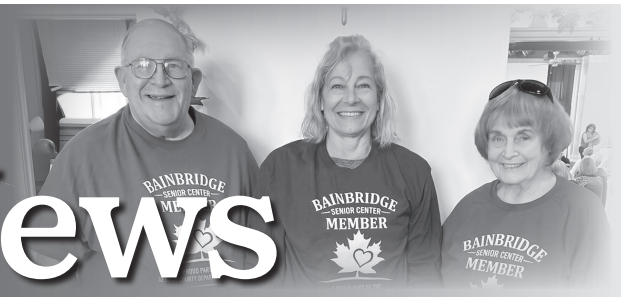
The Geauga Senior News



Geauga County Department on Aging

December 2026

Give a Home Delivered Meal to someone local and in need!

1 meal = $5.40
1 week of meals = $27.00
1 month of meals = $112.00
1 year of meals = $1,350.00
**2025 cost rationale*

We delivered 45,105 meals in 2025 to 428 seniors.

We have **208** Home Delivered Meal drivers.

98,293 miles were donated by our drivers.

Geauga County Department on Aging

'tis the Season of Giving

You may never give your next meal a second thought...

But that is not true for many Geauga County Senior Citizens! Give a gift that makes a difference!

Giving Tuesday is on December 1st this year.

To donate or for more information, call the Geauga County Department on Aging at (440) 279-2130.

Donations can also be mailed to:
12611 Ravenwood Drive Suite 200
Chardon Ohio 44024

Thank you for your generosity! We will send you a tax-deductible receipt for your donation.

Register for 2027 to Continue Services

If you registered with the GDA in 2025 or 2026 and there have been no changes on your registration, (for example, change of address, new phone number, new emergency contact) just call or stop by your local senior center and ask to be re-registered. **If you don't call or stop in, you will not be registered for 2027!** If there has been a change in your registration information, fill out a 2027 registration form and bring it or send it to your nearest senior center.

Please note, all out-of-county seniors and guests under 60 years of age will be charged an annual fee of $25 to register with the GDA. This annual fee does not include a subscription to the Geauga Senior Newsletter.

If you have any questions, call your local senior center or the Main office at (440) 279-2130.

Home-Delivered Holiday Meals for Geauga County Seniors

The Geauga County Department on Aging (GDA) and Ohman Family Living will once again offer FREE Christmas meals to eligible Geauga County seniors in 2026.

Because regular home-delivered and congregate meals will not be available on Christmas Day, holiday meals will be available by preorder only. Seniors who wish to receive a holiday meal are encouraged to contact the Department on Aging as soon as possible to reserve their meal.

Christmas Holiday Meals

Holiday meals will also be available on Christmas Day, December 25, 2026, through the generous sponsorship of Ohman Family Living.

Christmas meal requests must be received by December 18, 2026.

If you are a Geauga County senior, age 60 or older, who will be home and alone during the holidays, or if you know of a senior who may need a holiday meal, please contact the Geauga County Department on Aging at 440-279-2130.

The GDA encourages seniors and their families or friends to call early to ensure their holiday meal is reserved.

In this Issue

Season of Giving 1
GDA 2027 Registration 1
Home Delivered Holiday Meals 1
Senior Community Events 2-3
Community Calendar 4-5
Bainbridge Senior Center Calendar 6-7
Chardon Senior Center Calendar 8-9
Middlefield Senior Center Calendar 10-11
West Geauga Senior Center Calendar 12-13
Senior Community Events 14-15
Bainbridge Senior Center Events 16
Chardon Senior Center Events 17-18
Middlefield Senior Center Events 18-19
West Geauga Senior Center Events 19-20
Monthly Menu 21
HEAP 22
Medicare Program 22
Event Registration Form 23
Platinum Patrons 24
988 Lifeline 24

Deadline for the news and information items is the 1st of the month prior to publication.

The Geauga Senior Newsletter is the official publication of the Geauga County Dept. on Aging. Located at 12611 Ravenwood Dr., Suite 200, Chardon, OH 44024.

The newsletter is published monthly, and has a circulation of approximately 4,800 hard copy and more than 250 online. If you are not receiving the newsletter, and you are a Geauga County Senior, 60 years of age or older, call (440) 279-2130. *Let us know if you have a change of address.*

BOARD OF COMMISSIONERS
Geauga County Ohio
JAMES W. DVORAK
CAROLYN BRAKEY, Esq
RALPH SPIDALIERI

LEADERSHIP TEAM
Jessica Boalt – Director
Michelle Warren - In-Home Services Manager
Melissa Wheeler – Senior Centers Supervisor
Karen M. Stone – Administrative Services Manager

GEAUGA YOUNG OF HEART

Meet at 11:30 a.m. at St. Anselm's Parish Center, 12969 Chillicothe Rd. in Chesterland on the first and third Friday of the month. However, in December we will have **our annual Christmas Party for members only on Friday, December 4**, at 11:00 a.m. at Guido's Pizza Haven in Chesterland. Cost is $40. If you bring a gift, you can receive a gift. For reservations call Monica Gromek at (216) 659-8117.

Our next meeting will be January 15, 2027. We will be going to the Aurora Atlas Movie Theater (Rt. 306 and Rt. 82) on December 9. The movie is TBD. It will start at 11:00 a.m.

A trip is planned to Nashville's Opryland Country Christmas on December 13-16. If interested, call Kim at (440) 668-3293 to see if space is still available. ***Merry Christmas to all!***



Celebrating Our Veterans! *Our veterans are an important part of what makes our community so special, and we love finding ways to show them just how much they are appreciated!*

Every month at ***Big Breakfast****, we proudly welcome our veterans with a FREE homemade breakfast, donuts, and coffee. It's our small way of saying thank you for your service and giving everyone a chance to connect, share stories, and enjoy some good company.*

Geauga County Veteran Food Pantry

Serving those who have served

This is a pantry exclusively for Veterans and their families in Geauga County.

As the only supplemental pantry of its kind in Ohio, we are proud to serve those who have served our country.

As a member, we offer:

- **Fresh fruits and vegetables**
- **A variety of canned goods**
- **Beef, chicken, pork, venison, butter and eggs**

This is our way of giving back to those who have given so much.

For information about Veteran eligibility and registration, call Geauga County Veterans Services at: 440-279-1860. Services are income/need based.

Need Help Caring For A Loved One Who Has Early-to-Mid Stage Dementia?

Are you caring for a Geauga County Senior who has beginning stages of dementia? Are you feeling overwhelmed by the daily responsibilities and could use a break?

If so, then call the Department on Aging's Adult Day Service (ADS) Program. The Adult Day Service staff can care for your loved one in a safe, structured environment, while you take some needed time.



The Adult Day Service Program is located at 8090 Cedar Rd, in Chesterland and open Monday through Friday, from 8:30 a.m. until 2:30 p.m.

ADS participants are offered a nutritious lunch, cognitive stimulation, physical exercise and socialization as part of the program. This is not a medically based program, meaning medications are not given and seniors must be able to toilet and feed themselves.

There is no fee for the ADS Program. We will gladly accept donations to help enhance and grow the program. Transportation is available.

If you are interested in hearing more about this program, or would like to schedule a visit, call (440) 279-2149 or by email at vzanella@geauga.oh.gov.



Berkshire High School Holiday Cabaret Jazz Band & Choir Dress Rehearsal

Friday, December 11th

Berkshire High School in the Auditorium
14155 Claridon-Troy Rd, Burton

Performance begins at 12:00 p.m. Afterwards, seniors can enjoy light refreshments and conversations with the students. There will be a shuttle bus to the school. Please park at Kent State Geauga,14111 Claridon Troy Rd, Burton, in the back parking lot. The bus will shuttle at 11:40 a.m. to Berkshire High School. The bus will shuttle you back after the program. If you are someone with limited ability (ADA) there will be limited parking at the Board Office (Door #9) that you can park directly outside the doors. ***Please call Melissa Wheeler at 440-279-2167 to register.***

Would you like to be Santa for a Senior?

The Department on Aging is collecting gift cards for food & medication to help Geauga County senior citizens who are in need. You can help by purchasing gift cards, in any denomination, for local stores that seniors would use, such as Walmart, Giant Eagle, Marcs, Aldi etc. Once purchased, please bring them to your local Geauga County Senior Center or Geauga County Department on Aging - 12611 Ravenwood Dr. Suite 200, Chardon. If you are interested in shopping for a senior and providing them a personal gift, we have many requests from local seniors. We are always looking for extras such as body lotion, soaps, toiletries, healthy snacks, etc. to give along with the gift cards. ***Please have all donations dropped off by Friday, December 11th. If you have any questions, please call Melissa Wheeler at 440-279-2137.***



DID YOU KNOW.....

The Weatherization Program's Energy Efficiency Measures can reduce a home's average natural gas consumption by 18%, and the electricity consumption by 7%. This means less money on utilities, and more $$$$ to spend on food, medicine, and other essentials.

Upon approval The Weatherization Program will perform the following needed energy efficiency measures:

- heating system safety tests, repairs, tune-ups, and/or replacements if due to safety concerns
- hot water tank repairs, tune-ups, and/or replacement if due to safety concerns
- wall insulation
- attic insulation
- floor insulation
- air sealing
- energy-related home repairs

Benefits to households assisted can assist of:

- $372 average yearly energy savings
- $538 in pay per year due to fewer missed worked days
- $514 savings per year in household's out-of-pocket medical expenses

This Free program is for renters and/or homeowners of Ashtabula, Lake, & Geauga Counties!

