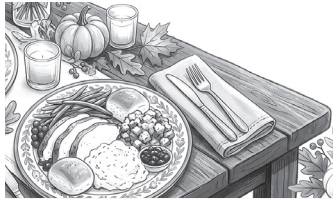


The Geauga Senior News

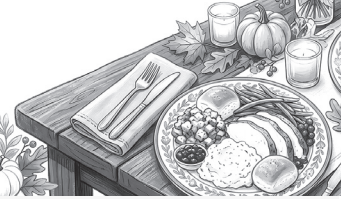


Geauga County Department on Aging

November 2026



Home Delivered Holiday Meals for Geauga County Seniors



The Geauga County Department on Aging (GDA) will once again offer free holiday meals to eligible Geauga County seniors in 2026.

As there will be no regular Home-Delivered Meals or congregate meals available on Thanksgiving or Christmas Day, holiday meals will be available by preorder only. Seniors who wish to receive a holiday meal are encouraged to contact the Department on Aging as soon as possible to reserve their meal.

If you are a Geauga County senior, age 60 or older, who will be home and alone during the holidays, or if you know of a senior who may need a holiday meal, please contact the Geauga County Department on Aging at 440-279-2130.

The GDA encourages seniors and their families or friends to call early to ensure their holiday meal is reserved.

Thanksgiving Holiday Meals

Through the generous support of Thanksgiving sponsors Cherished Companions Home Care, Thistle House, University Hospitals Geauga Medical Center, and the Chardon VFW, the GDA will provide free traditional Thanksgiving meals to Geauga County seniors age 60 and older who will be home and alone on Thanksgiving Day, November 26, 2026.

Thanksgiving meal requests must be received by November 20, 2026.

Christmas Holiday Meals

Holiday meals will also be available on Christmas Day, December 25, 2026, through the generous sponsorship of Ohman Family Living. ***Christmas meal requests must be received by December 18, 2026.***

'tis the
**Season
of Giving**

You may never give your next meal a second thought...

But that is not true for many Geauga County Senior Citizens!
Give a gift that makes a difference!

Give a Home Delivered Meal to someone local and in need!

1 meal = \$5.40

1 week of meals = \$27.00

1 month of meals = \$112.00

1 year of meals = \$1,350.00

*2025 cost rationale

We delivered 45,105 meals in 2025
to 428 seniors.

We have 208
Home Delivered Meal drivers.

98,293 miles were donated
by our drivers.

Giving Tuesday is on December 1st this year.

To donate or for more information, call the Geauga County Department on Aging at (440) 279-2130.

Thank you for your generosity! We will send you a tax-deductible receipt for your donation.



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Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and 250 plus via the web. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

BOARD OF COMMISSIONERS

Gauga County Ohio

JAMES W. DVORAK

CAROLYN BRAKEY, Esq

RALPH SPIDALIERI

LEADERSHIP TEAM

Jessica Boalt – Director

Michelle Warren – In-Home Services Manager

Melissa Wheeler – Senior Centers Supervisor

Karen M. Stone – Administrative Services Manager

GEAUGA YOUNG OF HEART

On **November 6** we will be entertained by the music of Tom Todd. ST. ANSELM CHRISTMAS BOUTIQUE - St. Anselm's Women's Guild will hold their annual Christmas Boutique on **November 14** from 9:00 to 4:00 at St. Anselm School. Join the Boutique Bounce at Old South Church, 9802 Chillicothe Rd., Kirtland and St. Mark Lutheran Church at 11900 Chillicothe Rd. in Chesterland on the same day. We will be going to the Aurora Atlas Movie Theater on **November 17**. The movie is TBD. It will start at 11:00. Cost \$5. On **November 20** we will celebrate Thanksgiving with a "Give Thanks Party." We will have our annual Christmas Party for members only on Friday, **December 4** at 11:00 am, at Guido's Pizza Haven in Chesterland. For reservations call Monica Gromek at (216) 659-8117 by Nov 13. **December 13-16** we will be going to Nashville's Opryland Country Christmas. Call Kim at (440) 668-3293 to see if space is still available.



Congratulations to Linda Baker!

The Gauga County Board of Commissioners recognized Linda Baker for her volunteer service, her founding of the Gauga County Department on Aging - Bainbridge Senior Center's Diamond Art group, and for her generous donation of her America 250 Gauga County Diamond Art masterpiece, containing 53,361 beads!

Geauga County Veteran Food Pantry

Serving those who have served

This is a pantry exclusively for Veterans and their families in Geauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

As a member, we offer:

- Fresh fruits and vegetables
- A variety of canned goods
- Beef, chicken, pork, venison, butter and eggs

This is our way of giving back to those who have given so much.

For information about Veteran eligibility and registration, call Geauga County Veterans Services at: 440-279-1860. Services are income/need based.

CWRU Siegel Lifelong Learning Speaker – *Broadway Songs*

Tuesday, November 10th

Ohman Family Living at Holly
10190 Fairmount Rd, Newbury

Breakfast will be served at 9:30 a.m., followed by the lecture “A Deep Dive Into the Meaning of Well Known Broadway Songs” beginning at 10:00 a.m. Popular Broadway song lyrics from the past sometimes contain topical and historical references about people, places, and events that were well-known in their day, but that today require context and definition. As an example, this lecture will explore a well-known song from a 1934 Cole Porter show, and you will be surprised to learn the history behind many of its references. Cost: \$15 for members, \$20 non-members. **Registration is required by visiting www.case.edu/lifelonglearning/lectures/ohman or calling 216-368-2090.**

Berkshire High School Holiday Cabaret

Friday, December 11th

Berkshire High School in the Auditorium
14155 Claridon-Troy Rd, Burton

Performance begins at 12:00 p.m. Afterwards, seniors can enjoy light refreshments and conversations with the students. There will be a shuttle bus to the school. Please park at Kent State Geauga, 14111 Claridon Troy Rd, Burton, in the back parking lot. The bus will shuttle at 11:40 a.m. to Berkshire High School. The bus will shuttle you back after the program. If you are someone with limited ability (ADA) there will be limited parking at the Board Office (Door #9) that you can park directly outside the doors. **Please call Melissa Wheeler at 440-279-2167 to register.**



Celebrating Don Trask
On Tuesday, September 29, the stained glass room at the West Geauga Senior Center was officially renamed the Don Trask Stained Glass Studio. Don was joined by his family, stained glass students, friends, and members of the community for the dedication. Don has been volunteering and teaching stained glass since 2011, when the West Geauga stained glass class was first held at Patterson Fruit Farm. For more than a decade, he has generously shared his time, talent, and expertise with others. **Congratulations Don and thank you!**



Would you like to be Santa for a Senior?

The Department on Aging is collecting gift cards for food & medication to help Geauga County senior citizens who are in need. You can help by purchasing gift cards, in any denomination, for local stores that seniors would use, such as Walmart, Giant Eagle, Marcs, Aldi's etc. Once purchased, please bring them to your local Geauga County Senior Center or Geauga County Department on Aging - 12611 Ravenwood Dr. Suite 200, Chardon. If you are interested in shopping for a senior and providing them a personal gift, we have many requests from local seniors. We are always looking for extras such as body lotion, soaps, toiletries, healthy snacks, etc. to give along with the gift cards. **Please have all donations dropped off by Friday, December 11th. If you have any questions, please call Melissa Wheeler at 440-279-2167.**



DID YOU KNOW.....

The Weatherization Program's Energy Efficiency Measures can reduce a home's average natural gas consumption by 18%, and the electricity consumption by 7%. This means less money on utilities, and more \$\$\$\$ to spend on food, medicine, and other essentials.

Upon approval The Weatherization Program will perform the following needed energy efficiency measures:



- heating system safety tests, repairs, tune-ups, and/or replacements if due to safety concerns
- hot water tank repairs, tune-ups, and/or replacement if due to safety concerns
- wall insulation
- attic insulation
- floor insulation
- air sealing
- energy-related home repairs

Benefits to households assisted can assist of:

- \$372 average yearly energy savings
- \$538 in pay per year due to fewer missed worked days
- \$514 savings per year in household's out-of-pocket medical expenses

This Free program is for renters and/or homeowners of Ashtabula, Lake, & Geauga Counties!

**For more information call 440-997-5957
Ext: 550 or 554, or just dial 2-1-1**

INCOME LEVELS

Size of Family Unit	200%
1.....	\$31,300
2.....	\$42,300
3.....	\$53,300
4.....	\$64,300
5.....	\$75,300
6.....	\$86,300
7.....	\$97,300
8.....	\$108,300

Add an additional \$11,000 for each additional person in the household



WWW.ACCAA.ORG



The Curious Savage

Wednesday, November 4 • 7:00 p.m.

Park Elementary School, 111 Goodrich Ct, Chardon. Join the Chardon High School Drama program to their Dress Rehearsal of "The Curious Savage". The comedy centers around a wealthy widow, Ethel Savage, and her greedy stepchildren who commit her to "The Cloisters" sanitarium. **Must register by calling Melissa at 440-279-2167.** Free.

