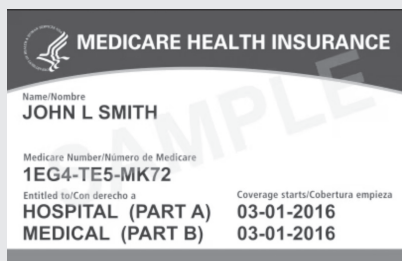


The Geauga Senior News

Geauga County Department on Aging

October 2026



2027 MEDICARE PART D & ADVANTAGE PLAN COMPARISONS

Compare Medicare Plan options and you could save money in 2027. The Ohio Department of Insurance has trained Geauga County Department on Aging Staff & Volunteers to offer one on one reviews at Geauga Department on Aging, 12611 Ravenwood Dr, suite 200, in Chardon.

Appointments are available from Thursday, October 15th through Thursday, December 3rd. Appointments can be made starting Thursday, October 1st! Call (440) 279-2130, Monday through Friday 8:00 a.m. until 4:00 p.m., to schedule. Make sure to bring your list of current medicines and your Insurance cards to the appointment.

Those who would like to review options for Part D or Medicare Advantage plans themselves can do so online at Medicare.gov; available Oct 15th through Dec 7th.

Advanced Directives for Fall 2026 *Free Program to set up your living will and health care power of attorney*

Attention Geauga County senior citizens, sixty (60) years of age and older. Do you have Advance Directives in place? Who will make your health care decisions if you are not able?

Join us for an informative free program to consider and make your plan. The Geauga County Bar Association Advance Directives Committee and Hospice of the Western Reserve will present information and answer questions regarding health care powers of attorney and living wills at the next scheduled meetings. They will distribute the standard forms and return the following week with attorneys from the Geauga Bar, who will help you complete the forms and notarize them. **Call today. Space is limited!**

The Panel Discussion (*the first meeting when the advance directive forms will be distributed and explained*) will take place at the Chardon Senior Center, 470 Center St, Bldg 8 in Chardon on Tuesday, October 20th (10:00 a.m. - 12:00 p.m.). Signing day for the forms will take place the following Tuesday afternoon, (half hour scheduled appointments) October 27th. **Call the Chardon Senior Center at (440) 279-2126 to reserve a space.**

Ohio Farm Bureau – Agriculture in Geauga County

Thursday, October 22nd • 1:00–2:30 p.m.

Geauga County Office Building • Room B167
12611 Ravenwood Dr, Chardon

October is Food and Farms month, celebrating the vital role agriculture has played in shaping Ohio's history, economy, and communities. Presented by Mandy Orahoad. Mandy is the Organization Director for Ashtabula, Geauga, Lake and Trumbull counties. In this role, she is a liaison between county Farm Bureaus and Ohio Farm Bureau.

This presentation takes you on a journey through the economic footprint of agriculture, starting with a broad

view of its national and statewide significance before focusing directly on Geauga County. By walking through key local numbers and commodity rankings, we will unpack how our county compares and where its agricultural strengths lie. We will then examine upcoming industry trends, evolving market shifts, and future challenges facing producers today. The session wraps up on a high note by celebrating local achievements and sharing essential resources to help our agricultural community thrive. In collaboration with UH Geauga Medical Center. Refreshments and snacks provided. **Registration is required by calling Magaly Rios at 440-279-2137. There are limited spots available.**





In this Issue

2027 Medicare Part D	1
Advanced Directives	1
Ohio Farm Bureau.....	1
Senior Community Events	2-3
Community Calendar	4-5
Bainbridge Senior Center Calendar	6-7
Chardon Senior Center Calendar.....	8-9
Middlefield Senior Center Calendar	10-11
West Geauga Senior Center Calendar	12-13
Senior Community Events	14-15
Bainbridge Senior Center Events	16
Chardon Senior Center Events	17
Middlefield Senior Center Events	18
West Geauga Senior Center Events.....	19-20
Monthly Menu	21
HEAP	22
Medicare Program.....	22
Event Registration Form.....	23
Platinum Patrons	24
988 Lifeline	24

Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and 250 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

BOARD OF COMMISSIONERS

Gauga County Ohio

JAMES W. DVORAK

CAROLYN BRAKEY, Esq

RALPH SPIDALIERI

LEADERSHIP TEAM

Jessica Boalt – Director

Michelle Warren – In-Home Services Manager

Melissa Wheeler – Senior Centers Supervisor

Karen M. Stone – Administrative Services Manager

CWRU Siegel Lifelong Learning Speaker –

Broadway Songs

Tuesday, November 10th

Ohman Family Living at Holly

10190 Fairmount Rd, Newbury

Breakfast will be served at 9:30 a.m., followed by the lecture “A Deep Dive Into the Meaning of Well Known Broadway Songs” beginning at 10:00 a.m. Popular Broadway song lyrics from the past sometimes contain topical and historical references about people, places, and events that were well-known in their day, but that today require context and definition. As an example, this lecture will explore a well-known song from a 1934 Cole Porter show, and you will be surprised to learn the history behind many of its references.

Cost: \$15 for members, \$20 non-members. **Registration is required by visiting www.case.edu/lifelonglearning/lectures/ohman or calling 216-368-2090.**

Free Senior Health and Wellness Fair

Monday, October 5th • 9:00 a.m.-12:00 p.m.

Gauga YMCA -

12460 Bass Lake Road in Chardon

Free and open to the public! Join the Gauga Family YMCA for a morning of free health screenings, free gifts/handouts, items for purchase, and over 35 vendors to speak to regarding senior health and wellness. Collaboration with UH Gauga Medical Center. No registration is required.

Geauga County Veteran Food Pantry

Serving those who have served

This is a pantry exclusively for Veterans and their families in Gauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

As a member, we offer:

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

This is our way of giving back to those who have given so much.

For information about Veteran eligibility and registration, call Gauga County Veterans Services at: 440-279-1860. Services are income/need based.

Geauga Cyclists

Tuesdays at 9:00 a.m.

The Department on Aging and UH Geauga Medical Center will hold weekly bicycle rides for senior citizens. We ride between 10 and 15 miles on different parts of the Maple Highlands Trail. Transportation is on your own, and you must bring your own bike. Please wear helmets for safety, carry water, and follow park etiquette. *Please call Melissa Wheeler for the 6-month schedule at 440-279-2167.*

DATE	PARK & PARKING
10/6	Claridon Woodlands 11383 Claridon Troy Rd, Chardon
10/13	Headwaters Park 13365 Old State Rd, Huntsburg
10/20	Chardon Bike Trailhead 312 Park Ave, Chardon
10/27	Dollar General 15894 W High St, Middlefield Breakfast Beforehand at 8:00 a.m. at C's Cafe 15916 W High St, Middlefield

GEAUGA YOUNG OF HEART

Meet at 11:30 a.m. at St. Anselm's Parish Center, 12969 Chillicothe Road in Chesterland on the first and third Friday of the month. Entertainment and refreshments will be provided.

On October 2 Frances Dunlop will give a health talk about Medicare. On October 16 April Surova will tell us all about Home Instead.

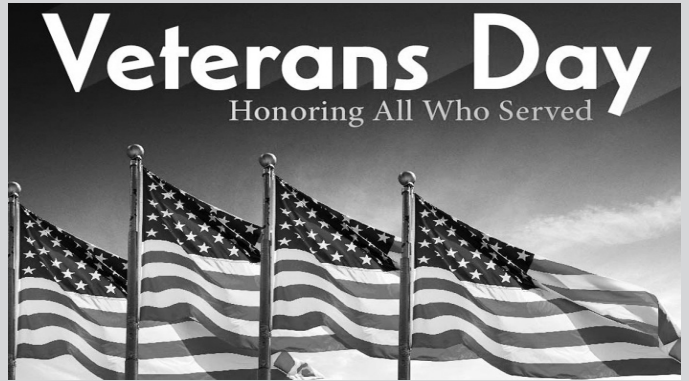
We will be going to the Aurora Atlas Movie Theater (Rt. 306 and Rt. 82) on October 20. The movie is TBD. It will start at 11:00. Cost is \$5.

On October 7 we will be going to the Ohio Star Theater in Sugarcreek to see "Elijah, Prophet of Fire."

A six-day trip is planned for October 13-18 to Vermont and New Hampshire. Cost is \$1,525 pp.

December 13-16 we will go to Nashville's Opryland Country Christmas. Cost is \$1,255 pp.

For further information and reservations on trips, call Kimber at (440) 668-3293. Everyone is welcome on Young of Heart trips.



