

BSC's monthly Big Breakfast takes a spooky turn as it also becomes our Halloween Party! As always—Veterans & October birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Sausage Links and Scrambled Eggs. Please RSVP by 10/26. Donuts by HomeWatch CareGivers

Prizes for Best Costume, Games, Giveaways and MORE! Sign up today!

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Nurse Jen now comes to BSC twice a month now to make scheduling your foot-care needs even easier! Call 216-956-0293 to schedule your appointment! She will be here on 10/16 and 10/19!

Jilly jeans will be at BSC on 10/13 and 10/27 to meet all your fall needs. Mums, pumpkins, squash, cornstalks, hay bales and more!

Senior life can bring challenges, worries, and isolation. This supportive group offers a chance to build confidence, make connections, and share experiences with others facing similar situations. Led by fellow senior **Richard Foss, M.S.S.A. (CWRU)**, an experienced facilitator and former social worker. **Don't retire from life—stay connected!** Join us the **second Tuesday of each month**, beginning **October 13, 10:30–11:30 a.m.** Stay for lunch afterward—just let us know when you register!

Learn how the **VA Community Care Network** can connect eligible veterans with healthcare services. We'll cover available care, eligibility requirements, how to access services, and tips for navigating the process smoothly. Lunch is provided by Cherished Companions. **Registration is req'd—call 440-279-1313 to reserve your spot!**

Come join us at BSC on 10/23 for another edition of Matt's Madhouse! Come alone or with friends, teams will be made and it will be a race to get out. Can you solve the puzzles and uncover the mystery before time runs out. Space is limited for this escape room event, call to 440-279-1313 to register.

October 2026 - Bainbridge Senior Center

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Recreation & Education Coordinator Keri Loy Recreation & Education Assistant Matt Samardge						1		2	
5	8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	6	9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong—Both Dealer's Choice and Traditional Tables avail 1:00-3:30 WoodCarver's Workshop	7	8:30-9:30 All-Around Exercise (\$3) 9:45-10:00 Fitness Boxing 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Cindy from Caring Senior Choices 12:30- 2:30 OTL Group (Cowboy's—Chagrin Falls)	8	9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch	9	8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00- 3:00 Mahjong—Both Dealer's Choice and Traditional Tables avail 9:00-2:00 Dr. Kessinger Podiatry appointments
12		13	9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 FARMER'S MARKET 10:00-12:00 Mexican Train 10:00-3:00 Mahjong—Both Dealer's Choice and Traditional Tables avail 10:30-11:30 NEW! Peer Mental Wellness Support Group 1:00-3:30 WoodCarver's Workshop	14	8:30-9:30 All-Around Exercise (\$3) 9:45-10:00 Fitness Boxing 10:00-11:30 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ 12:30- 2:30 OTL Group (56 Kitchen—Solon) 1:30-3:00 ALZ Support Group	15	9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch 12:30-2:30 SCRABBLE	16	8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 9:00-2:00 Reliable Nurse Foot Care—Accepting New Patients! 10:00- 3:00 Mahjong—Both Dealer's Choice and Traditional Tables avail
19	8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 9:00-2:00 Reliable Nurse Foot Care—Accepting New Patients! 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	20	9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong—Both Dealer's Choice and Traditional Tables avail 1:00-3:30 WoodCarver's Workshop	21	8:30-9:30 All-Around Exercise (\$3) 9:45-10:00 Fitness Boxing 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Amanda from Home Instead 12:30- 2:30 OTL Group (Fun Buffet—Twinsburg)	22	9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:00-1:30 FREE L&L FOR VETS *registration req'd*	23	8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00- 3:00 Mahjong—Both Dealer's Choice and Traditional Tables avail 10:45-12:30 MATTS MADHOUSE
26	8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	27	9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 FARMER'S MARKET 10:00-12:00 Mexican Train 10:00-2:00 Mahjong—Both Dealer's Choice and Traditional Tables avail CLOSED EARLY FOR STAFF DEVELOPMENT	28	8:30-9:30 All-Around Exercise (\$3) 9:45-10:00 Fitness Boxing 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Comfort Keepers 12:30- 2:30 OTL Group (Tavern Six—Chagrin Falls)	29	9:00-10:00 BIG BREAKFAST and HALLOWEEN PARTY *Registration required* Donuts by Homewatch Care-Givers 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch	30	8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00- 3:00 Mahjong—Both Dealer's Choice and Traditional Tables avail