Sourdough Workshop

Friday, November 13 • 12:00 p.m.

Geauga County Office Building - Rm 167, 12611 Ravenwood Dr, Chardon. Join us for a hands-on sourdough workshop with Megan Zombory, Doctor of Physical Therapy, who believes health starts with strong nutrition. You'll learn the basics of making sourdough and maintaining a starter, ask all your questions, and leave with supplies to get started at home. Please bring your own mixing bowl and spatula or spoon. \$15 on the day of the event. **Register by calling 440-279-2137.**

Harvesting Healthy Living -

Aging in Place: Resources & Support

Monday, November 16th • 5:00-6:30 p.m.

UH Geauga Medical Center, 13207 Ravenna Rd., Chardon. In the Conference Center Lower Level. "Aging in Place: Resources & Support Services" - Discover local resources and support services that help older adults remain safe, independent, and comfortable at home. Partnership with Care Patrol of NE Ohio and UH Geauga Medical Center. Light refreshments will be provided. **Please RSVP to UH Geauga at 440-214- 3180.** Free.

First Responders & Healthcare Professionals - Your Partners in Safety

Wednesday, November 18 • 1:00-2:30 p.m.

UH Geauga Medical Center, 13207 Ravenna Rd, Chardon. In the Conference Center Lower Level. Join our first responders, nurses, and clinical staff for an engaging discussion on staying safe, prepared, and healthy. Learn practical tips on fire and home safety, emergency preparedness, recognizing when to call 911, and what healthcare professionals and first responders need to know when an emergency occurs. In collaboration with UH Geauga Medical Center. Refreshments provided. **Please RSVP to UH Geauga at 440-214- 3180.** Free.

Balance Exercise Classes:

Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person and live on Microsoft Teams on Mondays, Wednesdays, and Fridays. **Call Melissa at 440-279-2167 for more info.**



Geauga County
Department on Aging

NOVEMBER 2026

MONDAY	TUESDAY
2 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	3 1:00-2:30 Geauga Walkers OS
9 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	10 9:30-11:00 Broadway Songs OH 1:00-2:30 Geauga Walkers OS
16 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 5:00-6:30 Harvesting Healthy Living UHG	17 1:00-2:30 Geauga Walkers OS 1:00-2:00 Parkinson's & Diabetes Support Group CSC
23 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	24 1:00-2:30 Geauga Walkers OS
30 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	



SENIOR COMMUNITY EVENTS

Geauga County
Department on Aging

WEDNESDAY		THURSDAY		FRIDAY	
4 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 11:30-12:30 GW Book Club GWL 1:00-3:00 Matter of Balance OS 7:00-9:00 The Curious Savage OS		5 10:00-11:30 Walking for Wellness OS 12:00-2:30 UH Lunch & Movie WG		6 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-3:00 Matter of Balance OS	
11  CLOSED FOR VETERANS DAY		12 10:00-11:30 Walking for Wellness OS 1:30-2:30 Burton Book Club BPL		13 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 12:00-2:00 Sourdough Workshop GCOB	
18 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 1:00-2:30 First Responders UHG		19 10:00-11:30 Walking for Wellness OS 1:00-2:30 Elderberries OS		20 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	
25 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT		26  CLOSED FOR THANKSGIVING		27 CLOSED FOR THANKSGIVING	
Melissa Wheeler Senior Centers' Manager 440-279-2167 Magaly Rios Assistant Senior Centers' Manager 440-279-2137				BHS Berkshire High School BPL Burton Public Library CSC Chardon Senior Center GCOB Geauga County Office Building GWL Geauga West Library OH Ohman Family Living at Holly OS Off-site UHG UH Geauga Medical Campus VT Virtual Teams (Online) WG West Geauga Senior Center	

BAINBRIDGE BULLETIN

11/11, 11/26, 11/27—CLOSED
11/17—CLOSED EARLY

BIG BREAKFAST

Thursday, Nov. 19th • 9:00-10:00 a.m.

Join us for delicious food and great conversation! As always—Veterans & November birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Pecan Cinnamon Roll Bake. *Please RSVP by 11/16. Donuts by Seniors Helping Seniors*

Thanksgiving Feast!

Friday, Nov. 20th • 12:30-3:00 p.m.

Time for BSC's annual Thanksgiving Feast! There will be food for feasting, your friends for fun, and of course a DJ to help you wobble off some of the gobble! *Register today! \$20 p/person *reg req'd.*

Creative Connections for Veterans

Starting November 5th @ BSC

Join us for a FREE weekly program focused on restorative art-making & music experiences for adult and senior veterans in Geauga County. This grant program aims to improve the health, well-being, and quality of life for military service members and veterans exposed to trauma, as well as their families and caregivers. We're excited to partner with the Geauga County Veterans Services and the Fairmount Center for the Arts to provide this program to our community! *Call 440-279-1313 for more information and to register today!*

Gauga Park District & Topsy Bull

Friday, Nov. 13th • 12:00-1:30 p.m.

Join us for lunch from the Topsy Bull and a presentation by the Geauga Park District about "There are many underground animals we see often and some we hardly see at all". Learn about both well known and unfamiliar underground animals. *Lunch order & payment due by 11/10.*

UH Pharmacist Lunch & Learn

Monday, Nov. 9th • 12:00 Noon

Join us for a Medication Safety Lunch and Learn presentation and discussion with a UH Pharmacist. Learn more about common mistakes and how to avoid them, understand prescription labels, safe medication storage/disposal and more!.

BSC Craftmaker Fair

Tuesday, Nov. 24th • 12:00 Noon

Kick off your holiday shopping by buying some handmade gifts from BSC's very own artisans! Knit and crochet items, diamond art pieces, and more! Want to be a vendor? Call 440-279-1313 to sign up!

Bainbridge Historical Society Tour

Wednesday, Nov. 18th • 12:45 p.m.

Join us for a private tour of the Bainbridge Historical Society. We will be meeting at the Bissell-Tucek house located right down the road from our center at 12:45 p.m. for our 1:00 p.m. tour. Come and learn about the rich history of Bainbridge. **Reg req'd & space is limited.*



Gauga County
Department on Aging

NOVEMBER 2026

MONDAY

TUESDAY

2

8:30-9:30 All-Around Exercise \$3
9:40-10:25 Gentle All-Around Exercise \$3
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Senior Sing-Along

3

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-3:00 Mahjong – Both Dealer's Choice and Traditional Tables available
1:00-3:30 WoodCarver's Workshop

9

8:30-9:30 All-Around Exercise \$3
9:40-10:25 Gentle All-Around Exercise \$3
10:00-2:00 Poker
12:00-1:30 UH Pharmacy Medication Safety L&L FREE *reg req'd
1:30-3:00 Senior Sing-Along

10

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-3:00 Mahjong – Both Dealer's Choice and Traditional Tables available
10:30-11:30 Mental Wellness Peer Support Group
1:00-3:30 WoodCarver's Workshop

16

8:30-9:30 All-Around Exercise \$3
9:40-10:25 Gentle All-Around Exercise \$3
9:00-2:00 Reliable Nurse Foot Care – Accepting New Patients!
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Senior Sing-Along

17

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-2:00 Mahjong—Both Dealer's Choice and Traditional Tables avail

**CLOSED EARLY FOR
STAFF DEVELOPMENT**

23

8:30-9:30 All-Around Exercise \$3
9:40-10:25 Gentle All-Around Exercise \$3
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Senior Sing-Along

24

9:45-10:15 Balance Class
10:30-11:00 Cardio Drumming
10:00-12:00 Mexican Train
10:00-3:00 Mahjong – Both Dealer's Choice and Traditional Tables avail
1:00-3:30 WoodCarver's Workshop
12:00-3:00 BSC CRAFT MAKER FAIR

30

8:30-9:30 All-Around Exercise \$3
9:40-10:25 Gentle All-Around Exercise \$3
10:00-2:00 Poker
12:00-12:30 Lunch
1:30-3:00 Senior Sing-Along

BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY

8:30-9:30 All-Around Exercise \$3 **4**
 9:45-10:00 Fitness Boxing
 10:00-12:00 Diamond Painting
 10:00-3:00 Canasta
 10:30-11:00 Beginner Line Dancing
 11:00-12:00 Line Dancing
 11:00-12:00 Bingo w/ Cindy from
 Caring Senior Choices
 12:30-2:30 OTL Group
 (Cactus Grille – Solon)

THURSDAY

9:45-10:15 Balance Class **5**
 10:30-11:00 Cardio Drumming
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle NEW PLAYERS
 WELCOME
 12:00-12:30 Lunch
 1:00-2:30 CREATIVE CONNECTIONS
 for Veterans

FRIDAY

8:30-9:30 All-Around
 Exercise \$3 **6**
 9:40-10:25 Gentle All-Around
 Exercise \$3
 10:00– 3:00 Mahjong – Both
 Dealer's Choice and
 Traditional Tables avail