Veterans Day Luncheon & Celebration

We invite the senior veterans of Geauga County for a sit-down catered lunch to celebrate you this Veterans Day.

Please join us on

Tuesday, November 10th 2026
11:00 a.m.-2:00 p.m.

Located at Sisters of Notre Dame
13000 Auburn Rd. Chardon

Please call the Middlefield Senior Center for more information and to reserve your spot. 440-632-0611.

There is no cost for Veterans. Guest \$20.00.

Sponsored by Geauga Veterans Services, University Hospital Geauga Medical Center, Ohman Family Living, and the Geauga County Department on Aging.

Event: Veterans Lunch Site: MFSC Date: Nov. 10th
Deadline: Nov. 2nd or until event is full.
Cost: Veterans FREE Non Vet-\$20

Name: _____

Phone: _____

Branch of Service: _____

Date Received: _____ Receipt: _____

Staff Initials: _____ Registered with GDA? Y / N

Middlefield Senior Center,
15820 Ridgewood Dr., Middlefield, OH 44062



The Geauga County Department on Aging hosted its annual 90th Birthday Party on Friday, August 28, 2026, at the Banquet Room at St. Mary's in Chardon. This special celebration honors the remarkable lives, accomplishments, and longevity of Geauga County residents who have reached the age of 90 and beyond.

This year, 200 guests registered for the celebration, including an incredible 108 individuals who are 90 years old or older. The oldest guest in attendance was Lou Casseday, who will celebrate her 100th birthday later this year!

Senior Health & Wellness Fair

Monday, October 5th • 9:00 a.m.-12:00 p.m.
Geauga Family YMCA, (12460 Bass Lake Rd, Chardon). **Free and open to the public!** Join the Geauga Family YMCA for a morning of free health screenings, free gifts/handouts, items for purchase, and over 35 vendors to speak to regarding senior health and wellness. Collaboration with UH Geauga Medical Center. **No registration is required.**

Harvesting Healthy Living— “Caregiver Support & Burnout Prevention”

Monday, October 19th • 5:00-6:30 p.m.
Held at UH Geauga Medical Center (13207 Ravenna Rd, Chardon in the Conference Center Lower Level). **“Caregiver Support & Burnout Prevention”** - Practical tools and support for caregivers to reduce stress, prevent burnout, and care for themselves while caring for others. Partnership with Care Patrol of NE Ohio and UH Geauga Medical Center. Light refreshments will be provided. **Please RSVP to UH Geauga at 440-214-3180. Free.**

Ohio Farm Bureau – Agriculture in Geauga County

Thursday, Oct. 22nd • 1:00-2:30 p.m.
Held at Geauga County Office Building - Room B167 (12611 Ravenwood Dr, Chardon). **October is Food and Farms month**, celebrating the vital role agriculture has played in shaping Ohio's history, economy, and communities. Presented by Mandy Orahood. This presentation takes you on a journey through the economic footprint of agriculture, starting with a broad view of its national and statewide significance before focusing directly on Geauga County. In collaboration with UH Geauga Medical Center. Refreshments and snacks provided. **Registration is required by calling Magaly Rios at 440-279-2137. There are limited spots available. Free.**

Balance Exercise Classes

Mondays, Wednesdays, and Fridays
Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person and live on Microsoft Teams. **Call Melissa Wheeler at 440-279-2167.**

Parkinson's Boxing Classes

This class is for seniors diagnosed with Parkinson's whose symptoms are mild to moderate. The goal of this non-contact boxing program is to delay the progression of Parkinson's symptoms. **Please call Melissa Wheeler at 440-279-2167 for more info.**



Geauga County
Department on Aging

OCTOBER 2026

MONDAY



TUESDAY

BHS Berkshire High School
BPL Burton Public Library
CSC Chardon Senior Center
GCOB Geauga County Office Building
GWL Geauga West Library
OH Ohman Family Living at Holly
OS Off-site
UHG UH Geauga Medical Campus
VT Virtual Teams (Online)
WG West Geauga Senior Center

5

9:00-12:00 YMCA Health Fair OS
9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise
CSC & VT
1:00-3:30 Diabetes
Self-Management
Class GCOB

6

9:00-10:30 Geauga Cyclists OS
1:00-2:30 Geauga Walkers OS

12



ALL SITES CLOSED

13

9:00-10:30 Geauga Cyclists OS
1:00-2:30 Geauga Walkers OS
1:00-3:30 Diabetes
Self-Management
Class GCOB

19

9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise
CSC & VT
1:00-3:30 Diabetes Self-
Management Class GCOB
5:00-6:30 Harvesting Healthy
Living UHG

20

9:00-10:30 Geauga Cyclists OS
1:00-2:30 Geauga Walkers OS
12:30-1:30 Parkinsons Support
Group CSC
2:00-3:00 Diabetes Support Group
CSC

26

9:30-11:00 Parkinson's Boxing CSC
11:00-12:00 Balance Exercise
CSC & VT
1:00-3:30 Diabetes Self-
Management Class GCOB

27

8:00-10:30 Geauga Cyclists &
Breakfast OS
1:00-2:30 Geauga Walkers OS



SENIOR COMMUNITY EVENTS

Geauga County
Department on Aging

WEDNESDAY	THURSDAY	FRIDAY
Melissa Wheeler <i>Senior Centers' Manager</i> 440-279-2167 Magaly Rios <i>Assistant Senior Centers' Manager</i> 440-279-2137	1 9:00-10:30 Walking for Wellness OS 12:00-2:30 Lunch & Movie WG	2 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT
7 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 11:30-12:30 GW Book Club GWL	8 9:00-10:30 Walking for Wellness OS 1:30-2:30 Burton Book Club BPL	9 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT
14 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-3:00 Matter of Balance Class OS	15 9:00-12:00 Walking for Wellness OS 11:30-1:30 GPD Elderberries OS	16 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-3:00 Matter of Balance Class OS
21 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-3:00 Matter of Balance Class OS	22 9:00-12:00 Walking for Wellness & Breakfast OS 1:00-2:30 Ohio Farm Bureau–Agriculture in Geauga County GCOB	23 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-3:00 Matter of Balance Class OS
28 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-3:00 Matter of Balance Class OS	29 9:00-10:30 Walking for Wellness OS	30 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-3:00 Matter of Balance Class OS

BAINBRIDGE BULLETIN

10/12—CLOSED

10/27—CLOSED EARLY

BIG BREAKFAST Halloween Party Edition!

Thursday, October 29th

BSC's monthly Big Breakfast takes a spooky turn as it also becomes our Halloween Party!

As always—Veterans & October birthdays are free to attend. The cost is \$5 for everyone else.

On the menu: Sausage links and scrambled eggs. Please RSVP by 10/26. Donuts by HomeWatch CareGivers. **Prizes for Best Costume, Games, Giveaways and MORE! Sign up today!**

RELIABLE NURSE FOOTCARE

Friday & Monday, October 16th & 19th

Nurse Jen now comes to BSC twice a month to make scheduling your footcare needs even easier!

Call 216-956-0293 to schedule your appointment!

MINI FARMER'S MARKET

Tuesdays, October 13th & 27th

Jilly Jeans will be at BSC to meet all your fall needs. Mums, pumpkins, squash, cornstalks, hay bales and more!

NEW! MENTAL WELLNESS PEER SUPPORT GROUP

October 13th • 10:30–11:30 a.m.

Senior life can bring challenges, worries, and isolation. This supportive group offers a chance to build confidence, make connections, and share experiences with others facing similar situations. Led by fellow senior **Richard Foss, M.S.S.A. (CWRU)**, an experienced facilitator and former social worker. **Don't retire from life—stay connected!** Join us the second Tuesday of each month. *Stay for lunch afterward—just let us know when you register.*

VETERANS & VETERAN SPOUSES: JOIN US FOR A FREE LUNCH & LEARN!

Thursday, October 22nd • 12:00 p.m.

Learn how the VA Community Care Network can connect eligible veterans with healthcare services. We'll cover available care, eligibility requirements, how to access services, and tips for navigating the process smoothly.

Lunch is provided by Cherished Companions. **Registration is required—call 440-279-1313 to reserve your spot!**

MATT'S MADHOUSE

Friday, October 23rd • 10:45 a.m.

Come join us at BSC for another edition of Matt's Madhouse! Come alone or with friends, teams will be made and it will be a race to get out. Can you solve the puzzles and uncover the mystery before time runs out?

Space is limited for this escape room event, call 440-279-1313 to register.