For more information call 440-997-5957 Ext: 550 or 554, or just dial 2-1-1

INCOME LEVELS

Size of Family Unit	200%
1	$31,300
2	$42,300
3	$53,300
4	$64,300
5	$75,300
6	$86,300
7	$97,300
8	$108,300

Add an additional $11,000 for each additional person in the household

community action
Helping People. Changing Lives.
WWW.ACCAA.ORG

Free Lunch & Movie
Thursday, December 3rd • 12:00 Noon
UH Geauga Age Well Be Well Program. ***Call 440-214-3180 to register. Free.***

Wicked at Play House Square
Thursday, December 10th
Lunch at Music Box Supper Club and to Playhouse Square to see Wicked. THIS TRIP IS FULL.

Berkshire High School Holiday Cabaret Jazz Band & Choir Dress Rehearsal
Friday, December 11th
Enjoy refreshments and conversations with the students after the show! There will be a shuttle bus to the school. Please park at Kent State Geauga (14111 Claridon Troy Rd, Burton) in the back parking lot. The bus will shuttle at 11:40am to Berkshire High School. The bus will shuttle you back after the program. ***Please call Melissa Wheeler at 440-279-2137 to register. Free.***

Parkinson's Boxing Classes
This class is for seniors diagnosed with Parkinson's whose symptoms are mild to moderate. The goal of this non-contact boxing program is to delay the progression of Parkinson's symptoms. ***Please call Melissa Wheeler at 440-279-2167 for more info.***

Walking For Wellness:
Every Thursday • 10:00-11:30 a.m.
Join the Department on Aging and UH Geauga for our "Walking for Wellness" program. Walking has shown to help with weight management, reducing stress, and increasing energy levels. Group walking programs can help you reach your personal wellness goals! Please wear appropriate shoes, as we travel over a variety of surfaces in the parks. Our goal is 3 miles per walk, depending on terrain and weather. ***Questions? Call Magaly Rios at 440-279-2137.***

Balance Exercise Classes:
Focuses on building endurance, strength, and flexibility to prevent falls from happening. Exercises are both seated and standing. Classes are available in person and live on Microsoft Teams on Mondays, Wednesdays, and Fridays. ***Call Melissa Wheeler at 440-279-2167 for more info or to get the link online.***

Geauga County Department on Aging

DECEMBER 2026

MONDAY	TUESDAY
Melissa Wheeler *Senior Centers' Manager* 440-279-2167 **Magaly Rios** *Assistant Senior Centers' Manager* 440-279-2137	**1** 11:30-2:00 Parkinson's Holiday Luncheon OS 1:00-2:30 Geauga Walkers OS
7 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 5:00-9:00 Geauga Cyclist Party OS	**8** 1:00-2:30 Geauga Walkers OS
14 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	**15** 1:00-2:30 Geauga Walkers OS 2:00-3:00 Diabetes Support Group CSC
21 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	**22** 1:00-2:30 Geauga Walkers OS
28 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	**29** 1:00-2:30 Geauga Walkers OS

SENIOR COMMUNITY EVENTS

Geauga County Department on Aging

WEDNESDAY	THURSDAY	FRIDAY
2 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	**3** 10:00-11:30 Walking for Wellness OS 12:00-2:30 UH Lunch & Movie WG	**4** 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT
9 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	**10** 10:00-5:00 Wicked OS 10:00-11:30 Walking for Wellness OS	**11** 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT 12:00-2:00 Holiday Cabaret BHS
16 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT **CLOSING AT 12:00 Noon FOR STAFF MEETING**	**17** 10:00-11:30 Walking for Wellness OS 1:00-2:30 Elderberries OS	**18** 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT
23 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	**24**  **CLOSED CHRISTMAS EVE**	**25**  **CLOSED CHRISTMAS DAY**
30 9:30-11:00 Parkinson's Boxing CSC 11:00-12:00 Balance Exercise CSC & VT	**31**  **CLOSED NEW YEAR'S EVE**	BHS Berkshire High School BPL Burton Public Library CSC Chardon Senior Center GCOB Geauga County Office Building GWL Geauga West Library OH Ohman Family Living at Holly OS Off-site UHG UH Geauga Medical Campus VT Virtual Teams (Online) WG West Geauga Senior Center

BAINBRIDGE BULLETIN

12/24, 12/25, 12/31, 1/1—CLOSED
12/16—CLOSED EARLY

BIG BREAKFAST - Holiday Special

Thursday, Dec. 17th • 9:00-10:00 a.m.

Join us for delicious food and great conversation! As always – Veterans & December birthdays are free to attend. The cost is $5 for everyone else. *On the menu:* Sausage and Veggie Strata. Please RSVP by 12/14. Donuts by Keri! Plus - Special Musical guest Eli Winkfield, local vocalist and Music Theatre student at Baldwin Wallace University, will be crooning your favorite carols and holiday standards!

FREE Lunch & Learn: Help & the Holidays

Thursday, Dec. 3rd • 12:30 p.m.

Find out how you can help make a difference in the lives of your neighbors. Ravenwood Mental Health will provide an overview of crisis prevention services in Geauga County, and how you can make a difference!

SANTA SINGS!

Monday, Dec. 21st • 1:00-2:00 p.m.

Come for a fun–filled hour of musical entertainment hosted by our very own Santa Matt and a special guest star! Light refreshments will be served. ***Call BSC to register!***

Holiday Craft and Gift Wrapping Party

Dec. 8th • 12:00-1:30 p.m.

We will be making holiday themed coasters using ceramic tiles and decoupage! We will also be wrapping holiday gifts for you if you need an extra hand. Feel free to donate holiday paper and trimmings to help make the gifts merry and bright!

Stay Able FREE Mobility Tune Up!

Tuesday, Dec. 15th • 12:00 Noon

Join us for a FREE lunch & learn AND free mobility aid tuneup! Small adjustments to your mobility aids like rollators, walkers, etc. can make all the difference and help prevent falls.
Register today as spots are limited!

FREE Lunch & Learn: Banking Fraud and Scam Prevention

Friday, Dec. 18th • 12:30-1:30 p.m.

Michael Levick, VP, Branch Manager at Key Bank will be presenting information on the newest scams he has seen as a local bank manager.
Registration required.

WGSC & BSC Mahjong Mixer–Tournament

Friday, Dec. 11th • 10:00 a.m.-2:00 p.m.

Join Christine from WGSC and Keri from BSC at Bainbridge Senior Center for a Mahjong Tournament! Catered Lunch by Mangia-Mangia. *Choice of Entree:* Broccolini or Rigatoni & Meatballs along with salad, bread and dessert. Top 3 Players winning the most games at the end of the day will receive prizes!!!
Cost $10 Deadline to register is Dec 7th.

Geauga County Department on Aging

DECEMBER 2026

MONDAY	TUESDAY
REMINDER **If Kenston Schools are closed due to inclement weather – then all fitness classes at BSC are canceled that day as well. However – the senior center may remain open. Always call before heading out if you feel unsure.**	**1** 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong – Both Dealer's Choice and Traditional Tables available 1:00-3:30 WoodCarvers' Workshop
7 8:30-9:30 All-Around Exercise $3 9:40-10:25 Gentle All-Around Exercise ($3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	**8** 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong 10:30-11:30 Mental Wellness Peer Support Group 12:00-1:30 Holiday Coaster Craft and Gift Wrapping Party 1:00-3:30 WoodCarvers' Workshop
14 8:30-9:30 All-Around Exercise $3 9:40-10:25 Gentle All-Around Exercise $3 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	**15** 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong – Both Dealer's Choice and Traditional Tables avail 12:00-1:30 StayAble L&L+ Mobility Tune Up 1:00-3:30 WoodCarvers' Workshop
21 8:30-9:30 All-Around Exercise $3 9:40-10:25 Gentle All-Around Exercise $3 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along 9:00-2:00 Reliable Nurse Foot Care 1:00-2:00 SANTA SINGS! w/ Santa Matt	**22** 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong—Both Dealer's Choice and Traditional Tables available 1:00-3:30 WoodCarvers' Workshop
28 8:30-9:30 All-Around Exercise ($3) 9:40-10:25 Gentle All-Around Exercise ($3) 10:00-2:00 Poker 12:00-12:30 Lunch 1:30-3:00 Senior Sing-Along	**29** 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Mexican Train 10:00-3:00 Mahjong—Both Dealer's Choice and Traditional Tables available 1:00-3:30 WoodCarvers' Workshop