11

CLOSED FOR VETERANS DAY

9:45-10:15 Balance Class **12**
 10:30-11:00 Cardio Drumming
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle NEW PLAYERS
 WELCOME
 12:00-12:30 Lunch
 1:00-2:30 CREATIVE CONNECTIONS
 for Veterans

8:30-9:30 All-Around
 Exercise \$3 **13**
 9:40-10:25 Gentle All-Around
 Exercise \$3
 10:00– 3:00 Mahjong – Both Dealer's
 Choice and Traditional Tables avail
 12:00-1:30 Geauga Park District –
 Underground Animals

8:30-9:30 All-Around Exercise \$3 **18**
 9:45-10:00 Fitness Boxing
 10:00-11:30 Diamond Painting
 10:00-3:00 Canasta
 10:30-11:00 Beginner Line Dancing
 11:00-12:00 Line Dancing
 11:00-12:00 Bingo w/ Home Instead
 12:30– 2:30 OTL Group (Samurai
 Steakhouse – Aurora)
 1:00-2:30 Historical Society Tour –
 Reg Req'd
 1:30-3:00 ALZ Support Group

9:00-10:00 BIG BREAKFAST **19**
*Reg. req. * Donuts by Seniors Helping Seniors*
 10:00-12:00 Knit and Crochet
 10:00-3:00 Pinochle NEW PLAYERS
 WELCOME
 12:00-12:30 Lunch
 12:30-2:30 SCRABBLE
 1:00-2:30 CREATIVE CONNECTIONS
 for Veterans

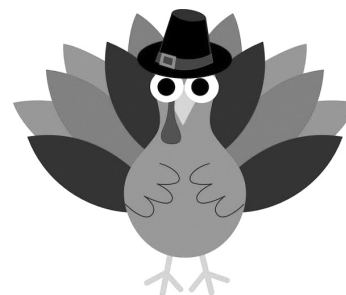
8:30-9:30 All-Around Exercise \$3 **20**
 9:40-10:25 Gentle All-Around
 Exercise \$3
 9:00-2:00 Reliable Nurse Foot Care
 - accepting new patients
 10:00-3:00 Mahjong – Both Dealer's
 Choice and Traditional Tables avail.
 12:30 -3:00 BSC Thanksgiving Feast

8:30-9:30 All-Around Exercise \$3 **25**
 9:45-10:00 Fitness Boxing
 10:00-12:00 Diamond Painting
 10:00-3:00 Canasta
 10:30-11:00 Beginner Line Dancing
 11:00-12:00 Line Dancing
 11:00-12:00 Bingo w/ Comfort Keepers
 of Chagrin Falls
 12:30– 2:30 OTL Group (2 & Company –
 Chagrin Falls)



26

CLOSED FOR THANKSGIVING



27

CLOSED FOR THANKSGIVING

Keri Loy
*Recreation & Education
 Coordinator*

Matt Samardge
*Recreation & Education
 Assistant*

CHARDON SENIOR CENTER

Call Chardon Senior Center to register for any of our events, lunches, or classes!

VA Community Care Network Overview

Friday, November 6th • FREE

First Friday Lunch and Trivia

Friday, November 6th • FREE

Social Work Appointments

Friday, November 6th

Game Night

Saturday, November 7th • 6:00-9:00 p.m.

Geauga Park District Presentation "Underground Wildlife"

Thursday, November 12th • FREE

Thanksgiving Luncheon

Friday, November 13th

with Guest Speaker, Kathie Doyle • FREE

Western Reserve Historical Society Presentation

The Case of Sam Sheppard

Monday, November 16th \$5

Creative Connections for Veterans

Presented by Fairmount Center for the Arts

Thursdays, November 17th and 24th

FREE, Veterans Only

Out to Lunch Group

Cleat's in Chardon

Tuesday, November 17th

\$ is "on your own"

Birthday Bingo and Pizza Party

Friday, November 20th

Nov. B'days are FREE, everyone else is \$2

Helping Your Neighbors Through The Holidays

Presentation by Ravenwood Mental Health

Monday, November 23rd • FREE

Thanksgiving Brunch

Tuesday, November 24th • FREE

No Book Club for November



Geauga County
Department on Aging

NOVEMBER 2026

MONDAY

8:00-9:00 Chair Volleyball **2**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art/
Tech Help Appts

8:00-9:00 Chair Volleyball **9**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art/
Tech Help Appts

8:00-9:00 Chair Volleyball **16**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00-2:00 WRHS Presentation \$5
1:00 Diamond Art/
Tech Help Appts.

8:00-9:00 Chair Volleyball **23**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
10:00-10:45 Balance Exercises
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00-2:00 Helping Neighbors

8:00-9:00 Chair Volleyball **30**
9:30-10:30 Chess Club
10:00-11:00 Line Dancing \$3 off site
10:00-12:00 Rug Hooking/Quilting
10:00-10:45 NO Balance Exs Today
11:00-12:00 Balance Exercises
11:00-11:45 Strength Training \$2
1:00 Diamond Art/
Tech Help Appts

TUESDAY

9:00-11:30 Woodcarving **3**
10:00-12:00 Knit and Crochet
10:00-10:45 NO Tai Chi today
11:00-12:00 No Balance Exs Today
12:30-4:00 Rummikub
2:00-3:30 Ramblers Practice

9:00-11:30 Woodcarving **10**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi
11:00-12:00 Balance Exercises
12:30-4:00 Rummikub
2:00-3:30 Ramblers Practice

9:00-11:30 Woodcarving **17**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi
10:00-12:00 Creative Connections
11:00-12:00 Balance Exercises
12:00-1:30 Out to Lunch Group
12:00-1:30 Ramblers Practice
Closing at 2:00 today

9:00-11:30 Woodcarving **24**
10:00-12:00 Knit and Crochet
10:00-10:45 Tai Chi
10:00-12:00 Creative Connections
11:00-12:00 NO Balance Exs Today
11:00-1:00 Thanksgiving Brunch
12:30-4:00 Rummikub
2:00-3:30 Ramblers Practice

Monday Movie Schedule * :

Nov. 2: The Shop Around the Corner

Nov. 9: Dan in Real Life

Nov. 16: The Odd Life of Timothy Green

Nov. 30: Miracle on 34th Street

***Nov. 23 No Movie**

CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY

THURSDAY

FRIDAY

4

9:00-11:00 Pinochle
11:00-12:00 "Marbles & Jokers"
11:00-11:45 Strength Training \$2
11:00-12:00 Balance Exercises
12:45-2:00 Chair Volleyball
1:00-4:00 Mah Jongg

5

10:00-12:00 Mah Jongg Lessons
10:30-12:00 Choral Group
11:00-11:45 Balance Exercises
12:15-4:00 Duplicate Bridge
12:30-4:00 "Marbles & Jokers"
1:30-3:30 Line Dancing \$5 (off site)

6

9:30-11:30 Stained Glass
9:30-10:30 Chair Volleyball
11:00-12:00 Balance Exercise
12:00-1:30 Lunch and Learn
12:00-2:00 First Friday Trivia Lunch
1:00-4:00 Bridge / Rummikub
1:30-2:30 Cardio-Drum Video



11

Closed for Veterans' Day

12

10:00-12:00 Mah Jongg Lessons
10:30-12:00 Choral Group
11:00-11:45 Balance Exercises
12:15-4:00 Duplicate Bridge
12:30-4:00 "Marbles & Jokers"
1:30-3:30 Line Dancing \$5 (off site)
2:00-3:00 GPD Presentation

13

9:30-11:30 Stained Glass
9:30-10:30 Chair Volleyball
11:00-12:00 Balance Exercise
12:00-2:00 Thanksgiving Luncheon
1:00-4:00 Bridge / Rummikub
1:30-2:30 NO Cardio-Drum Today

18

9:00-11:00 Pinochle
11:00-12:00 "Marbles & Jokers"
11:00-11:45 Strength Training \$2
11:00-12:00 Balance Exercises
12:45-2:00 Chair Volleyball
1:00-4:00 Mah Jongg

19

9:30 B'fast @ Bob Evan's \$
10:00-12:00 Mah Jongg Lessons
10:30-12:00 Choral Group
11:00-11:45 Balance Exercises
12:15-4:00 Duplicate Bridge
12:30-4:00 "Marbles & Jokers"
1:30-3:30 Line Dancing \$5 (off site)

20

9:30-11:30 Stained Glass
9:30-10:30 Chair Volleyball
11:00-12:00 Balance Exercise
11:00-1:00 Birthday Bingo and Pizza Party
1:00-4:00 Bridge / Rummikub!
1:30-2:30 Cardio-Drum Video

25

9:00-11:00 Pinochle
11:00-12:00 "Marbles & Jokers"
11:00-11:45 Strength Training \$2
11:00-12:00 Balance Exercises
12:45-2:00 Chair Volleyball
1:00-4:00 Mah Jongg

26



Closed for Thanksgiving

27



Closed for Thanksgiving

Becky O'Reilly
Recreation & Ed. Coordinator

Jackie Kleve
Chris Mackar
Valerie Garland

*Recreation & Education
Assistants*

Beth Oliverio
*Information and Referral
Assistant*

Ellie Rickard
Food Service Coordinator

**Call Chardon Senior Center to
register for any of our events,
lunches, or classes!**

**Lunches must be ordered by
the "Monday one week prior
to" when you would like to
join us for lunch.**

MIDDLEFIELD SENIOR CENTER

Monday Crafts

2nd Button Sunflower \$5

9th Felt Leaf Garland \$5

16th Charcuterie Board Decorating \$8

23rd Make & Take Thankful Tree

30th Crafting with Cindy

Thanksgiving Trivia

Presented by the MF Library.