Geauga County
Department on Aging

OCTOBER 2026

MONDAY

Keri Loy
*Recreation & Education
Coordinator*

Matt Samardge
*Recreation & Education
Assistant*

TUESDAY

5

8:30-9:30 All-Around Exercise \$3
9:40-10:25 Gentle All-Around Exercise (\$3)
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Senior Sing-Along



ALL SITES CLOSED

12

6

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-3:00 Mahjong – Both Dealer's Choice and Traditional Tables available
1:00-3:30 WoodCarver's Workshop

13

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 FARMER'S MARKET
10:00-12:00 Mexican Train
10:00-3:00 Mahjong – Both Dealer's Choice and Traditional Tables available
10:30-11:30 NEW! Peer Mental Wellness Support Group
1:00-3:30 WoodCarver's Workshop

19

8:30-9:30 All-Around Exercise (\$3)
9:40-10:25 Gentle All-Around Exercise (\$3)
9:00-2:00 Reliable Nurse Foot Care – Accepting New Patients!
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Senior Sing-Along

20

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-3:00 Mahjong – Both Dealer's Choice and Traditional Tables available
1:00-3:30 WoodCarver's Workshop

26

8:30-9:30 All-Around Exercise (\$3)
9:40-10:25 Gentle All-Around Exercise (\$3)
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Senior Sing-Along

27

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 FARMER'S MARKET
10:00-12:00 Mexican Train
10:00-2:00 Mahjong – Both Dealer's Choice and Traditional Tables available
**CLOSED EARLY FOR
STAFF DEVELOPMENT**

BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY	THURSDAY	FRIDAY
	1 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch	2 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00-3:00 Mahjong – Both Dealer’s Choice and Traditional Tables available
8:30-9:30 All-Around Exercise \$3 7 9:45-10:00 Fitness Boxing 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Cindy from Caring Senior Choices 12:30– 2:30 OTL Group (Cowboy’s – Chagrin Falls)	8 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch 12:30-2:30 SCRABBLE	9 8:30-9:30 All-Around Exercise (\$3) 9:00-2:00 Dr. Kessinger Podiatry appointments 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00-3:00 Mahjong – Both Dealer’s Choice and Traditional Tables available
8:30-9:30 All-Around Exercise \$3 14 9:45-10:00 Fitness Boxing 10:00-11:30 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo 12:30–2:30 OTL Group (Cowboy’s—Chagrin Falls)	15 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch 12:30-2:30 SCRABBLE	16 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 9:00-2:00 Reliable Nurse Foot Care - accepting new patients 10:00-3:00 Mahjong – Both Dealer’s Choice and Traditional Tables available
8:30-9:30 All-Around Exercise \$3 21 9:45-10:00 Fitness Boxing 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Amanda from Home Instead 12:30– 2:30 OTL Group (Fun Buffet – Twinsburg)	22 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:00-1:30 FREE Lunch & Learn for VETS <i>*registration req’d*</i>	23 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise (\$3) 10:00-3:00 Mahjong – Both Dealer’s Choice and Traditional Tables available 10:45-12:30 MATT’S MADHOUSE
28 8:30-9:30 All-Around Exercise \$3 9:45-10:00 Fitness Boxing 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Comfort Keepers 12:30– 2:30 OTL Group (Tavern Six—Chagrin Falls)	29 9:00-10:00 BIG BREAKFAST and HALLOWEEN PARTY <i>*Registration required* Donuts by Homewatch CareGivers</i> 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch	30 8:30-9:30 All-Around Exercise (\$3) 9:40-10:25 Gentle All-Around Exercise \$3 10:00-3:00 Mahjong – Both Dealer’s Choice and Traditional Tables available

CHARDON SENIOR CENTER

Call Chardon Senior Center to register for any of our events, lunches, or classes!

Social Worker Appointments

Friday, October 2nd

Game Night!

Saturday, October 3rd

6:00-9:00 p.m.

Chardon Senior Center

Bring a dish to share. Pinochle, Mah Jongg, Rummikub, Qwirkle.

Call for details, 440-279-2126.

Lunch Out

at Sunny Street Cafe in Concord

Tuesday, October 6th

\$ - on your own

Let's Make a Deal and Lunch

Friday, October 9th

\$5 with registration

UH Rehab Hospital Presentation Lunch and Learn

Tuesday, October 13th

FREE

Breakfast Club at Bob Evan's

Thursday, October 15th

\$ - on your own

Fall Wreath Making Class

Friday, October 16th

Hat Wreath \$12 with registration

Advanced Directives

October 20th - Panel Discussion

October 27th - Document Signing Appointments

Call to Register

Birthday Bingo and Pizza Party

Friday, October 23rd

Celebrate October Birthdays! \$2

Book Club

Monday, October 26th

"The Calamity Club," by Kathryn Stockett

BOO BASH with Chili Dinner and Cake Walk!

Friday, October 30th

\$15 with registration



Geauga County
Department on Aging

OCTOBER 2026

MONDAY

Becky O'Reilly

Recreation & Ed. Coordinator

Jackie Kleve

Chris Mackar

Valerie Garland

Recreation & Education
Assistants

TUESDAY

Beth Oliverio

Information and Referral
Assistant

Ellie Rickard

Food Service Coordinator

8:00-9:00 Chair Volleyball **5**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
No 10:00 Balance Exercises Today
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art/
Tech Help Appts

8:00-11:30 Woodcarving **6**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi
11:00-12:00 Balance Exercises
12:30-4:00 Rummikub
2:00-3:30 Raccoon County
Ramblers Practice



ALL SITES CLOSED

8:00-9:00 Chair Volleyball **19**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art/
Tech Help Appts

8:00-11:30 Woodcarving **20**
10:00-12:00 Knit and Crochet
10:00-12:00 Advanced Directives
Panel Discussion
10:00-10:45 Tai Chi
NO 11:00 Balance Exercises Today
12:30-4:00 Rummikub
2:00-3:30 RCR Practice

8:00-9:00 Chair Volleyball **26**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art/
Tech Help Appts.
1:00-2:00 Book Club

8:00-11:30 Woodcarving **27**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi
11:00-12:00 Balance Exercises
12:00-1:30 RCR Practice
12:30-1:30 Rummikub
**Senior Center Closes Early Today
except for Advanced Directives
Signing Appointments**

CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY	THURSDAY	FRIDAY
Call Chardon Senior Center to register for any of our events, lunches, or classes! Lunches must be ordered by the "Monday one week prior to" when you would like to join us for lunch.	1 10:00-12:00 Mah Jongg Lessons 10:30-12:00 Choral Group 11:00-11:45 Balance Exercises 12:15-4:00 Duplicate Bridge 12:30-4:00 "Marbles & Jokers" 1:30-3:30 Line Dancing \$5 (off site)	2 9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 1:00-4:00 Bridge / Rummikub No First Friday Trivia Lunch Today 1:30-2:30 Cardio-Drum Video
7 9:00-11:00 Pinochle 10:00-12:00 Porch Pot Class (\$10) 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercises 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg	8 10:00-12:00 Mah Jongg Lessons 10:30-12:00 Choral Group 11:00-11:45 Balance Exercises 12:15-4:00 Duplicate Bridge 12:30-4:00 "Marbles & Jokers" 1:30-3:30 Line Dancing \$5 (off site)	9 9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 12:00-2:00 Let's Make A Deal (\$5) 1:00-4:00 Bridge / Rummikub No Cardio-Drum Today
14 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training 11:00-12:00 Balance Exercises 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg	15 9:30 B'fast @ Bob Evan's \$ 10:00-12:00 Mah Jongg Lessons 10:30-12:00 Choral Group 11:00-11:45 Balance Exercises 12:15-4:00 Duplicate Bridge 12:30-4:00 "Marbles & Jokers" 1:30-3:30 Line Dancing \$5 (off site)	16 9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 1:00-4:00 Bridge & Rummikub 1:00-3:00 Fall Wreath Making Class (\$12) 1:30-2:30 Cardio-Drum Video 2:30-3:30 Cornhole
21 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercises 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg	22 10:00-12:00 Mah Jongg Lessons 10:30-12:00 Choral Group 11:00-11:45 Balance Exercises 12:15-4:00 Duplicate Bridge 12:30-4:00 "Marbles & Jokers" 1:30 Line Dancing \$5 (off site)	23 9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 11:00-1:00 B'day Pizza Party! \$2 1:00-4:00 Bridge 1:00-4:00 Rummikub 1:30-2:30 Cardio-Drum Video
28 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training \$2 11:00-12:00 Balance Exercises 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg	29 10:00-12:00 Mah Jongg Lessons 10:30-12:00 Choral Group 11:00-11:45 Balance Exercises 12:15-4:00 Duplicate Bridge 12:30-4:00 "Marbles & Jokers" 1:30 Line Dancing \$5 (off site)	30 9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 12:00 BOO BASH Halloween Party and Cake Walk \$15 1:00-4:00 Bridge 1:00-4:00 Rummikub NO Cardio-Drum today

MIDDLEFIELD SENIOR CENTER

Monday Crafts

5th Vintage Ghost Garland \$5

19th Textured Ghost Painting \$5

26th Fuzzy Fall Pumpkin \$5

Brunch and Bees

Friday, October 2nd

Presented by the Senderak's
Bee knowledge and designer honey!