BAINBRIDGE SENIOR CENTER

17751 Chillicothe Rd. Bainbridge, OH 44023 | 440-279-1313

WEDNESDAY	THURSDAY	FRIDAY
2 8:30-9:30 All-Around Exercise $3 9:45-10:00 Fitness Boxing 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Cindy from Caring Senior Choices 12:30– 2:30 OTL Group (Washington Street Diner – Chagrin Falls)	**3** 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch 12:30-2:00 FREE Lunch & Learn– 988 Crisis w/ Ravenwood Health 1:00-2:30 CREATIVE CONNECTIONS for Veterans	**4** 8:30-9:30 All-Around Exercise $3 9:40-10:25 Gentle All-Around Exercise $3 10:00– 3:00 Mahjong – Both Dealer's Choice and Traditional Tables avail.
9 8:30-9:30 All-Around Exercise $3 9:45-10:00 Fitness Boxing 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Comfort Keepers 12:30– 2:30 OTL Group (1815 Tavern—Aurora) 1:30-3:00 ALZ SUPPORT GROUP	**10** 9:45-10:15 Balance Class 10:30-11:00 Cardio Drumming 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle NEW PLAYERS WELCOME 12:00-12:30 Lunch 1:00-2:30 CREATIVE CONNECTIONS for Veterans	**11** 8:30-9:30 All-Around Exercise $3 9:40-10:25 Gentle All-Around Exercise $3 10:00-2:00 MAHJONG TOURNAMENT Dr. Kessinger Podiatry Appts
16 8:30-9:30 All-Around Exercise ($3) 9:45-10:00 Fitness Boxing 10:00-11:00 Diamond Painting 10:00-11:00 Canasta 10:30-11:00 Beginner Line Dancing **CLOSED EARLY AT 11:00 a.m. for Staff Development**	**17** 9:00-10:00 BIG BREAKFAST **Registration required* Donuts by Keri-and special musical guest Elijah Wink-field* 10:00-12:00 Knit and Crochet 10:00-3:00 Pinochle 12:00-12:30 Lunch 12:30-2:30 SCRABBLE 1:00-2:30 CREATIVE CONNECTIONS for Veterans	**18** 8:30-9:30 All-Around Exercise $3 9:40-10:25 Gentle All-Around Exercise $3 10:00–3:00 Mahjong – Both Dealer's Choice and Traditional Tables avail 9:00-2:00 Reliable Nurse Foot Care 12:30-1:30 FREE L&L, Fraud & Scam Prevention by Michael Levick of Key Bank
23 8:30-9:30 All-Around Exercise $3 9:45-10:00 Fitness Boxing 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 11:00-12:00 Bingo w/ Regency at Chagrin 12:30–2:30 OTL Group (El Granero – Aurora)	**24**  **CLOSED CHRISTMAS EVE**	**25**  **CLOSED CHRISTMAS**
30 8:30-9:30 All-Around Exercise $3 10:00-12:00 Diamond Painting 10:00-3:00 Canasta 10:30-11:00 Beginner Line Dancing 11:00-12:00 Line Dancing 12:30–2:30 OTL Group Samurai Steakhouse – Aurora)	**31**  **CLOSED NEW YEAR'S EVE**	**Keri Loy** *Recreation & Education Coordinator* **Matt Samardge** *Recreation & Education Assistant*

CHARDON SENIOR CENTER

Call Chardon Senior Center to register for any of our events, lunches, or classes!

Porch Pot Class
Friday, December 4th $20

First Friday Lunch and Trivia
Friday, December 4th FREE!

Social Work Appointments
Friday, December 4th

Little Women at Century Village and Dinner at JC's
Friday, December 4th

Game Night at CSC
Saturday, December 5th • 3:00-6:00 p.m.

Winter Art Project - Pearl Art Snowman
Monday, December 7th and 14th
12:30-2:30 p.m. $24

Cleveland's Holiday Traditions Presentation by Western Reserve Historical Society
Tuesday, December 8 $5

Kirtland's Nativity Display & Lunch at Olive Garden
Wednesday, December 9th
$ is "on your own"

Dinner Out at Yours Truly and Christmas Lights Viewing in Downtown Chagrin Falls
Thursday, December 10th
$ is "on your own"

Lunch and Learn with Guest Speaker, Kathie Doyle - Christmas Novels
Friday, December 11th FREE!

Book Club - "A Redbird's Christmas," Fannie Flagg
Friday, December 11th

Loretta Lynn Reenactor
Monday, December 14. $5

Out to Lunch Group - Grand River Cellars
Tuesday, December 15th
$ is "on your own"

Homecoming Country Christmas Luncheon
Friday, December 18th FREE

Christmas Cookie Decorating
Tuesday, December 22nd FREE

Birthday Bingo and Pizza Party
Tuesday, December 29th
Dec. birthdays are FREE, everyone else is $2

Geauga County Department on Aging

DECEMBER 2026

MONDAY	TUESDAY
Becky O'Reilly *Recreation & Education Coordinator* **Chris Mackar, Jackie Kleve, and Valerie Garland** *Recreation & Education Assistant Coordinators*	**1** 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi 10:00-12:00 Creative Connections 11:00-12:00 Balance Exercise 12:30-4:00 Rummikub 2:00-3:30 Ramblers Practice
7 8:00-9:00 Chair Volleyball 9:30-10:30 Chess Club 10:00-11:00 Line Dancing $3 off site 10:00-12:00 Rug Hooking/Quilting 10:00-10:45 Balance Exercises 11:00-12:00 Balance Exercises 11:00-11:45 Strength Training $2 1:00 Diamond Art/ Tech Help Appts.	**8** 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi 10:00-12:00 Creative Connections 11:00-12:00 Balance Exercises 12:30-4:00 Rummikub 1:00 Cleveland's Holiday Traditions 2:00-3:30 Ramblers Practice
14 8:00-9:00 Chair Volleyball 9:30-10:30 Chess Club 10:00-11:00 Line Dancing $3 off site 10:00-12:00 Rug Hooking/Quilting 11:00-12:00 Balance Exercises 11:00-11:45 Strength Training $2 1:00-2:00 Loretta Lynn Reenactor 1:00 Diamond Art/ Tech Help Appts.	**15** 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi 10:00-12:00 Creative Connections 11:00-12:00 Balance Exercises 12:00-2:00 Out to Lunch Group 12:00-1:30 Ramblers Practice
21 8:00-9:00 Chair Volleyball 9:30-10:30 Chess Club 10:00-11:00 Line Dancing $3 off site 10:00-12:00 Rug Hooking/Quilting 10:00-10:45 NO Balance Exs Today 11:00-12:00 Balance Exercises 11:00-11:45 Strength Training $2 1:00 Diamond Art/ Tech Help Appts	**22** 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi 10:00-12:00 Creative Connections 11:00-12:00 Balance Exercise 12:30-4:00 Rummikub 1:00 Christmas Cookie Decorating 2:00-3:30 Ramblers Practice
28 8:00-9:00 Chair Volleyball 9:30-10:30 Chess Club 10:00-11:00 Line Dancing $3 off site 10:00-12:00 Rug Hooking/Quilting 10:00-10:45 NO Balance Exs Today 11:00-12:00 Balance Exercises 11:00-11:45 Strength Training $2 1:00 Diamond Art/ Tech Help Appts.	**29** 9:00-11:30 Woodcarving 10:00-12:00 Knit and Crochet 10:00-10:45 Tai Chi 10:00-12:00 Creative Connections 11:00-12:00 NO Balance Exs Today 11:00-1:30 Birthday Bingo 12:30-4:00 Rummikub 2:00-3:30 Ramblers Practice

CHARDON SENIOR CENTER

470 Center, Bldg. 8, Chardon, OH 44024 | 440-279-2126

WEDNESDAY	THURSDAY	FRIDAY
2 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training $2 11:00-12:00 Balance Exercises 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg	**3** 10:00-12:00 Mah Jongg Lessons 10:00-12:00 Euchre Group 10:30-12:00 Choral Group 11:00-11:45 NO Balance Exs Today 12:15-4:00 Duplicate Bridge 12:30-4:00 Marbles & Jokers" 1:30-3:30 Line Dancing $5 (off site)	**4** 9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 12:00-1:30 Lunch and Learn 12:00-2:00 First Friday Trivia Lunch 1:00-4:00 Bridge / Rummikub 1:30-2:30 Cardio-Drum Video
9 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training $2 11:00-1:30 Kirtland Nativity Display 11:00-12:00 Balance Exercises 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg	**10** 10:00-12:00 Mah Jongg Lessons 10:00-12:00 Euchre Group 10:30-12:00 Choral Group 11:00-11:45 Balance Exercises 12:15-4:00 Duplicate Bridge 12:30-4:00 "Marbles & Jokers" 1:30-3:30 Line Dancing $5 (off site) 3:00-6:00 Dinner Out	**11** 9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 12:00 Lunch & Learn w/ Kathie Doyle 1:30 Book Club 1:00-4:00 Bridge / Rummikub 1:30-2:30 Cardio-Drum Video
16 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training $2 11:00-12:00 Balance Exercises **12:00 Senior Center Closing Early Today**	**17** 9:30 B'fast @ Bob Evans $ 10:00-12:00 Mah Jongg Lessons 10:00-12:00 Euchre Group 10:30-12:00 Choral Group 11:00-11:45 Balance Exercises 12:15-4:00 Duplicate Bridge 12:30-4:00 "Marbles & Jokers" 1:30-3:30 Line Dancing $5 (off site)	**18** 9:30-11:30 Stained Glass 9:30-10:30 Chair Volleyball 11:00-12:00 Balance Exercise 12:00 Homecoming Country Christmas 1:00-4:00 Bridge / Rummikub! 1:30-2:30 NO Cardio-Drum Today
23 9 :00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training $2 11:00-12:00 Balance Exercises 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg	**24**  **CLOSED CHRISTMAS EVE**	**25**  **CLOSED CHRISTMAS DAY**
30 9:00-11:00 Pinochle 11:00-12:00 "Marbles & Jokers" 11:00-11:45 Strength Training $2 11:00-12:00 Balance Exercises 12:45-2:00 Chair Volleyball 1:00-4:00 Mah Jongg	**31**  **CLOSED NEW YEAR'S EVE**	**Ellie Rickard** *Food Service Coordinator* **Beth Oliverio** *Information and Referral Assistant*

MIDDLEFIELD SENIOR CENTER

Monday Crafts

7th Christmas Character Brick $8
14th Pinecone pot $5
21st Hot Chocolate Jar $5
28th Snowman Pot $5

Knowledge with Dawn
Seasonal Affective Disorder (SAD)
Thursday December 3rd
As the days grow shorter, some people experience changes in mood, energy, sleep, and motivation. Learn how to recognize the signs of Seasonal Affective Disorder and discover simple strategies to support your mental well-being during the darker months.