Thursday, Nov. 5th

Soup & Sandwich Lunch

Friday Nov. 6th

Homemade \$5

Underground Animals

Presented by the Geauga Park District

Thursday, Nov. 12th

Tree of life Class with Amber

Wednesday, Nov. 18th

Mocktails and snacks at 12:30 p.m.

Class at 1:00 p.m. \$45

Knowledge with Dawn

Seasonal Affective Disorder (SAD)

Thursday, Nov. 19th

As the days grow shorter, some people experience changes in mood, energy, sleep, and motivation. Learn how to recognize the signs of Seasonal Affective Disorder and discover simple strategies to support your mental well-being during the darker months.

Kathie Doyle presents:

Women in politics.

Friday, Nov. 20th

Monthly breakfast

served at 10:00 a.m. Cost \$3.00

Always homemade!

Friendsgiving Potluck

Wednesday, Nov. 25th

Bring a dish to share,
turkey provided.



Gauga County
Department on Aging

NOVEMBER 2026

MONDAY

TUESDAY

2 10am Crafting Club 11am Balance Exercise 12:30 pm Mahjong 12pm Lunch 12-3pm Painting Pals 1pm Crafting Button sunflower \$5	3  CLOSED FOR VOTING
9 10 am Crafting Club 11 am Balance Exercise 12 pm Lunch 12 pm Mahjong 12-3 pm Painting Pals 1 pm Crafting Felt Leaf Garland \$5	10 9 am Mexican Train 10 am Chair Yoga Video 11 am Line Dancing \$3 12 pm Lunch 1 pm Chair Volleyball
16 10 am Crafting Club 11 am Balance Exercise 12:30 pm Mahjong 12 pm Lunch 12-3 pm Painting Pals 1 pm Crafting Charcuterie Board Decorating \$8	17 9 am Mexican Train 10 am Chair Yoga Video 11 am Line Dancing \$3 12 pm Lunch 1 pm Chair Volleyball Closed at 2 p.m. for staff development
23 10 am Crafting Club 11 am Balance Exercise 12:30 pm Mahjong 12 pm Lunch 12-3 pm Painting Pals 1 pm Crafting Make and Take Thankful Tree	24 9 am Mexican Train 10 am Chair Yoga Video 11 am Line Dancing \$3 12 pm Lunch 1 pm Chair Volleyball
30 10 am Crafting Club 11 am Balance Exercise 12:30 pm Mahjong 12 pm Lunch 12-3pm Painting Pals 1pm Crafting Crafting with Cindy	

MIDDLEFIELD SENIOR CENTER 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

WEDNESDAY

THURSDAY

FRIDAY

4

10 am Balance Exercise
11 am BINGO with Dawn
12 pm Lunch
1 pm Trivia

5

9 am Mexican Train
10 am Chair Zumba Video
11 am Thanksgiving Trivia
Presented by MF Library
12 pm Lunch
1 pm Chair Volleyball

6

10 am Chair Yoga Video
12 pm Lunch
12 pm Soup and Sandwich \$5
1 pm Chair Volleyball

11



CLOSED FOR VETERANS DAY

12

9 am Mexican Train
10 am Chair Zumba Video
11 am Underground Animals
Presented by Geauga Park
12 pm Lunch
1 pm Chair Volleyball

13

10 am Chair Yoga Video
12 pm Lunch
1 pm Chair Volleyball

18

10 am Balance Exercise
11 am BINGO with Dawn
12 pm Lunch
1 pm Fall Tree of Life
With Amber! \$47
Join us for crafting
and fall treats

19

9 am Mexican Train
10 am Chair Zumba Video
11 am Knowledge with Dawn
Seasonal Affective Disorder
12 pm Lunch
1 pm Chair Volleyball

20

10 am Monthly Breakfast \$3
10:30 am Kathie Doyle
Women in Politics.
12 pm Lunch
1 pm Chair Volleyball

25

10 am Balance Exercise
11 am Thanksgiving games
12 pm Friendsgiving
Bring a dish to share.
1 pm BINGO
Sponsored by Burton Health Care

26



CLOSED FOR THANKSGIVING

27

CLOSED FOR THANKSGIVING



**Crafting
Fall Tree of Life**

Hannah Heinz
*Recreation & Education
Coordinator*

Ginny Lester
*Recreation & Education
Assistant*

**Please call to register
for lunch, crafting &
special events.
440-632-0611**

WEST GEAUGA SENIOR CENTER

Documentary Mondays

Native American Indian Tribes

Join us for a hot lunch (meal of the day), followed by documentaries about the history of Native Indian Tribes. A 4 part series in November. **All times are from 12:00-1:30 p.m. Registration is Required.**

Nov. 2nd Pt 1 - deadline 10/26

Nov. 16th Pt 2 - deadline 11/9

Nov. 23rd Pt 3 - deadline 11/16

Nov. 30th Pt 4 - deadline 11/23

Lunch & Bingo

Nov. 25th - 12:00-1:30 p.m.

Join us for Lunch (*meal of the day*) and BINGO with PRIZES. FREE. Donations for meal accepted. **Deadline is 11/16.**

LUNCH & LEARN

Live Reenactment

Nov. 18th • 12:30-2:00 p.m.

Join us here for a live—in person reenactment of Molly Brown by actress Carol Starre Kmiecik. Lunch will be served from 12:30-1:00 p.m. (*Soup & Sandwich from Mangia Mangia, dessert and beverage*), followed by the program at 1:00 p.m. Cost \$10. **Deadline to register 11/13.**

BREAKFAST & BRAIN GAMES

Nov. 20th • 9:00-10:30 a.m.

Join us at WGSC for a hot breakfast of scrambled eggs, bacon, hashbrowns, & yogurt. Cognitive building Brain Games will follow. Cost \$6. **Registration Required. Deadline is 11/17.**

Lunch & Learn w/ Dr. Maguire

Nov. 19th • 12:00-1:30 p.m.

Join us for a travel presentation about The Galapagos Islands by our very own Prof. Maguire Ph.D. Hot Lunch will be the meal of the day served from 12:00-12:30 and PRG at 12:30 p.m. **Deadline to register is 11/9. Donation for Meal will be accepted.**

Geauga Parks Presentation

Nov. 20th • 11:00 a.m.-12:00 p.m.

Join us at WGSC for a presentation about Underground animals by a G Parks Naturalist. A hot lunch (*meal of the day*) is available after at 12 noon. **Registration is required, Let us know if you will be requesting a hot lunch when signing up. Deadline is 11/9.**

VT= Virtual Teams

Exercise classes with this symbol are also available virtually using our Teams link.

NOVEMBER 2026

MONDAY

2

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:30 Documentary Mondays
"Native American Indians History" Pt 1
1:00-3:00 Mahjongg Group
2:00-3:00 Line Dance w/Darlene \$4

9

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:00 Lunch & Learn with
Alert Care "Fall Prevention" Light
Lunch provided by Alert Care
1:00-3:00 Mahjongg Group-Lessons

16

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:30 Documentary Mondays
"Native American Indians History" Pt 2
1:00-3:00 Mahjongg Group-Lessons
2:00-3:00 Line Dance w/Darlene \$4

23

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:30 Documentary Mondays
"Native American Indians History" Pt 3
12:00-1:00 Water Exercise - Metz pool
1:00-3:00 Mahjongg Group-Lessons

30

9:00-10:00 Water Exercise - Metz pool
10:00-11:00 Strength & Cardio VT
11:00-12:00 Gentle Chair Yoga
12:00-1:30 Documentary Mondays
"Native American Indians History" Pt 4
1:00-3:00 Mahjongg Group

TUESDAY

3

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 ****NO Tai-ChiFit Today****
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

10

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

17

9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:00-1:30 Lunch Out with WGSC
at The Silver Skillet
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

24

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-10:30 Beginner Senior Spin Class
10:30-11:15 Seated Strength & Balance
12:30-1:30 Tai-ChiFit
12:00-3:00 Bridge Group
12:30-2:30 Knit & Crochet

Lunch is served Mon thru Fri from 12:00-12:30 p.m. ALL Seniors MUST request meals by the Monday of the week prior to the requested meal dates. ALL lunch reservations can be made by calling the WGSC at 440-279-2163, or by entering your request in the Lunch sign up book provided by the front Desk.