Brunch at 10:00 a.m. \$3

Presentation 10:30 a.m. - No charge

Dolly Parton Tribute Party

Wednesday, October 7th 10:00 a.m.

All things Dolly as we celebrate the life of an
icon! Please bring a dish to share for lunch.

Dolly themed outfits encouraged.

Knowledge with Dawn

Thursday, October 8th

The Benefits of Outdoor Walking in
Autumn. Interactive craft.

Dennis Sutcliffe Presents Growing up CLE

Wednesday, October 14th

Barnaby, Captain Penny & Ghoulardi
Cost \$5. Light refreshments.

Soup and Sandwich Lunch

Friday, October 16th & 30th

Grilled cheese, soup and dessert. Cost \$5.

Podiatrist Appointments

Friday, October 16th

Please call for more info.

Movie & Snack at Briar

Thursday, October 22nd

Enjoy a movie & snacks in Briarcliff's
theater room. "Tickets to Paradise."

Halloween Party!

Friday, October 23rd

Join us for a spooktacular day!
Entertainment by Perfect Occasions!
Costumes encouraged!



Geauga County
Department on Aging

OCTOBER 2026

MONDAY

Hannah Heinz

*Recreation & Education
Coordinator*

Ginny Lester

*Recreation & Education
Assistant*

TUESDAY

**Please call to register
for lunch, crafting &
special events.
440-632-0611**

5
10 am Crafting Club
11 am Balance Exercise
12 pm Lunch
12 pm Mahjong
12-3 pm Painting Pals
1 pm Crafting
Vintage Ghost Garland \$5

6
9 am Mexican Train
10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball



ALL SITES CLOSED

12

13

9 am Mexican Train
10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball

19
10 am Crafting Club
11 am Balance Exercise
12 pm Mahjong
12 pm Lunch
12-3 pm Painting Pals
1 pm Crafting
Textured Ghost Painting \$5

20
9 am Mexican Train
10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball

26
10 am Crafting Club
11 am Balance Exercise
12 pm Lunch
12 pm Mahjong
12-3 pm Painting Pals
1 pm Crafting
Fuzzy Fall Pumpkin \$5

27
9 am Mexican Train
10 am Chair Yoga Video
11 am Line Dancing \$3
12 pm Lunch
1 pm Chair Volleyball

**Closed at 2:00 p.m. for
staff development**

MIDDLEFIELD SENIOR CENTER 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

WEDNESDAY	THURSDAY	FRIDAY
	1 9 am Mexican Train 10 am Chair Zumba Video 12 pm Lunch 1 pm Chair Volleyball	2 10 am Brunch & Bees 10:30 am Bee Presentation 12 pm Lunch 1 pm Chair Volleyball
7 10 am Balance Exercise Dolly Parton Tribute Party! 11 am Music BINGO 12 pm Potluck Lunch 1 pm Dolly Trivia 2 pm Dolly Movie (Smoky Mountain Christmas)	8 9 am Mexican Train 10 am Chair Zumba Video 11 am Knowledge with Dawn 12 pm Lunch 1 pm Chair Volleyball	9 10 am Chair Yoga Video 12 pm Lunch 1 pm Chair Volleyball
14 8 am Social Work Appointments 8:30 am Lifeline 10 am Balance Exercise 11 am BINGO 12 pm Lunch 1 pm Dennis Sutcliffe – Growing up CLE Barnaby, Captain Penny	15 9 am Mexican Train 10 am Chair Zumba Video 12 pm Lunch 1 pm Chair Volleyball	16 9 am Podiatrist 10 am Chair Yoga Video 12 pm Lunch 12 pm Soup & Sandwich \$5 1 pm Chair Volleyball
21 10 am Balance Exercise 11 am BINGO 12 pm Lunch 1 pm Games with Chris	22 9 am Mexican Train 10 am Chair Zumba Video 12 pm Lunch 1 pm Chair Volleyball 2 pm Movie at Briar (Ticket to Paradise)	23 Halloween Party 11 am-1:30 pm \$10.00 11 am Pumpkin Craft 12 pm Spooktacular lunch 12:30-1:30 pm Dancing with Perfect Occasions
28 10 am Balance Exercise 11 am Games with Chris 12 pm Lunch 1 pm BINGO <i>Sponsored by Burton Health Care</i>	29 9 am Mexican Train 10 am Chair Zumba Video 12 pm Lunch 1 pm Chair Volleyball	30 10 am Chair Yoga Video 12 pm Lunch 12 pm Soup & Sandwich \$5 1 pm Chair Volleyball

WEST GEAUGA SENIOR CENTER

Documentary Mondays

October 5th • 12:00-1:30 p.m.

Join us for a hot lunch (*meal of the day*), followed by a documentary about **The Helltown of Ohio**. **Register by 9/28.**

October 26th • 12:00-1:30 p.m.

Join us for a hot lunch (*meal of the day*), followed by a documentary about **Cleveland's own Franklin Castle**.

Deadline to Register is 10/19.

Lunch, Entertainment & B00-Bingo

Wednesday, October 28th • 12:00-2:30 p.m.

Join us for Lunch (Lasagna, breadsticks, dessert and beverage) Entertainment w/Tom Todd and Boo-Bingo with PRIZES. Cost \$10.

Deadline to sign up 10/23.

Presentations w/Pizazz

Wed., October 14th • 11:00 a.m. - 12:00 p.m.

Join us here for a presentation by Susan Cannavino. Topic will be a look back at the life of Eleanor Roosevelt. Cost \$2.

Deadline to register 10/5.

Breakfast & Brain Games

Wednesday, October 21st • 8:30-10:00 a.m.

Join us at WGSC for a hot breakfast of scrambled eggs and ham with cheese, hashbrown potatoes, fresh fruit and beverage. Cognitive building Brain Games will follow.

Cost \$6. **Registration Required.**

Deadline is 10/16.

Lunch & Learn w/Dr. Maguire

Friday, October 23rd • 12:00-1:30 p.m.

Join us for a travel presentation about Antarctica by our very own Prof. Maguire PhD. Hot Lunch of soup, sandwich & dessert will be served from 12:00-12:30 p.m. and PRG at 12:30.

Deadline to register is 10/19. Cost Donation.

Halloween Party

Thurs., October 29th • 10:00 a.m. - 1:30 p.m.

Join us as we welcome back the Saint Anselm kids for an intergenerational Halloween Party. Pizza lunch will be included, as well as dessert for all. Come and interact with the kids as they trick or treat here at the center, and will be in costume. There will be cardio drumming with the kids, a craft, and they will have a short song & dance performance to share with the seniors. Cost \$7. **Deadline to register is 10/23.**

VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

OCTOBER 2026

MONDAY

Lunch is served Mon thru Fri from 12:00-12:30 p.m. ALL Seniors MUST request meals by the Monday of the week prior to the requested meal dates. ALL lunch reservations can be made by calling the WGSC at 440-279-2163, or by entering your request in the Lunch sign up book provided by the front Desk.