Kathie Doyle
Christmas Through the Ages
Friday December 4th
10:30 a.m. Presentation
10:00 a.m. Monthly Breakfast $3
Always homemade! Christmas cookies extravaganza. Bring your favorite cookie to share!

Movie and Hot Chocolate Bar
Wednesday December 9th
Join us for a cozy afternoon in.
A Christmas Story.

Moments in Time
Friday December 11th
Original poetry & short stories.

Special Lunch Friday
Friday, December 11th
Enjoy a homemade lunch $5

Jingle, Mingle & BINGO
Friday, December 18th
Christmas music BINGO. Bring an appetizer to share for lunch.
Wear your best Christmas sweater.
Ginny's soda bar.

New Year's at Noon
Wednesday December 30th
Let's bring in 2027 together! Enjoy party games and surprises. Bring a dish to share, main dish will be provided.

Geauga County Department on Aging

DECEMBER 2026

MONDAY	TUESDAY
Christmas Carolers Wanted! **Join us to spread holiday cheer around Middlefield. Call for more info!**	**1** 9 am Mexican Train 10 am Chair Yoga Video 11 am Line Dancing $3 12 pm Lunch 1 pm Chair Volleyball
7 10 am Crafting Club 11 am Balance Exercise 12 pm Lunch 12 pm Mahjong 12-3 pm Painting Pals 1 pm Crafting Christmas Character Bricks $8	**8** 9 am Mexican Train 10 am Chair Yoga Video 11 am Line Dancing $3 12 pm Lunch 1 pm Chair Volleyball
14 10 am Crafting Club 11 am Balance Exercise 12:30 pm Mahjong 12 pm Lunch 12-3 pm Painting Pals 1 pm Crafting with Marsha Pinecone pot $5	**15** 9 am Mexican Train 10 am Chair Yoga Video 11 am Line Dancing $3 12 pm Lunch 1 pm Chair Volleyball
21 10 am Crafting Club 11 am Balance Exercise 12:30 pm Mahjong 12 pm Lunch 12-3 pm Painting Pals 1 pm Crafting with Donna Hot Chocolate Jar $5	**22** 9 am Mexican Train 10 am Chair Yoga Video 11 am Line Dancing $3 12 pm Lunch 1 pm Chair Volleyball
28 10 am Crafting Club 11 am Balance Exercise 12:30 pm Mahjong 12 pm Lunch 12-3pm Painting Pals 1pm Crafting Snowman Pots $5	**29** 9 am Mexican Train 10 am Chair Yoga Video 11 am Line Dancing $3 12 pm Lunch 1 pm Chair Volleyball

MIDDLEFIELD SENIOR CENTER 15820 Ridgewood Rd., Middlefield, OH | 440-632-0611

WEDNESDAY	THURSDAY	FRIDAY
2 10 am Balance Exercise 11 am BINGO 12 pm Lunch 1 pm Holiday Trivia	**3** 9 am Mexican Train 10 am Chair Zumba Video 11 am Knowledge with Dawn 12 pm Lunch 1 pm Chair Volleyball	**4** 10 am Monthly Breakfast $3 10:30 am Kathie Doyle 12 pm Lunch 1 pm Chair Volleyball
9 8 am Social work appointments 10 am Balance Exercise 11 am BINGO 12 pm Lunch 1 pm Movie and Hot Chocolate A Christmas Story	**10** 9 am Mexican Train 10 am Chair Zumba Video 12 pm Lunch 1 pm Chair Volleyball	**11** 9 am Chair Yoga Video 10:30 am Moments in Time Presented by Rusty Ruckel 12 pm Special Lunch Friday $5 12 pm Lunch 1 pm Chair Volleyball
16 10 am Balance Exercise 11 am BINGO with Dawn **Closed at 2:00 p.m. for staff development**	**17** 9 am Mexican Train 10 am Chair Zumba Video 12 pm Lunch 1 pm Chair Volleyball	**18** 8 am Podiatrist 11 am Jingle, mingle & BINGO Christmas music style 12 pm Appetizer Party 1 pm Chair Volleyball
23 10 am Balance Exercise 11 am BINGO 12 pm Lunch 1 pm Christmas Pictionary	**24**  **CLOSED CHRISTMAS EVE**	**25**  **CLOSED CHRISTMAS**
30 10 am Balance Exercise 11 am Games 12 pm New Year's at Noon 1 pm BINGO *Sponsored by Burton Health Care*	**31**  **CLOSED NEW YEAR'S EVE**	**Hannah Heinz** *Recreation & Education Coordinator* **Ginny Lester** *Recreation & Education Assistant*

WEST GEAUGA SENIOR CENTER

My Father My Hero

December 7th • 11:00 a.m.-12:30 p.m.

Join us at WG as we welcome Melinda Redding to present her documentary of the father she never actually met, but turned out to be a War Hero. Melinda has been telling her story to schools and organizations for 18 years!

Holiday Mahjongg Mixer-Tournament

December 11th • 10:00 a.m.-2:00 p.m.

Join the Senior Center Mahjongg groups at Bainbridge SC, as we gather together for a holiday Mahjongg Mixer and Tournament. We will have a catered lunch from Mangia Mangia with choice of their famous Broccolini or Rigatoni and Meatballs, including dessert and beverages. Top 3 winners of the day will receive a prize!

Cost: $10, Register by 12/7.

Jingle & Mingle w/Santa

December 15th • 10:00 a.m.-1:30 p.m.

Join us for a Hot Breakfast Buffet including pancakes, scrambled eggs, bacon, sausage, hash browns, yogurt, parfait, pastries and beverages. Enjoy a sing-along to Christmas Music provided by Jack Tayek, as well as a visit from the man in the Red Suit! A photo booth will also be available for getting some great holiday photos with Santa. Next, we will have Christmas Jingo-BINGO with many nice prizes to win!

Cost: $5. Deadline to register is Dec 9th

Lunch & Movie "Nutcrackers"

December 17th • 10:00 a.m.-2:00 p.m.

Join us for a hot lunch *(meal of the day)*, along with a free movie & popcorn. The film is Nutcrackers starring Ben Stiller, it's a funny and heartwarming holiday movie you will certainly enjoy!

Register by 12/7.



VT= Virtual Teams
Exercise classes with this symbol are also available virtually using our Teams link.

DECEMBER 2026

MONDAY	TUESDAY
Recreation/Education Coordinator **Christine Bacon 440-279-2163** Rec/Ed Assistants **Jeanne Molzon** **Amy Walsh** I&R Assistant **Ronda Dwyer 440-279-2163** Stained Glass Class Appts: **Call Don Trask 440-759-9691**	**1** 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:30 Beginner Spin Class 10:30-11:15 Seated Strength & Balance 12:30-1:30 Tai-ChiFit $3 12:30-3:00 Knit & Crochet
7 9:00-10:00 Water Exercise-Metz pool 10:00-10:45 Strength & Cardio 11:00-11:45 Chair Yoga 11:00-12:30 My Father My Hero Presentation 12:00-1:00 Water Exercise-Metz Pool 1:00-3:00 Mahjongg Group-Lessons 2:00-3:00 Line Dance w/Darlene $4	**8** 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:30 Beginner Spin Class 10:30-11:15 Seated Strength & Balance 12:00-1:30 Lunch & Learn – Crisis Prevention with Ravenwood 12:30-1:30 Tai-ChiFit 12:30-3:00 Knit & Crochet
14 9:00-10:00 Water Exercise-Metz pool 10:00-10:45 Strength & Cardio 11:00-11:45 Chair Yoga 12:00-1:00 Water Exercise-Metz Pool 1:00-3:00 Mahjongg Group-Lessons	**15** 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 NO AM EXERCISE CLASSES TODAY 10:00-1:30 Jingle & Mingle; a Merry Morning w/Santa $5 12:30-1:30 Tai-ChiFit $3 12:30-3:00 Knit & Crochet
21 9:00-10:00 Water Exercise-Metz pool 10:00-10:45 Strength & Cardio 11:00-11:45 Chair Yoga 12:00-1:00 Water Exercise-Metz Pool 1:00-3:00 Mahjongg Group-Lessons 2:00-3:00 Line Dance w/Darlene $4	**22** 9:00-11:30 Stained Glass Class $5 10:00-10:30 Beginner Spin Class 10:30-11:15 Seated Strength & Balance 12:30-1:30 Tai-ChiFit $3 12:30-3:00 Knit & Crochet
28 9:00-10:00 Water Exercise-Metz pool 10:00-10:45 Strength & Cardio 11:00-11:45 Chair Yoga 12:00-1:00 Water Exercise-Metz Pool 1:00-3:00 Mahjongg Group-Lessons	**29** 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:30 Beginner Spin Class 10:30-11:15 Seated Strength & Balance 12:30-1:30 Tai-ChiFit $3 12:30-3:00 Knit & Crochet