WEST GEAUGA SENIOR CENTER

8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY

4

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Strength & Cardio
11:00-12:00 Classical Chair Yoga
1:00-2:30 Never Ending Knowledge
1:00-3:00 Diamond Art

THURSDAY

5

10:00-10:30 Beginner Spin Class
10:30-11:15 Seated Strength & Balance
12:00-2:00 UH Lunch & Movie
Must sign up via AWWB program.
1:00-2:30 Arm Chair Travel
1:00-2:00 Yoga Nidra w/Darlene \$4
1:00-2:30 Pinochle

FRIDAY

6

9:00-11:30 Stained Glass Class \$5
10:00-11:00 Gentle Chair Yoga Video
11:00-11:45 Cardio Drumming Video
1:00-2:00 Senior Spin w/Byron
1:00-3:00 Wii Bowling



11

CLOSED FOR VETERANS DAY

12

10:00-10:30 Beginner Spin Class
10:30-11:15 Seated Strength & Balance
12:00-1:30 Lunch & Learn w/
Digital Defense Alliance
1:00-2:30 Arm Chair Travel
1:00-2:30 Pinochle
1:00-2:30 Fairmount Art - Creative
Connections for Veterans ONLY

13

9:00-11:30 Stained Glass Class \$5
10:00-11:00 Gentle Chair Yoga Video
11:00-11:45 Cardio Drumming Video
1:00-2:00 Senior Spin w/Byron
1:00-2:30 Euchre Lessons
1:00-3:00 Wii Bowling

18

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Strength & Cardio
11:00-12:00 Classical Chair Yoga
12:30-2:00 "The Unsinkable Molly
Brown" by Carol Starre-Kmiecik
1:00-3:00 Diamond Art

19

10:00-10:30 Beginner Spin Class
10:30-11:15 Seated Strength & Balance
12:00-1:30 Lunch & Learn with
Prof. Maguire "The Galapagos Islands"
1:00-2:30 Arm Chair Travel
1:00-2:00 Yoga Nidra w/Darlene \$4
1:00-2:30 Pinochle
1:00-2:30 Fairmount Art - Creative
Connections for Veterans ONLY

20

9:00-10:30 Breakfast & Brain Games
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Gentle Chair Yoga Video
11:00-11:45 Cardio Drumming Video
11:00-12:00 Geauga Parks Prg
"Underground Animals"
1:00-2:00 Senior Spin w/Byron
1:00-2:30 Euchre Lessons
1:00-3:00 Wii Bowling

25

9:00-10:00 Water Exercise - Metz pool
9:00-11:30 Stained Glass Class \$5
10:00-11:00 Strength & Cardio
11:00-12:00 Classical Chair Yoga
12:00-1:30 Lunch & BINGO
1:00-2:30 Never Ending Knowledge
1:00-3:00 Diamond Art

26



CLOSED FOR THANKSGIVING

27

CLOSED FOR THANKSGIVING



Recreation/Education Coordinator
Christine Bacon 440-279-2163

Rec/Ed Assistants

Jeanne Molzon

Amy Walsh

I&R Assistant

Ronda Dwyer 440-279-2163

Stained Glass Class Appts:
Call Don Trask 440-759-9691



SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Walking for Wellness

See Time Change for Winter Walks
Thursdays from 10:00-11:30 a.m.

Join the Geauga County Department on Aging and UH Geauga for our "Walking for Wellness" program. Walking has shown to help with weight management, reduce stress, and increase energy levels. This group focuses on keeping a steady pace, a safe place to walk with other people, and a goal of 3 miles each walk. Call Magaly Rios at 440-279-2137 with questions, you do not need to register for this program, just show up!

DATE	PARK
11/5	Punderson State Park 11755 Kinsman Rd, Newbury Park at the Punderson Manor Lodge
11/12	Walter C. Best - Meet at Sunset Shelter 11620 Ravenna Rd, Chardon Afterwards, Lunch at Spinners Diner 602 South St, Chardon
11/19	The West Woods - Meet at the Nature Center 9465 Kinsman Rd, Novelty
11/26	NO WALK! HAPPY THANKSGIVING!

Parkinson's and Diabetes Support Group - Combined this Month!

Brain Awareness

Tuesday, November 17th • 1:00 p.m.

Chardon Senior Center
470 Center St, Building 8, in Chardon

Learn why taking care of your brain is an important part of healthy aging and overall well-being. Join the Alzheimer's Association to learn more about the importance of brain health, ways to support cognitive wellness, and steps you can take to keep your brain healthy at every age. *Call Melissa Wheeler at 440-279-2167 to RSVP.*

Free Lunch and a Movie

Thursday, November 5th • 12:00-2:30 p.m.
at the West Geauga Senior Center
8090 Cedar Road, Chesterland

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. *Due to very limited space, and to ensure a fun experience for all, registration is required by calling UH Geauga at 440-214-3180.*

Warm Bread & Good Health: A Sourdough Workshop

Friday, November 13th, Noon-2:00 p.m.

Gauga County Office Building
Room B167-B168, 12611 Ravenwood Dr. in Chardon

Join us for a hands-on sourdough workshop with Megan Zombory, Doctor of Physical Therapy who believes health starts with a strong nutrition. In this workshop, you'll learn the basics of making sourdough and maintaining a starter, ask all your questions, and leave with supplies to get started at home. Cost \$15.00 on day of event. You will receive jar of starters, ingredients, tea towel, recipes, and hands on instructions. Please bring your own mixing bowl & spatula or spoon. *To register, please call Magaly at 440-279-2137. RSVP by November 6th. Space is limited.*

Medicare Preventative Services

Did you know that Medicare covers a full range of Preventative Services? These services include exams, screenings, shots, and lab tests and are available to Medicare enrollees to help keep you healthy. *To learn more about Medicare covered Preventative Services visit Medicare.gov or contact Social Services at the Geauga County Dept. on Aging at (440) 279-2130, for a free Guide to Medicare Preventative Services.*

"Clue"

Friday, November 20th • 8:15-11:00 a.m.

Berkshire High School
14155 Claridon-Troy Rd, Burton

Berkshire High School invites Geauga County Seniors to their fall theater rehearsal of "Clue". Enjoy coffee, donuts, and conversations with the students before the show begins! There will be a shuttle bus to the school. Please park at Kent State Geauga, 14111 Claridon Troy Rd, Burton, in the back parking lot. The bus will shuttle at 8:00 a.m. to Berkshire High School. The bus will shuttle you back after the program. If you are someone with limited ability (ADA) there will be limited parking at the Board Office (Door #9) that you can park directly outside the doors. *Call Magaly Rios at 440-279-2137 to register.*

SENIOR COMMUNITY EVENTS

— Please call 440-279-2137 to register or with any questions. —

Geauga Walkers

All walks begin promptly at 1:00.

*A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for additional information and schedules. Any questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
11/3*	Best Preserve Rt 44, Sunset Shelter Parking, South Entrance
11/10	Acadia Reservation Cedar Road between Richmond Road & I-271, Lyndhurst
11/17*	The Rookery 10110 Cedar Rd, Munson, off Rockhaven, North of Fairmount or West of Auburn Center Road
11/24*	Oberland Park 14639 Auburn Rd, Newbury

Chardon High School Dress Rehearsal – “The Curious Savage”

Wednesday, November 4th • 7:00 p.m.

Park Elementary School Auditorium
111 Goodrich Ct., in Chardon

The Chardon High School Drama Program invites the seniors in our community to join us for the Dress Rehearsal of “The Curious Savage”. Written by Pulitzer Prize-winning author John Patrick, this comedy centers around a wealthy widow, Ethel Savage, and her greedy stepchildren who commit her to “the Cloisters” sanitarium. *Please call Melissa Wheeler at 440-279-2167 to RSVP.*

First Responders & Healthcare Professionals:

Your Partners in Safety

Wednesday, November 18th • 1:00-2:30 p.m.

UH Geauga Medical Center
13207 Ravenna Rd, Chardon
Conference Center (Lower Level)

Join our first responders, nurses, and clinical staff for an engaging discussion on staying safe, prepared, and healthy. Learn practical tips on fire and home safety, emergency preparedness, recognizing when to call 911, and what healthcare professionals and first responders need to know when an emergency occurs. Come with your questions and learn how these community partners work together to keep you safe! Refreshments provided. *Call 440-214-3180 to register.*

Harvesting Healthy Living

Aging in Place:

Resources & Support Services

Monday, November 16th • 5:00-6:30 p.m.