5

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:30 Documentary Mondays
"HAUNTED OHIO - HELLTOWN"
1:00-3:00 Mahjongg Group
2:00-3:00 Line Dance w/Darlene \$4

12



ALL SITES CLOSED

19

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Water Exercise - Metz pool
1:00-3:00 Mahjongg Group
2:00-3:00 Line Dance w/Darlene \$4

26

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:30 Documentary Mondays
"HAUNTED OHIO - Franklin Castle"
1:00-3:00 Mahjongg Group
2:00-3:00 Line Dance w/Darlene \$4

TUESDAY



6

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

13

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

20

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

27

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY	THURSDAY	FRIDAY
<u>Recreation/Education Coordinator</u> Christine Bacon 440-279-2163 <u>Rec/Ed Assistants</u> Jeanne Molzon Amy Walsh <u>I&R Assistant</u> Ronda Dwyer 440-279-2163 <u>Stained Glass Class Appts:</u> Call Don Trask 440-759-9691	1 9:00-10:00 Water Exercise - Metz pool 10:00-10:30 Beginner Spin Class 10:30-11:15 Seated Strength & Balance 12:00-2:00 UH LUNCH & MOVIE CALL UH to register 1:00-3:00 Pinochle w/Christine 1:00-2:30 Arm Chair Travel	2 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga Video 11:00-11:45 Cardio Drumming Video 1:00-3:00 Wii Virtual Bowling
7 9:00-10:00 Water Exercise - Metz pool 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Strength & Cardio 11:00-12:00 Slow Chair Yoga 1:00-2:30 Never Ending Knowledge 1:00-3:00 Diamond Art	8 9:00-10:00 Water Exercise - Metz pool 10:00-10:30 Beginner Spin Class 10:00-11:00 Water Exercise - Metz pool 10:30-11:15 Seated Strength & Balance 1:00-2:00 Yoga Nidra w/Darlene \$4 1:00-3:00 Pinochle w/Christine 1:00-2:30 Arm Chair Travel	9 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga Video 11:00-11:45 Cardio Drumming Video 1:00-3:00 Wii Virtual Bowling
14 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Strength & Cardio 11:00-12:00 Slow Chair Yoga 11:00-12:00 Presentations w/Pizzazz "Eleanor Roosevelt" \$2 1:00-2:30 Never Ending Knowledge 1:00-3:00 Diamond Art 1:00-3:00 Art with Amy \$8	15 10:00-10:30 Beginner Spin Class 10:00-11:00 Water Exercise - Metz pool 10:30-11:15 Seated Strength & Balance 12:00-2:00 LUNCH & MOVIE BEETLEJUICE 2 1:00-2:00 Yoga Nidra w/Darlene \$4 1:00-3:00 Pinochle w/Christine **NO ARM CHAIR TRAVEL TODAY**	16 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga Video 11:00-11:45 Cardio Drumming Video 1:00-3:00 Wii Virtual Bowling
21 8:30-10:00 Breakfast & Brain Games \$6 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Strength & Cardio 11:00-12:00 Slow Chair Yoga 1:00-2:30 Never Ending Knowledge 1:00-3:00 Diamond Art 2:00-3:00 AFC Vacations Pre Trip Meeting for New Orleans	22 10:00-10:30 Beginner Spin Class 10:00-2:00 AARP SENIOR SAFE DRIVERS COURSE 10:30-11:15 Seated Strength & Balance 1:00-2:00 Yoga Nidra w/Darlene \$4 1:00-3:00 Pinochle w/Christine 1:00-2:30 Arm Chair Travel 5:00 Dine Nite @ Compadres Grill	23 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga Video 11:00-11:45 Cardio Drumming Video 12:00-1:30 Lunch & Learn with Prof. Maguire "ANTARCTICA" 1:00-3:00 Wii Virtual Bowling
28 9:00-10:00 Water Exercise - Metz pool 9:00-11:30 Stained Glass Class \$5 12:00-2:30 Lunch, Entertainment w/ Tom Todd and Boo - BINGO \$10 NO Never Ending Knowledge Today 1:00-3:00 Diamond Art	29 9:00-10:00 Water Exercise - Metz pool 10:00-10:30 Beginner Spin Class *NO Seated Strength & Balance Today* 10:00-1:30 Halloween Party with The Saint Anselm Kids \$7 1:00-2:00 Yoga Nidra w/Darlene \$4 1:00-2:30 Arm Chair Travel	30 9:00-11:30 Stained Glass Class \$5 10:00-11:00 Gentle Chair Yoga Video 11:00-11:45 Cardio Drumming Video 1:00-3:00 Wii Virtual Bowling

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Walking for Wellness

Thursdays from 9:00-10:30 a.m.

Join the Geauga County Department on Aging and UH Geauga for our “Walking for Wellness” program. Walking has shown to help with weight management, reduce stress, and increase energy levels. This group focuses on keeping a steady pace, a safe place to walk with other people, and a goal of 3 miles each walk. Call Magaly Rios at 440-279-2137 with questions, you do not need to register for this program, just show up!

DATE	PARK
10/1	Headwaters Park - 322 Entrance 15052 Mayfield Rd, Huntsburg
10/8	Chapin Forest Reservation - 306 Entrance 9938 Chillicothe Rd, Kirtland
10/15	Swine Creek Reservation 16004 Hayes Rd, Middlefield
10/22	Sunnybrook Preserve 12474 Heath Rd, Chesterland Afterwards, Breakfast at Rise & Dine Cafe 12769 Chillicothe Rd, Chesterland
10/29	Skok Meadow 12415 Concord Hambden Rd, Concord

Parkinson's Support Group

Tuesday, October 20th • 12:30 p.m.

Chardon Senior Center
470 Center St, Building 8, in Chardon

October is Physical Therapy month - Walking, Mobility and Balance can be frustrating symptoms of Parkinson's Disease. Join this month's MJFF Parkinson's Webinar to hear the panel of experts discuss why gait changes occur in Parkinson's and share treatments and practical strategies that can help people move with greater confidence. *Call Melissa Wheeler at 440-279-2167 to RSVP.*

Free Lunch and a Movie

Thursday, October 1st • 12:00-2:30 p.m.
at the West Geauga Senior Center
8090 Cedar Road, Chesterland

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. *Due to very limited space, and to ensure a fun experience for all, registration is required by calling UH Geauga at 440-214-3180.*

A Matter of Balance Classes

From October 14th until November 6th

Every Wednesday & Friday

1:00-3:00 p.m.

Gauga County Public Library - Thompson Branch
6645 Madison Rd, Thompson OH

Are you concerned about falling? Interested in improving balance, flexibility, and strength? Falls are preventable, and this class can make a difference! Set realistic goals for staying active, learn how to stay safe at home, complete exercises to increase strength and balance, and learn how to identify and control your fear of falling. This class is free for all registered seniors. Space is limited. Sponsored by UH Geauga Medical Center. You must be able to attend at least 6 of the 8 classes to participate. Each session builds upon one another. *To register, please call Magaly Rios at 440-279-2137.*

Medicare Preventative Services

Did you know that Medicare covers a full range of Preventative Services? These services include exams, screenings, shots, and lab tests and are available to Medicare enrollees to help keep you healthy. *To learn more about Medicare covered Preventative Services visit Medicare.gov or contact Social Services at the Geauga County Department on Aging at (440) 279-2130, for a free Guide to Medicare Preventative Services.*

Fairmount Center for the Arts Creative Connections for Veterans

Every Wednesday beginning November 4th

1:30-3:00 p.m.

SKIP November 11th – Closed for Veteran's Day
Middlefield Senior Center

DINE NITE OUT with WGSC

Thursday, October 22nd • 5:00-7:00 p.m.

Join us for a dinner-out at Compadres Grill in Chesterland. Meet up at 5:00 p.m., address is 8389 Mayfield Rd. Join your WG friends for socializing and good Mexican food!! Call ahead to let us know you are coming and we will reserve a seat for you. *Deadline to sign up is October 20th.*

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Diabetes Support Group – Care While in the Hospital

Tuesday, October 20th • 2:00 p.m.

Chardon Senior Center
470 Center St, Building 8, in Chardon

If you have diabetes, it's important to stay involved in your care while you're in the hospital. Learn how your blood sugar will be monitored, understand your medications and insulin plan. You will meet UH Geauga's Inpatient Diabetic Educator, Al Speyer, during your stay. **Call Melissa Wheeler at 440-279-2167 to RSVP.**

Geauga Walkers

All walks begin promptly at 1:00.

*A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules. Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
10/6*	Headwaters Park Rt 608. 13365 Old State Road (Rt 608), North of Middlefield, 2nd Parking Lot
10/13	Punderson State Park Lodge 11755 Kinsman Road (Rt 87), Newbury, walk trail at south end of parking lot
10/20*	Eldon Russell Park 16315 Rapids Road, North of Rt 422, Troy Township
10/27	Hell Hollow Wilderness 14437 Leroy Center Road, Thompson

Harvesting Healthy Living Caregiver Support & Burnout Prevention

Monday, October 19th • 5:00-6:30 p.m.