WEST GEAUGA SENIOR CENTER 8090 Cedar Rd. Chesterland, OH 44026 | 440-279-2163

WEDNESDAY	THURSDAY	FRIDAY
2 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:45 Strength & Cardio 11:00-12:00 Classical Chair Yoga 1:00-2:30 Never Ending Knowledge 1:00-3:00 Diamond Art	**3** 9:00-11:30 Stained Glass Class $5 10:00-10:30 Beginner Spin 10:30-11:15 Seated Strength & Balance 1:00-2:30 Arm Chair Travel 1:00 3:00 Pinochle 1:00-3:00 Creative Connections for Veterans 1:00-2:00 YOGA NIDRA $4	**4** 9:00-11:30 Stained Glass Class $5 10:00-10:45 Chair Yoga Video 11:00-12:00 Cardio Drumming Video 1:00-2:30 Virtual Bowling 1:00-2:00 Senior Spin w/Byron 1:00-2:30 EUCHRE
9 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:45 Strength & Cardio 11:00-12:00 Classical/Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge 1:00-3:00 Diamond Art	**10** 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:30 Beginner Spin 10:30-11:15 Seated Strength & Balance 1:00-2:30 Arm Chair Travel 1:00-3:00 Creative Connections for Veterans 1:00 3:00 Pinochle	**11** 9:00-11:30 Stained Glass Class $5 10:00-10:45 Chair Yoga Video 10:00-2:00 Holiday Mahjongg Mixer/Tournament @ Bainbridge SC $10 11:00-12:00 Cardio Drumming Video 1:00-2:30 Virtual Bowling 1:00-2:00 Senior Spin w/Byron
16 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:45 Strength & Cardio 11:00-12:00 Classical/Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge 1:00-3:00 Diamond Art	**17** 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:30 Beginner Spin 12:00-2:00 Lunch & Movie "Nutcrackers 1:00-2:30 Arm Chair Travel 1:00-3:00 Creative Connections for Veterans 1:00 3:00 Pinochle 1:00-2:00 YOGA NIDRA $4	**18** 9:00-11:30 Stained Glass Class $5 10:00-10:45 Chair Yoga Video 11:00-12:00 Cardio Drumming Video 12:00-1:30 Lunch & Learn with Prof. Maguire - Kruger National Park S. Africa 1:00-2:00 Senior Spin w/Byron 1:00-3:00 Virtual Bowling 1:00-2:30 EUCHRE
23 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:45 Strength & Cardio 11:00-12:00 Classical/Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge 1:00-3:00 Diamond Art	**24**  **CLOSED CHRISTMAS EVE**	**25** **CLOSED CHRISTMAS DAY**
30 9:00-10:00 Water Exercise-Metz pool 9:00-11:30 Stained Glass Class $5 10:00-10:45 Strength & Cardio 11:00-12:00 Classical/Gentle Chair Yoga 1:00-2:30 Never Ending Knowledge 1:00-3:00 Diamond Art	**31**  **CLOSED NEW YEAR'S EVE**	Lunch is served Mon thru Fri from 12:00-12:30 p.m. ALL Seniors MUST request meals by the Monday of the week prior to the requested meal dates. ALL lunch reservations can be made by calling the WGSC at 440-279-2163, or by entering your request in the Lunch sign up book provided at the Center.

SENIOR COMMUNITY EVENTS

—— Please call 440-279-2137 to register or with any questions. ——

Walking for Wellness – Winter Walks

Thursdays from 10:00-11:30 a.m.

Join the Geauga County Department on Aging and UH Geauga for our "Walking for Wellness" program. Walking has shown to help with weight management, reduce stress, and increase energy levels. This group focuses on keeping a steady pace, a safe place to walk with other people, and a goal of 3 miles each walk. Call Magaly Rios at 440-279-2137 with questions, you do not need to register for this program, just show up!

DATE	PARK
12/3	**Orchard Hills** 11340 Caves Rd, Chesterland
12/10	**Headwaters Park** 13365 Old State Rd, Huntsburg
12/17	**The Rookery** 10110 Cedar Rd, Munson
12/24	**NO WALK!** **HAPPY HOLIDAYS!**
12/31	**NO WALK!** **HAPPY NEW YEAR'S EVE!**

Parkinson's Support Group – Holiday Luncheon

Tuesday, December 1st • 11:30 a.m.

Mary Yoder's Amish Kitchen
14743 North State St, Middlefield

Join us for our Holiday Gathering! Spouses or guests welcome! Order directly from the menu. Separate checks will be provided. Lunch is on your own. We will play a few games and enjoy each other's company for the holidays. ***You must RSVP to Melissa Wheeler at 440-279-2167 for this event.***

Free Lunch and a Movie

Thursday, December 3rd • 12:00-2:30 p.m.
at the West Geauga Senior Center
8090 Cedar Road, Chesterland

Lunch sponsored by Age Well Be Well program through UH Geauga Medical Center. ***Due to very limited space, and to ensure a fun experience for all, registration is required by calling UH Geauga at 440-214-3180.***

Diabetes Support Group – Eating Thru the Holidays

Tuesday, December 15th • 2:00 p.m.

Chardon Senior Center
470 Center St, Building 8, Chardon

Do you have a favorite diabetic-friendly holiday recipe? Bring it to share with the group! UH Geauga will be providing hors d'oeuvres and how to keep our sugar in check during the holidays. ***Call Melissa Wheeler at 440-279-2167 to RSVP.***

CWRU Siegel Lifelong Learning Speaker – *The Geese in our Backyards*

Wednesday, January 13th

Ohman Family Living at Holly
10190 Fairmount Rd, Newbury

Breakfast will be served at 9:30 a.m., followed by the lecture "The Geese In Our Backyards: Migration Science, Flight Dynamics, and the Consequences of Human Feeding" beginning at 10:00 a.m. Canada geese are remarkable athletes shaped by millions of years of evolution, yet modern landscapes—and human habits—are changing their biology and behavior in surprising ways. This talk explores the science of migration, the physics of long-distance flight, and how human feeding can disrupt wing development and navigational instincts. Through clear explanations and field observations, participants will learn why some geese stop migrating, how flight formations conserve energy, and how well-intentioned actions can unintentionally harm wildlife. A fascinating scientific look at one of North America's most familiar birds. ***Cost: $15 for members, $20 non-members. Registration is required by visiting www.case.edu/lifelonglearning/lectures/ohman or calling 216-368-2090.***

Geauga Park District Elderberries: Armchair Birding

Thursday, December 17th • 1:00-2:30 p.m.

The West Woods Nature Center
9465 Kinsman Rd, Novelty

Seniors, join us for an indoor presentation about our winter birds that you can see right from your armchair at home! Refreshments served and sponsored by Home Instead. This is a collaboration with the Geauga Department on Aging and University Hospitals Geauga Medical Center. ***Registration is required by calling Geauga Park District at 440-286-9516.***

SENIOR COMMUNITY EVENTS

—— Please call 440-279-2137 to register or with any questions. ——

Geauga Walkers

All walks begin promptly at 1:00 p.m.

*A Naturalist will accompany us on these walks. Contact Geauga Department of Aging at (440) 279-2167 for information and schedules. Questions call: Carol Rinehart @ (440) 487-4346, Barbara Baker @ (440) 487-5838, or TEXT Jane Hall-Nemeth @ (440) 567-1228.

DATE	PARK & PARKING
12/1*	**Burton Wetlands Nature Preserve** 15681 Rider Road, Burton
12/8	**Auburn Community Park** 17484 Munn Road, North of Washington St, in Bainbridge
12/15*	**Veterans Legacy Park** Holiday Luncheon: Walk @12; Eat @ 1:00; Program @ 1:45; 14085 Ravenna Road (Rt 44), Newbury
12/22*	**Centerville Mills** 8558 Crackle Road, East of Rt 306, Bainbridge

Need Help Caring For A Loved One Who Has Early To Mid Stage Dementia?

Are you caring for a Geauga County Senior who has beginning stages of dementia? Are you feeling overwhelmed by the daily responsibilities and could use a break?

If so, then call the Department on Aging's Adult Day Service (ADS) Program. The Adult Day Service staff can care for your loved one in a safe, structured environment, while you take some needed time.

The Adult Day Service Program is located at 8090 Cedar Rd, in Chesterland and open Monday through Friday, from 8:30 a.m. until 2:30 p.m.

ADS participants are offered a nutritious lunch, cognitive stimulation, physical exercise and socialization as part of the program. This is not a medically based program, meaning medications are not given and seniors must be able to toilet and feed themselves. There is no fee for the ADS Program. We will gladly accept donations to help enhance and grow the program. Transportation is available.

If you are interested in hearing more about this program, or would like to schedule a visit, call (440) 279-2149 or by email at vzanella@geauga.oh.gov.

A Matter of Balance Classes

January 6th – January 29th
Every Wednesday & Friday from 1:00-3:00 p.m.
West Geauga Senior Center
8090 Cedar Rd, Chesterland

Are you concerned about falling? Interested in improving balance, flexibility, and strength? Falls are preventable, and this class can make a difference! Set realistic goals for staying active, learn how to stay safe at home, complete exercises to increase strength and balance, and learn how to identify and control your fear of falling. This class is free for all registered seniors. Space is limited. Sponsored by UH Geauga Medical Center. You must be able to attend at least 6 of the 8 classes to participate. Each session builds upon one another. ***To register, please call Magaly Rios at 440-279-2137.***

Early Dinner and Christmas Light Viewing in Downtown Chagrin Falls

Thursday, December 10th • 3:00 p.m.

Meet up at Yours Truly in Chagrin Falls for an early dinner *(cost is "on your own")*. After dinner, we will be walking downtown Chagrin Falls to see the beautiful Christmas lights. Call to register at 440-279-2126. Please keep in mind this is an outing which includes walking in the early evening in the winter; this requires good balance and mobility.