UH Geauga Medical Center

Conference Center (Lower Level) 13207 Ravenna Rd, Chardon

Join us for an educational series designed to support older adults, caregivers, families, and healthcare professionals navigating the journey of aging and senior care. Each session will provide valuable resources, expert guidance, and practical tools to help families feel more informed, confident and supported. This month focuses on “Aging in Place: Resources & Support Services”. Discover the local resources and support services that help older adults remain safe, independent, and comfortable at home. Partnership with Care Patrol of NE Ohio, UH Geauga Medical Center and the Geauga County Department on Aging. Light refreshments will be provided. *Please RSVP to UH Geauga at 440-214-3180.*

Daytime Senior Book Discussions

If you love to read, then join us for interesting discussions on a variety of books. You can pick up the yearly reading list by calling Magaly Rios at 440-279-2137. Discussion books are available to loan at hosting Library's front desk, call to have them reserve a book for you!

Wednesday, November 4th (1st Wed. of each mo.)
at **West Geauga Library** from 11:30 a.m.-12:30 p.m.
with an out-to-lunch to follow, sign up with
Magaly Rios. Discussing: **The Forever Girl**
by *Jill Shalvis*.

Thursday, November 12th (2nd Thurs. of each month)
at **Burton Library** from 1:30-3:00 p.m.
Discussing: **Lady Tan's Circle of Women** by *Lisa See*

Fairmount Center for the Arts Creative Connections for Veterans

Every Wednesday beginning November 4th
1:30-3:00 p.m.

SKIP November 11th – Closed for Veteran's Day
Middlefield Senior Center

BAINBRIDGE SENIOR CENTER EVENTS

— Please call 440-279-1313 to register or with any questions. —

STARTING NOVEMBER 5th - Creative Connections for Veterans

Join us for a FREE weekly program focused on restorative art-making & music experiences for adult and senior veterans in Geauga County. This grant program aims to improve the health, well-being, and quality of life for military service members and veterans exposed to trauma, as well as their families and caregivers. We're excited to partner with the Geauga County Veterans Services and the Fairmount Center for the Arts to provide this program in our community! **Call 440-279-1313 for more information and to register today!**

Mental Wellness Peer Support Group

Tuesday, November 10th • 10:30–11:30 a.m.

Senior life can bring challenges, worries, and isolation. Don't go it alone! Led by fellow senior Richard Foss, M.S.S.A. (CWRU), an experienced facilitator and former social worker. Join us the 2nd Tuesday of each month. Stay for lunch afterward—just let us know when you register.

Geauga Park District & Topsy Bull

Friday, November 13th

Join us for lunch from the Topsy Bull and a presentation by the Geauga Park District. Learn about the many underground animals we see often and some we hardly see at all. Learn about both well known and unfamiliar underground animals. **Lunch order & payment due by 11/10.**

Bainbridge Historical Society Tour

Wednesday, November 18th • 12:45 p.m.

Join us for a private tour of the Bainbridge Historical Society. We will be meeting at the Bissell-Tucek house located right down the road from our center at 12:45 p.m. for our 1:00 p.m. tour. Come and learn about the rich history of Bainbridge. ***Reg req'd & space is limited.**

REMINDER

We do have DAILY fitness classes! Between the variety of classes and adaptability of the classes – we can get you moving and keep you moving no matter your current fitness level! Feel free to join any weekday morning to participate! No registration required – just drop in and check it out! **Call 440-279-1313 for details!**

Big Breakfast

Thursday, November 19th

Join us for delicious food and great conversation! As always—Veterans & November birthdays are free to attend. The cost is \$5 for everyone else. On the menu: Pecan Cinnamon Roll Bake. **Please RSVP by 11/16. Donuts by Seniors Helping Seniors.**

Thanksgiving Feast!

Friday, November 20th • 12:30-3:00 p.m.

Time for BSC's annual Thanksgiving Feast. There will be food for feasting, friends for fun, and of course a DJ to help you wobble off some of the gobble! **Register today! \$20 p/person. *Registration required***

Reliable Nurse Footcare

Monday, Nov. 16th and Friday, Nov. 20th

Nurse Jen comes to BSC 2x a month now to make scheduling your footcare needs even easier! **To schedule call 216-956-0293.**

UH Pharmacist Lunch & Learn

Monday, November 9th • Noon

Join us for a Medication Safety Lunch and Learn—presentation and discussion with a UH Pharmacist. Learn more about common mistakes and how to avoid them, understand prescription labels, safe medication storage/disposal and more!

BSC Craftmaker Fair

Tuesday, November 24th • Noon

Kick off your holiday shopping by buying some handmade gifts from BSC's very own artisans! Knit and crochet items, diamond art pieces, and more! **Want to be a vendor? Call 440-279-1313 to sign up!**

GAMES AT BSC!

Poker	Mondays, 10 a.m.-2 p.m.
Mexican Train	Tuesdays, 10 a.m.-Noon
Bingo	Wednesdays, 11 a.m.-Noon
Canasta	Wednesdays, 10 a.m.-3 p.m.
Pinochle	Thursday, 10 a.m. - 3 p.m. (New players welcome!)
Scrabble	Every 3 rd Thursday, 12:30-2:30 p.m.
Mahjong	Tuesdays 10 a.m.-3 p.m. and Fridays 10 a.m.-3 p.m.
Wii Bowling League	Tuesdays 1:00-2:30 p.m.

CHARDON SENIOR CENTER EVENTS

— Please call 440-279-2126 to register or with any questions. —

Thanksgiving Brunch

Tuesday, November 24th • 11:00 a.m.–1:00 p.m.

Join your friends and the staff at the Chardon Senior Center for a brunch, celebrating and giving thanks for one another. **FREE!** *Register at 440-279-2126. Please join us!*

Thanksgiving Luncheon with Guest Speaker, Kathie Doyle

Friday, November 13th • 12:00 Noon

Retired History teacher, Kathie Doyle, enjoys researching interesting historical topics and sharing what she has learned with us at the senior center! Come, find out what Kathie has in store for us this month! **FREE, but you must register at 440-279-2126.**

The Case of Sam Sheppard

Monday, November 16th • 1:00–2:00 p.m.

Join us for a history presentation by Western Reserve Historical Society. \$5 with registration.

FREE Lunch and Learn – Veterans and Veterans Spouses

Friday, November 6th at Noon

Learn how the VA Community Care Network can connect eligible veterans with healthcare services. We'll cover available care, eligibility requirements, how to access services, and tips for navigating the process smoothly. Lunch is provided by Cherished Companions. **Registration is required. Call 440-279-2126 to register.**

Geauga Park District Presentation

Thursday, November 12, • 2:00–3:00 p.m.

This month's topic is "Underground Wildlife." **FREE, but please call to register at 440-279-2126.**

Christmas Luncheon and Secret Santa Gift Exchange

Friday, December 18th • 12:00–2:00 p.m.

FREE event, but please bring a wrapped \$10 - \$15 gift for our Secret Santa Gift Exchange. To sign up, please call 440-279-2126.

Learn to play Mah Jongg

Call 440-279-2131 for details!

Helping Others Through the Holidays

Monday, November 23 • 1:00–2:00 p.m.

The Holiday Season can be a particularly difficult time for some, bringing up feelings of loss or loneliness. Find out how you can help make a difference in the lives of your neighbors who might be having a hard time navigating those feelings. Ravenwood Mental Health will provide an overview of crisis-prevention services in Geauga County, and how you can make a difference! A presentation by Ravenwood Mental Health at Chardon Senior Center. **FREE, but please call to register at 440-279-2126.**

Cleveland's Holiday Traditions

Tuesday, December 8th • 1:00–2:00 p.m.

Join us for this presentation by the Western Reserve Historical Society, as we travel down memory lane and reminisce about the good ol' days! \$5 with registration.

Loretta Lynn at Chardon Senior Center

Monday, December 14th • 1:00–2:00 p.m.

Join us for this Historical Reenactment of Loretta Lynn, and learn about her private life and famous career. \$5 with registration.

The Breakfast Club of Chardon

Thursday, November 19 • 9:30 a.m..

Join us for a breakfast out at Bob Evan's in Chardon. Enjoy breakfast, coffee, and conversation with others! Cost is "on your own." **Call 440-279-2126.**

Out to Lunch

Tuesday, November 17th • 12:00 Noon

Meet up at Cleats in Chardon! Call 440-279-2126, to let us know you'll be joining us! Cost is "on your own."

Birthday BINGO and Pizza Party!

Friday, November 20th • 11:00 a.m.

We will be celebrating all of those having celebrated birthdays in November! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! \$2.00 per person; November Birthdays are free! Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Pizza Sponsor, Chardon Healthcare!

MIDDLEFIELD SENIOR CENTER EVENTS

— Please call 440-632-0611 to register or with any questions. —

Knowledge with Dawn! *Seasonal Affective Disorder (SAD)*

Thursday, November 19th • 11:00 a.m.

As the days grow shorter, some people experience changes in mood, energy, sleep, and motivation. Learn how to recognize the signs of Seasonal Affective Disorder and discover simple strategies to support your mental well-being during the darker months.

Thanksgiving Trivia

Thursday, November 5th • 11:00 a.m.

Presented by the Middlefield Library.

Underground Animals

Presented by the Geauga Park District

Thursday, November 12th • 11:00 a.m.