UH Geauga Medical Center
Conference Center (Lower Level) 13207 Ravenna Rd, Chardon

Join us for an educational series designed to support older adults, caregivers, families, and healthcare professionals navigating the journey of aging and senior care. Each session will provide valuable resources, expert guidance, and practical tools to help families feel more informed, confident and supported. This month focuses on "Caregiver Support & Burnout Prevention". Practical tools and support for caregivers to reduce stress, prevent burnout, and care for themselves while they are caring for others. Partnership with Care Patrol of NE Ohio, UH Geauga Medical Center and the Geauga County Department on Aging. Light refreshments will be provided. **Please RSVP to UH Geauga at 440-214-3180.**

FREE Lunch and Learn – Veterans and Veterans Spouses

Thursday, October 22nd • Noon
at Bainbridge Senior Center
call 440-279-1313 to register.

Friday, November 6th • Noon
at Chardon Senior Center
call 440-279-2126 to register

Learn how the VA Community Care Network and the Geauga County Veterans Services can connect eligible veterans with healthcare services.



We'll cover available care, eligibility requirements, how to access services, and tips for navigating the process smoothly. Lunch is provided by Cherished Companions. Registration is required. This event is being offered at two of our senior centers for your convenience.

Lunch and Learn with UH Rehab Hospital

Tuesday, October 13th • Noon

Chardon Senior Center
470 Center St, Building 8, in Chardon

Learn about the UH Rehab Hospital and levels of rehab care. Lunch provided. **FREE, but registration is a must by calling 440-279-2126.**

Daytime Senior Book Discussions

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Magaly Rios at 440-279-2137. Discussion books are available to loan at hosting Library's front desk, call to have them reserve a book for you!

Wednesday, October 7th (1st Wed. of each mo.)
at West Geauga Library from 11:30 a.m.-12:30 p.m.
with an out-to-lunch to follow, sign up with Magaly Rios. Discussing: **Under the Tulip Tree**
by Michelle Shocklee.

Thursday, October 8th (2nd Thurs. of each month)
at Burton Library from 1:30-3:00 p.m.
Discussing: **Cleopatra: A Life** by Stacy Schiff.

BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

FREE Lunch & Learn - Veterans & Veteran Spouses

Thursday, October 22nd • Noon

Learn how the VA Community Care Network can connect eligible veterans with healthcare services. We'll cover available care, eligibility requirements, how to access services, and tips for navigating the process smoothly. Lunch is provided by Cherished Companions. *Registration is req'd—call 440-279-1313 to reserve your spot!*

Mental Wellness Peer Support Group for Seniors

Tuesday, October 13th, from 10:30–11:30 a.m.

Navigating life as a senior can sometimes bring challenges, worries, and feelings of isolation. This supportive group is designed to build confidence, encourage connection, and bring together seniors who may be experiencing similar situations. The group will be led by fellow senior Richard Foss, M.S.S.A. (CWRU), an experienced facilitator and former social worker. Don't retire from life—stay connected! Join us the second Tuesday of each month, beginning October 13th. *Want to stay for lunch afterward? Let us know when you register!*

GAMES AT BSC!

Poker	Mondays, 10 a.m.-2 p.m.
Mexican Train	Tuesdays, 10 a.m.-Noon
Bingo	Wednesdays, 11 a.m.-Noon
Canasta	Wednesdays, 10 a.m.-3 p.m.
Pinochle	Thursday, 10 a.m. - 3 p.m. (<i>New players welcome!</i>)
Scrabble	Every 3 rd Thursday, 12:30-2:30 p.m.
Mahjong	Tuesdays 10 a.m.-3 p.m. and Fridays 10 a.m.-3 p.m.
Wii Bowling League	Tuesdays 1:00-2:30 p.m.

Big Breakfast Halloween Party Edition!

Thursday, October 29th

BSC's monthly Big Breakfast takes a spooky turn as it also becomes our Halloween Party! As always, Veterans & October birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Sausage Links and Scrambled Eggs. *Please RSVP by 10/26. Donuts by HomeWatch CareGivers Prizes for Best Costume, Games, Giveaways and MORE! Sign up today!*

NEW! Mini Farmer's Market!

Tuesdays, October 13th & 27th • 10:00 a.m.–Noon

Jilly jeans will be at BSC to meet all your fall needs. Mums, pumpkins, squash, cornstalks, hay bales and more!

Matt's Madhouse

Friday, October 23rd

Come join us at BSC for another edition of Matt's Madhouse! Come alone or with friends, teams will be made and it will be a race to get out. Can you solve the puzzles and uncover the mystery before time runs out? *Space is limited for this escape room event, call to 440-279-1313 to register.*

Coming this November Art & Music Therapy for Veterans

Sessions begin on November 5th at 1:30 p.m.

We're excited to offer FREE art and music therapy sessions for veterans at BSC beginning in November! These sessions will be led by instructors from Fairmount Center for The Arts and will provide a welcoming opportunity to relax, connect, express yourself, and enjoy the therapeutic benefits of art and music—all at no charge. We will have more details in the coming weeks – so call today to reserve your spot and stay in the know! *Call 440-279-1313 for more information and to register!*

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

The Breakfast Club of Chardon

Thursday, October 15th • 9:30 a.m.

Join us for a breakfast out at Bob Evan's in Chardon. Enjoy breakfast, coffee, and conversation with others! Cost is "on your own." *Call 440-279-2126 to RSVP.*

Chardon Senior Center Book Club

Monday, October 26th • 1:00 p.m.

Our book to discuss at this month's meeting is *The Calamity Club*, by Kathryn Stockett.

Halloween Party “BOO BASH”

Friday, October 30th • 12:00 noon

There's no party like a Chardon Senior Center party! Don't miss out on the FUN! Our party will start at 12:00 noon, with a chili luncheon; we will be serving 2 kinds of chili . . . the traditional meat chili, and a white chicken chili . . . no need to choose! Belly up to our Mocktail Bar for some “Witch's Brew Mocktail” or a “Triple M” (Monster Mash Mocktail)! We will have a LIVE MUSICAL performance by Tom Todd AND new this year, a fun and lively cake walk! There will be other surprises throughout the afternoon!

\$15 per person due with registration. It's going to be SPOOKTACULAR!

Let's Make A Deal

Friday, October 9th • 12:00–2:00 p.m.

Based on the popular game show, we have come up with some fun games and challenges for this interactive afternoon, filled with fun! Lunch will be served first, and then games! **\$5 per person due with registration.**

Fall Wreath Making Class

Friday, October 16 • 1:00 p.m..

We will be making autumn-themed “Hat Wreaths.” **\$12 per person with registration.**

Learn to play Mah Jongg

Call 440-279-2131 for details!

Balance Exercise Class

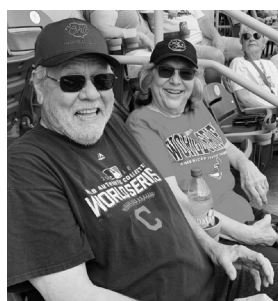
We have added an extra session of Balance Exercise Class at Chardon Senior Center! Our Monday class has filled up and we decided to split the Monday class into 2 sessions. You can now choose to come to EITHER the 10:00 a.m. class, OR to the 11:00 a.m. class. This is for Mondays only for right now. Tuesday – Friday, we will continue to offer the one Balance Exercise Class at 11:00 a.m.

Decorative Porch Pot Class

Wednesday, October 7

10:00 a.m. – 12:00 noon

Create a live fall floral display. Bring a 12-inch pot with you to class; if you were at our last porch pot class, you can reuse the pot from that class. **\$10 per person with registration.**



Geauga County Department on Aging hosted 65 seniors at today's Lake County Captains baseball game. In addition, we were honored to have our very own Geauga Renaissance Choral Group invited to sing the National Anthem prior to the game! The choral group's leaders, Hildred and Ed Tornberg, were recognized in the pre-game on-field festivities as this week's LC Captains Spectacular Seniors; honoring Hildred and Ed's 20 years of volunteering with leading the singing group. It was a great day, beautiful weather, and a baseball game WIN!

Out to Lunch

Tuesday, October 6th • 12:00 Noon

Meet up at Sunny Street Cafe in Concord! Call 440-279-2126, to let us know you'll be joining us! Cost is “on your own.”

Birthday BINGO and Pizza Party!

Friday, October 23rd • 11:00 a.m.

We will be celebrating all of those having celebrated birthdays in October! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! \$2.00 per person; October Birthdays are free! **Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Pizza Sponsor, Chardon Healthcare!**

MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —



Brunch and Bees with the Senderak's!

Friday, October 2nd

10:00 a.m. Brunch

10:30 a.m. Bee presentation

Bee facts and designer honey with tasting!

