entertained by Greg Viscera. We will be going to the Aurora Atlas Movie Theater (Rt. 306 and Rt. 82) on August 18. The movie is TBD. It will start at 11:00. Cost is \$5. We will be going on a luncheon cruise on the Valley Gem Sternwheeler in Marietta and to the Wilds for an open-air safari on August 12. There will be a trip to the Ohio Star Theater in Sugarcreek to see “Elijah, Prophet of Fire” on October 7. Cost is \$115 pp. A six day trip is planned for October 13-18 to Vermont and New Hampshire. Cost is \$1,525. For further information and reservations on trips, call Kimber at (440) 668-3293. Everyone is welcome on Young of Heart trips.

Geauga Parks Presentation

Streams: Going with the flow

Friday, August 21st • 11:00 a.m.- 12:00 p.m.

Join us for a presentation by a GPD Naturalist. Venture into our Geauga County streams and discover the amazing wildlife associated with these aquatic habitats. Learn about the parts of a stream, the inhabitants that use these areas and why it is important to protect our waterways. Following the presentation a HOT meal is available from 12:00-12:30 p.m. **Let us know when registering for this event if you plan to stay for the meal. FREE Event - Deadline to register is 8/10.**

Taco Lunch and TV Game Show afternoon w/Christine

Wednesday, August 19th • 11:30-1:30 p.m.

Come and enjoy a taco lunch including Ice Cream and beverages, followed by an exciting session of interactive TV game shows. Experience digitally crafted, life-like versions of popular games such as “Jeopardy”, “Wheel of Fortune.” And Family Feud. We'll form teams to participate, ensuring a fun-filled experience for everyone! **Cost: \$6 Deadline to register is 8/14 - 440-279-2163.**

Never Ending Knowledge Series

Wednesdays • 1:00-2:30 p.m. (*three 30-minute lectures*)

Light snacks and refreshments provided.

America's Founding Fathers

AUGUST 5TH

1. John Marshalls Court
2. James Madison's War
3. Alexis de Tocqueville's America

*** END OF COURSE***

The World's Greatest Geological Wonders

(*36 lectures-12 weeks*)

Tour Earth's Greatest Diversity and beauty in this awe-inspiring course that visits the most amazing natural wonders in the world and explains the geology that underlies them.

AUGUST 12TH

1. Santorini-impact of Volcanic Eruptions
2. Mount Fuji-sleeping power
3. Galapagos Rift-Wonders of Mid-Ocean Ridges

AUGUST 19TH

NO CLASS Today

AUGUST 26TH

1. African-Rift Valley-Cracks into the Earth
2. Erta Ale-Compact Fury of Lava Lakes
3. Burgess Shale-Rocks and the Keys to Life

Geauga Menu August 2026

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
3 MACARONI & CHEESE BROCCOLI FLORETS CORN ORANGE FRUIT CUP APPLE-CINNAMON BREAD	4 GRILLED CHICKEN BREAST GREEN SWEET PEAS DICED CARROTS ESCALLOPED APPLES HAMBURGER BUN WG MAYONNAISE	5 No Home Delivered Meals! Volunteer Appreciation Day!	6 STUFFED CABBAGE SPAGHETTI SAUCE GREEN BEANS MASHED POTATOES PEACH FRUIT CUP WHITE BREAD WG	7 BEEF PATTY AMERICAN CHEESE ROASTED POTATOES BAKED BEANS APPLESAUCE HAMBURGER BUN WG KETCHUP
10 SLOPPY JOE TATER TOTS DICED CARROTS STRAW-BAN APPLESAUCE HAMBURGER BUN WG	11 MEATBALLS PENNE PASTA SPAGHETTI SAUCE MIXED VEGGIES PEAR FRUIT CUP WHITE BREAD WG	12 CHICKEN PATTY BAKED BEANS CORN ORANGES FRUIT CUP HAMBURGER BUN WG BBQ SAUCE	13 JUMBO CHEESE RAVIOLI SPAGHETTI SAUCE BROCCOLI FLORETS MIXED VEGGIES PEAR FRUIT CUP DINNER ROLL	14 GRILLED CHICKEN BREAST BBQ SAUCE WHITE RICE GREEN BEANS SWEET POTATOES APPLESAUCE CORNBREAD
17 STUFFED GREEN PEPPERS SPAGHETTI SAUCE MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	18 SALISBURY STEAK BROWN GRAVY WHITE RICE CORN DICED CARROTS FRUIT CUP CINNAMON BREAD	19 SMOKED HAM PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS CORNBREAD MIXED FRUIT	20 GRILLED CHICKEN BREAST PENNE PASTA SPAG SAUCE W BASIL MIXED VEGGIES MIXED FRUIT DINNER ROLL	21 BONELESS WINGS DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE GRAHAM CRACKERS BBQ SAUCE CUP
24 CHICKEN SALAD COLE SLAW THREE BEAN SALAD PINEAPPLE HAMBURGER BUN WG	25 MEATLOAF BROWN GRAVY MASHED POTATOES GREEN SWEET PEAS APPLESAUCE WHITE BREAD WG	26 GRILLED CHICKEN BREAST TERIYAKI SAUCE VEGGIE FRIED RICE BROCCOLI FLORETS MAN. ORANGES	27 TURKEY BURGER ROASTED POTATOES GREEN BEANS STRAW-BAN APPLESAUCE HAMBURGER BUN WG KETCHUP	28 MEATBALLS SWEDISH MEATBALL GRAVY PENNE PASTA BROCCOLI FLORETS DICED CARROTS APPLESAUCE WHITE BREAD
31 MACARONI & CHEESE BROCCOLI FLORETS CORN ORANGES FRUIT CUP APPLE-CINNAMON BREAD				

Menu Subject to Change. Milk included with each meal.