Soup and Sandwich Friday

Fridays, October 6th • 12:00 Noon

Grilled cheese, soup and dessert! Stay and play chair volleyball at 1:00 p.m. *Call 440-632-0611 to let us know you will be here.*

Fall Framed Tree of Life *with Ariel Inspired Studios*

Wednesday, November 18th • 1:00 p.m.

Amber is back to create with us! Join us to make this beautiful resin glass tree, perfect for the fall season! Must preregisters call 440-632-0611 to let us know you will be here! Cost \$47.00 Fall mocktails and treats served before class starts!



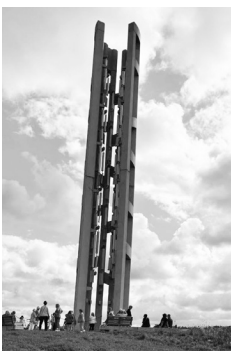
Kathie Doyle Presents! *The History of Women in Politics*

Friday, November 20th • 10:30 a.m.

Monthly breakfast served at 10:00 a.m. cost \$3.00, always homemade.

Christmas Carolers Wanted!

Do you love to sing? We need you! Join the Middlefield Senior Center as we visit local facilities to bring some holiday joy! Contact us for more info!



10/10 trip with MFSC's own Hannah!
Quick recap of our 6-day adventure:

- Dinner at Toby's Dinner Theatre
- A moving morning at Arlington National Cemetery
- Full colonial mode in Williamsburg, Jamestown & Yorktown
- Breathtaking views across Gettysburg
- Quiet reflection at Flight 93 Memorial

5 nights went by WAY too fast, but we packed in as much fun as humanly possible! Ready for the next adventure!

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —

Never Ending Knowledge Series

Wednesdays • 1:00-2:30 p.m. (three 30-minute lectures)

Light snacks and refreshments provided.

The World's Greatest Geological Wonders

(36 lectures-12 weeks)

Tour Earth's Greatest Diversity and beauty in this awe-inspiring course that visits the most amazing natural wonders in the world and explains the geology that underlies them.

NOVEMBER 4TH

1. Namib/Kalahari Deserts-Sand Mountains
2. Siwa Oasis-Paradise amidst Desolation
3. Auroras-Light Shows on the edge of Space

NOVEMBER 11TH & NOVEMBER 18TH

NO LECTURES SCHEDULED

NOVEMBER 25TH

1. Arizona Meteor Crater-Visitors from Outer Space
2. A Montage of Geologic Mini—Wonders
3. Planetary Wonders~Out of this World

END OF COURSE

Armchair Travel – Australia & New Zealand

Thursday afternoons from 1:00-2:30 p.m.

- Nov. 5th** 1. Tasmania: Beauty and Darkness
2. Coming of The Pakeha; Bay of Islands
3. Paradise of Dissent: Adelaide
- Nov. 11th** 1. Eureka! The Gold Rush Towns
2. Land of Ice ~Frozen New Zealand
3. "Waltzing Matilda" The Western Plains
- Nov. 19th** 1. Kings in Grass Castles: Outback Queensland
2. Marvelous Melbourne: Australia at Federation
3. A Better Britain? Christchurch and Canterbury

YOGA NIDRA with Darlene

Twice Monthly on the 1st & 3rd Thursday
1:00-2:00 p.m.

Taught by instructor Darlene Kelbach, formerly from The Fairmount school of the Arts. Yoga Nidra is also known as "yogic sleep" and is a deep relaxation technique. The body becomes completely still and relaxed while awareness turns inward by listening to a guided meditation. Yoga Nidra can be practiced on a yoga mat or in a chair. Wear comfortable clothes. Chairs will be provided and there are yoga mats to borrow, if needed. Cost is \$4 per class, paid directly to Darlene at each class. *Call for more info 440-279-2163.*

Documentary Mondays – Native Indian Tribes

Join us at West G for a hot lunch (*meal of the day*) followed by an educational 4-part documentary about the **194 different Native Indian Tribes**. Before the United States existed, there were nations. Over 200 Indigenous peoples lived across this continent, each with its own language, beliefs, and worldview. They weren't side characters in America's story. They were the story. Beneath each forgotten name lies a culture that endured. A way of life that, in many cases, still endures today. And yet, most of us couldn't name five. This documentary isn't just a history lesson—it's a chance to uncover everything you were never taught in school. *Call 440-279-2163.*

All times are 1:00-2:30 p.m.

Part 1 Nov 2nd – Deadline to receive a meal is 10/26

Part 2 Nov 16th – Deadline for the meal is 11/9

Part 3 Nov 23rd – Deadline for meal is 11/16,

Part 4 Nov 30th – Deadline for meal is 11/23

Creative Connections for Veterans

Thursday, November 12th • 1:00 p.m.

Join us for a free visual arts program through Fairmount Center for the Arts via a grant program that aims to improve the health, well-being, and quality of life for military service members. Participants can Explore a variety of artistic practices and discover new ways to express themselves in a welcoming, supportive setting. This program will run through January 14th 2027, see monthly events calendar for specific dates. *Sign up at 440-279-2163.*

Slow & Gentle Classical Chair Yoga with Nat

Wednesdays from 11:00 a.m. - 12:00 p.m.

Join us at the WGSC for a weekly chair yoga class with Nat. He will provide an old fashioned class which includes not only physical exercises for flexibility, strength and balance, but also breath work, conscious relaxation, and mental focus. *No need to register, all are welcome.*

Mahjong Lessons

Mondays 1:00-3:00 p.m.

Join our Monday Mahjongg group and learn to play this popular and fun game!! Christine Bacon has a "teaching" table available each Monday along with those already playing the game. Many have moved on from learning to play and joining the weekly games. You could too!! Just come in and give it a try... *No registration required, JUST come in and join us!*

WEST GEAUGA SENIOR CENTER EVENTS

— Please call 440-279-2163 to register or with any questions. —

Lunch & Learn with Prof. Maguire

Thursday, November 19th • 12:00-1:30 p.m.

Join us at WGSC for a hot lunch (*meal of the day*), followed by a one-hour presentation from Professor Maguire. He will share stories from his time in the Galapagos Islands and discuss what he learned about this beautiful tropical location of the World. Lunch will be served from 12:00-12:30, and the presentation will begin at 12:30pm. FREE EVENT, donations accepted for the meal. **Call to register by 11/9 440-279-2163.**

The Unsinkable Molly Brown Reenactment

Wednesday, November 18th • 12:30-2:00 p.m.

Join us for a catered lunch from Mangia Mangia, see meal choices below. Following lunch will be a re-enactment of “The Unsinkable Molly Brown” by actress Carol Starre-Kmiecik. She will share many stories from her life, with a special focus on her time aboard the Titanic. Menu choices for lunch are (Soup & chicken pecan Salad) or (Soup & Sandwich-turkey sub) Soup choices: Italian Wedding or Creamy Chicken Noodle. **Cost \$10, deadline to register is 11/13, 440-279-2163.**

Geauga Parks Presentation

Underground Animals

Friday, November 20th - 11:00 a.m. - 12:00 p.m.

Join us for a presentation by a GPD Naturalist –There are many underground animals we see often, and some we hardly see at all. These animals are adapted to digging and living life underground. There are some benefits to this life such as shelter from both weather and predators as well as a safe place to eat, hibernate and raise young. Learn about both our well-known and unfamiliar underground animals here in Geauga County. Following the presentation a HOT meal is available from 12:00-12:30 p.m. Let us know when registering for this event if you plan to stay for the meal. **Deadline to register is 11/9, call WGSC 440-279-2163**

EUCHRE Lessons

Friday, November 13th & 20th • 1:00-2:30 p.m.

West G Senior Center is offering lessons on the popular card game EUCHRE! Join us to learn how to play, with instruction led by Christine Bacon. Our goal is to have weekly Euchre games here at WGSC on a regular basis! **Call to sign up at 440-279-2163.**

Fall Prevention & Balance

Monday, November 9th • 12:00-1:00 p.m.

Join Stephanie Bondi from Alert Care Ohio as she discusses the important topic of Fall Prevention and Good Balance. Falls aren’t always caused by one thing. Learn how environmental hazards, balance, strength, medications, and everyday habits can contribute to fall risk. We’ll discuss simple ways to identify and reduce your personal risk, along with practical exercises and strategies to improve balance and confidence. A light lunch & refreshments will be provided at NO Cost. **Deadline to register is 11/4. Call to sign up 440-279-2163.**

LUNCH & BINGO

Wednesday, November 25th • 12:00 - 1:30 p.m.

Join us for a delicious Hot Lunch featuring the meal of the day, followed by 60 minutes of BINGO fun! Jason Argie from Home Instead will be calling the games and bringing along some awesome prizes. Whether you’re a long-time BINGO enthusiast or simply looking for a fun afternoon, this event is for you! Register by 11/16. FREE Event, Donations for meals will be appreciated. **Call to sign up! 440-279-2163.**

Pinochle at WGSC

Thursday afternoons 1:00-3:00 p.m.