Call 440-632-0611 to let us know you will be here!

Movie and Snacks at Briarcliff Manor

Thursday, October 22nd • 2:00 p.m.

Join the Middlefield Seniors for the movie 'Ticket to Paradise' and snacks in Briarcliff's theater room at Briarcliff Manor (14807 N State Ave, Middlefield). *Please call 440-632-0611 to register.*

Growing up Cleveland Barnaby, Captain Penny and Ghouardi Presented by Dennis Sutcliffe

Wednesday, October 14th • 1:00 p.m.

Light refreshments will be served. Baby boomers raised in Cleveland grew up with a variety of unique children's television hosts — including the lovable Barnaby, the affable Captain Penny, and the outrageous Ghouardi. Relive the days of early television and along the way, have fun with some children's television trivia. Cost \$5.00. *Call 440-632-0611 to RSVP.*

Dolly Parton Tribute Party

Wednesday, October 7th • 11:00 a.m.

Join us for a day of Dolly as we celebrate the life of an icon! Music BINGO, Dolly trivia and we will end the day with Smoky Mountain Christmas. Please bring a dish to share for lunch. Dolly attire encouraged! *Please call 440-632-0611 to let us know you will be here.*

Halloween Party

Friday, October 23rd • 11:00 a.m.

Join us for a spooktacular day! Pumpkin painting to get the party started, homemade lunch and entertainment by Perfect Occasions! Costumes encouraged, dancing is a must! Cost \$10. *Call 440-632-0611 to let us know you will be here!*

Knowledge with Dawn!

The Benefits of Outdoor Walking in Autumn

Thursday, October 8th • 11:00 a.m.

Call 440-632-0611 to let us know you will be here.

Soup and Sandwich Fridays

Fridays, October 16th and 30th at 12:00 p.m.

Grilled cheese, soup and dessert! Stay and play chair volleyball at 1:00 p.m. *Call 440-632-0611 to let us know you will be here.*



*Middlefield Mondays
aren't like regular
Mondays!
We have Mahjong,
Monday crafts and
Painting Pals!*



*The rain can't stop our
seniors from enjoying
Senior Day at The Great
Geauga County Fair!*

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —

Line Dancing Classes with Darlene

Mondays • 2:00-3:00 p.m.

Join us for Line Dance Classes with Darlene Kelbach at WG Senior Center. Cost is \$4 per class, paid directly to Darlene each session. Learn many of the new popular line dances and do some you already know. This is a great way to get in that much needed exercise! ***NO Sign-up needed, just come on in and join us. 440-279-2163.***

Pinochle is Back

Thursday afternoons 1:00-3:00 p.m.

Whether you are a beginner and need lessons, or a pinochle PRO, you are WELCOME! Christine Bacon will teach the game to anyone that would like to learn and participate in this fun game! ***Just call ahead to let us know you are coming. 440-279-2163.***

Armchair Travel – Ancient Egypt ENDS Begin Australia

Thursday afternoons from 1:00-2:30 p.m.

- Oct. 1st**
1. The Ancient Egyptian Frontier: Aswan
 2. The Temples at Philae and Abu Simbel
 3. Alexandria and the Lost City of Tanis

End of Course *EGYPT*

***BEGIN Australia & New Zealand* 28 Lecture Series**

- Oct. 8th**
1. Down Under the Southern Cross
 2. Gondwana: The Ancient Antipodes
 3. First Peoples: The Kimberley Region
- Oct. 22nd**
1. Land of Fire: Volcanic New Zealand
 2. Waka to Aotearoa: Coming of the Maori
 3. New Holland: The West Australian Coast
- Oct. 29th**
1. Cook and the Voyage of Endeavour
 2. Sydney Cove and the First Fleet
 3. Into the Bush: The Blue Mountains

YOGA NIDRA with Darlene

Thursday Afternoons • 1:00 to 2:00 p.m.

Yoga Nidra is held on the 2nd, 3rd, 4th, and 5th Thursdays (if applicable). Taught by instructor Darlene Kelbach, formerly from The Fairmount school of the Arts. Yoga Nidra is also known as “yogic sleep” and is a deep relaxation technique. The body becomes completely still and relaxed while awareness turns inward by listening to guided meditation. Yoga Nidra can be practiced on a yoga mat or in a chair. Wear comfortable clothes. Chairs will be provided and there are yoga mats to borrow, if needed. Cost is \$4 per class, paid directly to Darlene at each class. ***Call for more info 440-279-2163.***

Breakfast and Brain Games

Wednesday, October 21st • 8:30-10:00 a.m.

Join us at WGSC for a hot Breakfast of scrambled eggs, ham & cheese, hashbrowns, fresh fruit and beverage. Cognitive building Brain Games will be after breakfast from 9:00-10:00 a.m. ***Cost \$6 Registration required. Register by 10/16.***

Lunch, Entertainment w/Tom Todd & BOO-BINGO

Wednesday, October 28th • 12:00-2:30 p.m.

Join us for an afternoon of fun and games Halloween Style! We will begin with a hot Lunch of Lasagna (Vegetable or Classic Italiano), breadsticks & cheesecake for dessert, along with Live Entertainment by Tom Todd. After lunch & entertainment, there will be 90 minutes of BOO-BINGO with lots of fun prizes to win! ***Cost: \$10 Deadline to register is 10/22.***

Slow & Gentle Chair Yoga with Nat

Wednesdays from 11:00 a.m. - 12:00 p.m.

Join us at the WGSC for a weekly chair yoga class with Nat. He will provide an old fashioned class which includes not only physical exercises for flexibility, strength and balance, but also breath work, conscious relaxation, and mental focus. ***No need to register, all are welcome.***

Lunch & Learn with Susan Cannavino & Presentations w/Pizzazz

Wed., October 14th • 11:00 a.m. - 12:00 p.m.

Join us here at West G Senior Center for a presentation with Pizzazz!! Susan Cannavino will present “Eleanor Roosevelt” This presentation deals with Eleanor’s Life from Birth until the time she finds Lucy Mercer’s letters that changes her relationship with her husband forever. There is a main focus on how her education in England and the headmistress transforms her from a depressed, introverted young girl lacking confidence into the incredible confident, self-assured, courageous leader she became. A Hot lunch will be available immediately after the presentation. If you would like to stay and eat, let us know when registering for the program. ***Cost \$2. Call to register, 440-279-2163. Deadline is OCT 5th.***

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —

Never Ending Knowledge Series

Wednesdays • 1:00-2:30 p.m. (three 30-minute lectures)

Light snacks and refreshments provided.

The World's Greatest Geological Wonders

(36 lectures-12 weeks)

Tour Earth's Greatest Diversity and beauty in this awe-inspiring course that visits the most amazing natural wonders in the world and explains the geology that underlies them.

OCTOBER 7TH

1. Rock of Gibraltar-Catastrophic Floods
2. Bay of Fundy-Inexorable Cycle of Tides
3. Hawaii-Volcanic Island Beauty

OCTOBER 14TH

1. Yellowstone-Geysers and Hot Springs
2. Kawah Ijen-World's Most Acid Lake
3. Iceland-Where Fire Meets Ice

OCTOBER 21ST

1. The Maldives-Geologic Paradox
2. The Dead Sea-Sinking and Salinity
3. Salar de Uyuni-Flattest Place on Earth

OCTOBER 28TH

No Lectures Scheduled

Lunch & Learn with Dr. Maguire

Friday, October 23rd • 12:00-1:30 p.m.

Join us at WGSC for a hot lunch featuring soup and sandwich or wraps, dessert, and a beverage, followed by a one-hour presentation from Professor Maguire. He will share stories from his time in Antarctica and discuss what he learned about this remarkable part of the world, a place many people can only imagine visiting in person. Lunch will be served from 12:00-12:30 p.m., and the presentation will begin at 12:30 p.m. Free event, donations accepted for the meal. **Call to register by 10/19 440-279-2163.**

Lunch & Movie "Beetlejuice 2"

Thursday, October 15th • 12:00-2:00 p.m.

Join us for a hot lunch (*meal of the day*) followed by the Movie "Beetlejuice 2". The Plot: Set more than three decades after the first movie, the story follows an adult Lydia Deetz (Winona Ryder), her stepmother Delia (Catherine O'Hara), and Lydia's own teenage daughter Astrid (Jenna Ortega) as they return home after a family loss. A FREE Event, donations will be accepted for the meal. **Deadline to register is 10/5. 440-279-2163.**

Documentary Mondays – Haunted Ohio

Join us at West G for a hot lunch (*meal of the day*) followed by historic documentaries about Reports of Hauntings and Paranormal Activities across Ohio.