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Summer Crisis Program Begins July 1st



More than 55,000 Ohio households served in 2025

The Ohio Department of Job and Family Services and Lifeline are once again offering assistance to help Ohio's families stay cool during the hot summer months.

From July 1 through Sept. 30, income-eligible Ohioans can receive assistance in paying their electric bill, purchasing an air conditioner or fan, or making repairs to their central air conditioning unit through the Ohio Department of Job and Family Service's Home Energy Assistance Summer Crisis Program (HEAP).

The Summer Crisis Program assists low-income households and those that have a disconnection notice, have been shut off, are trying to establish new service on their electric bill, require air conditioning, or those with a household member age 60 or older and/or a household member with a documented medical condition. Qualifying medical conditions can include lung disease, Chronic Obstructive Pulmonary Disease, asthma, and others. To qualify for assistance, Ohioans must have a gross income at or below 175 percent of the Federal Poverty Guidelines for a family of up to seven members, and 60 percent of the State Median Income for a family of eight or more members. For a family of four, the annual income must be at or below \$57,750.

Last year, the Summer Crisis Program assisted more than 55,000 households in Ohio, providing a total of \$12.4 million in benefits.

To apply for the program, clients are required to schedule an appointment with Lifeline. Appointments can be scheduled by calling (440) 381-8230 or app.capappointments.com.

Clients need to bring copies of the following documents to their appointment:

- Copies of their most recent energy bills.
- A list of all household members and proof of income for the last 30 days or 12 months for each member.
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).
- Physician documentation that cooling assistance is needed for a household member's health.

Ohioans enrolled in the Percentage of Income Payment Plan Plus (PIPP) program who meet the above criteria may also be eligible for assistance, or central air conditioning repairs, or may receive an air conditioning unit and/or fan.

For more information about the Summer Crisis Program, and what is needed to apply, contact Lifeline at (440) 381-8230 or app.capappointments.com. To be connected to your local Energy Assistance Provider visit www.energyhelp.ohio.gov.

Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the 2026 income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application!

Medicare Savings Programs (MSPs) and Extra Help

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

MEDICAID			QMB			SLMB			QI		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,014	\$2,000	Single	\$1,350	\$9,950	Single	\$1,616	\$9,950	Single	\$1,816	\$9,950
Married	\$1,511	\$3,000	Married	\$1,824	\$14,910	Married	\$2,184	\$14,910	Married	\$2,455	\$14,910

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,235.21 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____	Location: _____	
Cost: _____	Amount Enclosed _____	Event Date(s) _____
Name: _____	Phone: _____	
Address: _____	City/Zip: _____	
Emergency Contact _____	Phone # _____	
Registered with GDA for 2026? Yes ____ No ____		
Other Information: (menu or leave from options) _____		
Internal use - Date Received _____ Staff Initials _____ Receipt # _____		

Event: _____	Location: _____	
Cost: _____	Amount Enclosed _____	Event Date(s) _____
Name: _____	Phone: _____	
Address: _____	City/Zip: _____	
Emergency Contact _____	Phone # _____	
Registered with GDA for 2026? Yes ____ No ____		
Other Information: (menu or leave from options) _____		
Internal use - Date Received _____ Staff Initials _____ Receipt # _____		

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

• I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____
Signature of Participant _____ Date _____

Refund Policy for the Geauga Department on Aging

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
12611 Ravenwood Dr., Suite 200
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
440-279-2130 AUGUST 2026

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

**Call 988 anytime
for free and
confidential
support and
resources related
to mental health or
substance use concerns.**



988

SUICIDE
& CRISIS
LIFELINE

If you or someone you know
needs support now,

CALL OR TEXT: 988
CHAT: 988lifeline.org

Talk with us.



2026 GC Department on Aging Trash Pick-Up Days!

Local townships, villages and city road crews will again work with the Dept. on Aging employees and volunteers to remove unwanted items from seniors Garages and yards during locally scheduled pick-ups. Seniors **must be registered** with the Department on Aging for 2026 one week prior to the pick-up to be placed on the pickup list. Dates for pick-up days are subject to change, so check the list each month.

Village of Middlefield	Aug 13
Russell Twp	Sept. 9-11
Chesterland Twp	Sept. 14-18
City of Chardon	Sept. 24
Middlefield Twp	Oct. 1

Register early with the Dept. on Aging

We are asking seniors who will be participating in the 2026 Trash Day Pick-up program to register NOW with the Dept on Aging. Seniors who complete their yearly registration with Dept. on Aging prior to the clean-up dates, only need to make a phone call before the trash pick-up cutoff date to be placed on the community pick-up list. Please, no more than 10 items per household.

Call (440) 279-2130 for guidelines and questions.

PLATINUM PATRONS

The Bramley Family

in memory of Jim & Joy Bramley & Rob Warren

G Rae Peck in memory of Sigmund Peck

Alan Bialosky in memory of Peggy Bialosky

Robert Beutel and Claudia Euse

Newbury Class Members of 1956

James & Sandra Burzanko in memory of Judge Forrest W. Burt

Lyn and Carla Svendsen

Barbara & Edward Wells

Nancy Lynam-Davis in memory of Eileen Schaffert

Ann Busse in memory of Carl & Dorothy Busse

Mr & Mrs Robert Beutel

Erin Wallace in memory of Teddi Wallace

The Sly Fox Motorcycle Club of Northeast Ohio

Gwenn & Daniel Brown

Beth & James Croup

in memory of Judy & Dave Prasek & Bonnie Maynard

To become a PLATINUM Patron for a year, submit \$110 -
Please make checks payable to The Geauga County Department on Aging and
write Newsletter in the memo.