Geauga Renaissance Choral Group is in Need of a Piano Accompanist

Did you know Geauga County Department on Aging has a Choral Group? This group has been in existence for 20 years, and practices weekly at the Chardon Senior Center. The group also does performances in the community! We are currently looking for a Piano Accompanist for this group. If you are interested in joining this awesome group of friendly people, please call Becky O'Reilly at 440-279-2131.

Lunch Out and Kirtland Nativity Display

Wednesday, December 9th

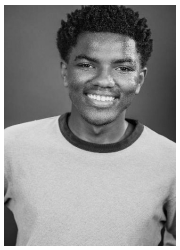
Meet up at the Kirtland Historical Society at 11:00 a.m. to view the beautiful display of Nativities from around the world! Lunch afterward at Olive Garden in Mentor. The Nativity Display is free of charge and the price of lunch is on your own. ***Limited rides are available from Chardon Senior Center. Call to register at 440-279-2126.***

BAINBRIDGE SENIOR CENTER EVENTS

—— Please call 440-279-1313 to register or with any questions. ——

Big Breakfast - Holiday Special!

Thursday, December 17th • 9:00-10:00 a.m.



Join us for delicious food and great conversation! As always– Veterans & December birthdays are free to attend. The cost is $5 for everyone else. On the menu: Sausage and Veggie Strata. Please RSVP by 12/14. Donuts by Keri! Plus - Special Musical guest Eli Winkfield, local vocalist and Music Theatre student at Baldwin Wallace University, will be crooning your favorite carols and holiday standards!

Holiday Craft and Gift Wrapping Party

December 8th • 12:00-1:30 p.m.

We will be making holiday themed coasters using ceramic tiles and decoupage! We will also be wrapping holiday gifts for you if you need an extra hand. Feel free to donate holiday paper and trimmings to help make the gifts merry and bright!

Stay Able FREE Mobility Tune Up

Tuesday, December 15th • 12:00 Noon

Join us for a FREE lunch & learn AND free mobility aid tuneup! Small adjustments to your mobility aids like rollators, walkers, etc. can make all the difference and help prevent falls. ***Register today as spots are limited!***

WGSC & BSC Mahjong Mixer – Tournament

Friday, December 11th • 10:00 a.m. - 2:00 p.m.

Join Christine from WGSC and Keri from BSC at Bainbridge Senior Center for a Mahjong Tournament! Catered Lunch by Mangia-Mangia. Choice of Entree: Broccolini or Rigatoni & Meatballs along with salad, bread and dessert. Top 3 Players winning the most games at the end of the day will receive prizes! ***Cost $10 Deadline to register is Dec 7th.***

FREE Lunch & Learn Banking Fraud & Scams

Friday, December 18th • 12:30-1:30 p.m.

Michael Levick, VP, Branch Manager at Key Bank will be presenting information on the newest scams he has seen as a local bank manager. Registration required!

SANTA SINGS!

Monday, December 21st • 1:00-2:00 p.m.

Come for a fun-filled hour of musical entertainment hosted by our very own Santa Matt and a special guest star! Light refreshments will be served. ***Call BSC to register!***

Podiatry and Footcare

In December – both the podiatrist Michael Kessinger and also Reliable Nurse Footcare will be at BSC in December – Call 440-279-1313 to see who the best fit for you is and to make an appointment!

FREE Lunch & Learn Help & the Holidays

Thursday, December 3rd • 12:30 p.m.

The Holiday Season can be a particularly difficult time for some, bringing up feelings of loss or loneliness. Find out how you can help make a difference in the lives of your neighbors who might be having a hard time navigating those feelings. Ravenwood Mental Health will provide an overview of crisis-prevention services in Geauga County, and how you can make a difference!

Reminder

If Kenston Schools are closed due to inclement weather—then all fitness classes at BSC are canceled that day as well. However—the senior center may remain open. Always call before heading out if you feel unsure.



Halloween Fun at the BSC!

CHARDON SENIOR CENTER EVENTS

—— Please call 440-279-2126 to register or with any questions. ——

Celebrate the New Year with CSC's First Annual Donut Drop!

Monday, January 4, 2027, at 7:30 a.m.

We will kick of 2027 with a Donut Breakfast at the Chardon Senior Center! We will start the morning off with donuts, and have a count-down to the new year at the senior center, resulting in a "donut drop" (instead of a ball drop) at 8:00 a.m. We will proceed with chair volleyball, vision boards (a craft detailing what you see yourself doing in the upcoming year), and other games! Let us know you'll join the fun by call 440-279-2126. FREE.

Out to Lunch at Grand River Cellars

Tuesday, December 15th

Grand River Cellars is decked out in Christmas décor, and we will be visiting for lunch. Meet up at GRC at 12:00 noon (limited rides available from CSC). The price of lunch is "on your own." ***Call to register at 440-279-2126.***

Porch Pot Class

Friday, December 4th • 10:00 a.m.-12:00 noon.

Join your instructor, Val, in making decorative porch planters. Class size is limited. $20 with registration.

Winter Art Project – Pearl Art Snowman

Mondays, December 7th and 14th • 12:30 p.m.

Make an adorable decorate framed art project that you can leave up all winter-long! Our instructor will teach you everything you need to know! All supplies will be available at the first class. $24 with registration.

Game Night

Saturday, December 5th • 3:00 p.m.-6:00 p.m.

Please note the time change this month!

Birthday BINGO and Pizza Party!

Tuesday, December 29th • 11:00 a.m.

Join us when we will be celebrating all of those having celebrated birthdays in December! First is BINGO, and then we will have pizza for lunch and cupcakes to celebrate our Birthday friends! $2.00 per person; December Birthdays are free! Call to let us know you'll be joining us at 440-279-2126. Thank you to our Bingo and Pizza Sponsor, Chardon Healthcare!

Christmas Cookie Decorating

Tuesday, December 22 at 1:00 p.m.

Decorate cookies with our staff, Jackie and Val! Casual and fun! ***Call to register at 440-279-2126. FREE.***

Cleveland's Holiday Traditions

Tuesday, December 8th • 1:00–2:00 p.m.

Join us for this presentation by the Western Reserve Historical Society, as we travel down memory lane and reminisce about the good ol' days! $5 with registration.

Lunch and Learn with Guest Speaker, Kathie Doyle

Friday, December 11, at 12:00 Noon.

Retired History teacher, Kathie Doyle, enjoys researching interesting historical topics and sharing what she has learned with us at the senior center! This month's topic is about Christmas Novels. FREE, but you must register at 440-279-2126. Book Club to follow.

Book Club

Friday, December 11, at 1:30 p.m.

This month's book is **"A Redbird's Christmas,"** *by Fannie Flagg.*

Loretta Lynn at CSC

Monday, December 14, from 1:00 – 2:00 p.m.

Join us for this Historical Reenactment of Loretta Lynn, and learn about her private life and famous career. $5 with registration.

A Homecoming Country Christmas Luncheon and Secret Santa Gift Exchange

Friday, December 18th • 12:00-2:00 p.m.

FREE event, but please bring a wrapped $10 - $15 gift for our Secret Santa Gift Exchange. ***To sign up, please call 440-279-2126.***

Out to Lunch

Tuesday, December 15th • 12:00 Noon

Meet up at Grand River Cellars in Chardon! Call 440-279-2126, to let us know you'll be joining us! Cost is "on your own."

Learn to play Mah Jongg

Call 440-279-2131 for details!

CHARDON SENIOR CENTER EVENTS

—— Please call 440-279-2126 to register or with any questions. ——

Monday Lunchtime Movies

12/7: **Jimmy** (2026) A new film that explores the World War II service and post-war return of Hollywood legend James Stewart.

12/14: **It's a Wonderful Life** (1946) Join us as we watch this classic film which is now 80 years old!

12/21: **The Bishop's Wife** (1947) Starring Cary Grant.

12/28: **The Preacher's Wife** (1996) Starring Denzel Washington, Whitney Houston, and Courtney B. Vance, and directed by Penny Marshall. Based on the 1947 film, The Bishop's Wife.

Euchre at Chardon Senior Center

Every Thursday at 10:00 a.m. Join us! Don't know how to play, but would like to learn? Come and learn!

First Friday Trivia and Lunch

Join us on the first Friday of every month for lunch and trivia! Each month, we will have a different theme for trivia; December's theme is **"Christmas Movies AND Commercial Jingles!"** Lunch is served at noon, with trivia immediately following! FREE, but reservations are required at 440-279-2126.

The Breakfast Club of Chardon

Thursday, December 17 • 9:30 a.m..

Join us for a breakfast out at Bob Evan's in Chardon. Enjoy breakfast, coffee, and conversation with others! Cost is "on your own." ***Call 440-279-2126, so we know who to expect!***









An incredibly fun day at Chardon Senior Center with their version of the popular tv game show, Let's Make a Deal!

MIDDLEFIELD SENIOR CENTER EVENTS

—— Please call 440-632-0611 to register or with any questions. ——

Special Lunch Friday

Friday, December 11th • 12:00 p.m.

Enjoy a homemade lunch! $5

Kathie Doyle Presents!

Christmas Through the Ages!

Friday December 4th • 10:30 a.m.

Monthly breakfast served at 10:00 a.m. cost $3.00, always homemade.

New Years at Noon

Wednesday, December 30th • 11:00 a.m.

Let's bring in 2027 together! Enjoy party games and surprises. Bring a dish to share, main dish will be provided!

Knowledge with Dawn!

Seasonal Affective Disorder (SAD)

Thursday, December 3rd • 11:00 a.m.