Monday, October 5th • 12:00-1:30 p.m.

HELLTOWN OHIO – From the Native American Mingo tribe that inhabited this land, to the German Settlers that named it "Hell" town or "Clear" town, and the "W" Cult that worshiped and sacrificed to a creature known as the Wendigo. This Ohio town became later known as Boston Village. In 1977 the US government claimed eminent domain and for the reason of "Conserving the Cuyahoga Valley National Park", paid the residents of Boston Village for their land and forced them to move. With so many more legends and conspiracies about this ghost town there have been documentaries and films made about it. Join Jack, The Camera Man Crew and T Mac as they explore and investigate this historic and haunted land. From ghostly apparitions, strange equipment problems, spirit activity, and many more strange encounters here at Hell Town.

Monday, October 26th • 12:00-1:30 p.m.

Cleveland's Franklin Castle – In Cleveland, you can find the Hannes Tiedemann House. This imposing mansion is better known as Franklin Castle, because it's located on Franklin Boulevard. But it's also known as the most haunted house in Ohio. Why? Because things have happened here that should have never come to light... The German immigrant Hannes Tiedemann was a banker and he built this mansion for his family. It was built between 1881 and 1883. Many deaths plagued this family in the home, possible murders? Stories of voices and shadows from latter owners of the mansion. Learn about these and more in this interesting documentary.

Deadline to register for the lunch is 10/19.

Call 440-279-2163. FREE Event, donations requested for the meal. Call to sign up.

Art with Amy

Wednesday, October 14th • 1:00-3:00 p.m.

Join Amy as she offers a Fall Paint on Canvas Class (It will be colorful for sure!). All supplies included, just bring yourself and your CREATIVITY! Cost is \$8, paid the day of class. **Register by 10/9 to participate in this class. Call 440-279-2163.**

Geauga Menu October 2026

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 TURKEY BURGER ROASTED POTATOES GREEN BEANS STRAW-BAN APPLESAUCE HAMBURGER BUN WG KETCHUP	2 MEATBALLS SWEDISH MEATBALL GRAVY PENNE PASTA BROCCOLI FLORETS DICED CARROTS CINN. APPLESauce WHITE BREAD WG
5 BEEF BURGER AMERICAN CHEESE ROASTED POTATOES APPLESAUCE BAKED BEANS HAMBURGER BUN WG KETCHUP	6 MACARONI & CHEESE BROCCOLI FLORETS CORN MAN. ORANGES APPLE-CINNAMON BREAD	7 GRILLED CHICKEN BREAST GREEN SWEET PEAS DICED CARROTS ESCALLOPED APPLES HAMBURGER BUN WG MAYONNAISE	8 FISH (COD) TATER TOTS GREEN BEANS APPLE HAMBURGER BUN WG TARTAR SAUCE KETCHUP	9 STUFFED CABBAGE SPAGHETTI SAUCE MIXED VEGGIES MASHED POTATOES PEACHES WHITE BREAD WG
12 CLOSED	13 SLOPPY JOE TATER TOTS DICED CARROTS STRAW-BAN APPLESAUCE HAMBURGER BUN WG	14 MEATBALLS PENNE PASTA SPAGHETTI SAUCE MIXED VEGGIES PEARS WHITE BREAD WG	15 BREADED CHICKEN PATTY BAKED BEANS CORN MAN. ORANGES HAMBURGER BUN WG BBQ SAUCE CUP	16 JUMBO CHEESE RAVIOLI SPAGHETTI SAUCE BROCCOLI FLORETS MIXED VEGGIES PEAR FRUIT CUP DINNER ROLL
19 BONELESS WINGS DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE GRAHAM CRACKERS BBQ SAUCE CUP	20 STUFFED GREEN PEPPERS SPAGHETTI SAUCE MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	21 SALISBURY STEAK BROWN GRAVY WHITE RICE CORN BROCCOLI FLORETS APPLE-CIN. BREAD	22 SMOKED HAM PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS CORNBREAD MIXED FRUIT	23 GRILLED CHICKEN BREAST PENNE PASTA SPAGHETTI W/ BASIL CALIFORNIA VEGGIE BLEND MIXED FRUIT DINNER ROLL
26 MEATBALLS SWED. MEATBALL GRAVY PENNE PASTA BROCCOLI FLORETS DICED CARROTS CINN. APPLESauce WHITE BREAD WG	27 CHICKEN SALAD COLESLAW THREE BEAN SALAD PINEAPPLE HAMBURGER BUN WG	28 MEATLOAF BROWN GRAVY MASHED POTATOES GREEN SWEET PEAS APPLESAUCE WHITE BREAD WG	29 CHICKEN STRIPS TERIYAKI SAUCE VEGGIE FRIED RICE BROCCOLI FLORETS MAN. ORANGES	30 TURKEY BURGER ROASTED POTATOES GREEN BEANS STRAW-BAN APPLESAUCE HAMBURGER BUN WG KETCHUP

Menu Subject to Change. Milk included with each meal.

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Heating Assistance Available



Application Deadline: May 31, 2027

The Ohio Department of Job and Family Services and Lifeline are once again offering assistance to help Ohio's families stay warm during the cold winter months. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to eight members and 60% of State Median Income for a household of nine or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Copy of Lease if Renting, copy of Property tax bill if owned.
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual's energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2027. To apply for the program, clients are required to schedule an appointment with Lifeline. Appointments can be scheduled by calling (440) 381-8230 or go to <https://app.capappointments.com>.

For more information or assistance with applying for a HEAP benefit, contact the Geauga County Department on Aging at (440) 279-2130. To be connected to your local Energy Assistance Provider, call (800) 282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energyhelp.ohio.gov

Do you Qualify for Assistance with Your Medical Bills or Prescription Medicines?

If you meet the 2026 income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application!

Medicare Savings Programs (MSPs) and Extra Help

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

MEDICAID			QMB			SLMB			QI		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,014	\$2,000	Single	\$1,350	\$9,950	Single	\$1,616	\$9,950	Single	\$1,816	\$9,950
Married	\$1,511	\$3,000	Married	\$1,824	\$14,910	Married	\$2,184	\$14,910	Married	\$2,455	\$14,910

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,235.21 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____	Location: _____	
Cost: _____	Amount Enclosed _____	Event Date(s) _____
Name: _____	Phone: _____	
Address: _____	City/Zip: _____	
Emergency Contact _____	Phone # _____	
Registered with GDA for 2026? Yes ____ No ____		
Other Information: (menu or leave from options) _____		
Internal use - Date Received _____ Staff Initials _____ Receipt # _____		

Event: _____	Location: _____	
Cost: _____	Amount Enclosed _____	Event Date(s) _____
Name: _____	Phone: _____	
Address: _____	City/Zip: _____	
Emergency Contact _____	Phone # _____	
Registered with GDA for 2026? Yes ____ No ____		
Other Information: (menu or leave from options) _____		
Internal use - Date Received _____ Staff Initials _____ Receipt # _____		

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

• I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____
Signature of Participant _____ Date _____

Refund Policy for the Geauga Department on Aging

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
12611 Ravenwood Dr., Suite 200
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
440-279-2130 OCTOBER 2026

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

**Call 988 anytime
for *free and
confidential*
support and
resources related
to mental health or
substance use concerns.**



988

**SUICIDE
& CRISIS
LIFELINE**

If you or someone you know
needs support now,

CALL OR TEXT: 988
CHAT: 988lifeline.org

Talk with us.



PLATINUM PATRONS

The Bramley Family

in memory of Jim & Joy Bramley & Rob Warren

G Rae Peck in memory of Sigmund Peck

Alan Bialosky in memory of Peggy Bialosky

Robert Beutel and Claudia Euse

Newbury Class Members of 1956

James & Sandra Burzanko in memory of Judge Forrest W. Burt

Lyn and Carla Svendsen

Barbara & Edward Wells

Nancy Lynam-Davis in memory of Eileen Schaffert

Ann Busse in memory of Carl & Dorothy Busse

Mr & Mrs Robert Beutel

Erin Wallace in memory of Teddi Wallace

The Sly Fox Motorcycle Club of Northeast Ohio

Gwenn & Daniel Brown

Beth & James Croup

in memory of Judy & Dave Prasek & Bonnie Maynard

To become a PLATINUM Patron for a year, submit \$110 -
Please make checks payable to The Geauga County Department on Aging and
write Newsletter in the memo.