Whether you are a beginner and need lessons, or a pinochle PRO, you are WELCOME!! Christine Bacon will teach the game to anyone that would like to learn and participate in this fun game!! **Just call ahead to let us know you are coming. 440-279-2163.**

Out to Lunch Bunch

Tuesday, November 17th • 12:00 - 1:30 p.m.

Join us for a Lunch Out at The Silver Skillet in Chesterland. Meet up at 12 Noon, address is 12650 Chillicothe Rd. Join your WG friends for socializing and good food! **Call ahead to let us know you are coming and we will reserve a seat for you. Deadline is 11/13.**

Breakfast and Brain Games

Friday, November 20th • 9:00-10:30 a.m.

Join us at WGSC for a hot breakfast of scrambled eggs, bacon &, hashbrowns, yogurt and beverage. Cognitive building Brain Games will be after breakfast from 9:30-10:30 a.m. Cost \$6. **Registration required 440-279-2163. Deadline to register is 11/17.**

Geauga Menu November 2026

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
2 BEEF BURGER AMERICAN CHEESE ROASTED POTATOES APPLESAUCE BAKED BEANS HAMBURGER BUN WG KETCHUP	3 MACARONI & CHEESE BROCCOLI FLORETS CORN MAN. ORANGES APPLE-CINNAMON BREAD	4 GRILLED CHICKEN BREAST GREEN SWEET PEAS DICED CARROTS ESCALLOPED APPLES HAMBURGER BUN WG MAYONNAISE	5 FISH (COD) TATER TOTS GREEN BEANS APPLE HAMBURGER BUN WG TARTAR SAUCE KETCHUP	6 STUFFED CABBAGE SPAGHETTI SAUCE MIXED VEGGIES MASHED POTATOES PEACHES WHITE BREAD WG
9 GRILLED CHICKEN BREAST BBQ SAUCE WHITE RICE GREEN BEANS SWEET POTATOES CINN. APPLESAUCE CORNBREAD	10 SLOPPY JOE TATER TOTS DICED CARROTS STRAW-BAN APPLESAUCE HAMBURGER BUN WG	11 CLOSED	12 BREADED CHICKEN PATTY BAKED BEANS CORN MAN. ORANGES HAMBURGER BUN WG BBQ SAUCE CUP	13 TURKEY BREAST BROWN GRAVY MASHED POTATOES CRANBERRY SAUCE ESCALLOPED APPLES BROCCOLI FLORETS DINNER ROLL
16 BONELESS WINGS DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE GRAHAM CRACKERS BBQ SAUCE CUP	17 STUFFED GREEN PEPPERS SPAGHETTI SAUCE MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	18 SALISBURY STEAK BROWN GRAVY WHITE RICE CORN BROCCOLI FLORETS APPLE-CIN. BREAD	19 SMOKED HAM PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS CORNBREAD MIXED FRUIT	20 GRILLED CHICKEN BREAST PENNE PASTA SPAGHETTI W/ BASIL CALIFORNIA VEGGIE BLEND MIXED FRUIT DINNER ROLL
23 MEATBALLS SWED. MEATBALL GRAVY PENNE PASTA BROCCOLI FLORETS DICED CARROTS CINN. APPLESAUCE WHITE BREAD WG	24 CHICKEN SALAD COLESLAW THREE BEAN SALAD PINEAPPLE HAMBURGER BUN WG	25 MEATLOAF BROWN GRAVY MASHED POTATOES GREEN SWEET PEAS APPLESAUCE WHITE BREAD WG	26 CLOSED	27 CLOSED
30 BEEF BURGER AMERICAN CHEESE ROASTED POTATOES APPLESAUCE BAKED BEANS HAMBURGER BUN WG KETCHUP				

Menu Subject to Change. Milk included with each meal.

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Heating Assistance Available

Application Deadline: May 31, 2027



The Ohio Department of Job and Family Services and Lifeline are once again offering assistance to help Ohio's families stay warm during the cold winter months. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to eight members and 60% of State Median Income for a household of nine or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Copy of lease if renting, copy of property tax bill if you own your home.
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

HEAP benefits are applied to an individual's energy bill after Jan. 1. Applications for the HEAP program must be received by May 31, 2027. To apply for the program, clients are required to schedule an appointment with Lifeline. Appointments can be scheduled by calling (440) 381-8230 or go to <https://app.capappointments.com>.

For more information or assistance with applying for a HEAP benefit, contact the Geauga County Department on Aging at (440) 279-2130. To be connected to your local Energy Assistance Provider, call (800) 282-0880 (hearing impaired clients may dial 711 for assistance) or visit www.energyhelp.ohio.gov



Do You Qualify for Assistance with Your Medical Bills or Prescription Medicines?



If you meet the 2026 income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application!

Medicare Savings Programs (MSPs) and Extra Help

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

MEDICAID			QMB			SLMB			QI		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	\$1,014	\$2,000	Single	\$1,350	\$9,950	Single	\$1,616	\$9,950	Single	\$1,816	\$9,950
Married	\$1,511	\$3,000	Married	\$1,824	\$14,910	Married	\$2,184	\$14,910	Married	\$2,455	\$14,910

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$6,235.21 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

Get "Extra Help" With Medicare Part D Prescription Drug Costs!

Extra Help is a Medicare program that helps people with limited income and resources pay Medicare prescription drug costs. You may qualify for Extra Help, also called low-income subsidy (LIS), if your annual income and total resources are below these limits this year.

Single: \$2,015/monthly & resources below \$18,090; or Married \$2,725/monthly & resources below \$36,100.

Resources include checking or savings accounts, stocks, bonds, mutual funds, and IRA's.

Resources do not include your home, car, household items, burial expenses and life insurance policies.

Contact a Department on Aging Social Worker at (440) 279-2130, for assistance with your application!

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____	Location: _____	
Cost: _____	Amount Enclosed _____	Event Date(s) _____
Name: _____	Phone: _____	
Address: _____	City/Zip: _____	
Emergency Contact _____	Phone # _____	
Registered with GDA for 2026? Yes ____ No ____		
Other Information: (menu or leave-from options) _____		
Internal use - Date Received _____ Staff Initials _____ Receipt # _____		

Event: _____	Location: _____	
Cost: _____	Amount Enclosed _____	Event Date(s) _____
Name: _____	Phone: _____	
Address: _____	City/Zip: _____	
Emergency Contact _____	Phone # _____	
Registered with GDA for 2026? Yes ____ No ____		
Other Information: (menu or leave-from options) _____		
Internal use - Date Received _____ Staff Initials _____ Receipt # _____		

In consideration of acceptance into the above referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

• I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X _____
Signature of Participant _____ Date _____

Refund Policy for the Geauga Department on Aging

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
12611 Ravenwood Dr., Suite 200
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
440-279-2130 NOVEMBER 2026

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donation, and the Geauga Senior Services Levy.

Make a Difference: Volunteer for Home-Delivered Meals

The Geauga County Department on Aging is seeking volunteers to deliver meals to seniors in Geauga County. Drivers are needed in almost every community.



Volunteers play a vital role in the Home-Delivered Meals program, ensuring homebound seniors receive warm, nutritious lunches. Routes begin at one of the four local senior centers, and deliveries take place Monday through Friday from 11 a.m. to 1 p.m. Individuals, agencies, church groups, and organizations are encouraged to help. Volunteers must be at least 18 years old and have a valid driver's license.

A brief orientation and paperwork are required. Flexible scheduling is available, with options for daily, weekly, or substitute shifts.

Join us in supporting local seniors!
To sign up or learn more, contact Nathan Gorton at 440-279-2138 or NGorton@co.geauga.oh.us.

**Call 988 anytime
for free and
confidential
support and
resources related
to mental health or
substance use concerns.**



988

**SUICIDE
& CRISIS
LIFELINE**

If you or someone you know
needs support now,

CALL OR TEXT: 988
CHAT: 988lifeline.org

Talk with us.



PLATINUM PATRONS

The Bramley Family

in memory of Jim & Joy Bramley & Rob Warren

G Rae Peck in memory of Sigmund Peck

Alan Bialosky in memory of Peggy Bialosky

Robert Beutel and Claudia Euse

Newbury Class Members of 1956

James & Sandra Burzanko in memory of Judge Forrest W. Burt

Gwenn and Daniel Brown

Barbara & Edward Wells

Nancy Lynam-Davis in memory of Eileen Schaffert

Ann Busse in memory of Carl & Dorothy Busse

Mr & Mrs Robert Beutel

Erin Wallace in memory of Teddi Wallace

The Sly Fox Motorcycle Club of Northeast Ohio

Beth & James Croup

in memory of Judy & Dave Prasek & Bonnie Maynard

Mike Francisco in memory of Christine Francisco

To become a PLATINUM Patron for a year, submit \$110 -
Please make checks payable to The Geauga County Department on Aging and
write Newsletter in the memo.