As the days grow shorter, some people experience changes in mood, energy, sleep, and motivation. Learn how to recognize the signs of Seasonal Affective Disorder and discover simple strategies to support your mental well-being during the darker months.

Jingle, Mingle and BINGO

Friday, December 18th • 11:00 a.m.

Christmas music BINGO Appetizer party for lunch, bring your favorite to share! Ginny's soda bar! Christmas sweater contest, is your sweater ugly or just creative? Stay for chair volleyball at 1:00 p.m.

Cozy Afternoon In

Wednesday December 9th • 1:00 p.m.

Join us for a cozy afternoon in, hot chocolate bar and the movie A Christmas Story.

Moments in Time with Rusty Ruckel

Friday, December 11th • 10:30 a.m.-12:00 Noon

Published poet, author and storyteller Rusty will share family friendly original poetry and short stories! A mixture of humor & dreams using artifacts and props join us as we hear stories of everyday people, uncommon heroes and places of the heart.

Christmas Carolers Wanted!

Do you love to sing? We need you! Join the MSC as we visit local facilities to bring some holiday joy! Contact us for more info!



We had a spooktacular time painting pumpkins, dressing up and dancing around with music from Deb the dj from the wonderful Perfect Occasion costume shop!!



WEST GEAUGA SENIOR CENTER EVENTS

—— Please call 440-279-2163 to register or with any questions. ——

The Foundations of Western Civilization

Begins Wednesday, December 2nd and runs through March 17th (48 lectures total)

Wednesday afternoons 1:00-2:30 p.m.
(three 30-minute lectures).

Get the grand tour of ancient western civilization in this sweeping course taught by an award-winning professor of history at Notre Dame. Wednesday afternoons 1:00-2:30pm (three 30-minute lectures). No sign up required, just come in and join us. Light snacks and refreshments provided.

Jingle & Mingle; A Merry Morning with Santa

Tuesday, December 15th • 10:00 a.m.-1:30 p.m.

Join us for a Hot Breakfast Buffet including pancakes, scrambled eggs, Bacon, sausage, hashbrowns, yogurt parfait, pastries and beverages. Enjoy a sing-along to Christmas Music provided by Jack Tayek, as well as a visit from the man in the Red Suit! A photo booth will also be available for getting some great holiday photos with Santa. Next, we will have Christmas Jingo-BINGO with many nice prizes to win! ***Cost: $5 Deadline to register is 12/9.***

Slow & Gentle Chair Yoga with Nat

Wednesdays from 11:00 a.m. - 12:00 p.m.

Join us at the WGSC for a weekly chair yoga class with Nat. He will provide an old fashioned class which includes not only physical exercises for flexibility, strength and balance, but also breath work, conscious relaxation, and mental focus. ***No need to register, all are welcome.***

YOGA NIDRA with Darlene

1st & 3rd Thursday - Twice Monthly
1:00-2:00 p.m.

Taught by instructor Darlene Kelbach, formerly from The Fairmount school of the Arts. Yoga Nidra is also known as "yogic sleep" and is a deep relaxation technique. The body becomes completely still and relaxed while awareness turns inward by listening to a guided meditation. Yoga Nidra can be practiced on a yoga mat or in a chair. Wear comfortable clothes. Chairs will be provided and there are yoga mats to borrow, if needed. Cost is $4 per class, paid directly to Darlene at each class. ***Call for more info 440-279-2163.***

Creative Connections for Veterans Art program

Thursday afternoon's Dec. 3th, 10th and 17th
1:00 p.m.

FOR VETERANS ONLY! Join us here at WGS as Fairmount Center for the Arts provides a therapeutic art class. This is a free visual arts program designed for adult and senior veterans in Geauga County. Explore a variety of artistic practices and discover new ways to express yourself in a welcoming, supportive setting. This Grant program aims to improve the health, well-being, and quality of life for military service members and veterans exposed to trauma, as well as their families and caregivers. We're excited to partner with the Geauga County Veterans Services and the Geauga County Department on Aging to bring this program to our community! ***Call the WGSC to register at 440-279-2163.***

WEST GEAUGA SENIOR CENTER EVENTS

—— Please call 440-279-2163 to register or with any questions. ——

Lunch & Learn with Dr. Maguire

Friday, December 18th • 12:00-1:30 p.m.

Join us at WGSC for a hot lunch *(meal of the day)* followed by a one-hour presentation from Professor Maguire. He will share stories from his time in Kruger National Park in South Africa and discuss what he learned about this part of the world, it will be an interesting Safari Event. Lunch will be served from 12:00-12:30 p.m., and the presentation will begin at 12:30 p.m. ***FREE EVENT, donations accepted for the meal. Call 440-279-2163 to register by Dec. 7th.***

Lunch & Movie at WGSC "Nutcrackers"

Thursday, December 17th • 12:00-2:00 p.m.

Join us for a hot lunch *(meal of the day)* followed by the Movie "Nutcrackers". The Plot: Chicago real estate businessman Mike Maxwell (Ben Stiller) travels to a rural Ohio farm to care for his unruly young nephews (Justice, Junior, Samuel, and Simon) after their parents pass away. While trying to balance a business deal and arrange foster care, Mike slowly bonds with the boys by teaching them to dance and staging a local community production of The Nutcracker. A Funny and heartwarming holiday movie you will enjoy. ***A FREE Event, donations will be accepted for the meal. Deadline to register is Dec. 7th. 440-279-2163.***

Lunch & Learn Crisis Prevention

Prevention with Ravenwood Mental Health

Tuesday, December 8th • 12:00-1:30 p.m.

Join us here at WGSC for an informational presentation by Ravenwood Mental Health. Helping others through the Holidays, The holiday season can be a particularly difficult time for some, bringing up feelings of loss or loneliness. Find out how you can help make a difference in the lives of your friends, family members or neighbors who might be having a hard time navigating those feelings. Ravenwood Mental Health will provide an overview of crisis-prevention services in Geauga County, and how you can make a difference! A hot meal will be available to all, just let us know when you are signing up if you want the meal. Hot Meal is included. ***Register by Dec 1st. 440-279-2163.***



Dorothy Fuldheim visited WG and shared so many memorable stories from her life and time on channel 5 News!! Great program today!

Pinochle is BACK at WG

Thursday afternoons 1:00-3:00 p.m.

Whether you are a beginner and need lessons, or a pinochle PRO, you are WELCOME!! Christine Bacon will teach the game to anyone that would like to learn and participate in this fun game. ***Just call ahead to let us know you are coming. 440-279-2163.***

Line Dancing Classes with Darlene

1st & 3rd Mondays • 2:00-3:00 p.m.

Join us for Line Dance Classes with Darlene Kelbach held twice a month at WG Senior Center. Cost is $4 per class, paid directly to Darlene each session. Learn many of the new popular line dances and do some you already know. This is a great way to get in that much needed exercise. ***NO Sign-up needed, just come on in and join us.***

My Father, My Hero Presentation by Melinda Redding

Monday, December 7th • 11:00-12:30 p.m.

Join us in welcoming Melinda Redding, as she presents her latest documentary. Her program will delve into a deeply personal story: "My father, Michael Jacob Schick, was a POW during World War II. Tragically, he passed away from internal injuries sustained during his captivity when I was just four months old. My parents had been married for only 17 months at that time." Michael served in the Marine Corps for 17 years and was captured in China. His final resting place is Arlington Cemetery. Seventeen years ago, Melinda began sharing her father's story while working in Chagrin Schools, and since then, she has spoken to numerous organizations in his honor. Her documentary, a Jude Pago Film, recently premiered at the Chagrin Documentary Film Festival. Join us to watch this compelling documentary and hear Melinda's moving story. After the program, you're invited to stay for a hot lunch – please let us know your meal preference when registering. ***The registration deadline is December 1st. For more information, call 440-279-2163.***

Geauga Menu December 2026

Enjoy a Nutritious Meal with the Geauga County Department on Aging!

Join us for lunch at one of our welcoming senior centers, or enjoy the convenience of curbside pickup or home delivery.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 MACARONI & CHEESE BROCCOLI FLORETS CORN MAN. ORANGES APPLE-CINNAMON BREAD	**2** GRILLED CHICKEN BREAST GREEN SWEET PEAS DICED CARROTS ESCALLOPED APPLES HAMBURGER BUN WG MAYONNAISE	**3** BREADED FISH TATER TOTS GREEN BEANS APPLE HAMBURGER BUN WG TARTAR SAUCE KETCHUP	**4** STUFFED CABBAGE SPAGHETTI SAUCE MIXED VEGGIES MASHED POTATOES PEACHES WHITE BREAD WG
7 GRILLED CHICKEN BREAST BBQ SAUCE WHITE RICE GREEN BEANS SWEET POTATOES CINN. APPLESAUCE CORNBREAD	**8** SLOPPY JOE TATER TOTS DICED CARROTS STRAW-BAN APPLESAUCE HAMBURGER BUN WG	**9** MEATBALLS PENNE PASTA SPAGHETTI SAUCE MIXED VEGGIES PEARS WHITE BREAD WG	**10** BREADED CHICKEN PATTY BAKED BEANS CORN MAN. ORANGES HAMBURGER BUN WG BBQ SAUCE CUP	**11** JUMBO CHEESE RAVIOLI SPAGHETTI SAUCE BROCCOLI FLORETS MIXED VEGGIES PEARS DINNER ROLL
14 BONELESS WINGS DICED CARROTS BAKED BEANS STRAW-BAN APPLESAUCE GRAHAM CRACKERS BBQ SAUCE CUP CORNBREAD	**15** STUFFED GREEN PEPPERS SPAGHETTI SAUCE MASHED POTATOES ESCALLOPED APPLES DINNER ROLL	**16** SALISBURY STEAK BROWN GRAVY WHITE RICE CORN BROCCOLI FLORETS APPLE-CIN. BREAD PEACHES	**17** GRILLED CHICKEN BREAST PENNE PASTA SPAGHETTI W/ BASIL CALIFORNIA VEGGIE BLEND MIXED FRUIT DINNER ROLL	**18** BUFFET HAM PINEAPPLE GLAZE SWEET POTATOES GREEN BEANS CORNBREAD ESCALLOPED APPLES
21 MEATBALLS SWED. MEATBALL GRAVY PENNE PASTA BROCCOLI FLORETS DICED CARROTS CINN. APPLESAUCE WHITE BREAD WG	**22** CHICKEN SALAD COLESLAW THREE BEAN SALAD PINEAPPLE HAMBURGER BUN WG	**23** MEATLOAF BROWN GRAVY MASHED POTATOES GREEN SWEET PEAS MIXED FRUIT WHITE BREAD WG	**24** **CLOSED**	**25** **CLOSED**
28 BEEF BURGER AMERICAN CHEESE ROASTED POTATOES APPLESAUCE BAKED BEANS HAMBURGER BUN WG KETCHUP	**29** MACARONI & CHEESE BROCCOLI FLORETS CORN MAN. ORANGES APPLE-CINNAMON BREAD	**30** GRILLED CHICKEN BREAST GREEN SWEET PEAS DICED CARROTS ESCALLOPED APPLES HAMBURGER BUN WG MAYONNAISE	**31** **CLOSED**	

Menu Subject to Change. Milk included with each meal.

ATTENTION: The Geauga County Dept. on Aging cannot control or guarantee the continued wholesomeness and safety of its food once it leaves the Agency's facility. Therefore, all food or beverages are intended to be consumed on-premises at the Geauga County Department on Aging. The Department on aging will not be liable for any damages arising from the consumption of any food or beverages outside of the Department on Aging premises.

Heating Assistance Available

HEAP Home Energy Assistance Program

Application Deadline: May 31, 2027

The Ohio Department of Job and Family Services and Lifeline want to remind older Ohioans that assistance is available to help with their home energy bills. The Home Energy Assistance Program (HEAP) helps Ohioans at or below 175% of the Federal Poverty Guidelines for a household of up to seven members and 60% of State Median Income for a household of eight or more members to pay their heating bills.

Applied directly to the customer's utility or bulk fuel bill, the benefit can help manage heating costs. Older Ohioans may go to their local Area Agency on Aging office for help with assembling the required documents and completing their HEAP application. They may also visit www.energyhelp.ohio.gov to apply online or to download a copy of the application.

When applying, individuals need to have copies of the following documents:

- Most recent utility bills.
- A list of all household members (including birth dates and Social Security numbers).
- Proof of income for the past 30 days for all household members (12 months for certain income types).
- Proof of U.S. citizenship or legal residency for all household members.
- Proof of disability (if applicable).

Applications for the HEAP program must be received by May 31, 2027.
For more information or assistance with applying for a HEAP benefit, contact Lifeline at (440) 381-8230.
To locate your local Energy Assistance Provider, visit www.energyhelp.ohio.gov.

MIPPA
MAKING MEDICARE MORE AFFORDABLE

Do You Qualify for Assistance with Your Medical Bills or Prescription Medicines?

Medicare

If you meet the 2026 income guidelines below, contact a Geauga Department on Aging social worker at 440-279-2130 for assistance with your application!

Medicare Savings Programs (MSPs) and Extra Help

Qualified Medicare Beneficiary (QMB): Pays for Part A & B deductibles, coinsurance/copays and premiums.

Specified Low Income Medicare Beneficiary (SLMB): Pays for monthly Part B premium.

Qualified Individual (QI): Pays for monthly Part B premium (limited benefits)

Qualified Disabled & Working Individuals (QDWI): Pays for Part A premium if you are under 65, disabled and no longer entitled to free Part A because you work.

MEDICAID			QMB			SLMB			QI		
Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets	Limits:	Income	Assets
Single	$1,014	$2,000	Single	$1,350	$9,950	Single	$1,616	$9,950	Single	$1,816	$9,950
Married	$1,511	$3,000	Married	$1,824	$14,910	Married	$2,184	$14,910	Married	$2,455	$14,910

This program is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling $6,235.21 with 100 percent funding by ACL/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the Western Reserve Area Agency on Aging, or the U.S. Government.

Get "Extra Help" With Medicare Part D Prescription Drug Costs!

Extra Help is a Medicare program that helps people with limited income and resources pay Medicare prescription drug costs. You may qualify for Extra Help, also called low-income subsidy (LIS), if your annual income and total resources are below these limits this year.

Single: $2,015/monthly & resources below $18,090; or Married $2,725/monthly & resources below $36,100.
Resources include checking or savings accounts, stocks, bonds, mutual funds, and IRAs.
Resources do not include your home, car, household items, burial expenses and life insurance policies.

Contact a Department on Aging Social Worker at (440) 279-2130, for assistance with your application!

GEAUGA COUNTY SENIORS' REGISTRATION FOR EVENTS

****Please fill out the registration form and mail it to GDA, 12611 Ravenwood Dr, Suite 200, Chardon, OH 44024**

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date(s) _____

Name:_____ Phone: _____

Address:_____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2026? Yes ____ No ____

Other Information: (menu or leave-from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

Event: _____ Location: _____

Cost: _____ Amount Enclosed _____ Event Date(s) _____

Name:_____ Phone: _____

Address:_____ City/Zip: _____

Emergency Contact _____ Phone # _____

Registered with GDA for 2026? Yes ____ No ____

Other Information: (menu or leave-from options) _____

Internal use - Date Received _____ Staff Initials _____ Receipt # _____

In consideration of acceptance into the above-referenced program, I do hereby, for myself, release the County of Geauga and the officials, officers, agents and employees of the County from liability for any harm, injury, or damage which I may suffer while participating in the above-described program. This includes all risks that are connected with this activity whether foreseen or unforeseen.

I agree to hold the County and its agents, officials and employees harmless from any damage to persons or property resulting from my negligence and/or intentional acts.

I assume the responsibility of mental and physical fitness to participate in said program, and agree to abide by all rules and requirements of the program.

• I authorize any of the staff at the Department on Aging to provide any necessary assistance to me in any emergency situation including those requiring medical attention. I have fully informed myself of the contents of this release by reading it before I signed it. I realize that by signing this document I am giving up legal rights to which I may be entitled.

X_____ _____

Signature of Participant Date

Refund Policy for the Geauga Department on Aging

The Department on Aging will no longer be issuing refunds for programs and events, in an effort to honor our commitment to our vendors and transportation companies. When signing up for programs and events you become responsible for that reservation. In the event you are unable to attend a program or event you signed up for, you may transfer your reservation to another Geauga County Senior. If someone attends a program or event in your place you must contact the Department on Aging with the individual's name and contact information. In the unusual event that the Department on Aging cancels an event we will refund the ticket price via check. We apologize for any inconvenience this may cause.

Geauga Department on Aging
12611 Ravenwood Dr., Suite 200
Chardon, OH 44024

Mon. - Fri. • 8:00 a.m. - 4:30 p.m.
440-279-2130 DECEMBER 2026

To stop this mailing, contact the Geauga County Dept. of Aging 440-279-2130. This newsletter is supported by individual donations, and the Geauga Senior Services Levy.

Make a Difference: Volunteer for Home-Delivered Meals



The Geauga County Department on Aging is seeking volunteers to deliver meals to seniors in Geauga County. Drivers are needed in almost every community.

Volunteers play a vital role in the Home-Delivered Meals program, ensuring homebound seniors receive warm, nutritious lunches. Routes begin at one of the four local senior centers, and deliveries take place Monday through Friday from 11 a.m. to 1 p.m. Individuals, agencies, church groups, and organizations are encouraged to help. Volunteers must be at least 18 years old and have a valid driver's license.

A brief orientation and paperwork are required. Flexible scheduling is available, with options for daily, weekly, or substitute shifts.

Join us in supporting local seniors!
To sign up or learn more, contact Nathan Gorton at 440-279-2138 or NGorton@co.geauga.oh.us.

Call 988 anytime for *free and confidential* support and resources related to mental health or substance use concerns.



988 | SUICIDE & CRISIS **LIFELINE**

If you or someone you know needs support now,
CALL OR TEXT: 988
CHAT: 988lifeline.org

Talk with us.



PLATINUM PATRONS

The Bramley Family
in memory of Jim & Joy Bramley & Rob Warren

G Rae Peck in memory of Sigmund Peck

Alan Bialosky in memory of Peggy Bialosky

Robert Beutel and Claudia Euse

Newbury Class Members of 1956

Gwenn and Daniel Brown

Barbara & Edward Wells

Nancy Lynam-Davis in memory of Eileen Schaffert

Ann Busse in memory of Carl & Dorothy Busse

Mr & Mrs Robert Beutel

Erin Wallace in memory of Teddi Wallace

The Sly Fox Motorcycle Club of Northeast Ohio

Beth & James Croup
in memory of Judy & Dave Prasek & Bonnie Maynard

Mike Francisco in memory of Christine Francisco

To become a PLATINUM Patron for a year, submit $110 -
Please make checks payable to The Geauga County Department on Aging and write Newsletter in the memo.